

# Nanobiotechnology (CH-413)

**Spring Semester 2025**

**Prof. Angela Steinauer**

Course material:

- Lecture slides & videos
- Articles for the lecture
- Exercises & papers
- Textbooks:
  1. Nanobiotechnology: concepts, applications and perspectives (Niemeyer & Mirkin), available as PDF from EPFL Library
  2. Nanobiotechnology Handbook (Xie)
  3. The Handbook of Nanomedicine (Jain), available as PDF from EPFL library

• **Contact:**

- Email: [angela.steinauer@epfl.ch](mailto:angela.steinauer@epfl.ch)

# Course information

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## **EPFL Moodle page:**

<https://moodle.epfl.ch/course/view.php?id=18417>

## **Slides:**

Will be uploaded to the Moodle page shortly before the course

## **Questions:**

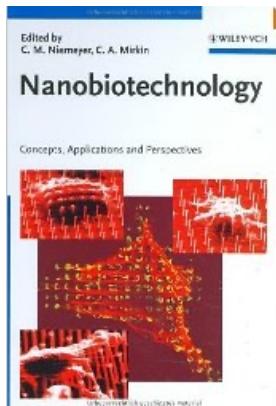
1. Moodle Forum
2. Address to me (Angela Steinauer, [angela.steinauer@epfl.ch](mailto:angela.steinauer@epfl.ch)) and the teaching assistants:

Georges Barnikol ([georges.barnikol@epfl.ch](mailto:georges.barnikol@epfl.ch))

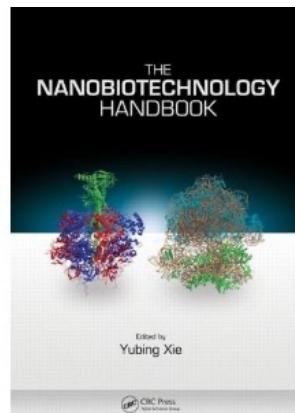
Oliver Dennis ([oliver.dennis@epfl.ch](mailto:oliver.dennis@epfl.ch))

# Textbooks & materials

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Nanobiotechnology  
Niemeyer & Mirkin,  
Wiley VCH



Nanobiotechnology  
Handbook  
Xie, CRC Press

A screenshot of the PubMed search interface. At the top, there is a navigation bar with 'NCBI', 'Resources', 'How To', and a search bar with a 'Search' button. Below the search bar, the text 'PubMed' and 'US National Library of Medicine' are visible. The main content area features a large image of a stack of papers. To the right of the image, the word 'PubMed' is in bold, and a text box states: 'PubMed comprises more than 22 million citations for biomedical literature from MEDLINE, life science journals, and online books. Citations may include links to full-text content from PubMed Central and publisher web sites.' Below this, there are three columns: 'Using PubMed' (with links to 'PubMed Quick Start Guide', 'Full Text Articles', 'PubMed FAQs', 'PubMed Tutorials', and 'New and Noteworthy'), 'PubMed Tools' (with links to 'PubMed Mobile', 'Single Citation Matcher', 'Batch Citation Matcher', 'Clinical Queries', and 'Topic-Specific Queries'), and 'More Resources' (with links to 'MeSH Database', 'Journals in NCBI Databases', 'Clinical Trials', 'E-Utilities', and 'LinkOut').

Scientific Literature:  
[www.ncbi.nlm.nih.gov](http://www.ncbi.nlm.nih.gov)  
[www.webofscience.com](http://www.webofscience.com)

# Goals of this course

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1. **Develop a comprehensive understanding** of the fundamental principles underlying nano-biotechnological and biophysical methods explored in this course.
2. **Critically analyze and compare** the advantages and disadvantages of various biophysical and nano-biotechnological methods.
3. **Evaluate the limitations and applicability** of different techniques in terms of spatial and temporal resolution and suitability for addressing specific biophysical questions.
4. **Develop the ability to critically review and interpret** current scientific literature in nano-biotechnology and biophysics, identifying key findings and methodologies.
5. **Cultivate collaborative research skills** by engaging in team-based projects, fostering communication, coordination, and joint problem-solving abilities.
6. **Write an original research proposal**

# Continuous assessment

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## **Exercises: Read and understand the literature.**

- Four times over the semester, we will upload a problem set on the Moodle for you to solve.
- Answers should be uploaded by the following Thursday (23:59).
- Each person is responsible to submit their own answers for an individual grade. **If you do work together in a study group, please declare who you worked with.**

## **Paper review debate.**

- Form groups of 3 people.
- Choose a recent paper from our curated list: **group choice opens tomorrow, Friday, February 21, at 10:00 am.**
- For each paper, we will randomly assign one team to be favorable reviewers and one team to be critical reviewers.
- **More info in today's exercise session.**

# Final project: research proposal

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## What?

- Develop an original research proposal on any **nanobiotechnology** topic, following the **SNSF Spark Grant** structure.

## Why?

- Improve skills in **formulating research questions, designing experiments, and presenting ideas**.

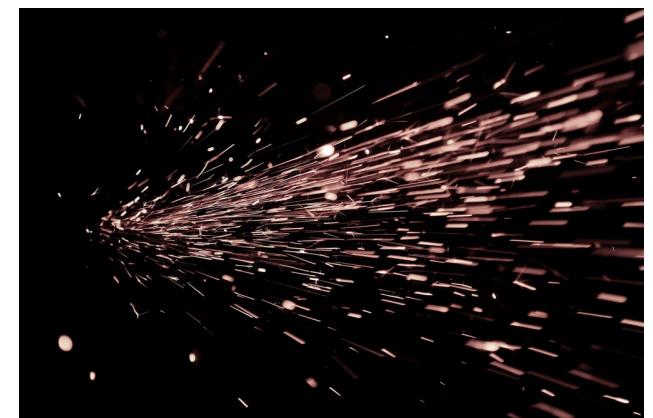
A chance to propose **novel and unconventional** ideas in the field.

## How?

- **1-page summary + 3-page project plan + references (no page limit).**
- Must include **at least one original figure** explaining the idea.
- Follow good **scientific practice and proper citations**.

## Scaffolded Submission Process:

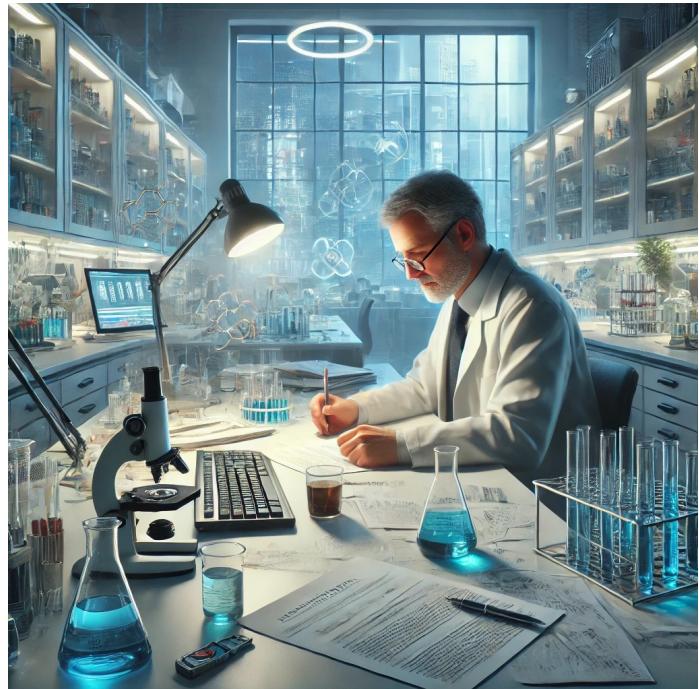
- Outline/Idea Submission: March 20
- First Draft: April 17
- Final Proposal: May 30



# No exam

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- Graded exercises (15%)
- Paper review debate (35%)
- Individual research proposal (50%)

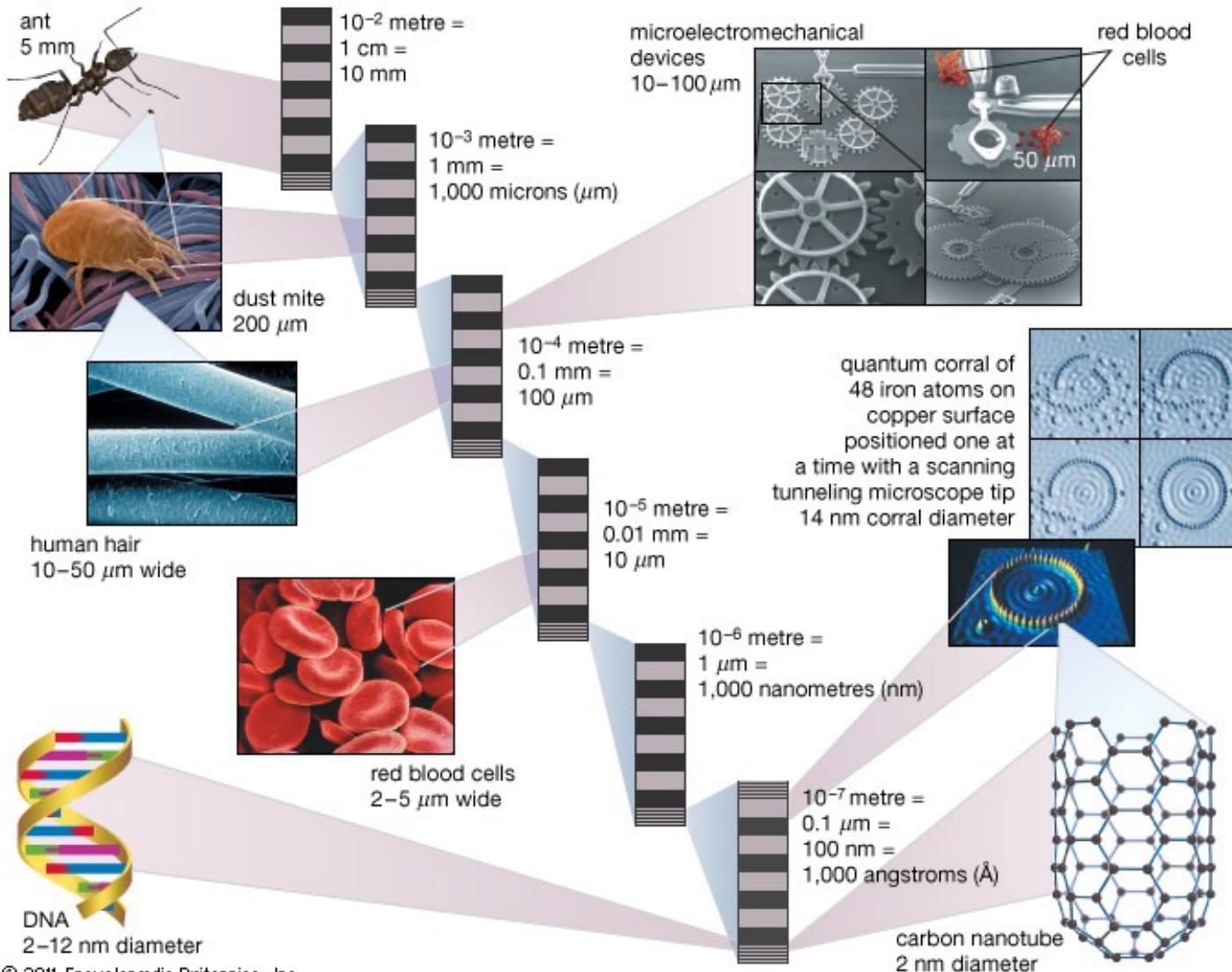


# Learning goals for week 1

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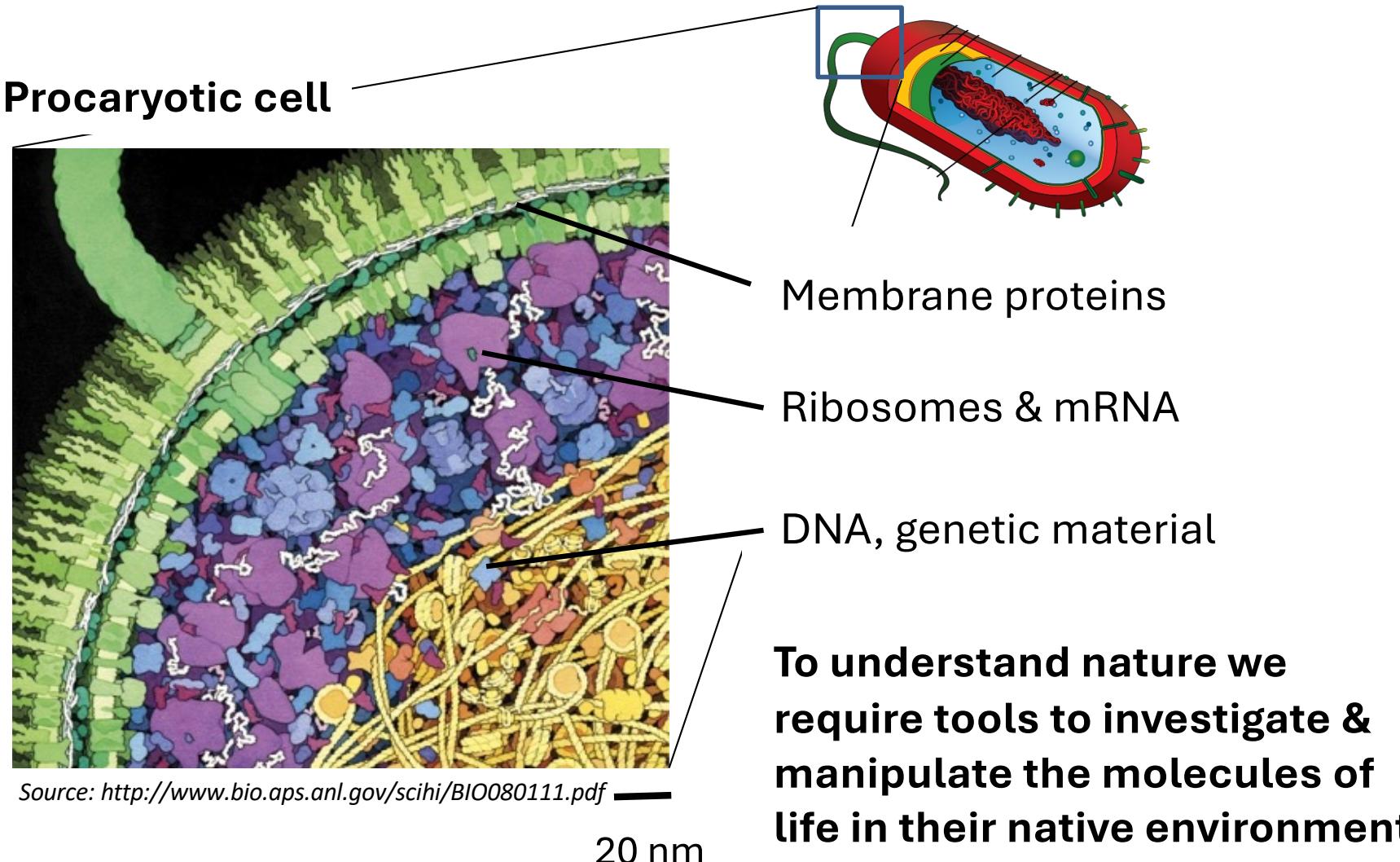
- Be able to answer the question: **what is nanobiotechnology and what type of molecules/structures/devices are part of nanobiotechnology?**
- Understand, be able to explain and apply the concepts of **single molecule vs. ensemble approaches, fluorescence and FRET**.

# Length Scales in Biology and Technology



The nanoscale dimension of nanomaterials is **crucial for their function!**

# Motivation: Nature functions on the Nanoscale

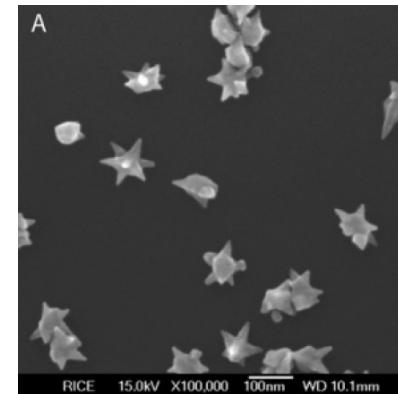


# What is Nanobiotechnology?

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## Nanotechnology:

Man-made objects or features on the 10-100 nm scale, e.g. metallic or semiconducting nanoparticles, silica nanodevices



*Nano Lett.* 6:683-688

## Biotechnology:

DNA and protein design, high resolution structural and functional analysis



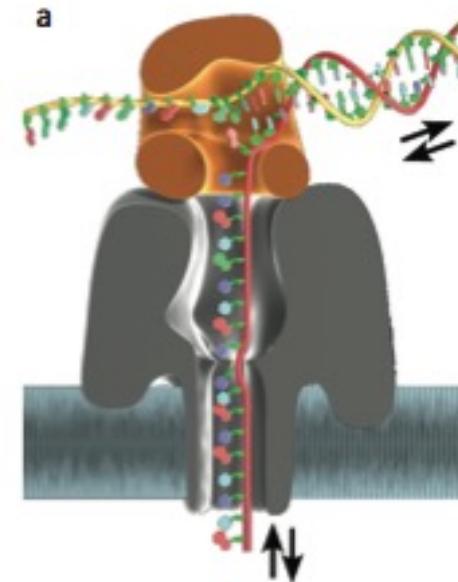
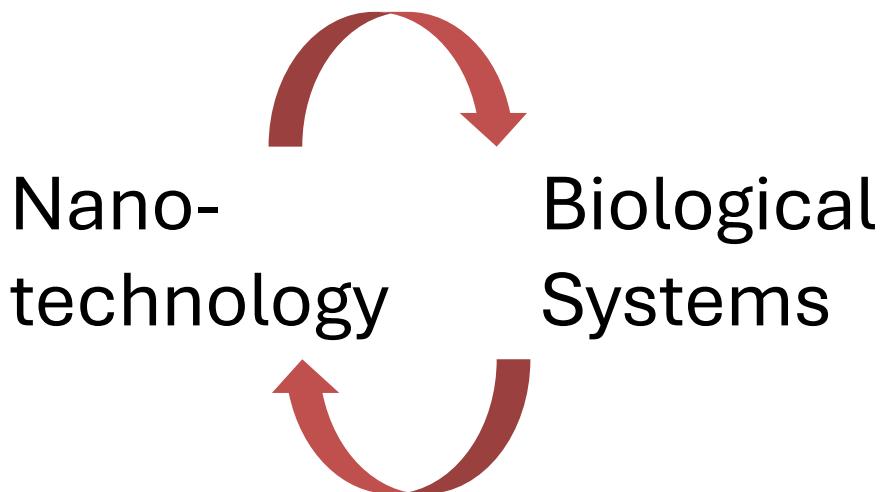
# Definition of Terms

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## Nanobiotechnology:

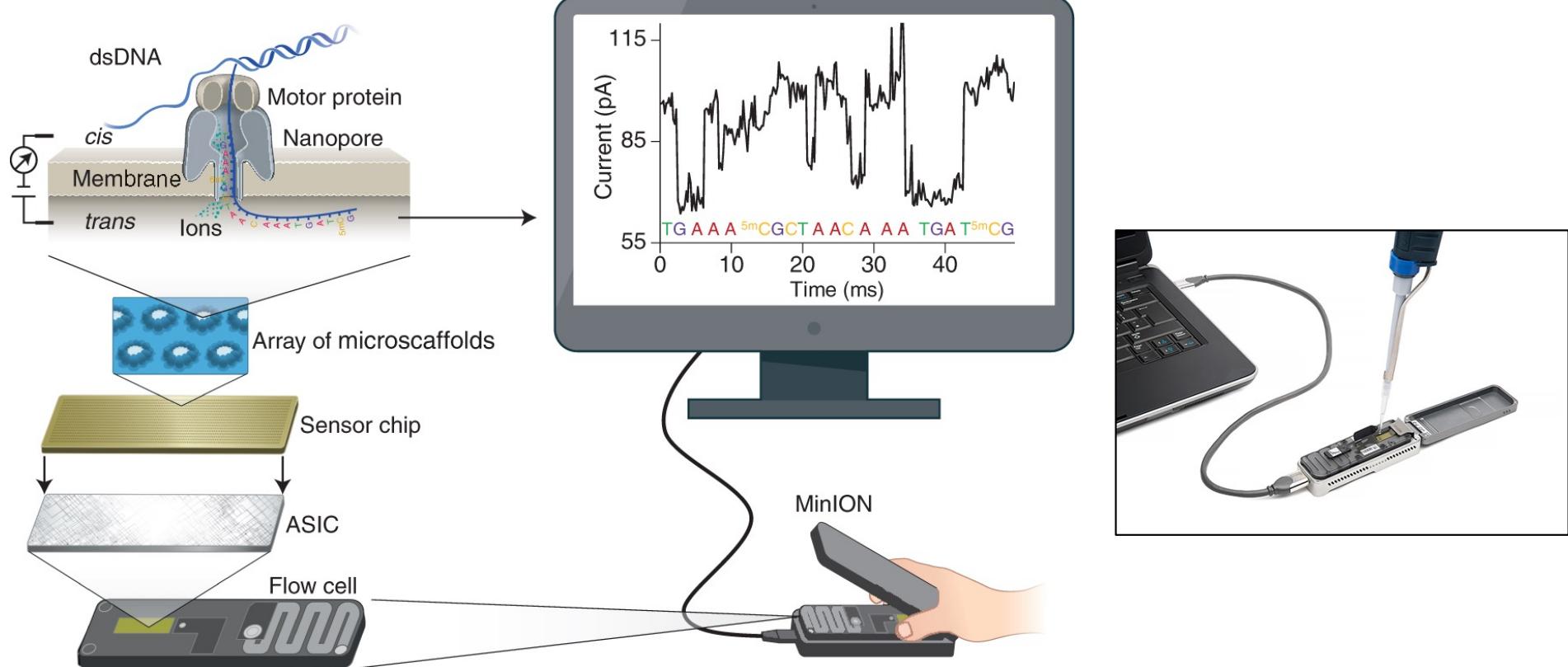
Interdisciplinary field at the intersection of **nanotechnology** and **biotechnology**

Use of nanotechnology devices for biological and biochemical applications



Manrao, E. A., Derrington, I. M., et al. (2012).  
*Nature Biotechnology*, 30(4), 349–353.

# Nanopore Sequencing



Wang, Y., Zhao, Y., et al. (2021). *Nature Biotechnology*, 39, 1348–1365.

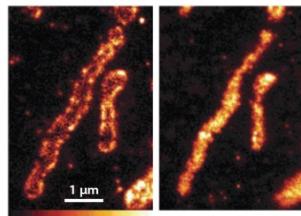
# Unique effects at the nanoscale

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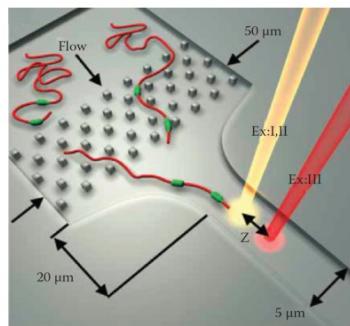
1. **Quantum Effects:** quantum dots with size-dependent properties due to quantum confinement
2. **Surface Area to Volume Ratio:** beneficial for catalysis, drug delivery to facilitate better interaction with biological systems
3. **Chemical Reactivity:** effective catalysts (see point 2)
4. **Mechanical Properties:** e.g. carbon nanotubes, exceptional strength and stiffness for their weight
5. **Optical Properties:** e.g. gold nanoparticles exhibit different colors depending on their size due to localized SPR effects
6. **Thermal Properties:** nanomaterials can be distinct compared to bulk counterparts, applications in thermal management in electronics
7. **Biological Interactions:** biology takes place at the nanoscale, nanoparticles can penetrate cell membranes
8. **Tailorability:** we can engineer nanomaterials!

# Nanobiotechnology

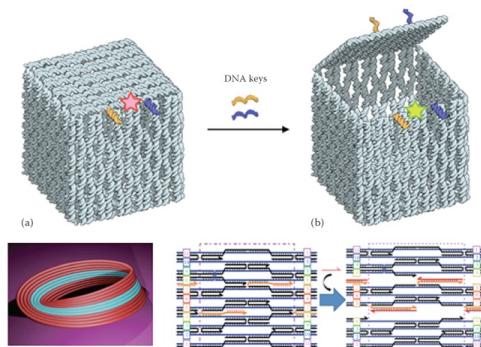
**Watch** molecular biology happen  
and **manipulate**  
the processes



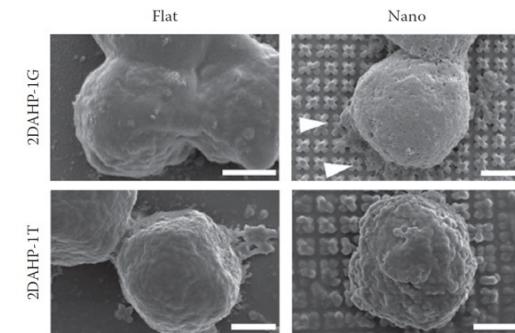
**Diagnose**  
diseases from  
single molecules  
or cells cells



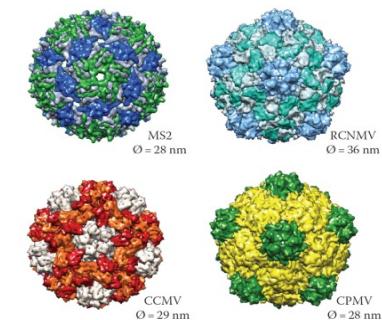
**Craft** new  
biomaterials



**Grow** cells and complex tissues  
*in vitro*



**Target** drugs to  
individual  
cancer cells



# Nanomaterials

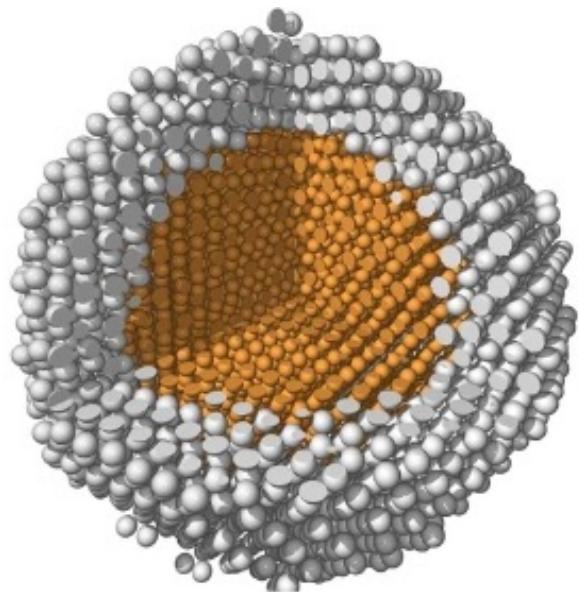
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- Nanoparticles
- Carbon allotropes
- Biomolecules

# Nanoparticles – New Chemical and Physical Properties

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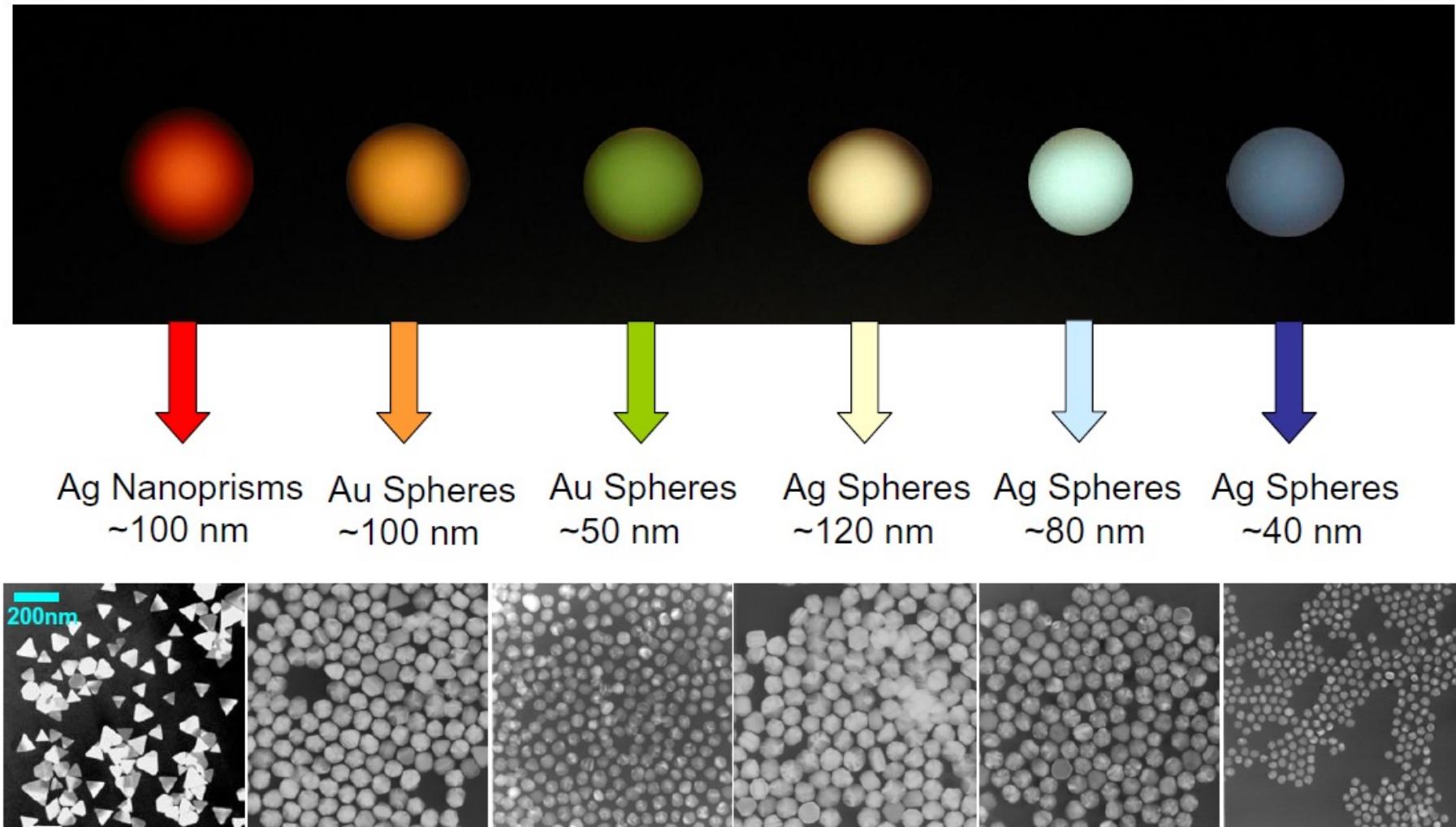
30 Å Au-Ag nanoparticle



- Clusters of 100-1000s of atoms
- Properties are determined by size and surface
- Chemical tuning through surface chemistry

*J Daniel Gezelter,  
University of Notre Dame*

# Size Dependent Properties



# 4th century AD: Nanoparticles!

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## Lycurgus cup

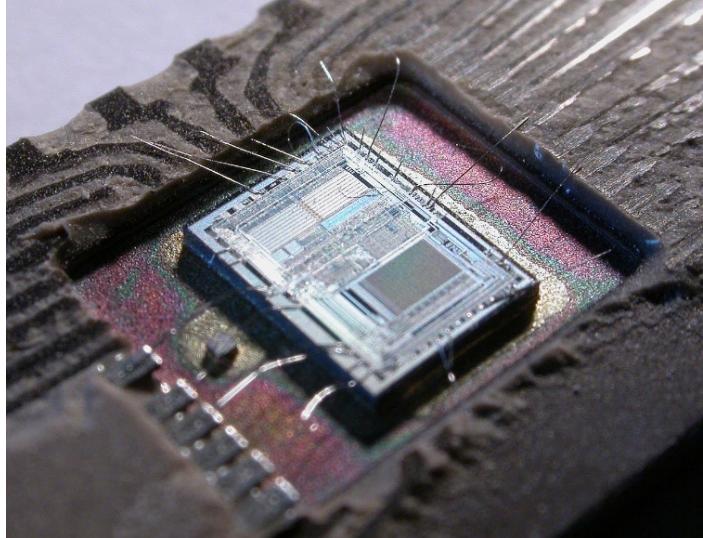
330 ppm silver, 40 ppm gold added to molten glass

70nm Ag/Au nanoparticles embedded in the glass yield color effect: green in reflected light, deep red light when light is transmitted through it due to surface plasmon resonance effect

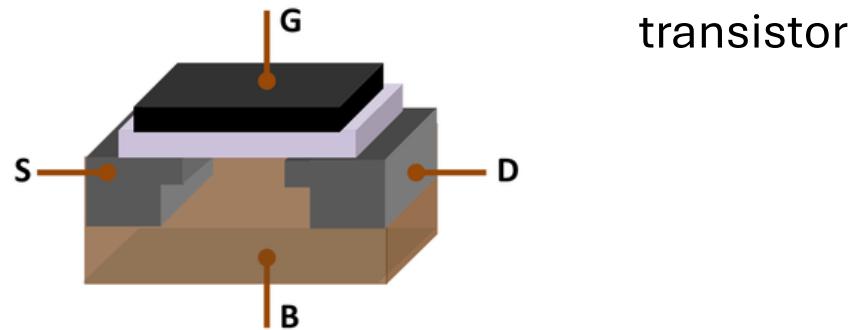
Use of metal colloids widespread

# Integrated Circuits

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images: wikipedia.org

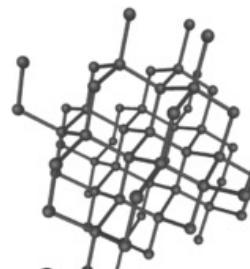


**Production**  
photolithography, deposition, etching  
Silicon based  
low cost

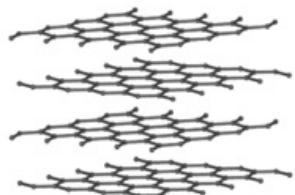
10 microns transistor size (1970)  
10 nm transistor size (2017)

# Carbon Allotropes

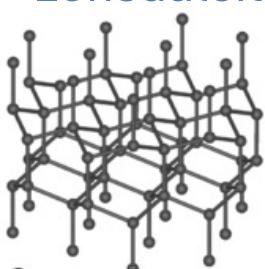
Diamond



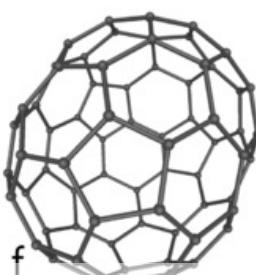
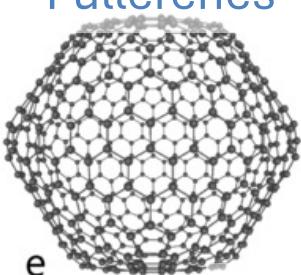
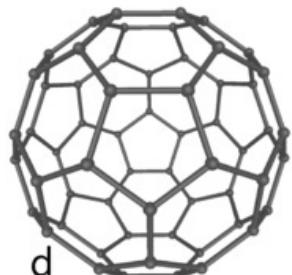
Graphite



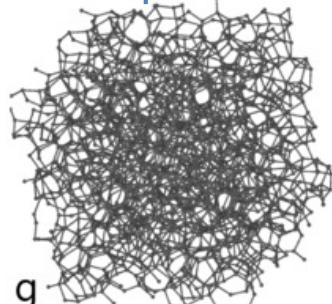
Lonsdaleite



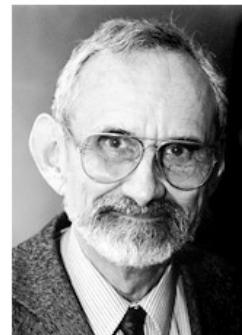
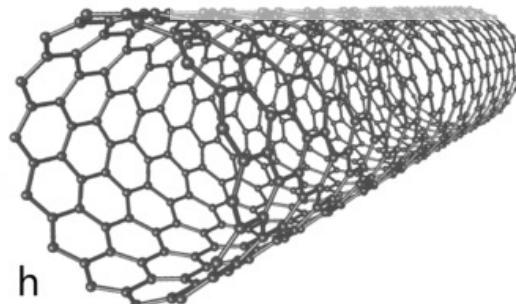
Fullerenes



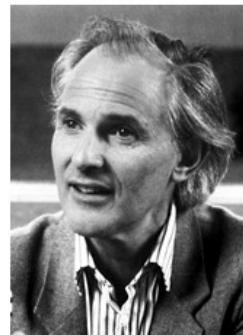
Amorphous carbon



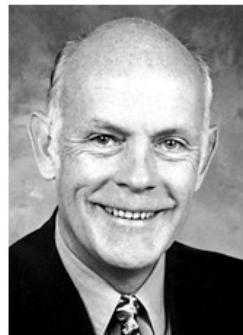
Carbon nanotube



Robert F. Curl Jr.



Sir Harold W. Kroto



Richard E. Smalley

**1996 Nobel Prize for Chemistry** for Kroto, Curl and Smalley for their discovery of new carbon allotropes in 1985



A. Geim

K. Novoselov

**2010 Nobel Prize for Physics** for Geim and Novoselov for groundbreaking experiments regarding the two-dimensional material graphene

**Allotropy:** Property of chemical elements to exist in different forms / structures.

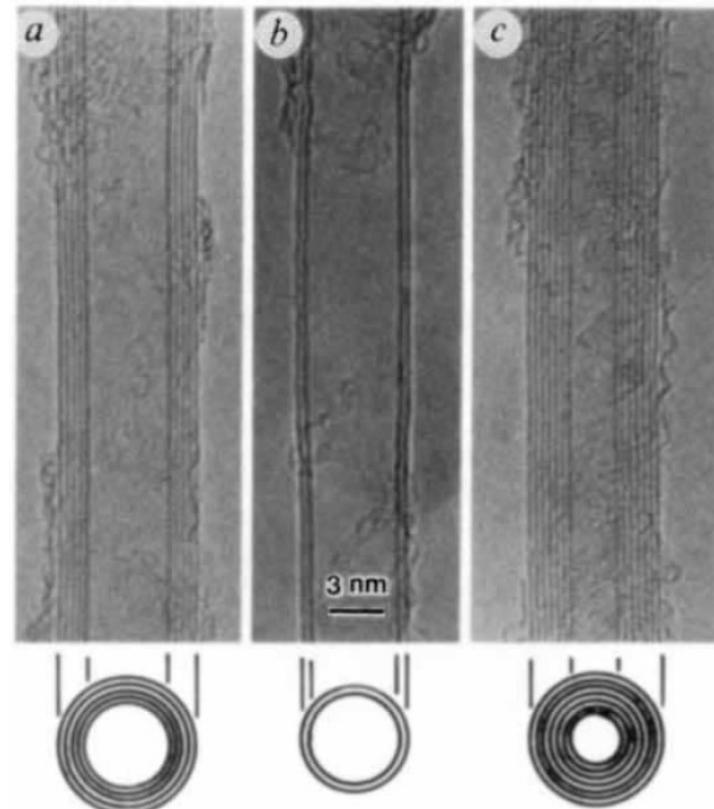
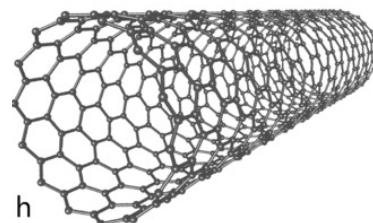
# Carbon Nanotubes

**Helical microtubules of graphitic carbon**

“rolled up graphene sheets”

**2 basic types of nanotubes:**

1. Single-wall SWNT
2. Multi-wall MWNT



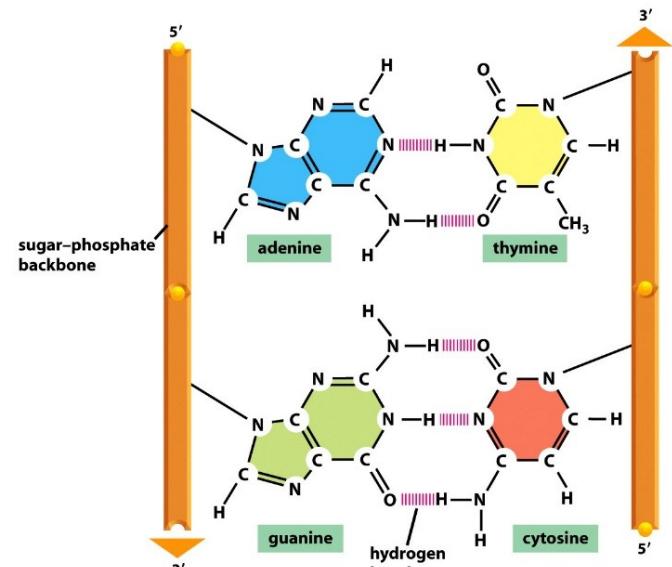
**Uses:**

- Electronics: conducting properties
- Structure: high tensile strength
- Nano-devices: surface features
- Functionalized as drug carriers

Iijima, S. Nature 1991

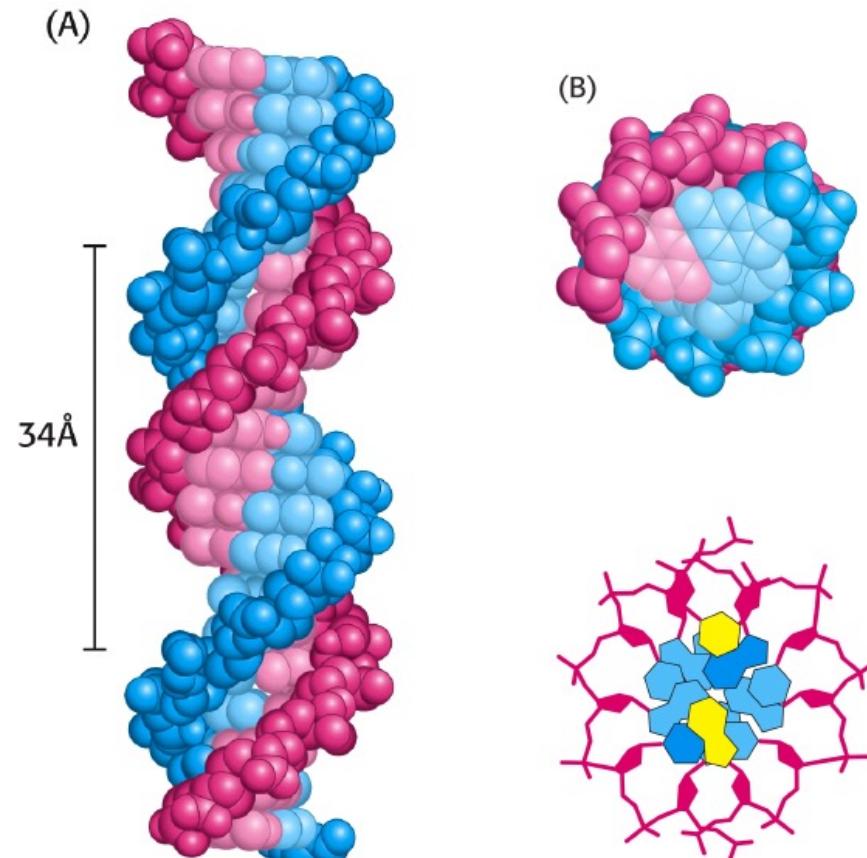
# DNA: Information and Structure

DNA base pairing



*Alberts et al., Molecular Biology of the Cell*

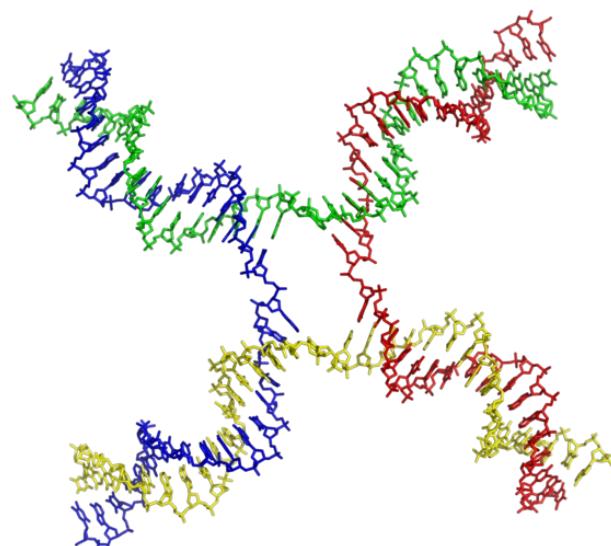
DNA double helix



*Stryer, Biochemistry*

# DNA Self Assembly

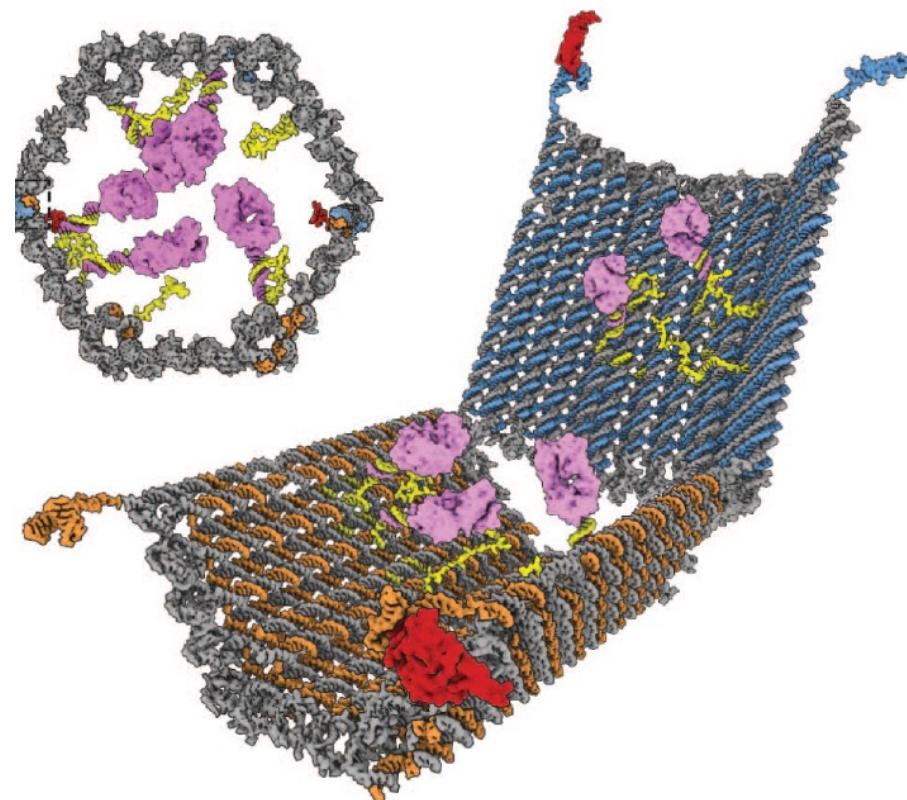
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PDB: 3CRX

Sequence-dependent strand annealing allows construction of complex objects

Logic-gated drug delivery nanorobot



Douglas et al. *Science* 2012

# Proteins: Self-Assembling Nanoparticles with a Defined Function

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## Proteins:

1. Adopt a defined **3-dimensional structure**
2. Interact with each other to self assemble into defined **complexes**
3. Fulfill a defined **biological function**

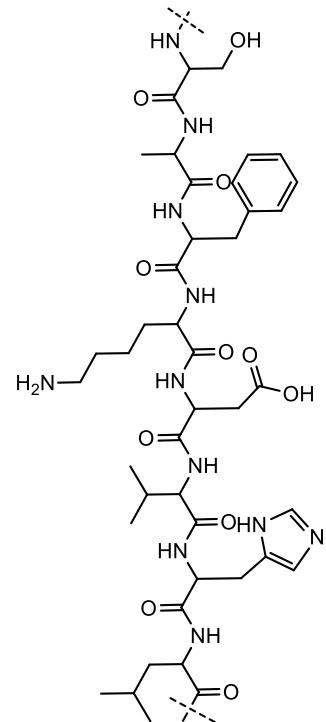
Chemical reactions: Enzymes

Cell structure: Architectural proteins

Movement of cargo: Motor proteins

Information transfer: Signaling proteins

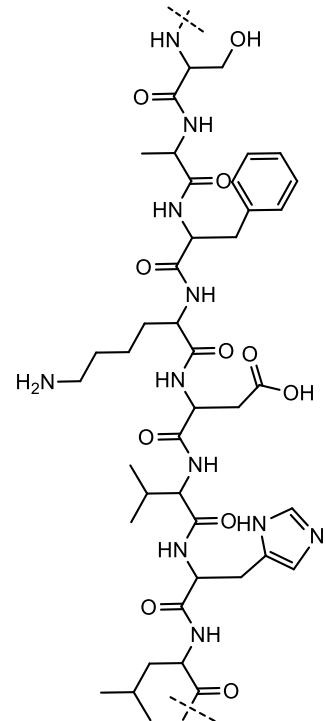
# Proteins – Structural hierarchy



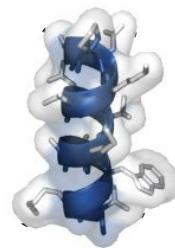
## Amino acid chain primary structure

# Proteins – Structural hierarchy

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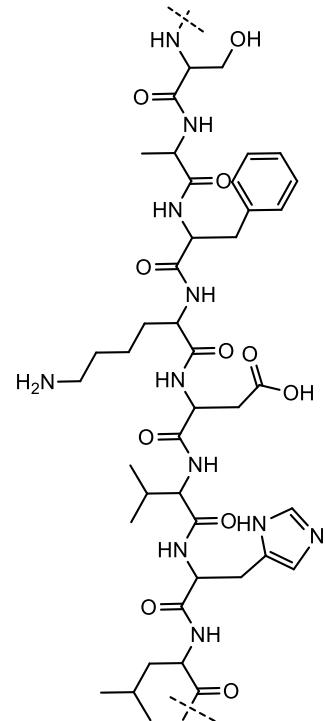
Amino acid chain  
primary structure



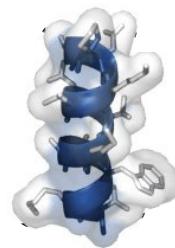
$\alpha$ -helix  
secondary  
structure

# Proteins – Structural hierarchy

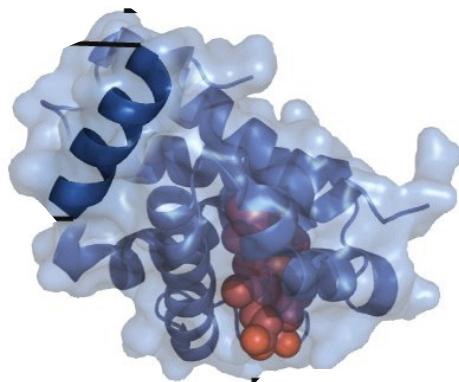
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Amino acid chain  
primary structure



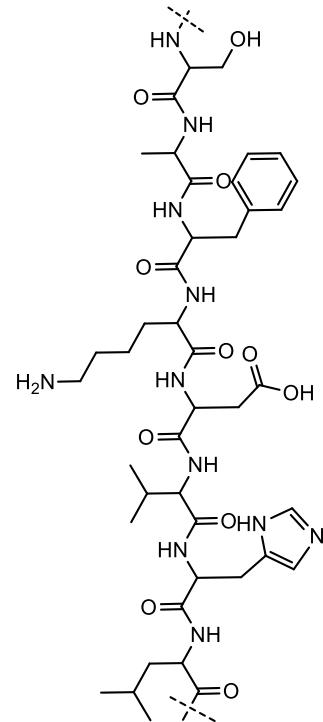
$\alpha$ -helix  
secondary  
structure



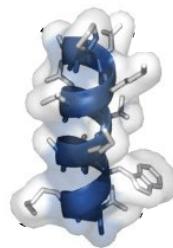
Protein domain  
Tertiary structure

# Proteins – Structural hierarchy

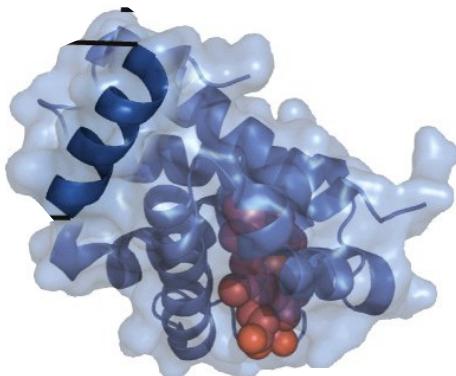
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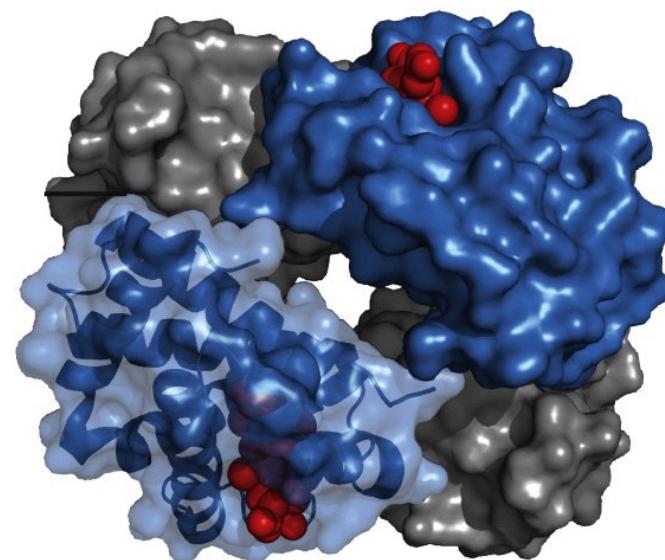
Amino acid chain  
primary structure



$\alpha$ -helix  
secondary  
structure



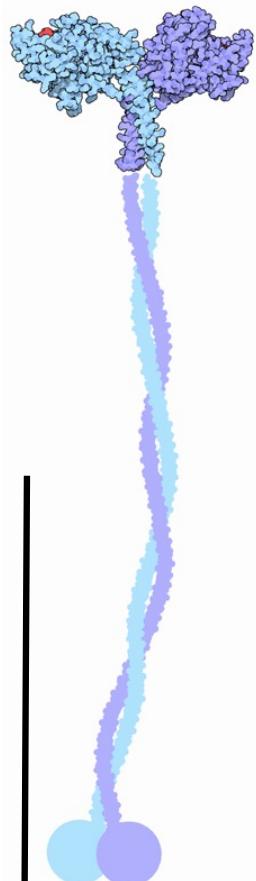
Protein domain  
Tertiary structure



Protein complex  
Quaternary structure

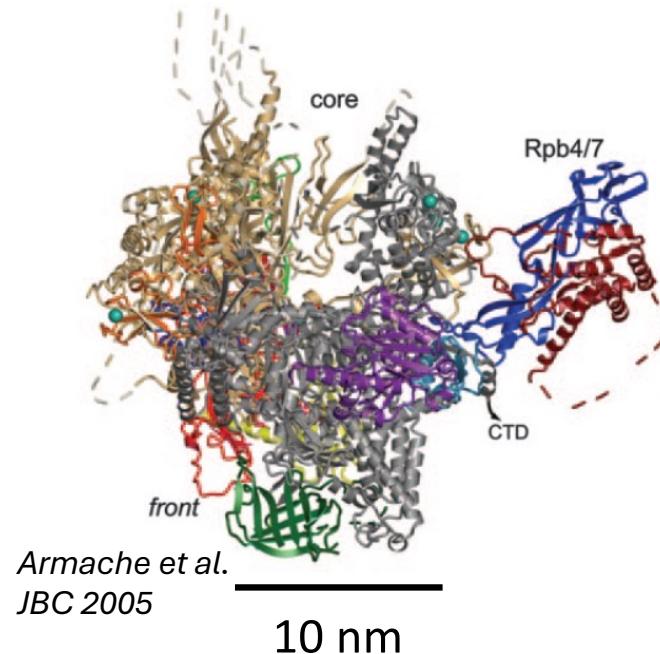
# Protein Nanomachines

**Motors:**  
**Kinesin**

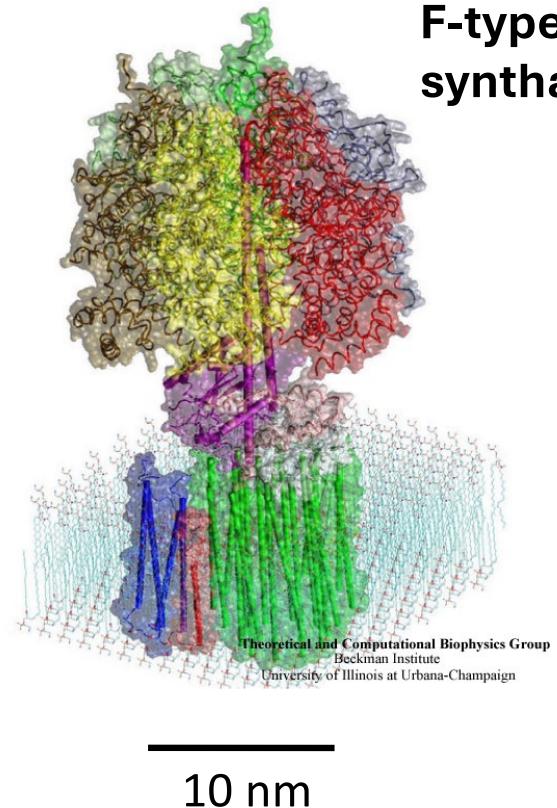


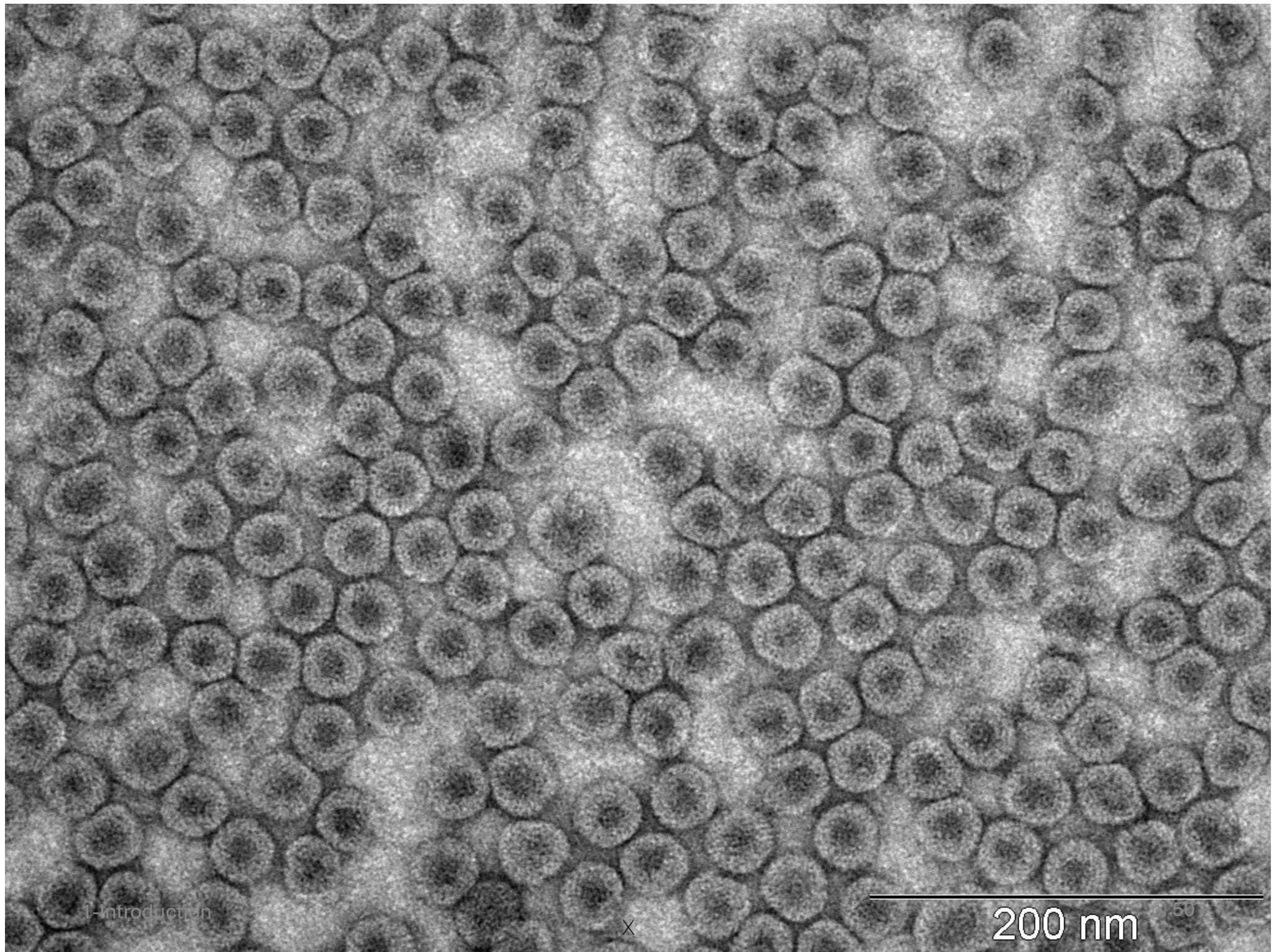
[pdb.org](http://pdb.org)

**Complex processive Enzymes:**  
**RNA polymerase**



**F-type ATP synthase**





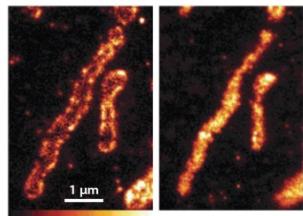
1-Introduction

x

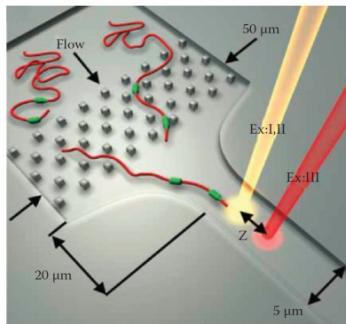
200 nm x 50

# Nanobiotechnology

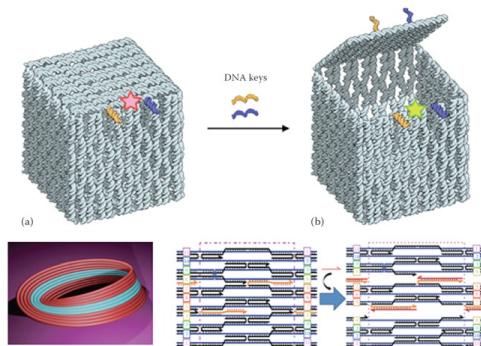
**Watch** molecular biology happen  
and **manipulate**  
the processes



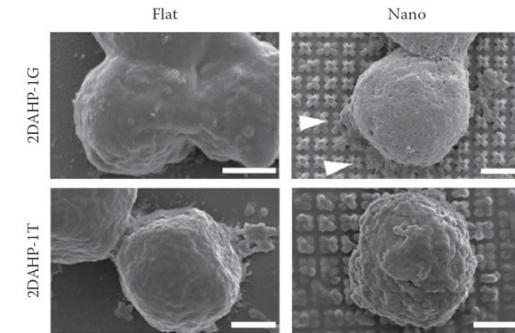
**Diagnose**  
diseases from  
single molecules  
or cells cells



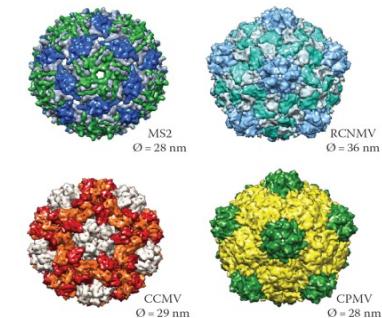
**Craft** new  
biomaterials



**Grow** cells and complex tissues  
*in vitro*



**Target** drugs to  
individual  
cancer cells



# The Ensemble vs. the Single Molecule

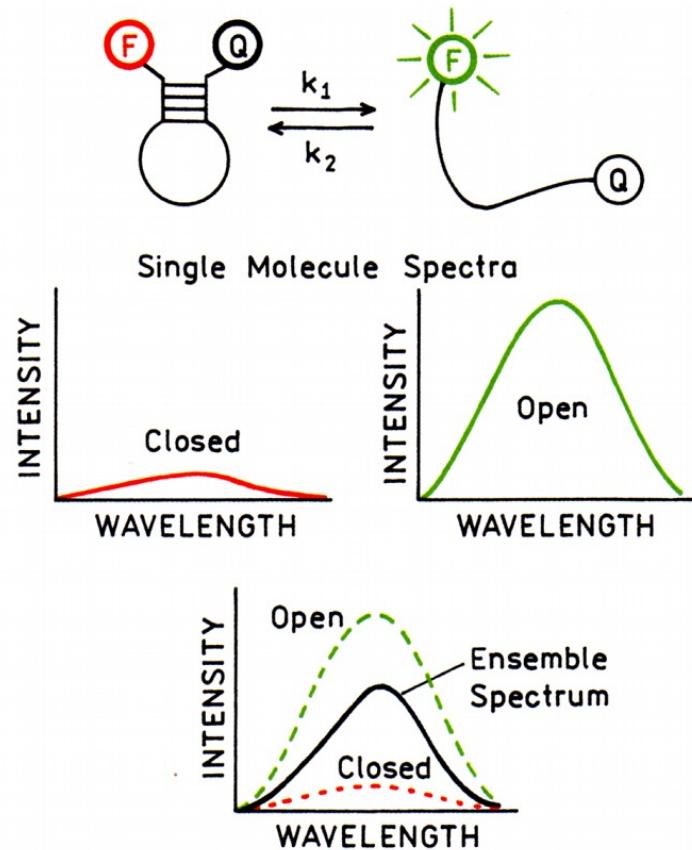


Figure 23.1. Comparison of single-molecule and ensemble emission spectra for a molecular beacon.

## Conformational heterogeneity in a sample population:

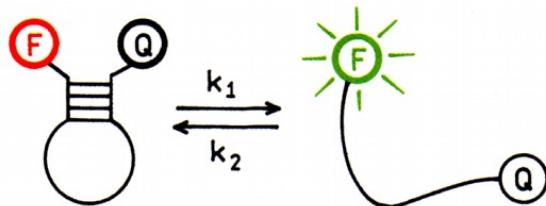
Ensemble methods detect the average fluorescence emission.

E.g. In a system with a fluorescent dye and a quencher, only 50% emission is detected compared to the free dye.

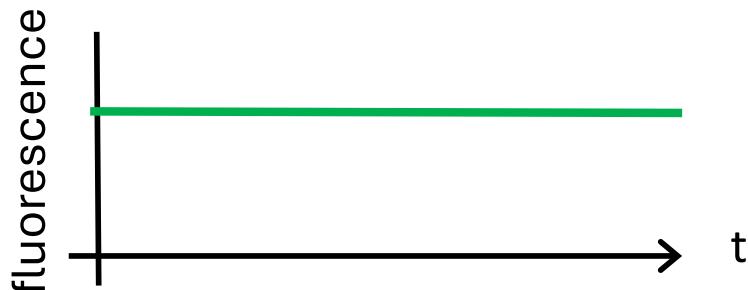
Possible reasons for half maximal emission:

1. Two static populations
2. One population with all hairpins half-closed
3. More than two populations with a variety of intermediate states

# Dynamics in the Ensemble



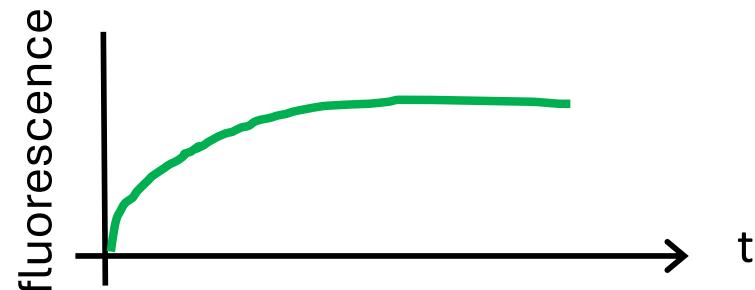
Ensemble:



Equilibrium fluctuations  
invisible

Ensemble and time average of  
fluorescence observed

Ensemble, relaxation:

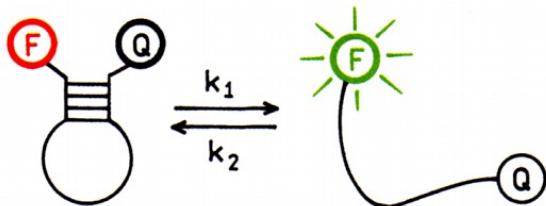


Equilibrium fluctuations are invisible

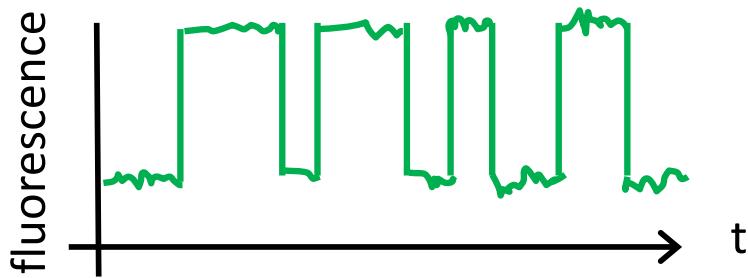
Rate of system re-equilibrium can be  
observed following synchronisation of  
the ensemble.

**Modeling** → microscopic rate constants

# Dynamics in Single Molecule Measurements



Single molecule, 2-states:



Single molecule, 3-states:



## Statistics:

Equilibrium constant

Rates of equilibrium fluctuations

Numbers of states populated in equilibrium

**Invisible equilibrium intermediate revealed**

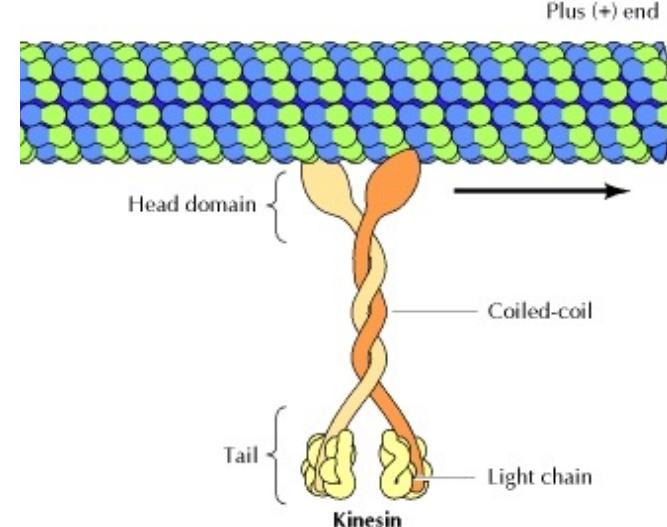
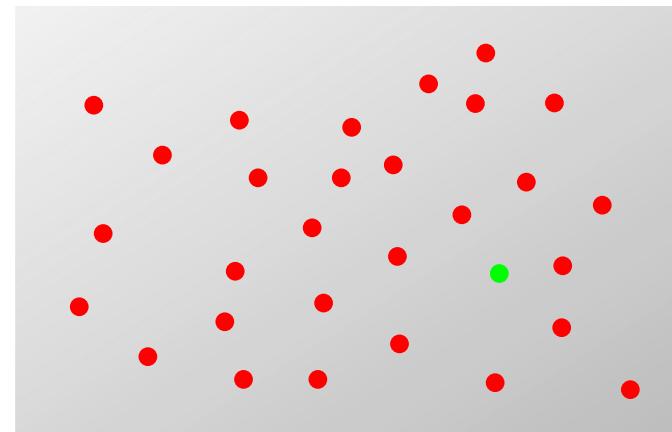
**Fewer assumptions** about the mechanism required as more parameters observed

# Observations Possible with Single Molecule Experiments

No ensemble averaging!

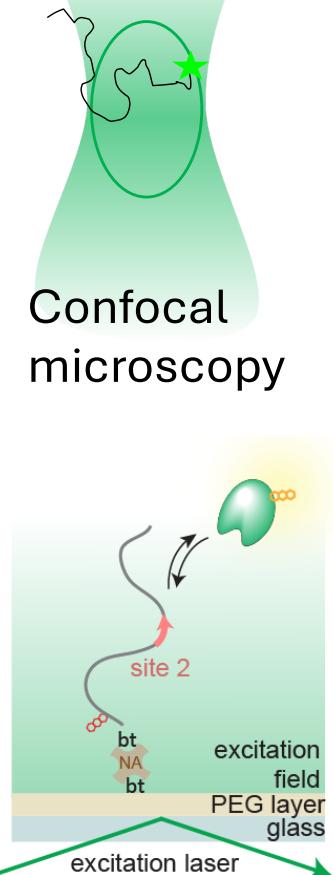
this allows detection of:

- Heterogeneity in a molecule population
- Rare events → requires large statistics
- Equilibrium excursions from the ground state
- Kinetic intermediates of multistep reactions
- Directional motor action of protein machines

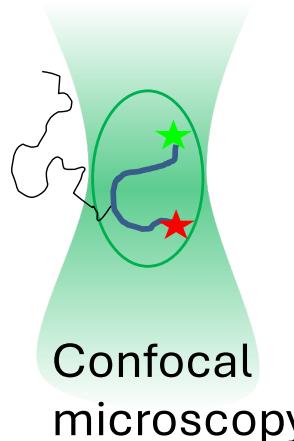


# Different Single Molecule Approaches

## Fluorescence

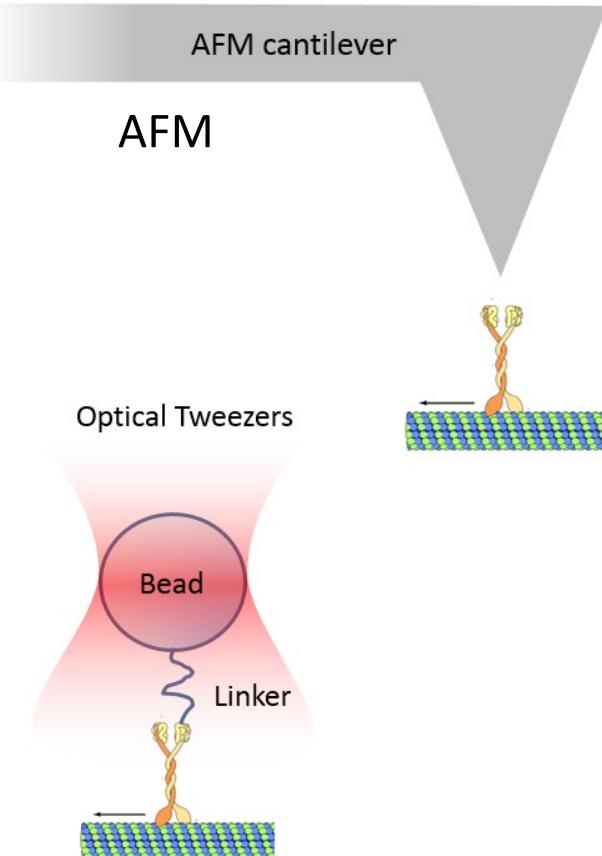


## FRET



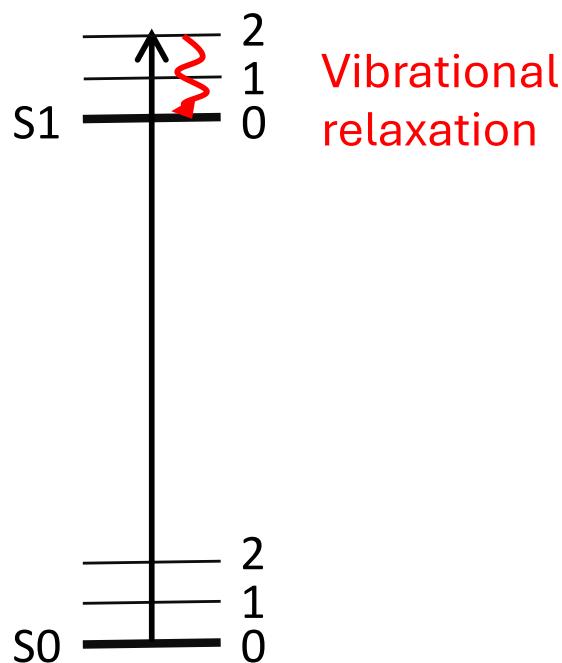
Total internal reflection  
microscopy (TIRF)

## Force spectroscopy



# Review: Fluorescence

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## Interaction of light with molecules: Absorption

### Excitation of a molecule

An electron in a bonding (or non-bonding) orbital is elevated to an antibonding orbital (higher in energy).

e.g.  $\pi \rightarrow \pi^*$  (HOMO  $\rightarrow$  LUMO) in an aromatic system

**Wavelength of light a molecule can absorb** is related to the energy gap between HOMO and LUMO:

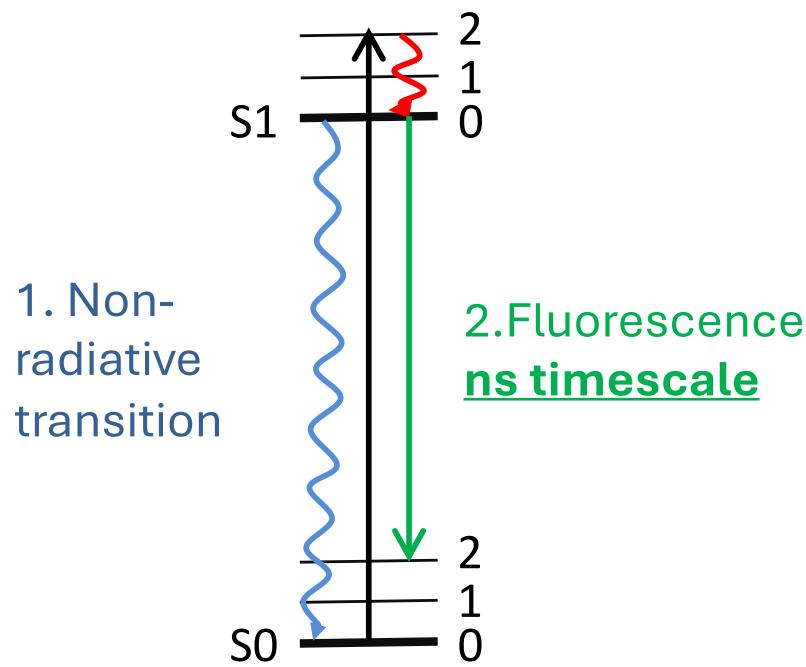
$$\Delta E = h\nu = h \cdot c / \lambda \quad \text{Planck's equation}$$

# Review: Fluorescence

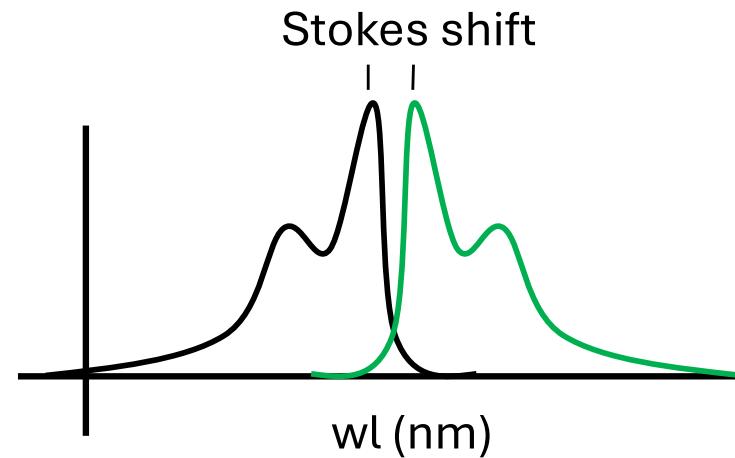
## Paths from the excited state

Fluorescence is the emission of a photon from the lowest singlet vibrational state to the ground state

Fluorescence spectra are **mirror** images of the absorption spectra

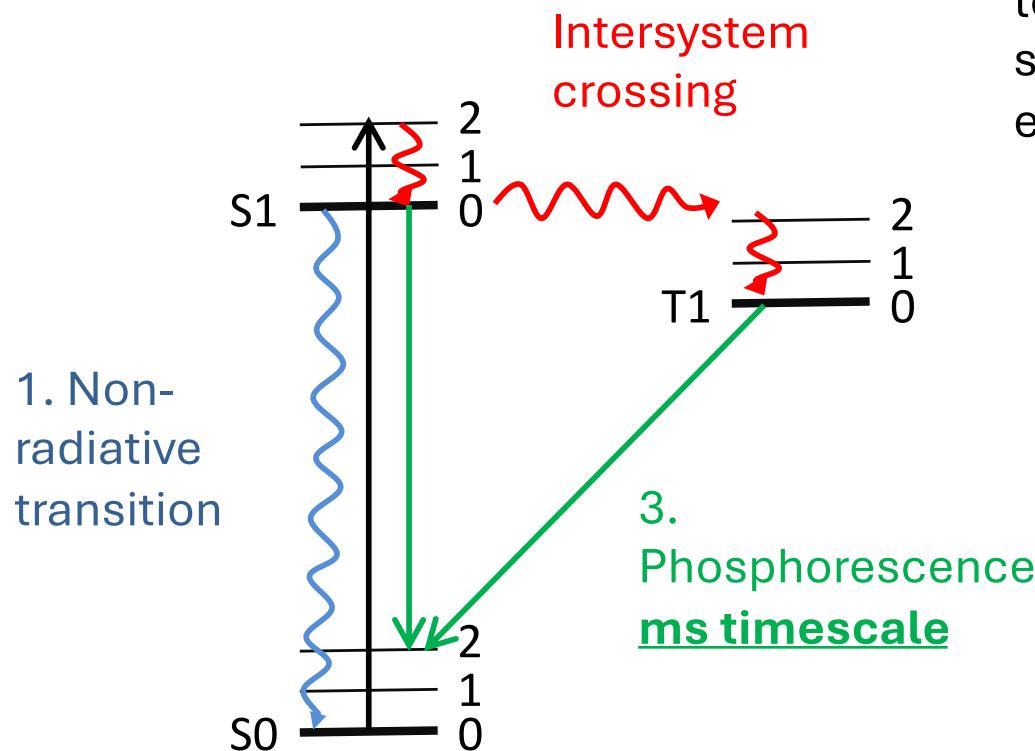


The energy difference between vibrational states creates a spectral shift, the Stokes shift



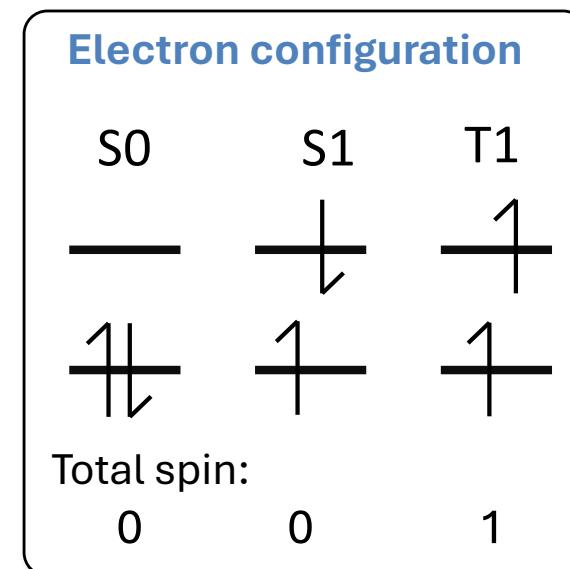
# Review: Phosphorescence

## Paths from the excited state



An excited singlet state can undergo a spin-flip to a triplet state with a non-zero total spin.

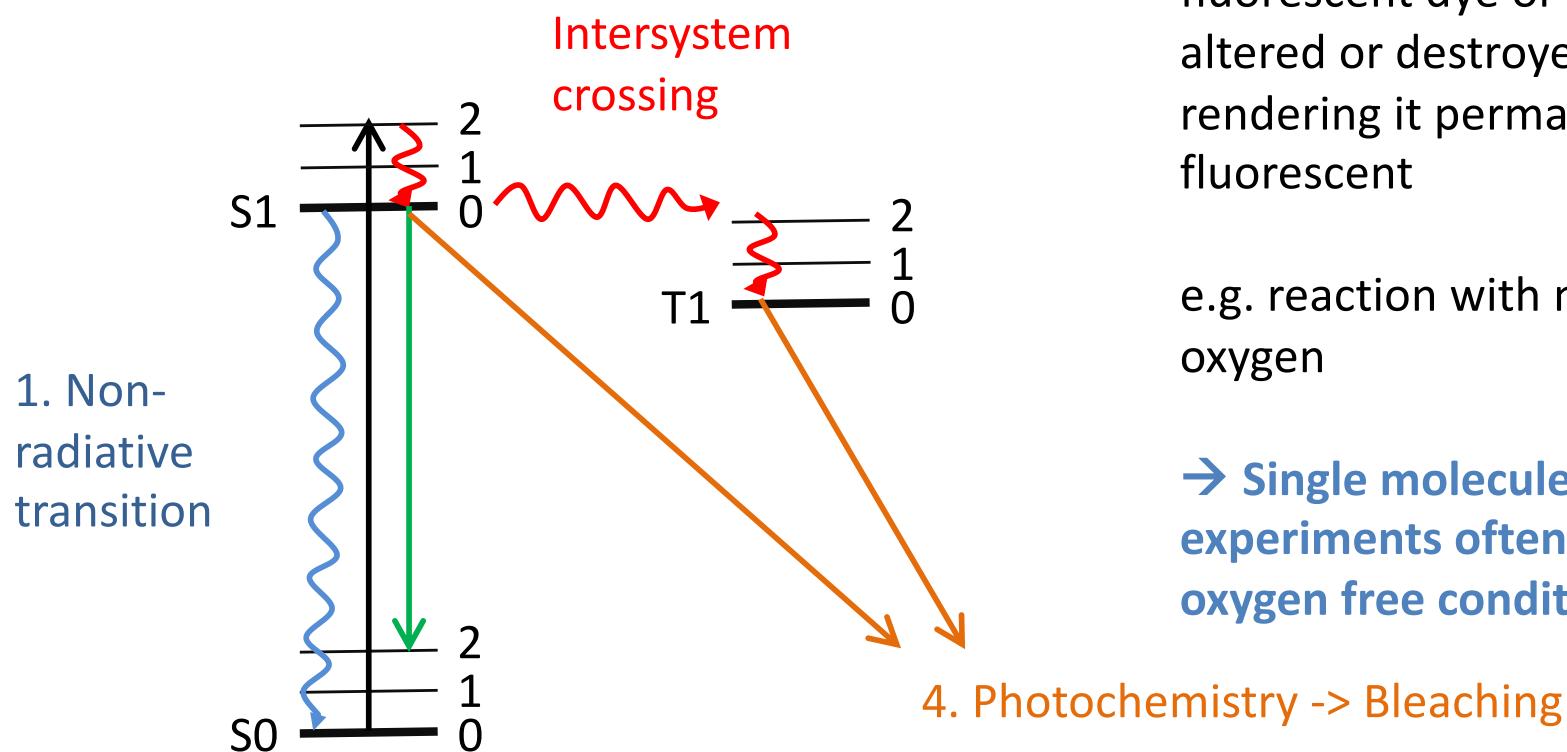
Triplet states are long lived, as relaxation to the ground state involves a forbidden spin flip back to a singlet state (see Pauli exclusion principle).



Triplet states are common reason for temporary loss of fluorescence (**blinking of fluorophores**)

# Review: Bleaching

## Paths from the excited state



### Bleaching of the fluorophore through a photochemical reaction:

Molecular structure of the fluorescent dye or molecule is altered or destroyed, rendering it permanently non-fluorescent

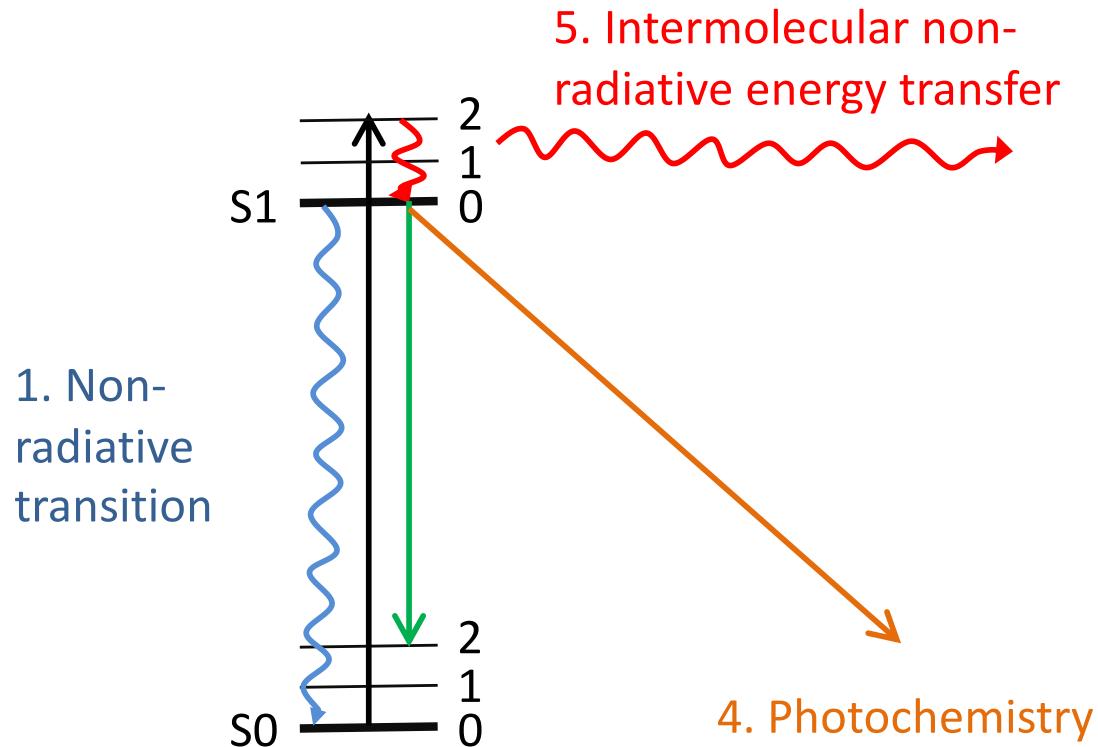
e.g. reaction with molecular oxygen

→ Single molecule experiments often require oxygen free conditions

4. Photochemistry -> Bleaching

# Review: Förster Resonance Energy Transfer (FRET)

## Paths from the excited state



FRET: a mechanism of energy transfer between **two light-sensitive molecules**

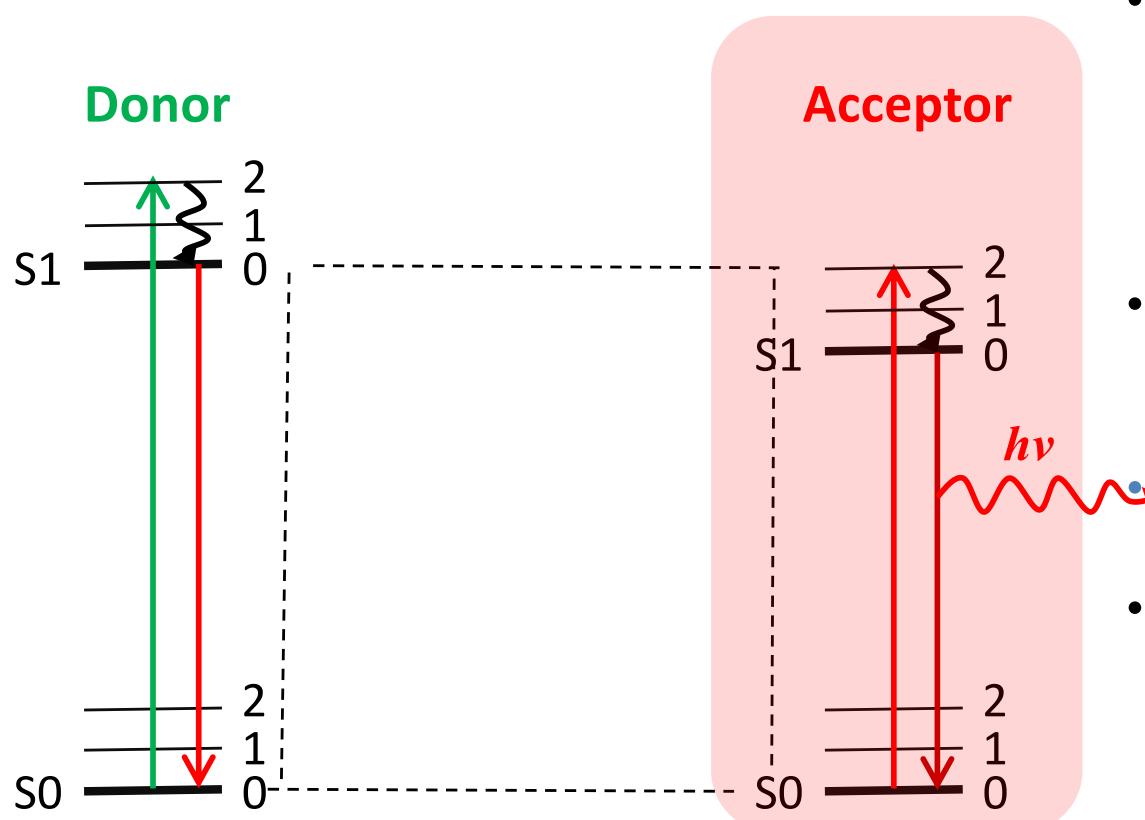


Theodor Förster  
1910 - 1974

Described and theory developed by Theodor Förster, 1946 at MPI Göttingen for ET reactions in photosynthesis

# FRET Mechanism

When the donor molecule absorbs light, it goes to an excited state, creating a dipole moment.



- Dipole-dipole interaction through space.
- this results in **energy transfer**: **overlap allows excited state energy of donor to resonate with acceptor**
- fluorescence emission is detected from the **acceptor**

**Mechanism:**

- No orbital overlap, no electrons exchanged, no photons emitted or absorbed

# Efficiency of Energy Transfer

Rate of energy transfer:

$$k_{FRET} = \frac{1}{\tau_D} \left( \frac{R_0}{r} \right)^6$$

$\tau_D$ : fluorescence lifetime of the donor

Exponent of  $r^{-6}$  arises from the square of the dipole-dipole coupling (scales with exponent of -3)

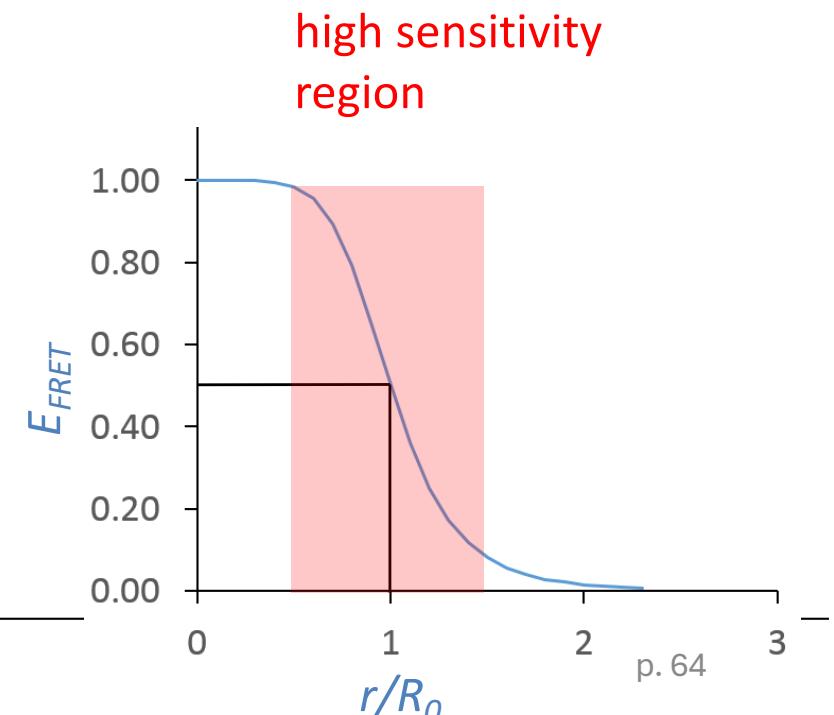
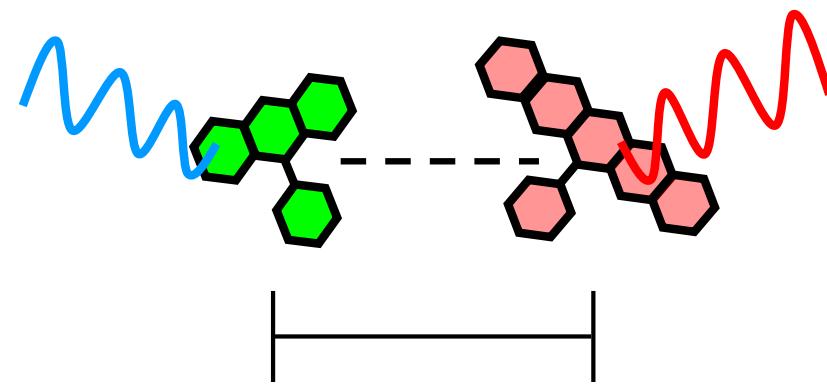
$R_0$ : Förster radius, distance at which the energy transfer efficiency is 50%

$r$ : actual distance between fluorophores

Transfer efficiency:

$$E_{FRET} = \frac{R_0^6}{R_0^6 + r^6}$$

FRET can be used as a «molecular ruler»



# Förster radius $R_0$

Distance of half-maximal FRET efficiency

$$R_0^6 = \frac{9000(\ln 10)\kappa^2 Q_D}{128\pi^5 N n^4} J(\lambda)$$

Orientation Factor: relative orientation of transition dipoles

Quantum efficiency of the donor

Spectral Overlap Integral

Avogadro's number

Refractive index of the medium

# Förster radius $R_0$

$$R_0^6 = \frac{9000(\ln 10)\kappa^2 Q_D}{128\pi^5 N n^4} J(\lambda)$$

The Förster radius is a property of:

- the fluorophore pair:  $J(\lambda)$ ,  $Q_D$
- the labeled proteins:  $\kappa^2$ ,  $Q_D$

It has thus to be determined for each new protein sample!

Which of the two dye pairs is expected to have a larger  $R_0$ :  
**Cy3 - Cy5 or Cy3 - Cy7 ?**

Table 13.3. Representative Förster Distances for Various Donor–Acceptor Pairs<sup>a</sup>

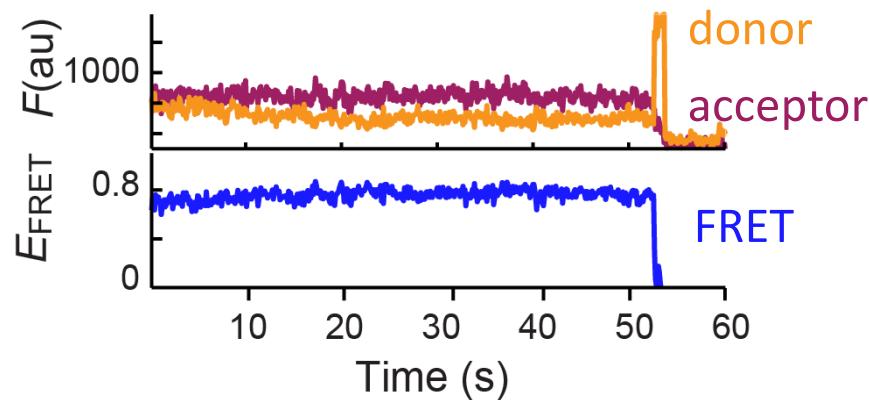
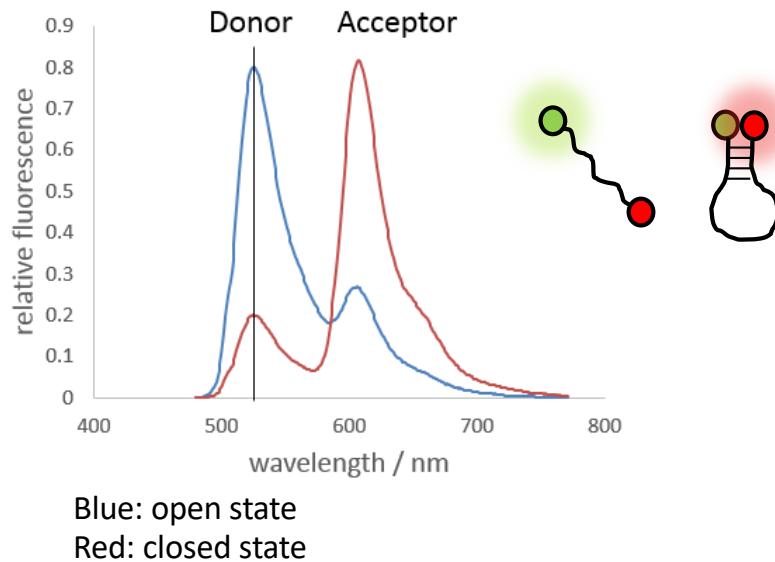
Donor	Acceptor	$R_0$ (Å)
Naphthalene <sup>14</sup>	Dansyl	22
Dansyl <sup>95</sup>	FITC	33–41
Dansyl <sup>14</sup>	ODR	43
$\epsilon$ -A <sup>14</sup>	NBD	38
IAF <sup>14</sup>	TMR	37–50
Pyrene <sup>14</sup>	Coumarin	39
FITC <sup>14</sup>	TMR	49–54
IAEDANS <sup>14</sup>	FITC	49
IAEDANS <sup>14</sup>	IAF	46–56
IAF <sup>14</sup>	EIA	46
CF	TR	51
Bodipy <sup>25</sup>	Bodipy	57
BPE <sup>14</sup>	Cy5	72
Terbium <sup>96</sup>	Rhodamine	65
Europium <sup>94</sup>	Cy5	70
Europium <sup>97</sup>	APC	90

<sup>a</sup>Dansyl, 5-dimethylamino-1-naphthalenesulfonic acid.

$\epsilon$ -A, 1-N<sup>6</sup>-ethenoadenosine; APC, allophycocyanin; Bodipy, 4,4-difluoro-4-bora-3a,4a-diaza-s-indacene; BPE, B-phycoerythrin; CF, carboxylfluorescein, succinimidyl ester; Cy5, carboxymethylindocyanine-N-hydroxysuccinimidyl ester; EIA, 5-(iodoacetamido) eosin; FITC, fluorescein-5-isothiocyanate; IAEDANS, 5-(2-0((iodocetyl)amino)ethyl)amino)naphthalene-1-sulfonic acid; IAF, 5-iodoacetamido fluorescein; NBD, 7-nitrobenz-2-oxa-1,3-diazol-4-yl; ODR, octadecylrhodamine; TMR, tetramethylrhodamine; TR, Texas Red.

Lakowicz, *Principles of fluorescence spectroscopy*

# Measuring the efficiency of energy transfer



FRET efficiency:

$$E_{\text{FRET}} = I_A / (I_A + I_D)$$

$I_D$  : intensity of donor emission

$I_A$  : intensity of acceptor emission

Both upon excitation of donor only

corrected:

$$E_{\text{FRET}} = I_A - \beta I_D / ([I_A - \beta I_D] + \gamma I_D)$$

$\beta$  : leakage of donor emission into acceptor channel ( $\beta < 1$ )

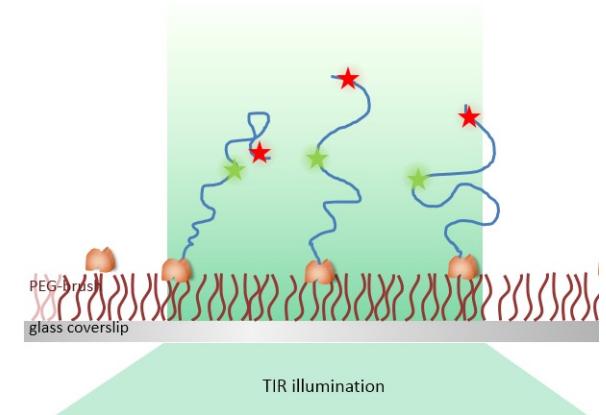
$\gamma$  : detection efficiency of photons in donor and acceptor channels

# Single molecule fluorescence techniques

## Immobilized molecules:

molecules are immobilized on a surface (coverslip) and can be observed for a long time, e.g. by total internal reflection fluorescence microscopy

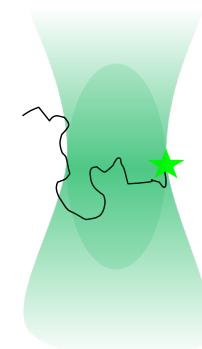
- Imaging and counting single molecules
- internal dynamics
- interaction dynamics
- Colocalization analysis



## Freely diffusing molecules:

fluorescently labeled molecules are observed at very high dilution free in solution, using a confocal microscope:

- FRET statistics
- Burst analysis
- Photon counting histograms
- only fast dynamics are monitored (ms)



# Next week: Readings

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- **Single molecule FRET of immobilized samples**
  - Vafabakhsh et al., Extreme Bendability of DNA Less than 100 Base Pairs Long Revealed by Single-Molecule Cyclization, *Science* 2012
- **Single molecule FRET in freely diffusing proteins**
  - Schuler B, Lipman EA, Eaton WA. Probing the free-energy surface for protein folding with single-molecule fluorescence spectroscopy. *Nature* 2002, 419(6908):743-7.

# Let's play connections

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<https://connections.swellgarfo.com/game/-NrCaTHe5L5xxRF7bgbG>

## How to Play

Find groups of four items that share something in common.

- Select four items and tap 'Submit' to check if your guess is correct.
- Find the groups without making 4 mistakes!

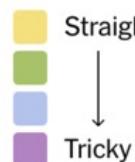
## Category Examples

- FISH: Bass, Flounder, Salmon, Trout
- FIRE \_\_\_: Ant, Drill, Island, Opal

Categories will always be more specific than "5-LETTER-WORDS," "NAMES" or "VERBS."

Each puzzle has exactly one solution. Watch out for words that seem to belong to multiple categories!

Each group is assigned a color, which will be revealed as you solve:



# Last five minutes

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Week 1: February 22 This week

 Did a question arise during the lecture that you don't have an answer to yet?

