

# Intrinsic Stellar Variability: Pulsations

The Variable Universe – Lecture 05  
Fall Semester 2022

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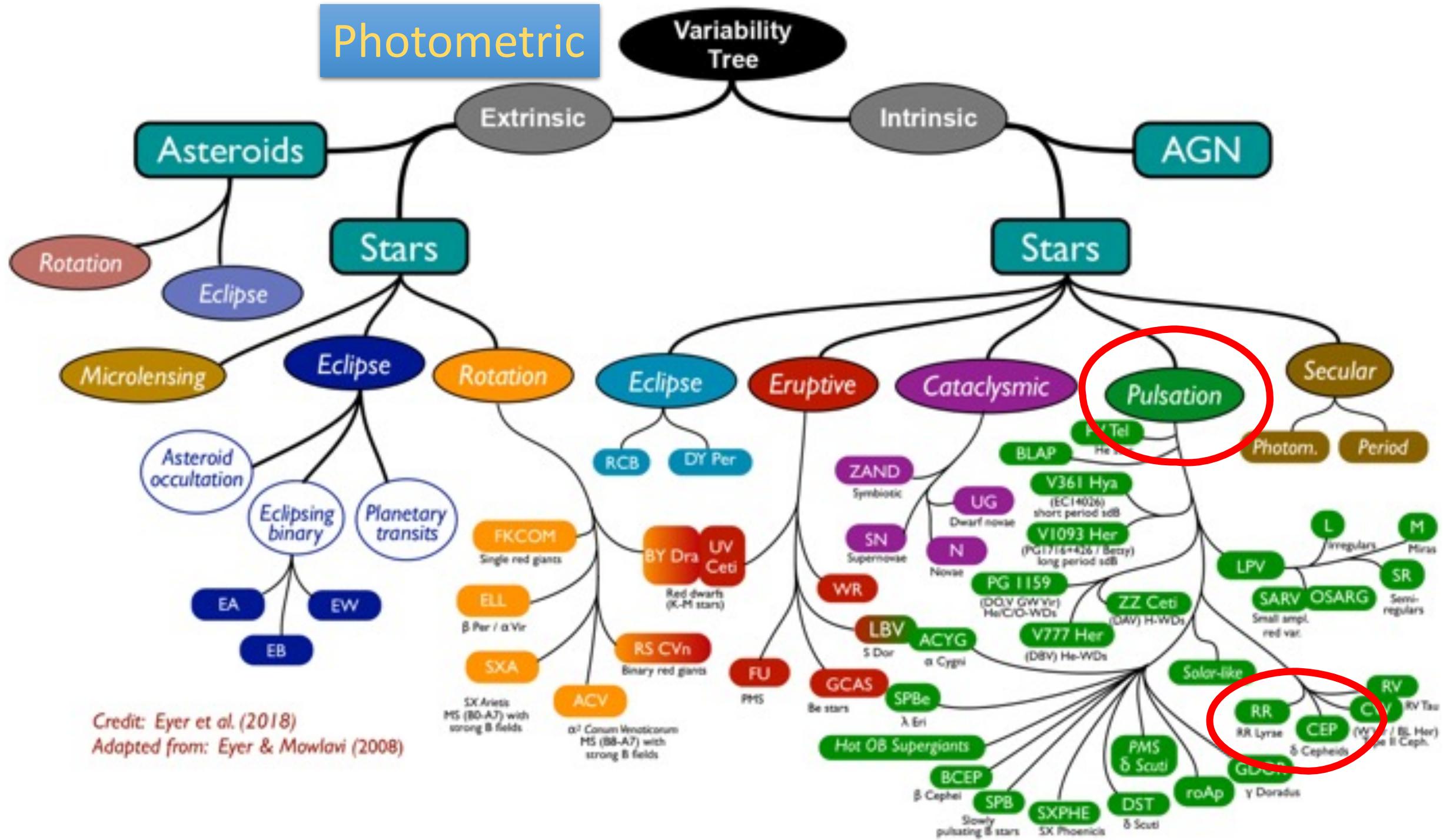
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Sauverny Observatory #265

**EPFL**

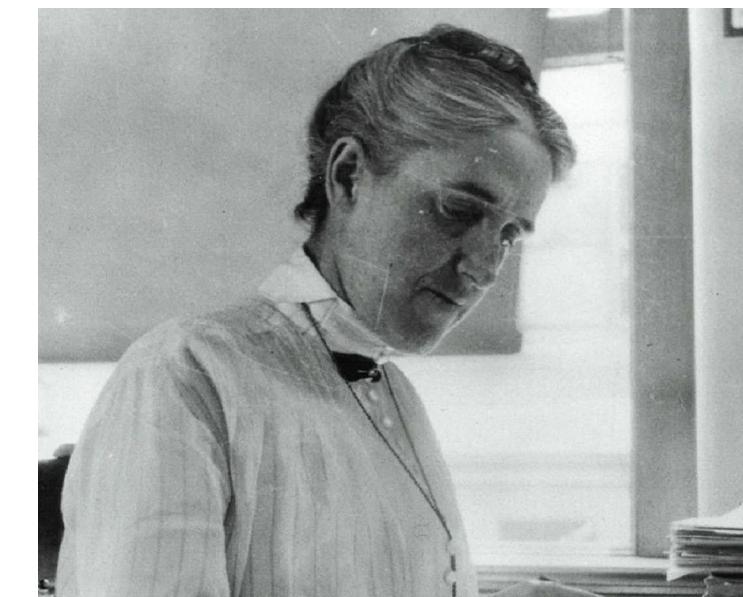
Questions from last week?

# Photometric



# History

- Mira the wonderful: first pulsating star
- Edward Pigott & John Goodricke discover eta Aquilae & delta Cephei
- Henrietta Leavitt (1908):  
1777 variables in the SMC (25 periodic)
- "cluster variables" => RR Lyrae variables (globular clusters)
- Baade (1956): two stellar populations
- Delta Cephei types => type-I "classical" Cepheids
- Nomenclature remains confusing:
  - Type-II Cepheids encompass 3 subtypes w/ different evolution paradigms
  - Anomalous Cepheids even less understood; nothing like type-I Cepheids



# Establishing stellar pulsations

- Doppler : cluster variables change color -> fast orbital motion?
- Hertzsprung 1912: 3-peaked distribution (0.5, 7, 300 d)
- Shapley (1914): pulsation hypothesis
- Eddington (1917): heat engines
- Christy (1962), Baker & Kippenhahn (1962): first detailed models of pulsations

## **The Calculation of Stellar Pulsation\***

ROBERT F. CHRISTY

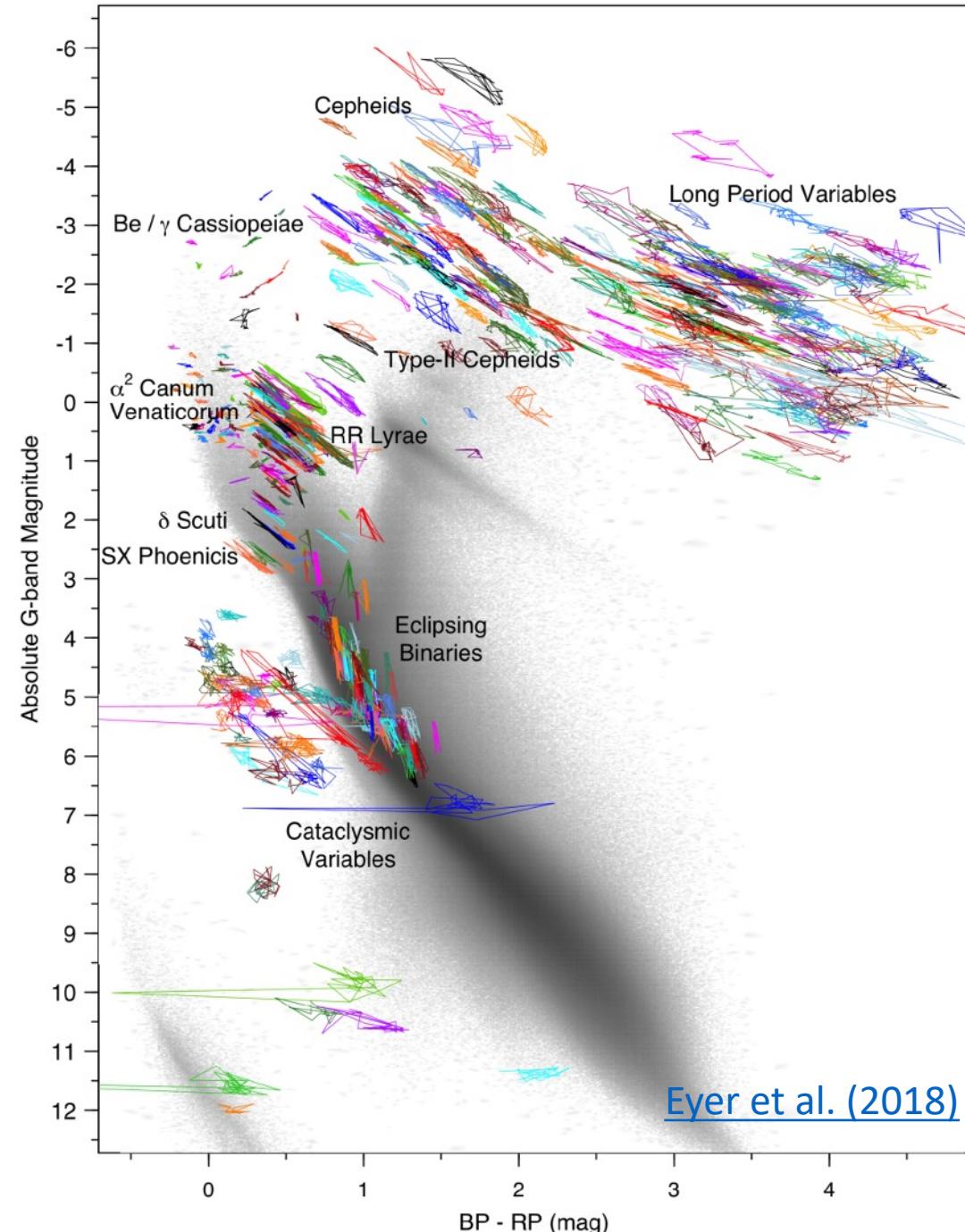
1962, ApJ 136, 887

### **ACKNOWLEDGMENT**

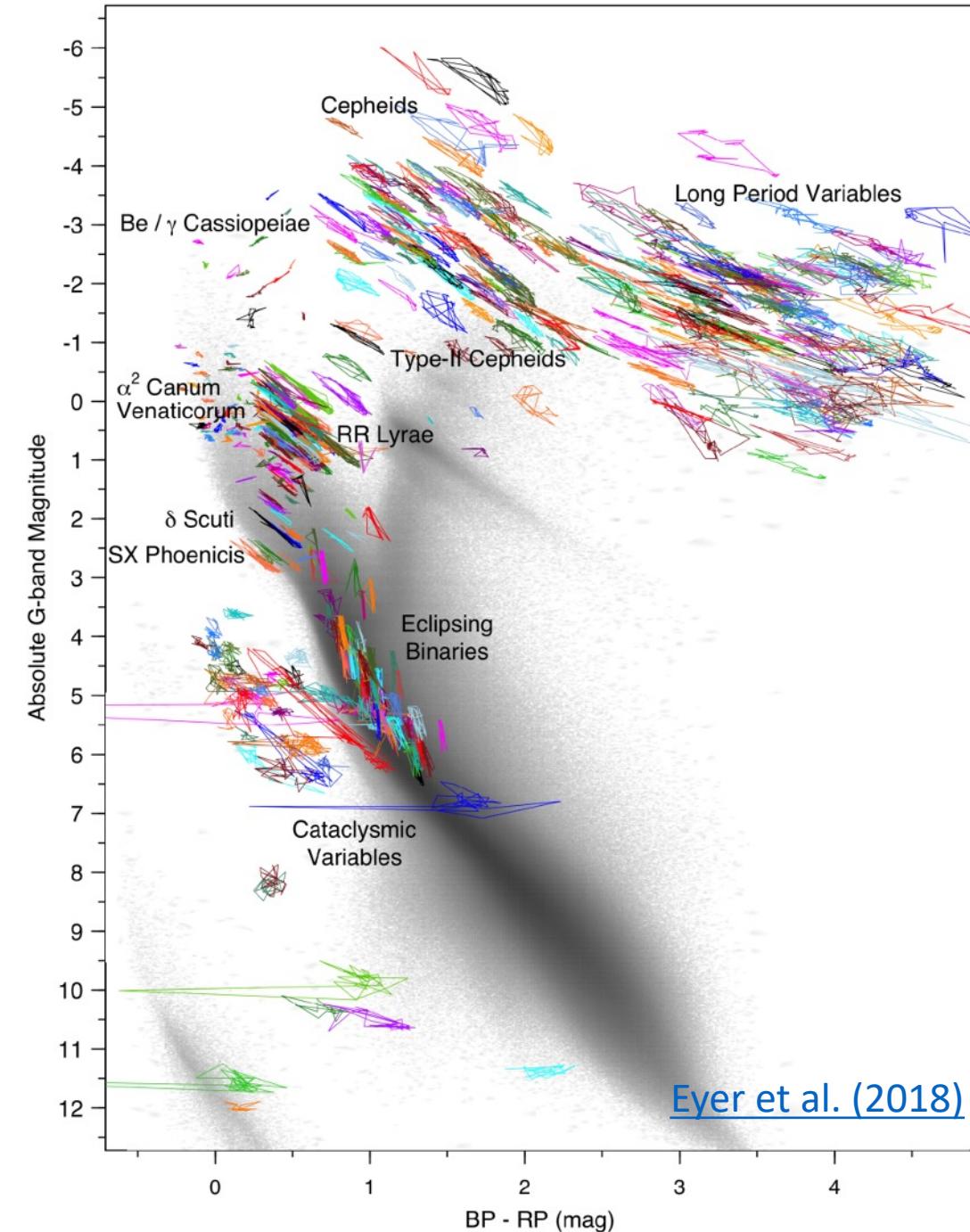
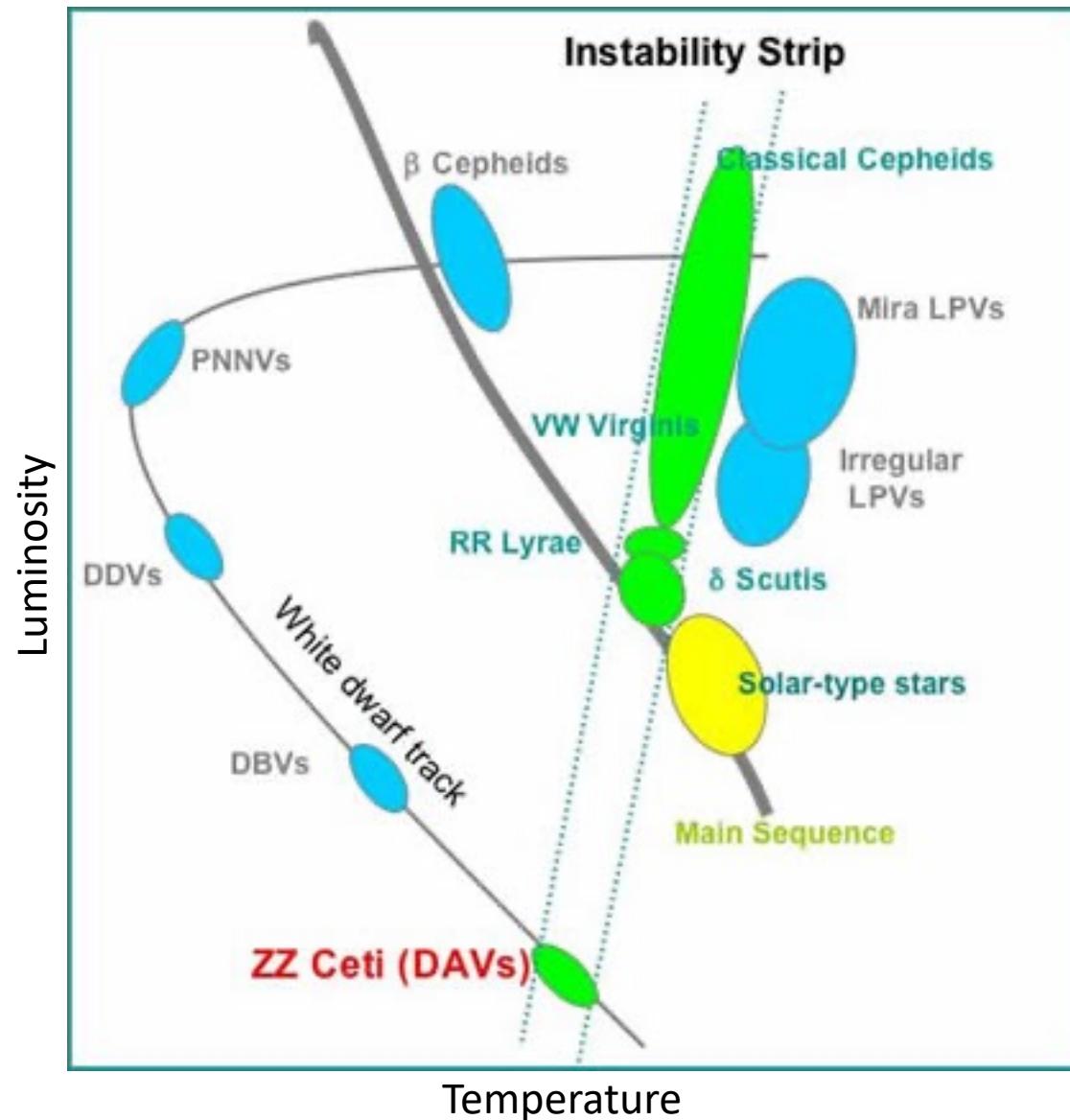
It is appropriate that this paper should be part of a salute to J. R. Oppenheimer. [...] It is particularly gratifying to note that techniques, developed for the design of atomic weapons, are here employed to study the dynamics of stars.

# Pulsating stars across the Hertzsprung Russell Diagram

- Classes of pulsating stars clump in HRD
- Certain regions devoid of pulsations
- Pulsating stars all move diagonally: why?
- HRD relates luminosity, temperature, radius
- Pulsation intimately linked with stellar structure

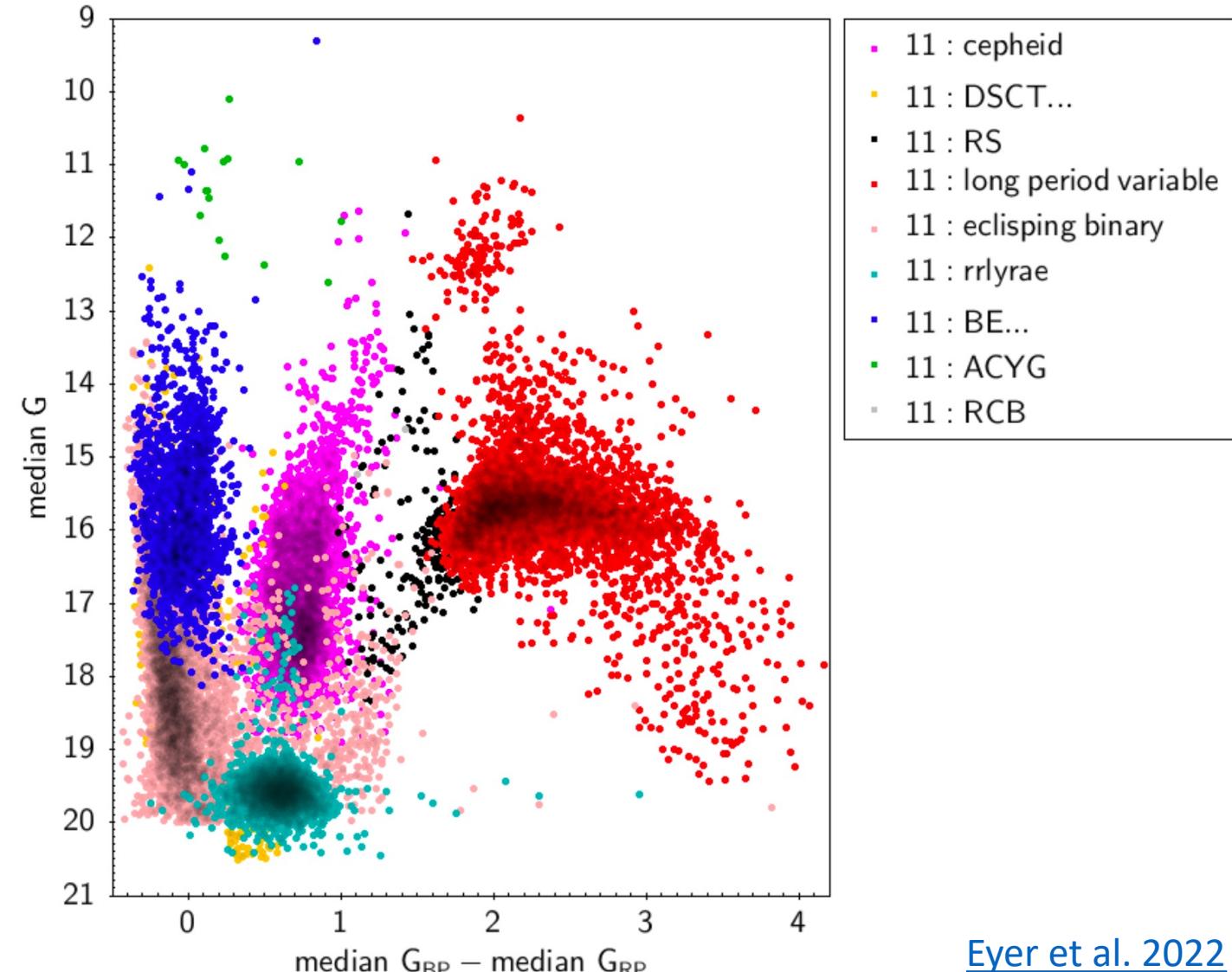
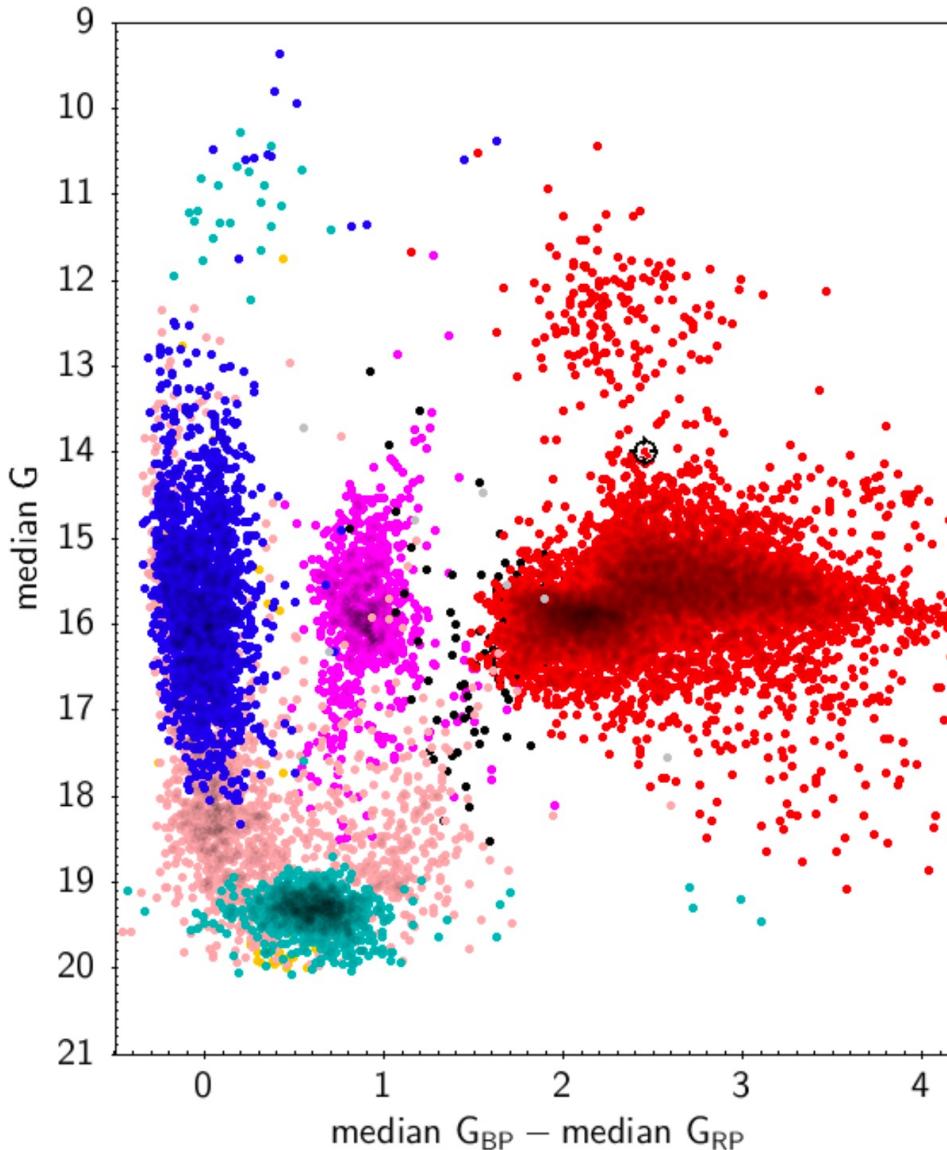


# Instability regions in the HRD



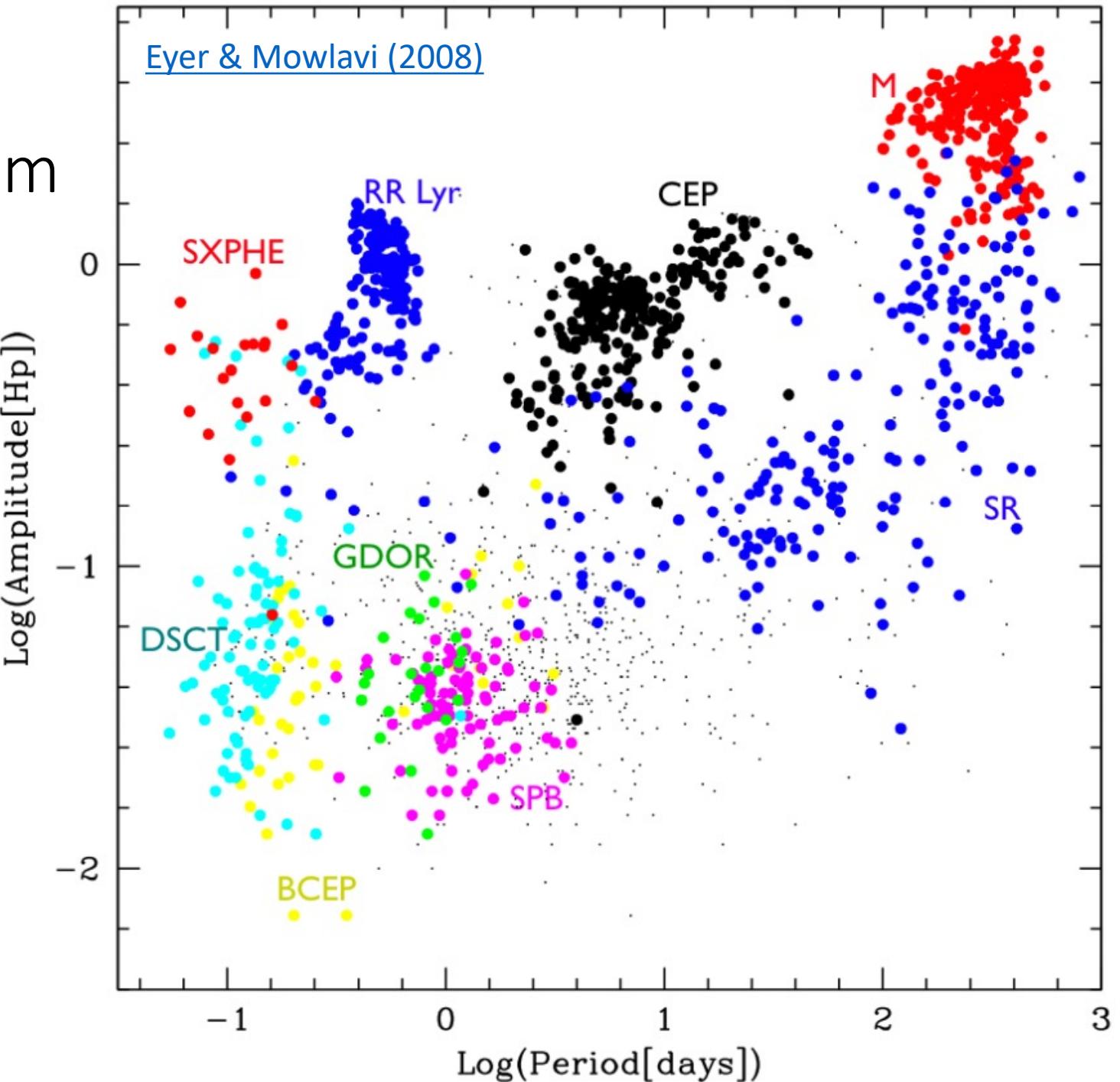
[Eyer et al. \(2018\)](#)

# Gaia Pulsating stars in LMC and SMC



# Classifying Pulsations: Period-amplitude diagram

- How to distinguish classes of variable stars?
- CMD is useful, but: overlaps & needs color information
- Pulsations group according to amplitude and timescales
- Can be used with single filter

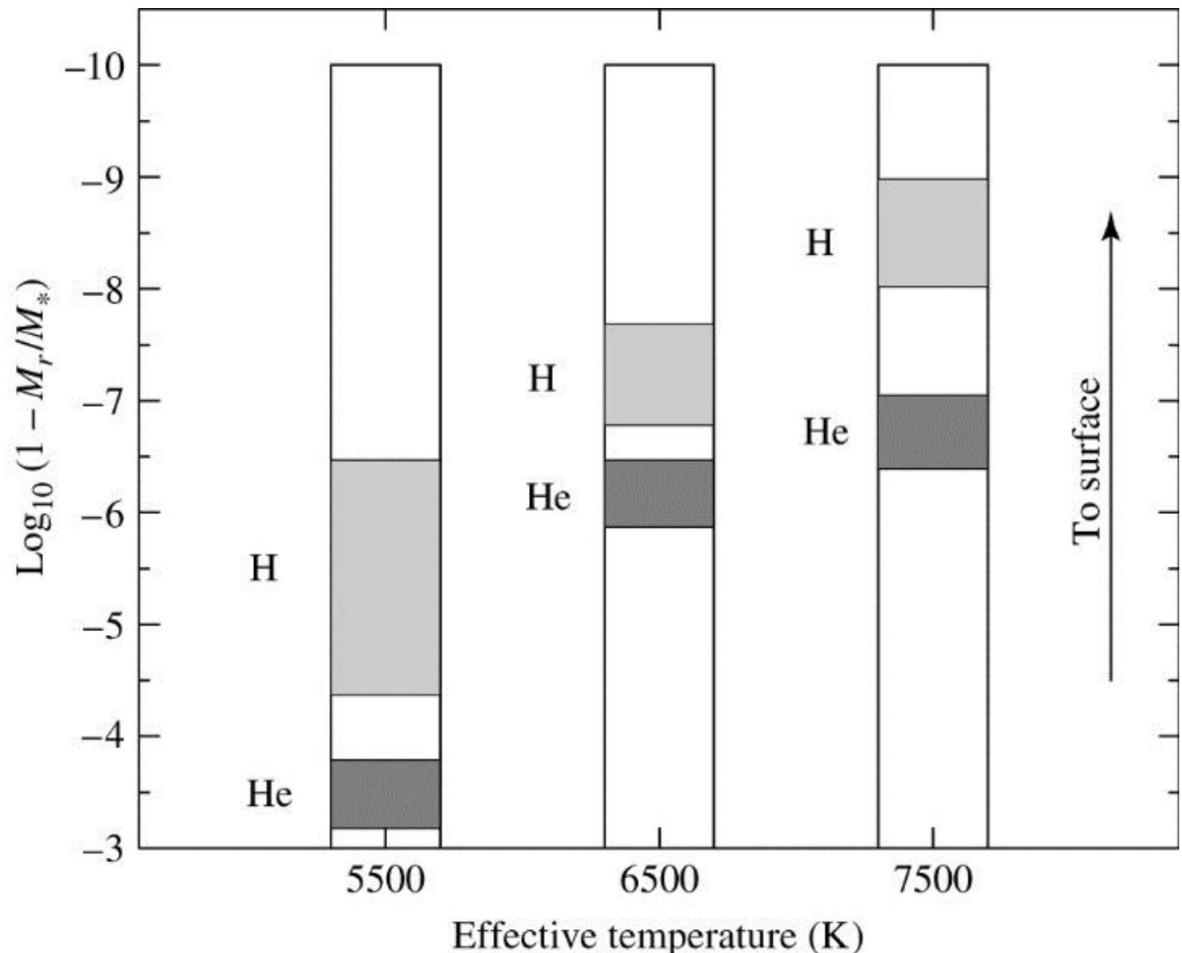


# Pulsation mechanisms

- Kappa mechanism (opacity stores thermal energy)
- Epsilon mechanism (change of nuclear energy generation rate)
- Gamma mechanism (adding heat by conduction)
- Verbal, non-equation description of pulsations:  
<http://astro.physics.uiowa.edu/~kgg/teaching/astrophysicsII/pulsation.html>

# The $\kappa$ mechanism (opacity)

- Partial Helium ionization zone
- Stores compression energy by ionizing  $\text{He}^+ \rightarrow \text{He}^{++} + \text{e}^-$
- Ionization *increases* opacity
- Contraction raises temperature, increases radiation pressure
- Outward push until gas cools and He recombines
- Drop in opacity lets radiation pass
- Gravity causes outer layers to recontract and cycles starts anew



# Pressure and gravity modes

- Restoring force: brings system back to equilibrium
- Most commonly observed: p- and g-modes
- p-modes: acoustic oscillations mostly outer parts (lowest  $\ell$  reaches deepest)
- g-modes: buoyancy, confined to core regions

*Displacement eigenfunction*

$$\frac{d^2 \xi_r}{dr^2} = \frac{\omega^2}{c_s^2} \left( \frac{S_l^2}{\omega^2} - 1 \right) \left( 1 - \frac{N^2}{\omega^2} \right) \xi_r$$

$$S_l^2 = \frac{\ell(\ell + 1)c_s^2}{r^2}$$

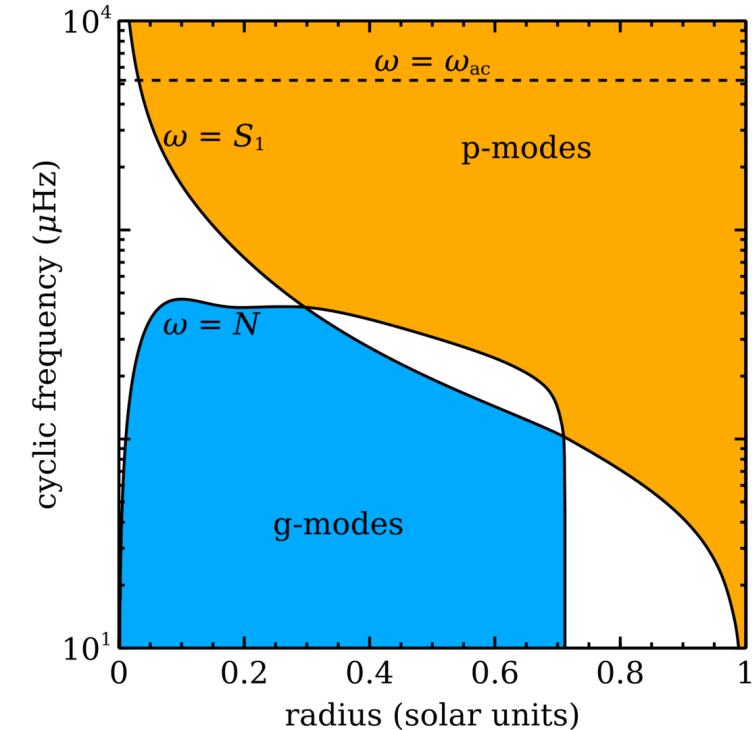
Lamb frequency

*p-modes if dominant*

$$N^2 = g \left( \frac{1}{\Gamma_1 P} \frac{dP}{dr} - \frac{1}{\rho} \frac{d\rho}{dr} \right)$$

Brunt-Väisälä frequency

*g-modes if dominant*

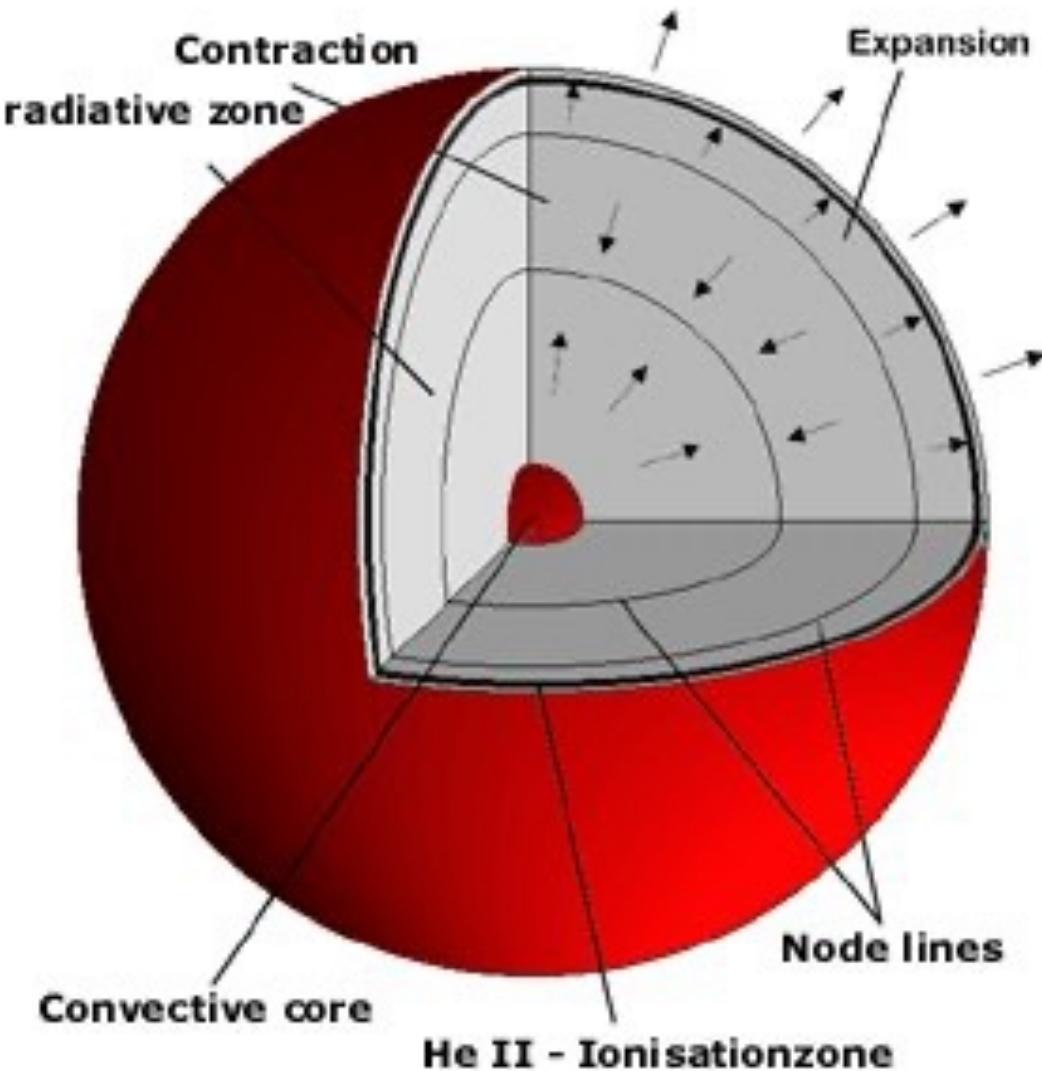


*Cowling approximation:*  
Gravitational potential constant  
Stellar structure varies slowly

$$\Gamma_1 = \left( \frac{\partial \ln P}{\partial \ln \rho} \right)_S$$

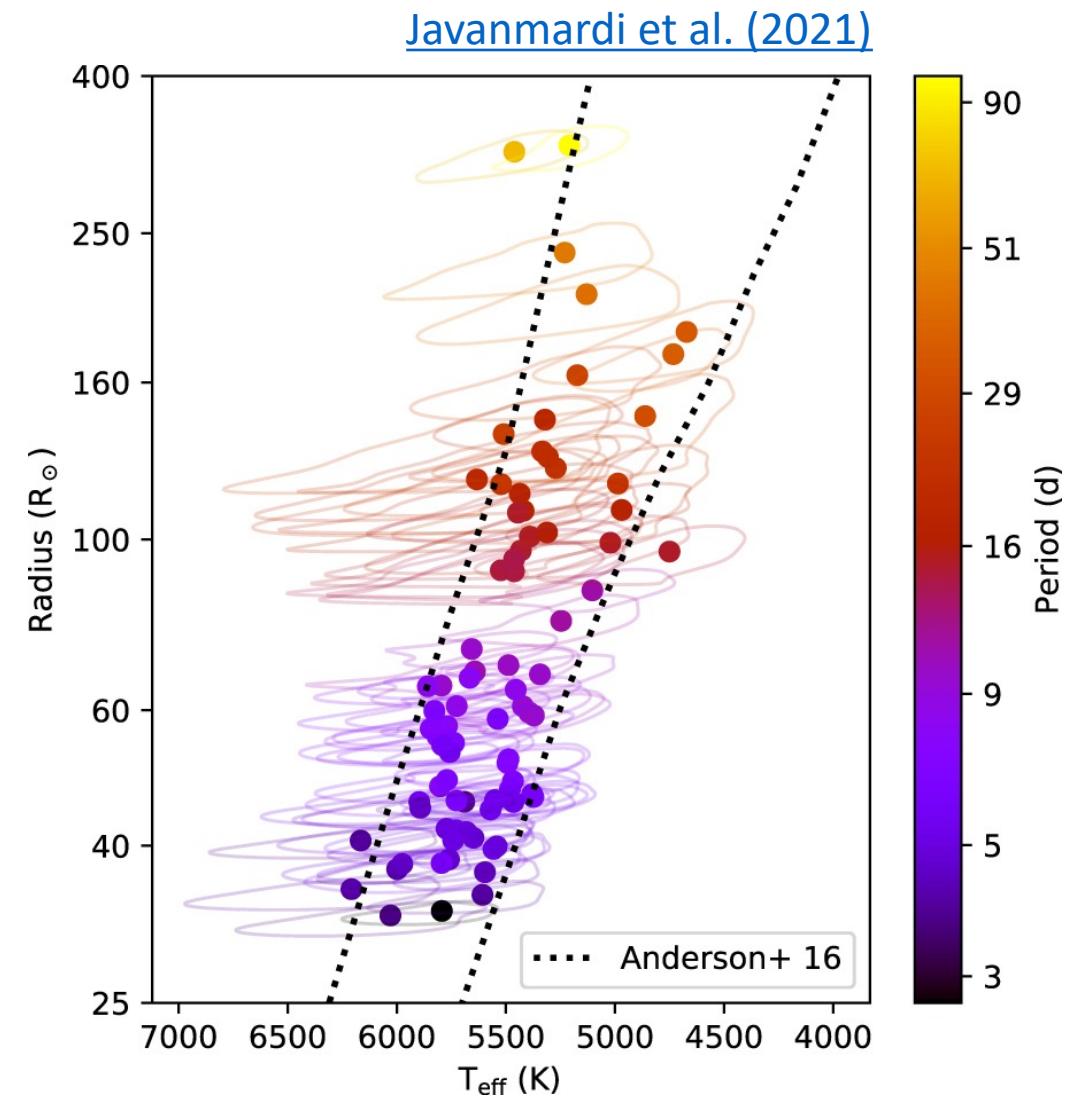
# Radial pulsations: Fundamental vs overtone

- Special case of non-radial oscillation
- Spherical harmonics quantum numbers  $n, l, m$
- Radial order:  $n$
- $n=0$  : fundamental mode
- $n=1$  : first overtone
- Special feature: radial oscillations change size while maintaining shape

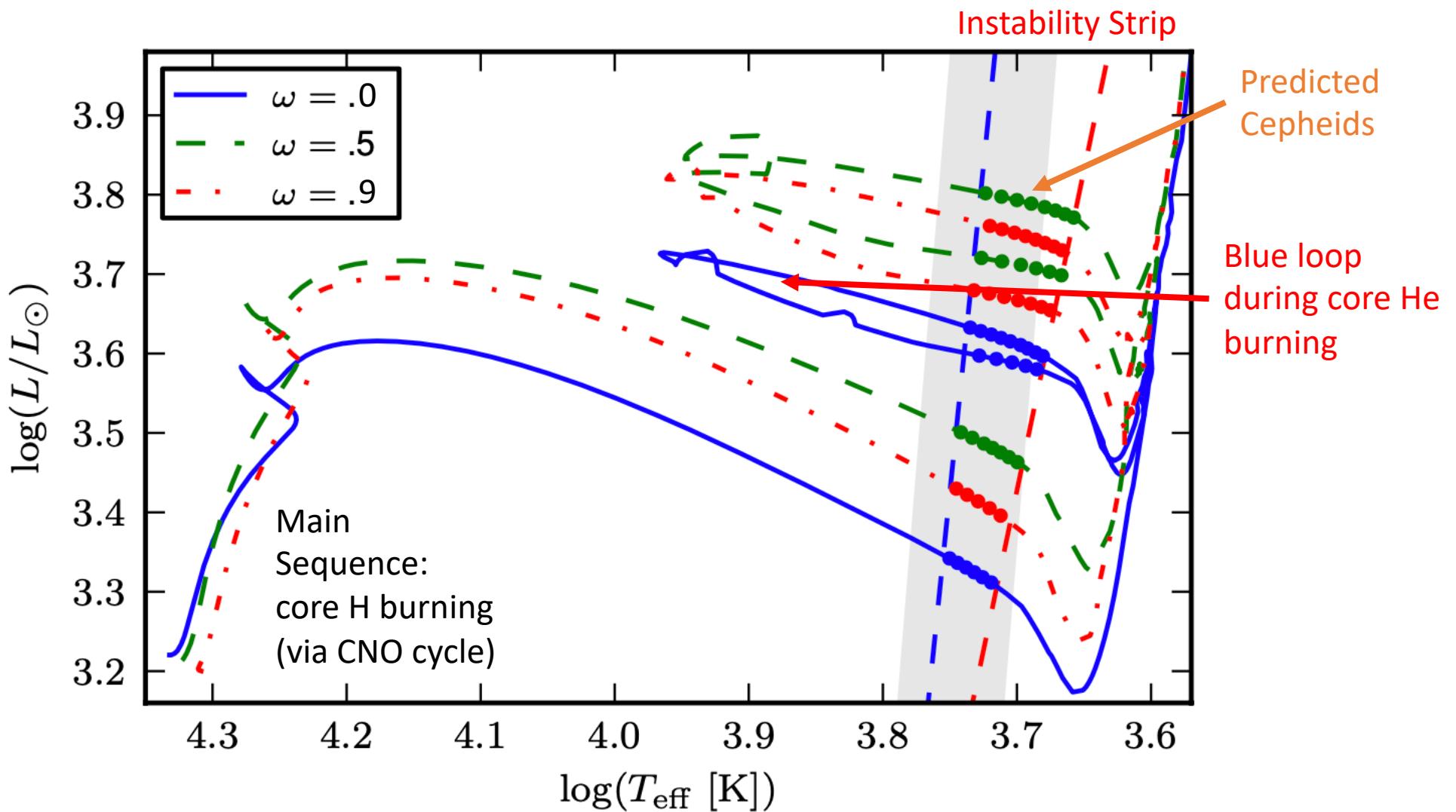


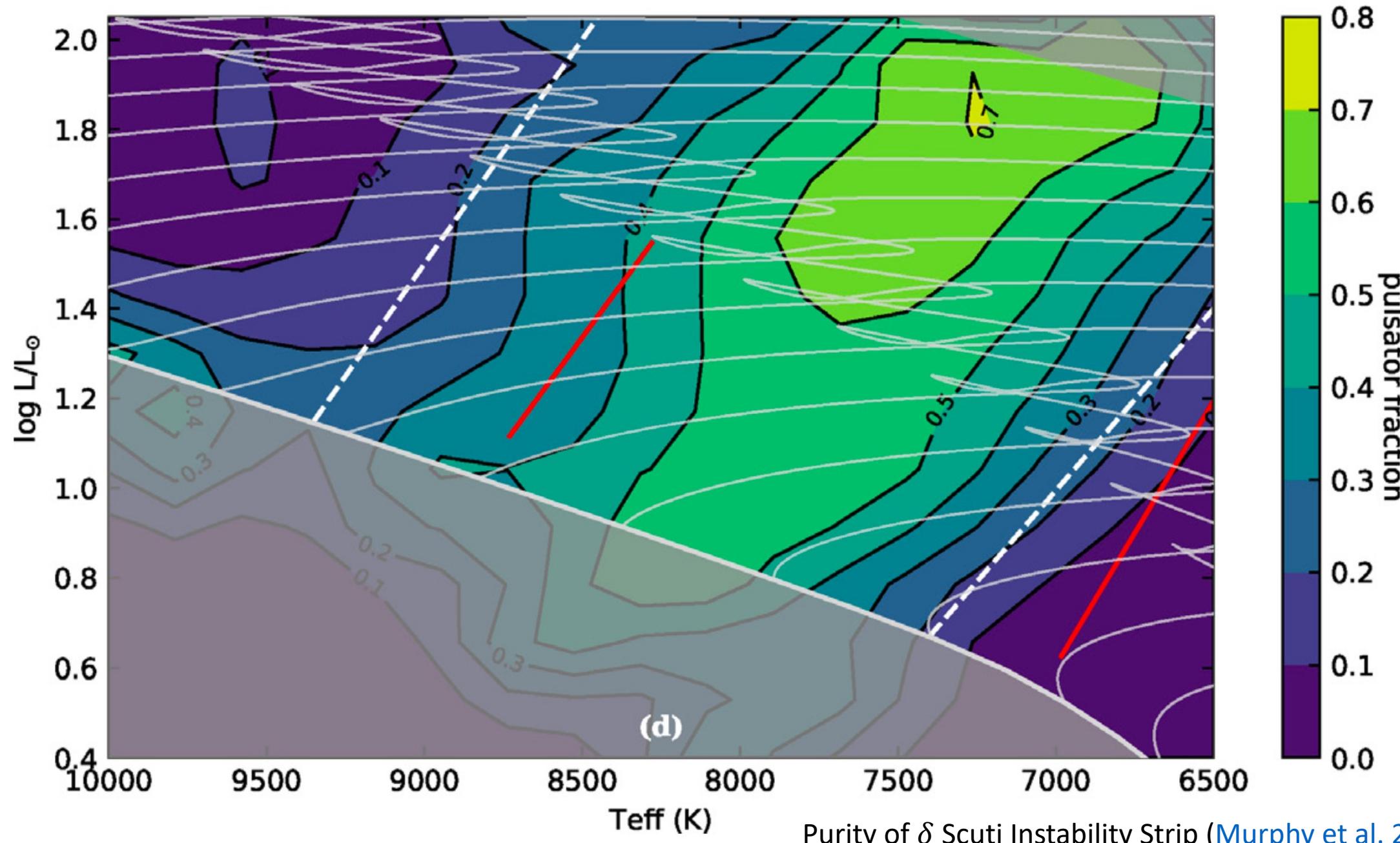
# The classical instability strip

- $\kappa$  mechanism requires PIZ to operate
- PIZ requires temperature “just right”
- Too hot: Helium fully ionized
- Too cool: Convection dampens pulsations
- Narrow temperature range where this can work
- Near vertical region in HRD
- Location of boundary depends on stellar structure



# On the purity of instability strips

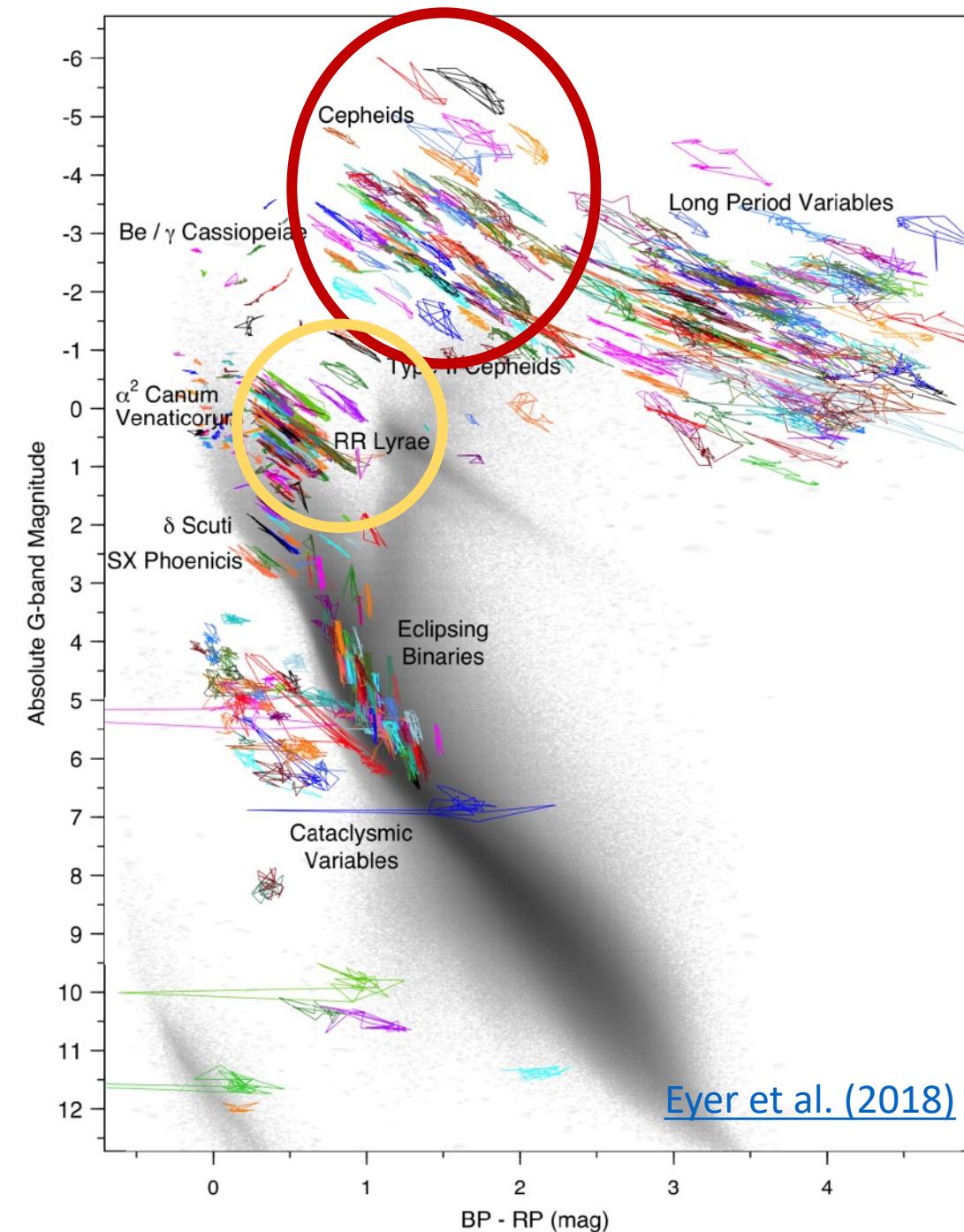




Purity of  $\delta$  Scuti Instability Strip ([Murphy et al. 2019](#))

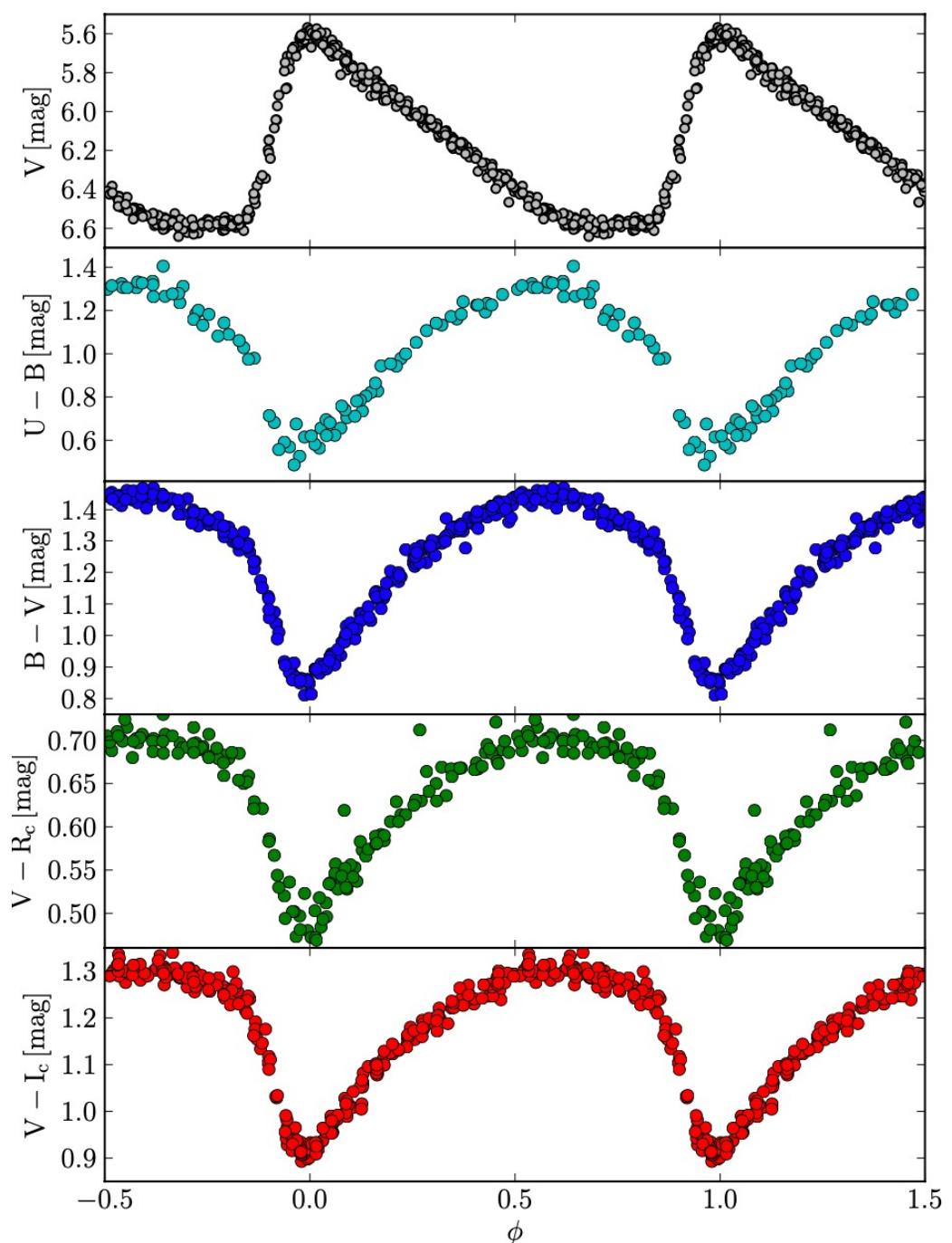
# Classical Cepheids

(and a bit on RR Lyrae stars): high-amplitude radial pulsations in classical instability strip



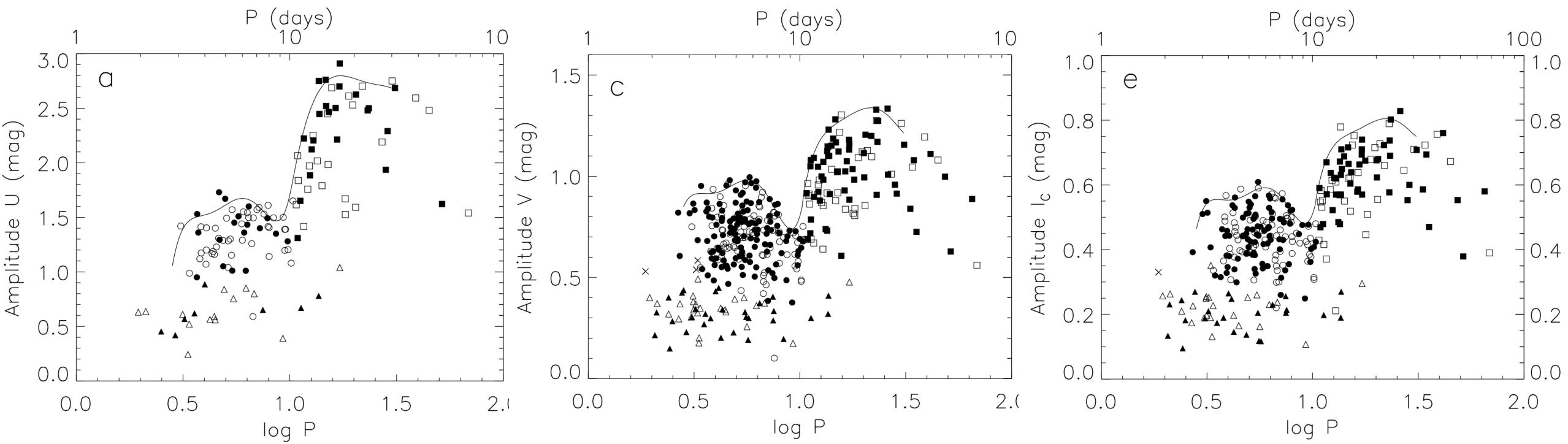
# Chromaticity of pulsational variability

- Pulsations are chromatic!
- When is a pulsating star brightest?
- Temperature dominates variability
- Wavelength dependent phase offsets
- Amplitudes decrease with wavelength



Anderson (2013) using data by Berdnikov (2008)

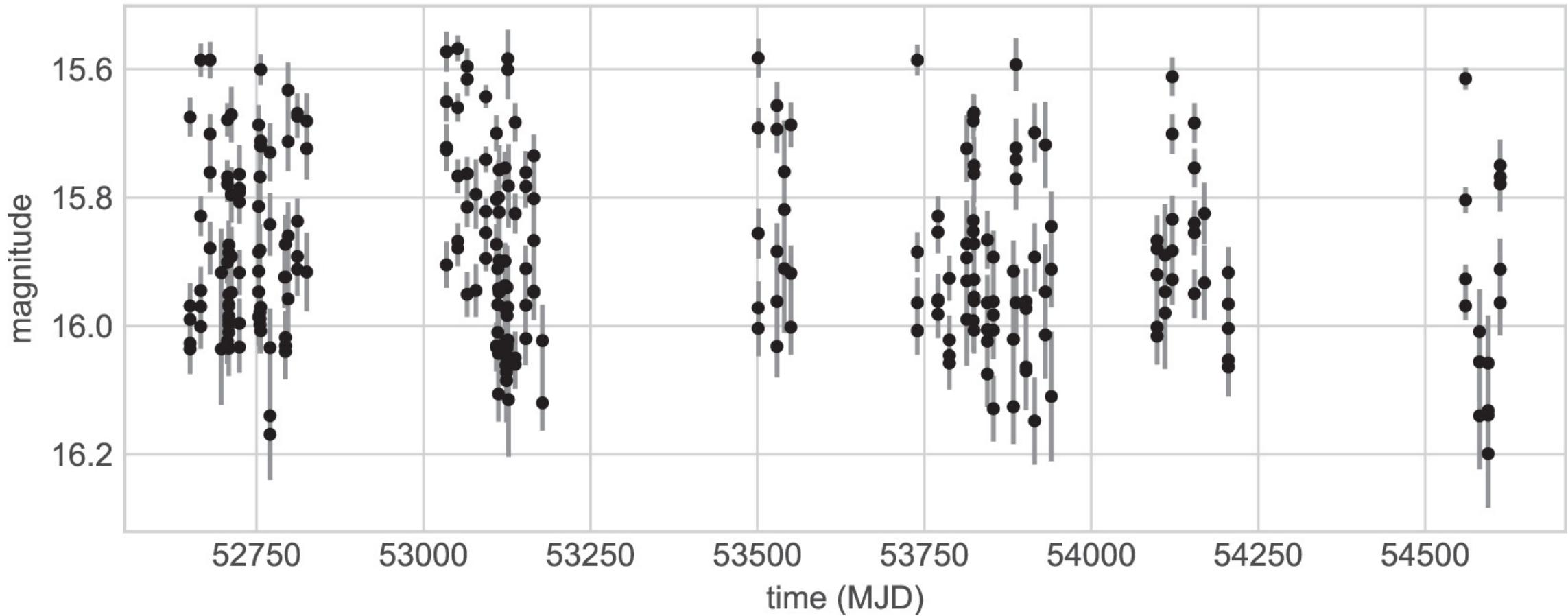
# Chromaticity of pulsations



# Oh pulsation, where art thou?

[VanderPlas et al. \(2007\)](#)

LINEAR object 11375941

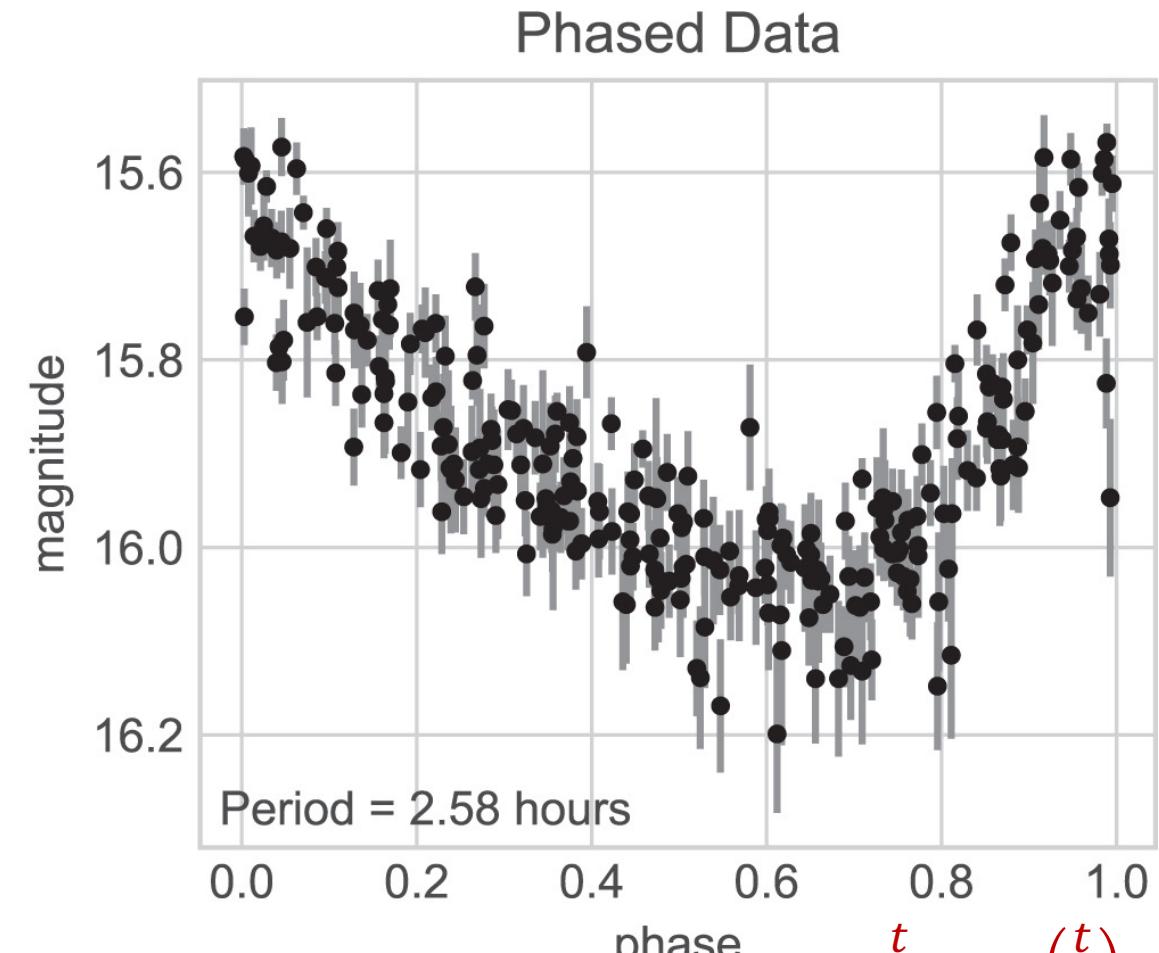
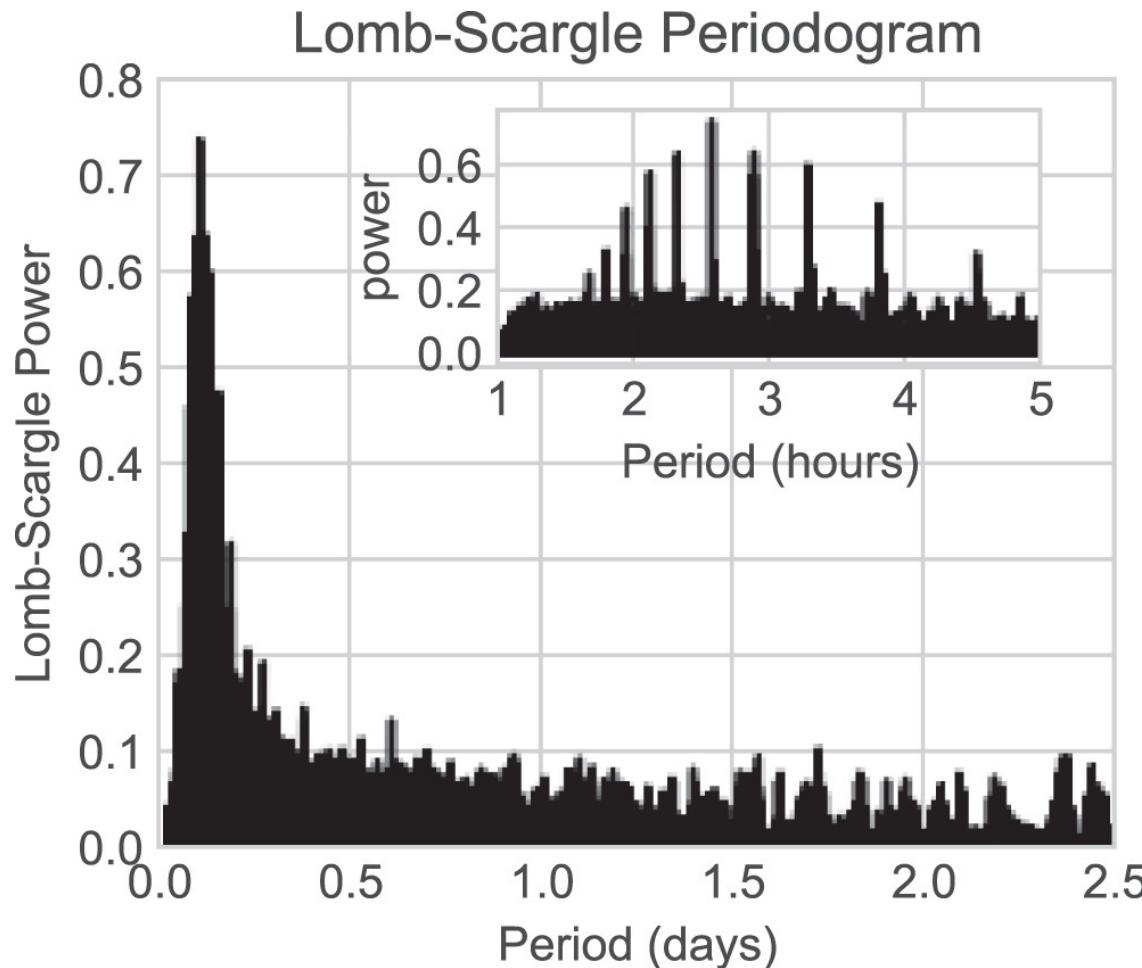


# Time-series analysis: T0, P, phase, O-C

- Time Series Analysis:
  - characterizes observed temporal correlation among measurements (including estimates of significance)
  - forecasts future behavior
- Pulsations usually (quasi-)peridodic
- T0 : precisely measurable reference time; often max light (arbitrary?)
- P : the period of the signal =  $1/f$  if  $f$  is frequency
- Phase :  $\phi = \frac{t}{P} - \text{int}\left(\frac{t}{P}\right)$
- $O - C$  : observed minus calculated, tracks variations in period (e.g. apsidal motion, light time effect)

# Period search to allow phase folding

[VanderPlas et al. \(2007\)](#)



$$\phi = \frac{t}{P} - \text{int}\left(\frac{t}{P}\right)$$

# The Periodogram

- Searches for *strictly periodic* variations
- Fourier transform of the time series:  $H(f) = \int h(t)e^{-i2\pi ft} dt$
- Produces the power spectrum of frequencies in the dataset
- Power spectral density (PSD) for  $0 \leq f \leq \infty$ :  
$$PSD(f) = |H(f)|^2 + |H(-f)|^2$$
- PSD tells power in frequency interval  $f + df$
- Different implementations
  - Fast Fourier Transform (FFT) cannot be used on irregularly sampled data
  - Lomb-Scargle periodogram: irregular sampling & heteroscedastic errors!

# The Lomb-Scargle Periodogram

- Uses single sinusoid model per frequency

- $$P_{LS}(\omega) = \frac{1}{V} \left[ \frac{R^2(\omega)}{C(\omega)} + \frac{I^2(\omega)}{S(\omega)} \right]$$

- $\bar{y} = \sum_{j=1}^N w_j y_j$  : weighted mean

- $V = \sum_{j=1}^N w_j (y_j - \bar{y})^2$  : variance

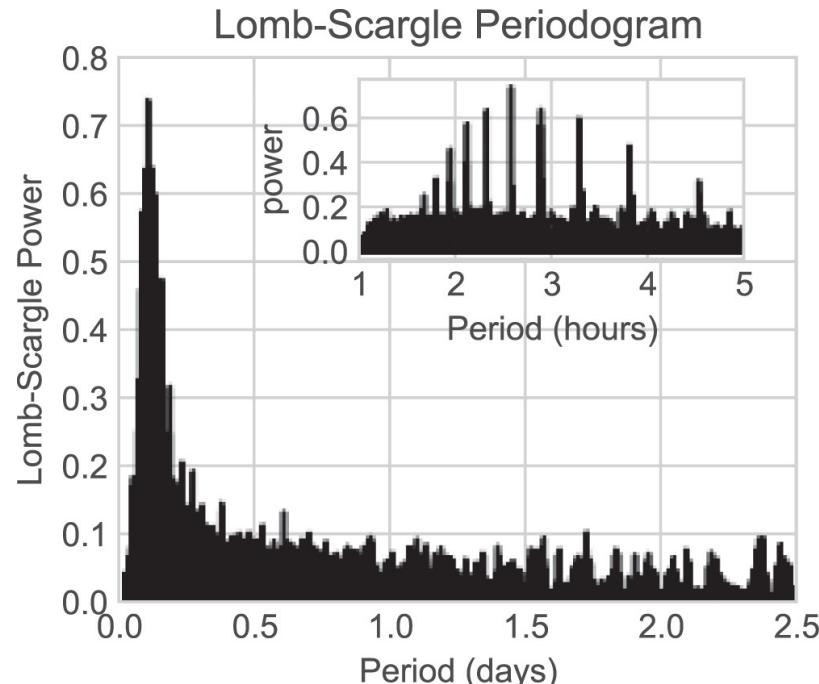
- $w_j = \frac{1}{W} 1/\sigma_j^2$ ,  $W = \sum_{j=1}^N 1/\sigma_j^2$

- $R(\omega) = \sum_{j=1}^N w_j (y_j - \bar{y}) \cos[\omega(t_j - \tau)]$ ,  $I(\omega) = \sum_{j=1}^N w_j (y_j - \bar{y}) \sin[\omega(t_j - \tau)]$

- $C(\omega) = \sum_{j=1}^N w_j (y_j - \bar{y}) \cos^2[\omega(t_j - \tau)]$ ,  $S(\omega) = \sum_{j=1}^N w_j (y_j - \bar{y}) \sin^2[\omega(t_j - \tau)]$

- $\omega = 2\pi f = 2\pi P^{-1}$

- Many local maxima: grid search within frequency range e.g.  
 $\omega_{min} = 2\pi/\Delta T_{obs}$  and  $\omega_{max} = \pi/\bar{\delta t}$  (median sampling)



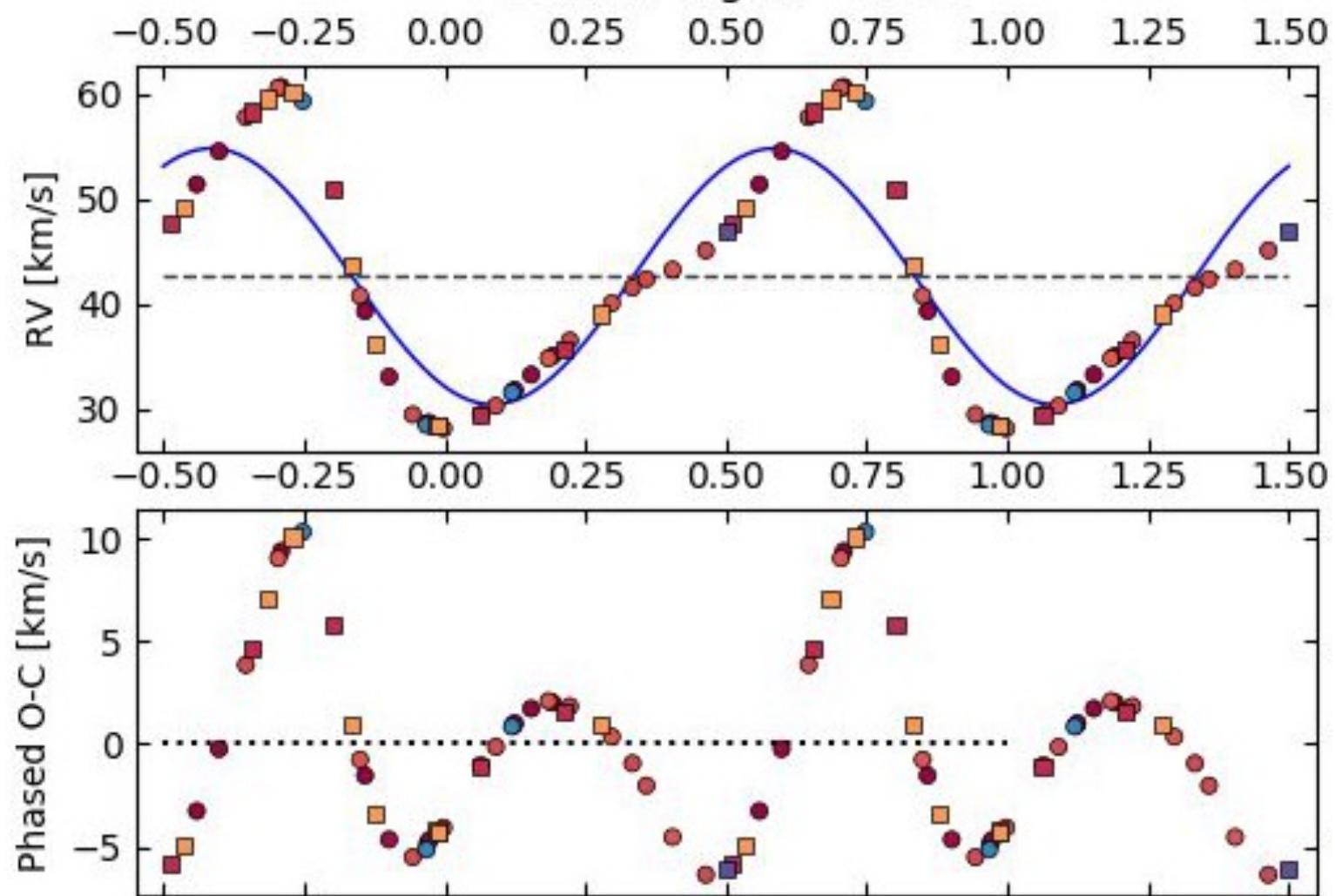
Often:  
frequency in  
[cycles/day]

Generalized LS periodogram ([Zechmeister & Kürster 2009](#)) improves on LS by generalizing relation to Chi^2 fitting, can also deal with Keplerians

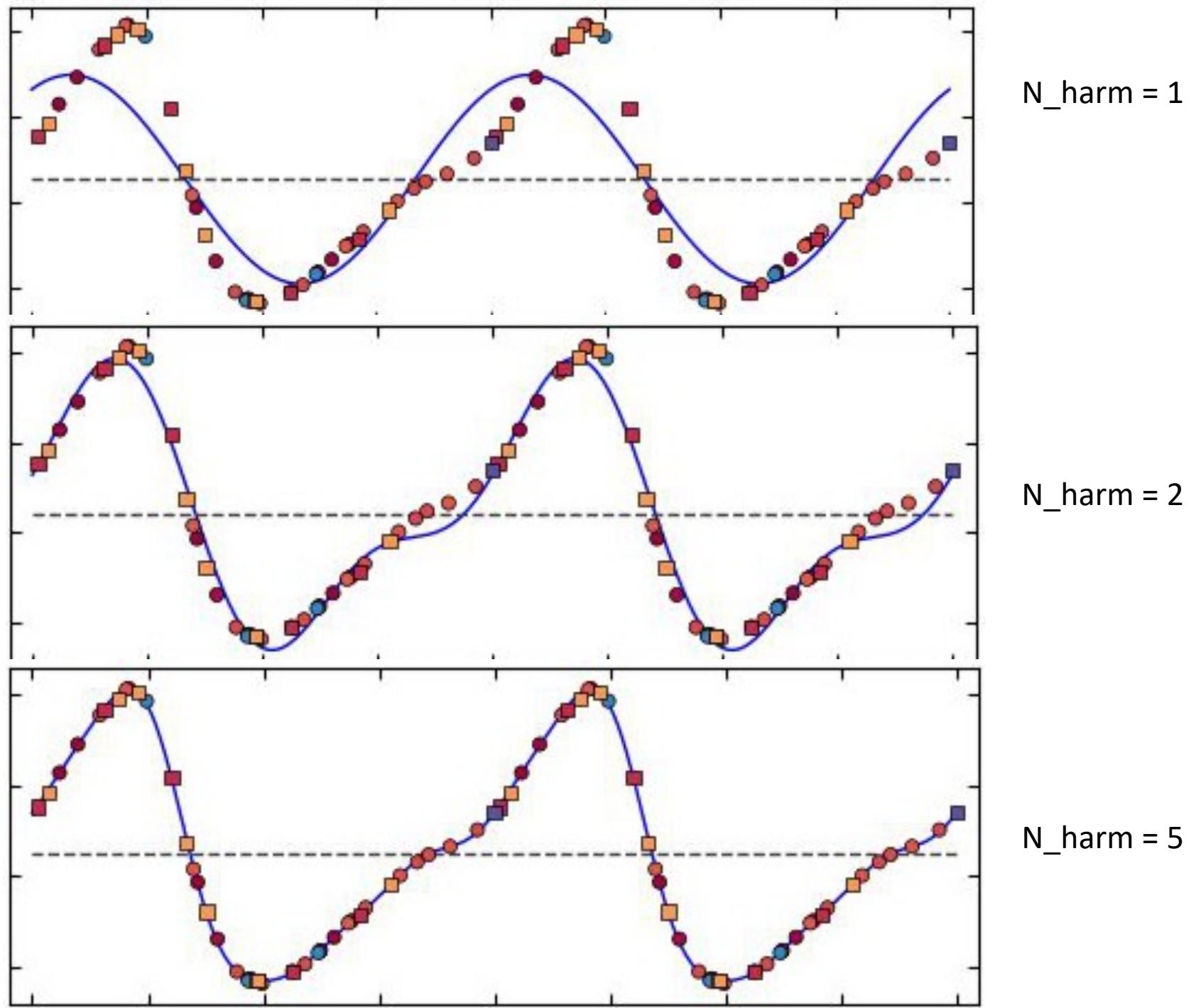
# What if the signal is not a single sinusoid?

- Multi-harmonic Fourier series to the rescue
- $y(t) = b_0 + \sum_{m=1}^M a_m \sin(m\omega t) + b_m \cos(m\omega t)$
- $P_M(\omega) = \frac{2}{V} \left[ \sum_{m=1}^M R_m^2(\omega) + I_m^2(\omega) \right]$
- $I_m(\omega) = \sum_{j=1}^N w_j y_j \sin(m\omega t_j)$
- $R_m(\omega) = \sum_{j=1}^N w_j y_j \cos(m\omega t_j)$
- For large N (observations), median a posteriori values:  
 $a_m = 2I_m(\omega)/N, \quad b_m = 2R_m(\omega)/N, \quad b_0 = \bar{y}$

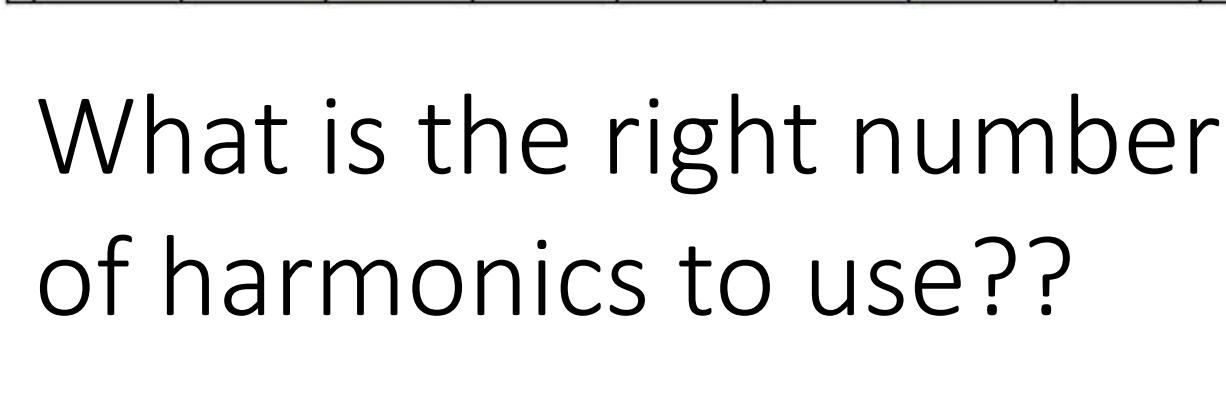
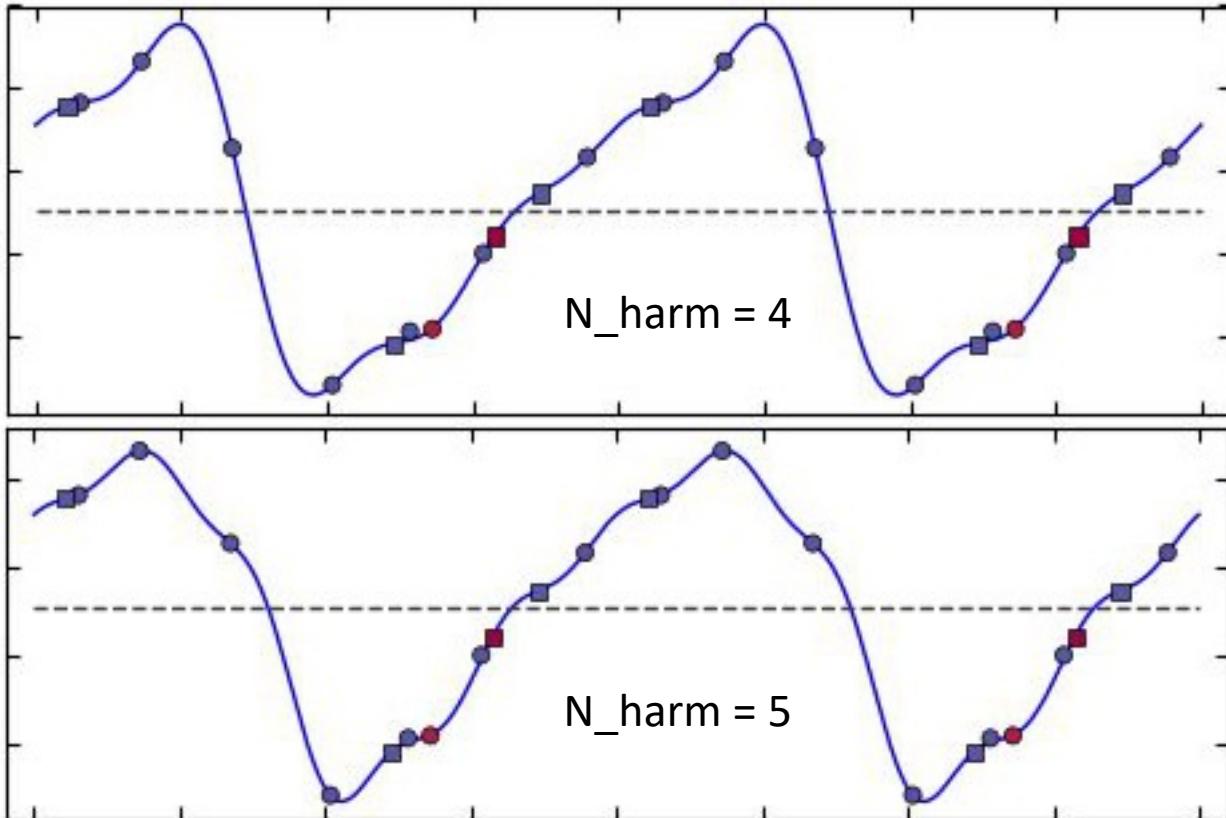
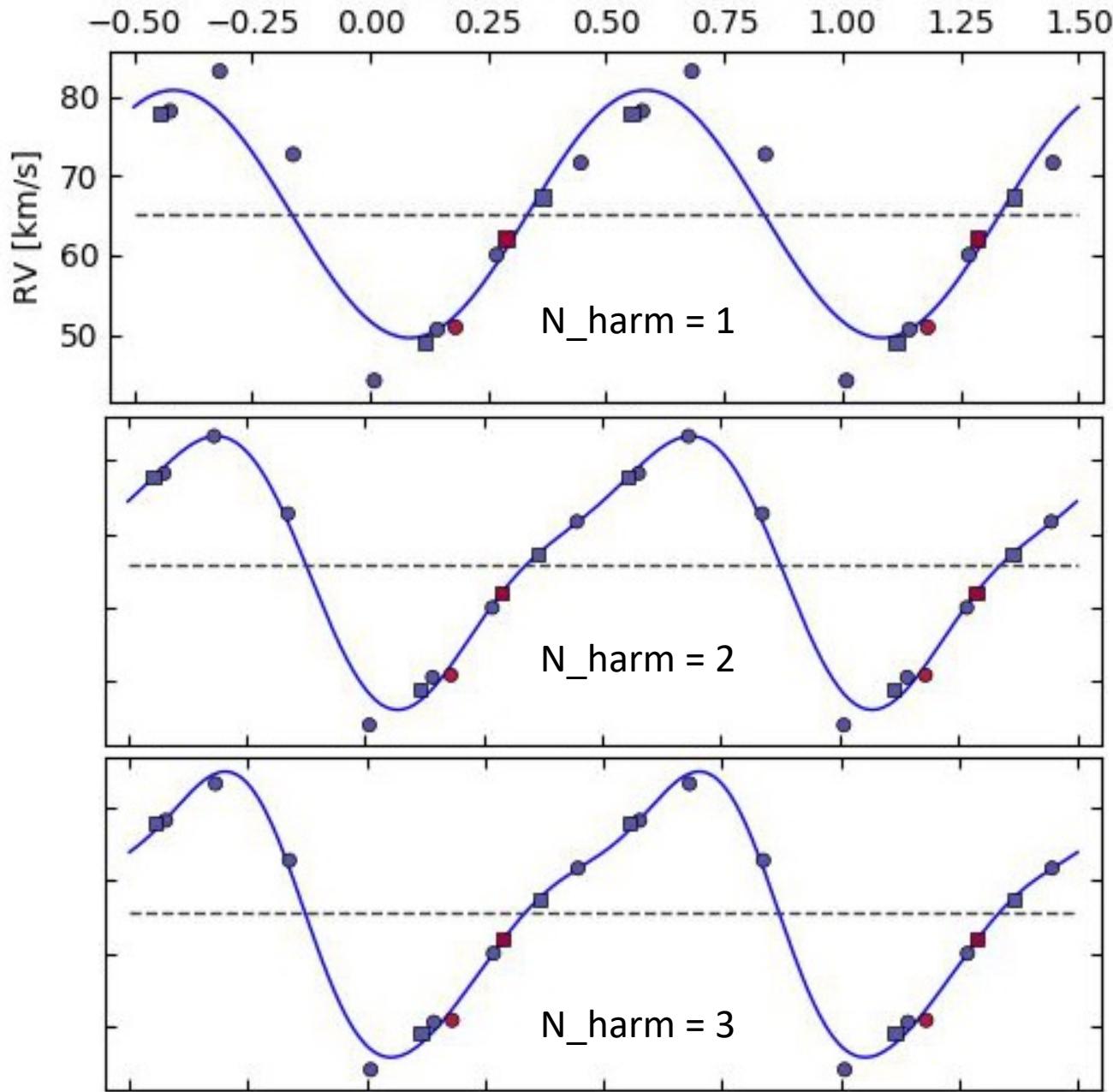
# Choosing the right model for phased data



# Adding harmonics



BB Gem,  $\log(P) = 0.363$



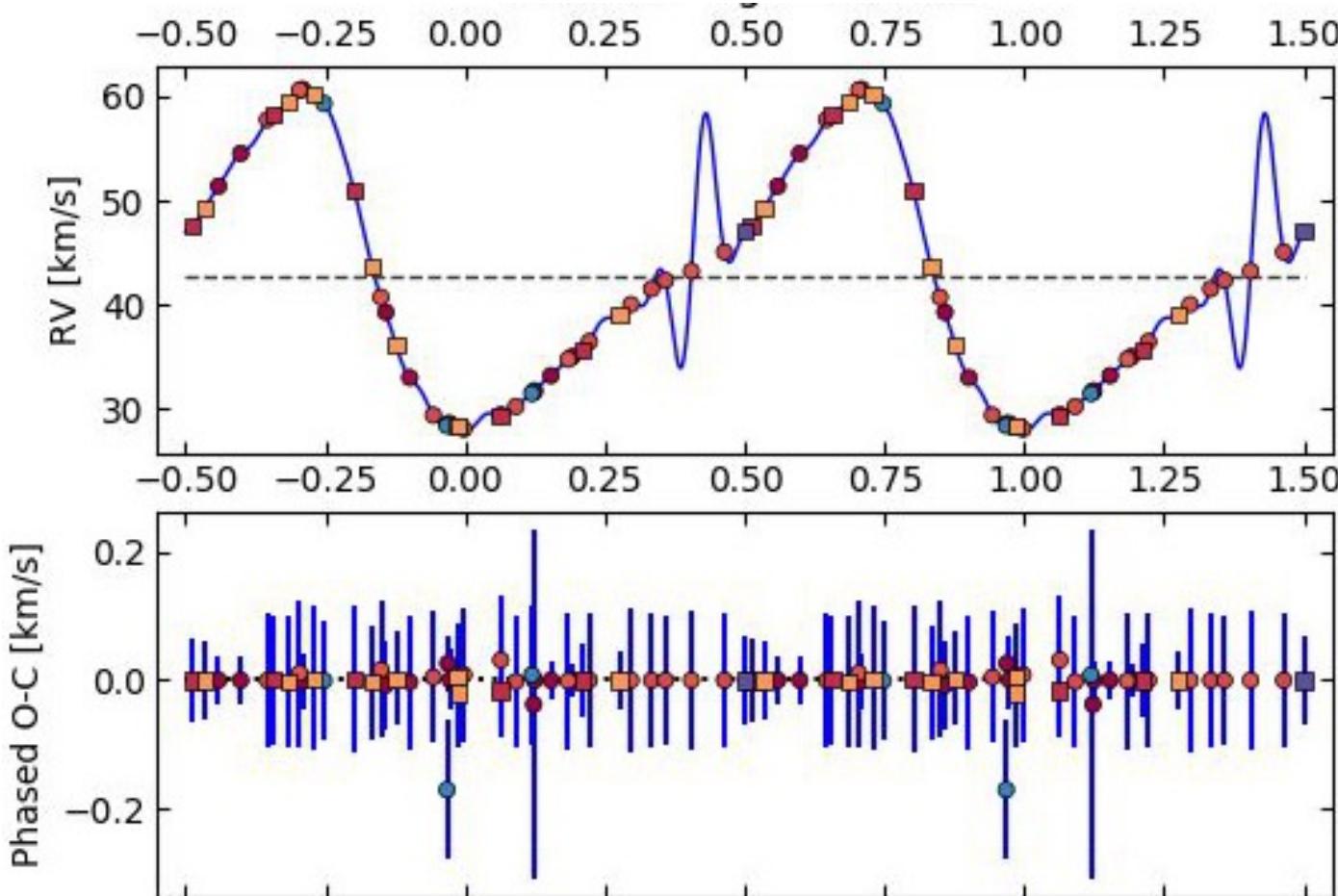
What is the right number  
of harmonics to use??

$N_{\text{harm}} = 18$

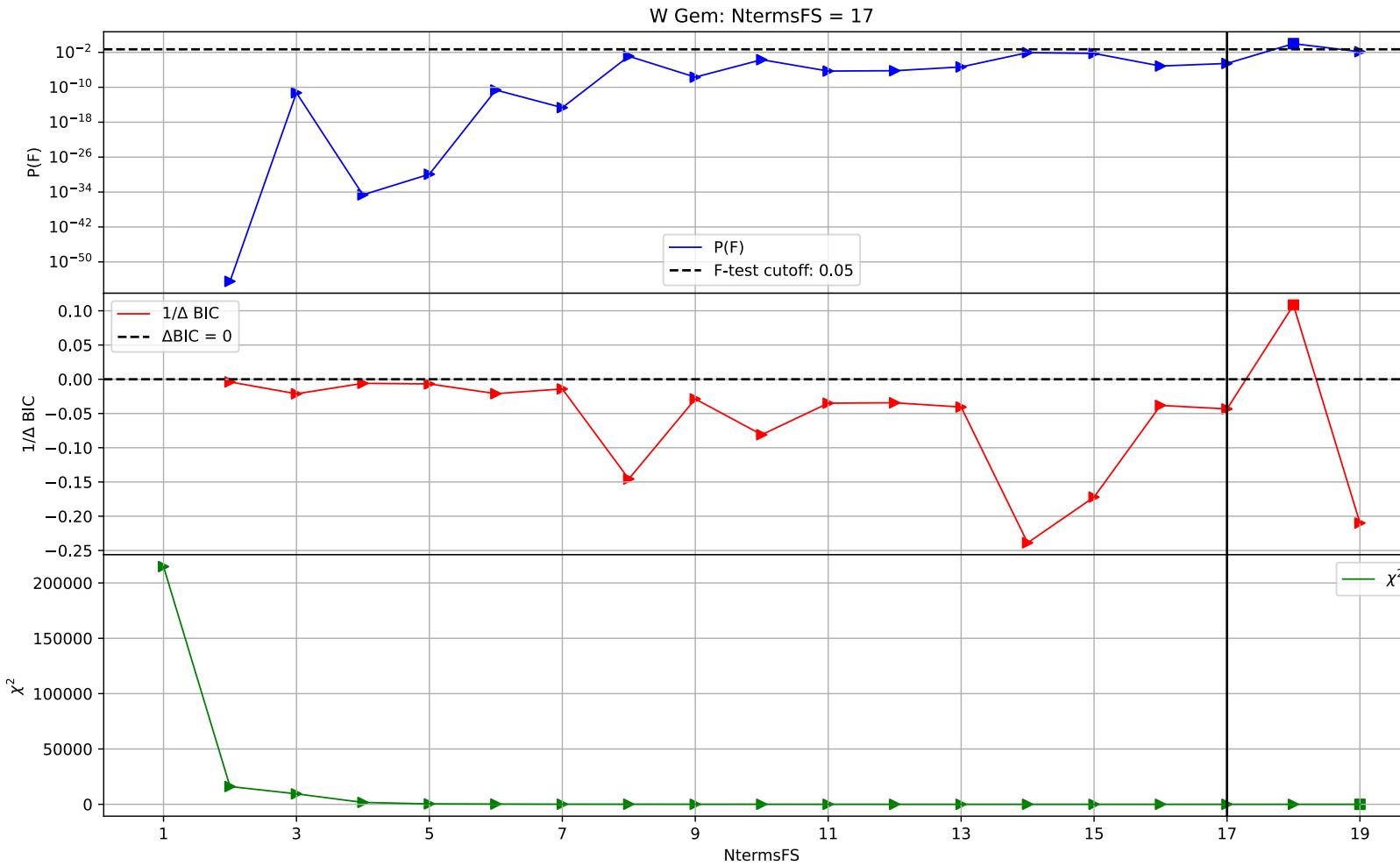
# Knowing when to stop (adding harmonics)

- Finding the right  $N_m$  can be challenging
- Consider sampling and complexity of variability
- Overfitting can lead to false predictions
- Tools for model selection
  - F-test compares gain in  $\chi^2$  to cost in  $N_{dof}$  (hypothesis test)
  - Bayesian information criterion (BIC): similar with likelihoods

$$BIC = k \ln n - 2 \ln \hat{L}$$



# Model comparison & brute force method



Accept more complex model if

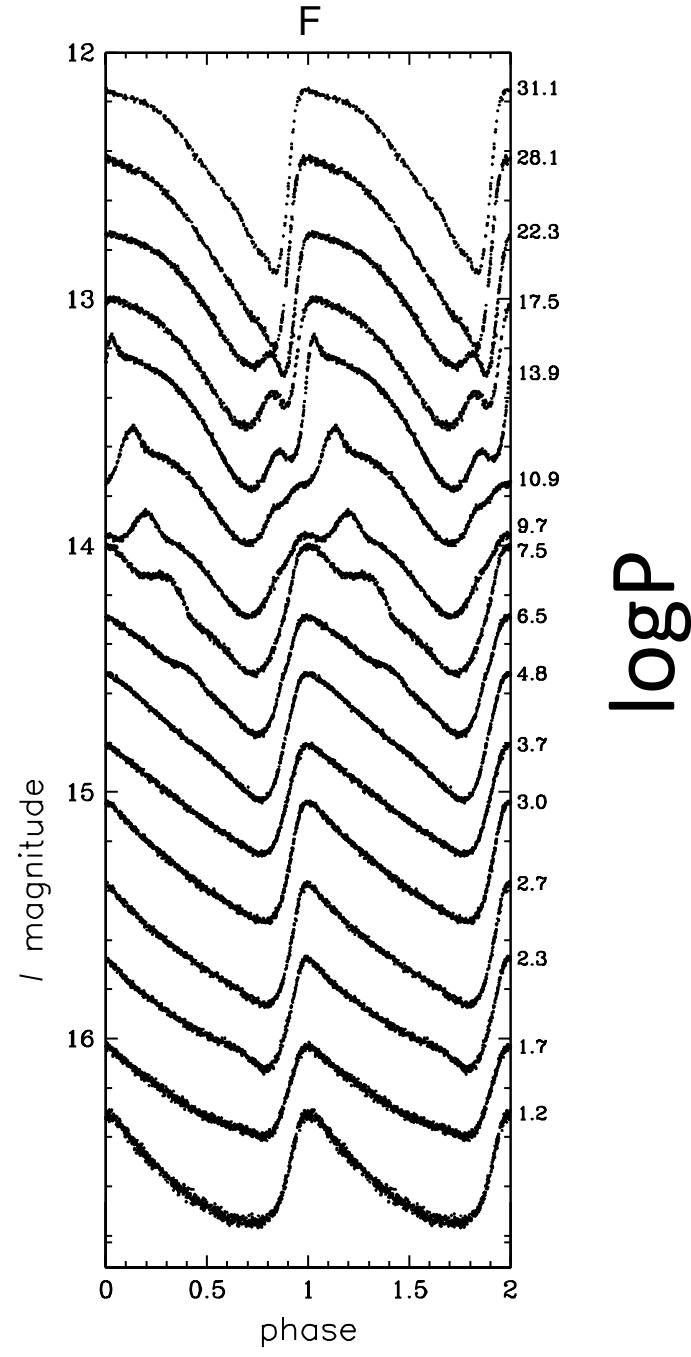
**F-Test**  
 $P(F) < p (=0.05)$

OR/AND

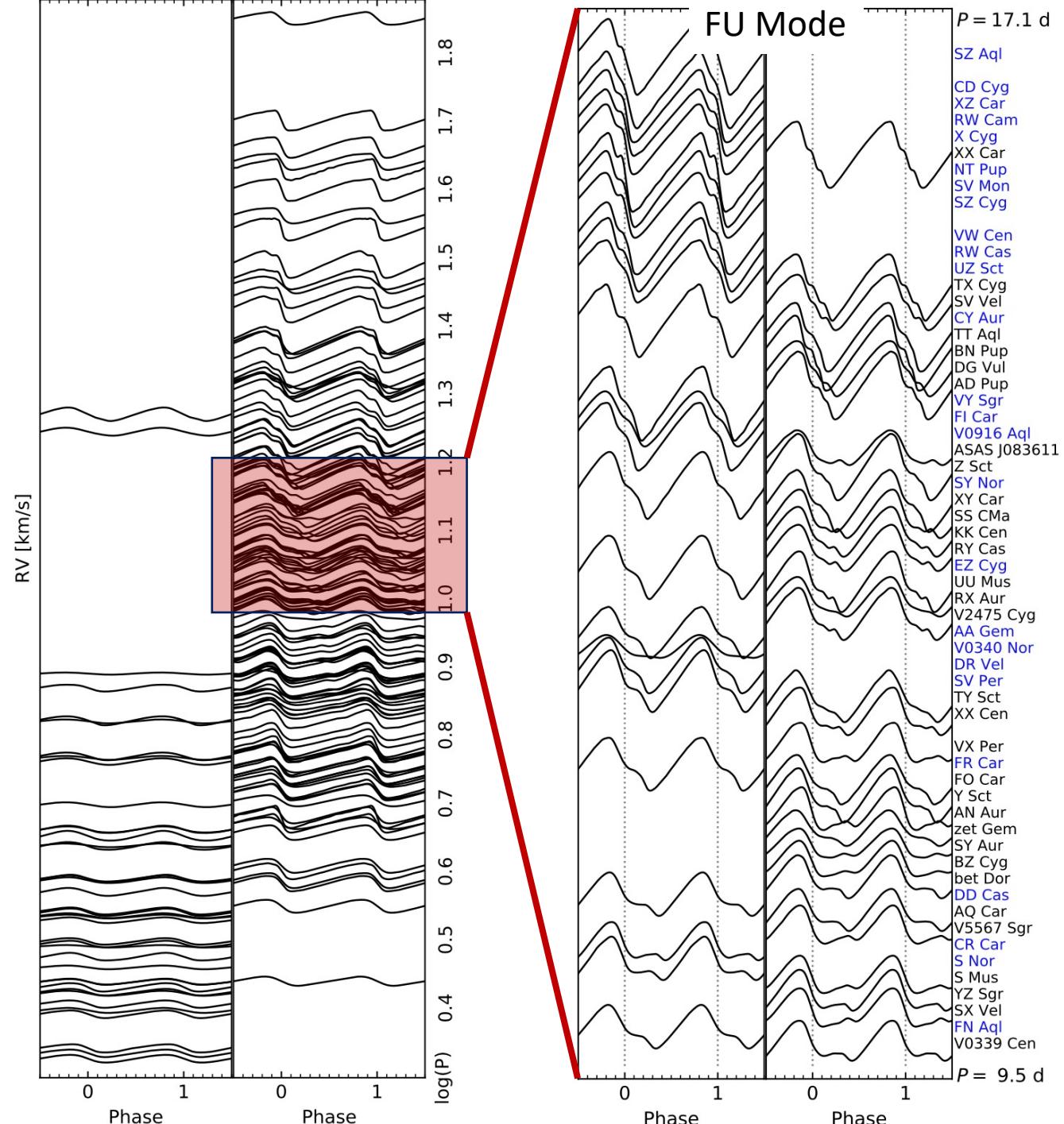
**BIC**  
 $1/\Delta BIC < 0$

$$BIC = k \ln(n) - 2 \ln(\hat{L})$$

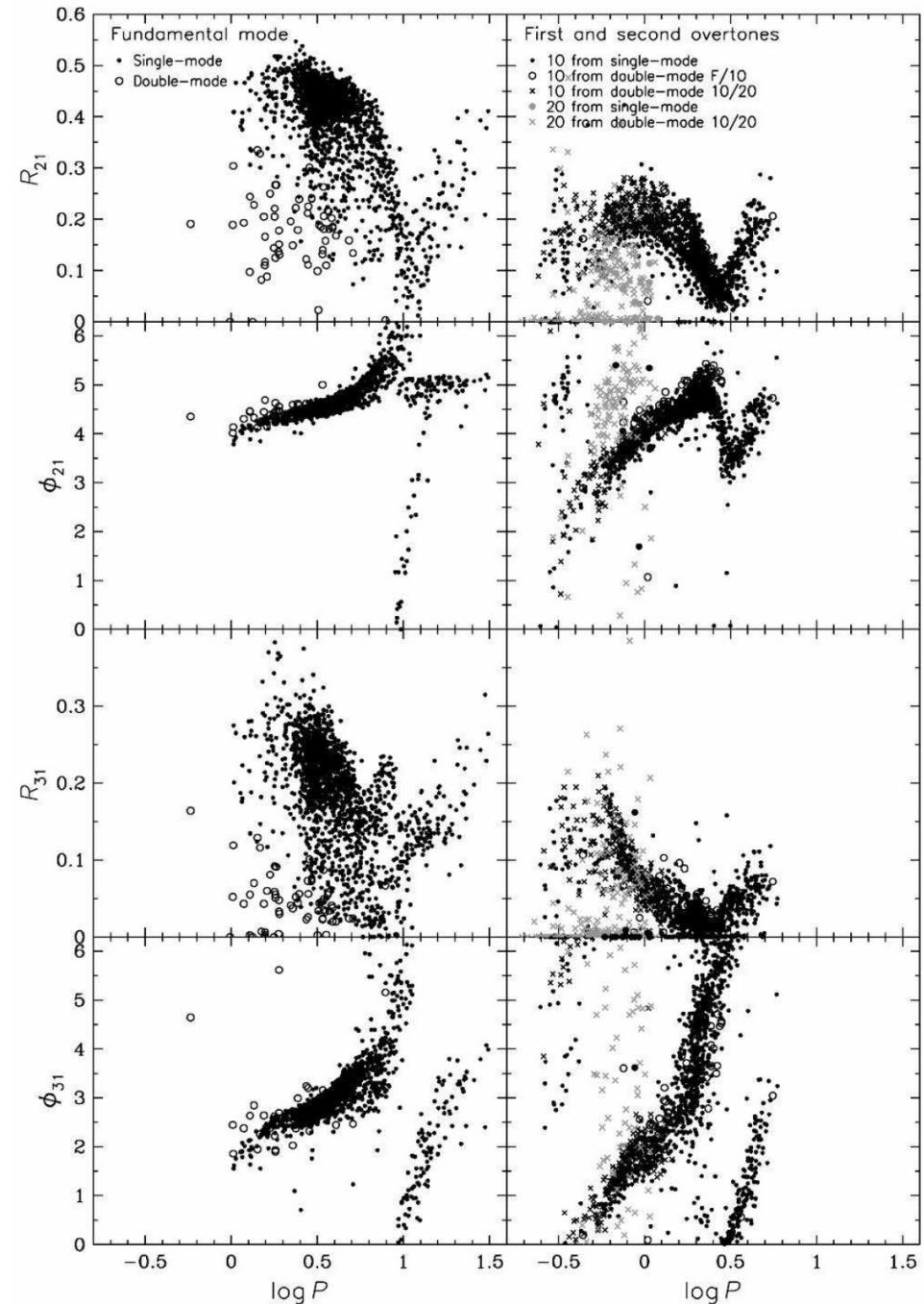
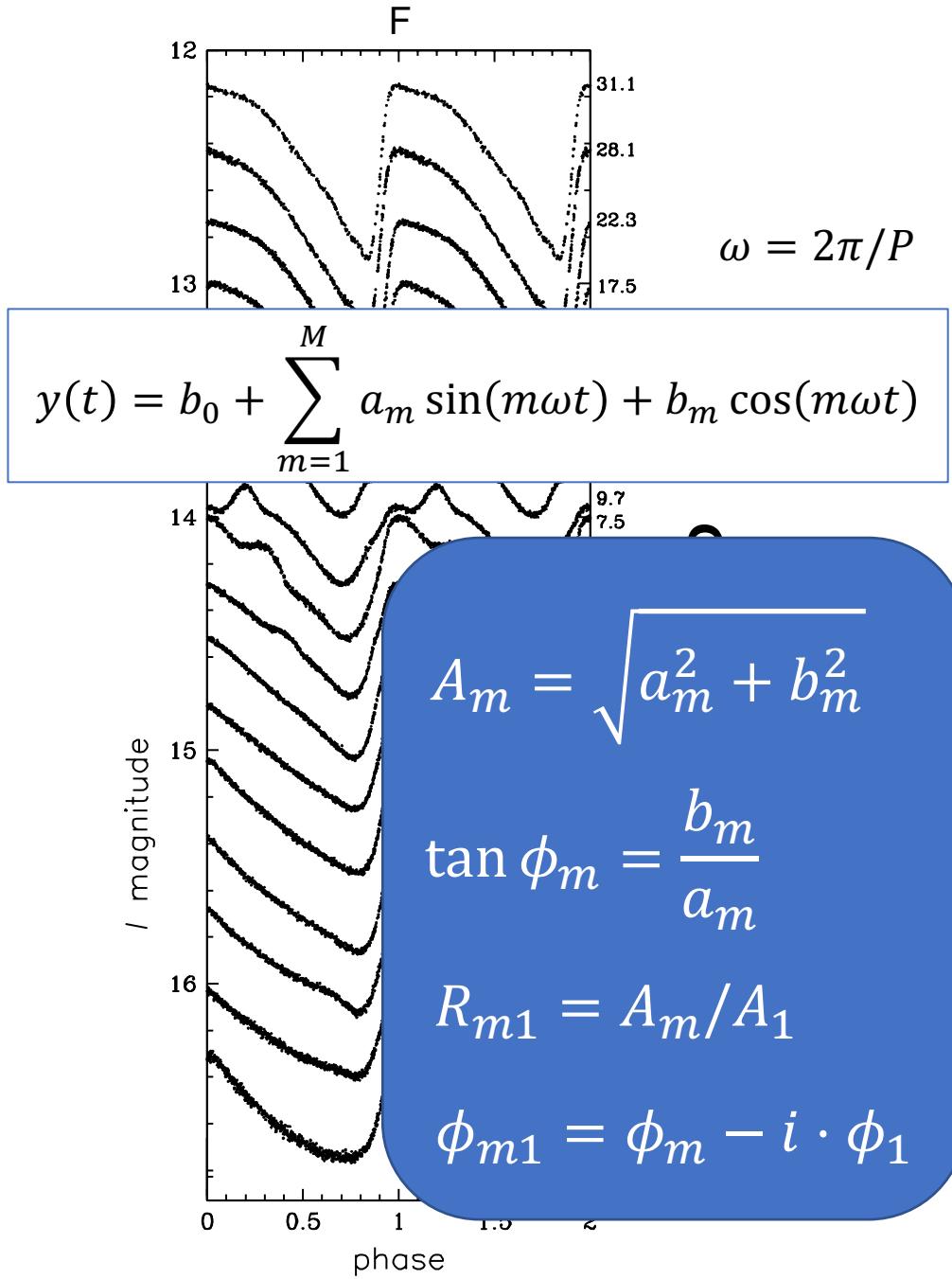
# The Hertzsprung Progression



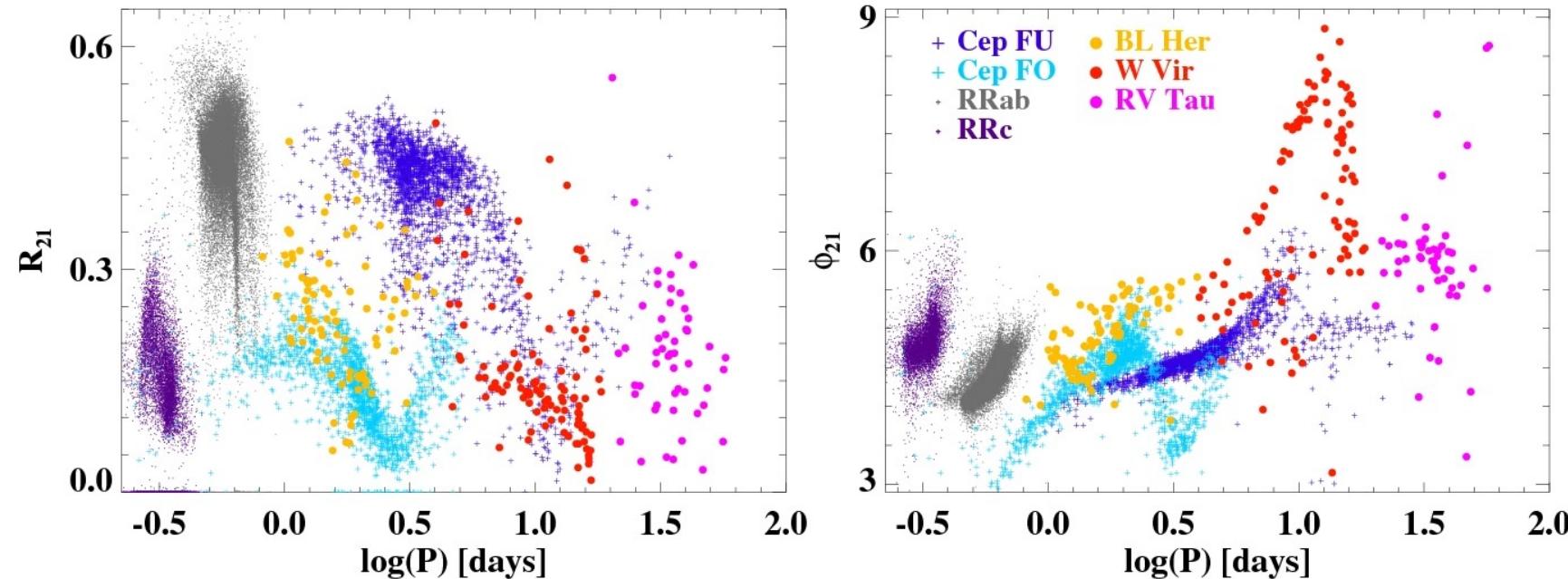
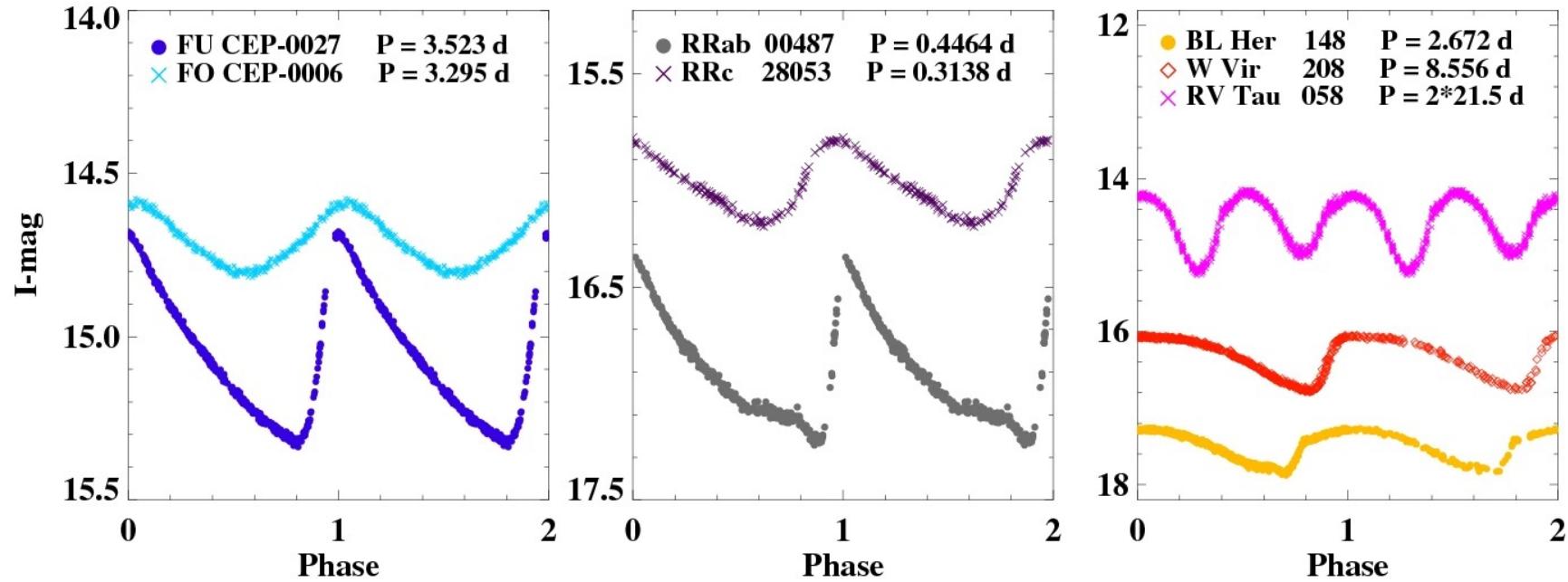
logP



# The Hertzsprung Progression

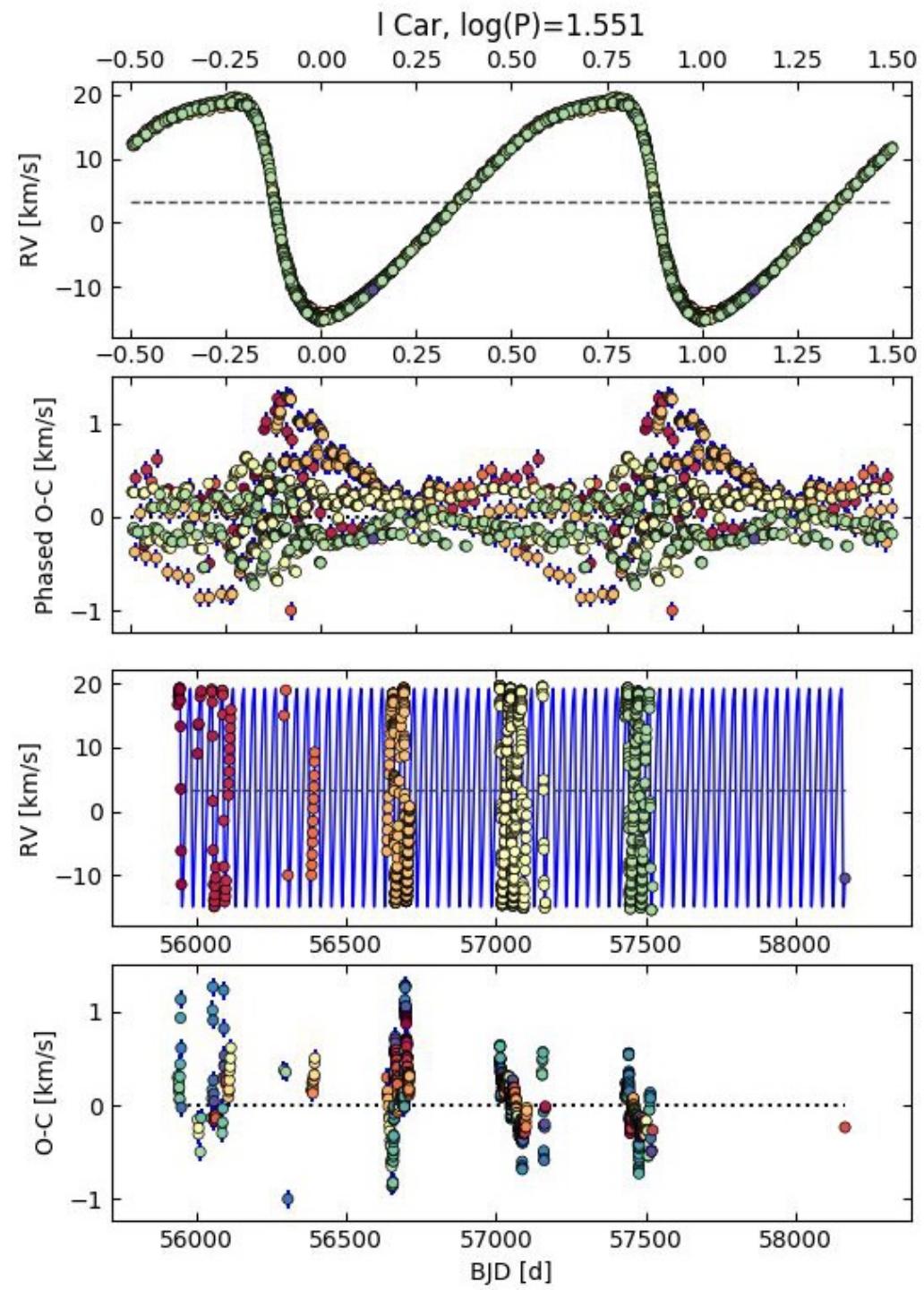


# Fourier decomposition

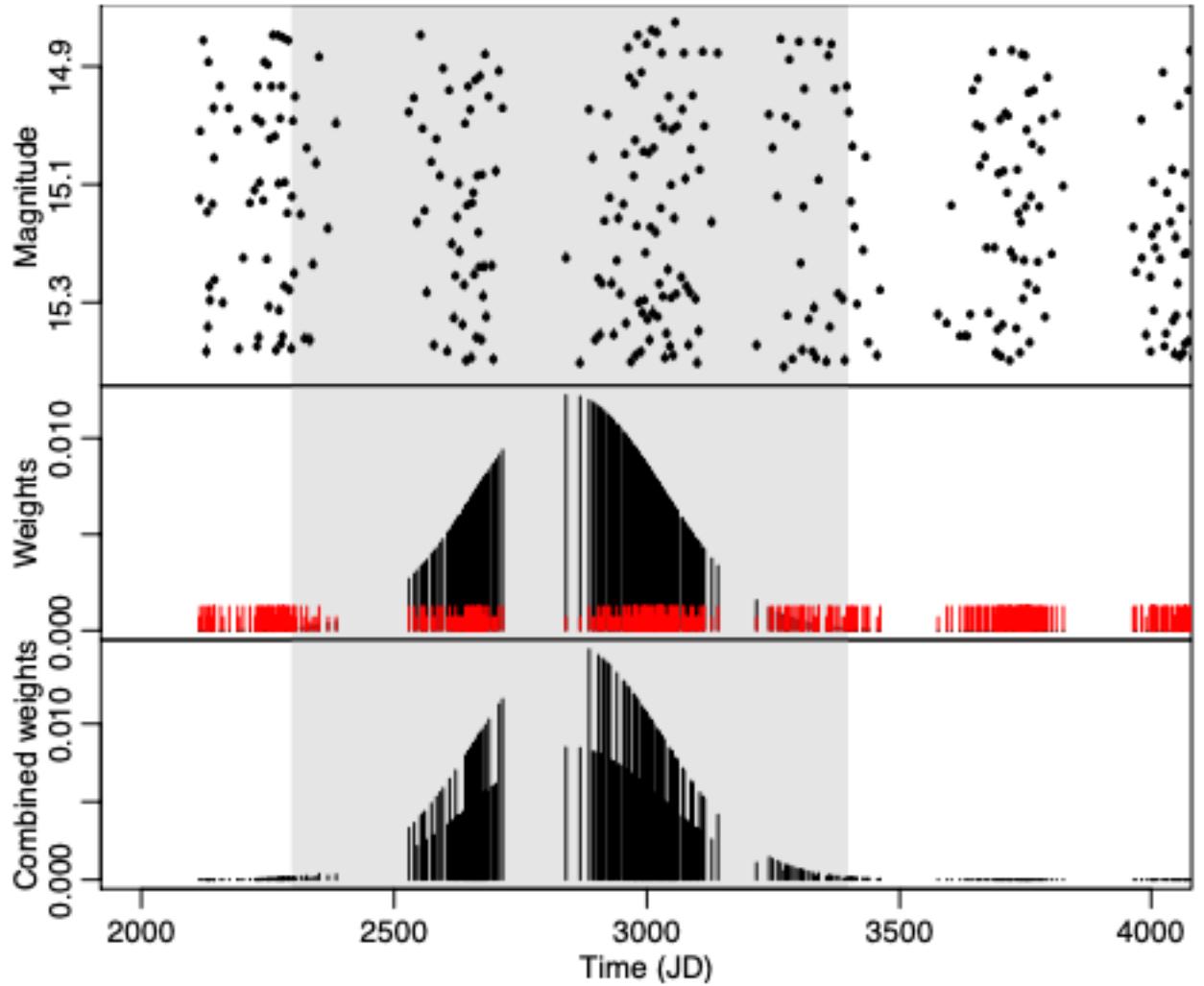


# Not all pulsations periodic

- Fourier analysis requires periodicity
- Residuals showing structure:
  - Additional oscillation modes?
  - Other noise?



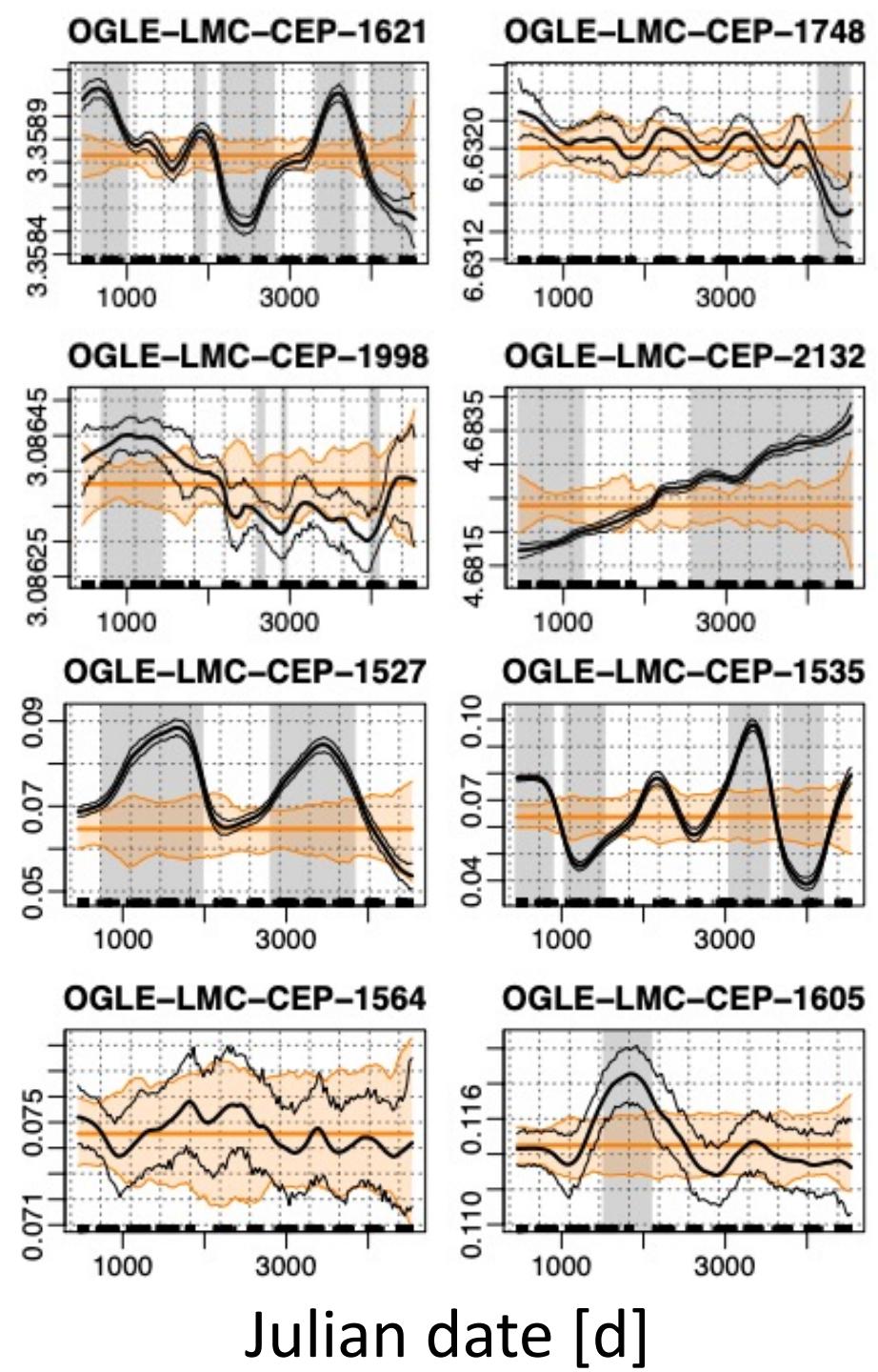
# Time-variable variability



[Süveges & Anderson \(2018\)](#)

Amplitude [mag]

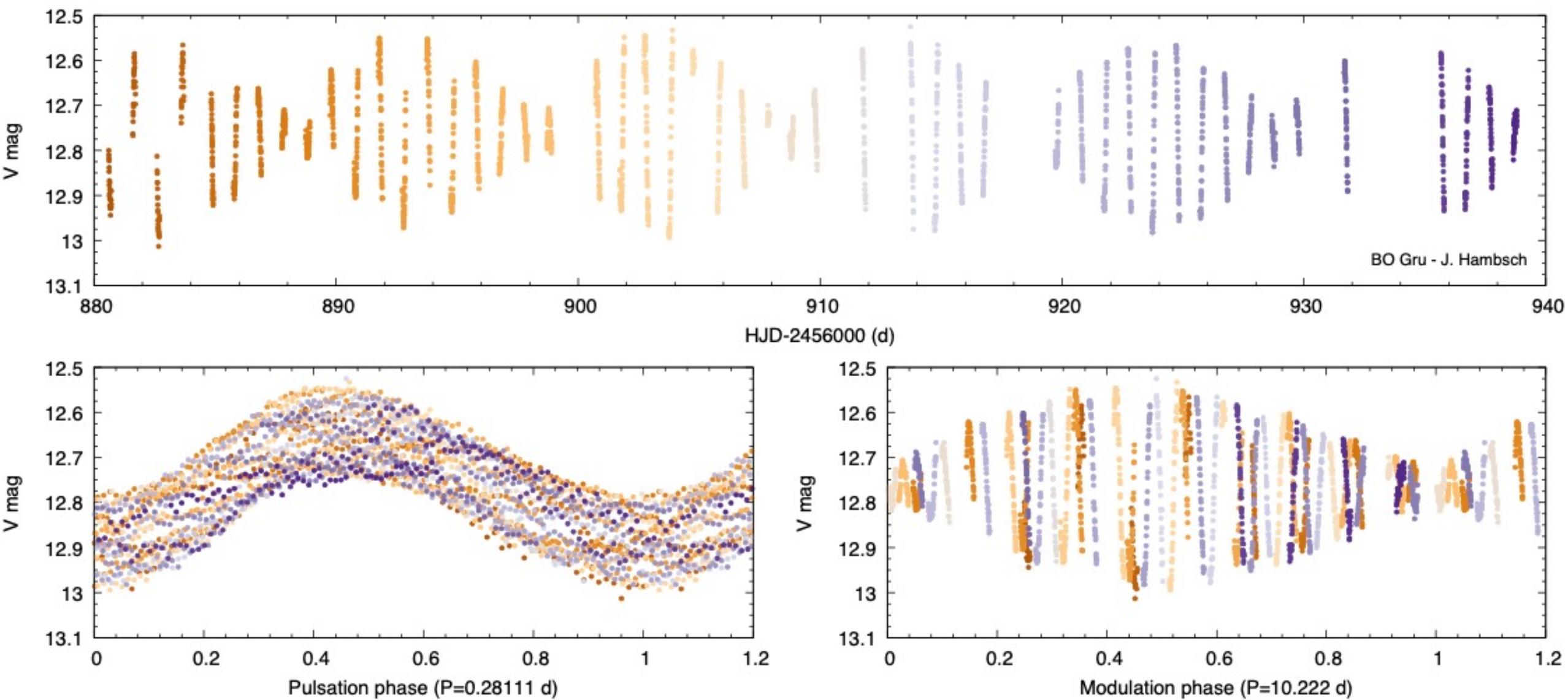
Period [d]



Julian date [d]

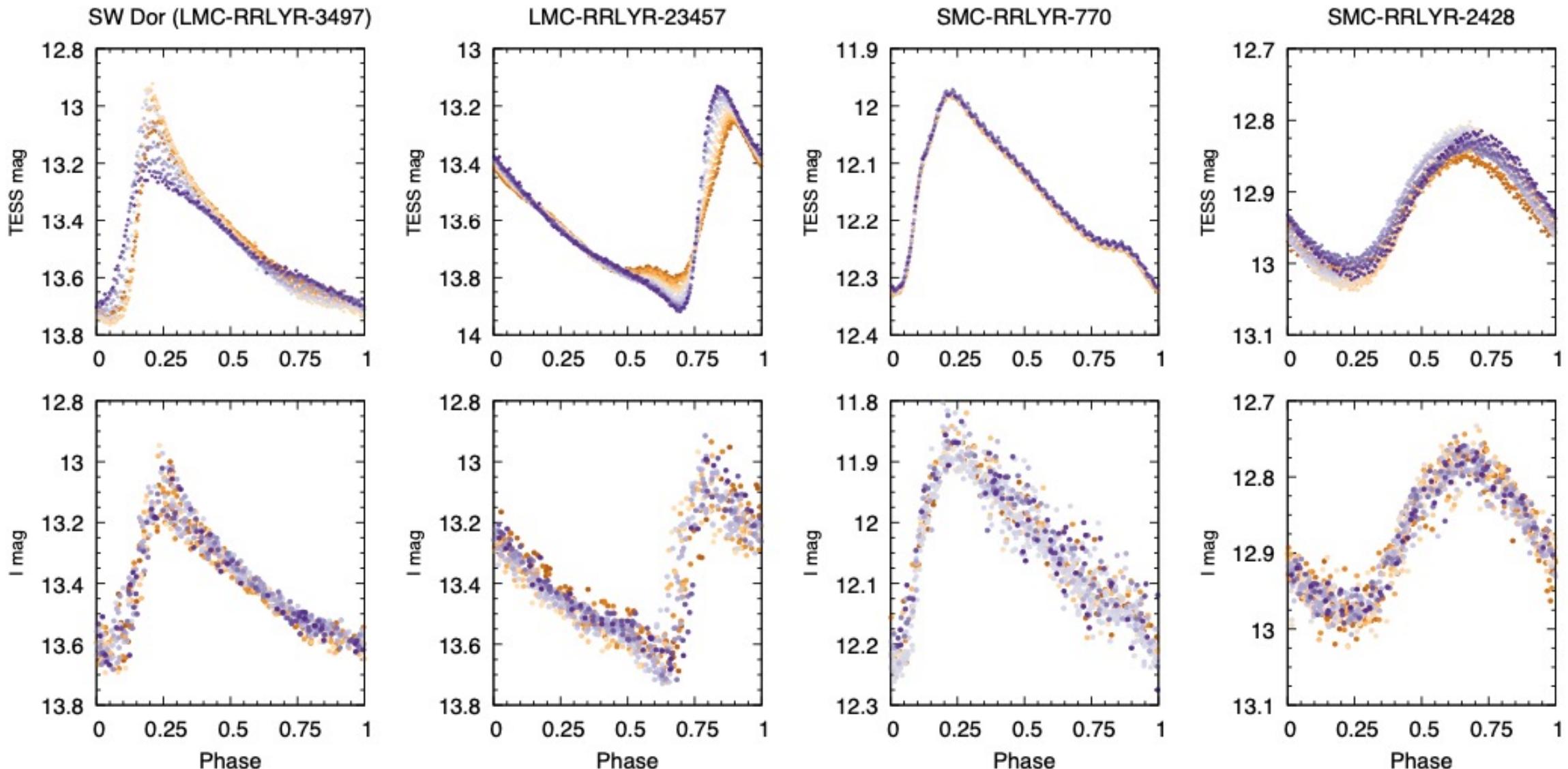
# Strongly modulated variability

[Molnár et al. \(2021\)](#)



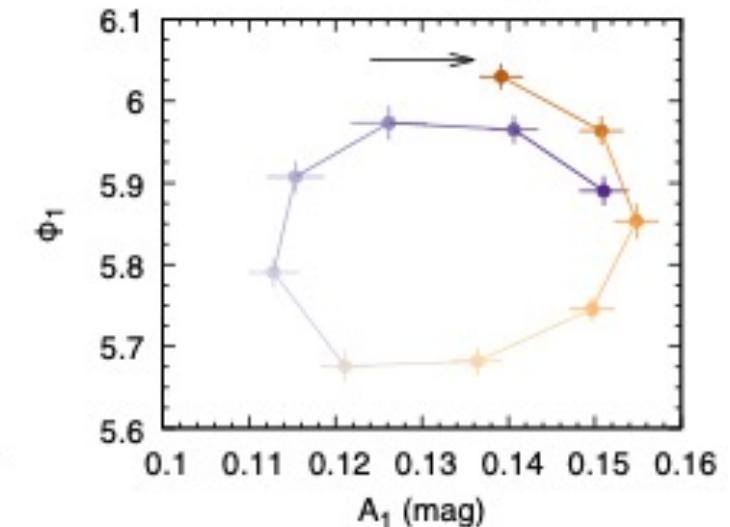
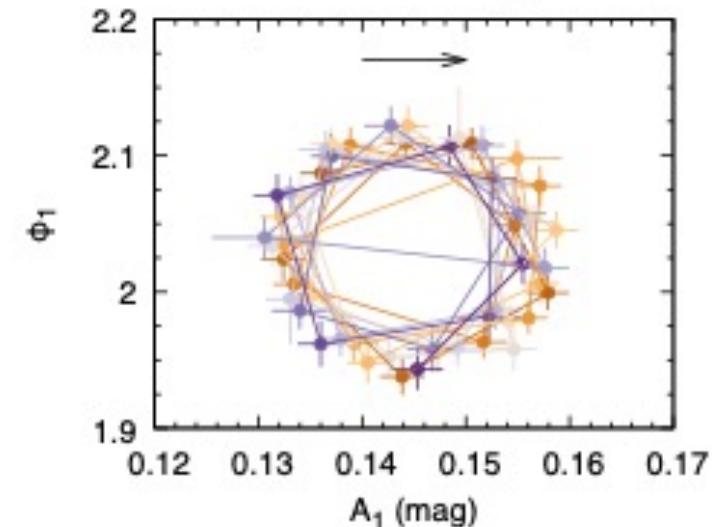
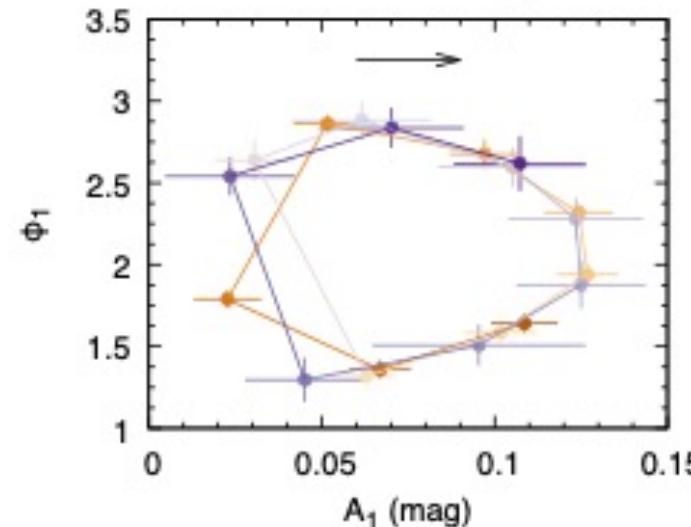
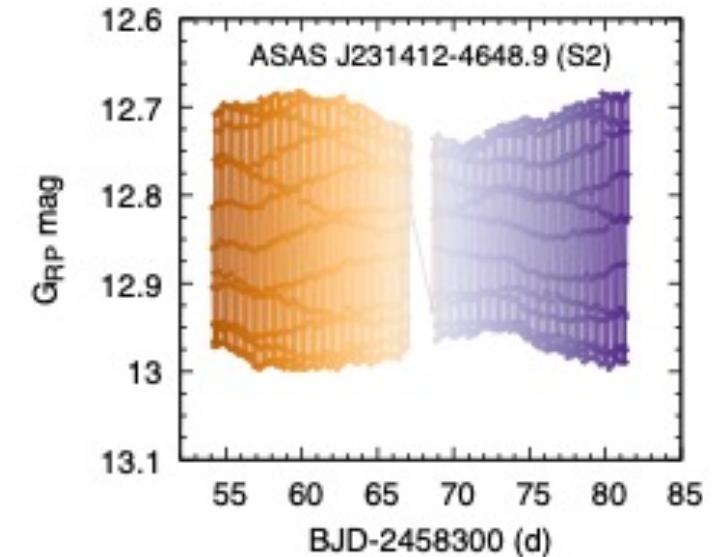
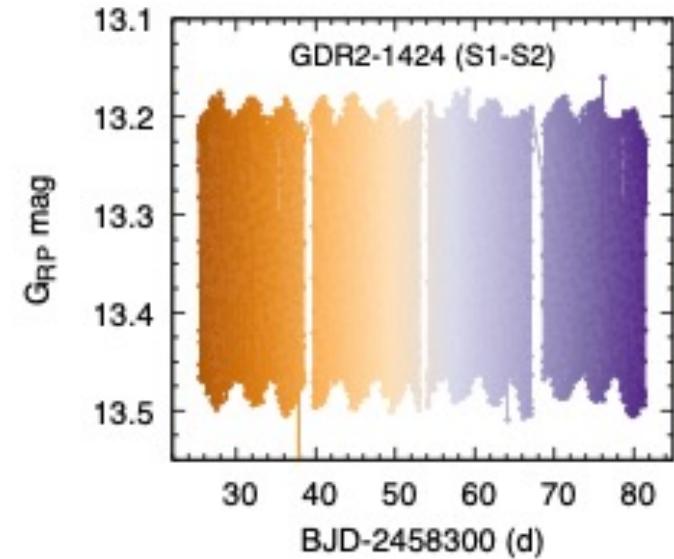
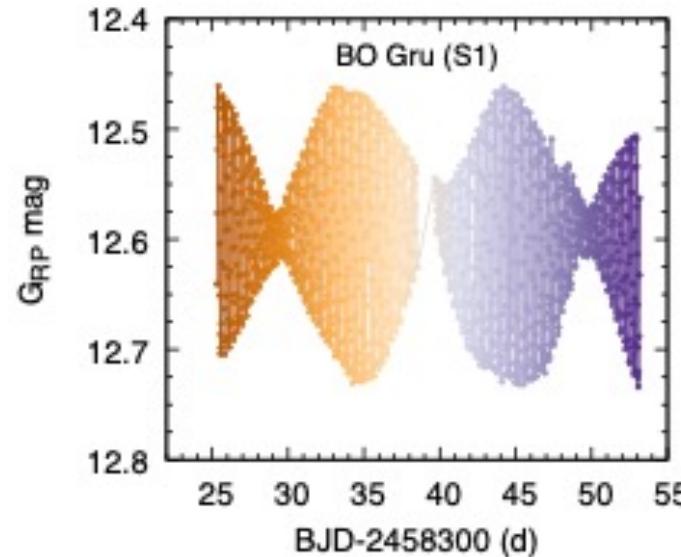
# TESS vs OGLE: a matter of precision

[Molnár et al. \(2021\)](#)



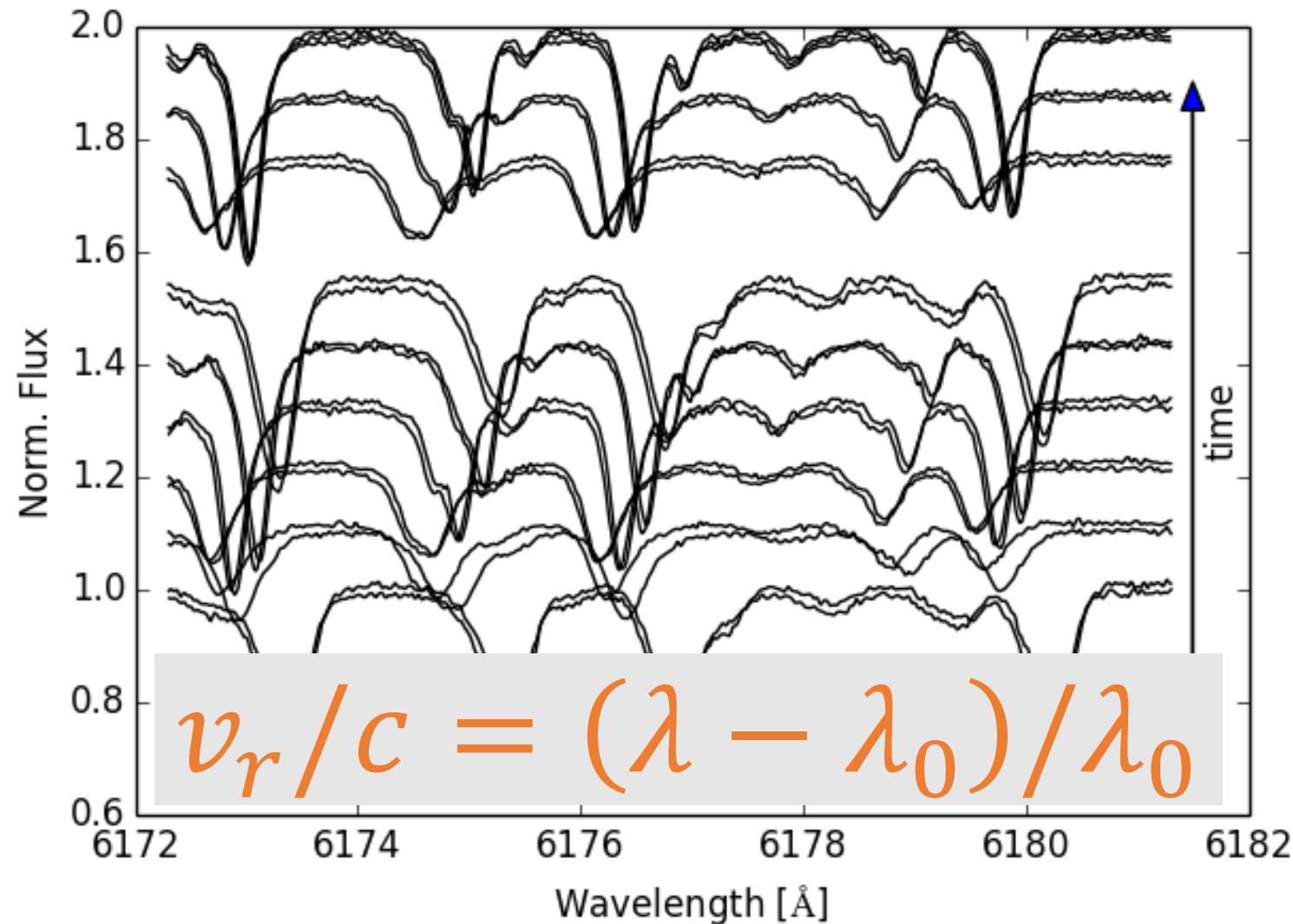
# The Blazhko effect

[Molnár et al. \(2021\)](#)

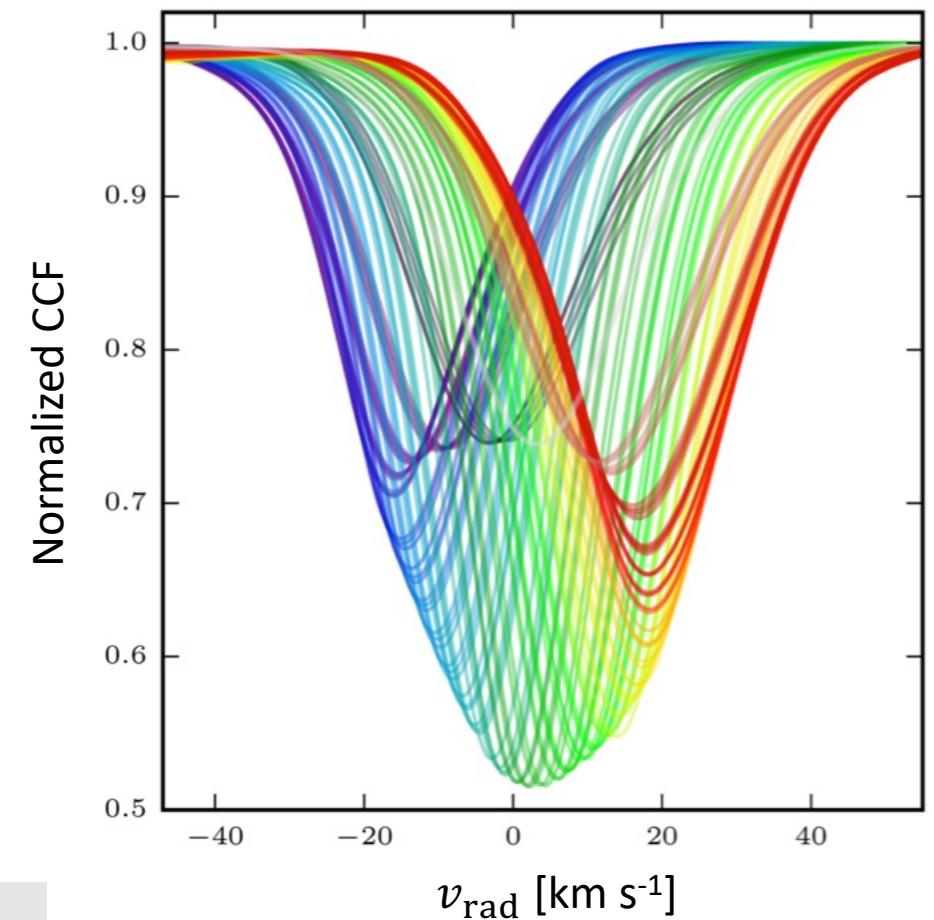
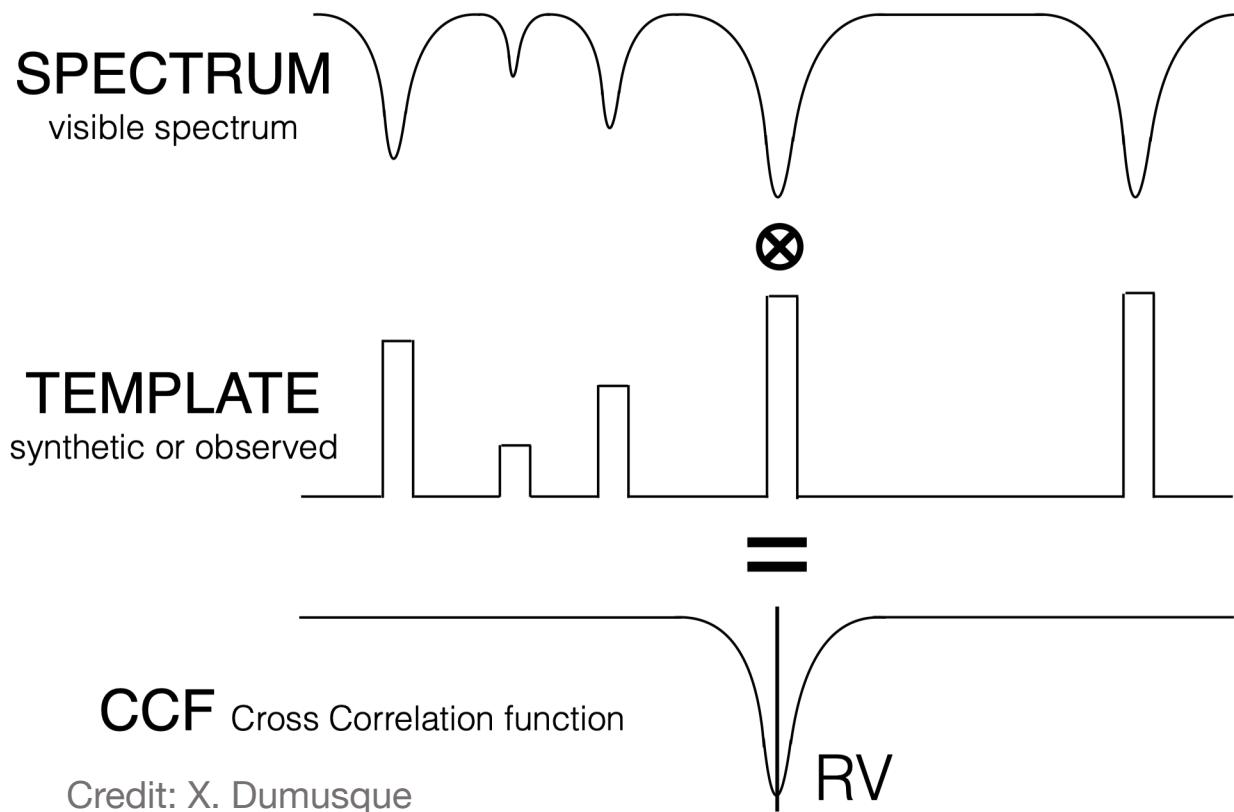


Resolving changing radius along  
line of sight

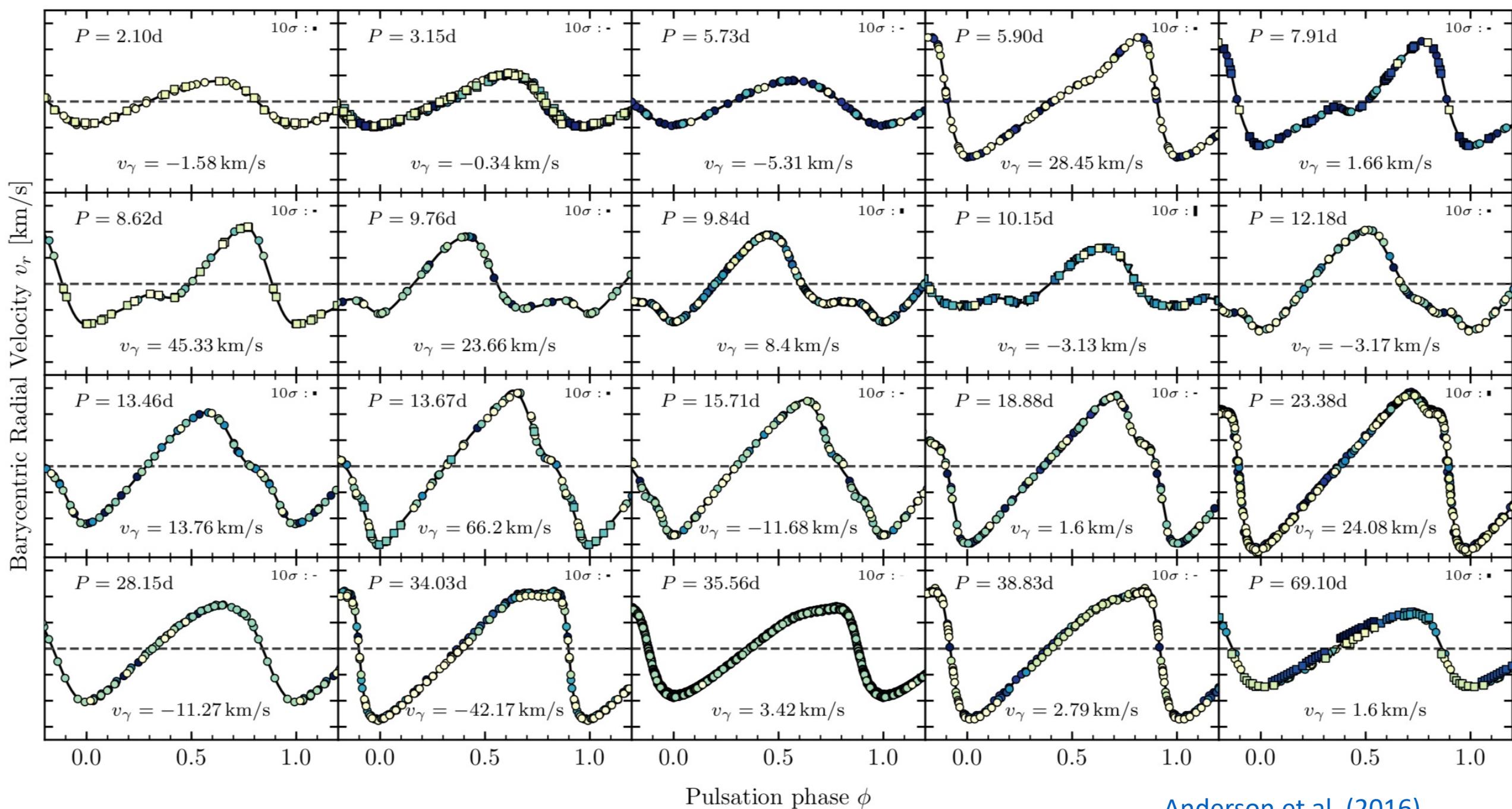
# Tracing pulsations with Doppler Spectroscopy



# Cepheid radial velocity measurements

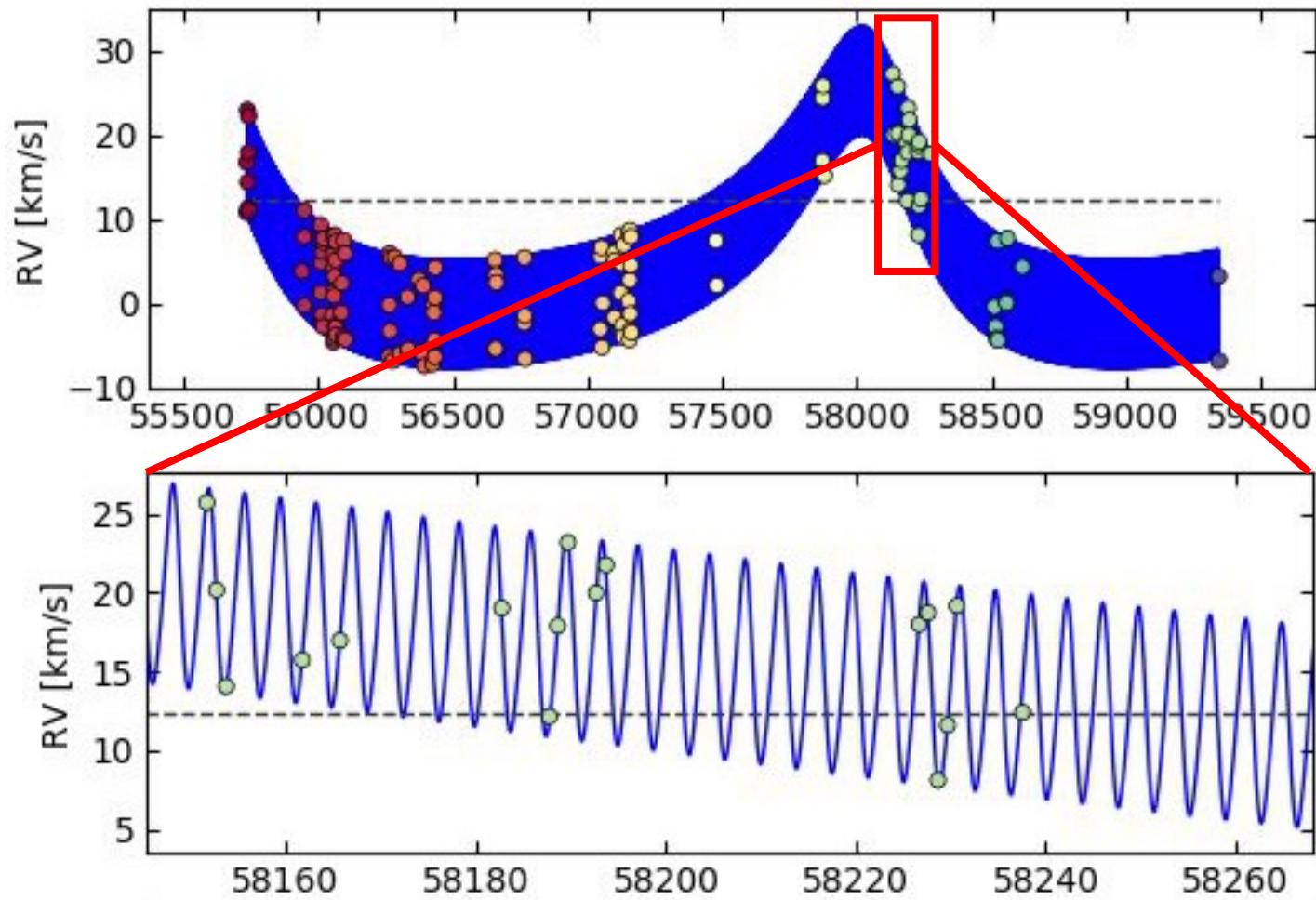


$$v_r/c = (\lambda - \lambda_0)/\lambda_0$$



# Cepheids in binary systems

- Pulsations and orbital motion superposed in radial velocities
- Timescales generally well-separated: pulsations < 2 months, orbits > 1 year
- Amplitudes can be similar; either can be larger

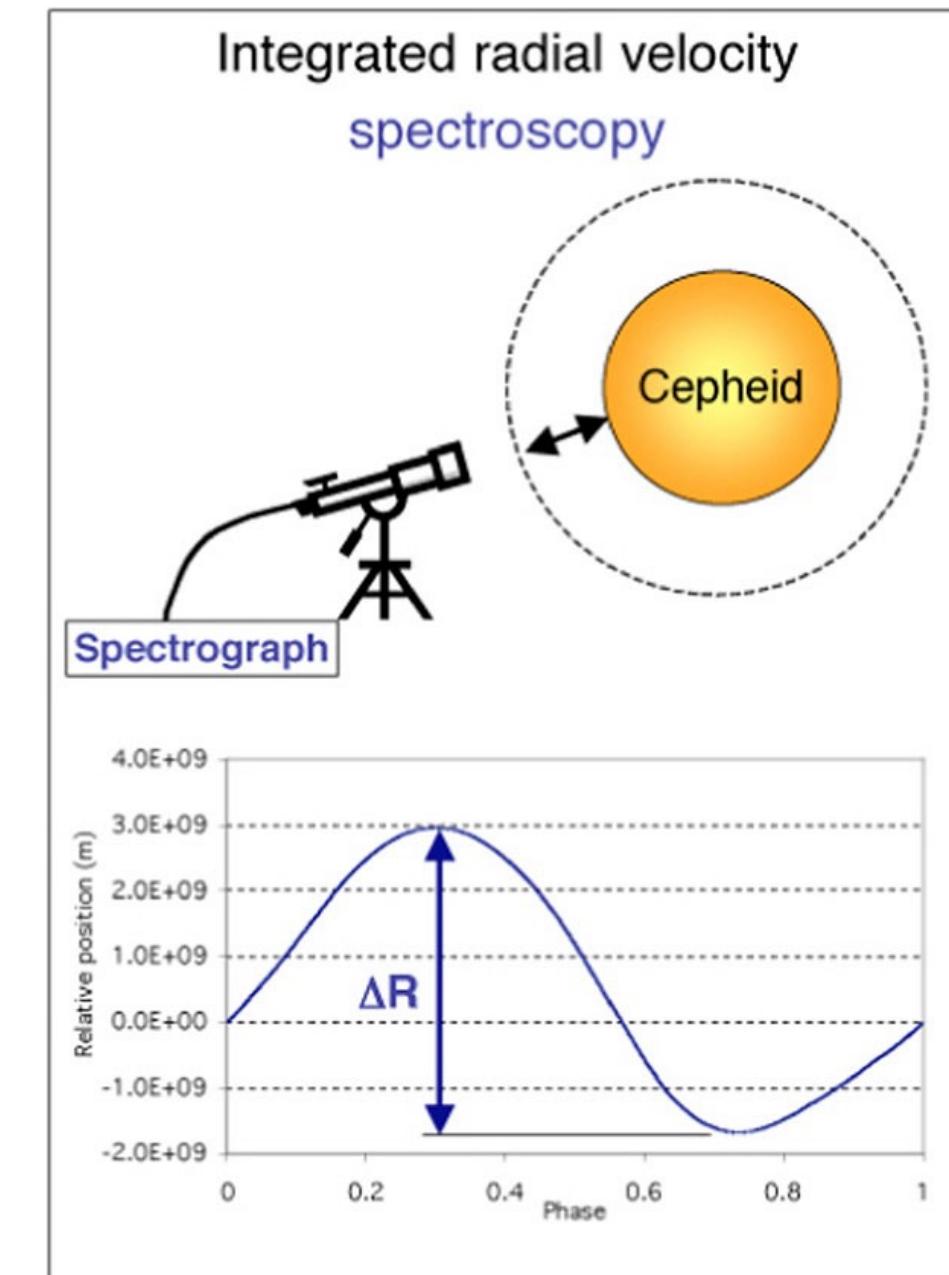


# Cepheids in multiple star systems

- Very frequent: up to ~80% are binaries (or higher order)
- Multiplicity fraction among B-stars > 1. What happens to > 20% of B-stars before they become Cepheids?
- Principal source of mass measurements
- Problem: to get accurate mass you need SB2 systems
- If you also resolve the orbit, you get distance!
- This week's paper by Pilecki et al. (2021) reports discovery of large population of SB2 Cepheids : prime targets for mass measurements

# Linear radius variations

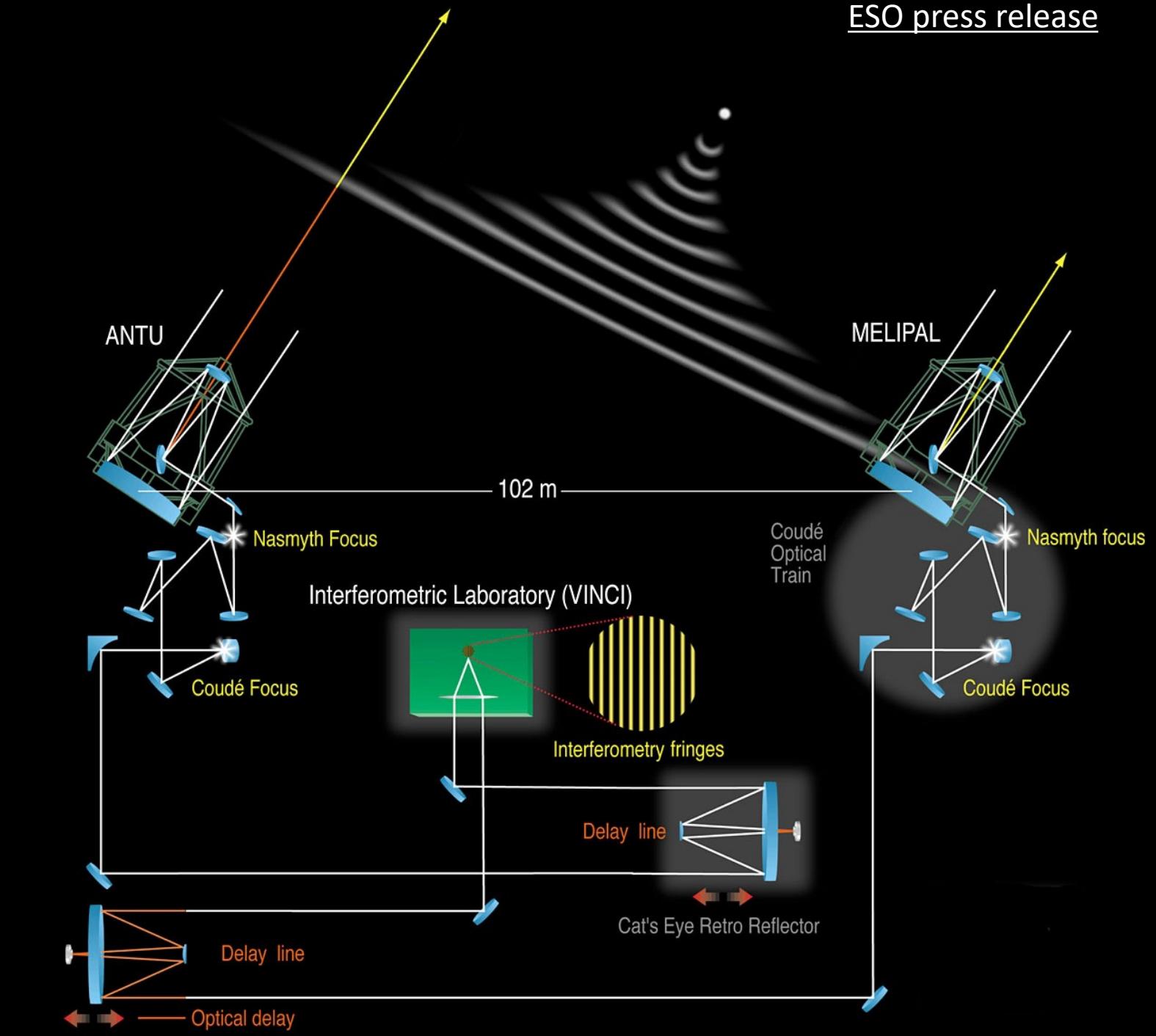
- Integral of velocity curve yields distance traveled by surface
- $\Delta R = p \int v_r dt$
- Projection factor  $p$  fairly complicated
- $p$  depends on:
  - surface intensity distribution & geometry
  - Velocity gradients in atmosphere
- Does  $p$  depend on?
  - Stellar parameters (period, mass, temperature)
  - Time : e.g. pulsation-convection coupling
- Current limitation:  $p$  is known to  $\sim 10\%$



Resolving pulsations spatially

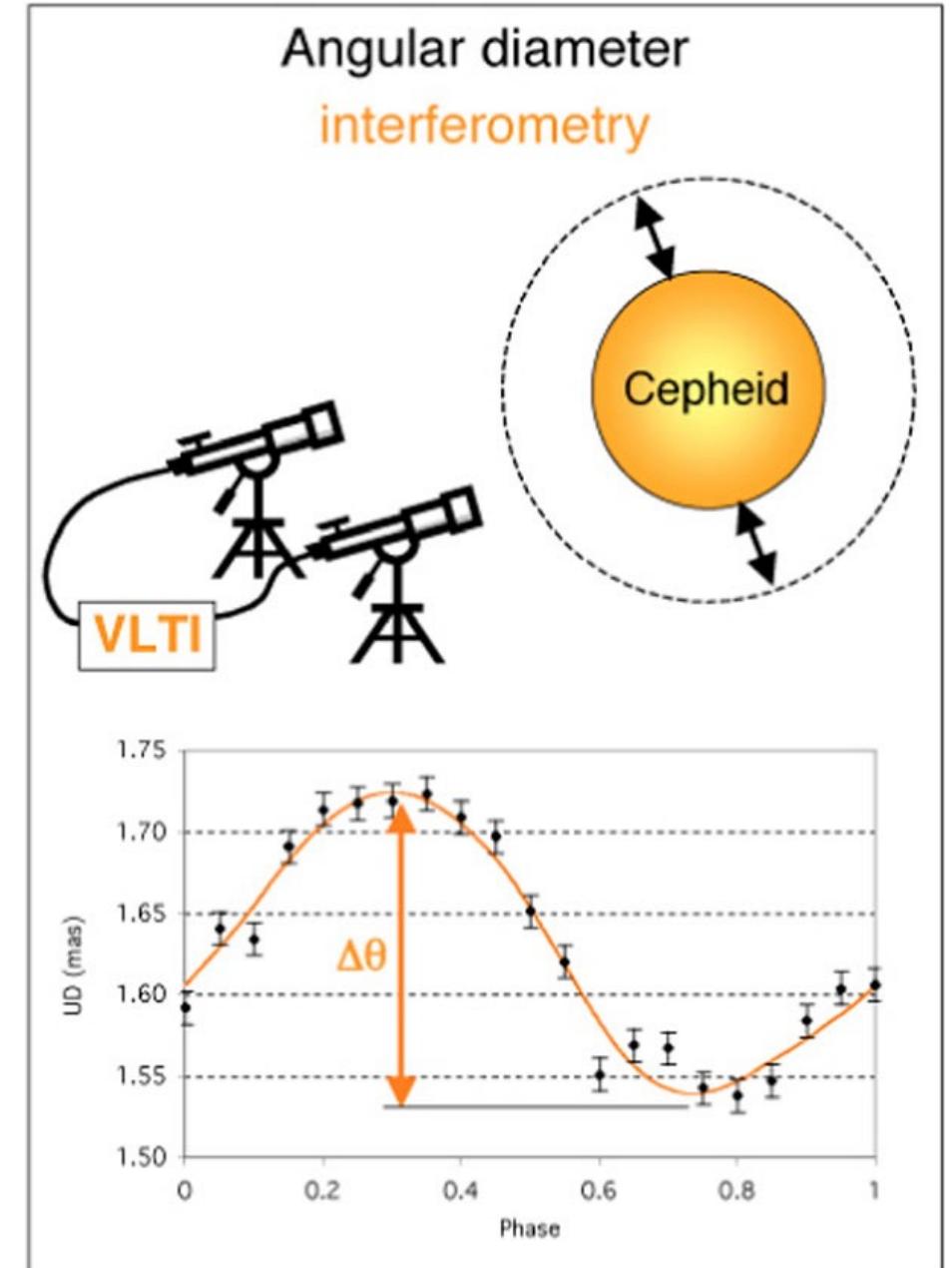
# Resolving Pulsations with Interferometry

- $\frac{\lambda}{D_{tel}} \sim \frac{1.2\mu m}{130m} \approx 10^{-8}$
- $\theta_{res} = \frac{\lambda}{D_{tel}} \cdot d$
- $1pc \approx 4.44 \times 10^7 R_{sol}$
- $\theta_{res} \approx 0.41 \times d[pc]$
- **$R_* \sim 100 R_{sol} @ 500pc$**

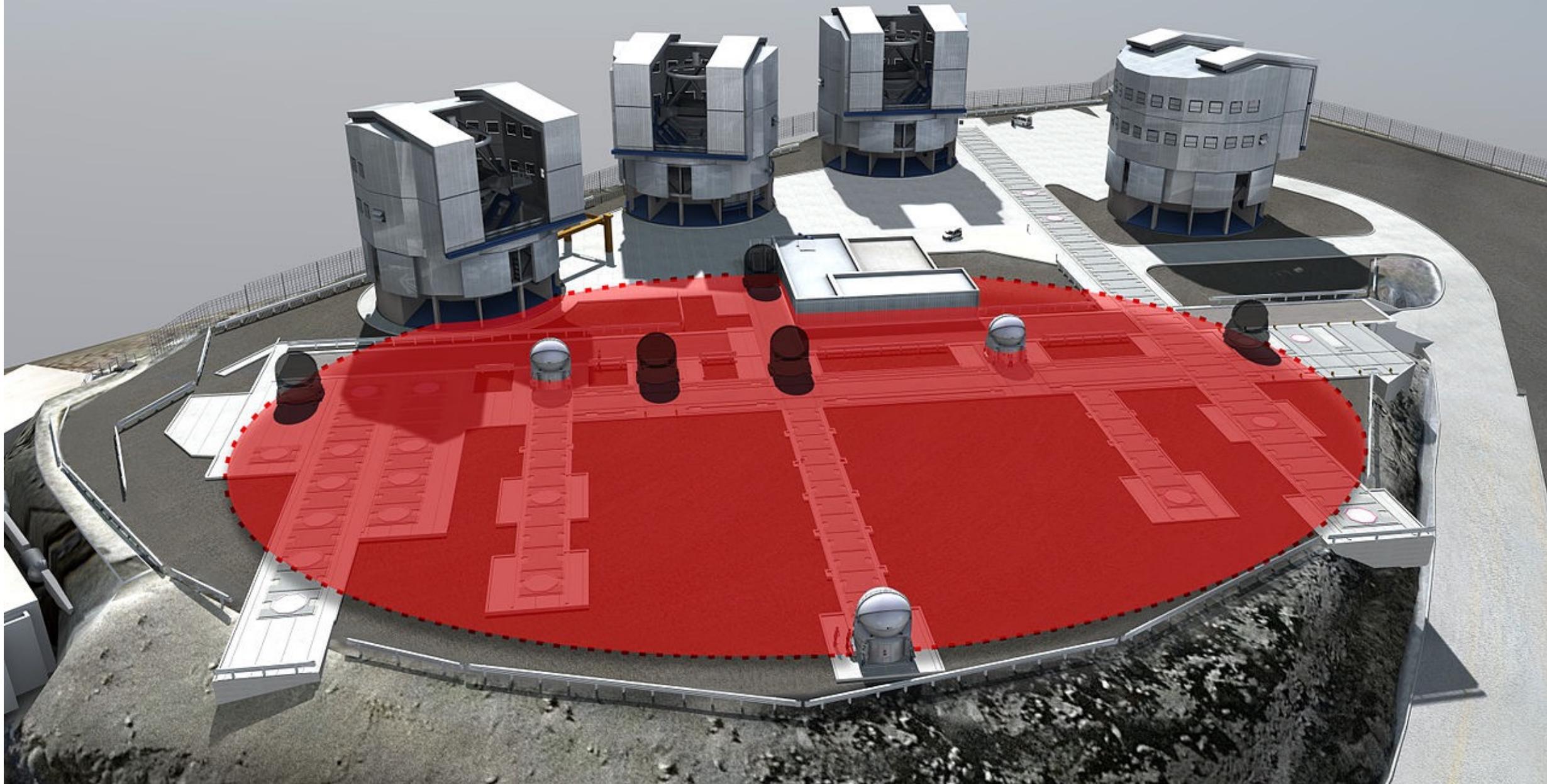


# Interferometrically resolved pulsations

- About a dozen Cepheids are close enough to measure diameter changes
- Typical angular sizes  $\sim 1\text{-}3$  mas
- Bright & distant: Use the ATs instead of UTs



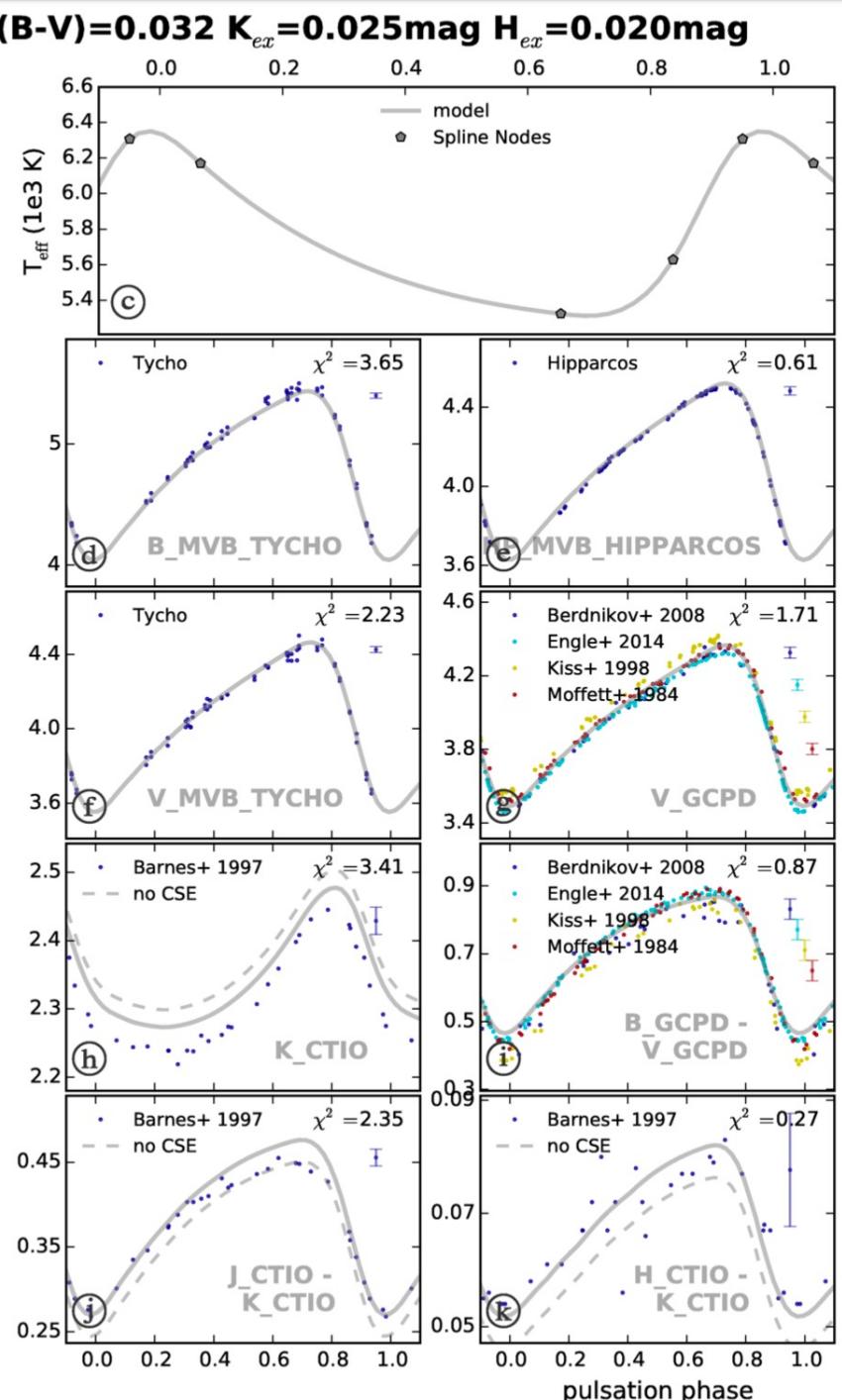
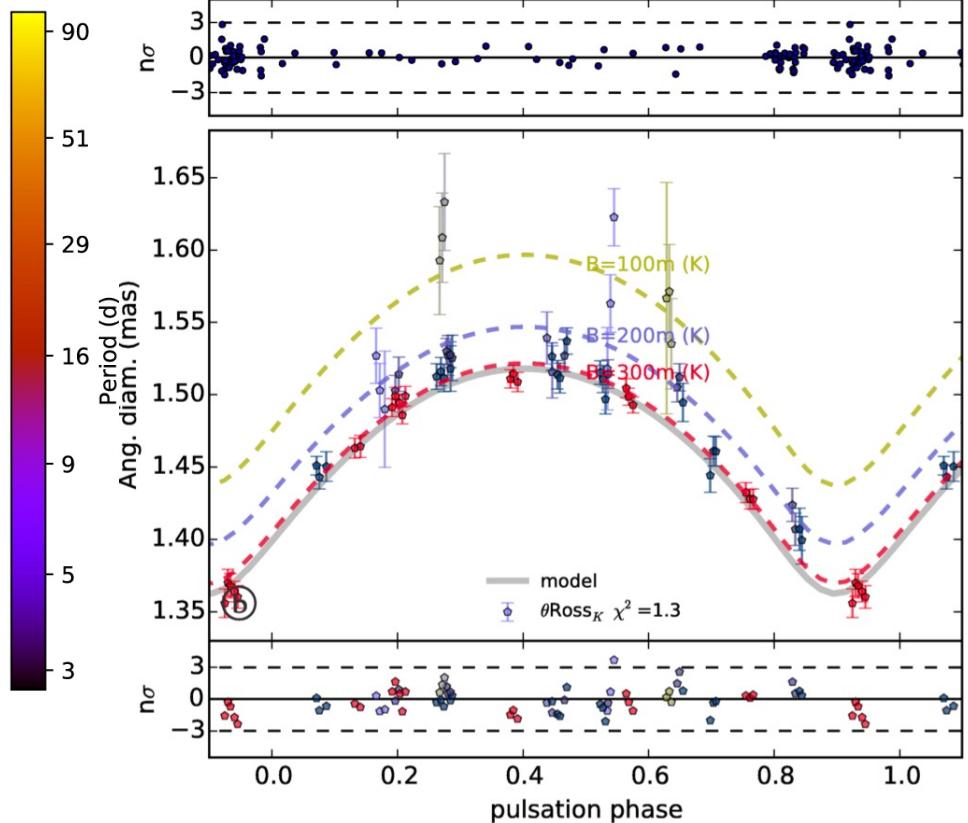
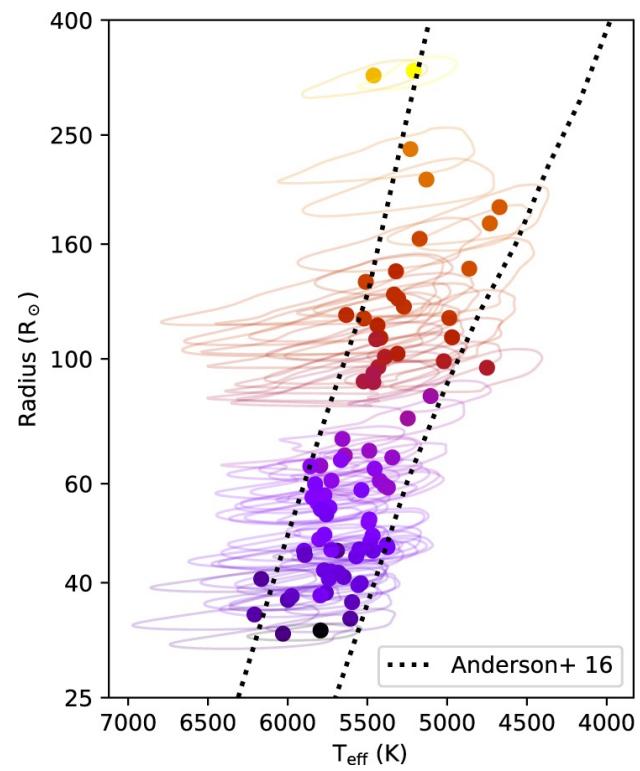
[https://www.eso.org/sci/facilities/paranal/telescopes/vlti/tuto/tutorial\\_interferometry.html](https://www.eso.org/sci/facilities/paranal/telescopes/vlti/tuto/tutorial_interferometry.html)



# Putting it all together

[Mérand et al. \(2015\)](#)

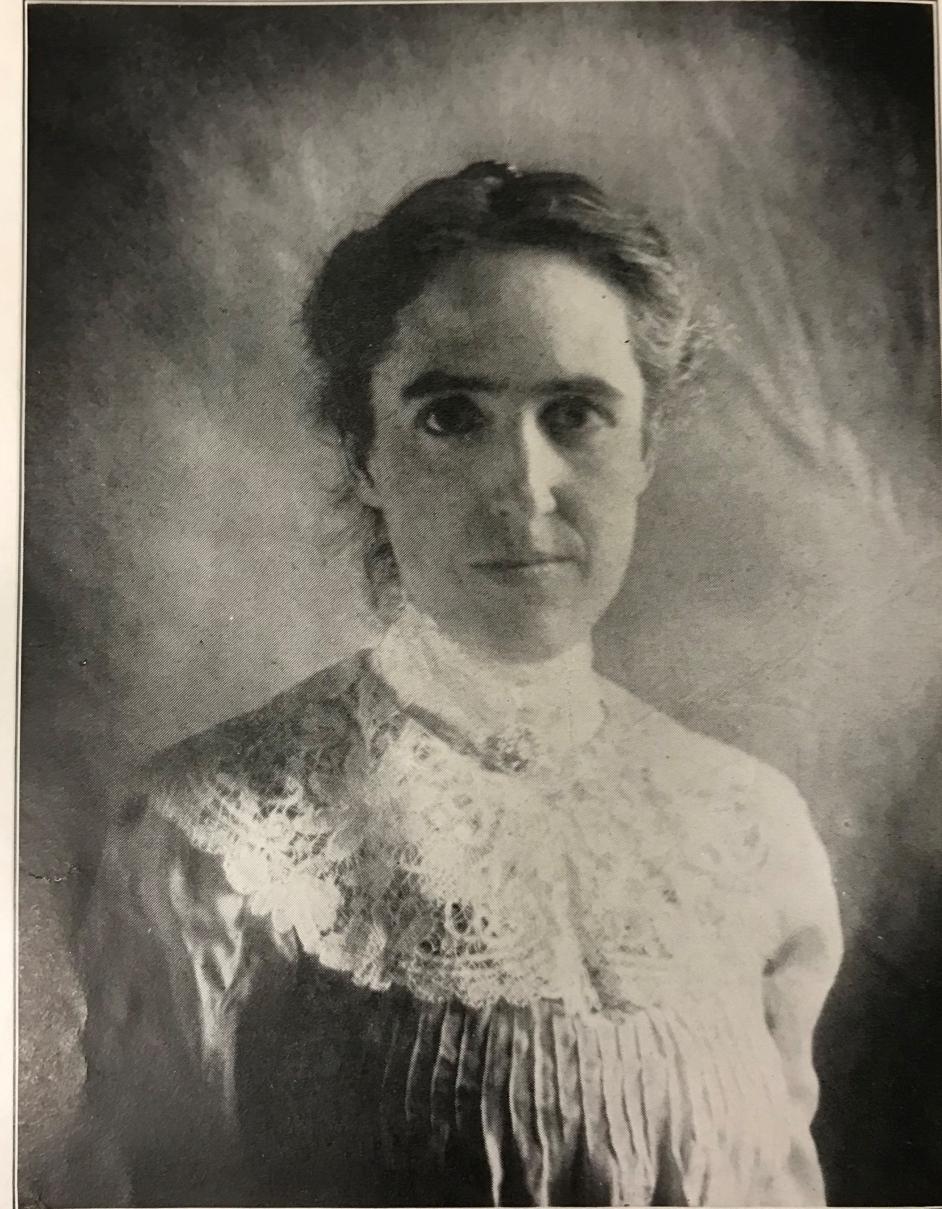
[Javanmardi et al. \(2021\)](#)



# Leavitt's law

The period-luminosity relation

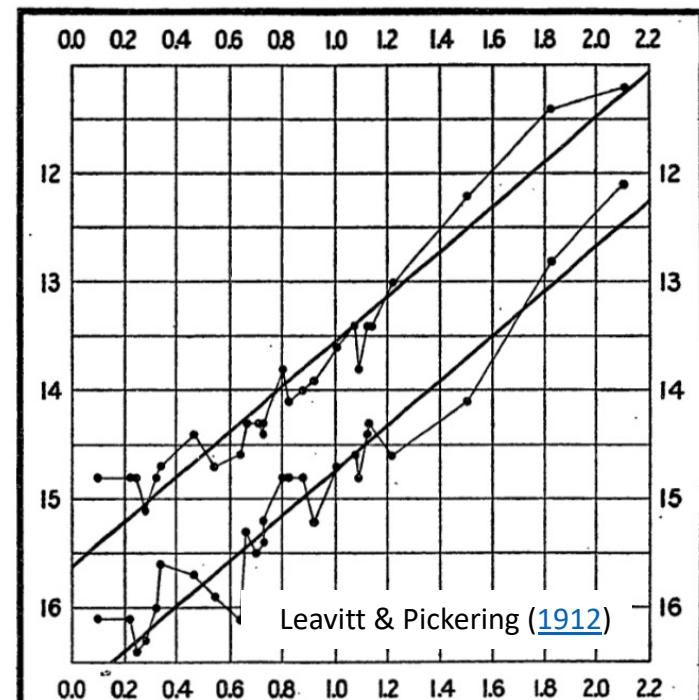
[Source: US library of Congress](#)



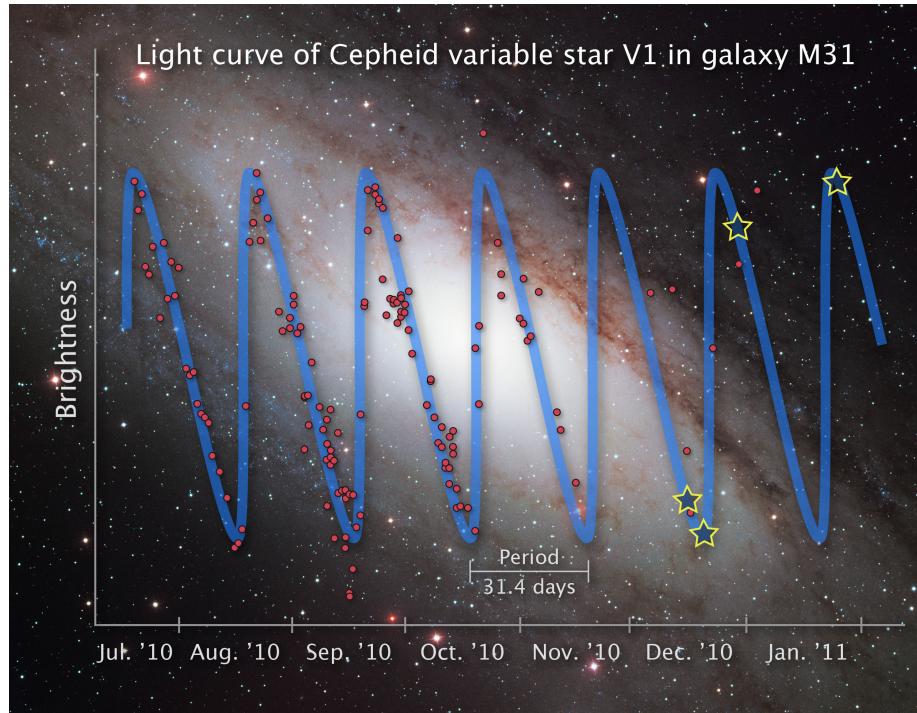
HENRIETTA SWAN LEAVITT  
At about 30 years of age.

# Leavitt's law makes Cepheids standard candles

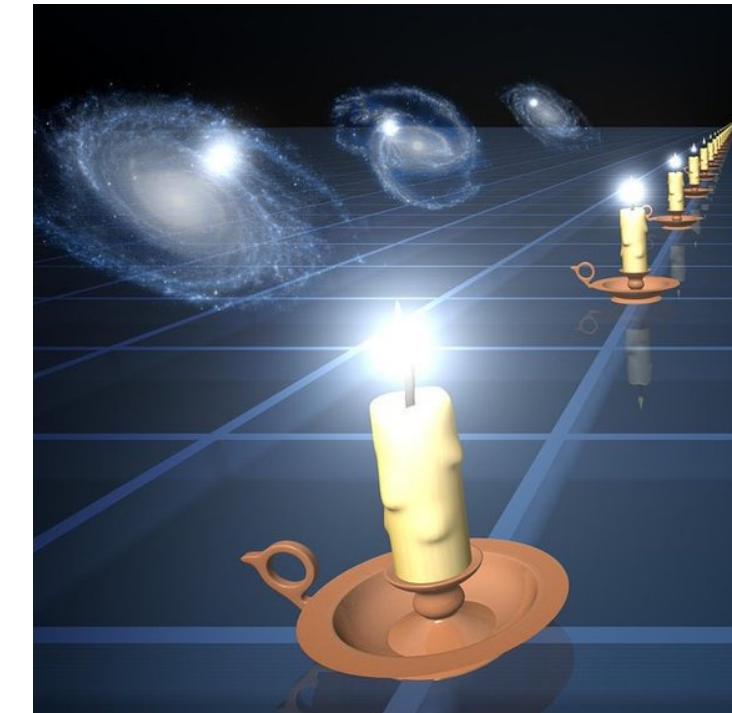
Period indicates true brightness



Periodic & characteristic light variations

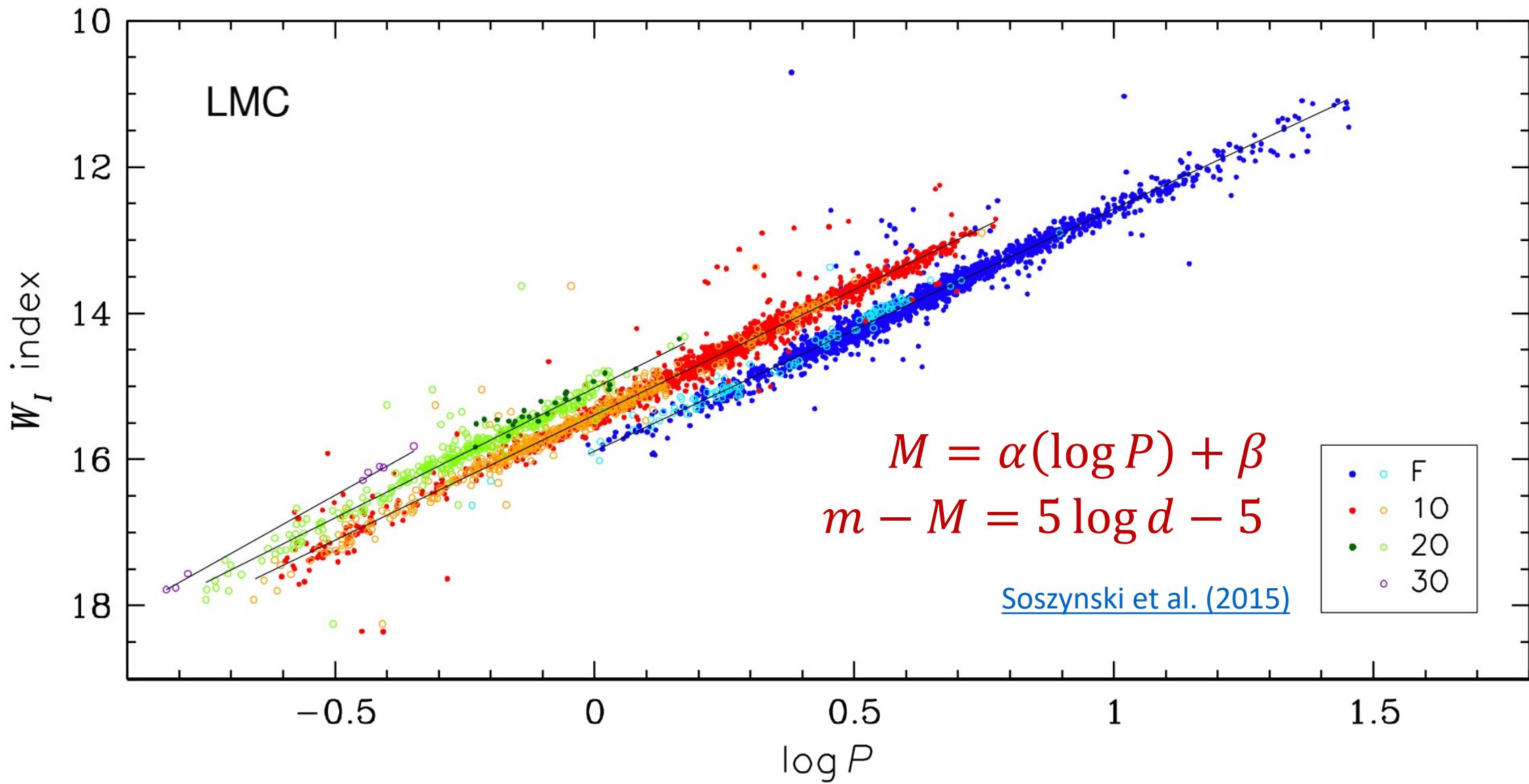


Flux decreases as distance squared



$\log(\text{period [d]})$

# OGLE-IV LMC Leavitt Law based on 4620 CCs



Questions?