



Mathieu LEMAY
Signal Processing and AI Group Leader

12.09.2024

EE512 – Applied Biomedical Signal Processing

Module 01 - Introduction

EE512 – Applied Biomedical Signal Processing

General context

CSEM

Course's module contents

Motivations

Applications based on:

- Electrocardiogram (ECG)
 - + Labo on raw signals
- Photoplethysmography (PPG)
 - + Labo on raw signals
 - + BP demo
- Electroencephalogram (EEG)

FAQ



General context

- The goal of this course is to **introduce** the **most used approaches** for the processing of biomedical signals and **illustrate** their **utility on real signals (time series)** and real health/medical applications.
- Note that these approaches, although sometimes tailored for specific biomedical applications, are **widely used in many context** (speech, communication, control, ...).
- **Prerequisite** on:
 - Analysis, linear algebra, fundamentals on Fourier analysis and digital filtering
 - Signal processing for telecommunications COM-303 (recommended)
 - Signal processing EE-350 (recommended)

CSEM, a public-private partnership

CSEM mission

Development and transfer of **micro-technologies** and **micro-electronics** to the industrial sector to reinforce its competitive advantage via

- Cooperation agreements
- Creation of start-ups
- Licensing (technology, IP, algorithms)

Status

Incorporated, **not-for-profit RTO**, supported by Swiss Government and with a strong heritage of the **Swiss watchmakers** (majority shareholders)

Possible collaboration

- Internship
- Master thesis projects
- PhD thesis



550+
experts

97 MCHF
turnover

46
start-ups
& spin-off

Technology transfer - success stories



Module 01 - Introduction - 12.09.2024

- General context and module structure
- The importance of the biomedical signal processing field
- Examples of applications
- Introduction to labo



Dr. Mathieu LEMAY

Module 02 - Basics - 19.09.2024

6

Dr. Philippe RENEVEY



- Sinusoids and complex exponentials
- Continuous time Fourier transform
- Normalized frequency
- Discrete time Fourier transform
- Linear filter design
- Labo + Exercise

Module 03 - Basics II - 26.09.2024

- Stochastic signals and filtering
- Auto- / cross-correlation functions
- Power spectral density
- White noise
- Labo + Exercise



Dr. Philippe RENEVEY

Dr. Martin PROENCA



Module 04 - Time-frequency - 03.10.2024

- Motivation for time-frequency analysis
- The short-term Fourier transform (STFT)
- Spectrograms in practice
- Wavelet analysis
- Labo

Module 05 - Linear model - 10.10.2024

- Autoregressive (AR) signal modeling
- AR model estimation
- Linear prediction
- Model order selection
- High resolution spectral estimate
- Labo + Exercise



Dr. João JORGE

8

Module 06 - Linear model II - 17.10.2024

- Moving average (MA) signal modeling
- ARMA signal modeling
- Linear system identification
- Adaptive identification
- Labo + Exercise

Module 07 - Frequency tracking - 31.10.2024

- Concept of instantaneous frequency
- Hilbert transform
- Teager-Kaiser operator
- Short-term Fourier transform
- Adaptive filter frequency tracking
- Labo



Module 08 - Midterm exam (optional) - 07.11.2024

White exam + corrections

Module 09 - SVD - 14.11.2024

- Matrix rank
- Singular value decomposition (SVD)
- Least-squares solution using SVD
- Singular spectrum analysis
- Labo

Dr. Karen ADAM



Dr. Guillaume BONNIER

Module 10 - PCA- 21.11.2024

10

- Basics of classical principal component analysis (PCA)
- PCA and SVD
- Dimensionality reduction, blind source separation
- Example: PCA on signals
- Labo

Module 11 - Classification & regression - 28.11.2024

- Linear/non-linear regression
- Classification/clustering
- Feature selection
- Training/testing/validation
- Labo



Dr. Ramin SOLTANI

Dr. Clémentine AGUET



Module 12 – Introduction to NN - 05.12.2024

- Perceptron
- Multilayer perceptron (MLP)
- Activation functions
- Gradient descent and backpropagation
- Labo

Module 13 - NN architecture - 12.12.2024

- Convolution neural network (CNN)
- Recurrent neural network (RNN)
- Regularization (dropout, batch normalization, weight decay, early stopping)
- Labo



Dr. Clémentine AGUET

Dr. Mathieu LEMAY



Module 14 - Course recapitulation - 19.12.2024

Open questions (optional)

Laboratories

Duration of **approx. 2h** with **Matlab/Python** exercises + **Exercises** + Open discussion

Useful commands/scripts are **provided**

Each exercise defines:

- Operations to perform
- Figures/results to interpret

Software requirements:

- Matlab with Signal Processing toolbox
- Python -> a requirements.txt for each lab (incl. NumPy, Matplotlib, Jupyter, SciPy, lpython, Plotly, scikit-learn, pandas, and PyTorch libraries)

Some Labo with include **optional tasks** (script to be written)

!!! **Teams of 3-5** need to provide their lab report (.pdf) in the following week on Moodle

EE521 - FAQ



- **How do you compute the final score?**
 - Final exam: 65% of the final score. Lab reports: 35% of the final score. The 11 reports will be equally distributed on this 35%.
- **Does the midterm exam count in the final score?**
 - No, The midterm exam will provide you an idea about what to expect from the final exam in terms of questions/exercises.
- **What should be the format of the lab report?**
 - The report must be a .pdf. It must contain answers to the questions provided in the lab description. Copy/paste of figure and script text can be added to the report.

EE521 - FAQ



- **Could we submit one .pdf for the lab team?**
 - No, every team member must submit a .pdf file. It can be the copy of their team members if the .pdf file mentioned the other team members
- **I have two courses at the same time, Is it mandatory to attempt the lectures and labs?**
 - No, it is not mandatory.
- **Do you record the lectures?**
 - No, it is not compatible with the room setup.

EE521 - FAQ



- Is there any digital processing books to support the course?
 - There is plenty of interesting books. You can use the following ones: (1) Discrete-Time Signal Processing by Alan V. Oppenheim or (2) Digital Signal Processing by John G. Proakis and Dimitris G. Manolakis
- How should I name the lab report?
 - Please respect the following file name:
name1_name2_name3_lab_XX.pdf
- I am registered but don't have access to moodle. Is it possible to force my enrollment?
 - Yes, please contact me (mathieu.lemay@csem.ch).

EE521 - FAQ



- Can I have the technical background to follow the course (rephrased in numerous ways)?
 - The only good answer is the following: follow modules Basics I and II, do the labo and exercise. If you find it adapted for you, then the rest will be OK.

EE512 – Applied Biomedical Signal Processing

Motivations



Biomedical Signal Processing - What for?

- **Living organisms** are composed of many interacting **subsystems** (nerve system, cardiovascular system, ...).
- The associated **physiological processes** include stimulation and hormonal/nerve control, and electrical, chemical and mechanical **inputs/outputs**.
- These processes/activities can be **monitored** using **sensors** that map pressure, concentration, temperature, ... into **electrical signals** that can be acquired and analyzed.
- **Pathologies** (diseases, congenital problems) may manifest themselves through **modifications** of these signals or their **relations**, and the delineation of these changes can be **helpful for diagnosis**.

Biomedical Signal Processing - What for?

Why analyze these signals on a computer instead of relying on visual observation only?

- The human visual system is well suited for **feature extraction**, but it is often impossible to **accurately extract parameters values** (such as frequency ones) or even to quantify them.
- **Interferences** may hamper visual observation.
- Human analysis is always **partially subjective**.
- It is sometimes necessary to analyze **tens** or **hundreds of recordings**, which becomes clearly fastidious.

Biomedical Signal Processing - Main fields of application

- **Cardiovascular activities:** electrocardiogram (ECG), photoplethysmography (PPG), arterial pressure, respiration via bio-impedance or strain gauge, audio-cardiograms (valve sounds) ...
- **Brain activities:** electroencephalogram (EEG), ...
- **Bio-mechanical activities:** electromyogram (EMG), movement analysis / human kinetics (e.g., accelerometer, gyroscope, barometer, magnetometer, camera)

Biomedical Signal Processing - Main goals

- Signal pre-processing (**enhancement**)
- Design of **monitoring tools**
- Design of **diagnosis tools**
- **Decision support systems**
- **Fundamental research**: interpretation of physiological phenomena, process modeling...

Biomedical Signal Processing - Main challenges

- **Signal distortions** (saturation, artefacts, ...)
- **Interferences** due to other physiological processes
- **Non stationarity**
- **Signal variability**, both intra- and inter-subjects/patients

EE512 – Applied Biomedical Signal Processing

Applications

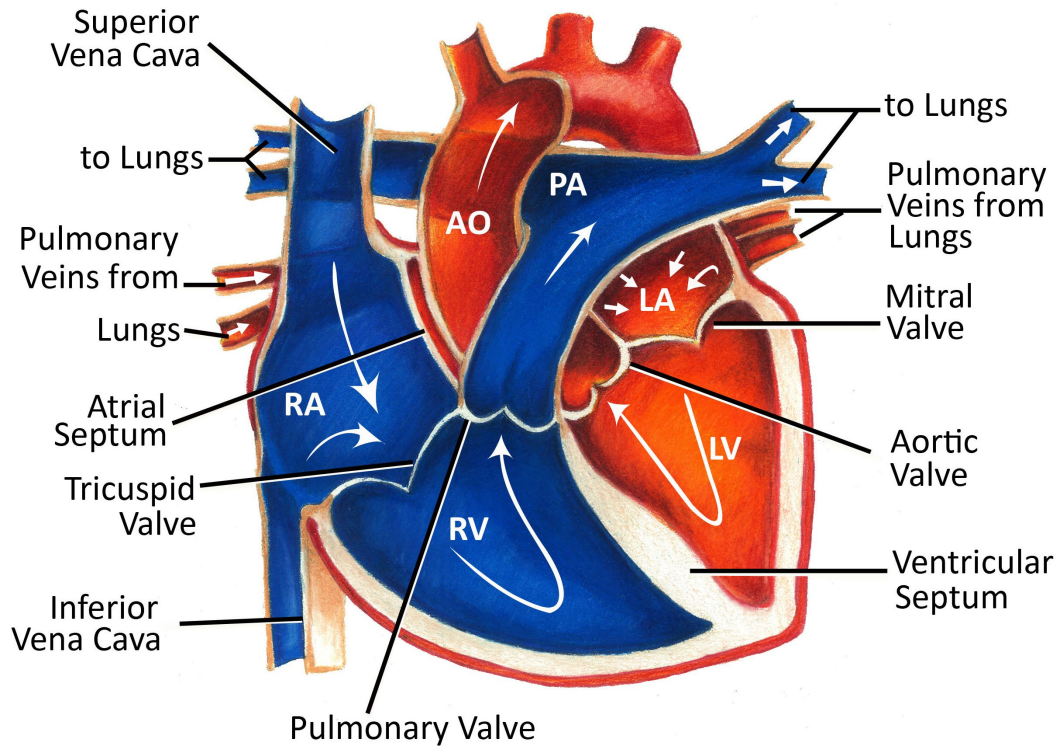


Electrocardiogram and relevant biomedical signal processing applications

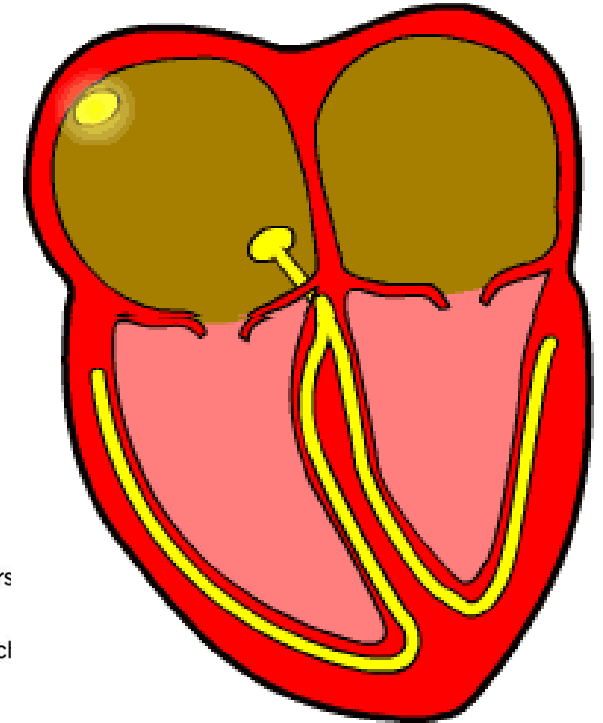
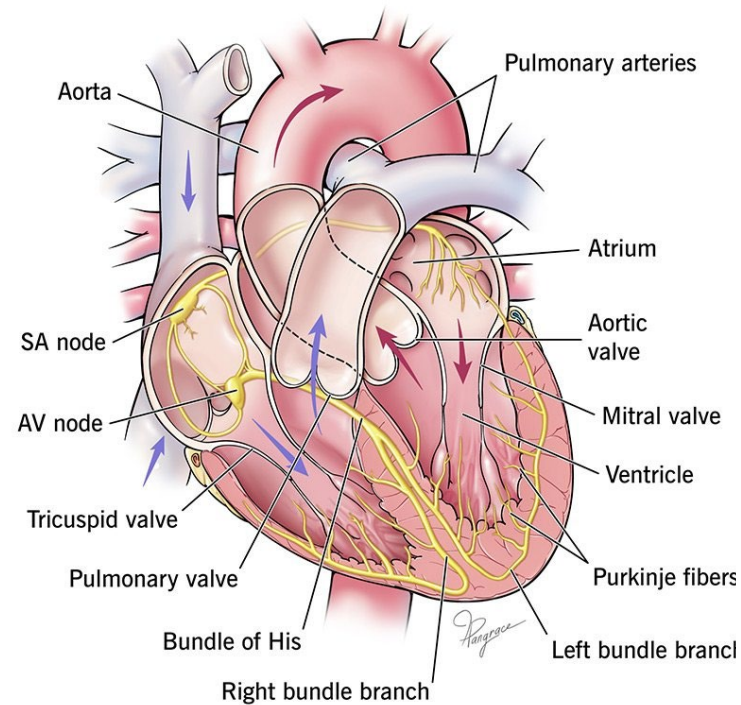


Heart: physiology and electrical activity

Blood flow



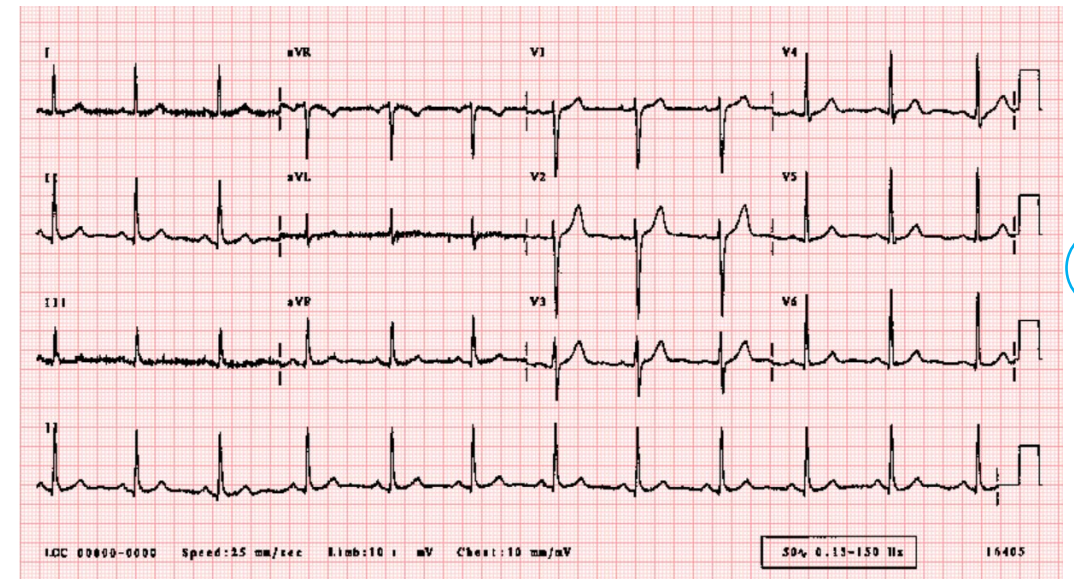
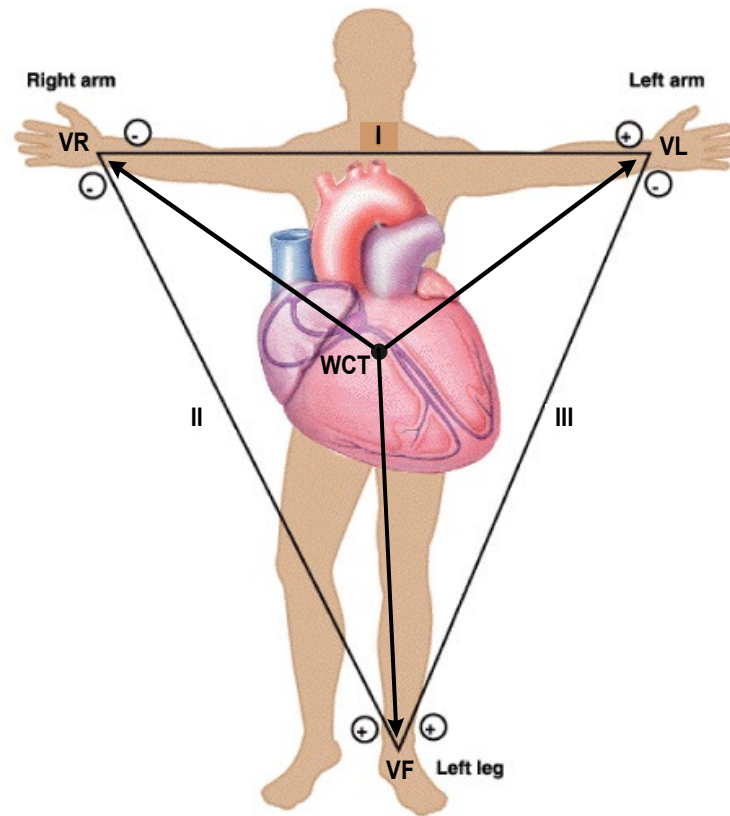
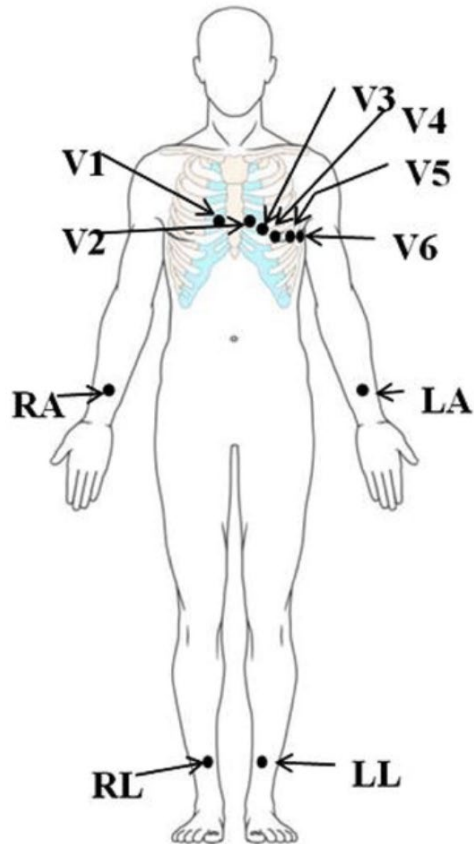
Electrical conduction



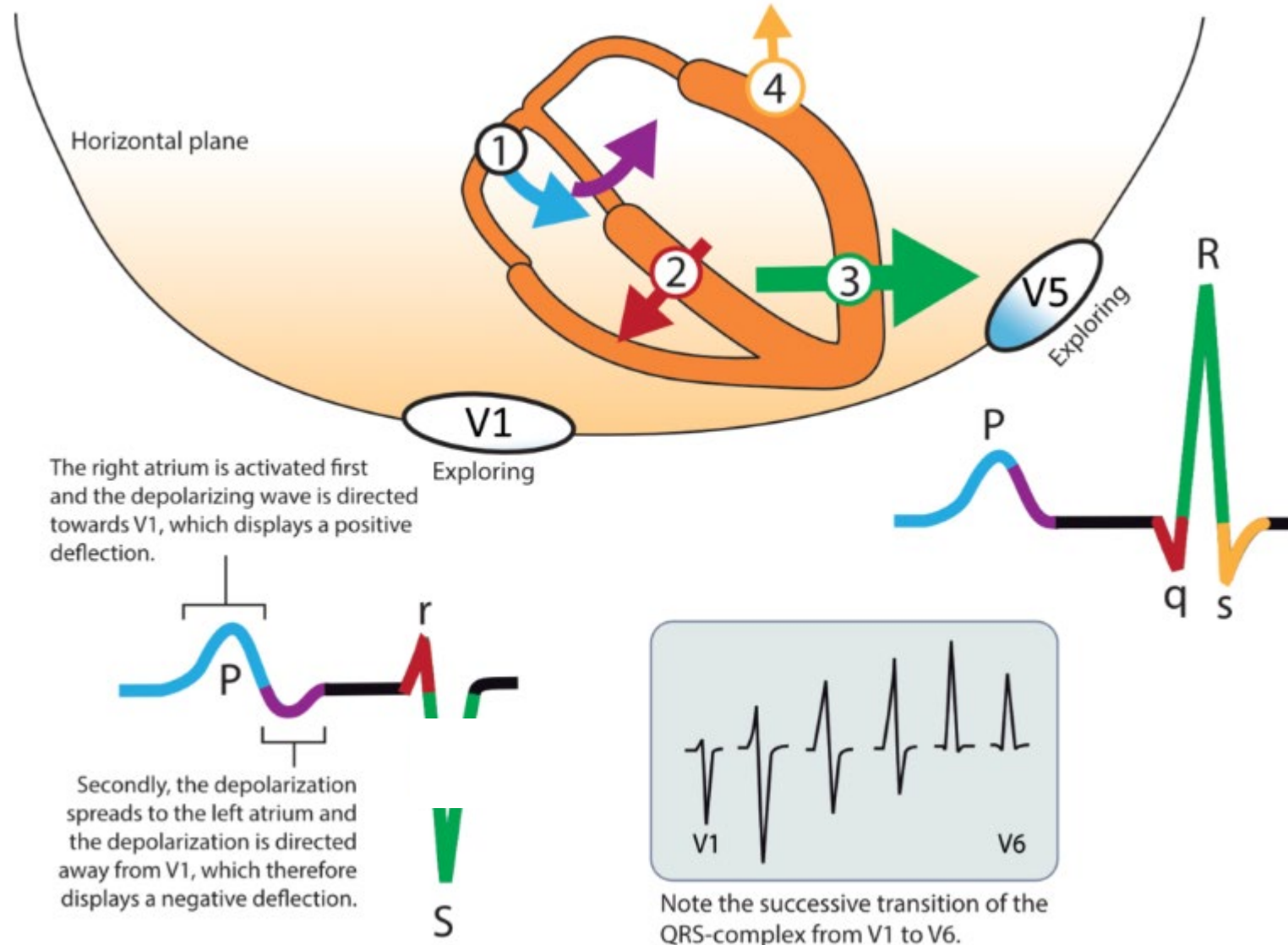
Electrocardiogram (ECG or EKG)

Standard 12-lead ECG

Einthoven's triangle



Electrocardiogram (ECG or EKG)



Electrocardiogram - signal processing applications

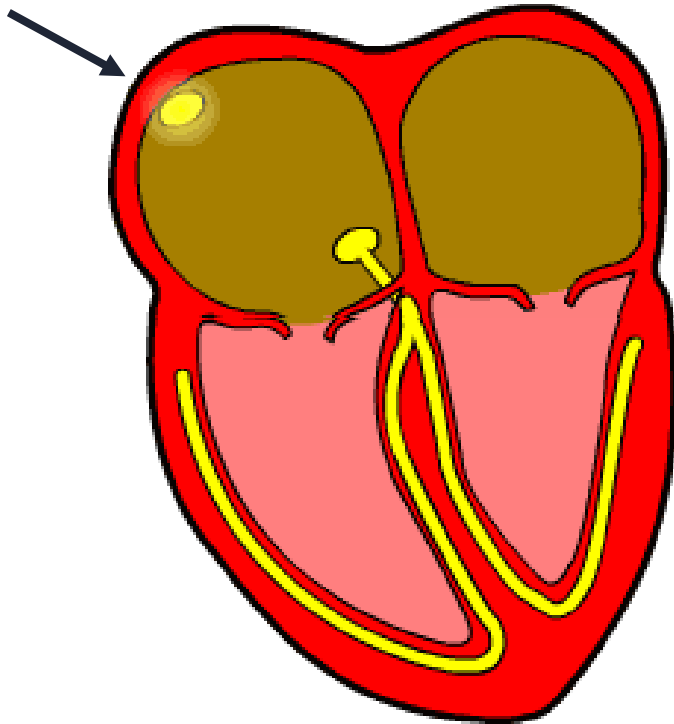
Atrial fibrillation facts:

- Prevalence of **3-7%** in elderly population
- Symptoms: syncope, chest pain, fatigue, palpitations, **heart failure and stroke**
- Diagnostic & treatment challenges: **intermittent and asymptomatic at its early stage**
- Signal processing challenges: **improve diagnostics** and **corresponding treatment** through **ECG information enhancement**

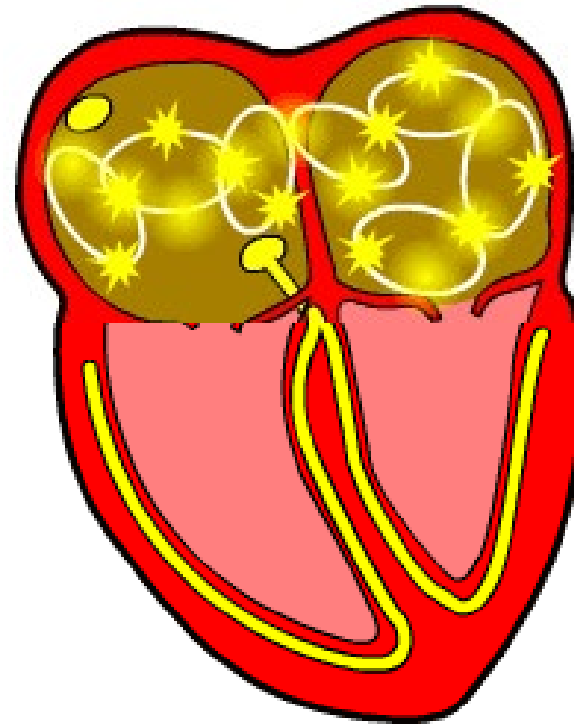
Cardiac arrhythmias - Mechanisms

Sinus (normal) rhythm

Sinus node



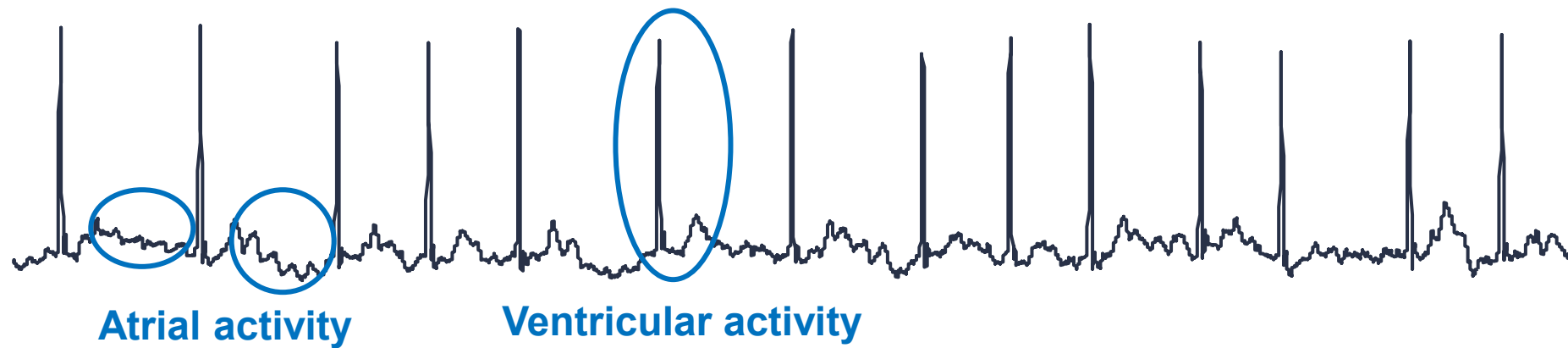
Atrial fibrillation



Electrocardiogram during cardiac arrhythmias

Surface ECG during atrial fibrillation (AF or Afib)

The most common tool used for the **clinical evaluation** of arrhythmias



Electrocardiogram - other arrhythmias

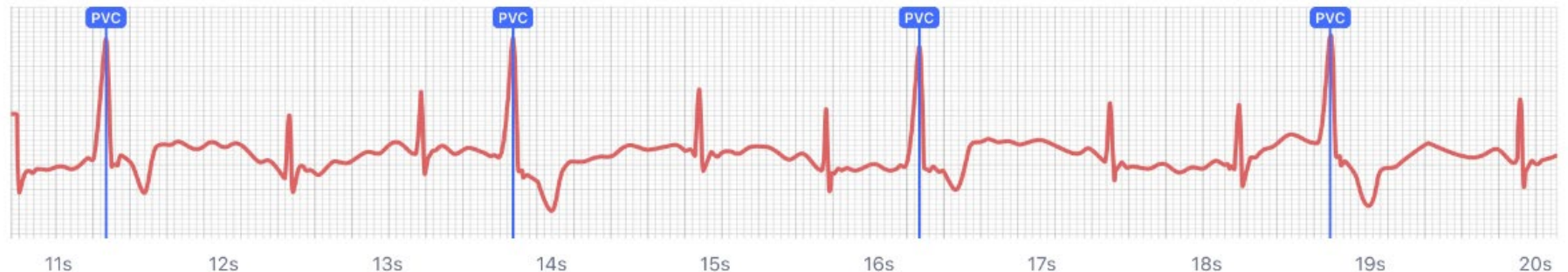
Ventricular bigeminy:

- is a cardiac arrhythmia in which there is a **single ectopic beat** (e.g., premature ventricular contraction), following each regular heartbeat



Ventricular trigeminy:

- same as bigeminy with a **pattern of three beats**



Electrocardiogram - other arrhythmias

Atrial flutter:

- is a cardiac arrhythmia in which the heart's **upper chambers** (atria) **beat too quickly**



33

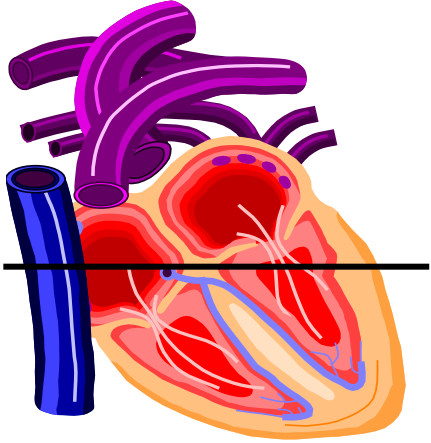
Second-degree AV block:

- is a **conduction block** between the atria and ventricles

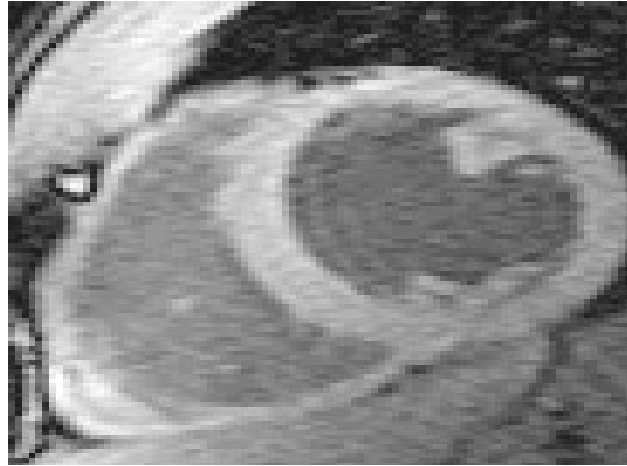


Simulation - ionic model of cardiac electrical activity

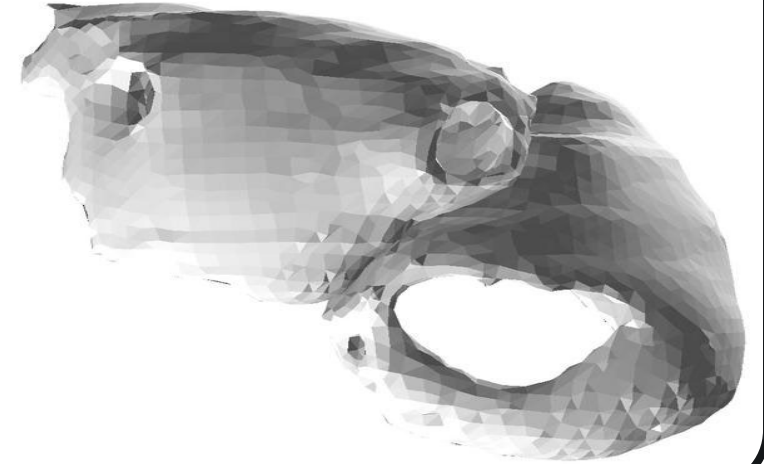
Human heart



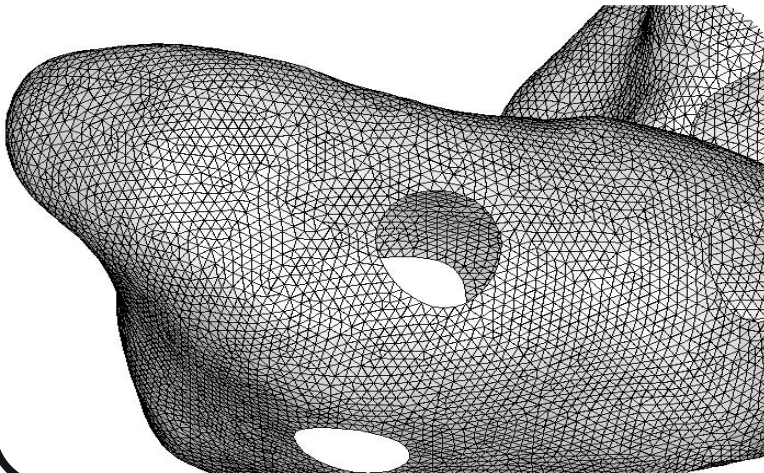
Magnetic resonance images



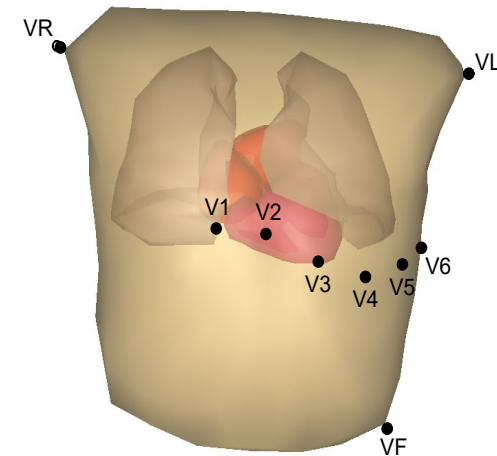
3D reconstruction



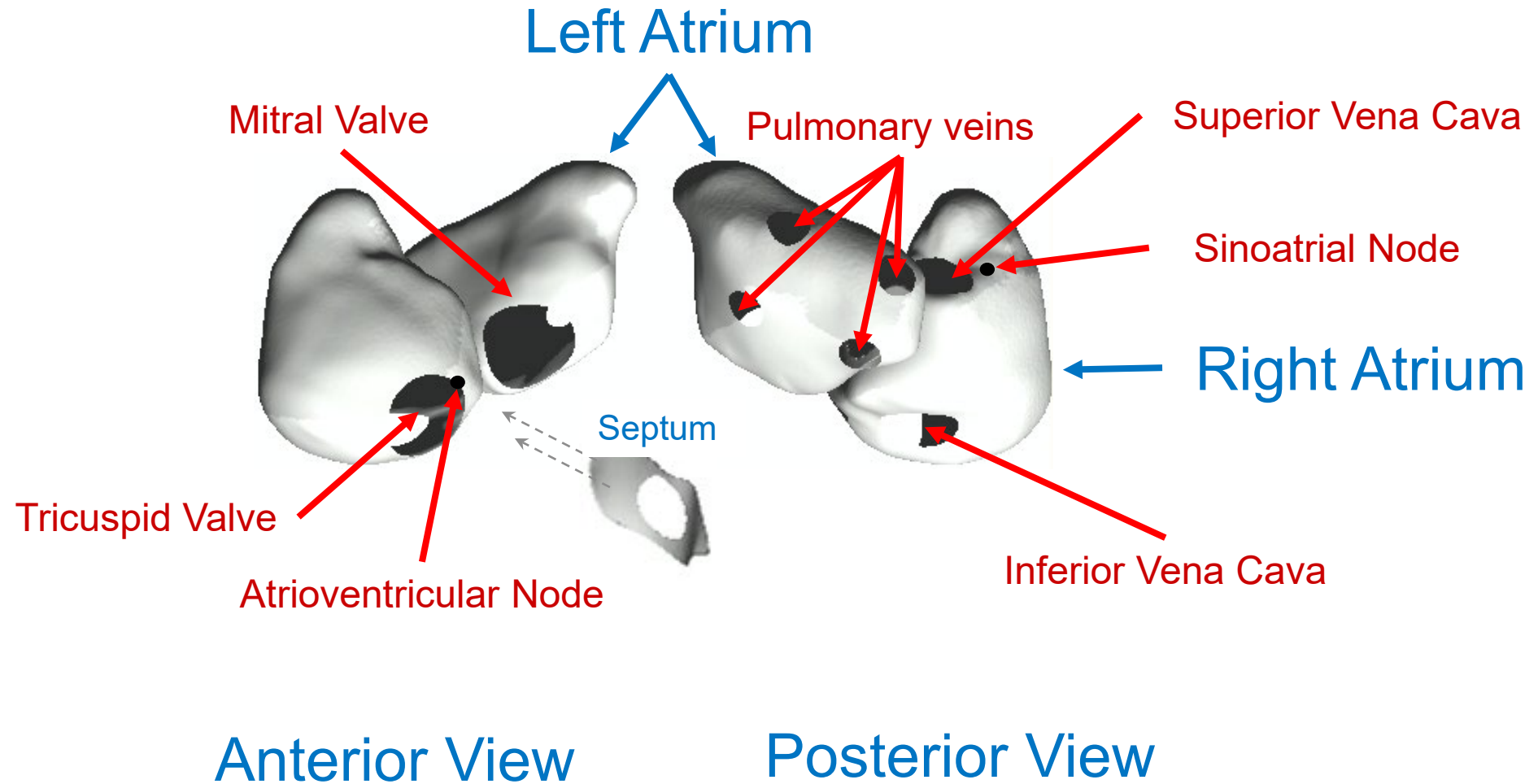
Mesh generation



Surface ECG model

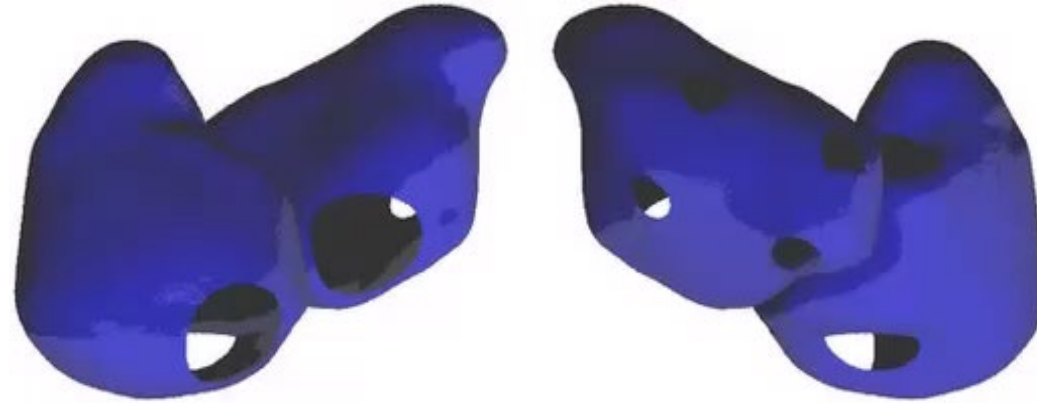


Simulation - ionic model of cardiac electrical activity



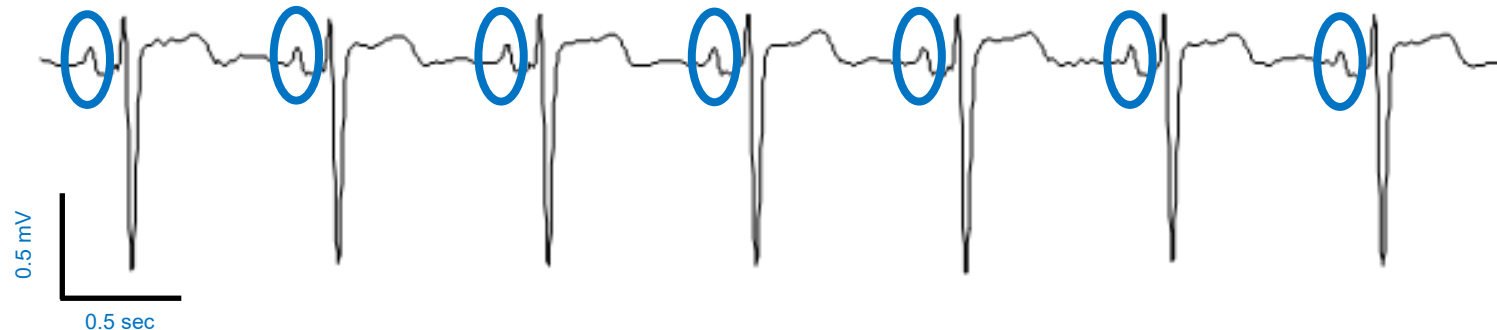
Simulation - ionic model of cardiac electrical activity

Normal atrial electrical propagation produces P waves



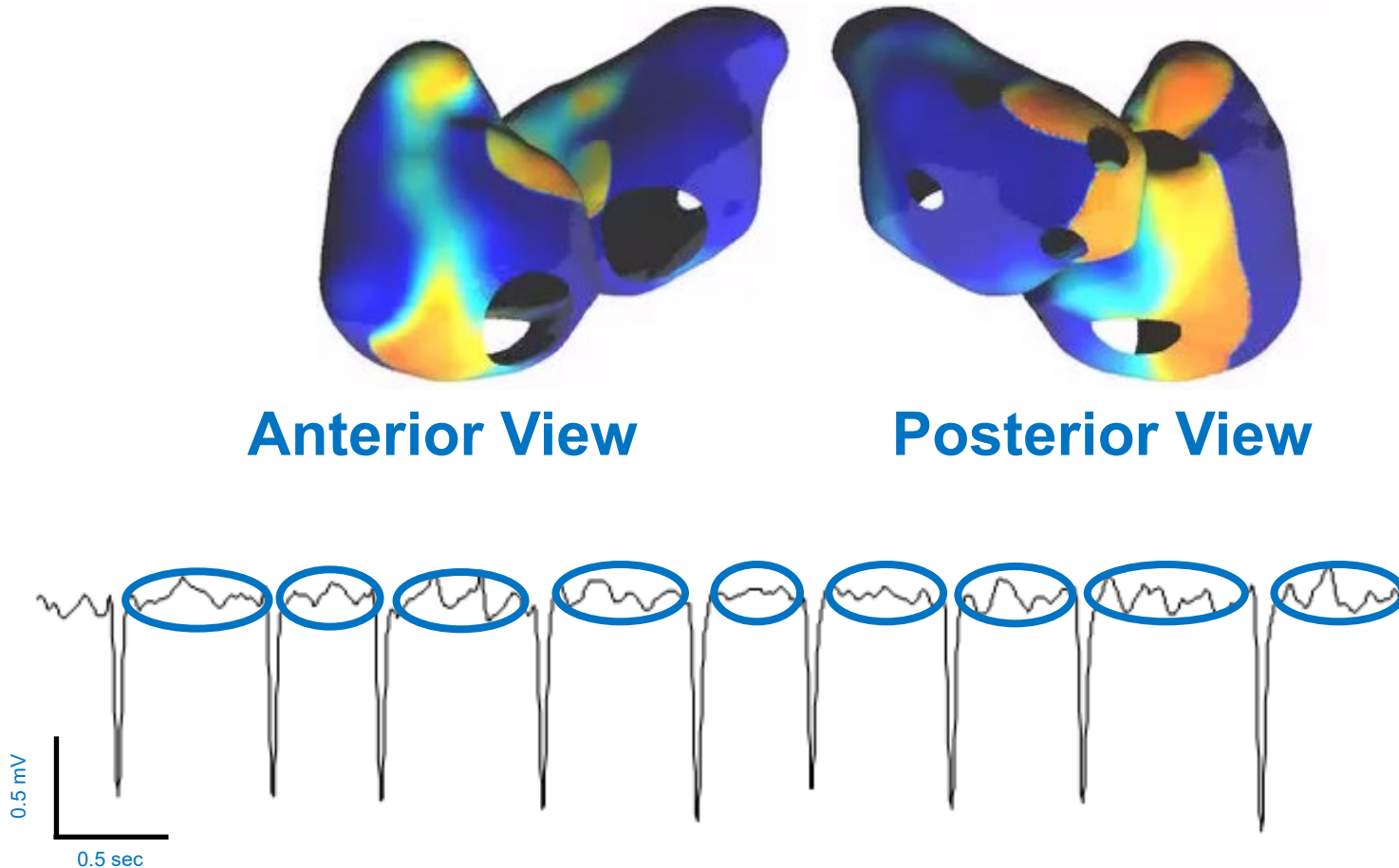
Anterior View

Posterior View



Simulation - ionic model of cardiac electrical activity

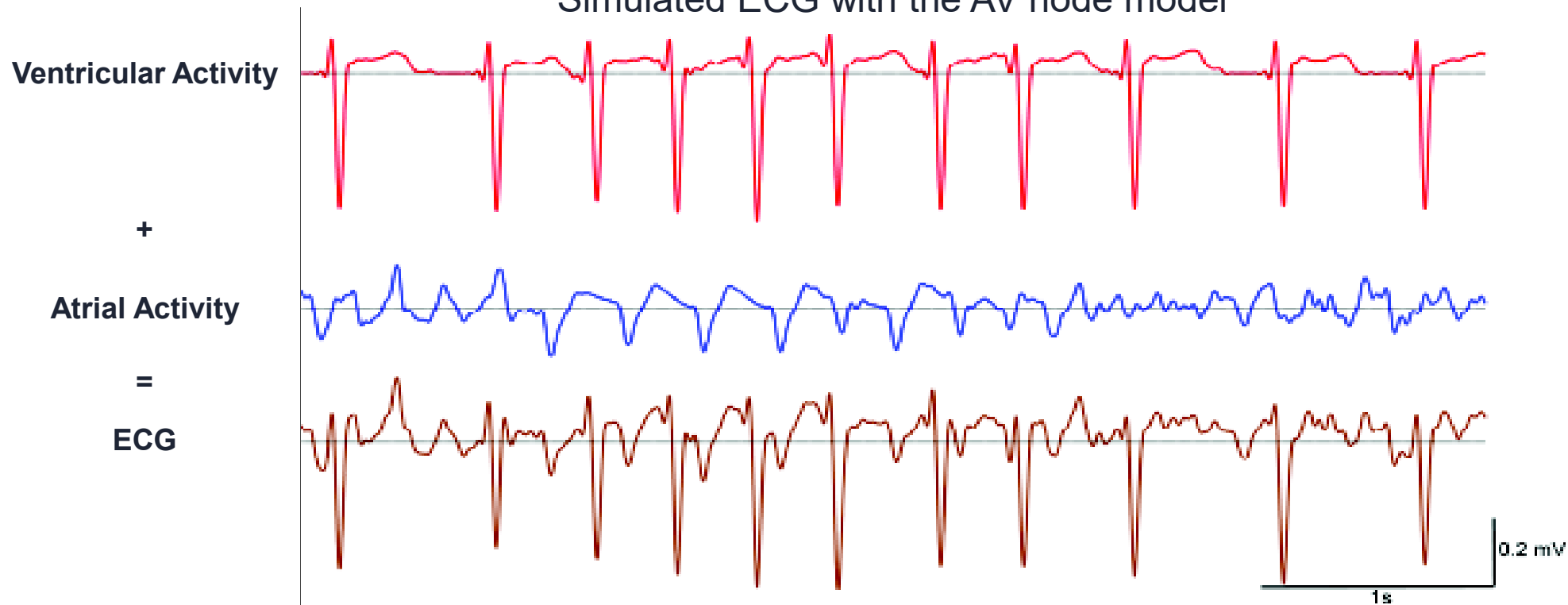
Atrial electrical propagation with **self-sustained reentrant waves** produces fibrillatory waves



Electrocardiogram - signal processing applications

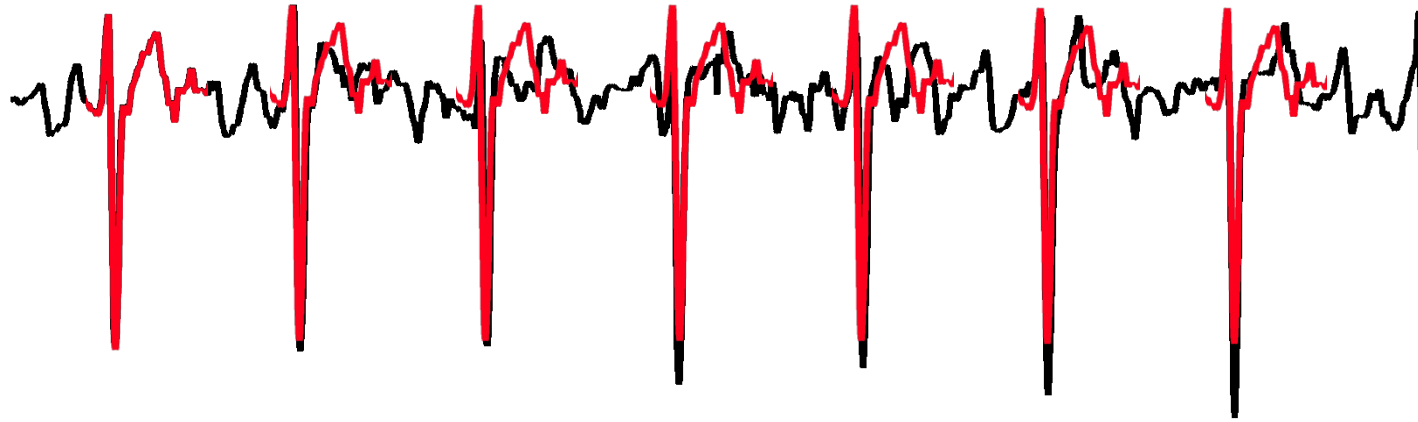
Simulated 12-lead ECG:

Simulated ECG with the AV node model



Electrocardiogram - signal processing applications

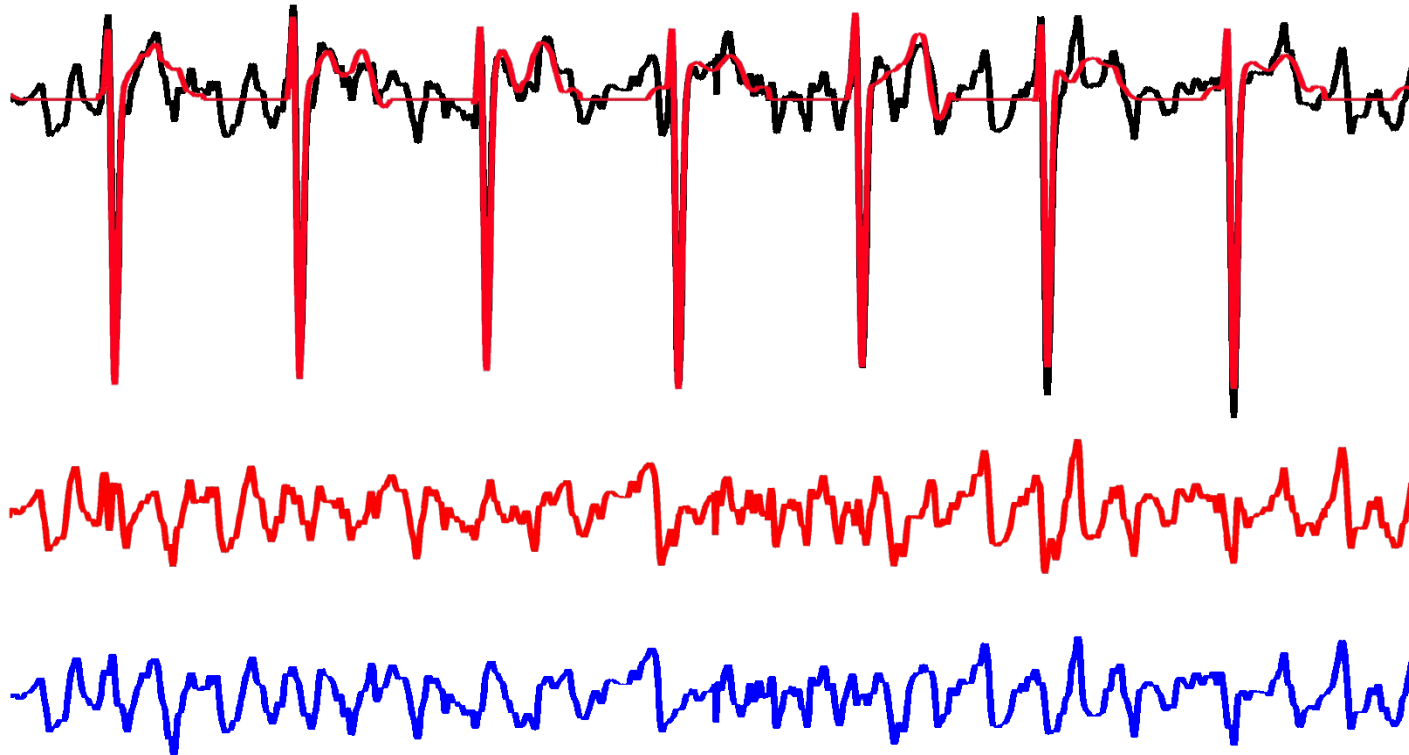
1st challenge: separate atrial and ventricular activities



Electrocardiogram - signal processing applications

Filter design, wavelet analysis, instantaneous frequency & adaptive filter frequency tracking, PCA & blind source separation, classification

1st challenge: separate atrial and ventricular activities



Electrocardiogram - signal processing applications

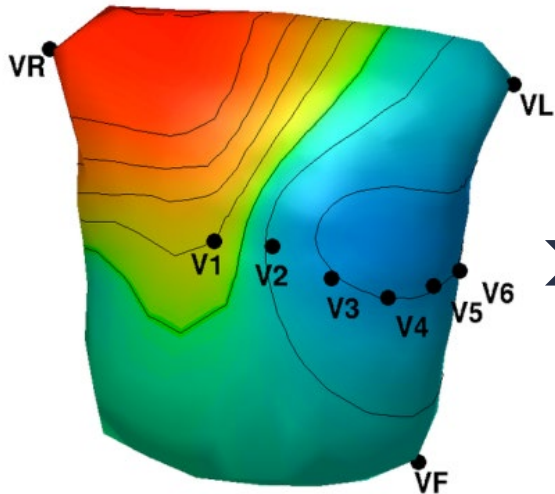
2nd challenge: cardiac arrhythmia classification

How to extract spatial information

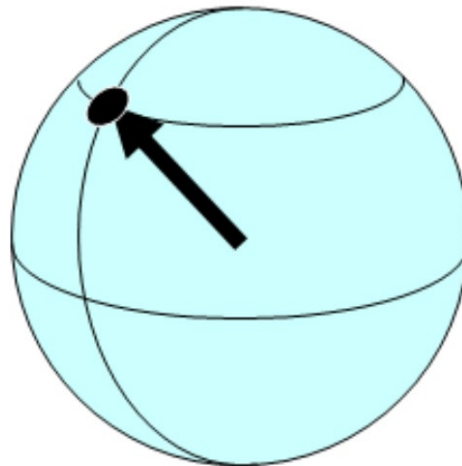
- One can compute a vectorcardiogram (VCG on X,Y,Z components) from 12 lead ECG signals

$$\vec{V}(t) = T\Phi_{ECG}(l, t)$$

Body surface potential



VCG (dipole)



Spatial references

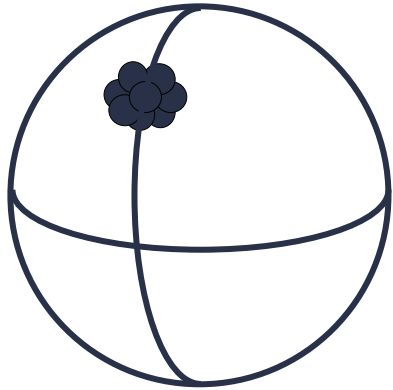


Electrocardiogram - signal processing applications

2nd challenge: cardiac arrhythmia classification

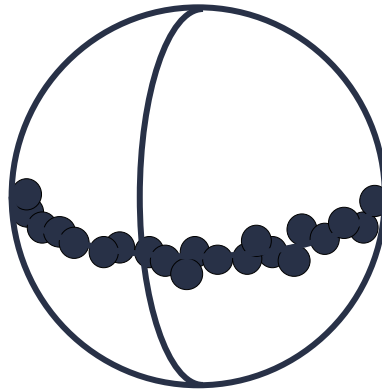
- Eigenvalues λ_1 , λ_2 and λ_3 are computed ($\lambda_1 + \lambda_2 + \lambda_3 = 1$)

$$\lambda_1 = 1$$
$$\lambda_2 = \lambda_3 = 0$$



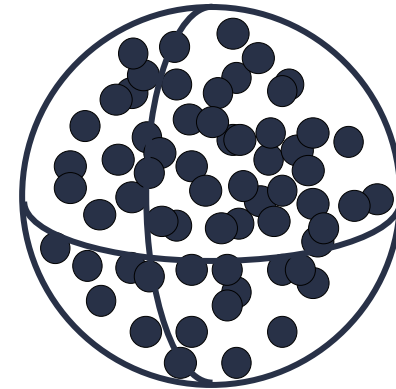
Peak distribution

$$\lambda_1 = \lambda_2 = 1/2$$
$$\lambda_3 = 0$$



**Distribution along
a great circle**

$$\lambda_1 = \lambda_2 = \lambda_3 = 1/3$$

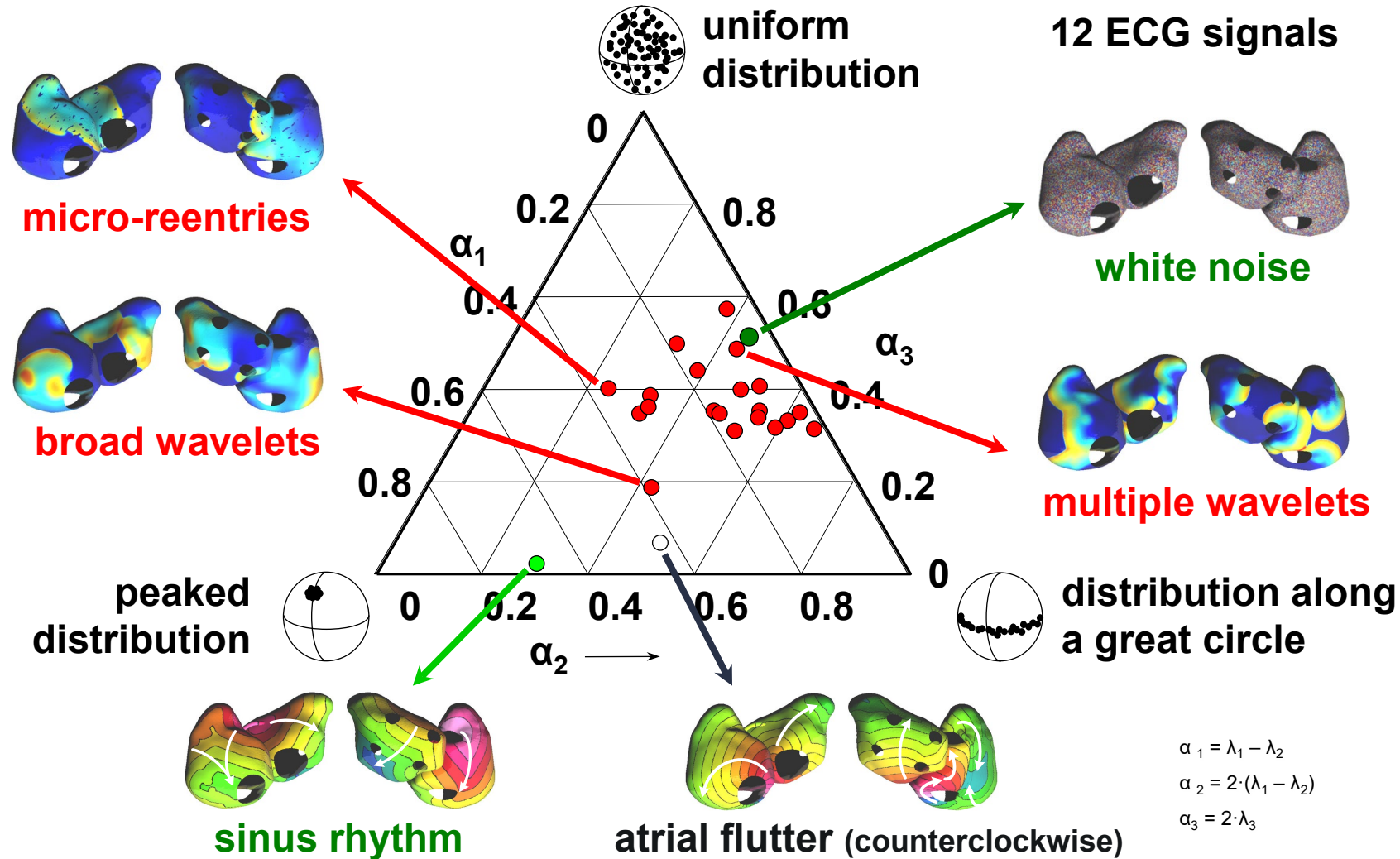


**Uniform
distribution**

Electrocardiogram - signal processing applications

SVD and its
eigen values,
classification,
clustering, NN

2nd challenge: cardiac arrhythmia classification



Electrocardiogram - signal processing applications

3rd challenge: ECG monitoring of foetus

Maternal heart

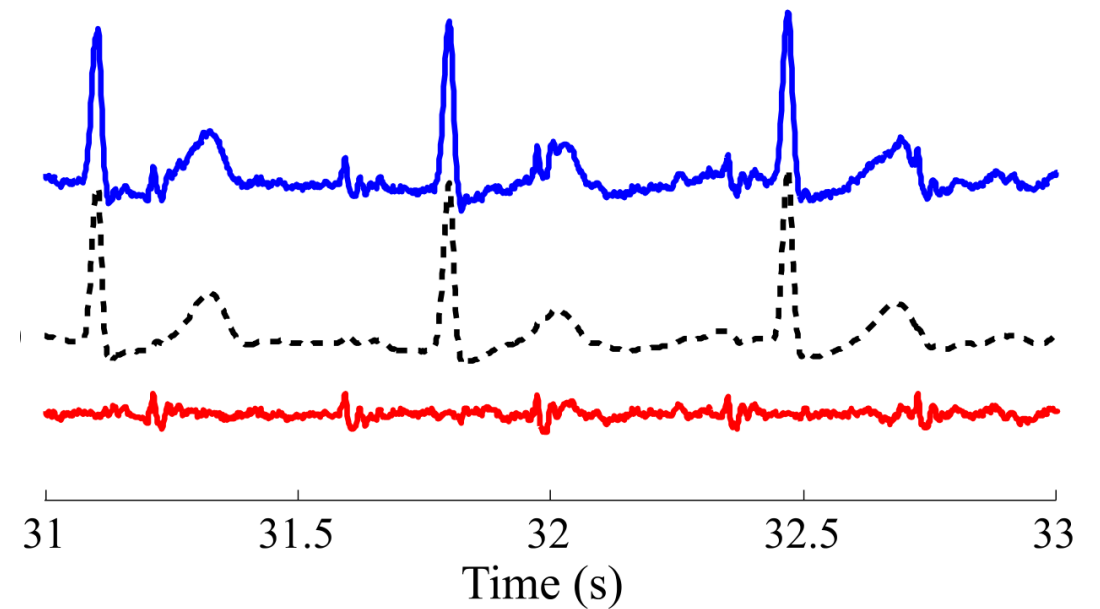
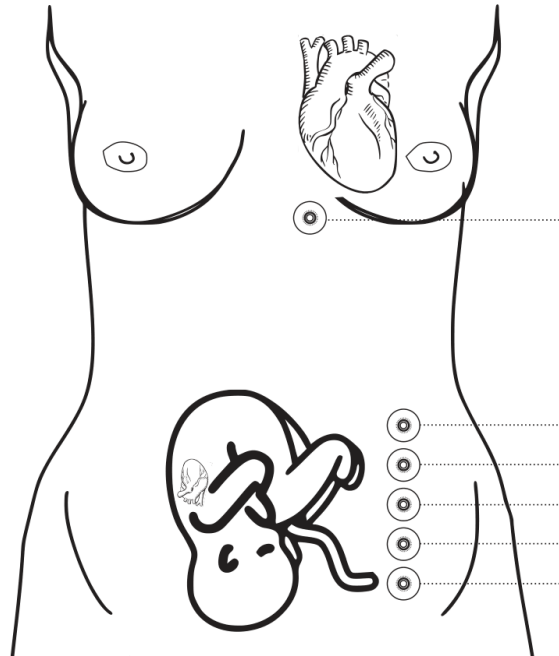
$$U_m = 50 \mu\text{V} - 5 \text{ mV}$$

$$\text{HR}_m = 60 - 80 \text{ bpm}$$

Fetal heart

$$U_f = 10 \mu\text{V} - 300 \mu\text{V}$$

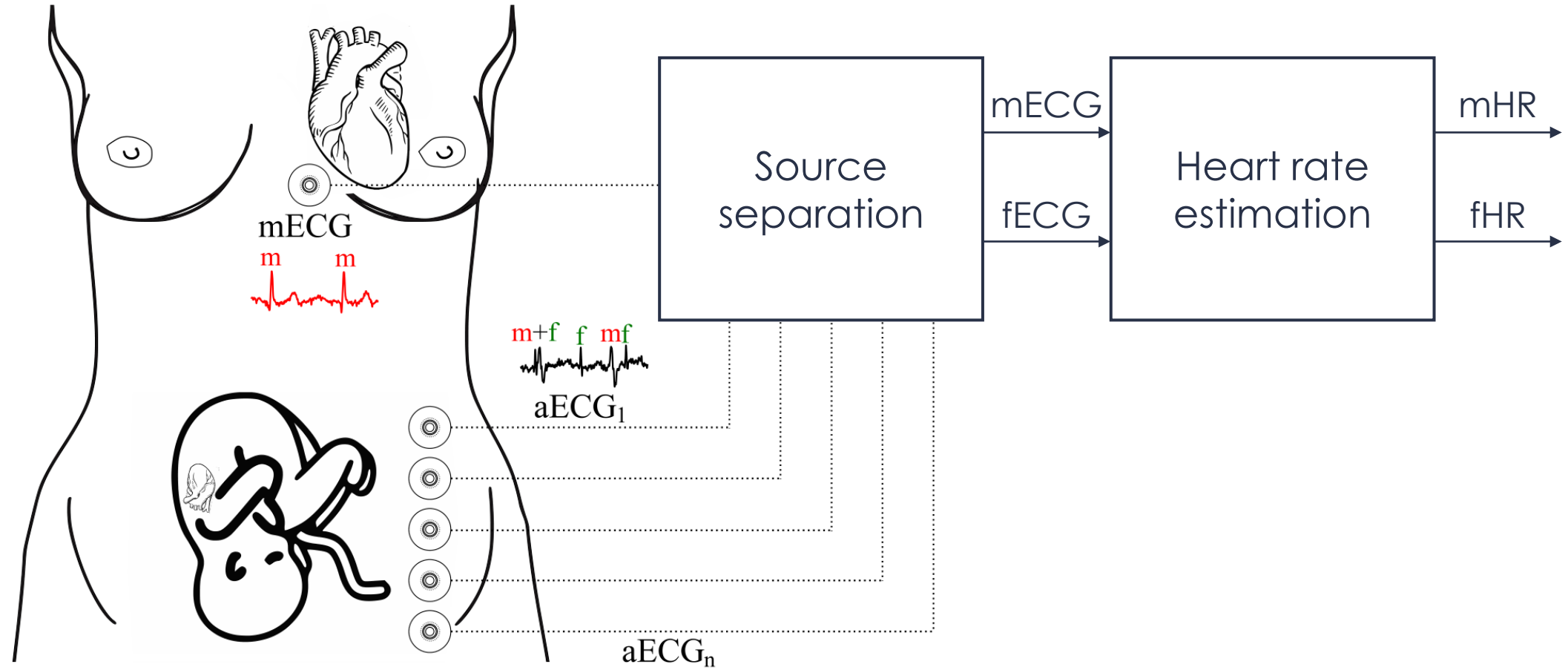
$$\text{HR}_f = 110 - 180 \text{ bpm}$$



Electrocardiogram - signal processing applications

PCA & blind source separation, adaptive filter frequency tracking, power spectral analysis

3rd challenge: ECG monitoring of foetus

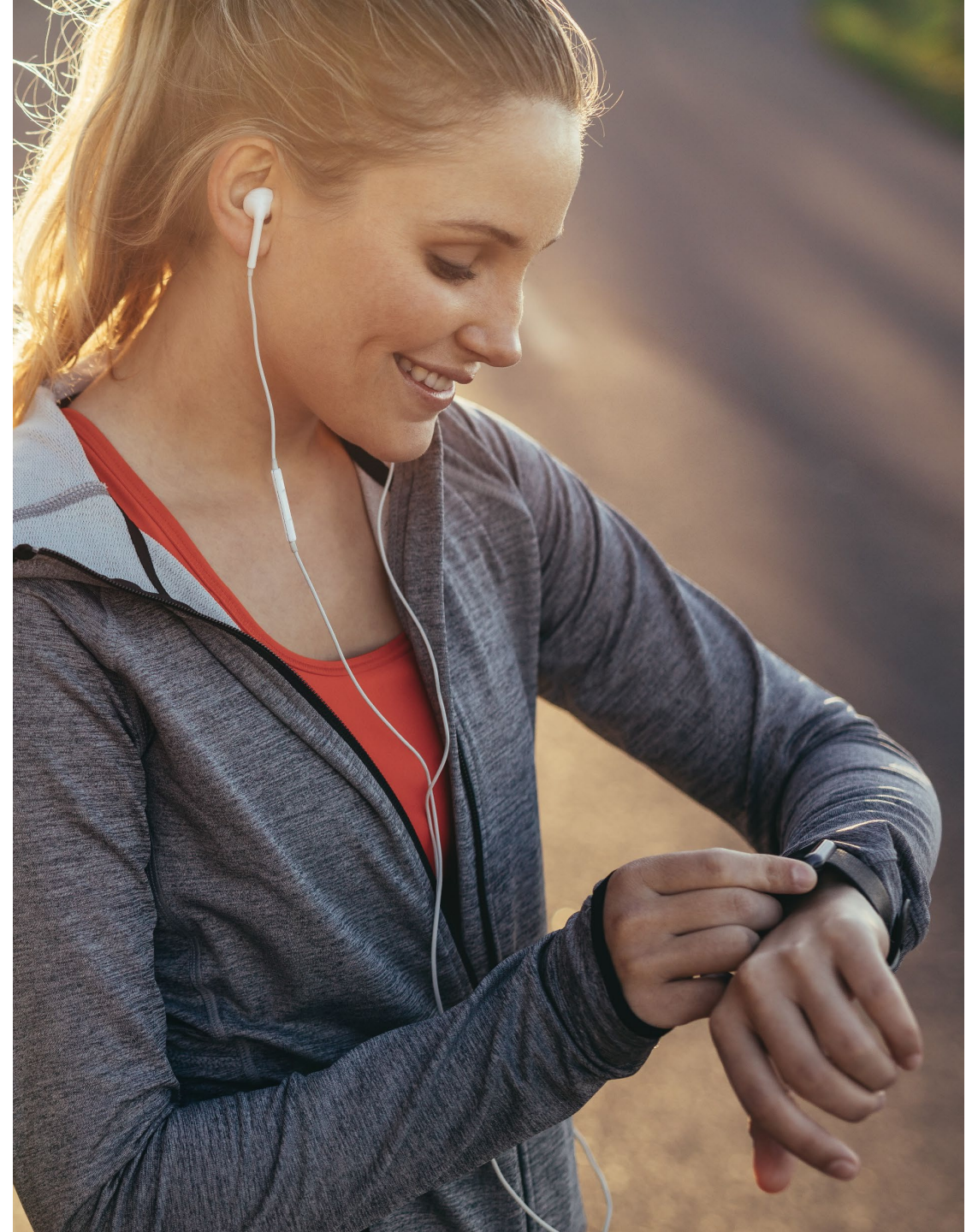


Labo 01 - Electrocardiogram & Cardiac Arrhythmias

- 1) Download the .zip on moodle
- 2) Use Jupyter note to execute
ecg_data.ipynb
<https://noto.epfl.ch/>



Photoplethysmography and relevant biomedical signal processing applications



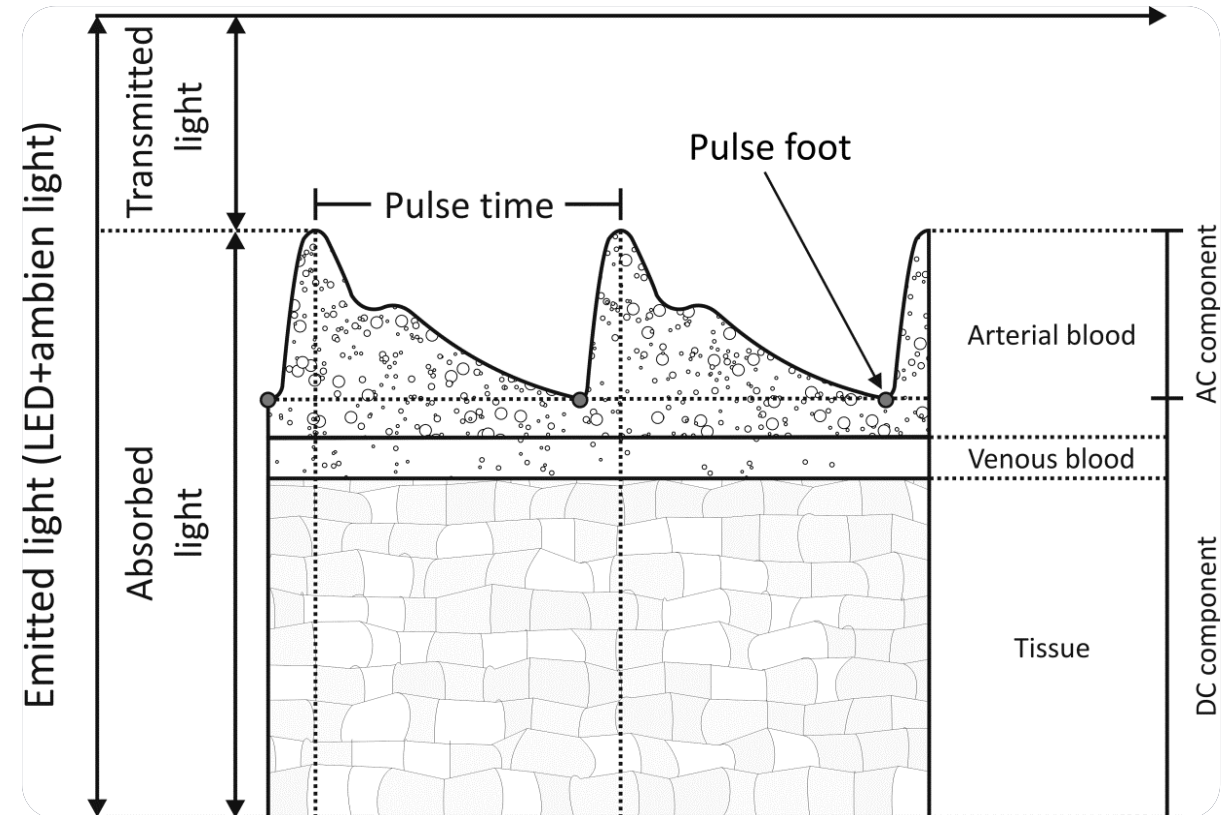
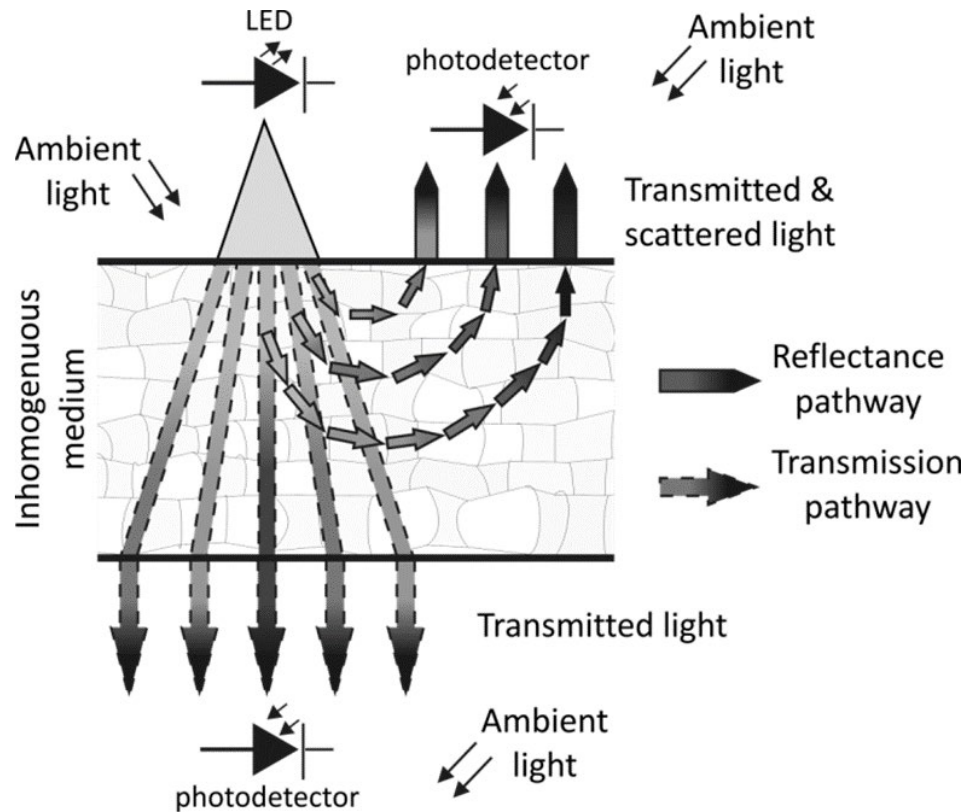
Photoplethysmography (PPG) - Basics



Pulse oximeter



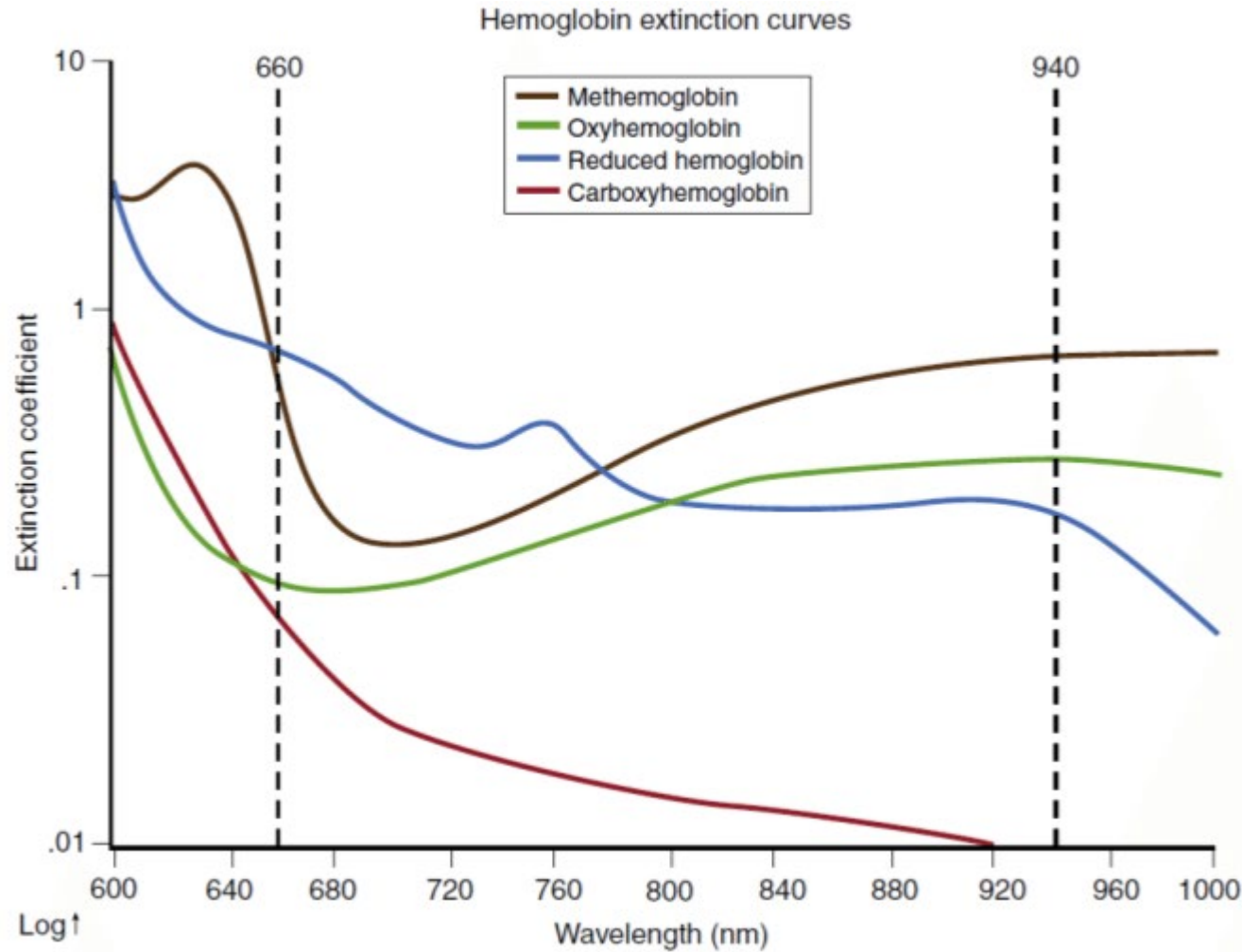
PPG bracelet



Measurement of volume changes by optical means

Blood volume variations modify light absorption

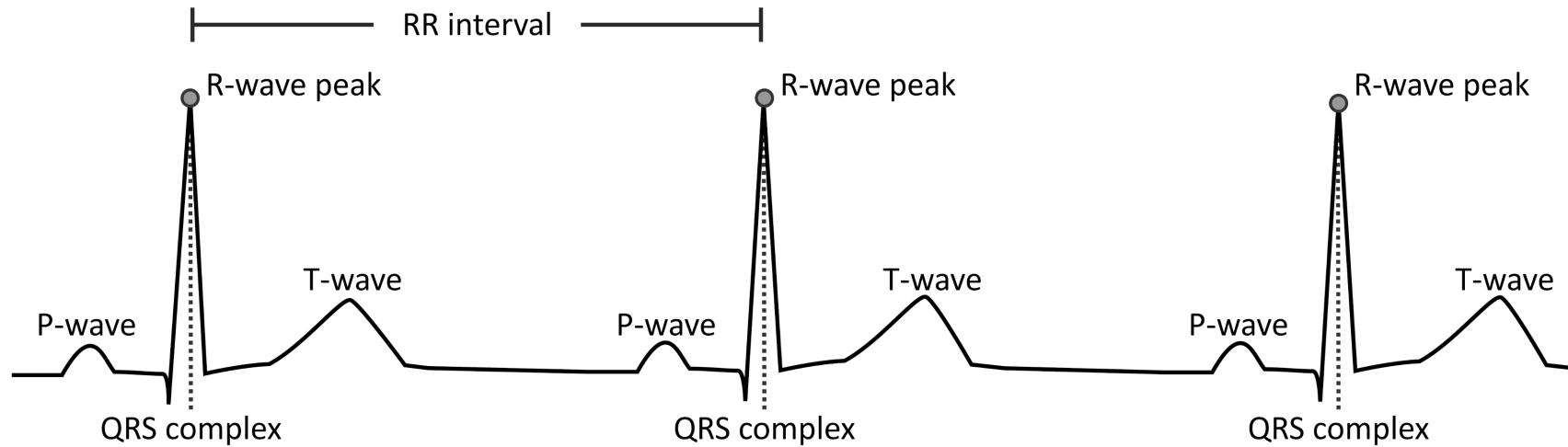
Photoplethysmography (PPG) - Oxygen saturation



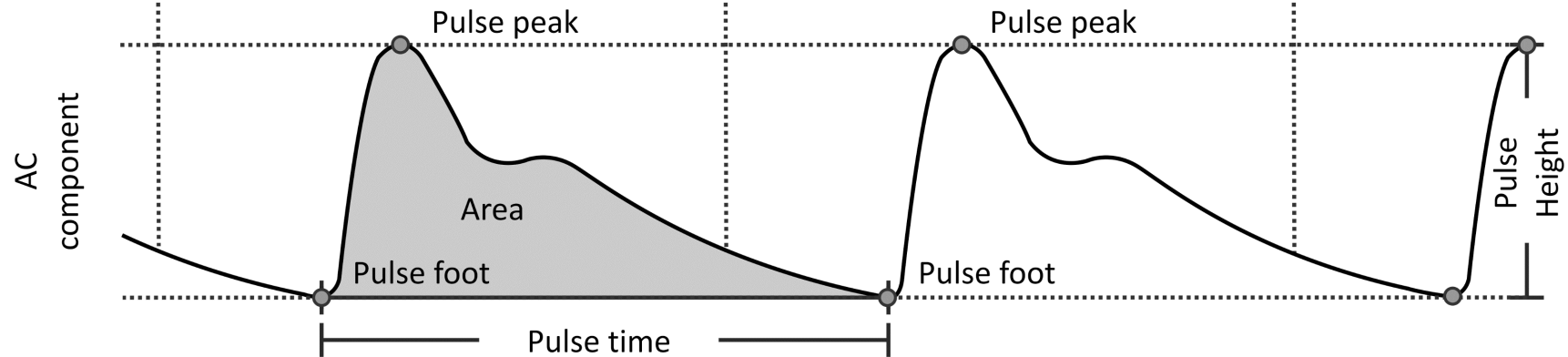
$$R = \frac{A_{AC660} / A_{DC660}}{A_{AC940} / A_{DC940}}$$

Photoplethysmography (PPG) - Basics

ECG signal

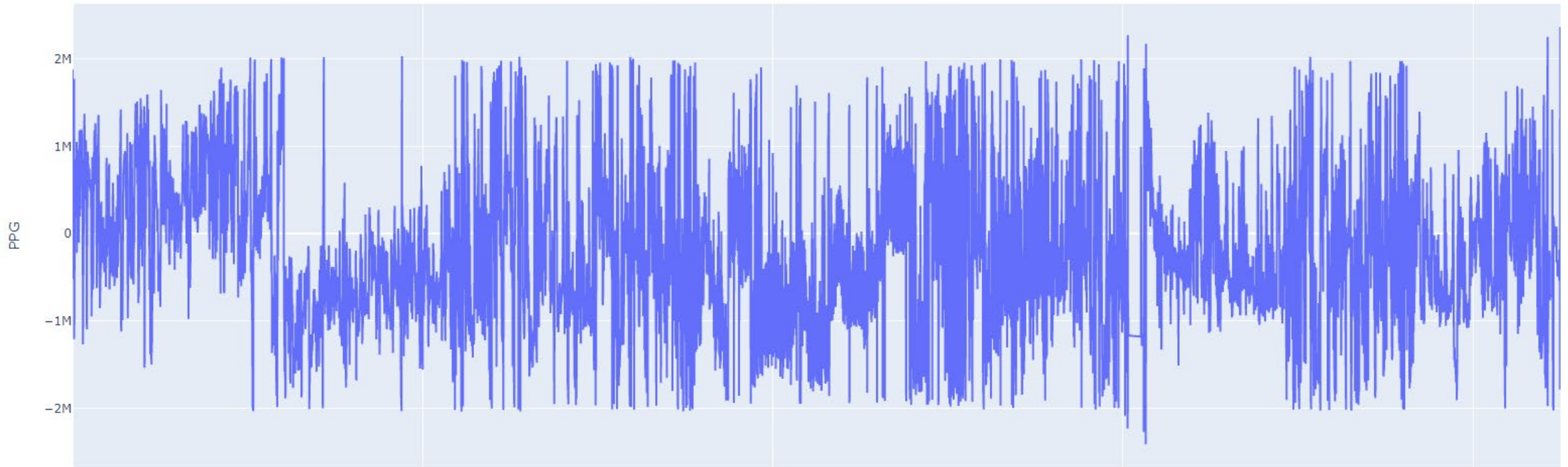


PPG signal



Photoplethysmography - signal processing applications

1st challenge: track heart rate during physical activities



Raw PPG signals
(daily activities)

Photoplethysmography - signal processing applications

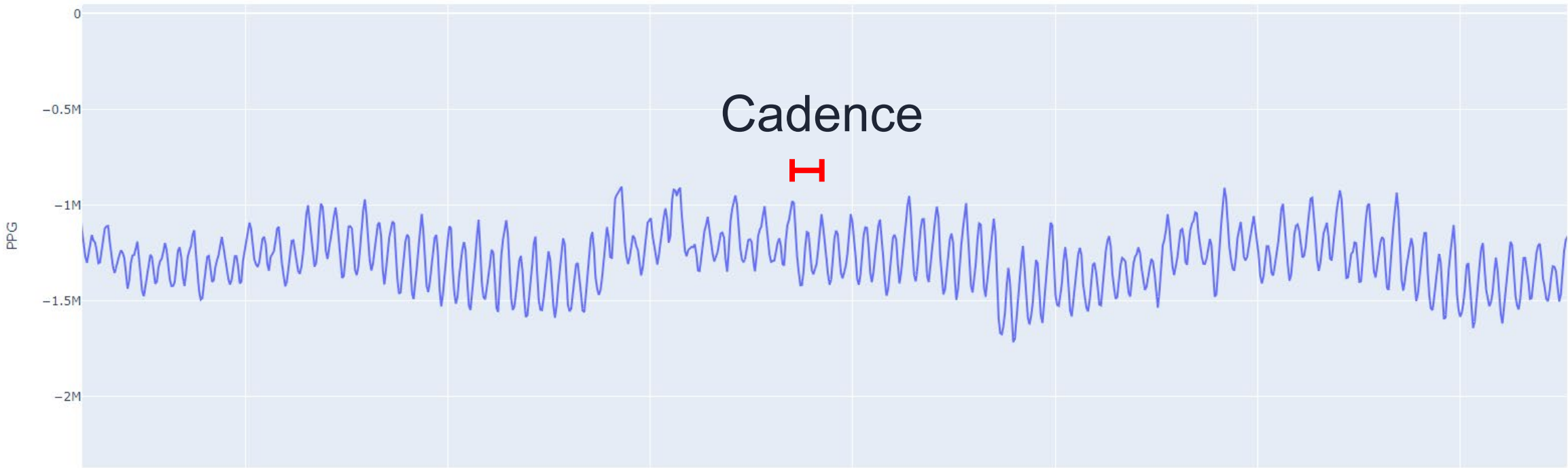
1st challenge: track heart rate during physical activities



Raw PPG signals
(at rest)

Photoplethysmography - signal processing applications

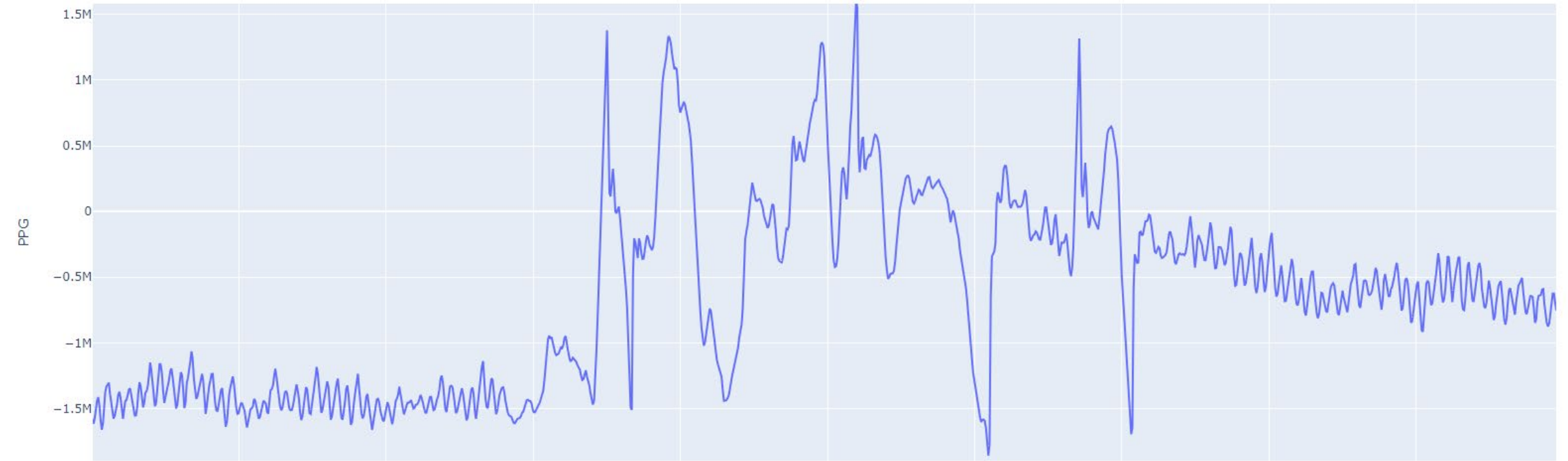
1st challenge: track heart rate during physical activities



Raw PPG signals
(running with motion)

Photoplethysmography - signal processing applications

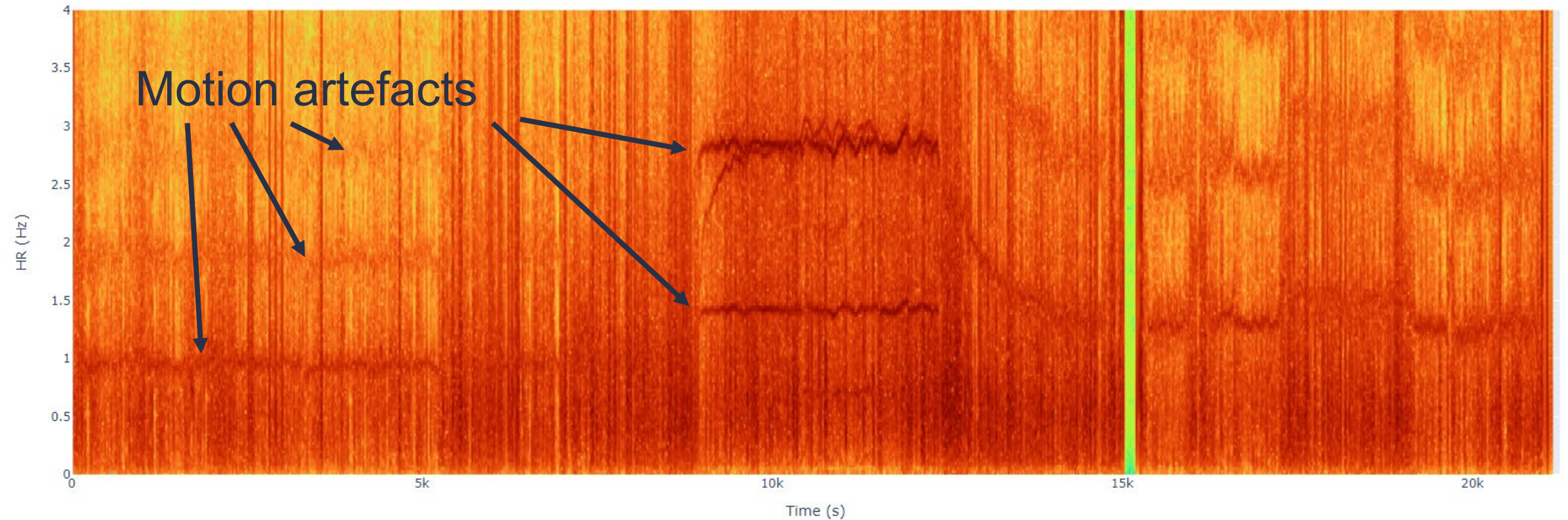
1st challenge: track heart rate during physical activities



Raw PPG signals
(running with motion + artefacts)

Photoplethysmography - signal processing applications

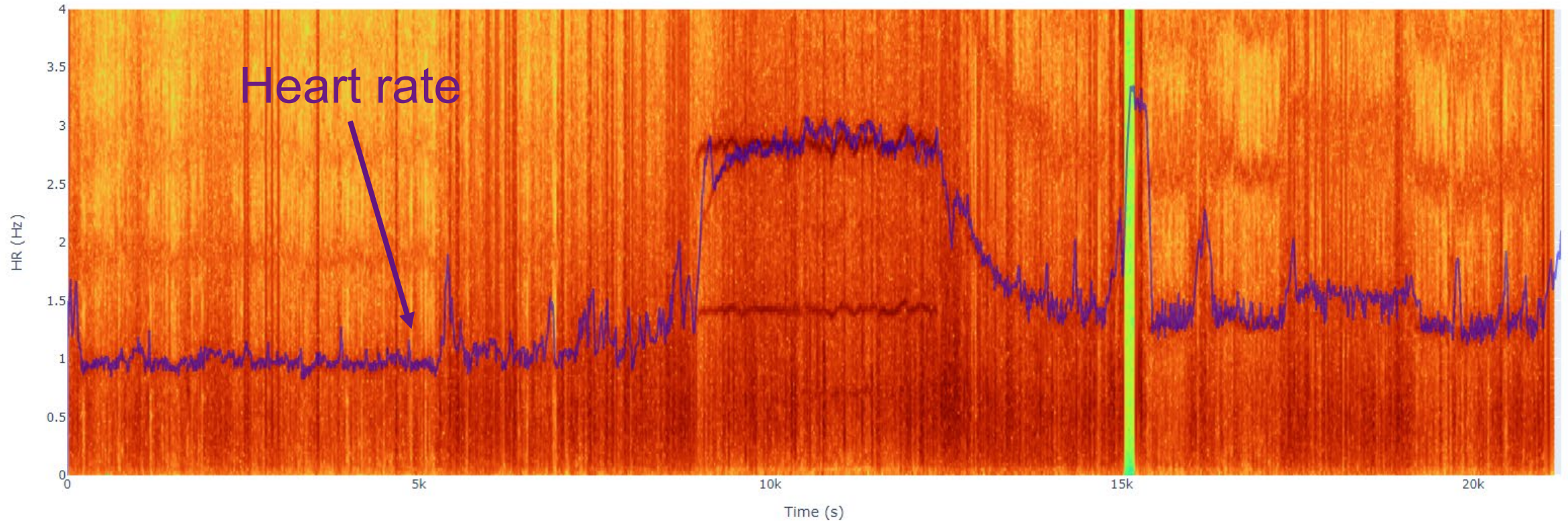
1st challenge: track heart rate during physical activities



Time frequency analysis

Photoplethysmography - signal processing applications

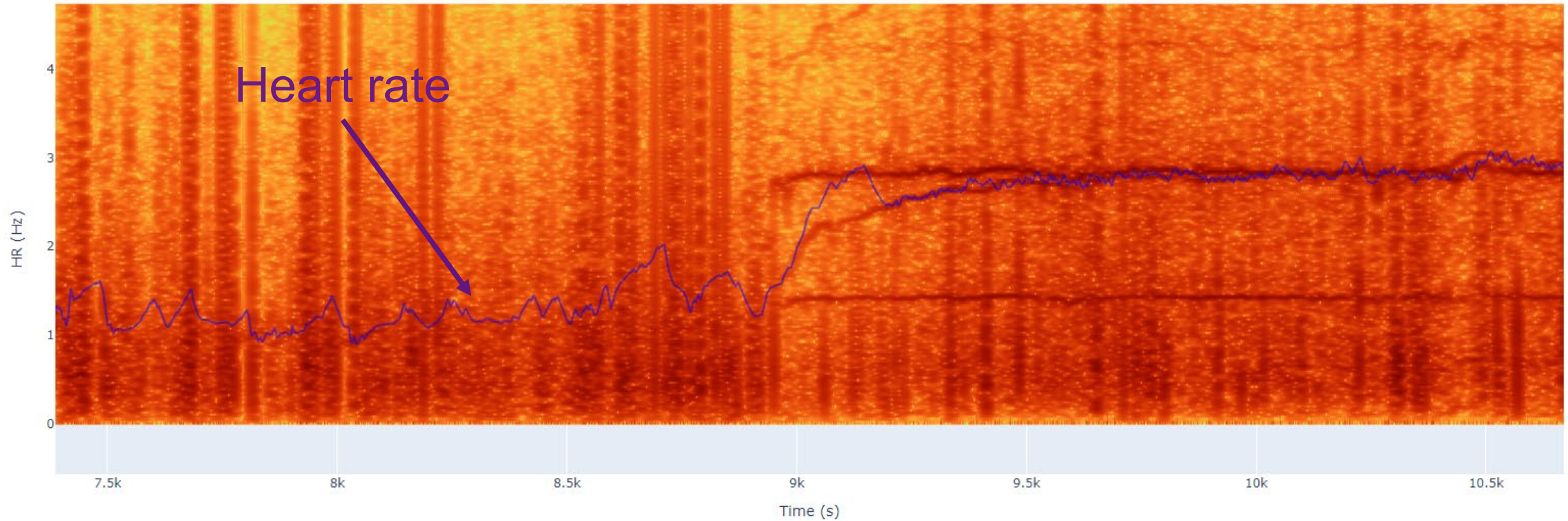
1st challenge: track heart rate during physical activities



Photoplethysmography - signal processing applications

Time frequency,
adaptive filter
frequency
tracking, power
spectral analysis

1st challenge: track heart rate during physical activities



Labo 01 - Photoplethysmography & Motion artifacts

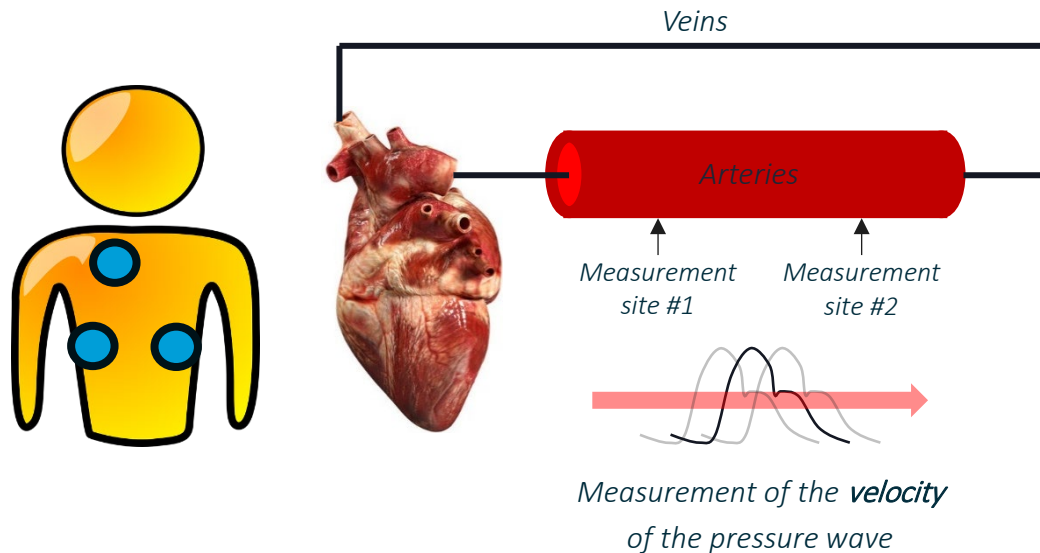
[activity_data.ipynb](#)



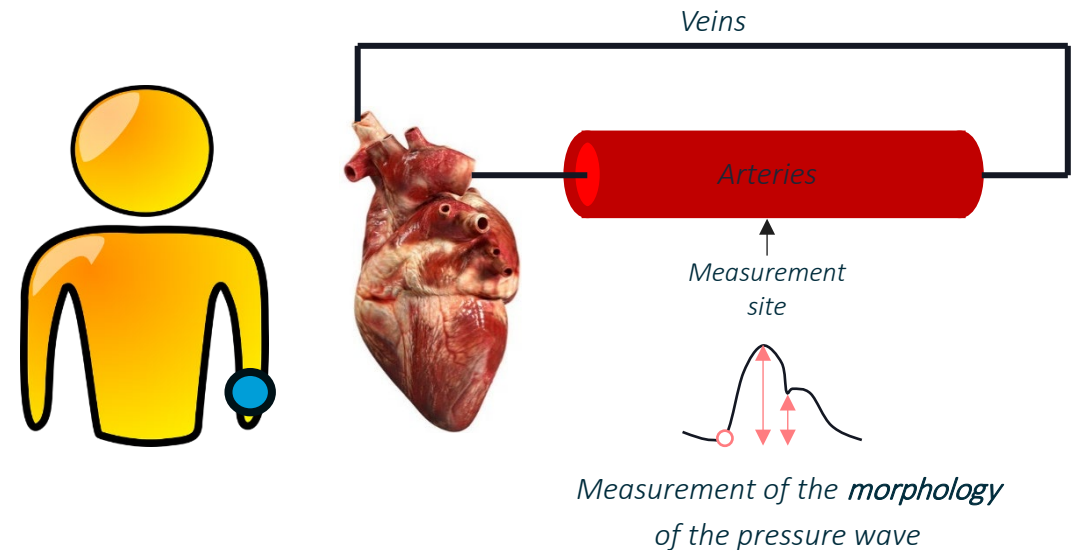
Photoplethysmography - signal processing applications

2nd challenge: blood pressure monitoring

Technologies based on
pulse wave velocity (PWV)



Technologies based on
pulse wave analysis (PWA)



59

 **oBPM[®]** – optical blood pressure monitoring

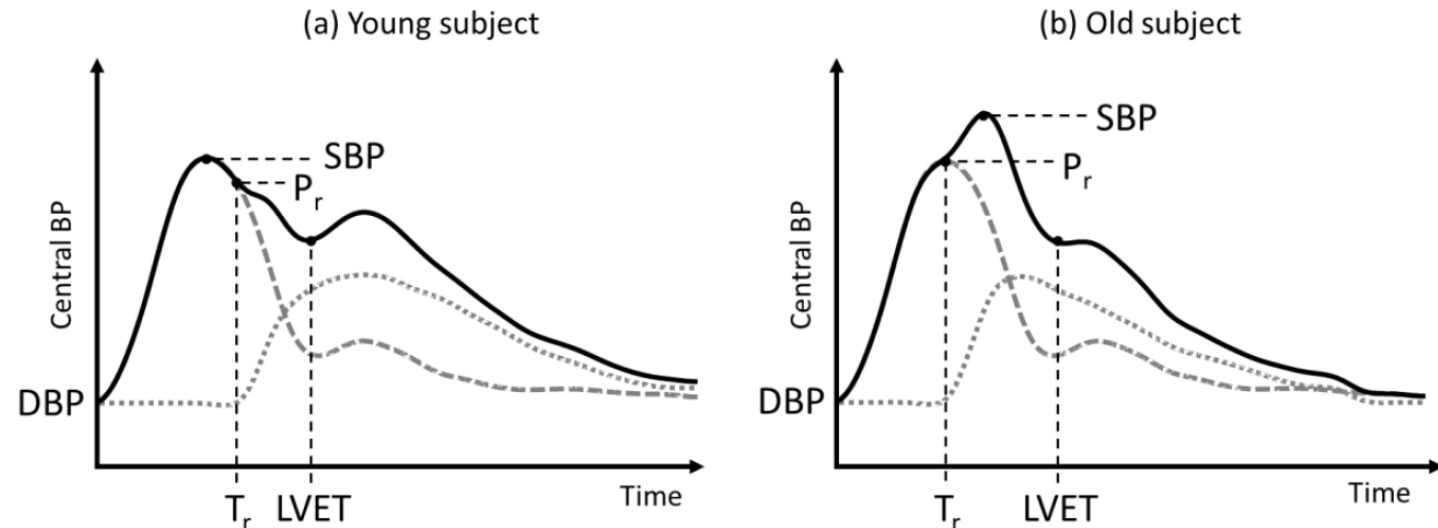
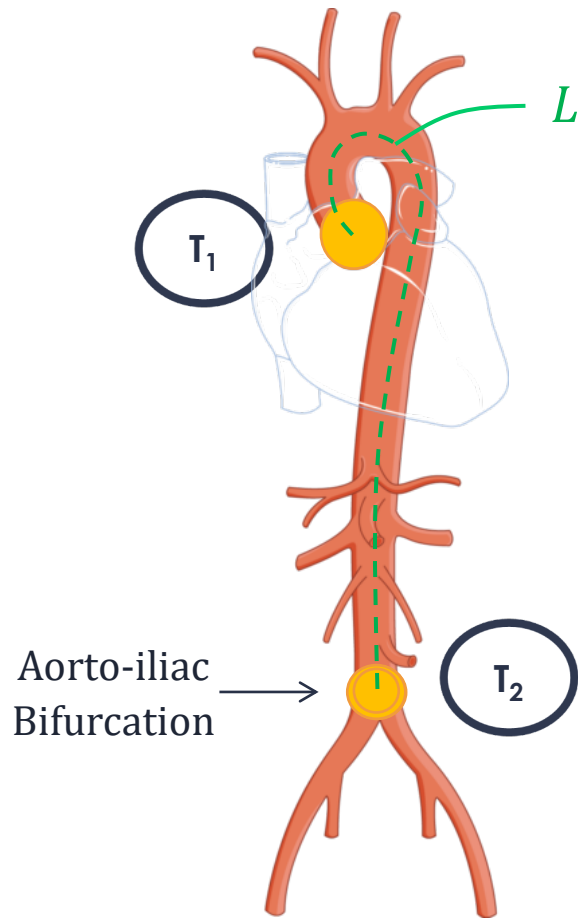
Photoplethysmography - signal processing applications

2nd challenge: blood pressure monitoring

oBPM[®]: Physiological background & algorithm pipeline

$$\text{Central Pulse Wave Velocity} = \frac{L}{T_2 - T_1} = \sqrt{1/(\rho\delta)} \propto \sqrt{1/\delta} \quad (\text{Bramwell-Hill equation})$$

- δ = Aortic distensibility
- ρ = Density of blood (constant)
- L = Aorta length (constant)

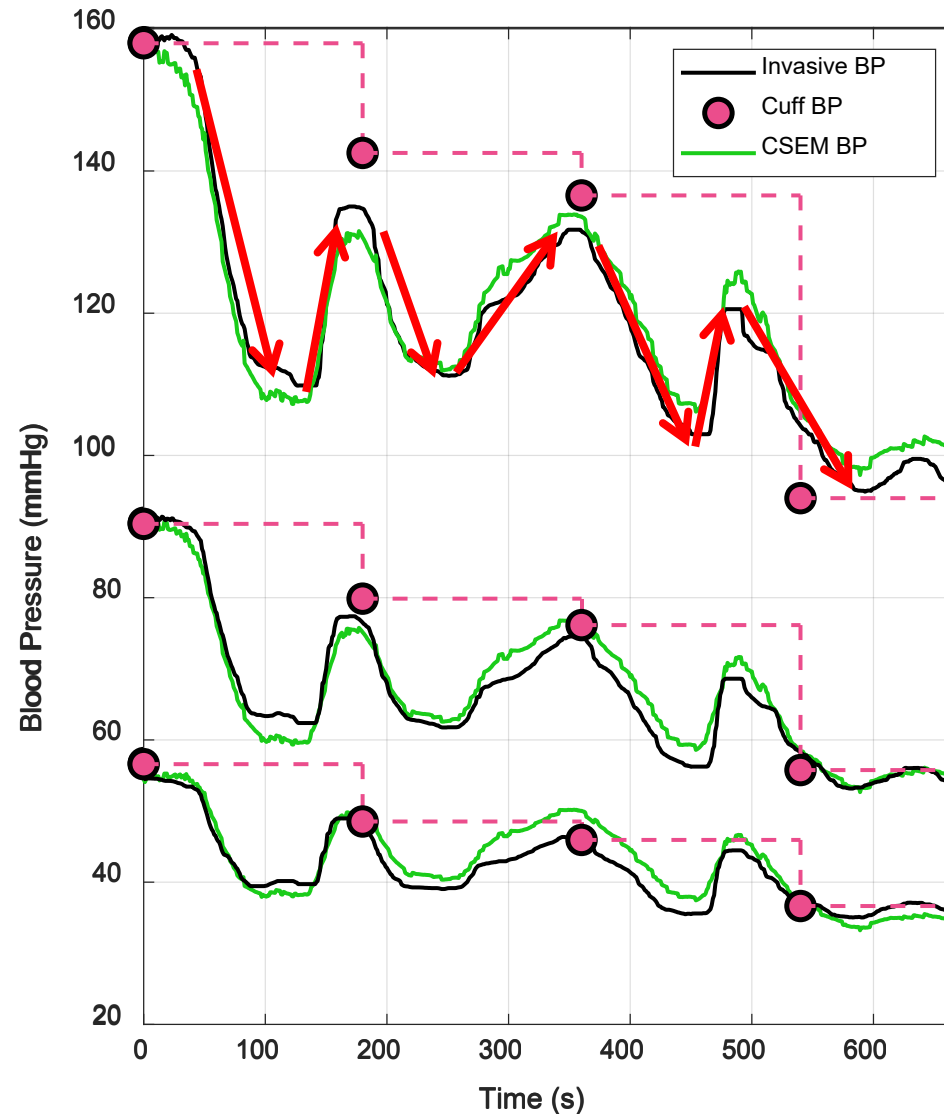
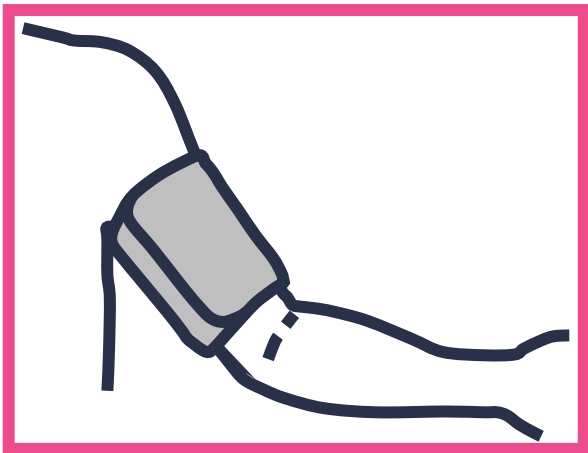


$$T_r = 2(T_2 - T_1) = \text{Aortic time to reflection}$$

Photoplethysmography - signal processing applications

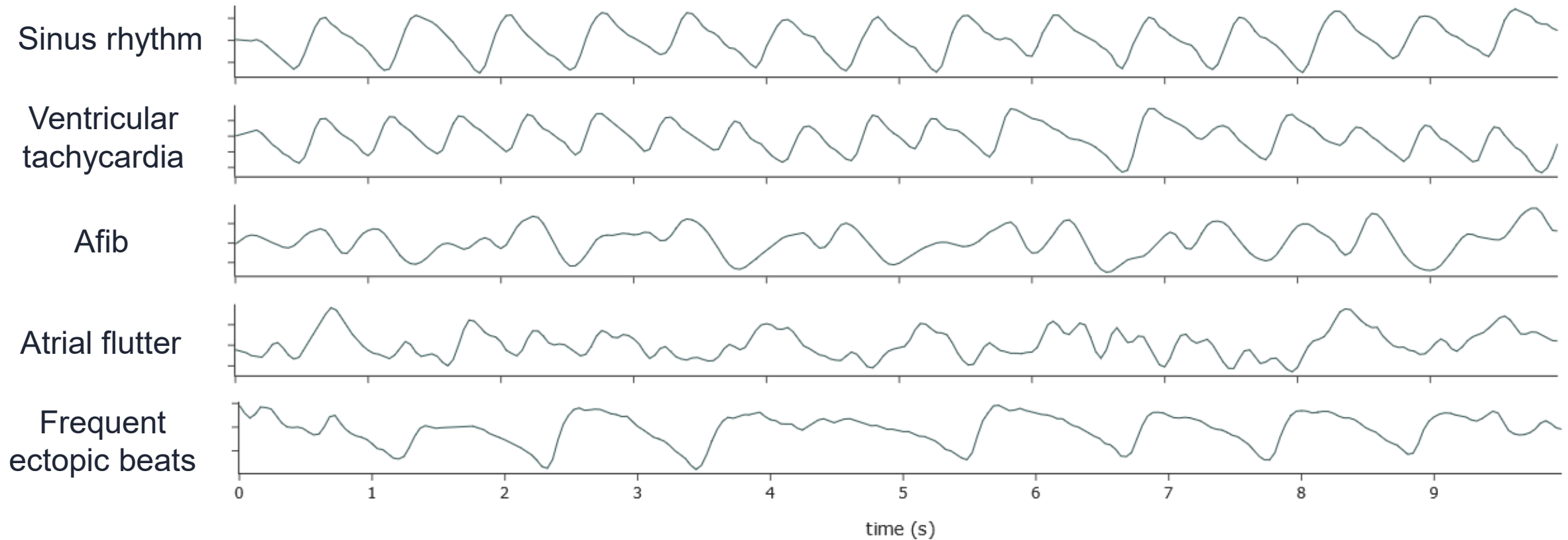
Regression,
feature
selection, NN

2nd challenge: blood pressure monitoring



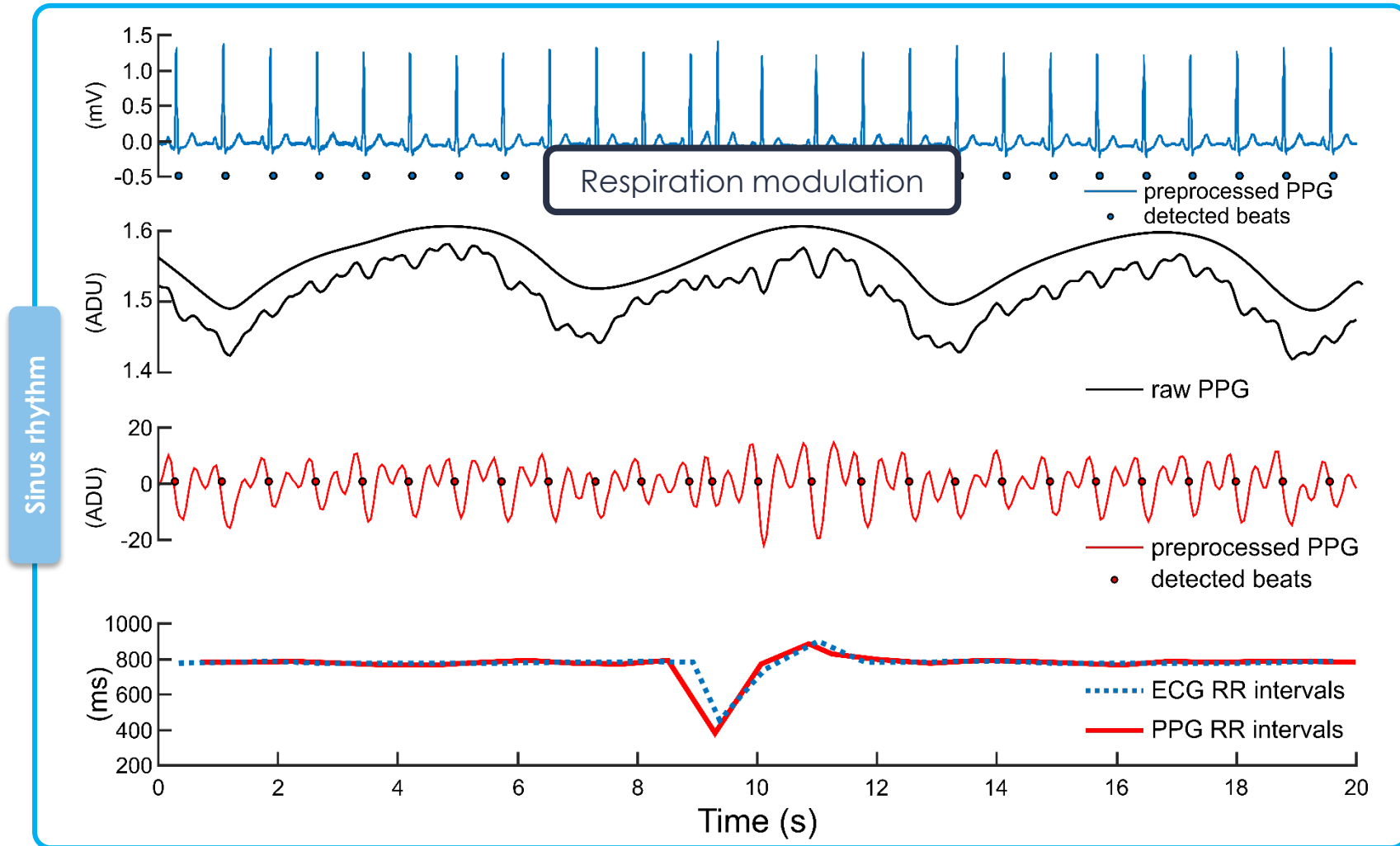
Photoplethysmography - signal processing applications

3rd challenge: classify cardiac arrhythmias



Photoplethysmography - signal processing applications

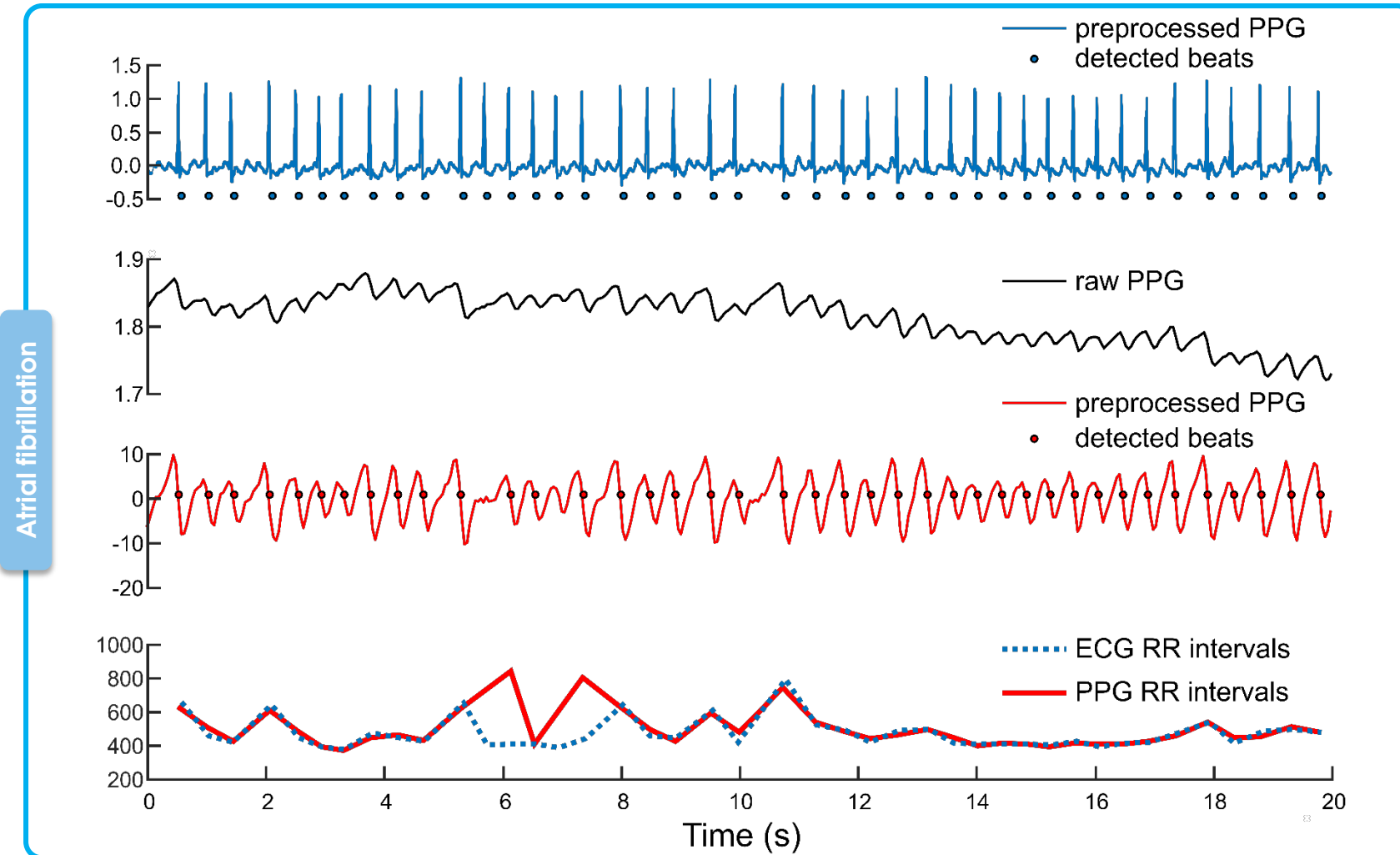
3rd challenge: classify cardiac arrhythmias



Photoplethysmography - signal processing applications

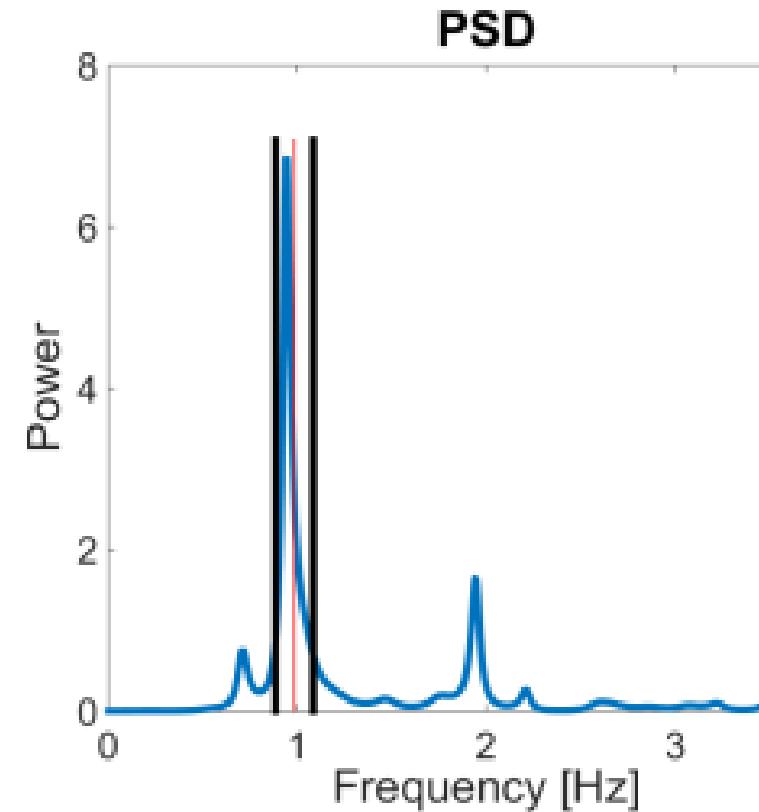
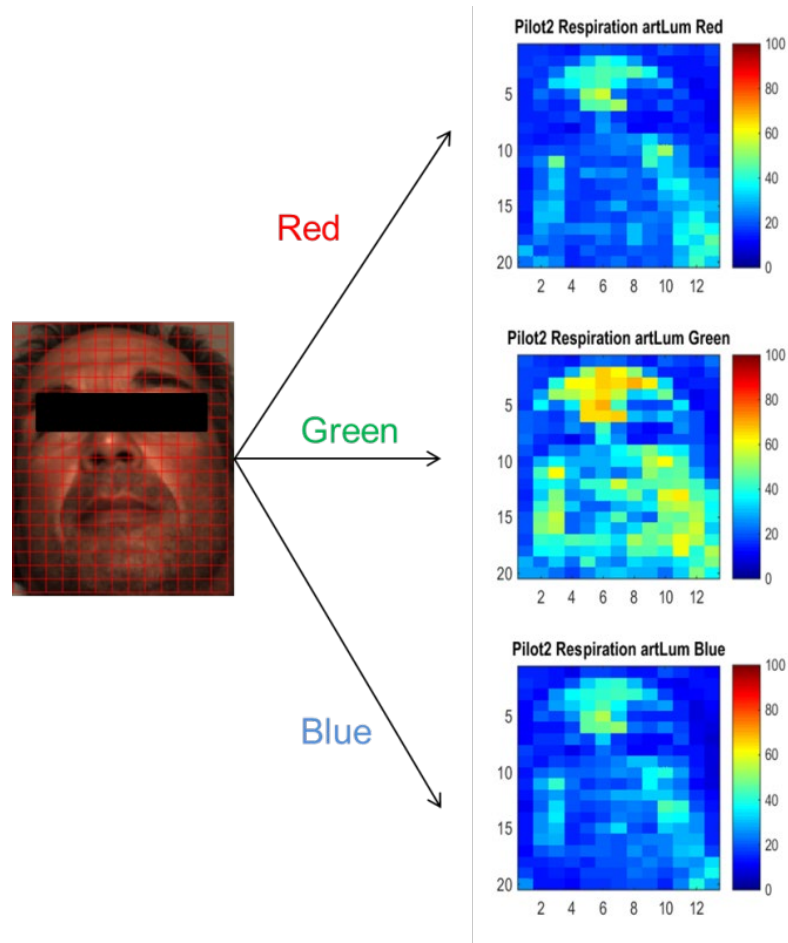
Power spectral
density,
classification,
clustering, feature
selection

3rd challenge: classify cardiac arrhythmias



Photoplethysmography - signal processing applications

4th challenge: track vital signals remotely

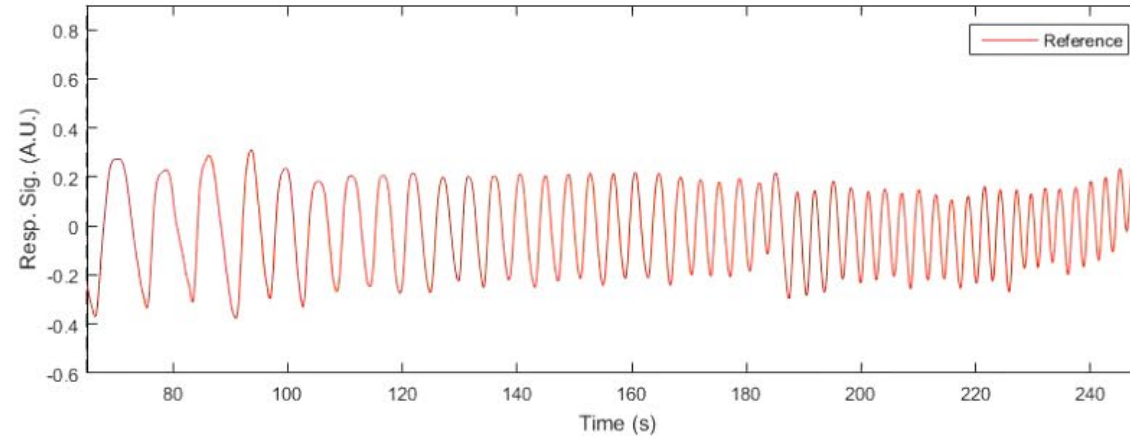


Power around the true heart rate

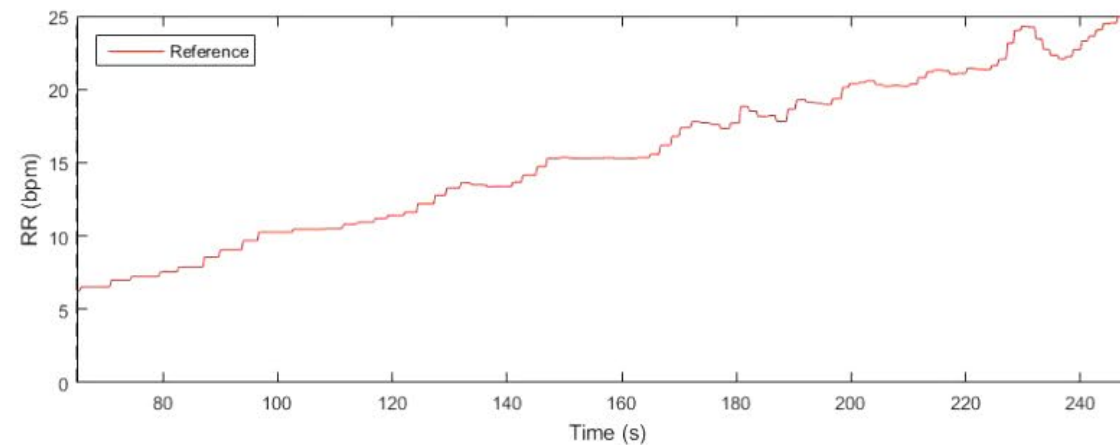
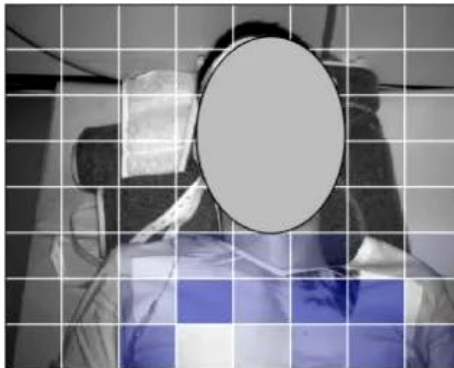
Photoplethysmography - signal processing applications

4th challenge: track vital signals remotely

Raw Video



Estimated Motion

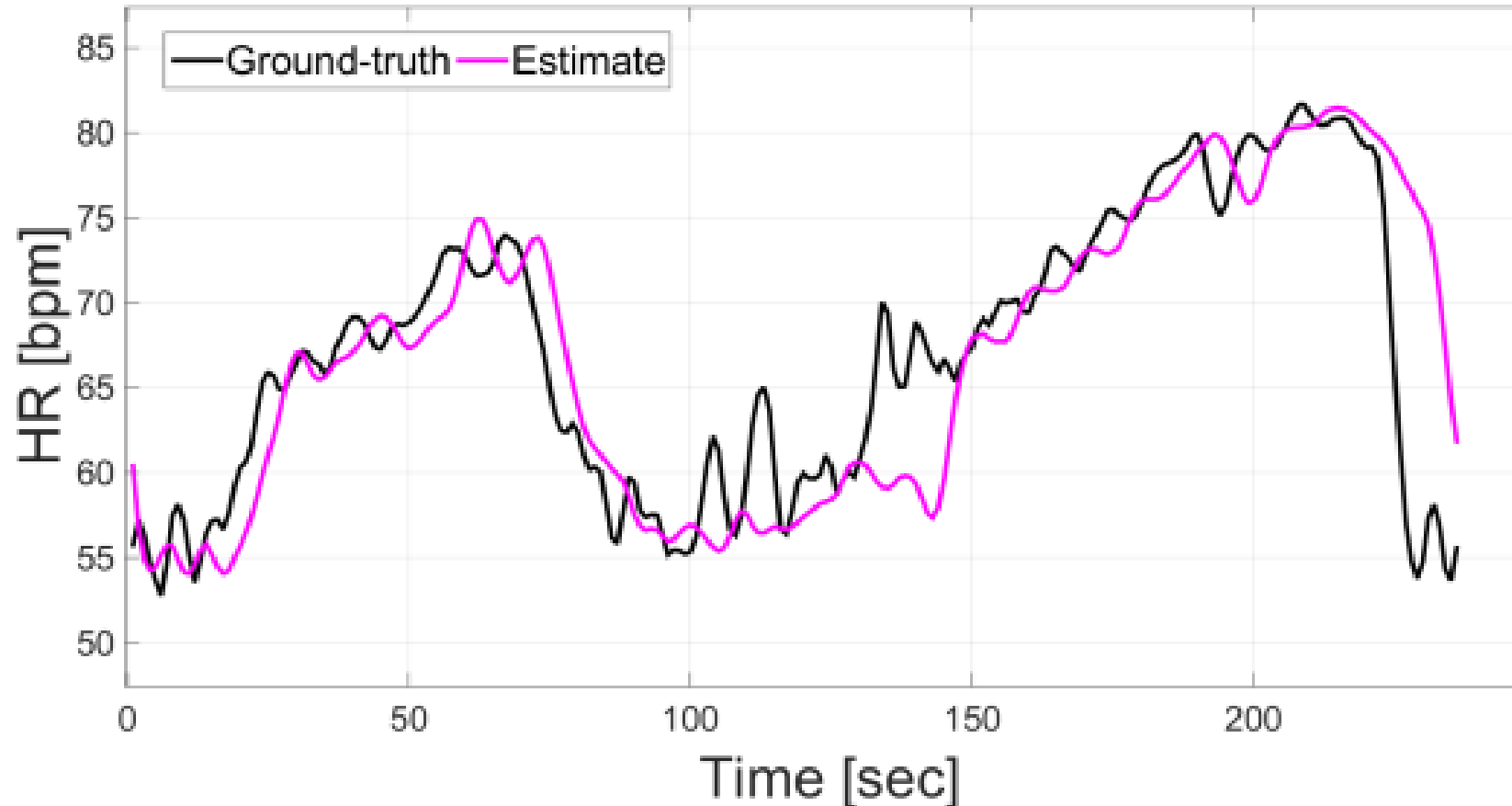


Photoplethysmography - signal processing applications

Adaptive filter
frequency
tracking

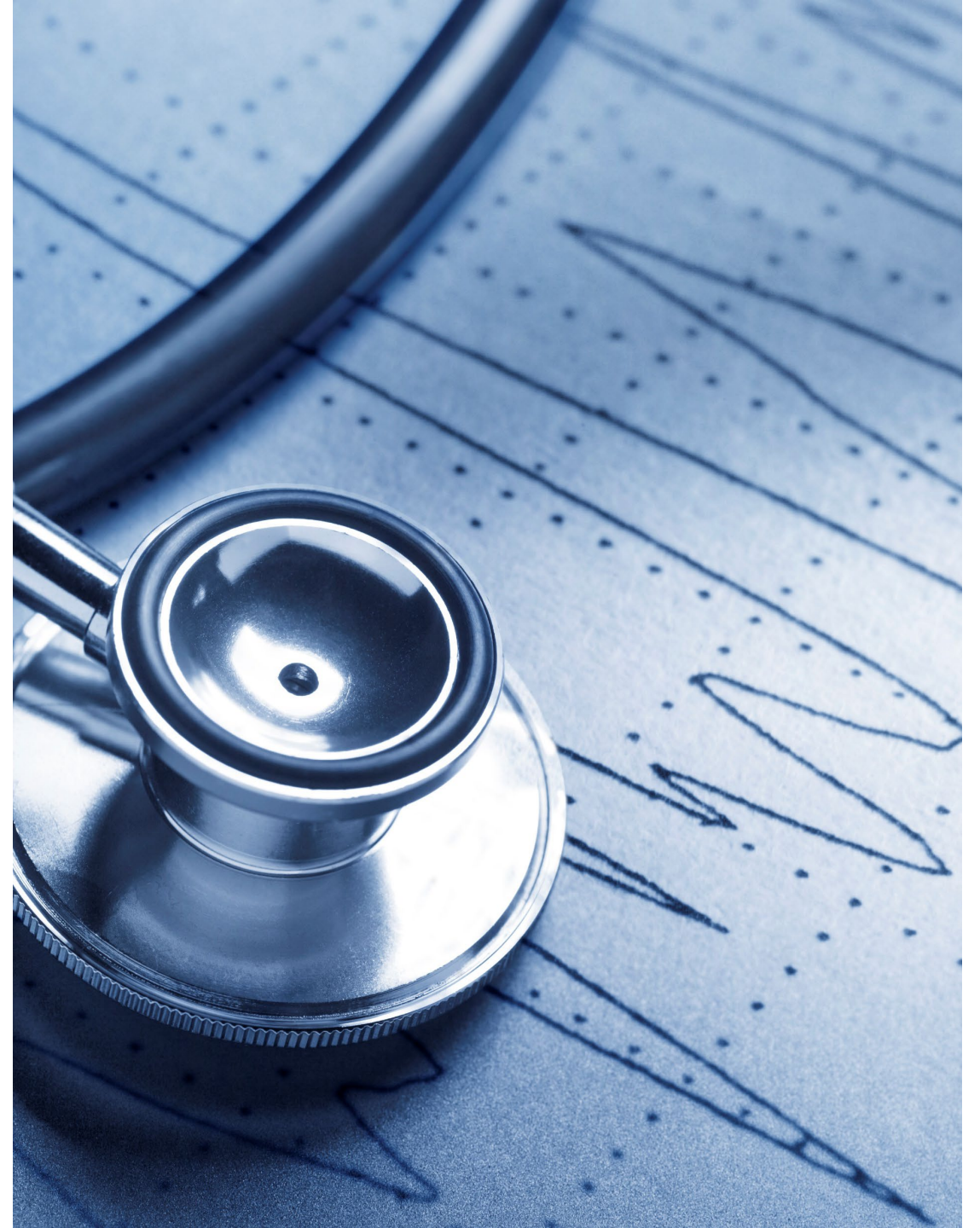
4th challenge: track vital signals remotely

Example of HR estimation during handgrip exercise



Labo 01 - Electrocardiogram, Photoplethysmography & Cardiac Arrhythmias

[ecg_ppg_data.ipynb](#)



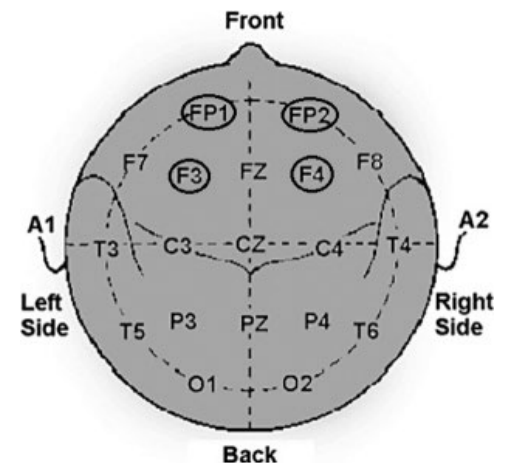
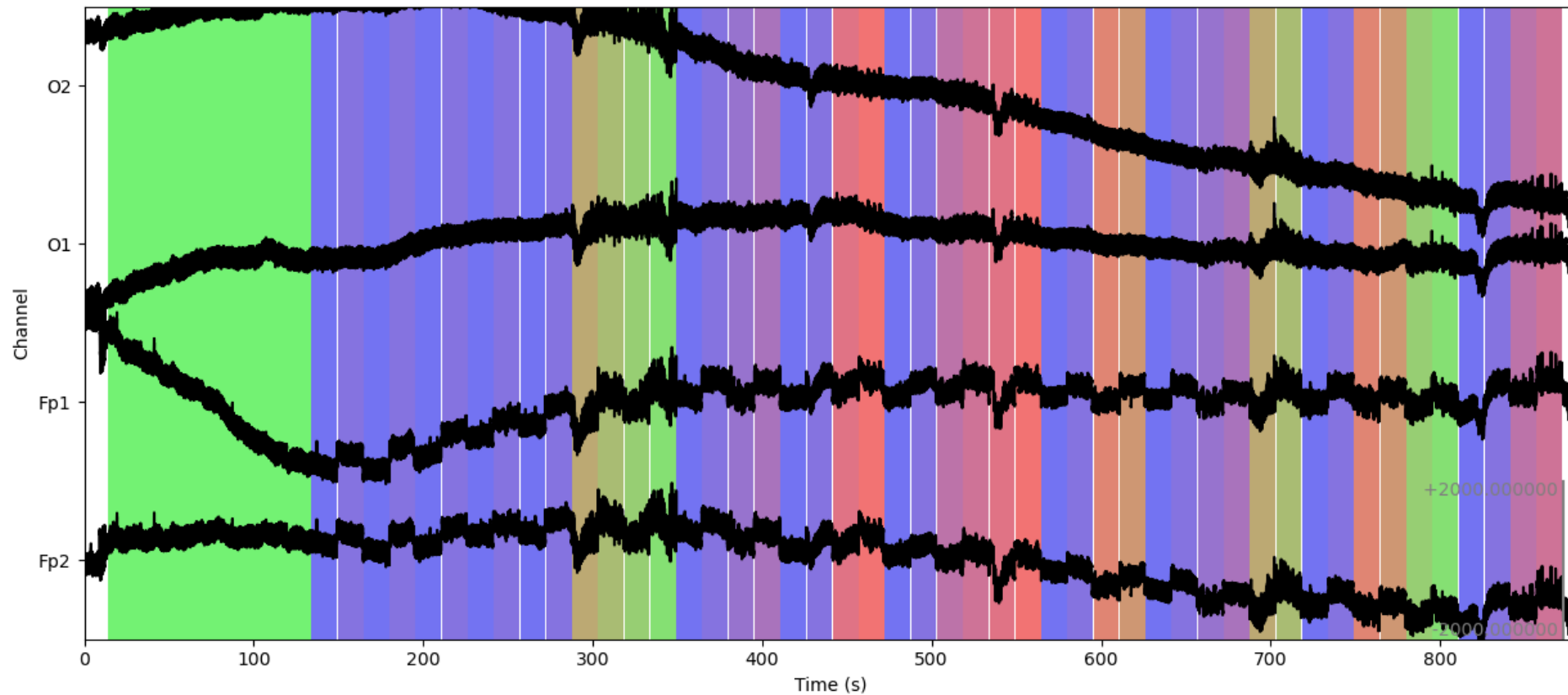
Electroencephalogram and relevant biomedical signal processing applications



Electroencephalogram - signal processing applications

1st challenge: human-computer interaction

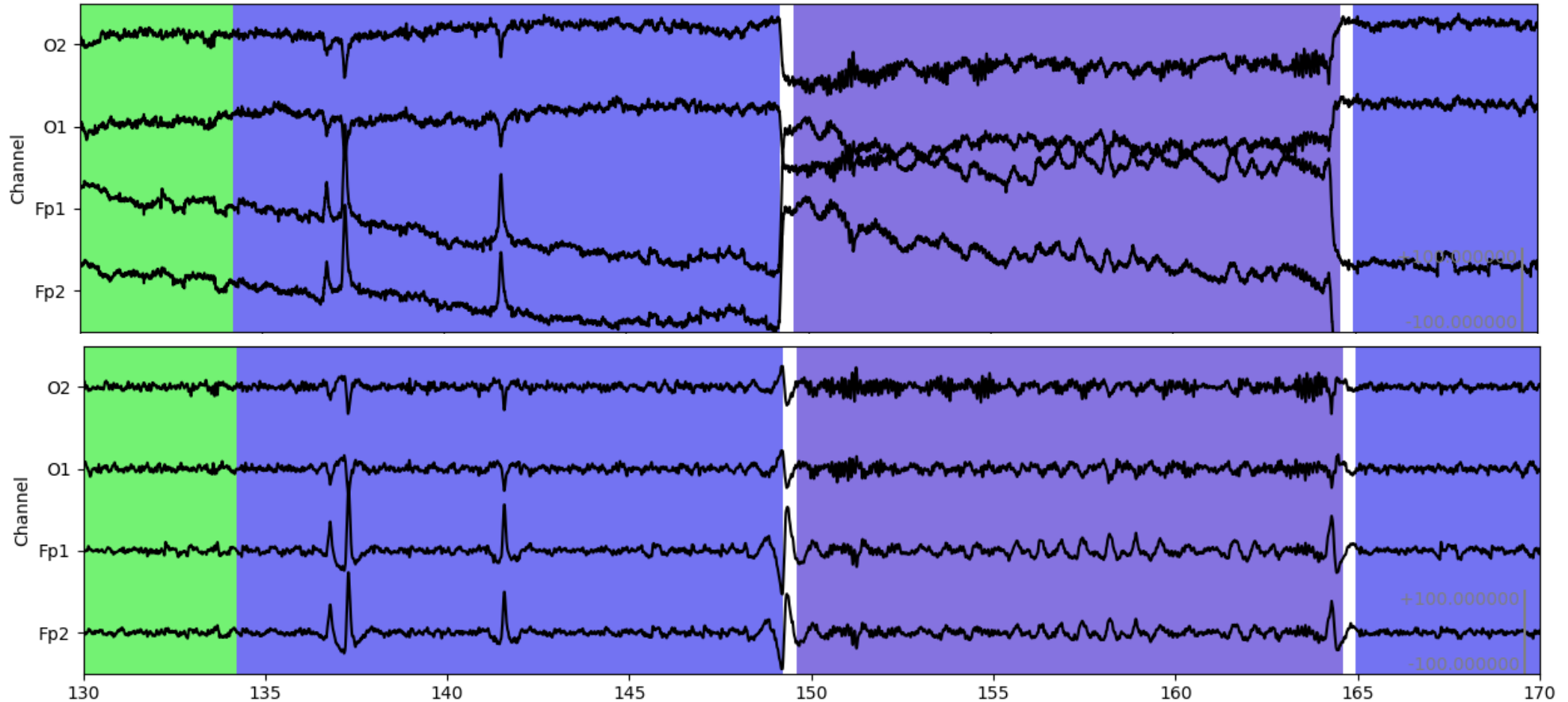
Raw EEG signals from different locations



Electroencephalogram - signal processing applications

1st challenge: human-computer interaction

Before filtering



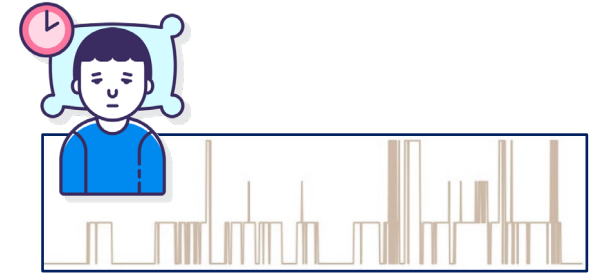
Brain activity - signal processing applications

2nd challenge: sleep staging

❖ Why Sleep Staging ? → ❖ To diagnose sleep disorders

❖ Why use Deep Learning ? → ❖ Rich and complex problem, less labor-intensive, offline, scalable

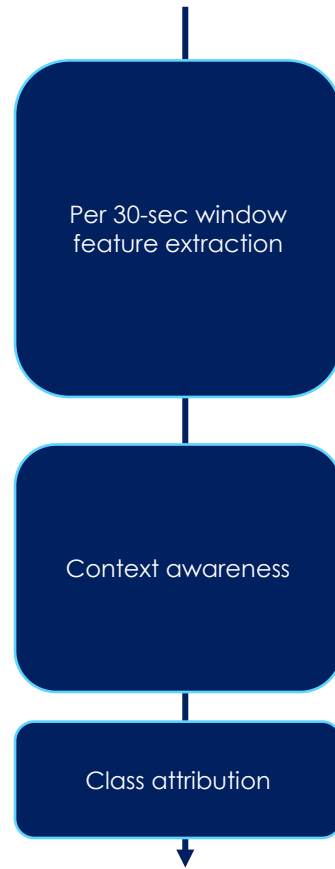
❖ Objective ? → ❖ **Train a DL algo for Ambulatory Sleep Staging which perform on various type of signals (EEG, ECG, PPG)**



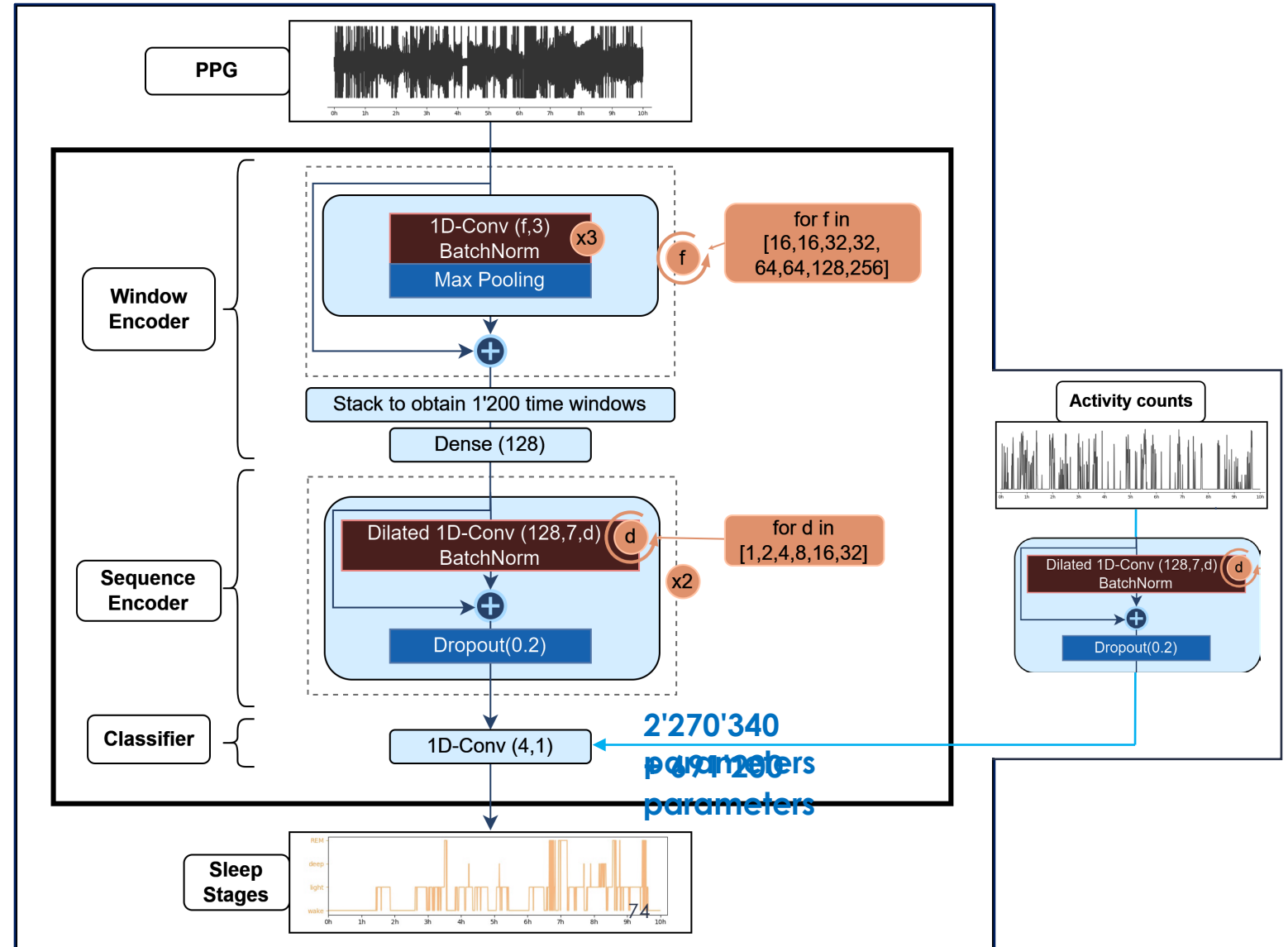
Brain activity - signal processing applications

2nd challenge: sleep staging

10h of PPG at 34.13 Hz



Sleep Stages each 30s
(Wake/Light/Deep/REM)



Brain activity - signal processing applications

2nd challenge: sleep staging

classification,
NN



EEG



ECG



PPG

Accuracy: 78.1%

		PPV			
		68.0%	87.0%	70.0%	65.0%
Reference	wake	6K 82%	766 10%	79 1%	488 6%
	light	2K 9%	18K 68%	3K 11%	3K 12%
	deep	204 2%	1K 16%	7K 80%	225 2%
	REM	231 3%	469 5%	29 0%	7K 92%
		wake	light	deep	REM
		Prediction			

