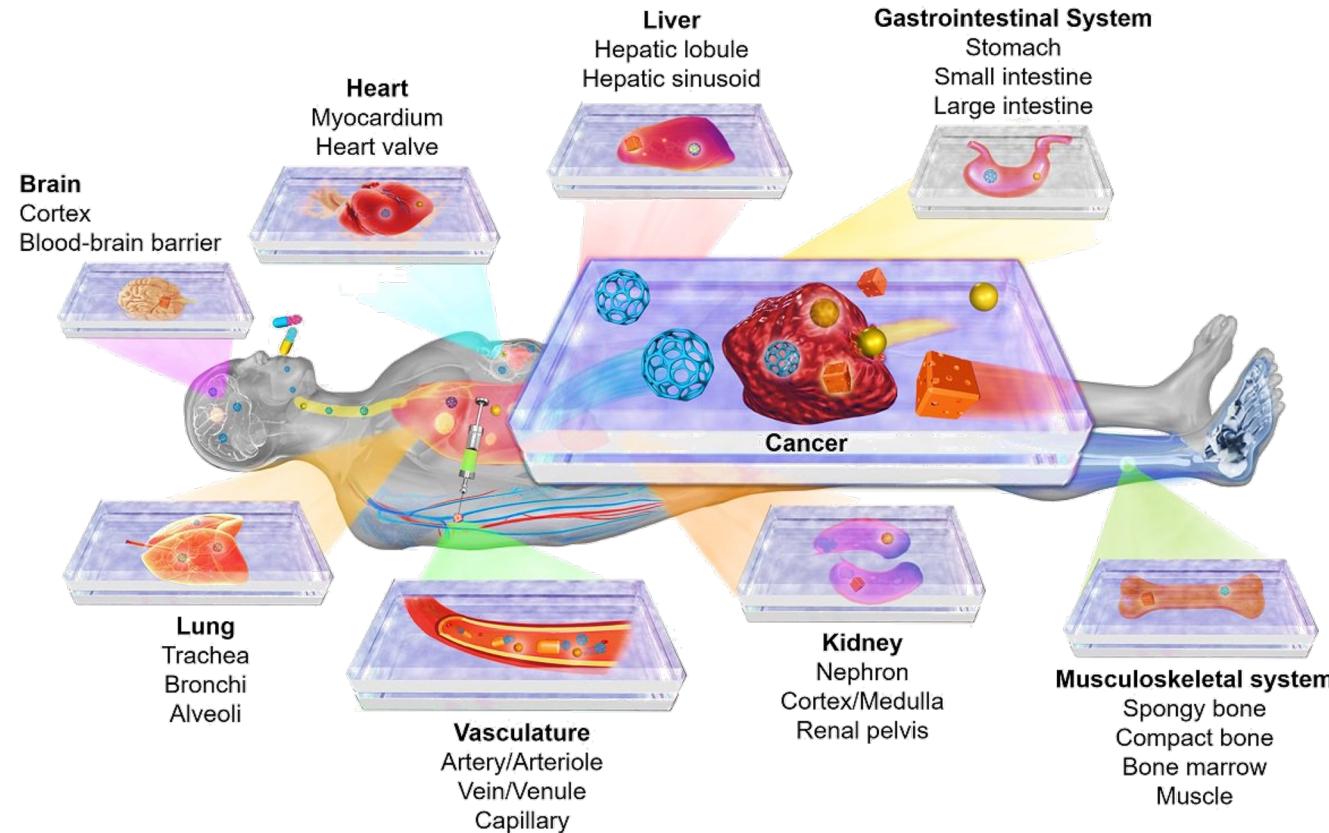


# Biomechanics in Organ-on-Chip Systems

**Dr. Philippe Abdel-Sayed, MER**

*Regenerative Therapy Unit, Department of Musculoskeletal Medicine, CHUV  
Discovery Learning Laboratory – Bioengineering, EPFL*

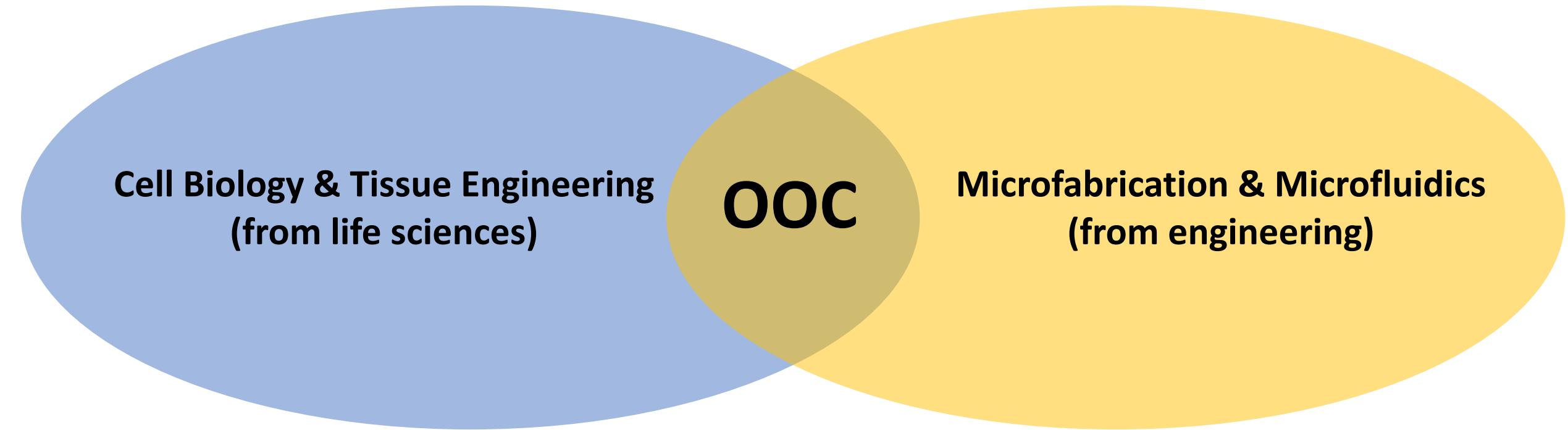
# What are Organ-on-chips (OOC)?



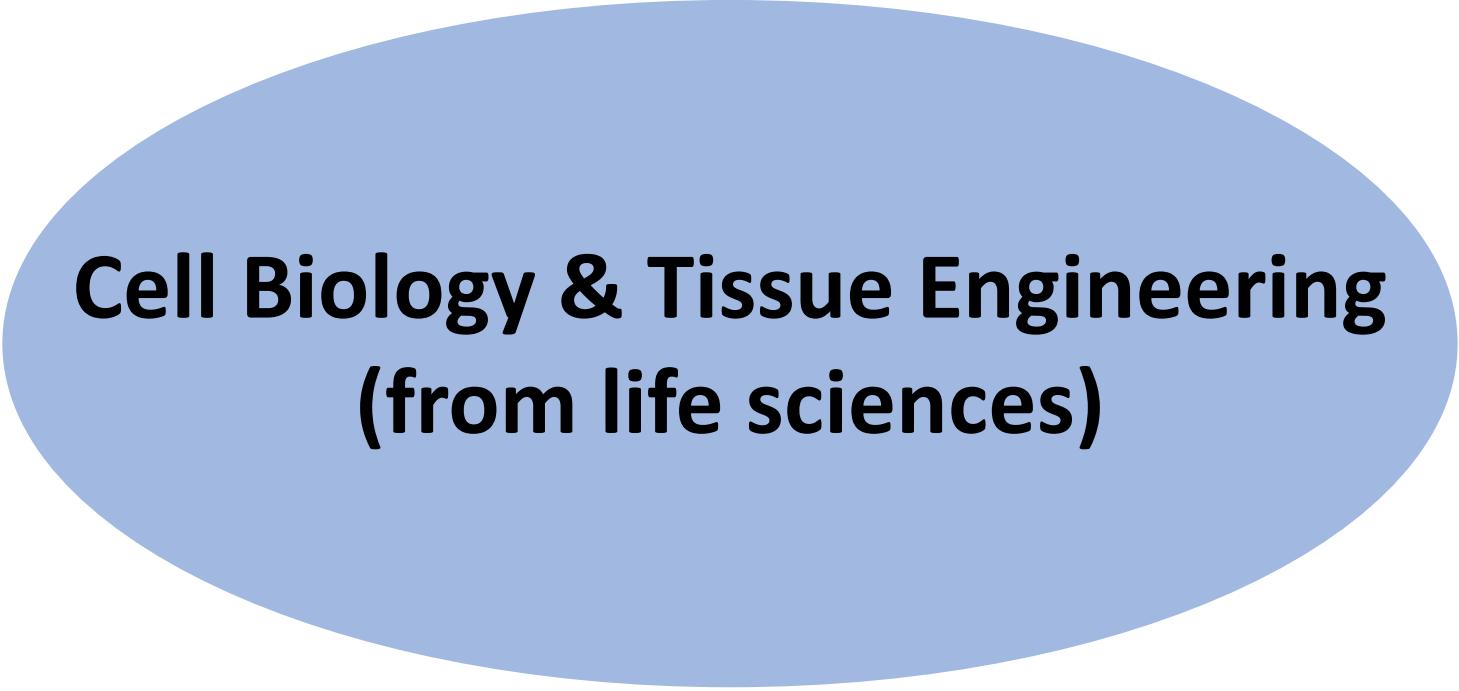
Zhang YS et al. (*Drug Discovery Today*, 2017)

- Microfluidic devices mimicking organs
- Realistic/functional tissue microenvironments

# The OOC is a multidisciplinary field

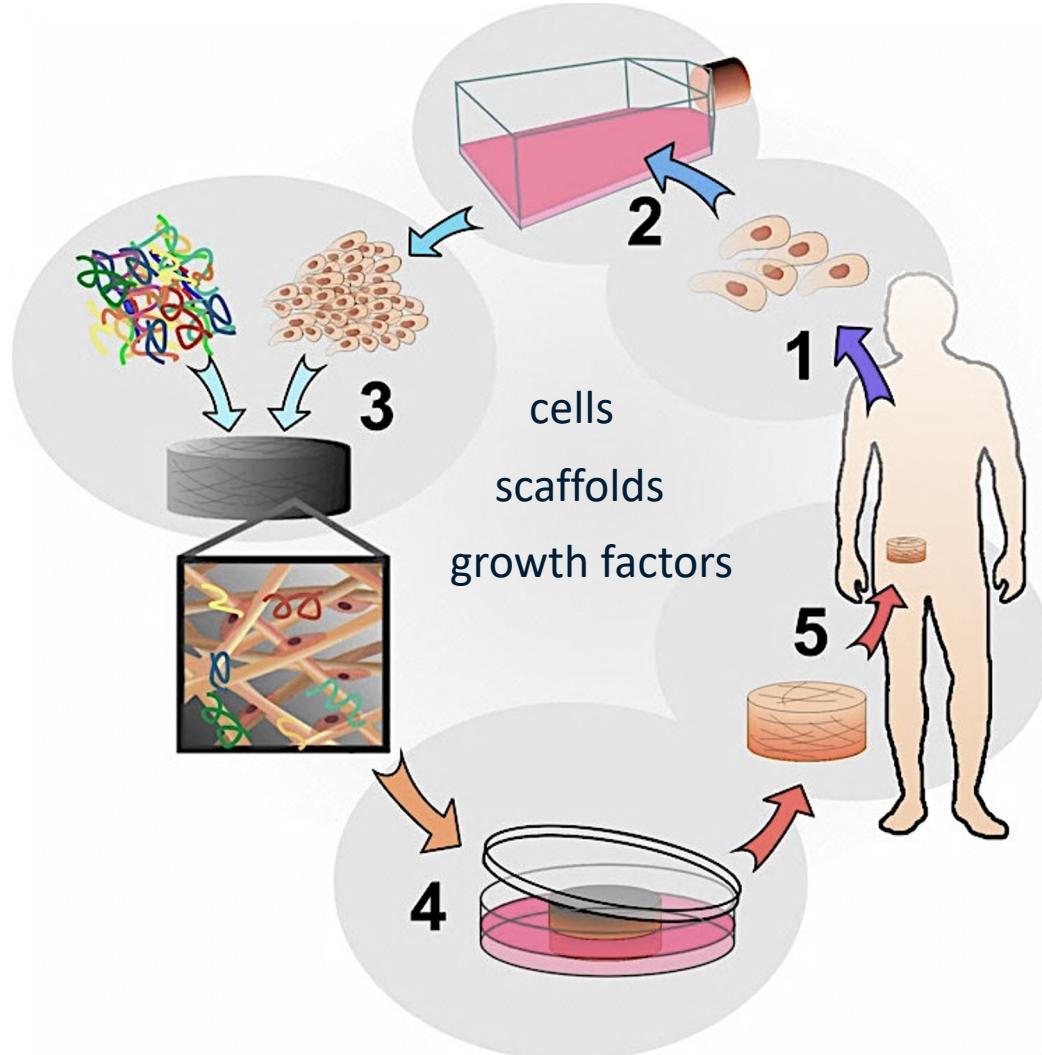


# The OOC is a multidisciplinary field



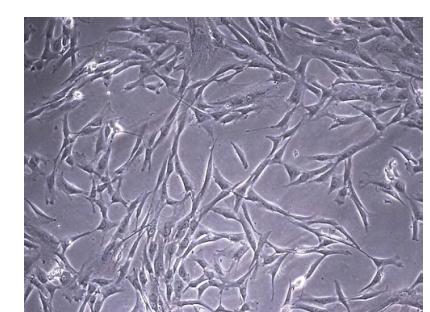
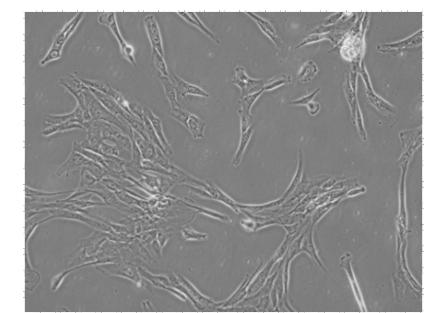
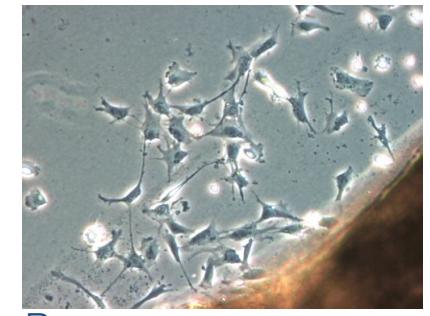
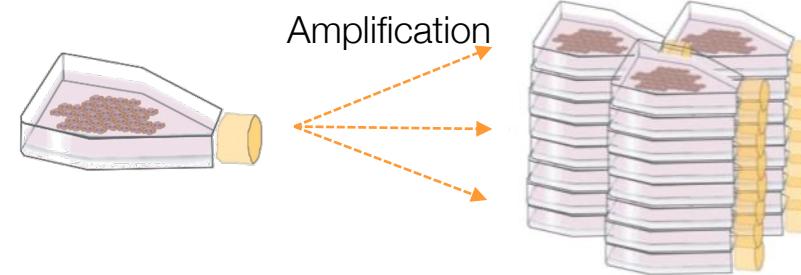
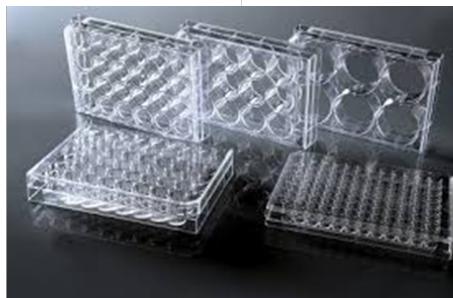
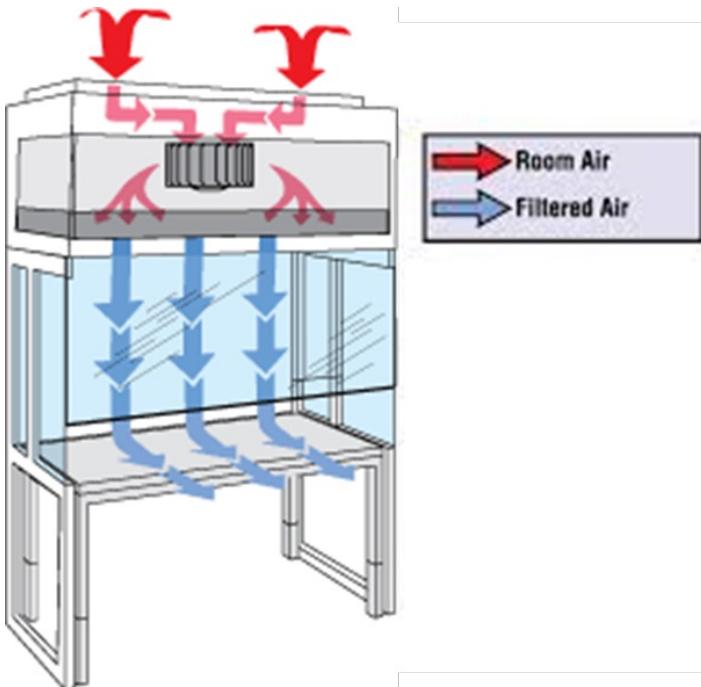
**Cell Biology & Tissue Engineering  
(from life sciences)**

# Tissue engineering concepts

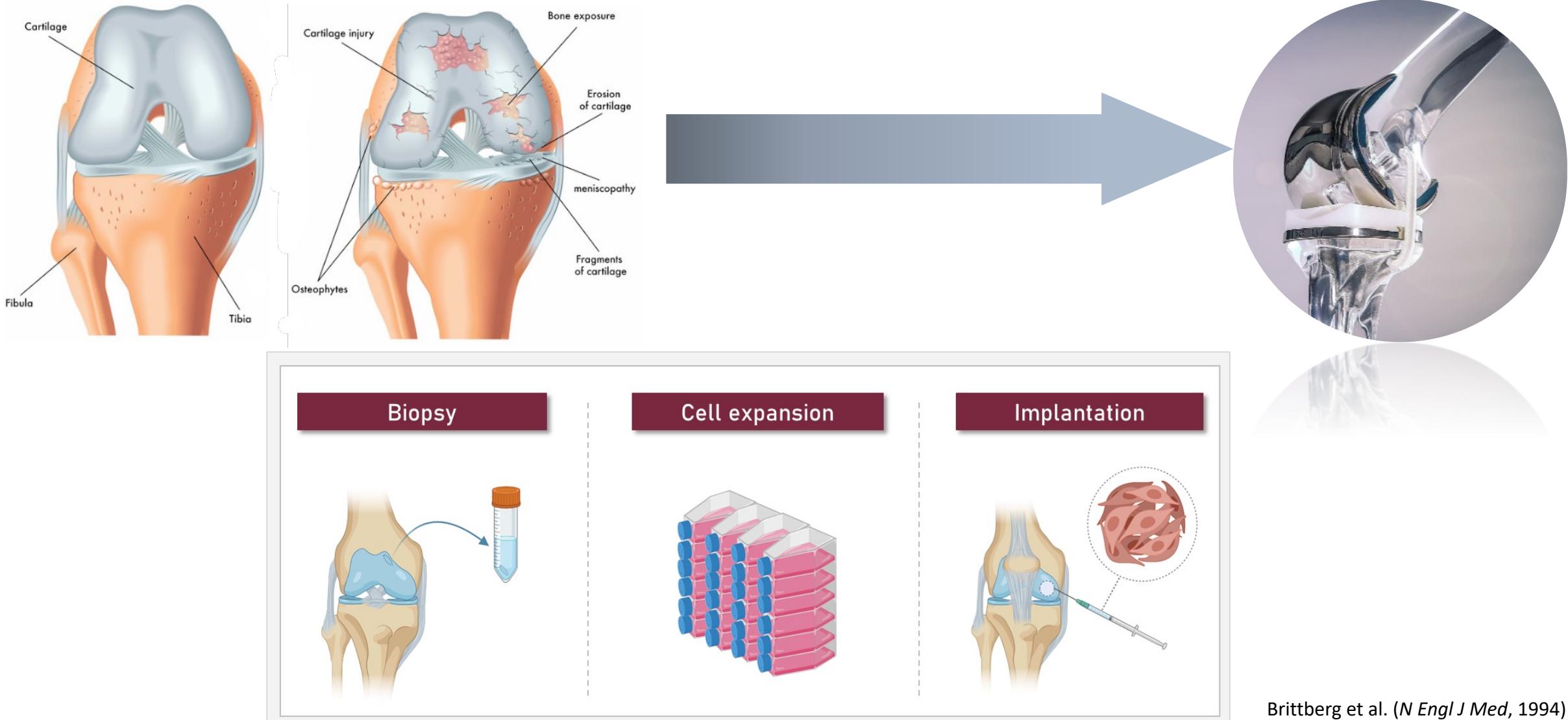


The goal is to restore, maintain, or improve damaged tissue or organs

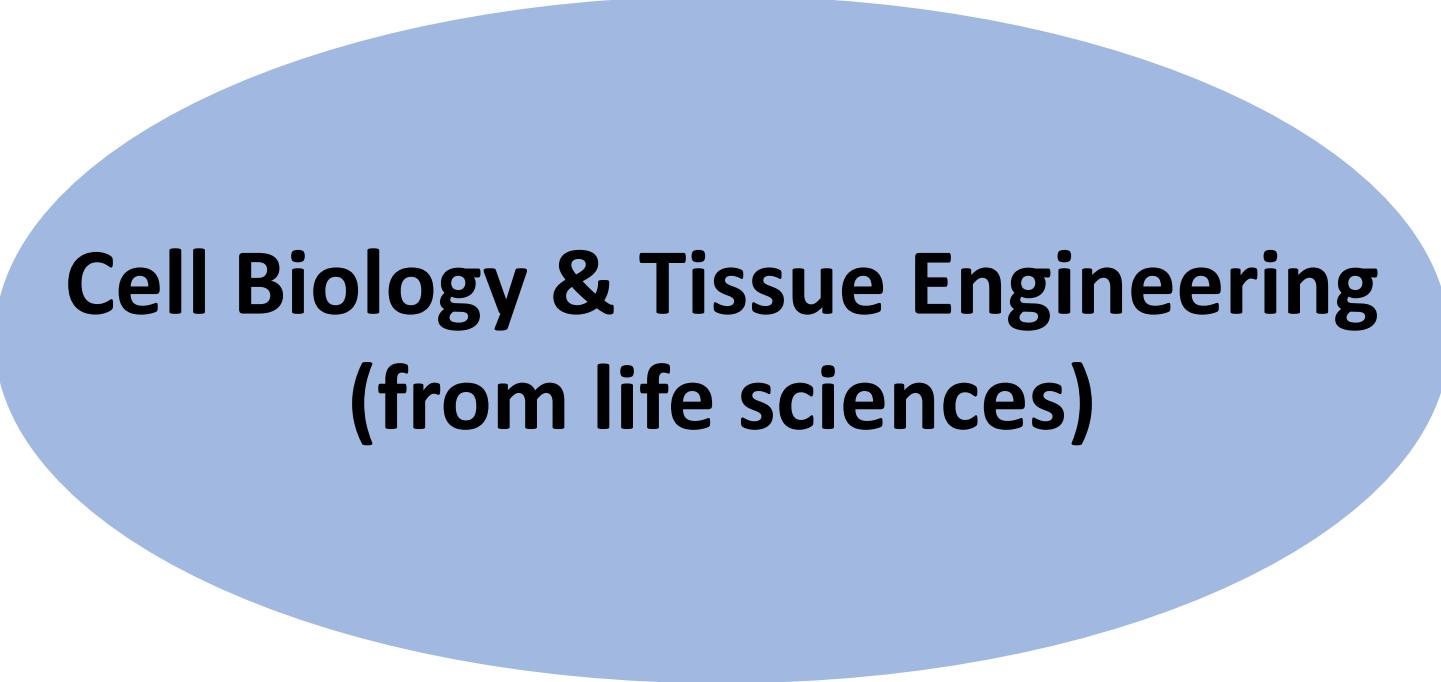
# Basics of mammalian cells culture



# Example of Tissue Engineering: Autologous Chondrocytes Implantation (ACI)

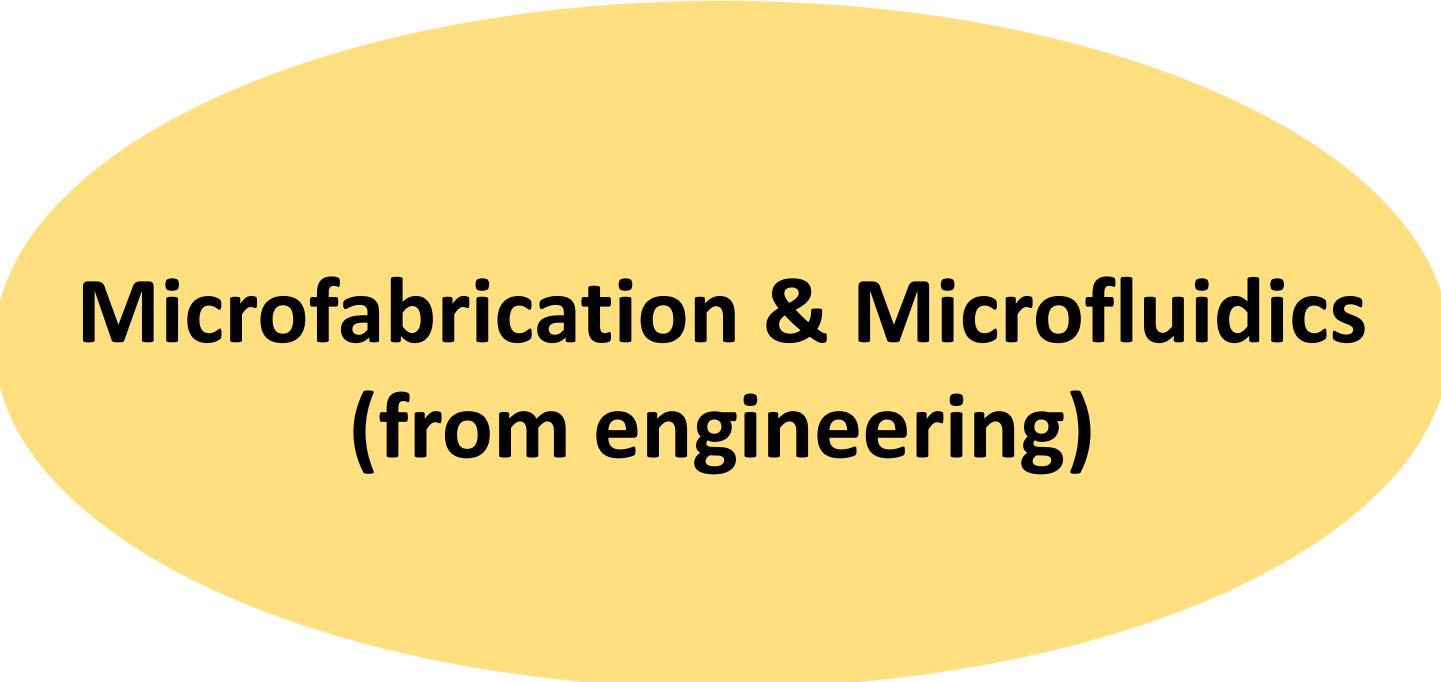


The OOC field originates from the intersection of multiple disciplines



**Cell Biology & Tissue Engineering  
(from life sciences)**

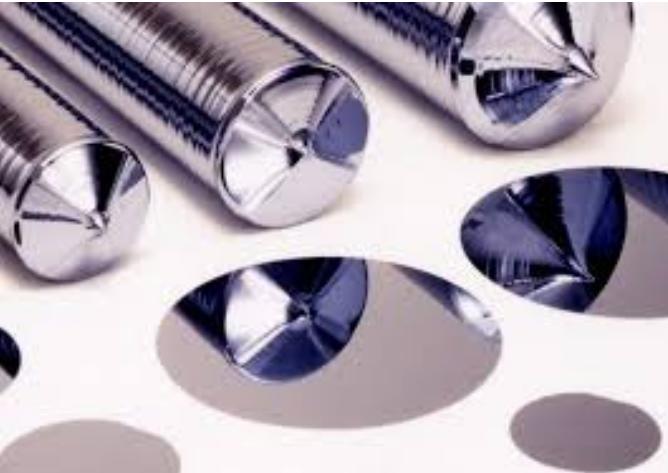
The OOC field originates from the intersection of multiple disciplines



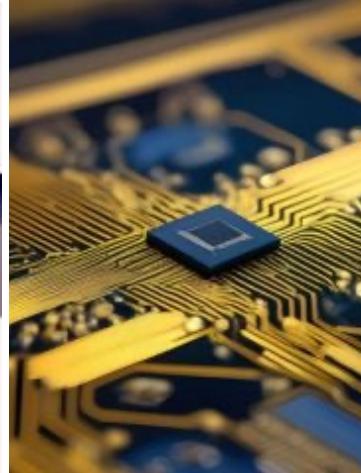
**Microfabrication & Microfluidics  
(from engineering)**

# Lab-on-chips development

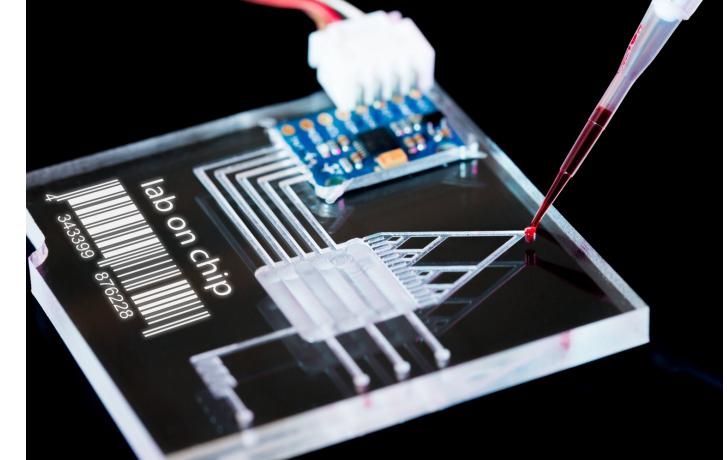
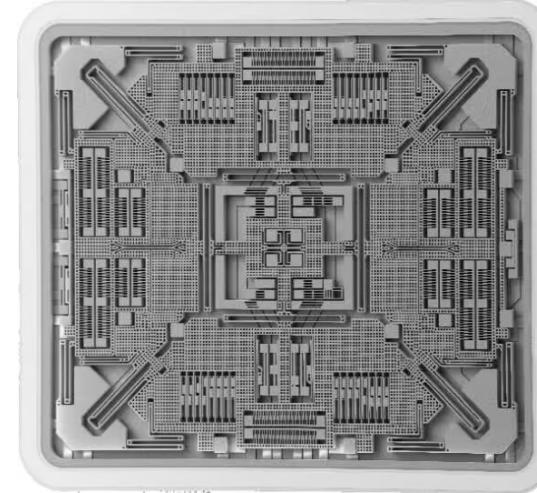
- LOC technology derived from the industry of microelectronics:
  - Use of **microelectronics materials** for which fabrication techniques are available and mature (1980s–2000s)
  - Provided the tools to miniaturize and precisely control fluidic environments at the micrometer scale



Silicon-based 3-12" wafers

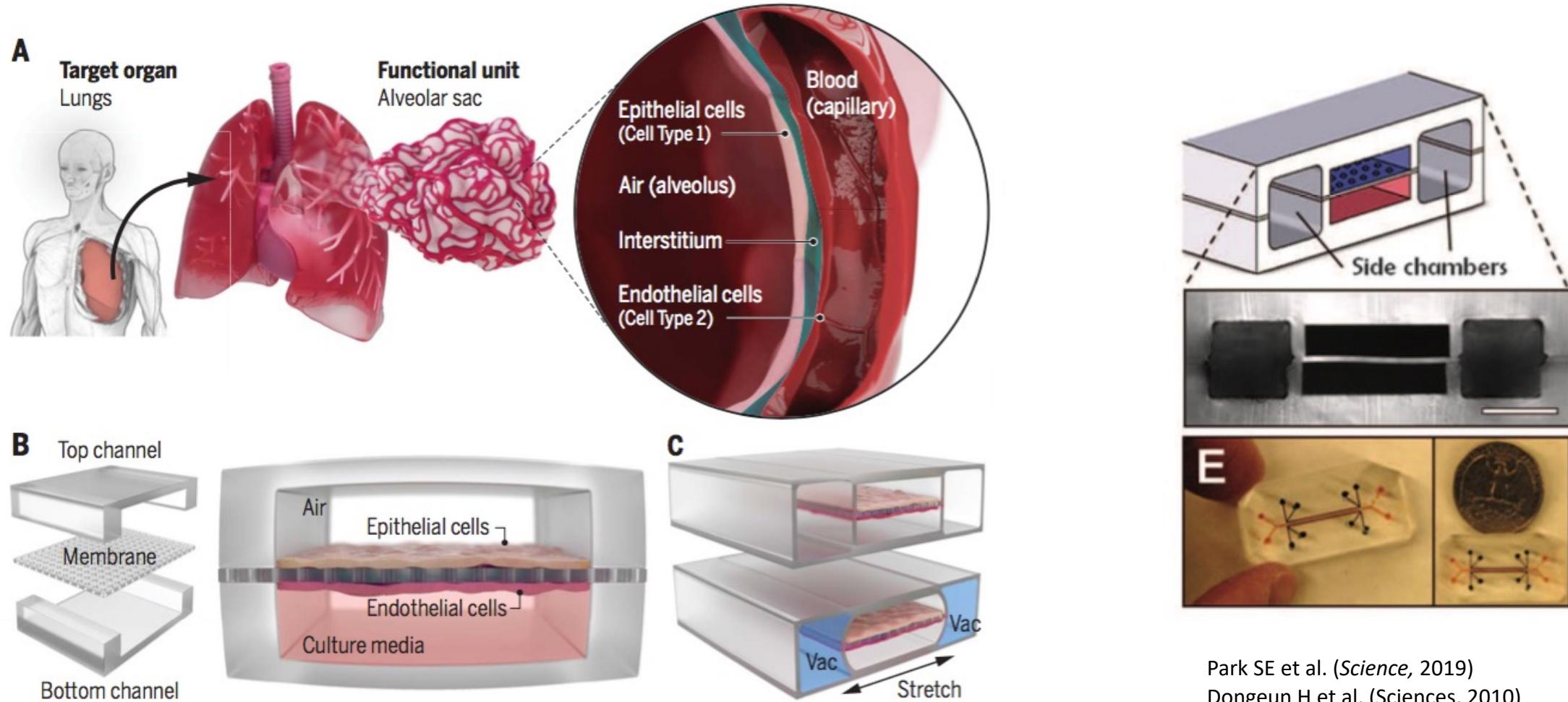


MEMS

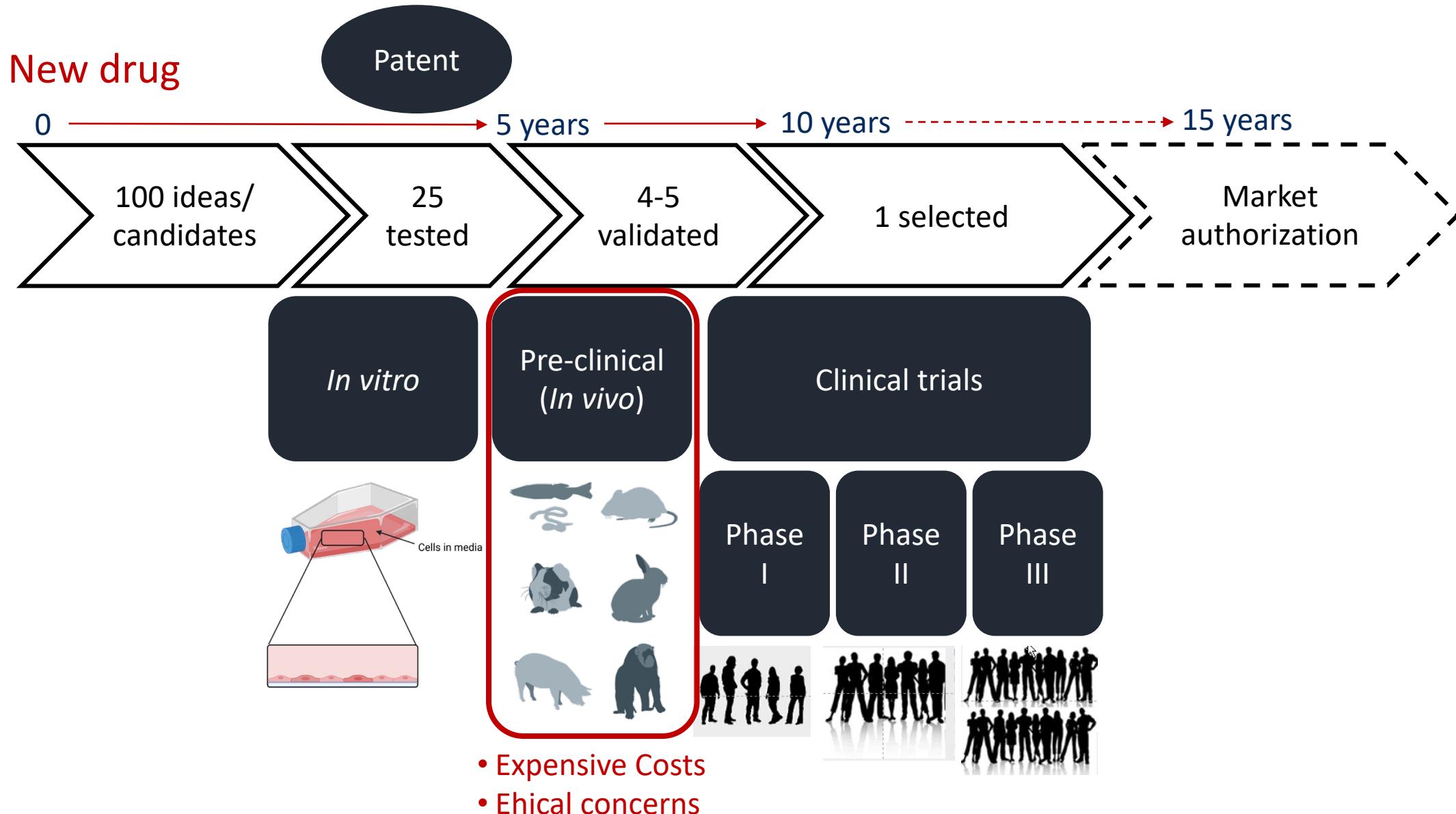


Microfluidic systems

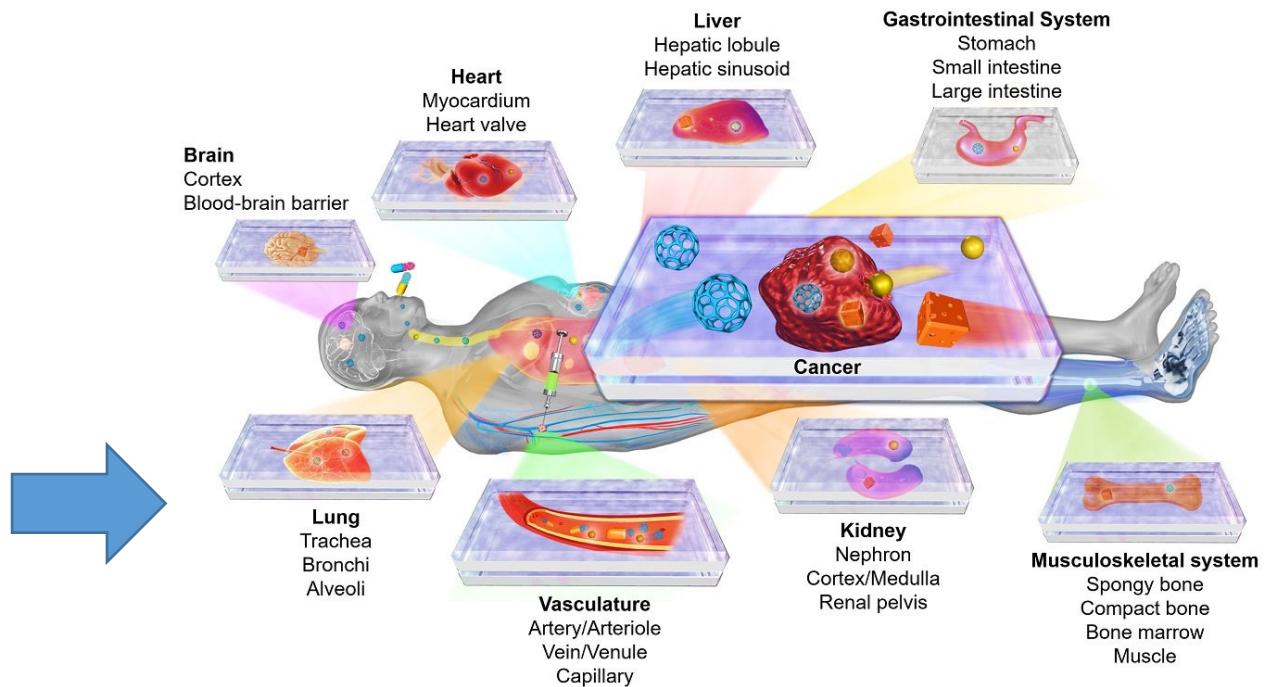
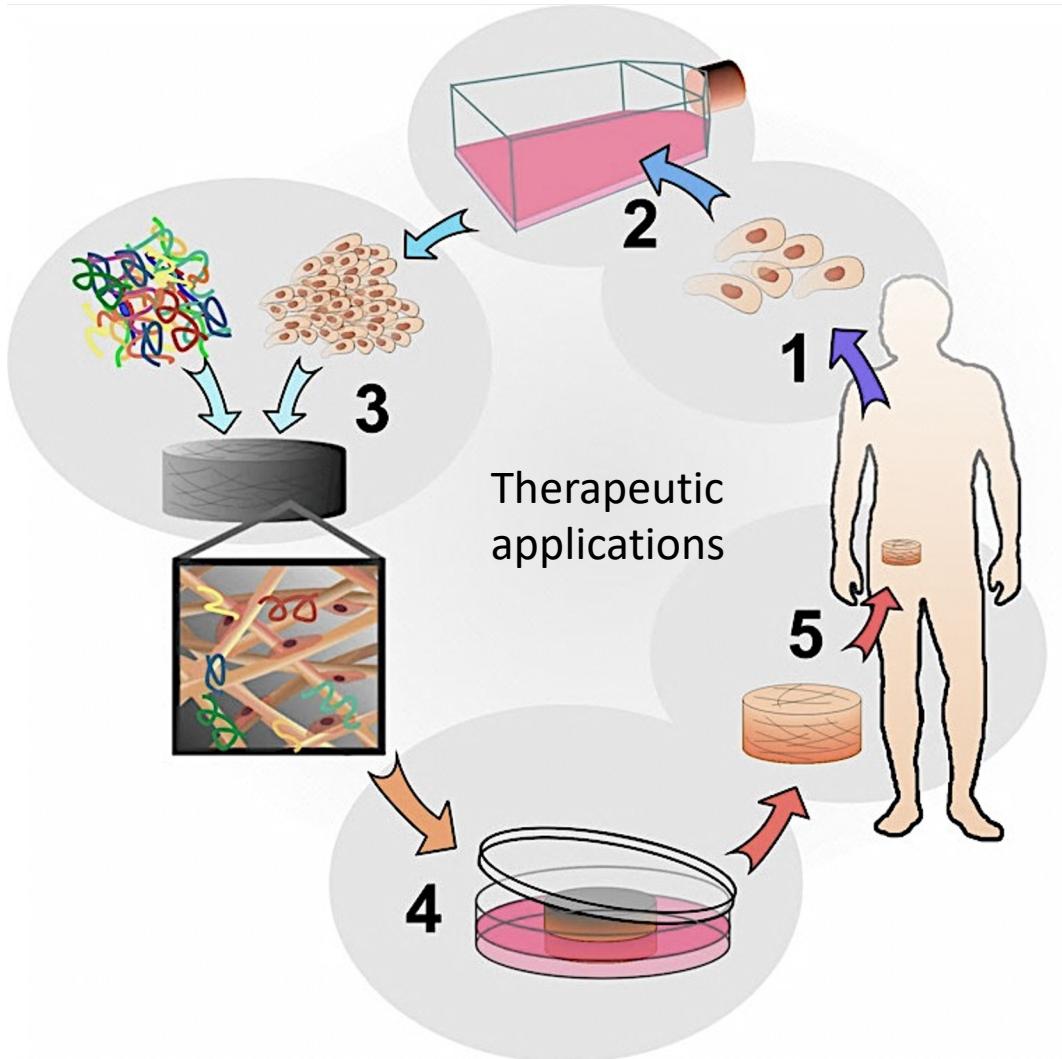
# Why to develop these OOC systems?



# The pathway of a therapeutic product

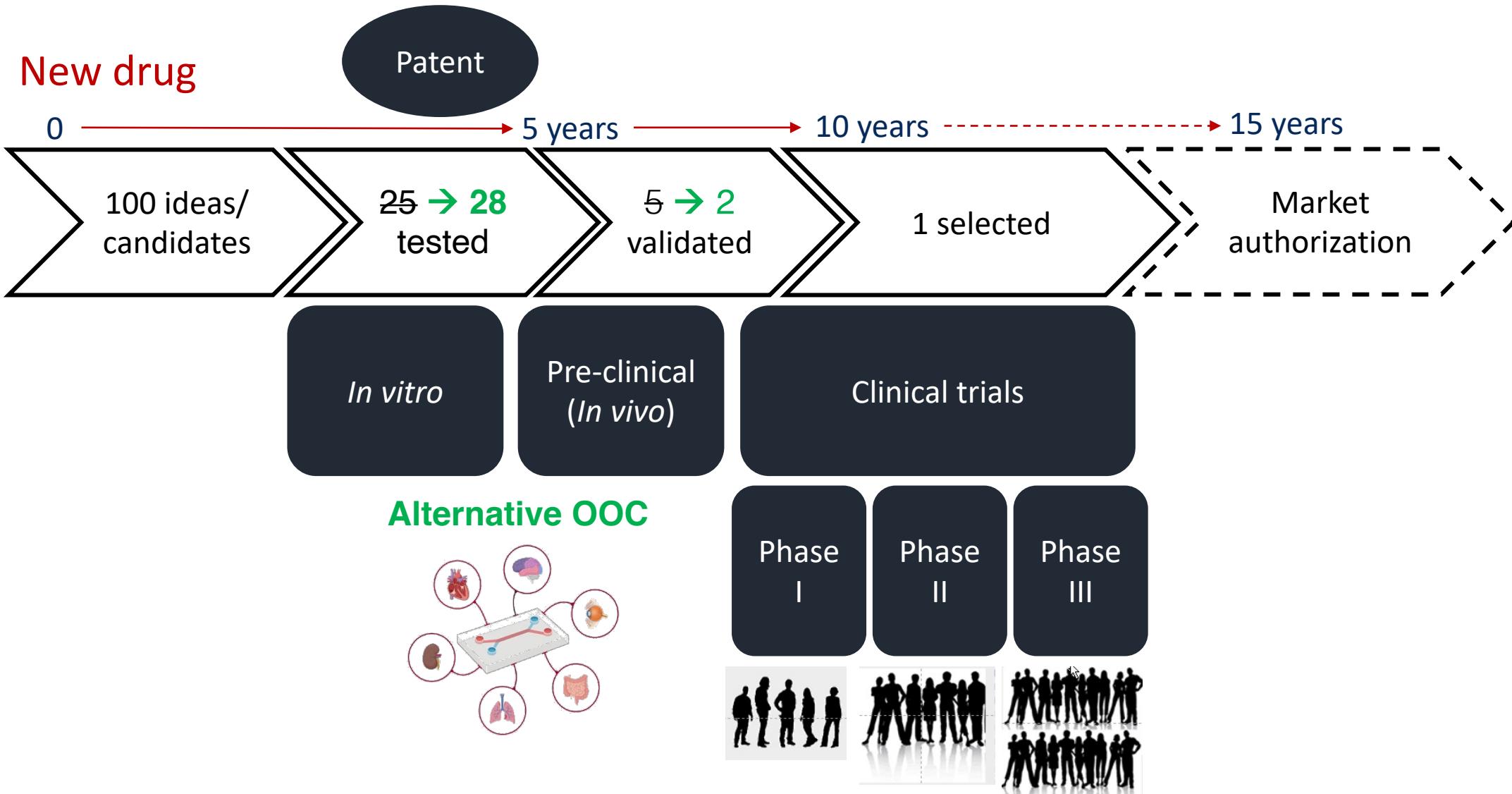


# TE shifting paradigm to organoid models



- Disease modeling (CRISPR gene editing)
- Personalized medicine (e.g. drug screening)

# Alternative to animal experimentation (3R)



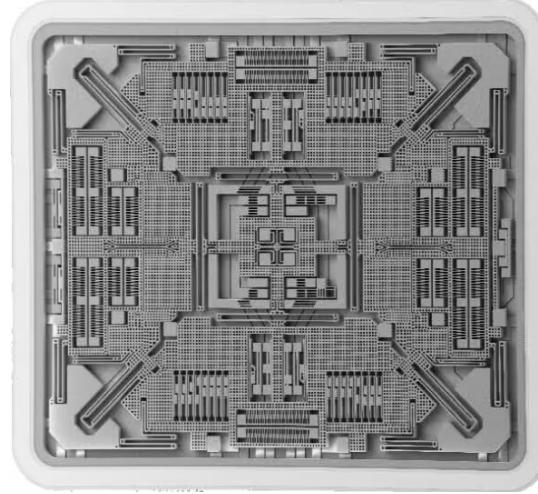
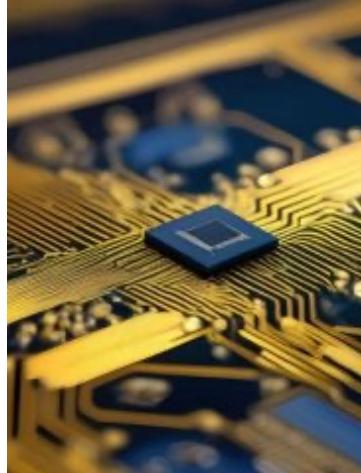
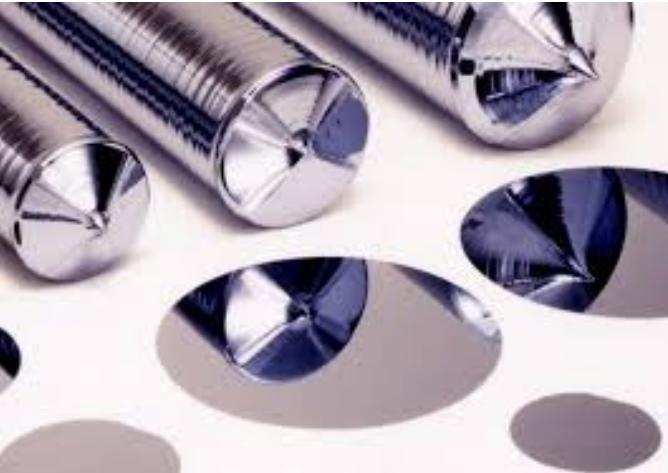
# Main advantages of organ-on-chip systems

- Control over **spatiotemporal organization** of *in vivo*-like tissue architectures
- Ability to precisely control the **amount, duration** and **intensity** of the biomechanical or biochemical **cues**
- Useful for initial screening (**3Rs** principle)
- Capability of **monitoring in real time** the effects of applied mechanical forces on cell, tissue and organ functions.

# Fabrication methods

# Lab-on-chips development

- LOC technology derived from the industry of microelectronics:
  - Use of **microelectronics materials** for which fabrication techniques were available and mature
  - Well-known physical and chemical **properties** and well-characterized **surface derivatization chemistries**



Silicon-based 3-12" wafers

Clean room

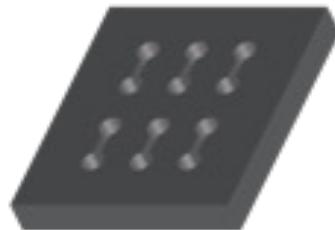
# 1. Photolithography

## Photolithography Process



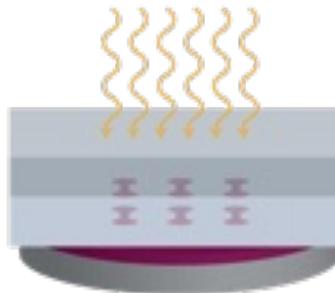
### Silicon wafer

We begin with a clean silicon wafer spin coated with photoresist



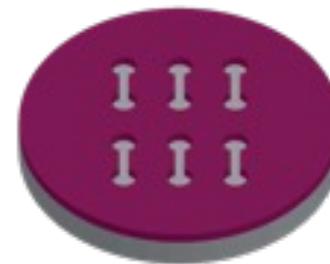
### Photomask

A glass or mylar mask coated with an opaque film defines the features



### Exposure

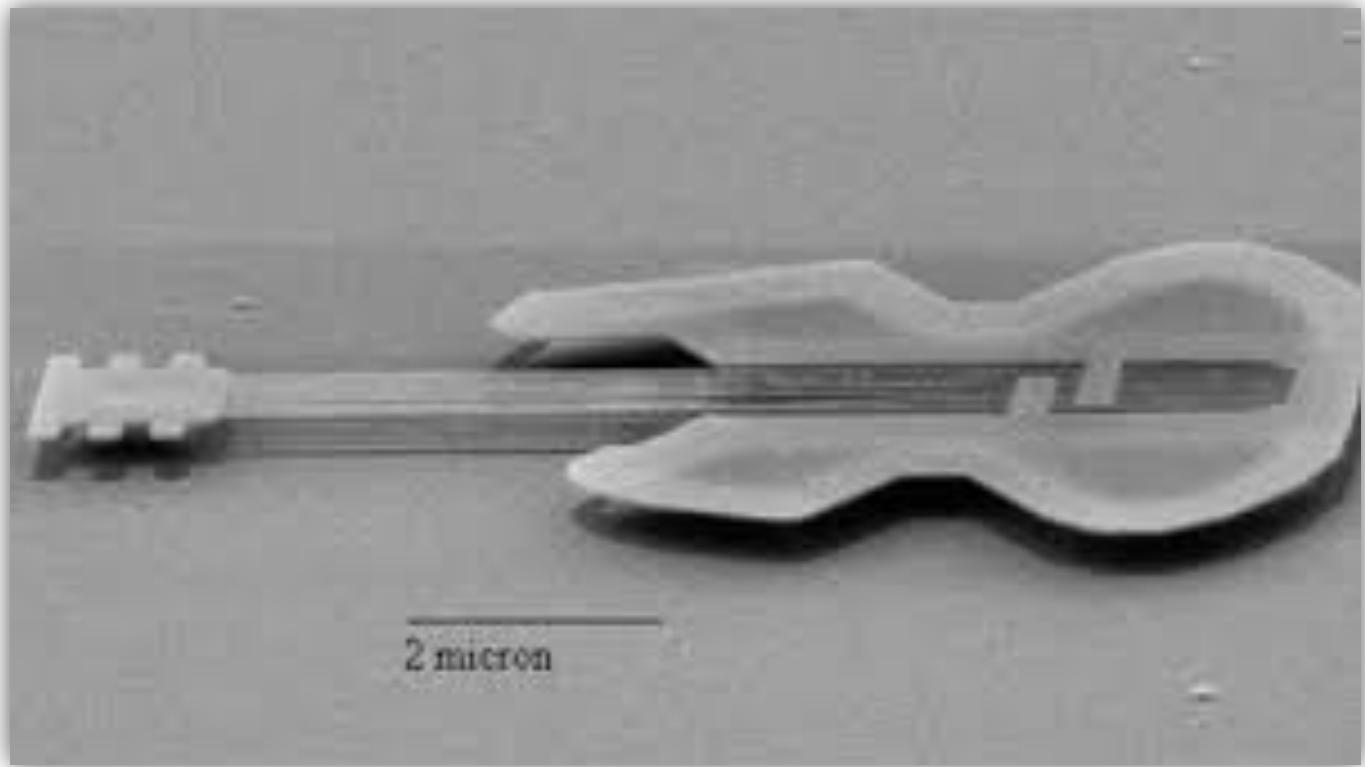
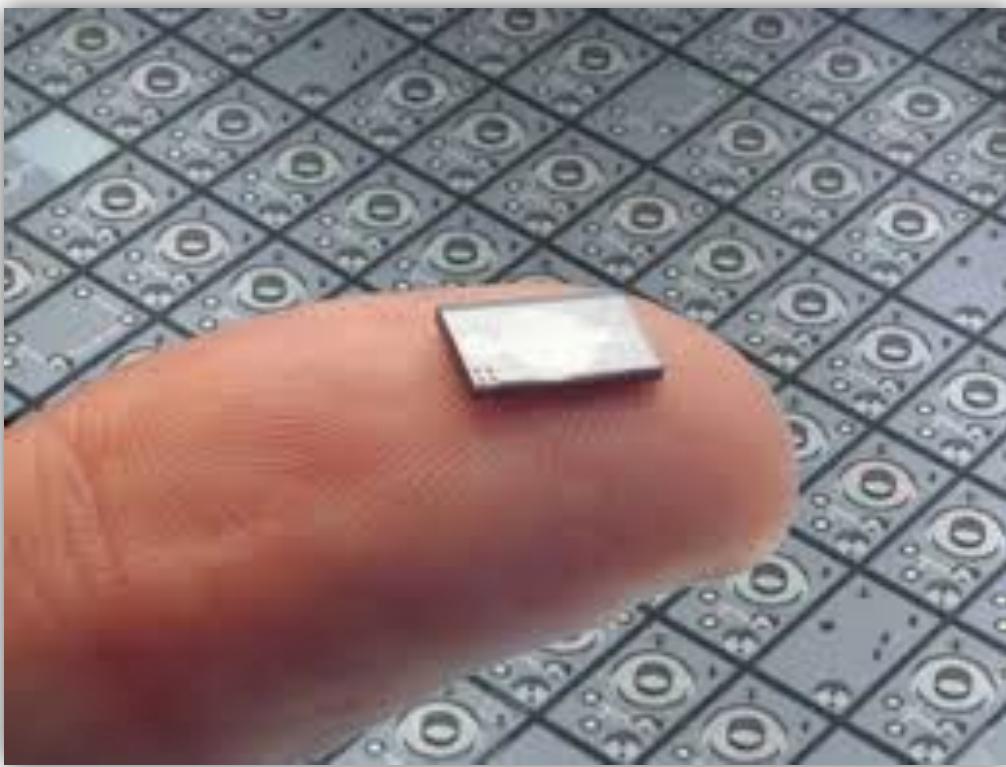
A mask aligner is used to pass UV light through the mask onto the wafer



### Development

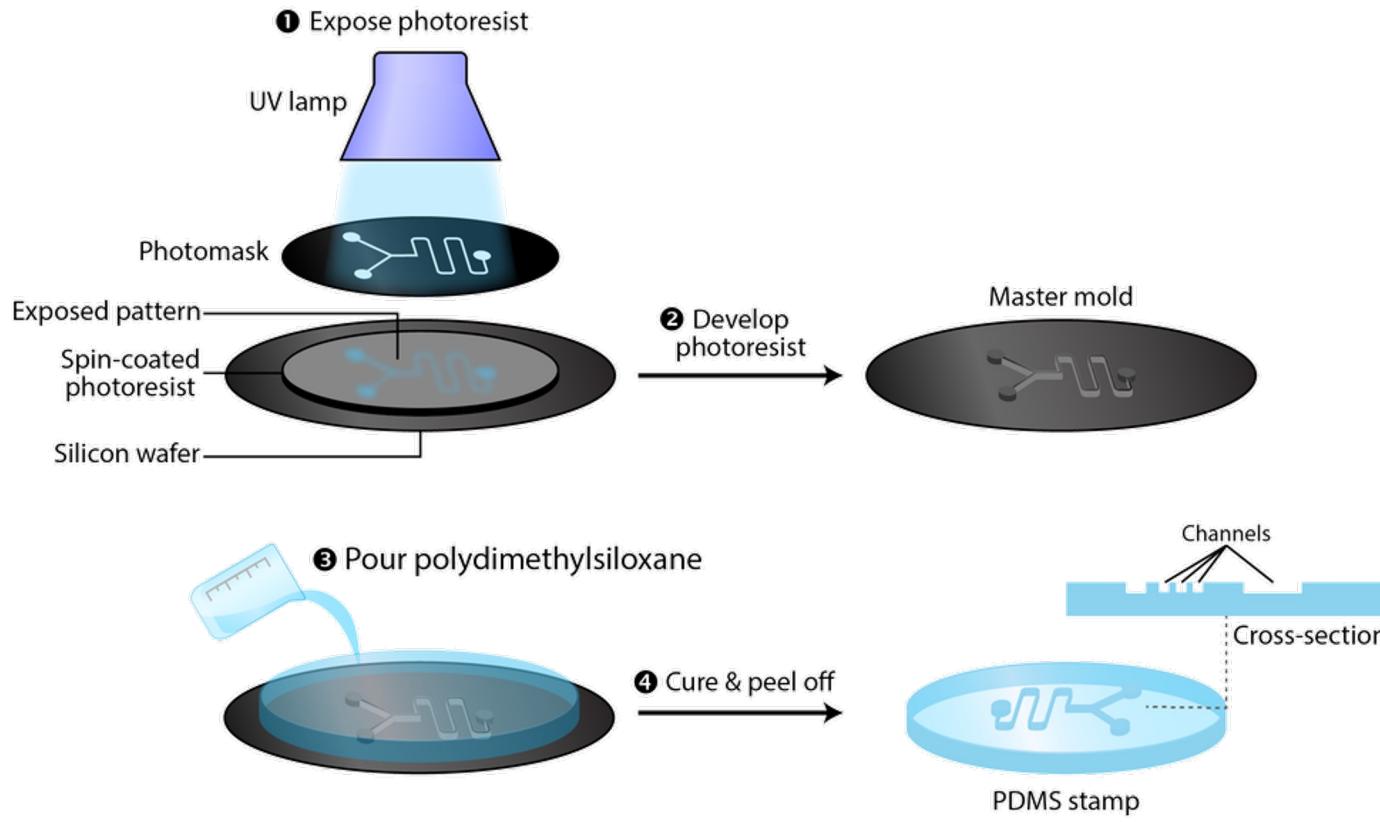
Exposed resist is washed away while unexposed resist remains

# Example

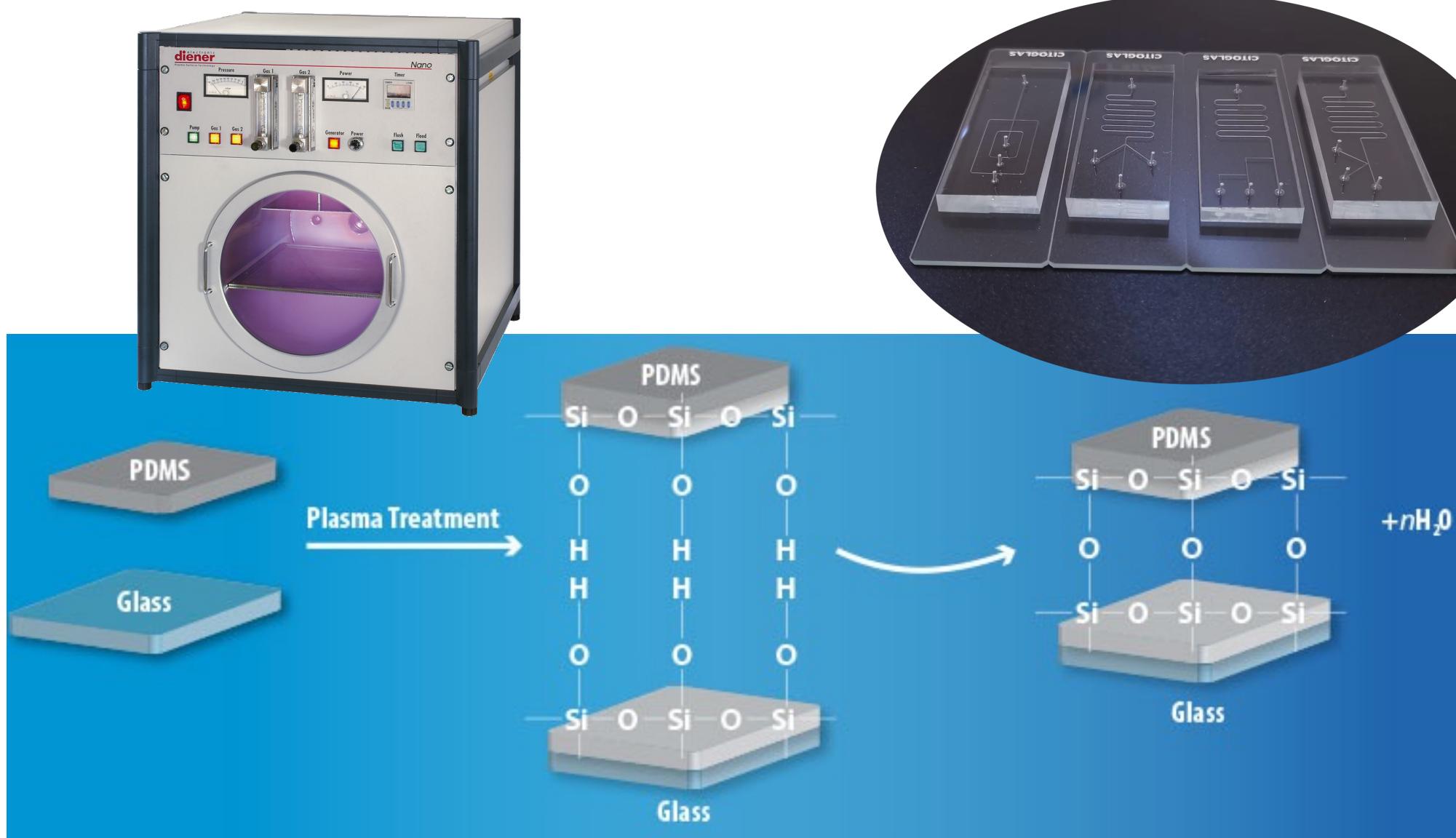


## 2. Soft lithography (Polymer)

Soft lithography  
photolithography

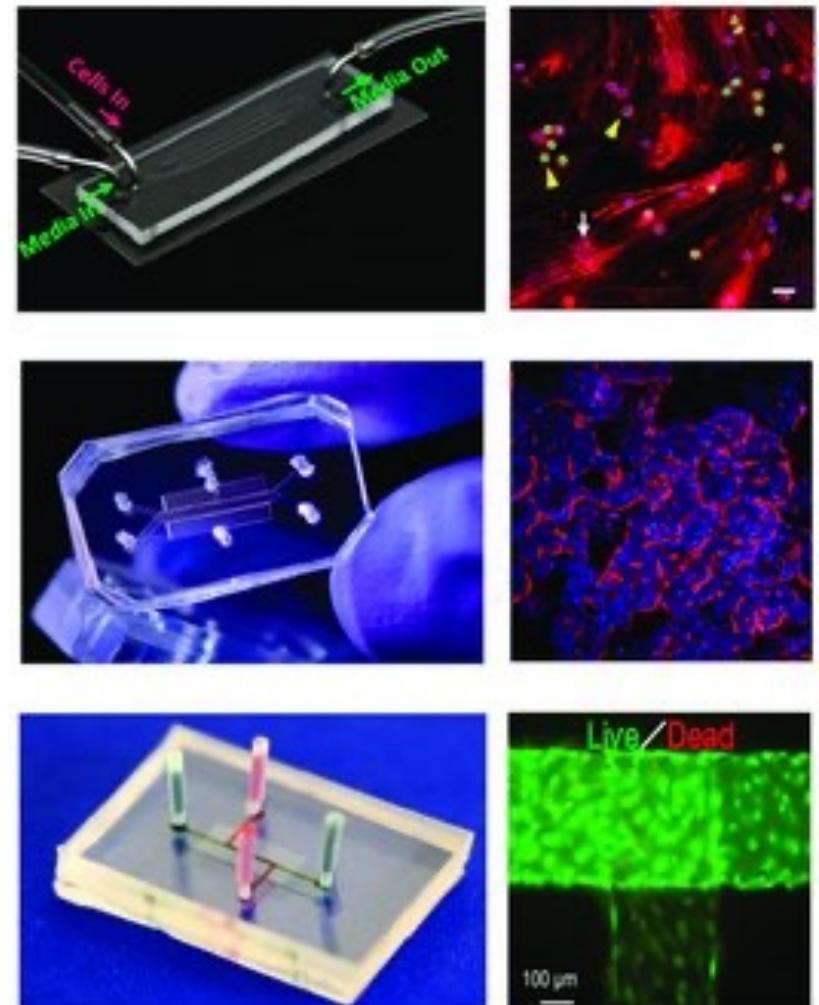


# Plasma treatment



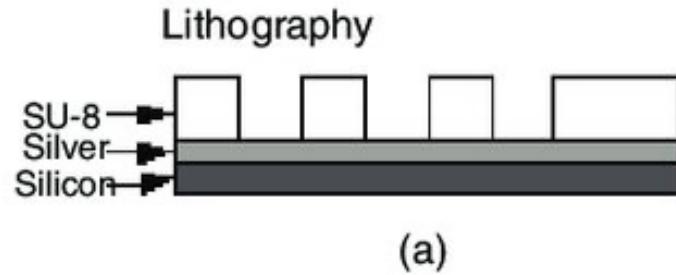
# PDMS: a key polymer for applications in Bio

- Soft lithography  
(no limitation as for clean room)
- Easy and chip (low production costs)
- Biocompatible and transparent
- Replication accuracy/resolution:  
100  $\mu\text{m}$  (routine) – 10 nm
- Issues?
  - Gas-permeability and hydrophobicity
  - Inertness and extensive adsorption

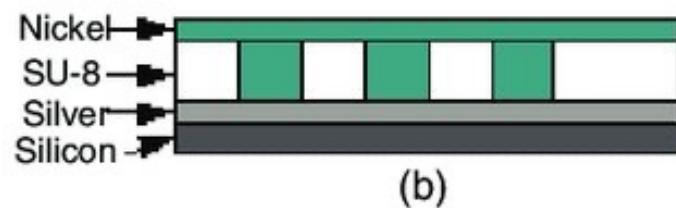


### 3. Hot embossing

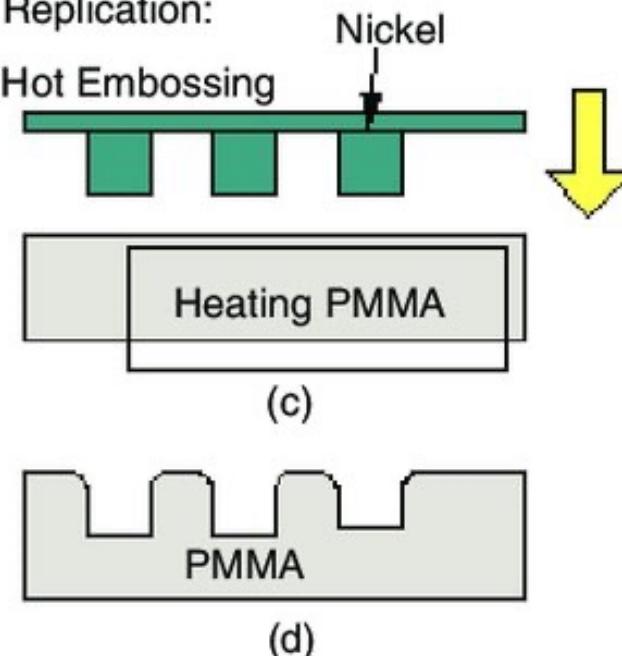
#### 1. Mastering:



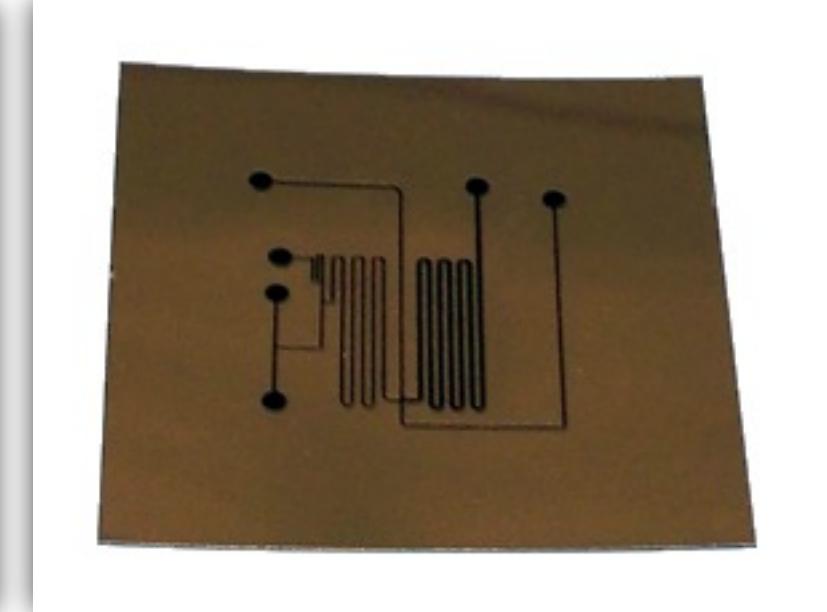
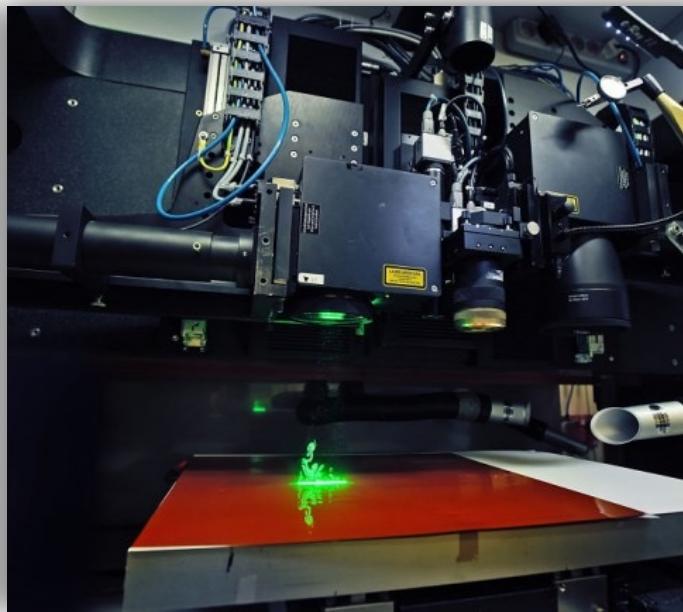
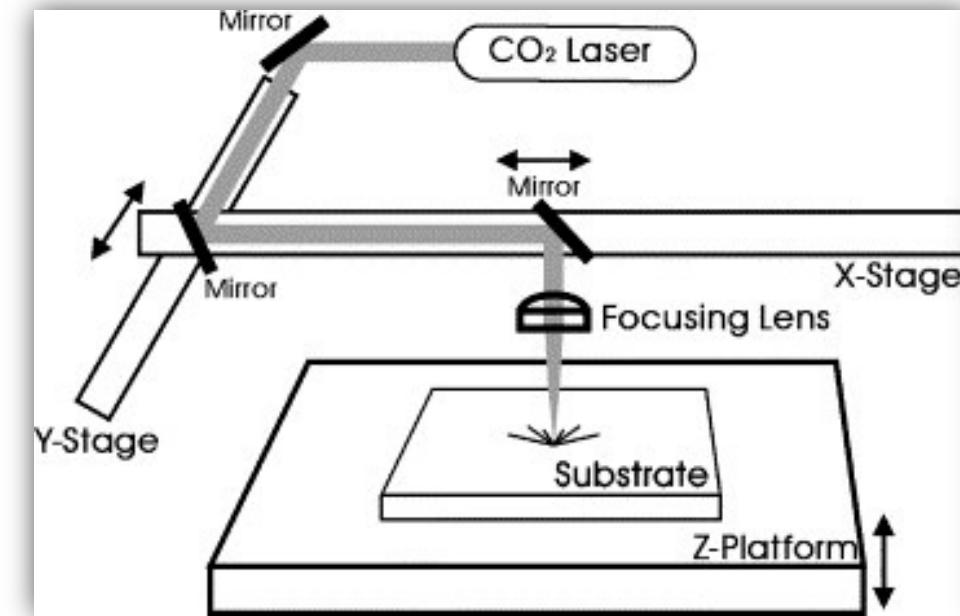
#### Electroplating



#### 2. Replication:

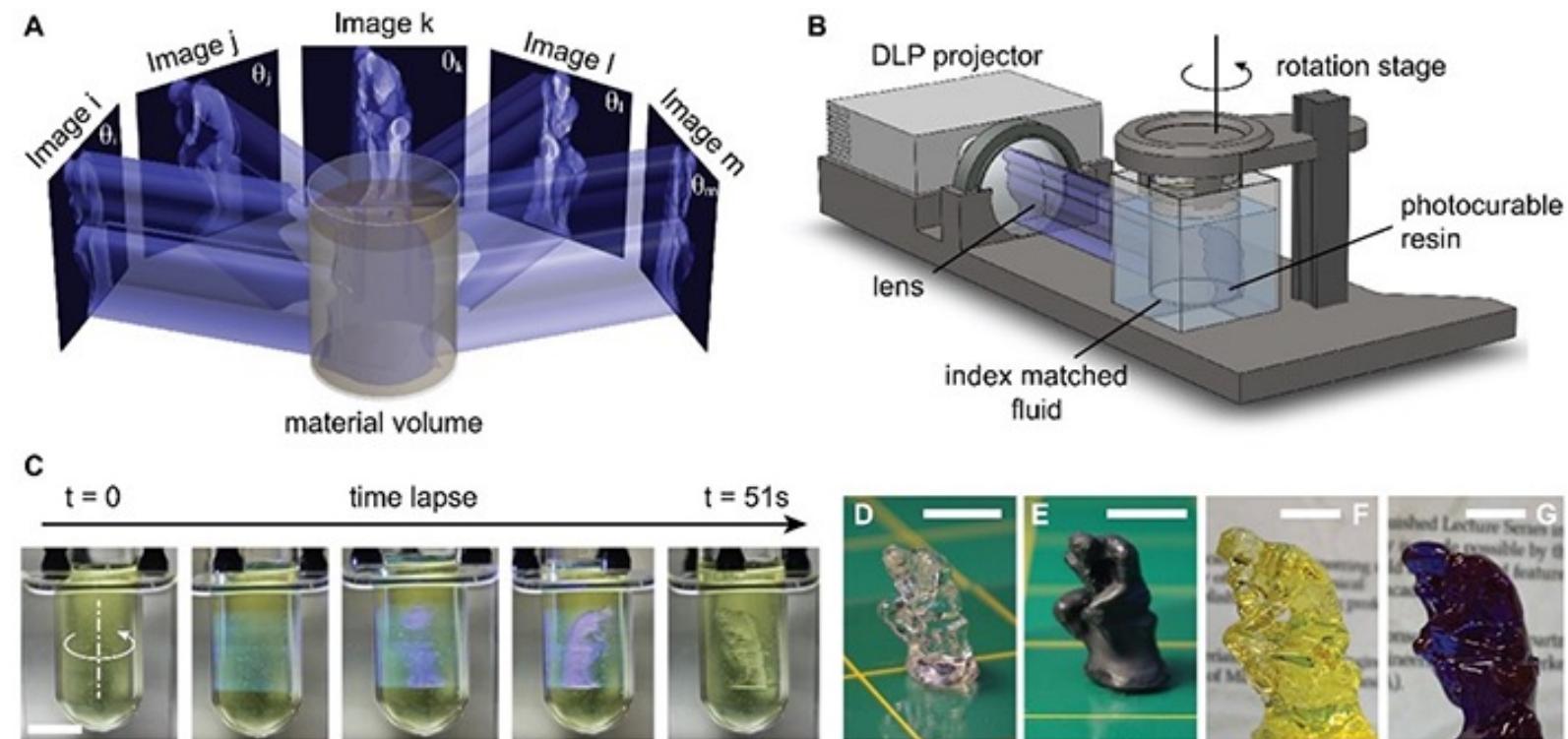


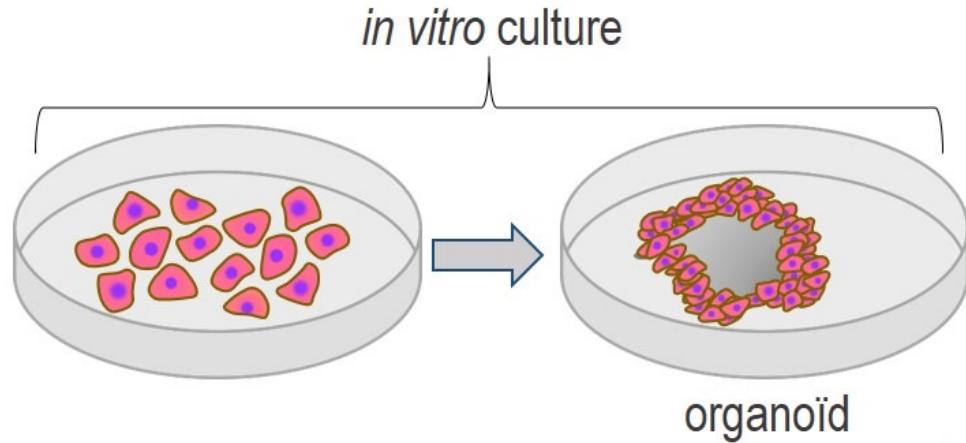
## 4. Laser Machining (rapid prototyping)



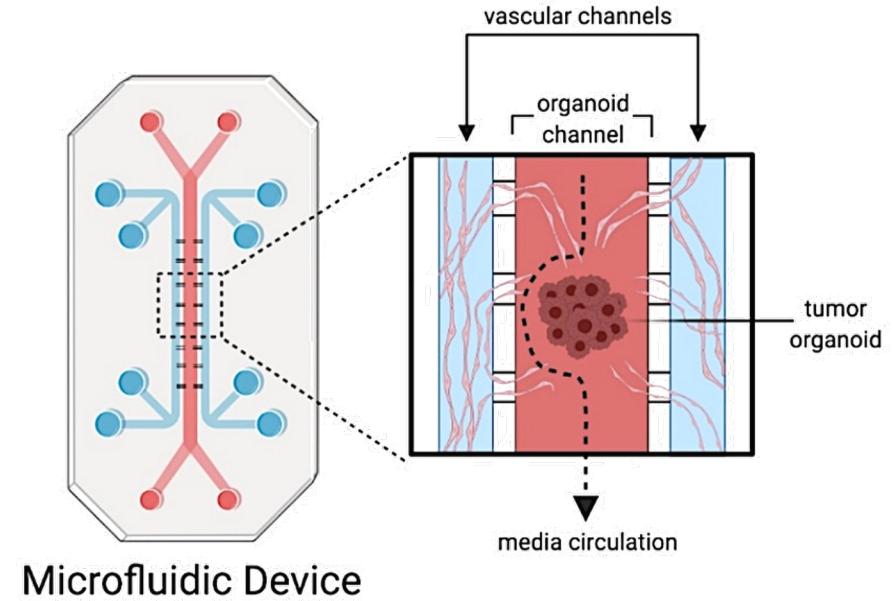
# 5. Bioprinting

- Independent of bioink viscosity
- Fast (less than a minute):
  - less photoinitiator;
  - better cell viability;
  - Speed allows for multiple iterations.
- Excellent resolution:
  - approximately 40  $\mu\text{m}$ , regardless of the size of the object to be printed;
- Minimal contamination risks:
  - Prints on sealed, autoclavable glass vials.
- Suitable for vascular structures





VS



# Why the Micro(fluidic) scale?

10 reasons illustrated by:

- Models/basic physics
- Downscaling/dimensionless numbers
- Examples

# 1. Laminar flow

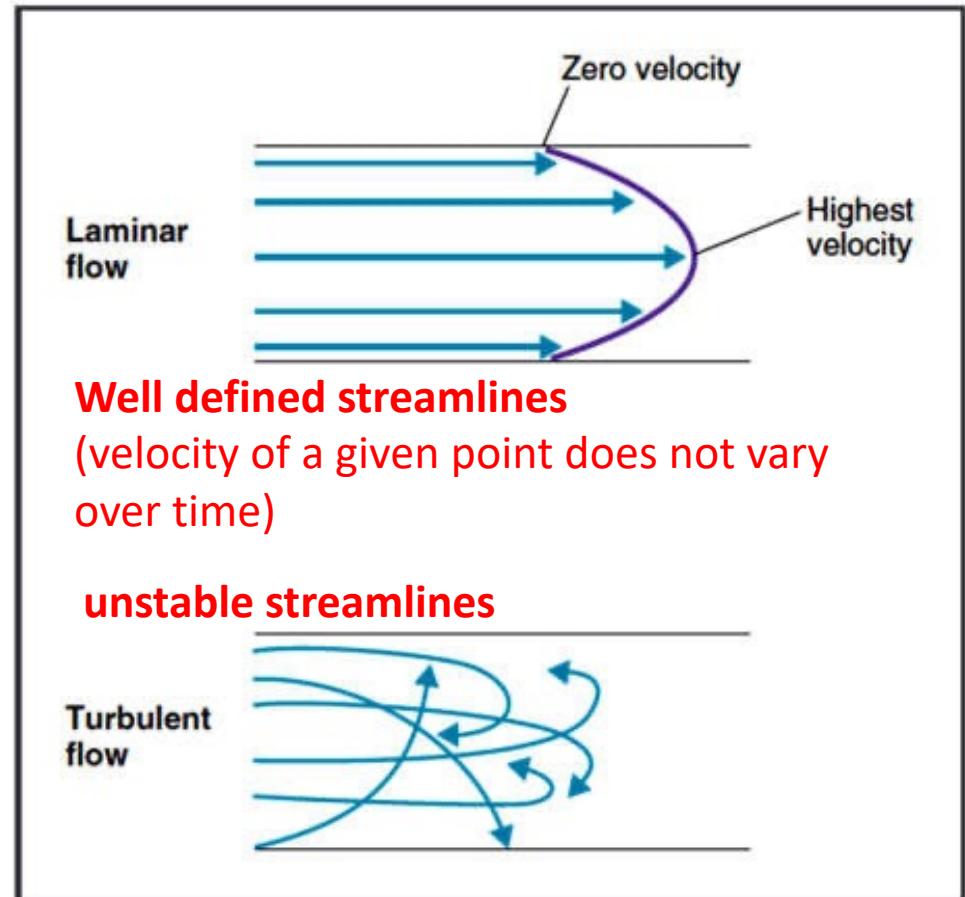
- In microchannels, flow is laminar
- Reynolds number (Re):
  - ratio inertial/viscous forces
  - Measure for the transition from laminar to turbulent flow
  - Definition:

$$Re = \frac{\rho v D_H}{\mu}$$

$v$  average speed  
 $D_H$  characteristic length or  
hydraulic diameter  
 $a$  cross-sectional area  
 $P$  wetted perimeter

- For a squared ducted:

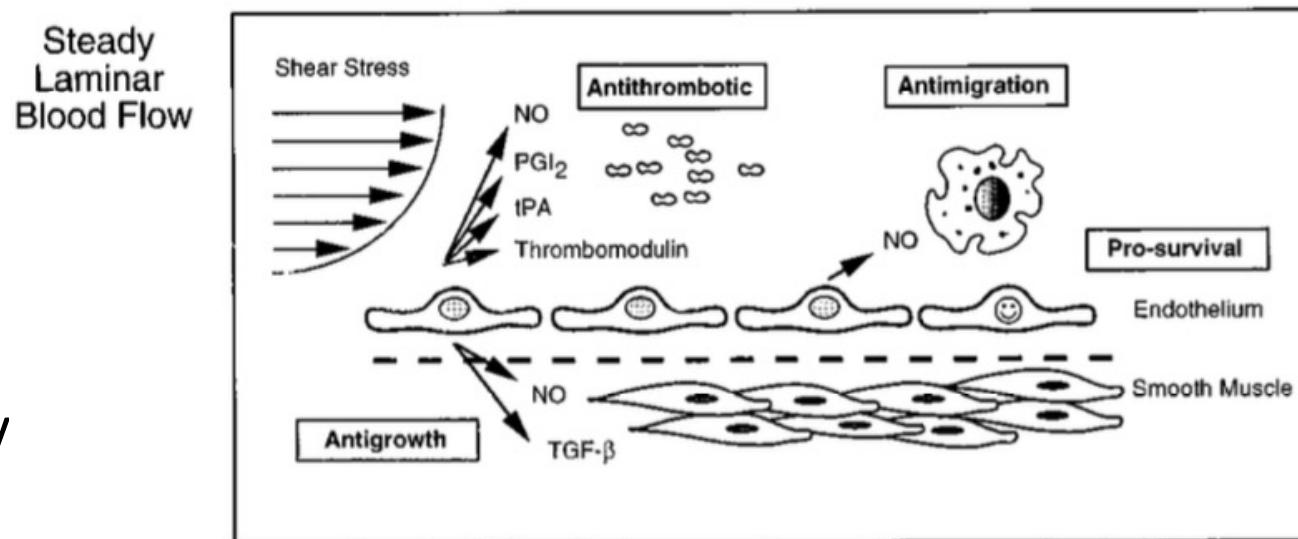
$$D_H = \frac{4a^2}{4a} = a$$



Laminar if  $Re < 2000$  and turbulent if  $Re > 4000$

# Example of laminar flow relevance in Biology

- Controlled shear stress regulates cell behaviour:
  - **Steady laminar shear stress** promotes release of **factors** from endothelial cells that inhibit coagulation, migration of leukocytes, and smooth muscle proliferation, while simultaneously promoting endothelial cell survival.
  - → no atherosclerosis.



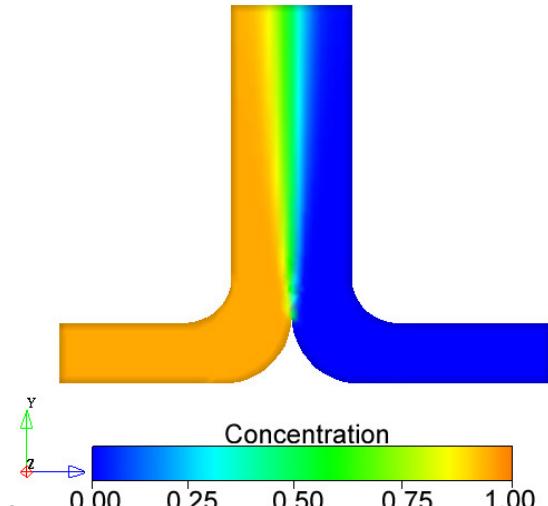
## 2. Diffusion

- Mass transport **by diffusion is a slow process**, but on micrometer scale still fast enough

$$d = \sqrt{2 D t}$$

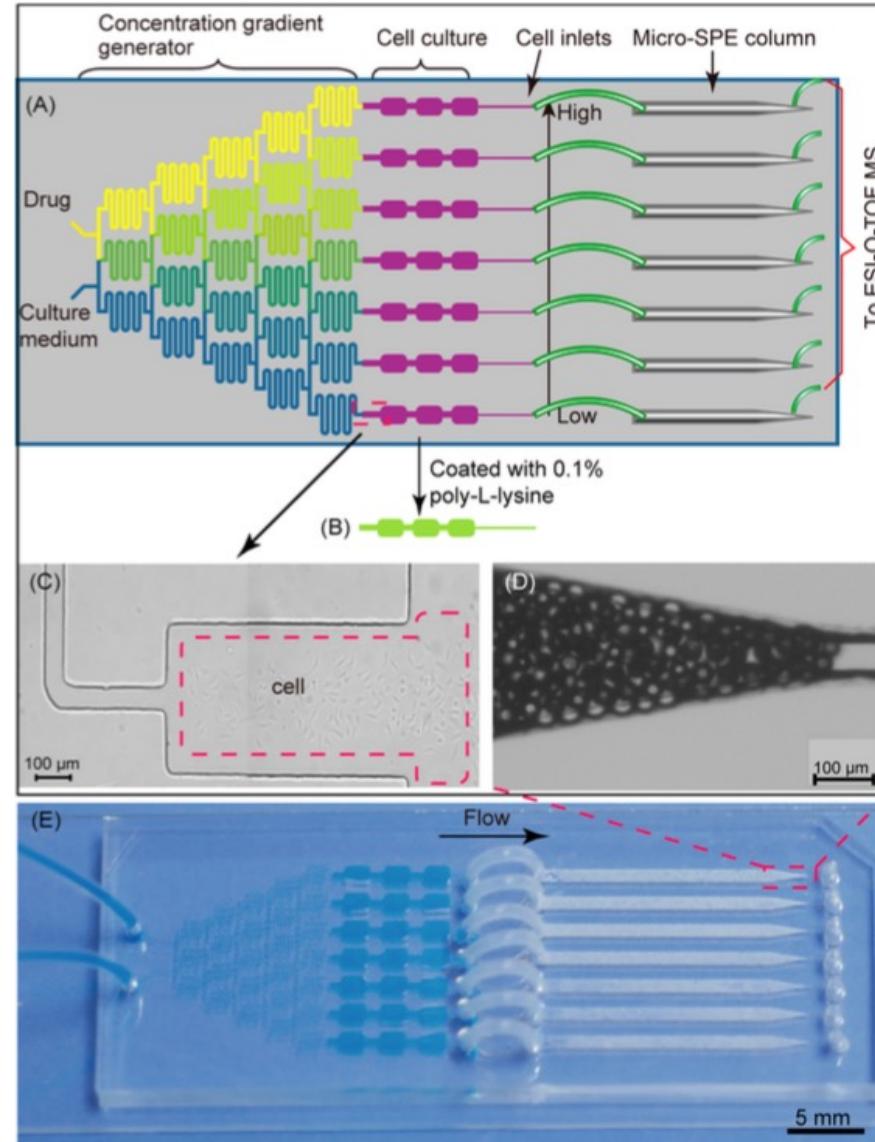
d: distance travelled by diffusion (m)  
D: diffusion coefficient ( $10^{-9} \text{ m}^2/\text{s}$  typical for small molecules,  
t: time (s)

d	t
45 um	1 s
63 um	2 s
100 um	5 s
500 um	2 min
2.7 mm	1h



Interest: screening of new drug candidates  
Odijk et al. (*Biosensors and Bioelectronics*, 2010)

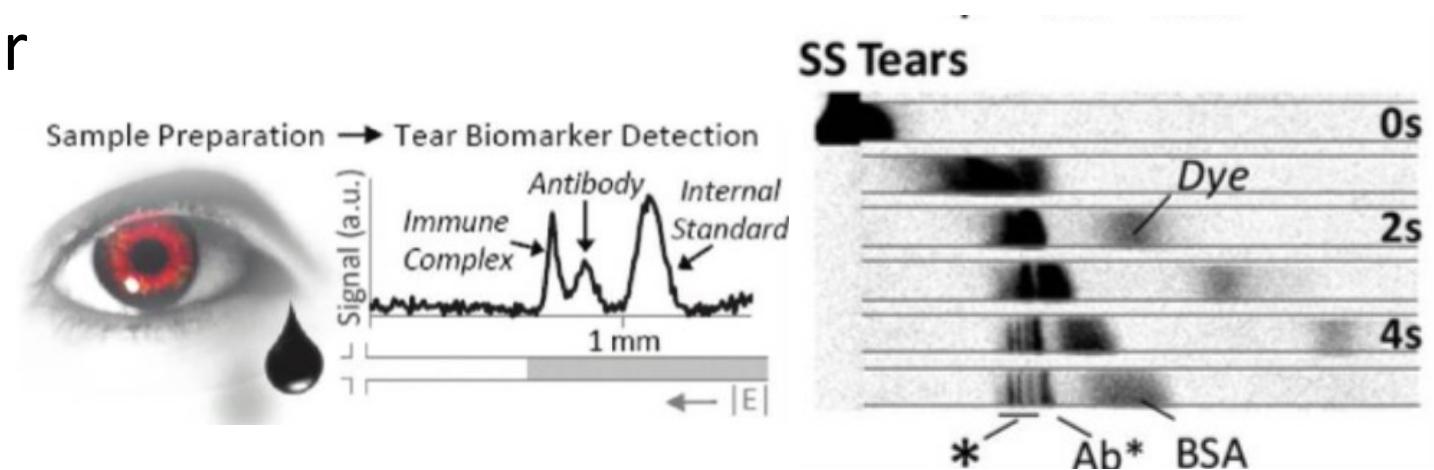
### 3. High throughput



## 4. Less reagent consumption

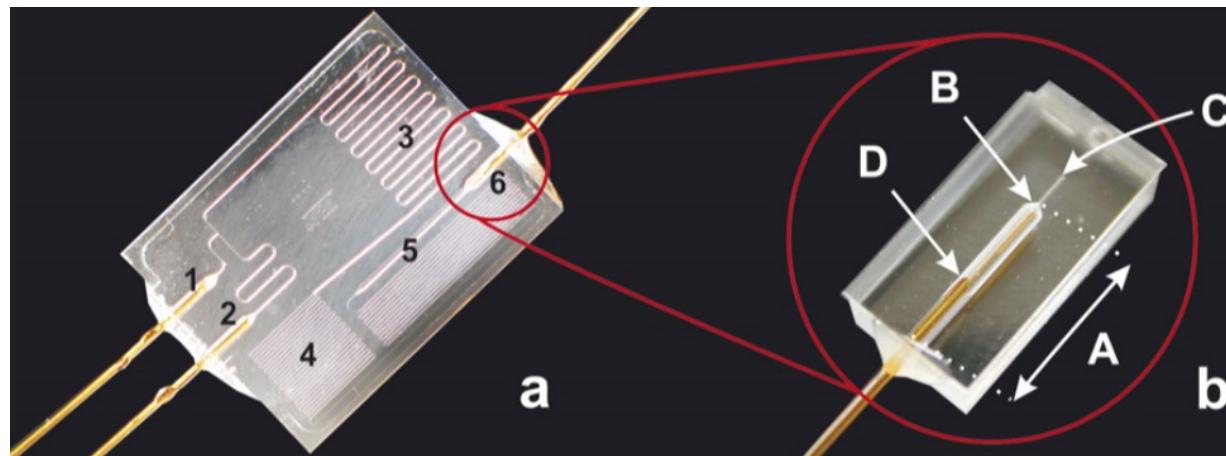
- Less reagents → less costs
- But also less waste
  - Especially important for
    - Expensive samples
    - Small volume samples
    - Toxic waste products

**Example:** *Lactoferrin (Lf)* is a tear-specific biomarker for *Sjögren's syndrome (SS)*, a serious systemic autoimmune disease currently diagnosed through rudimentary surface chemistry measurements and an invasive lip biopsy.

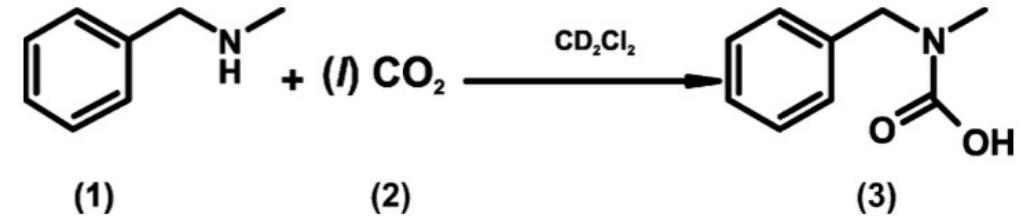


# 5. Safety

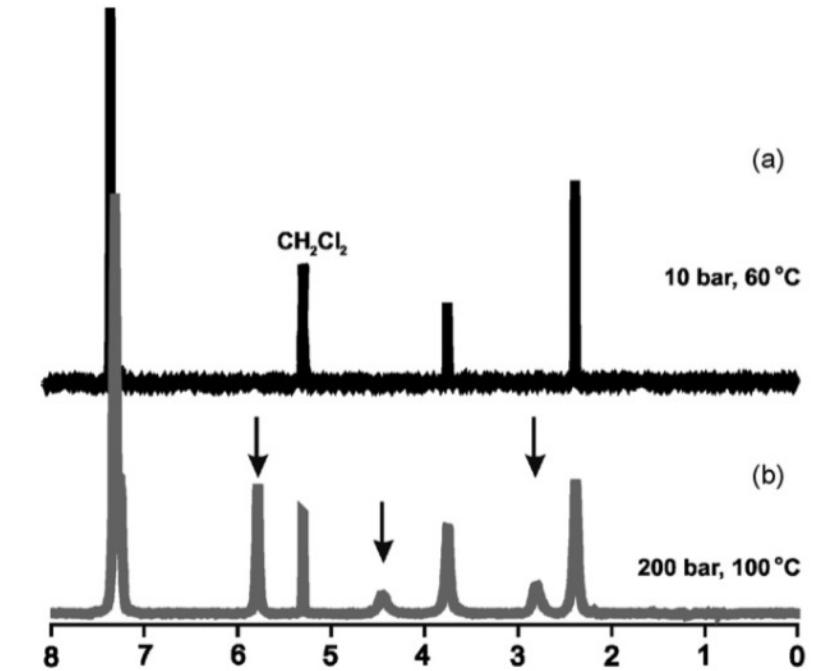
- Enhanced safety because of lower energy stored:
  - At high pressures, a microfluidic platform is only noticed as a small cracking sound
  - When generating explosive reaction products, the volumes involved are too small to cause damage
  - Very toxic compounds are only used in small amounts, so less health risks due to gases, etc.



Tiggelaar RM et al. (Chemical Engineering Journal, 2007)



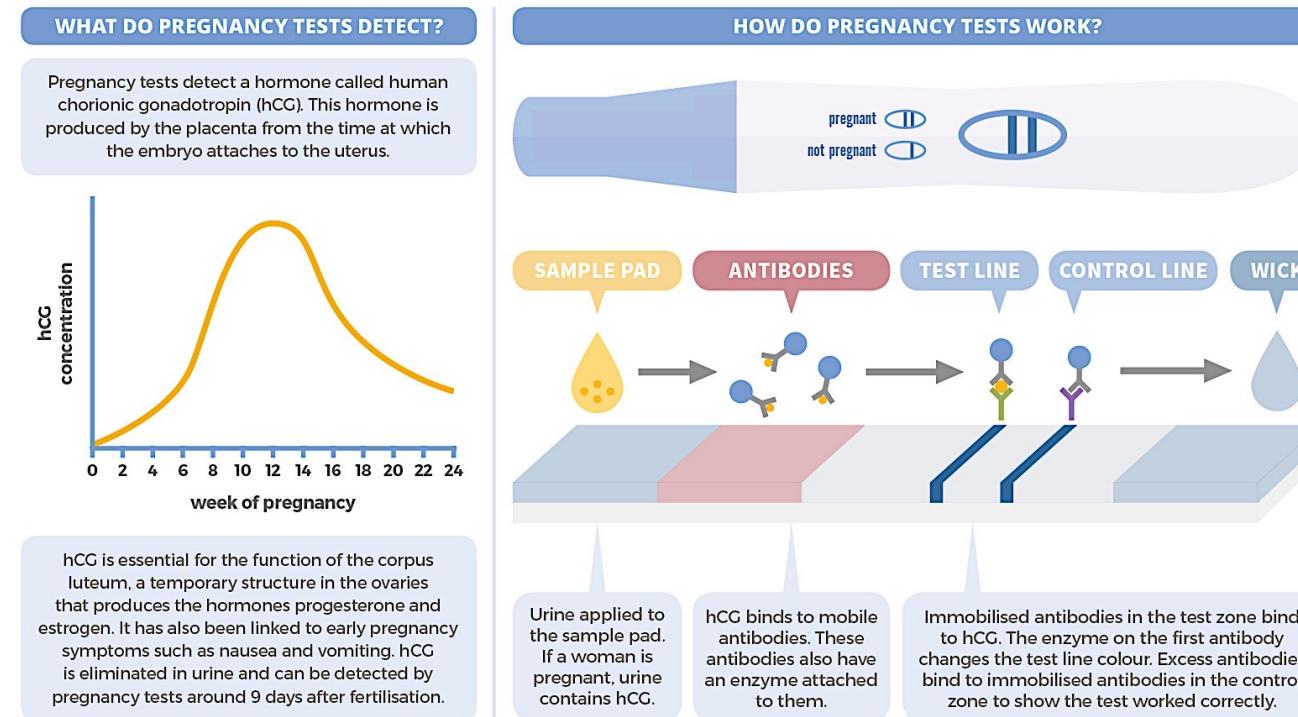
Carbamic acid formation by reaction of *N*-benzyl methylamine (1) and  $\text{CO}_2$  (2).



# 6. Portability and disposability

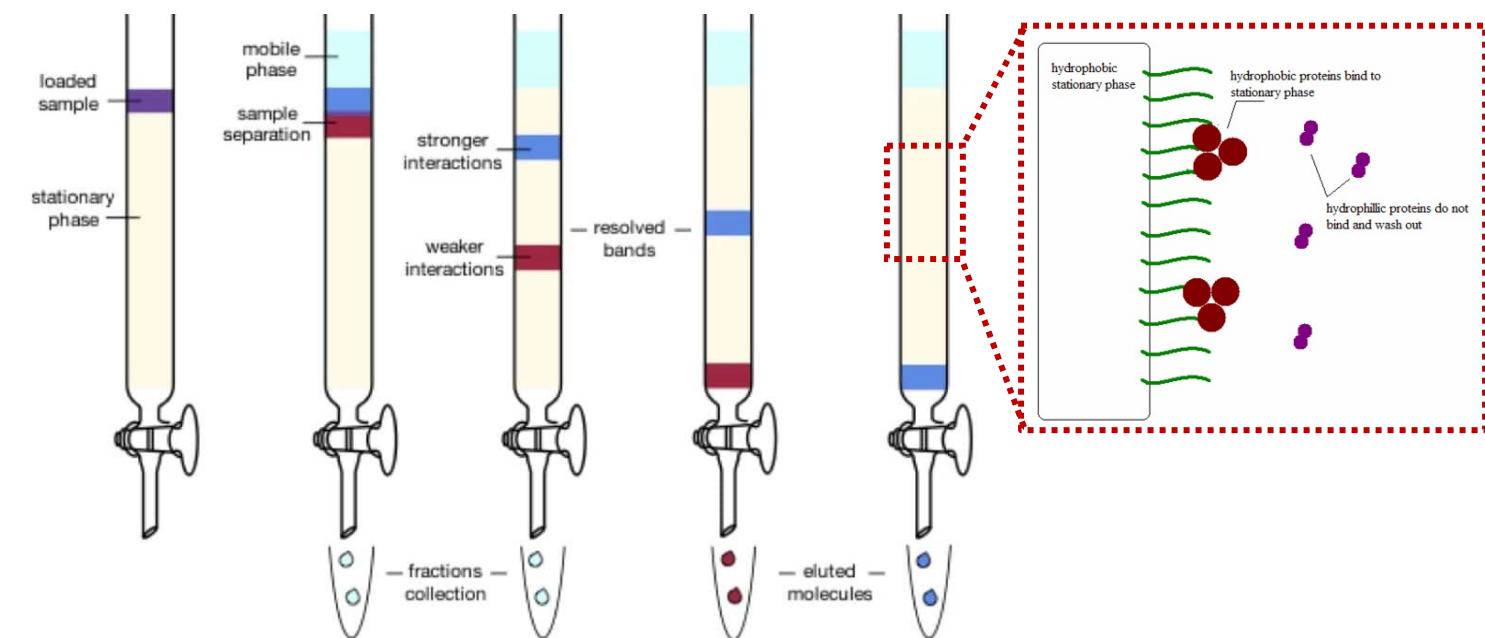
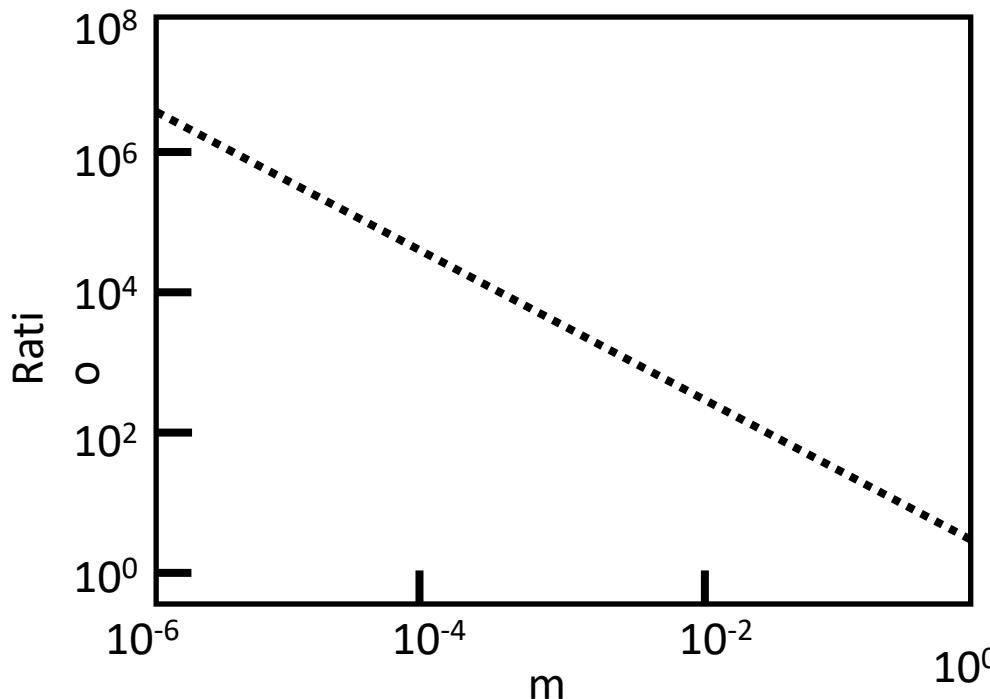
- **Disposability:** if the chip is only few CHF there is no need for expensive cleaning after measurement

→ Important in the medical applications for contaminations of other patients



# 7. High surface-to-volume ratio

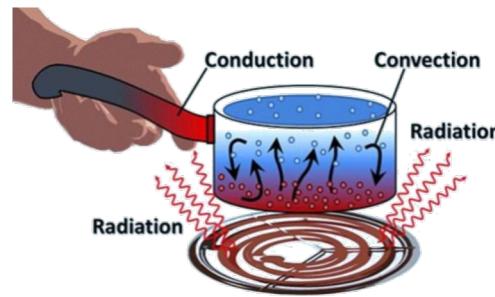
Shape	Characteristic length a	Surface area	Volume	Ratio
Cube	side	$6a^2$	$a^3$	$6/a$



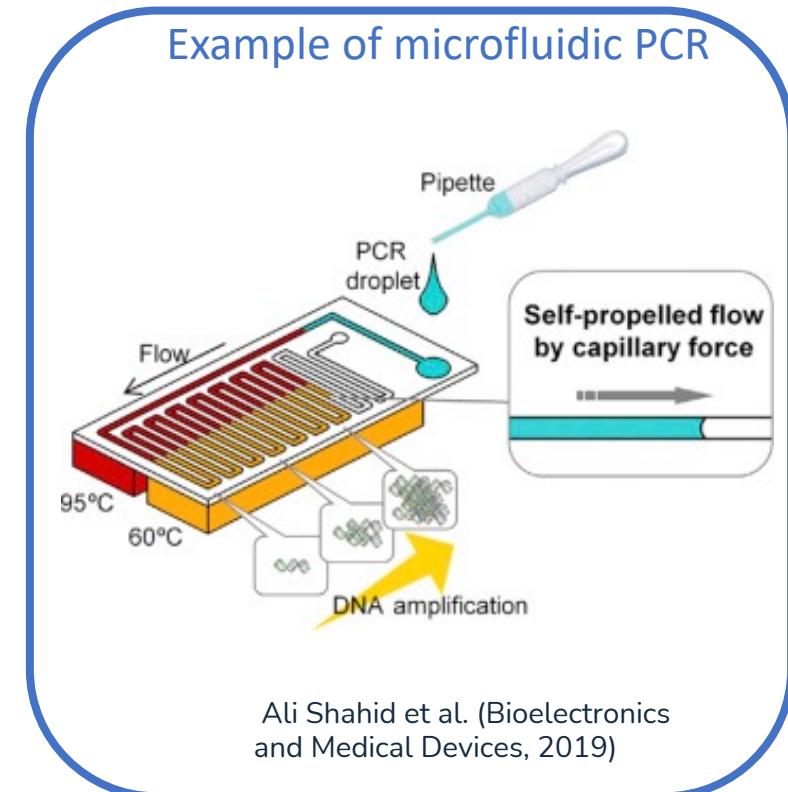
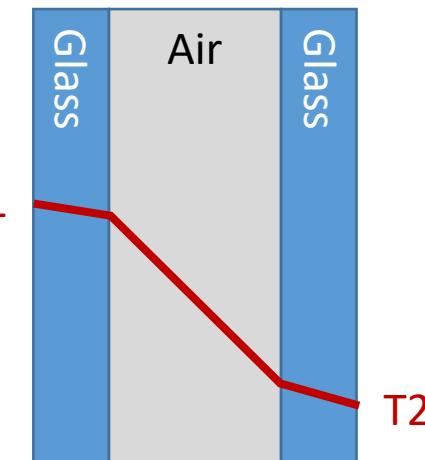
→ A higher ratio implies more interactions with a channel walls

# 8. Better and faster temperature control

- Heat transfer by 3 processes:
  - Conduction
  - Convection
  - Radiation
- In microfluidic platforms, heat is mainly transferred by **conduction**, and this is a fast process due to small dimensions

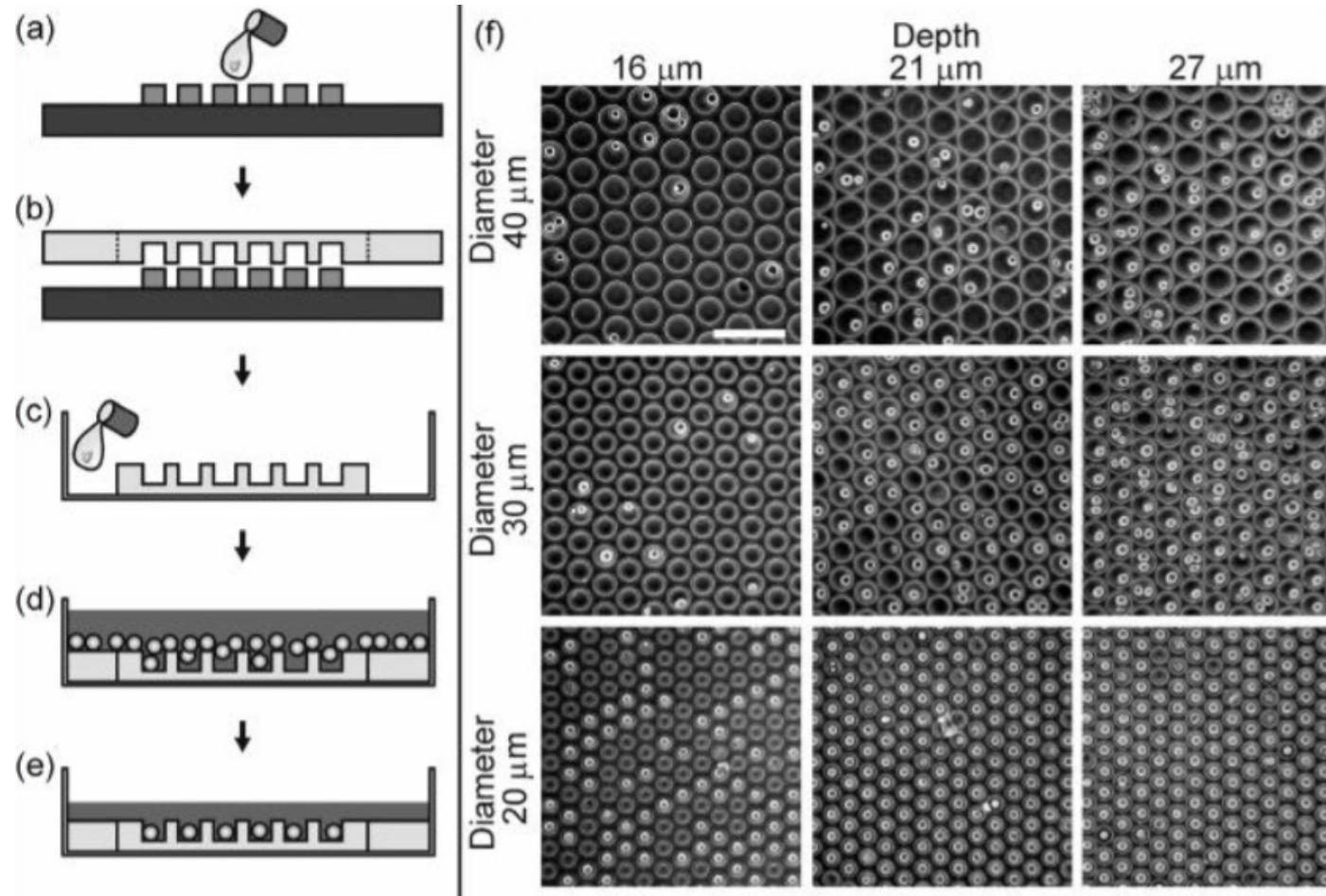


$$\frac{\Delta T}{R_{tot}} = \frac{\Delta Q}{\Delta t} \quad R_{tot} = 2 \frac{d_{gl}}{k_{gl}A} + \frac{d_{air}}{k_{air}A}$$



Ali Shahid et al. (Bioelectronics and Medical Devices, 2019)

# 9. Single Cell Analysis

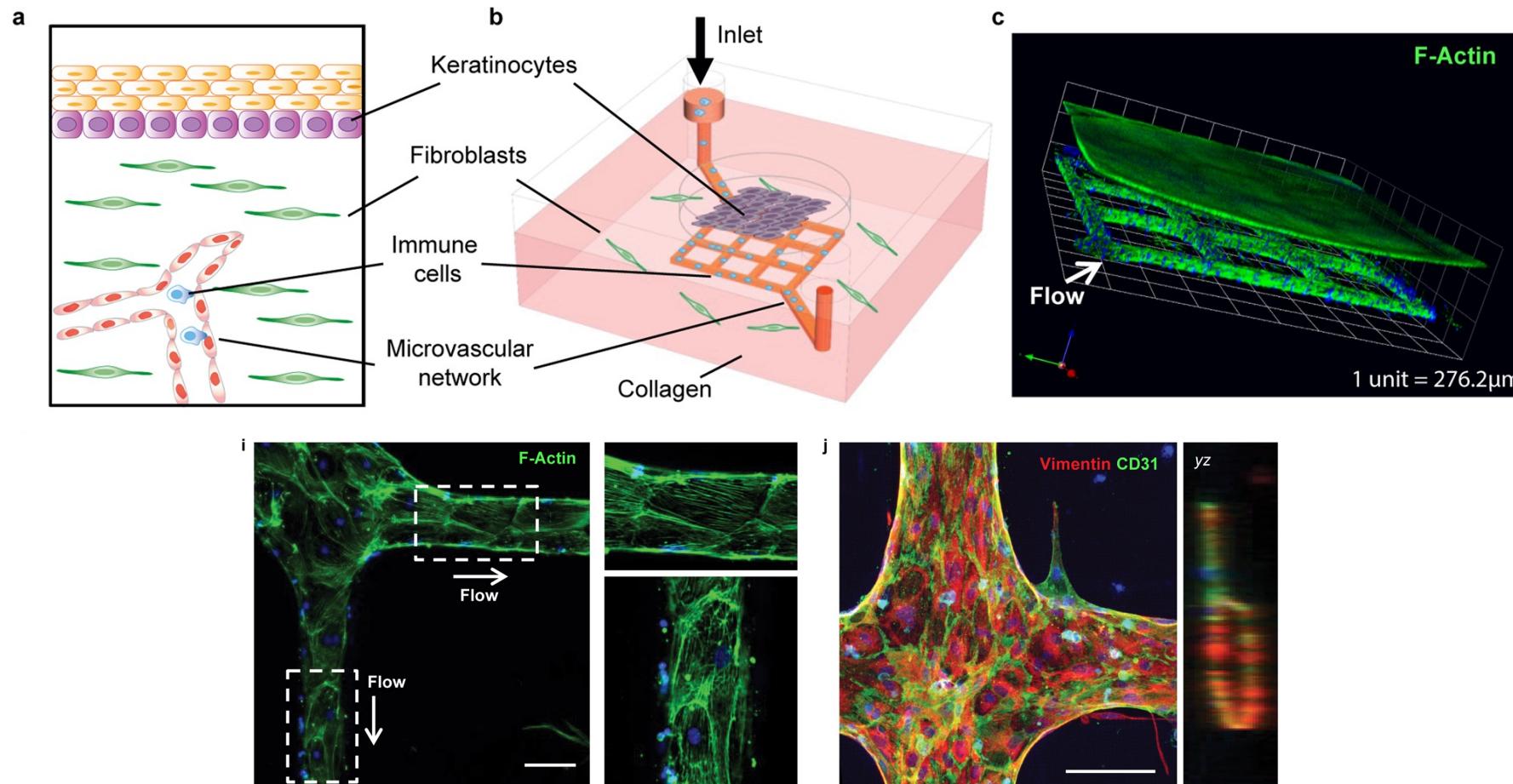


Rettig et al. (*Analytical Chemistry*, 2005)

- Track the changes (missed by bulk sequencing)
- Example: Study the genetic evolution of cancer, as cancer cells are constantly mutating; heterogeneity of cell populations can be observed using single cell sequencing

# 10. Complex tissue organization

«Skin-on-chip» mimicking a stratified epidermis with a dermis perfused by a microvascular network



# Outline

- Part 1
  - What is an organ-on-chip system, its origin and advantages
  - Fabrication methods
  - Why the microfluidic scale?
- Part 2
  - Relevance of mechanobiology
  - Biomechanics in microchip systems
  - Cell response and Analysis (quantification: western blotting, immunochemistry)

# Questions?

End of Part 1