

Genomic solutions to sustainable development

Week 4 — Gender & Health

11 March 2025

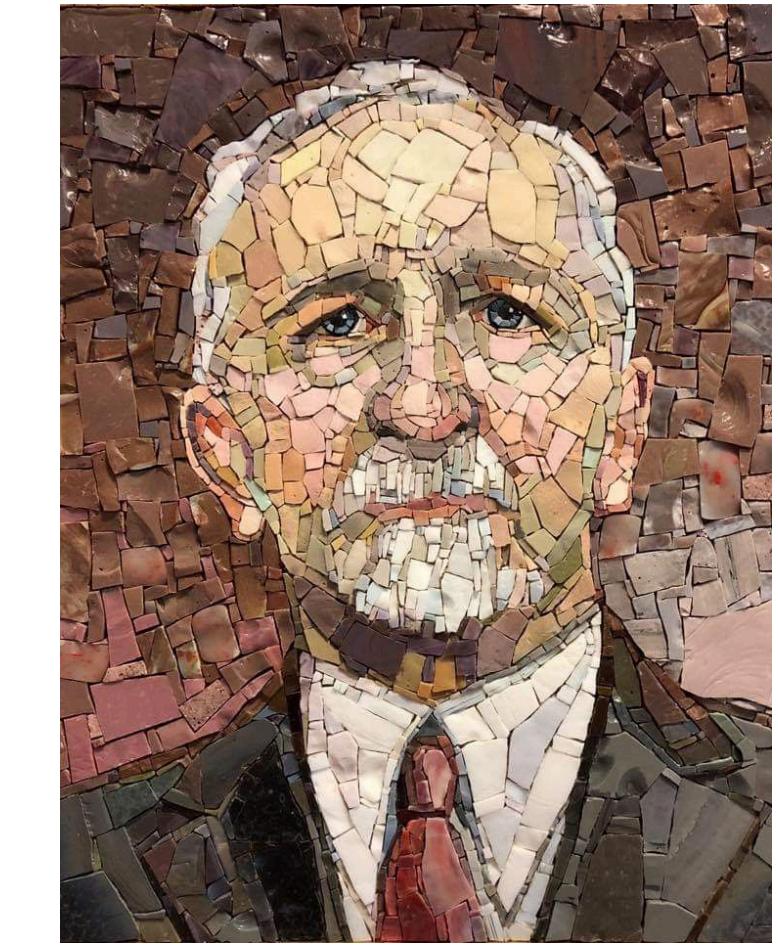
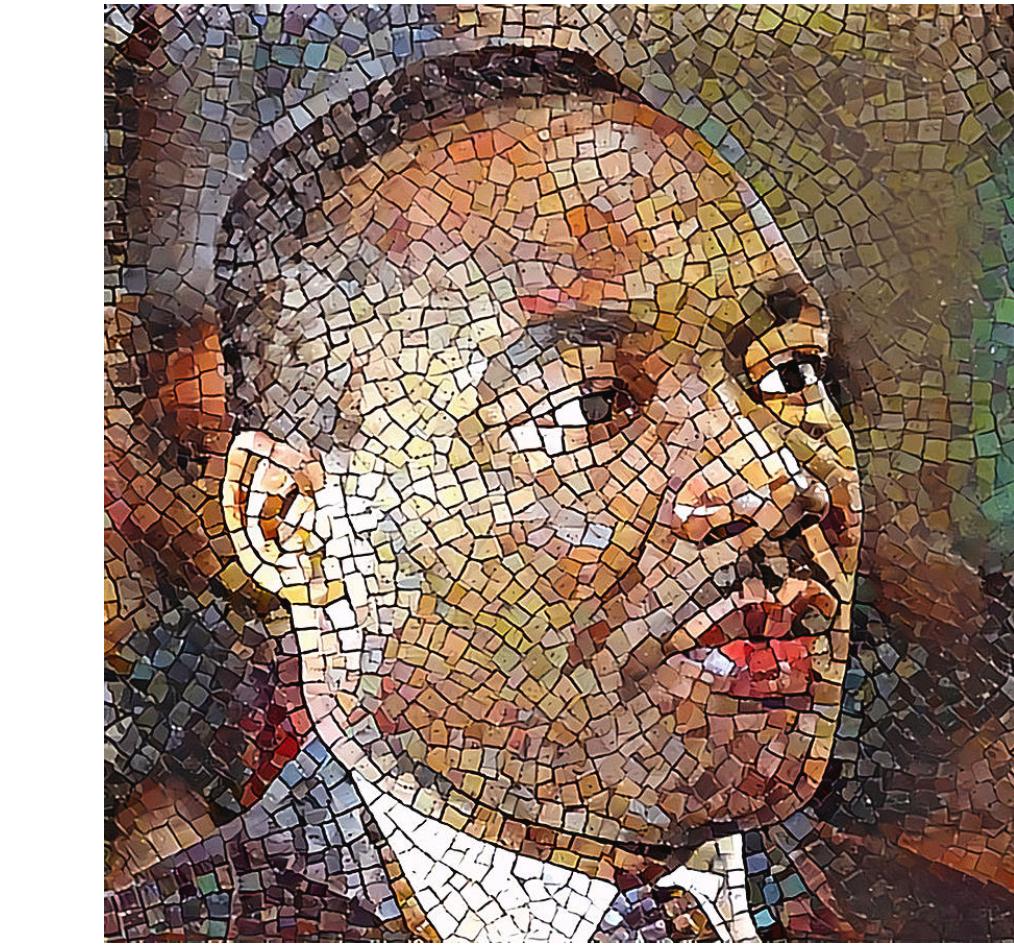
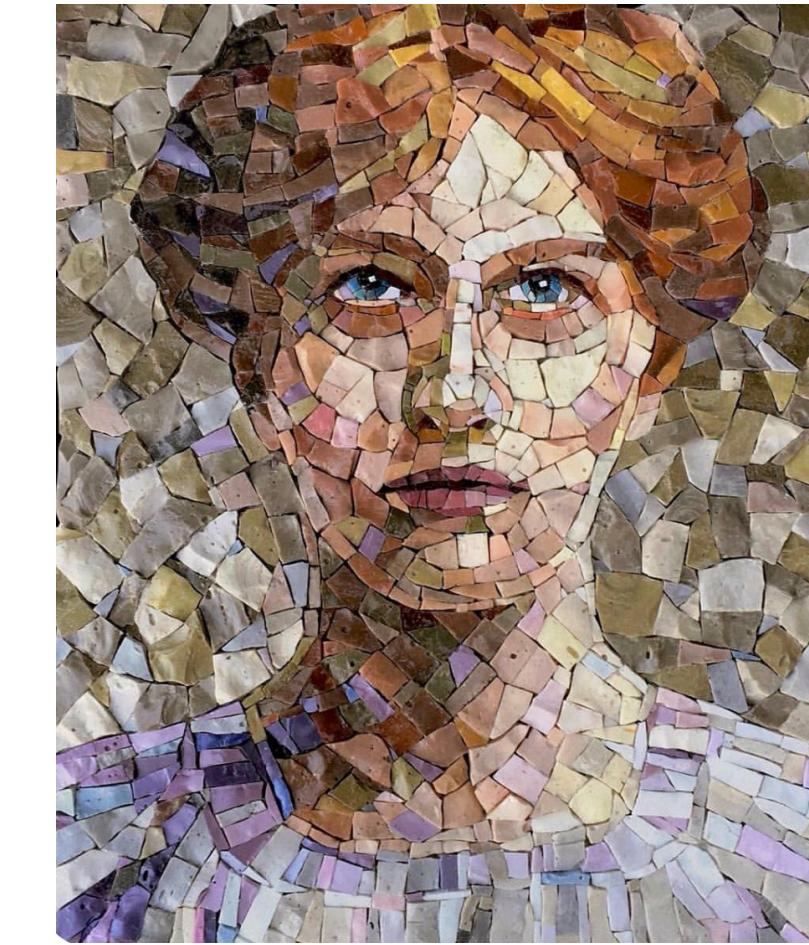
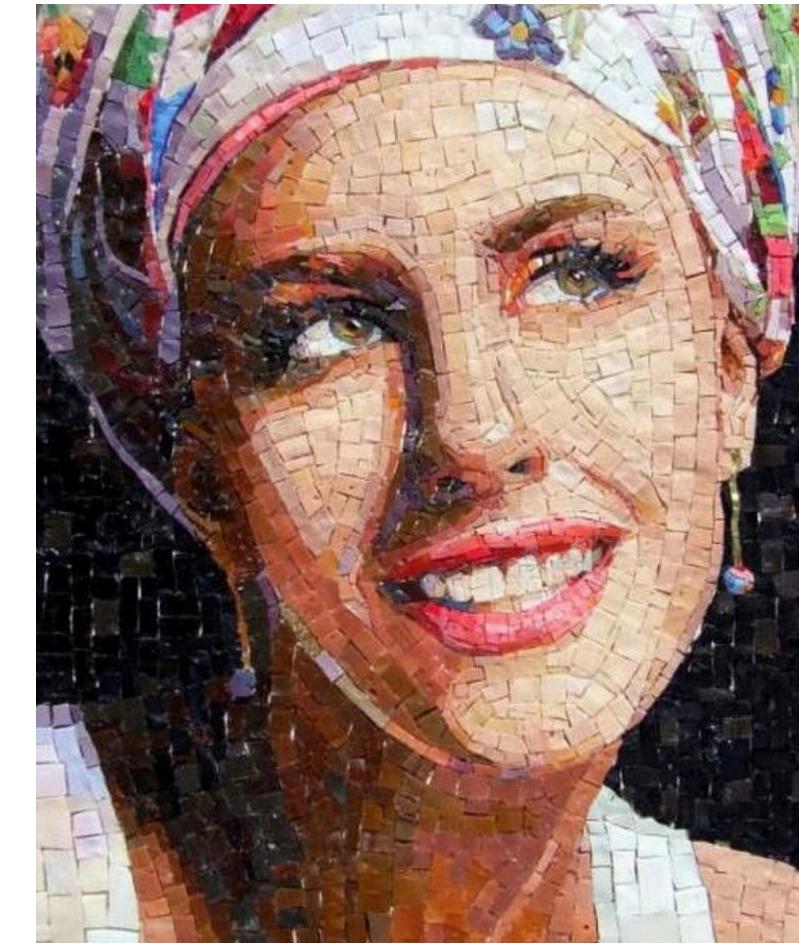
Sebastian M. Waszak, Ph.D.
Assistant Professor, Life Sciences, EPFL
Associate Adjunct Professor, Neurology, UCSF



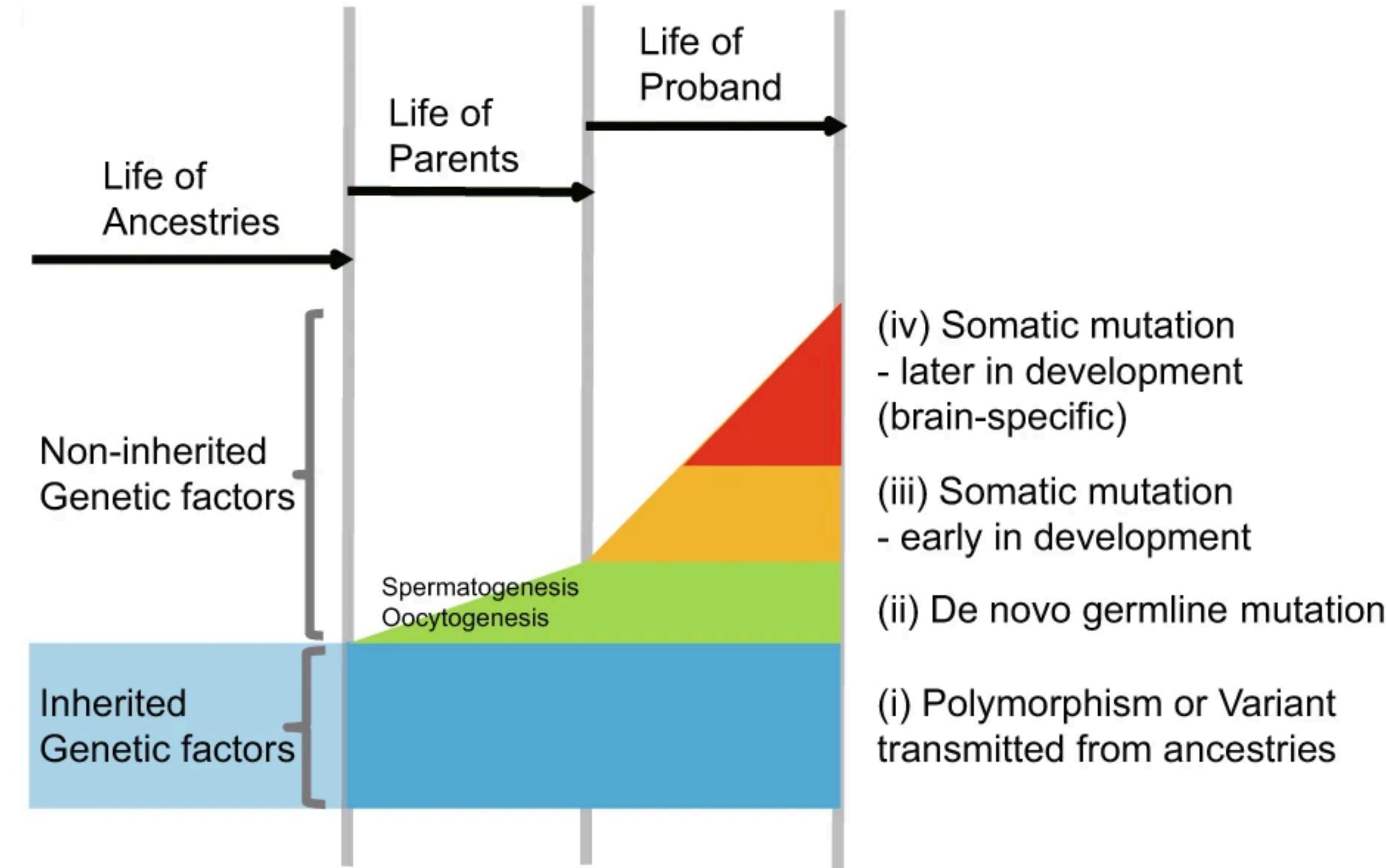
Outline

- Overview of mechanisms behind de novo germline mutations
- Overview of mechanisms behind somatic mutations
- Genetic predisposition to somatic mutagenesis

The human body is a mosaic of many genomes



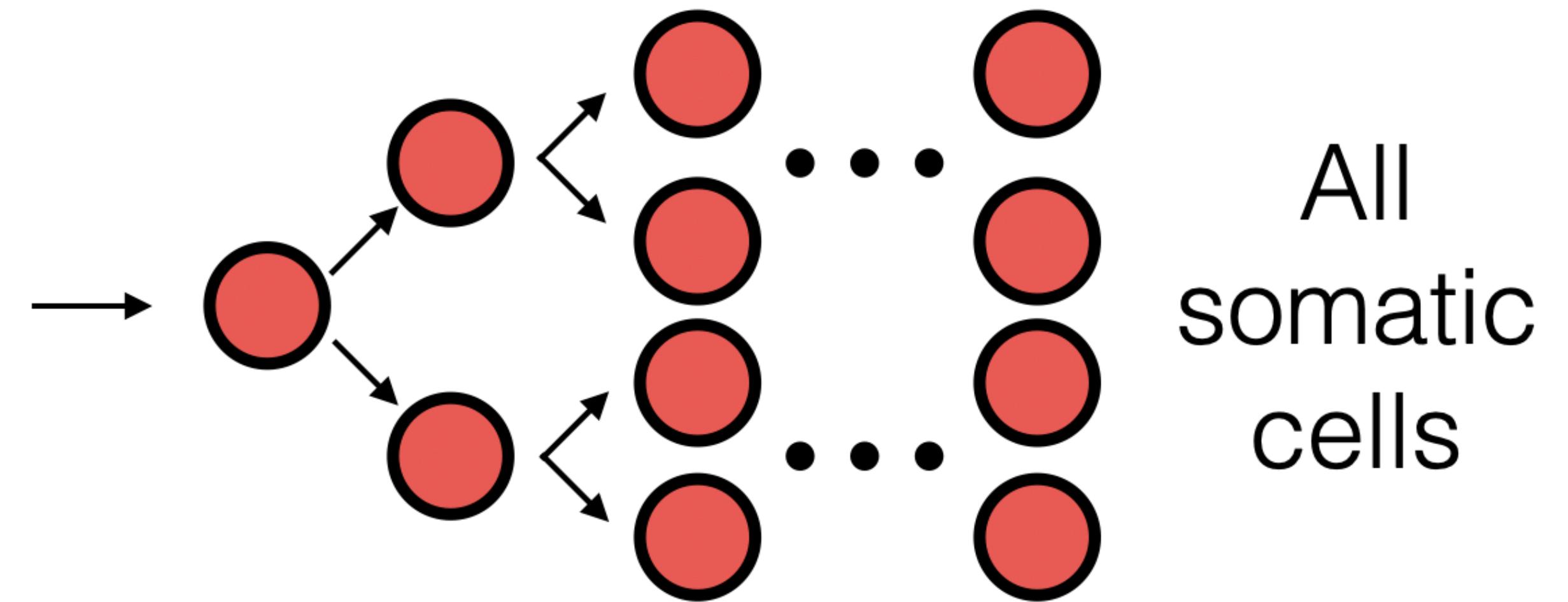
The human body is a mosaic of many genomes



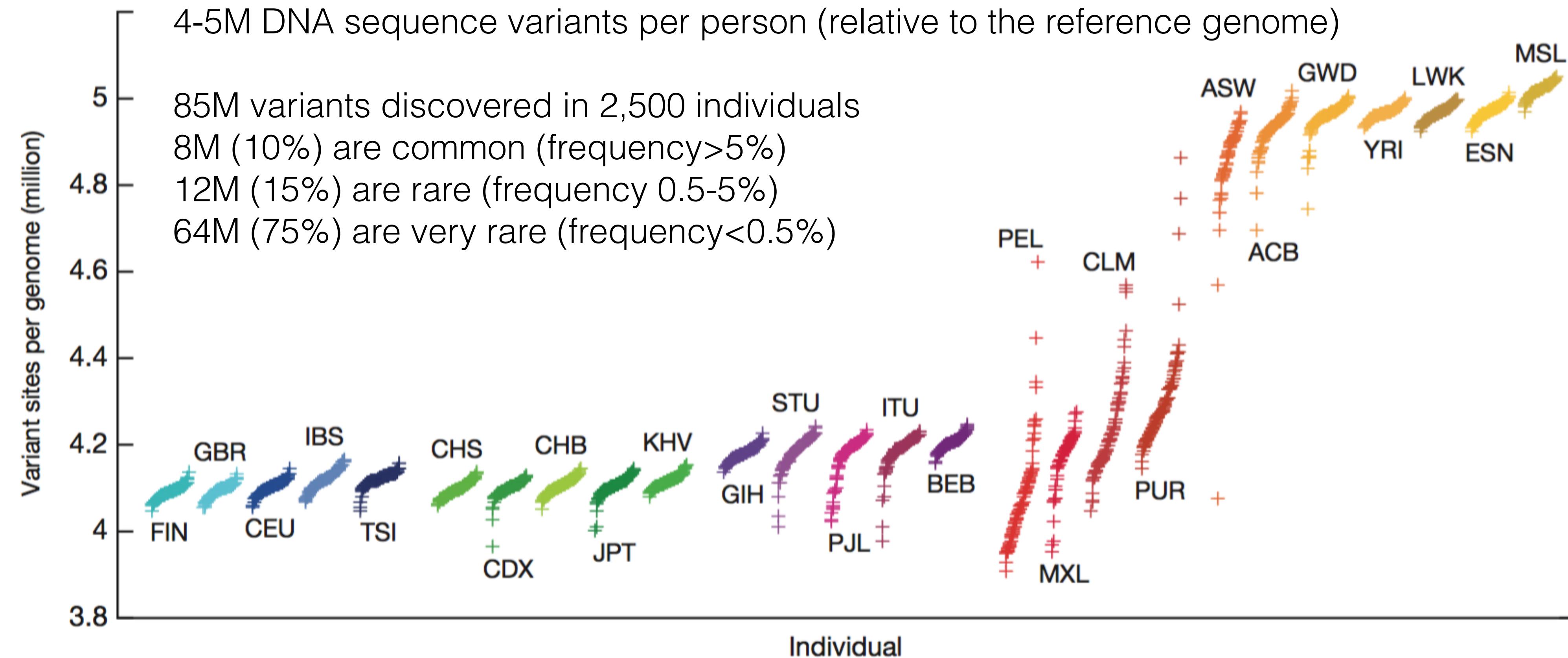
The human body is a mosaic of many genomes



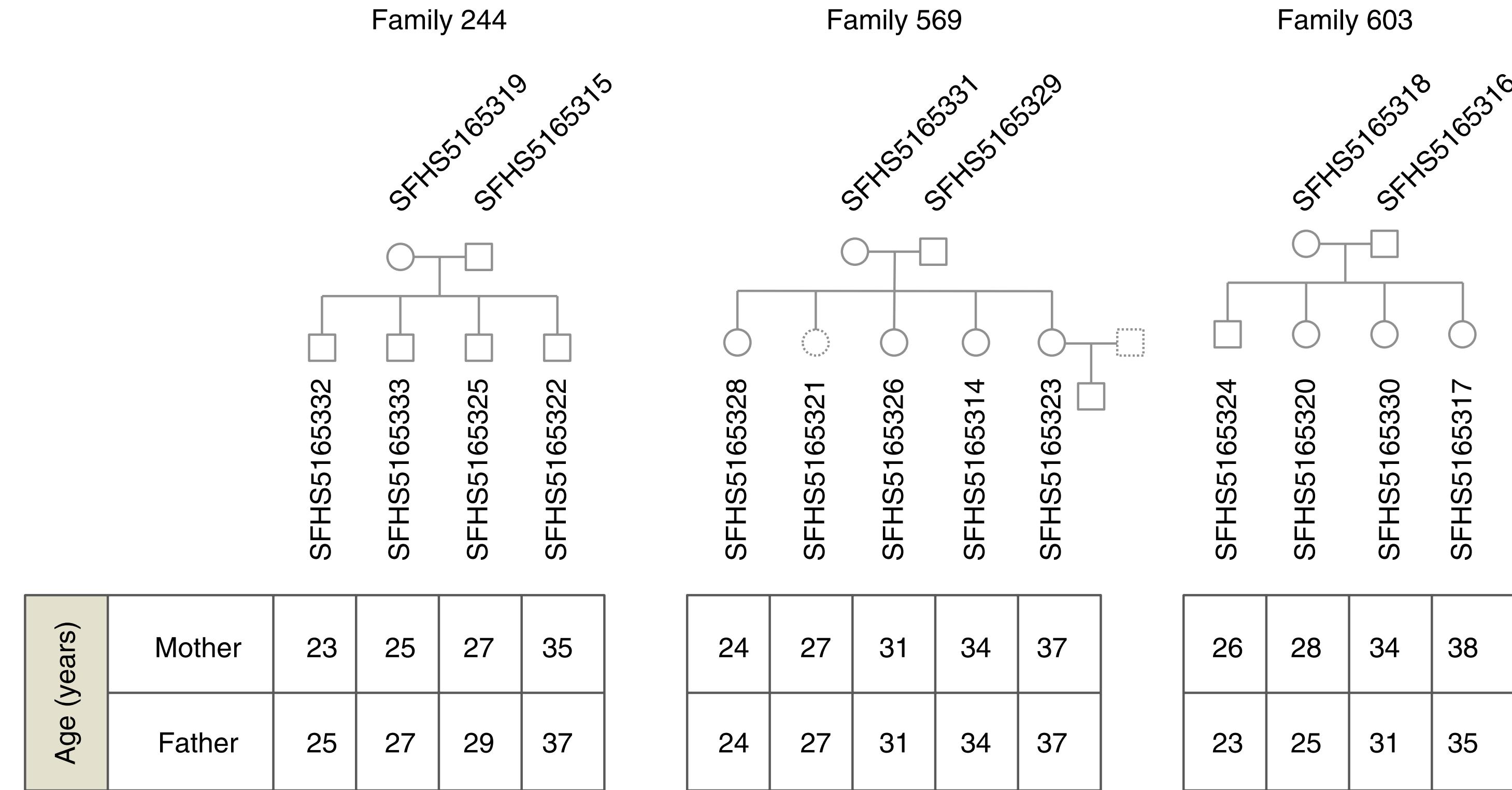
Germline polymorphisms
De novo germline mutations



A typical human genome in numbers

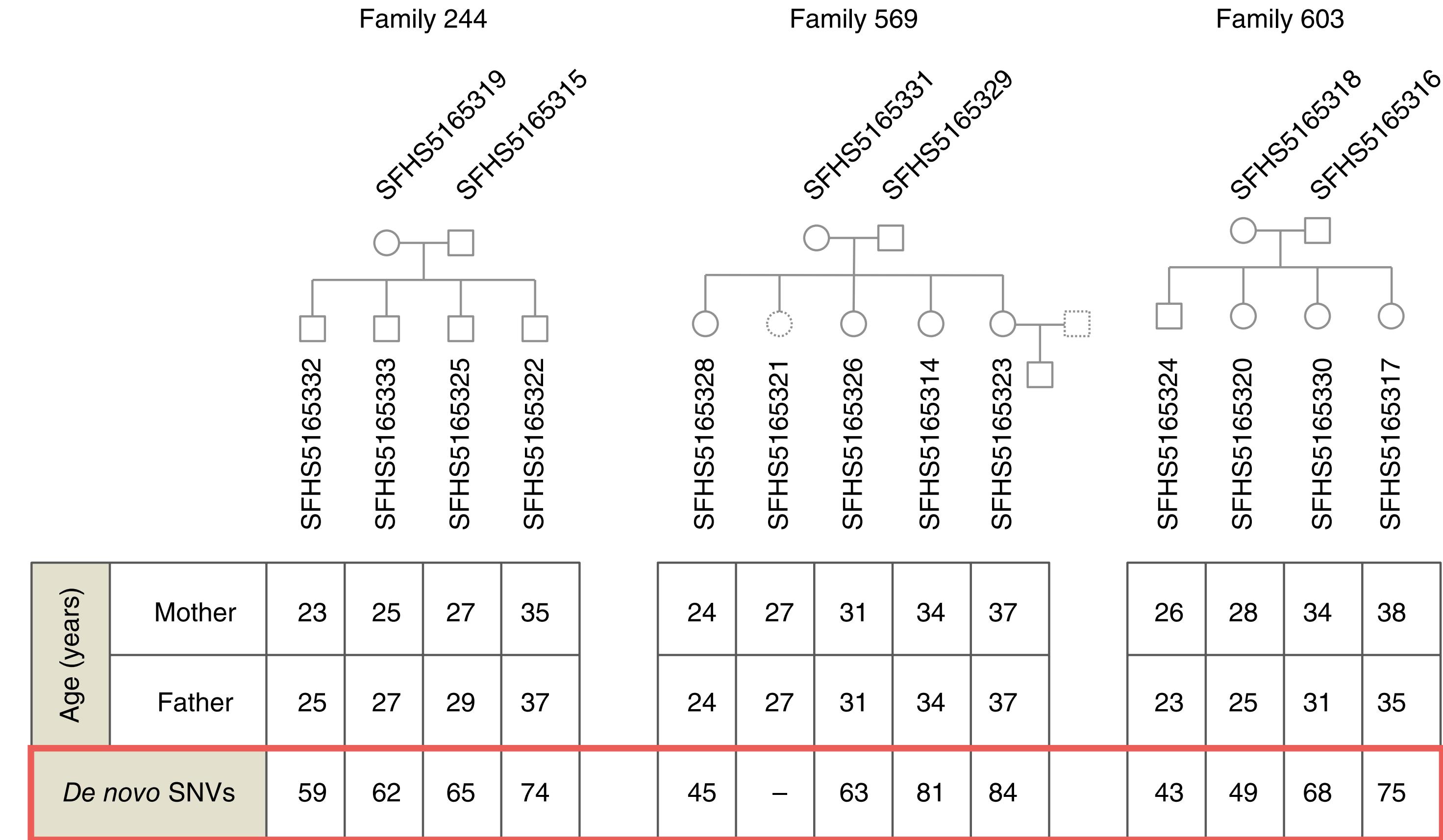


Genome-wide *de novo* germline mutations



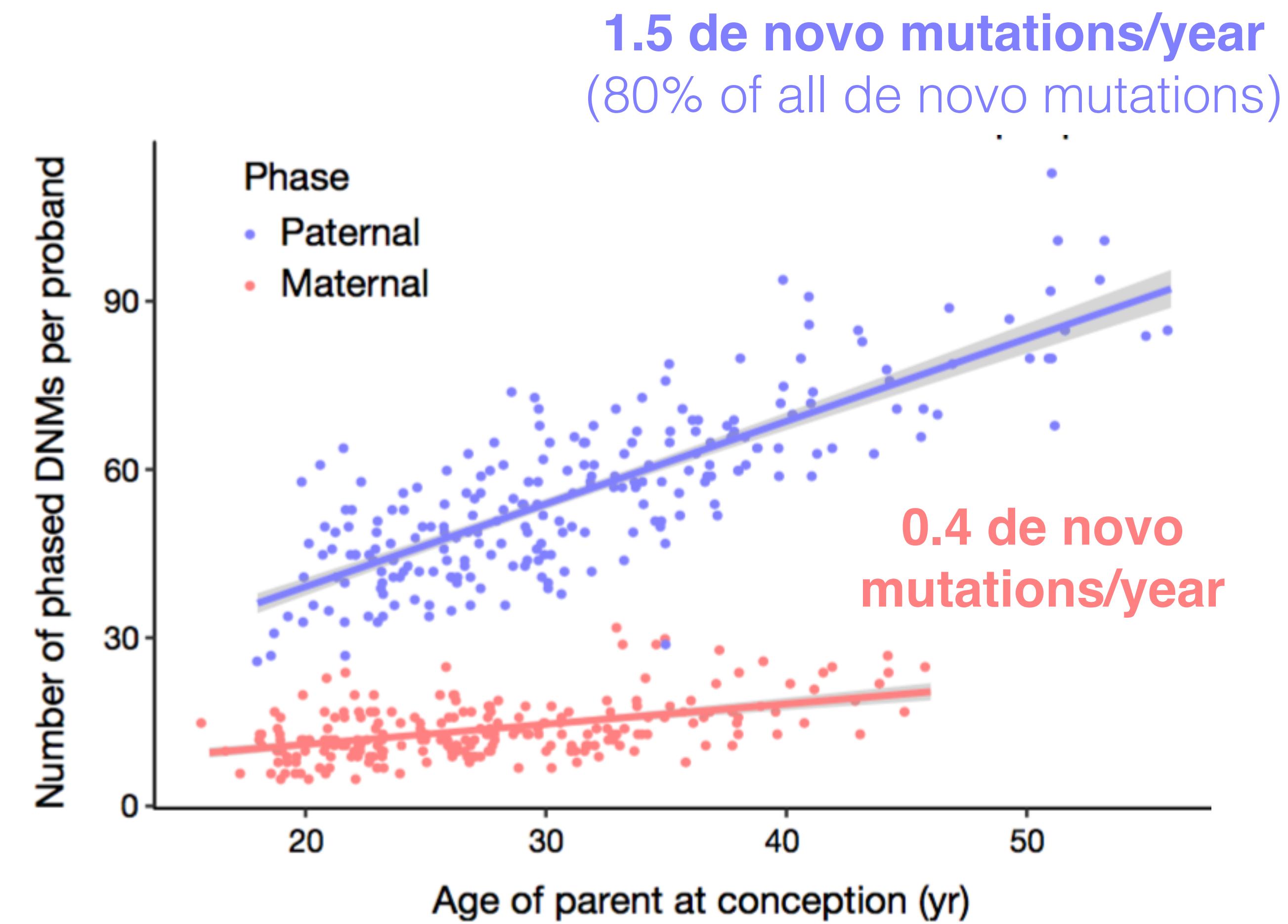
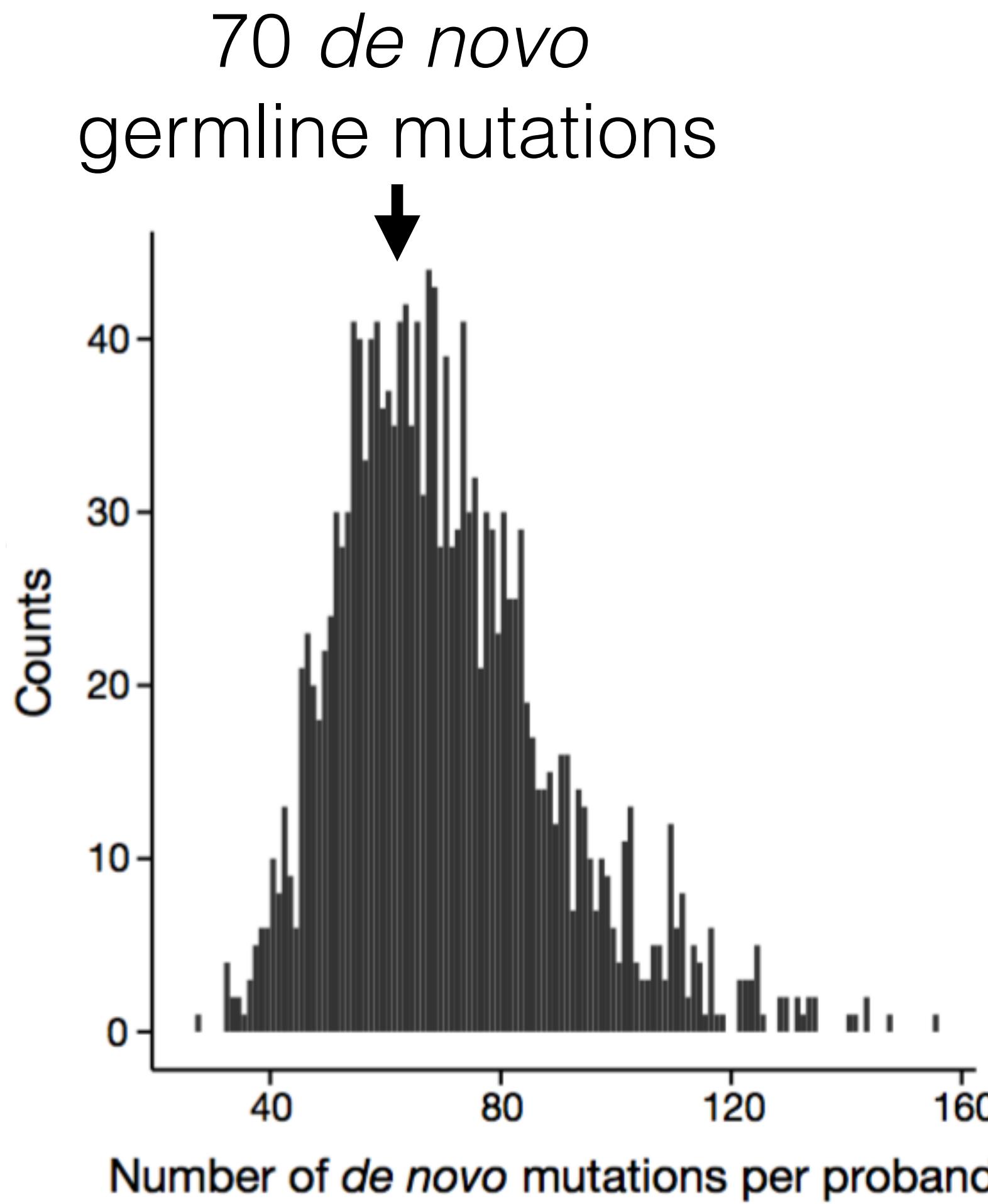
Rahbari et al. Nature Genetics 2015

Genome-wide *de novo* germline mutations

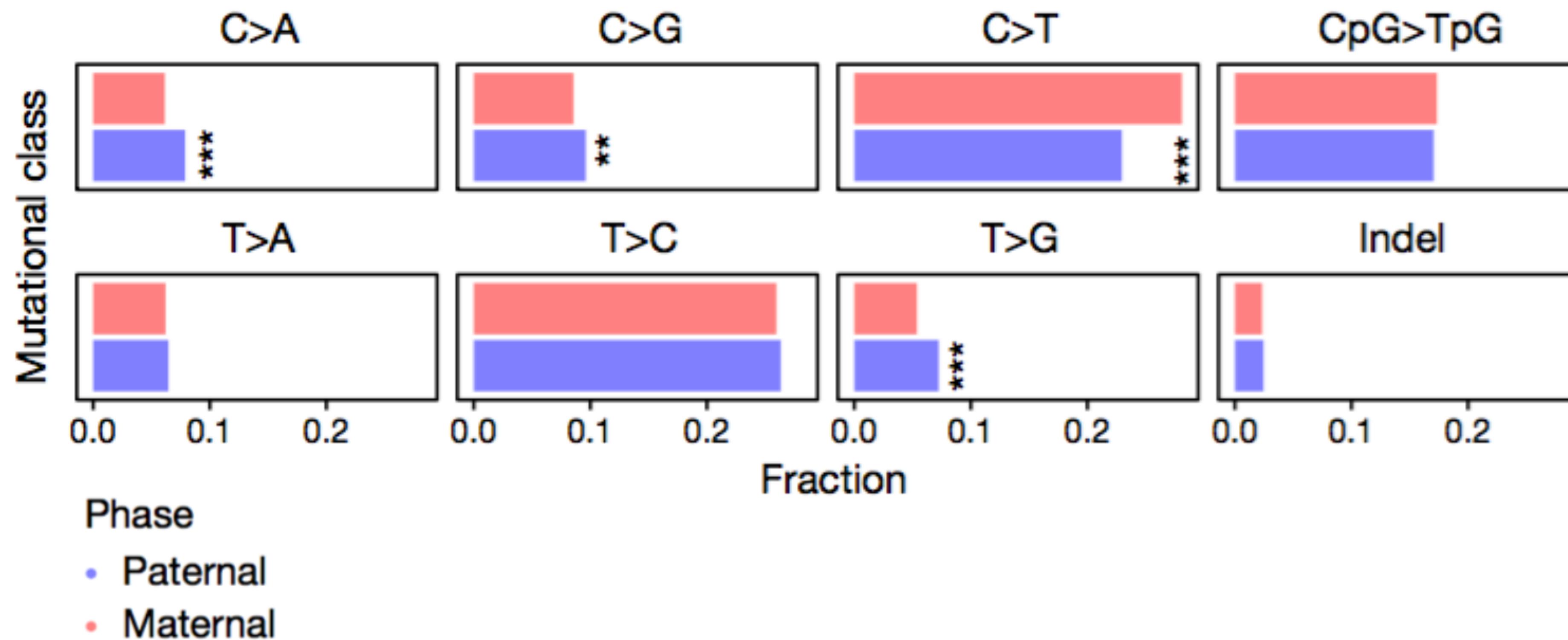


Rahbari et al. Nature Genetics 2015

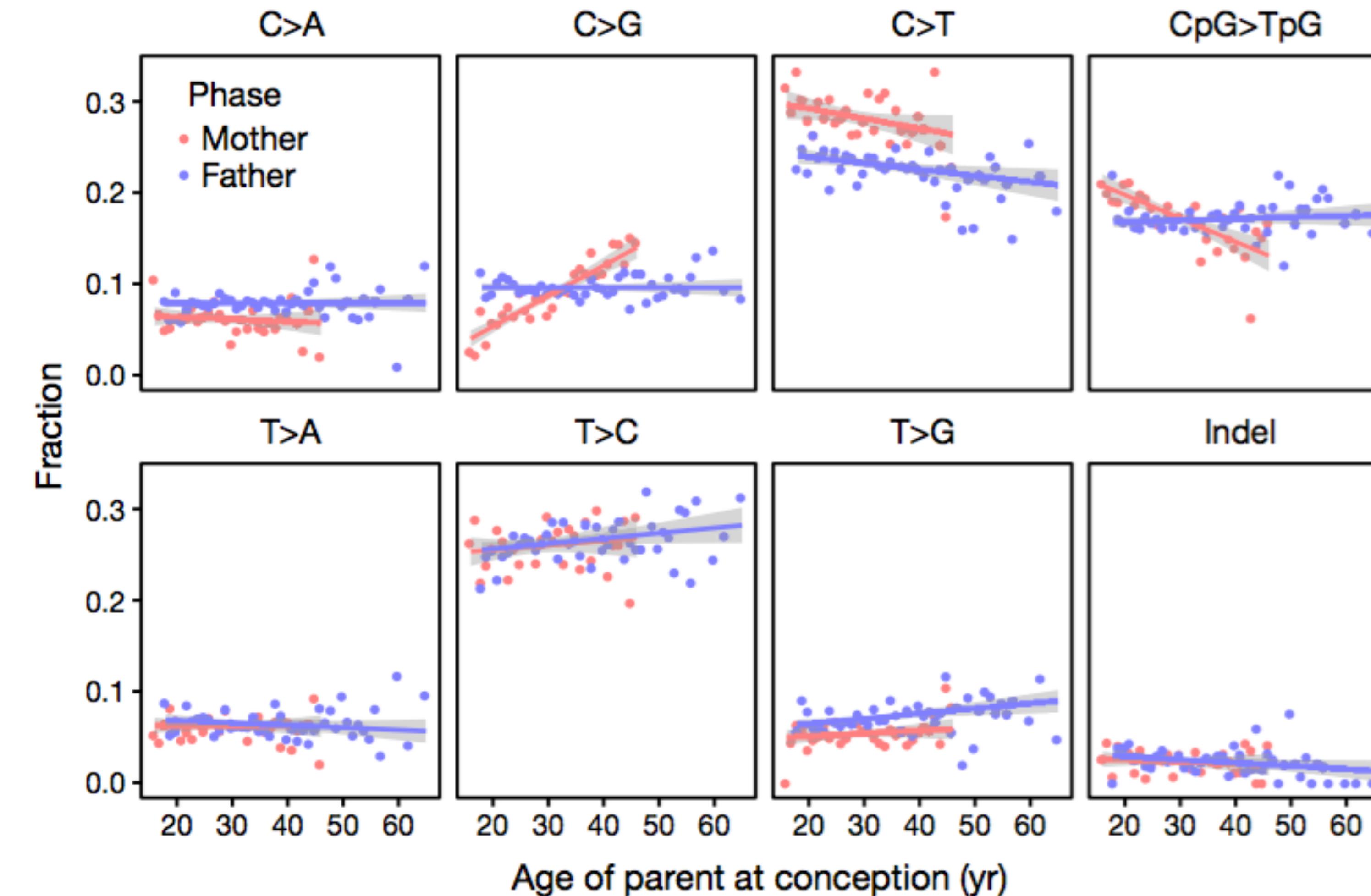
Sex and parental age affect the number of *de novo* germline mutations



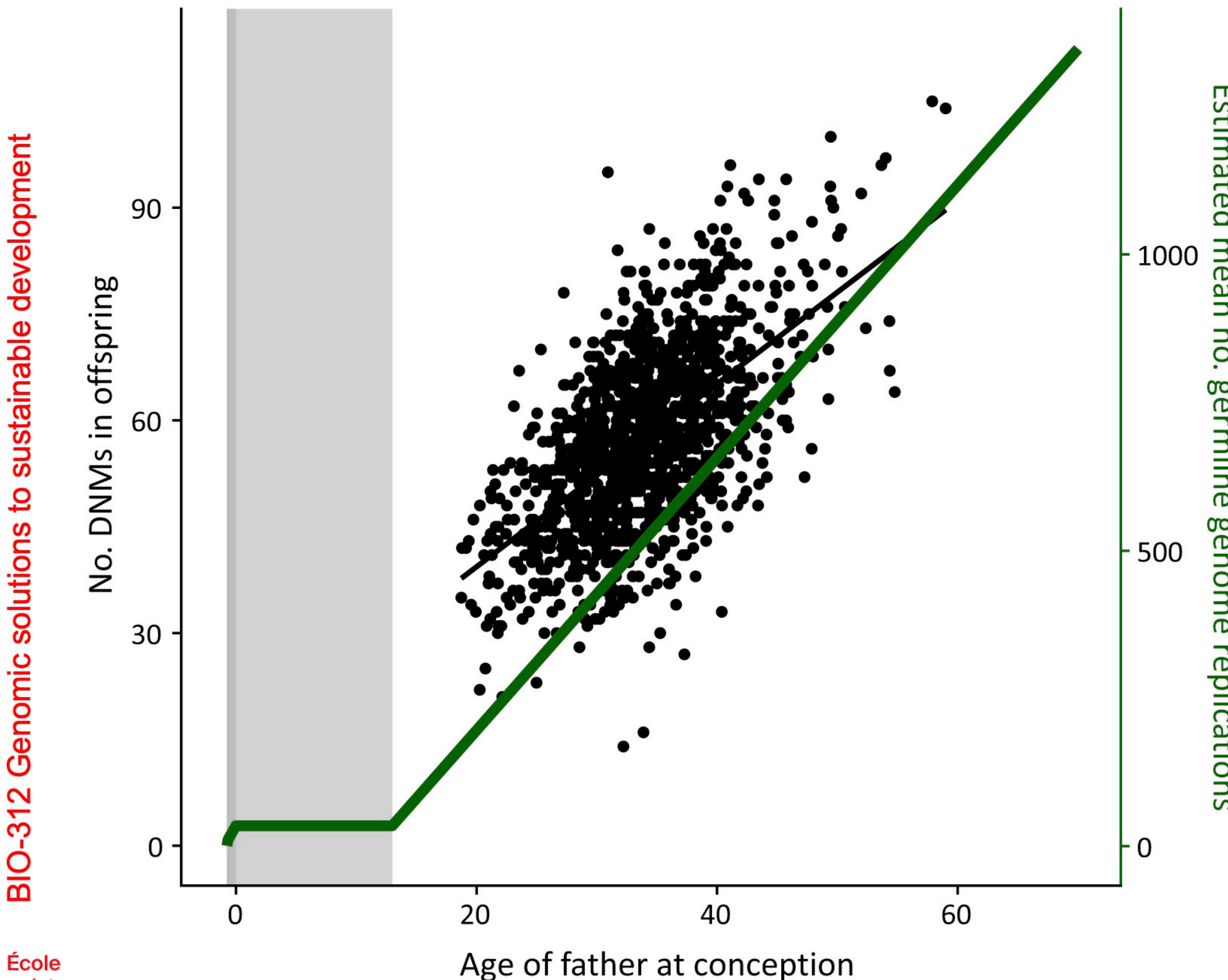
Sex and parental age affect the type of *de novo* germline mutations



Sex and parental age affect dynamics of *de novo* germline mutation types



The spermatogonium division model and genome-replication hypothesis

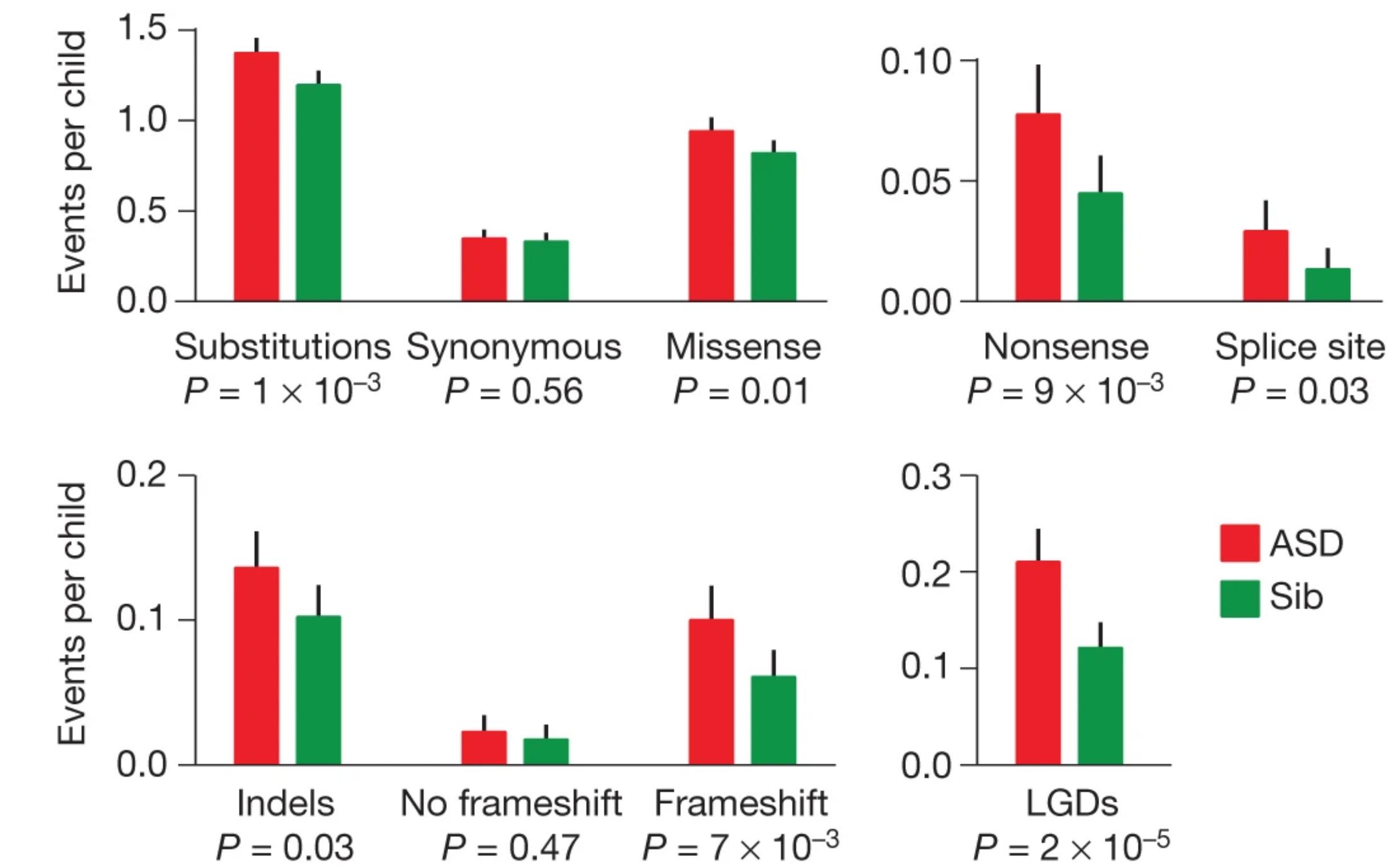


- **Very early embryogenesis and germline cell specification:** 10 cell divisions
- **Sex organ development:** 24 cell divisions
- **Spermatogonia divide and produce spermatocyte starting from onset* of puberty:** 23 divisions/year/spermatogonium
- **Spermatocyte to sperm cell:** 4 cell divisions
- **Total number of cell divisions to produce sperm:**
 - 20 year-old male: $10+24+7\times23+4=199$ divisions
 - 30 year-old male: $10+24+17\times23+4=429$ divisions
 - 40 year-old male: $10+24+17\times23+4=659$ divisions

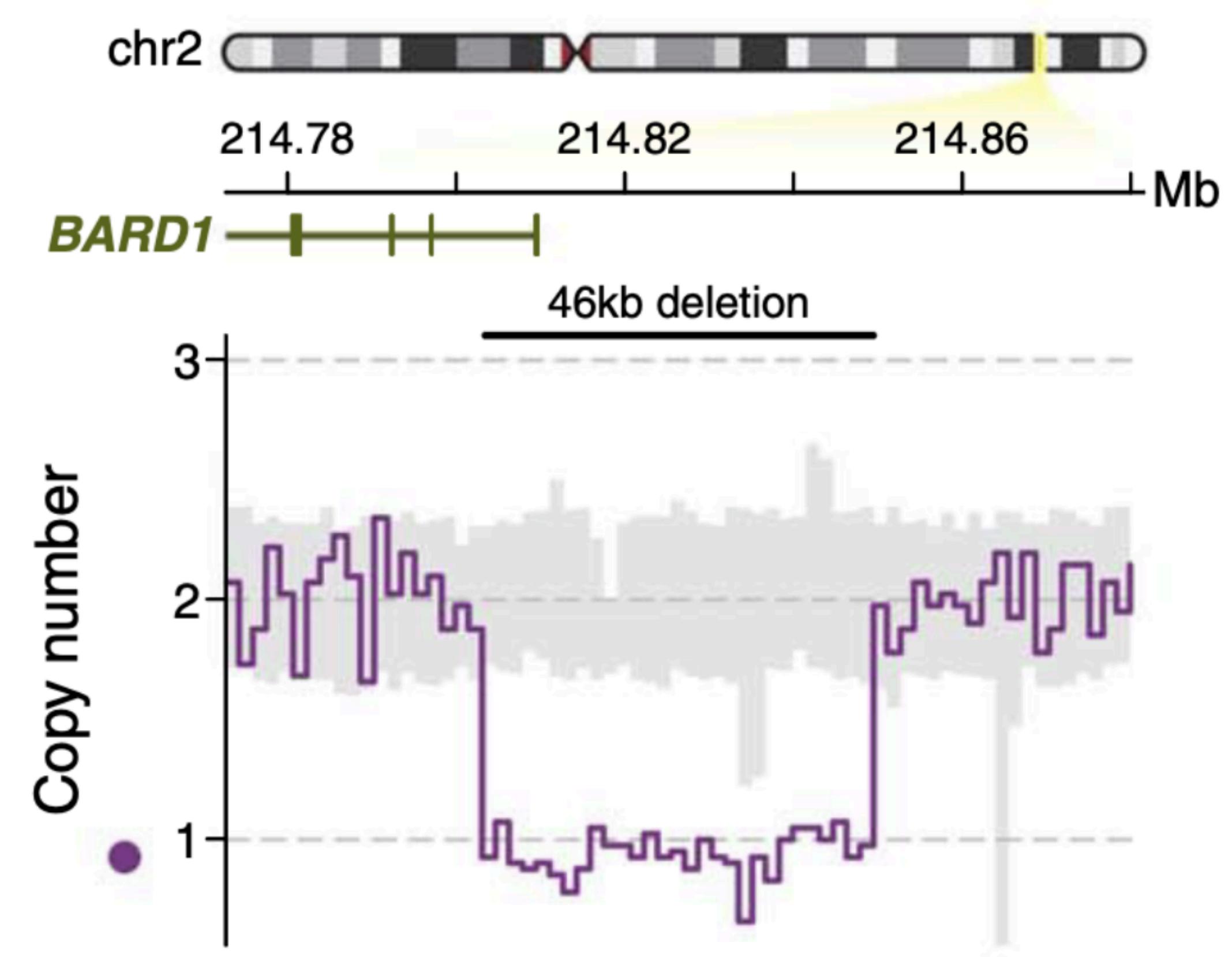
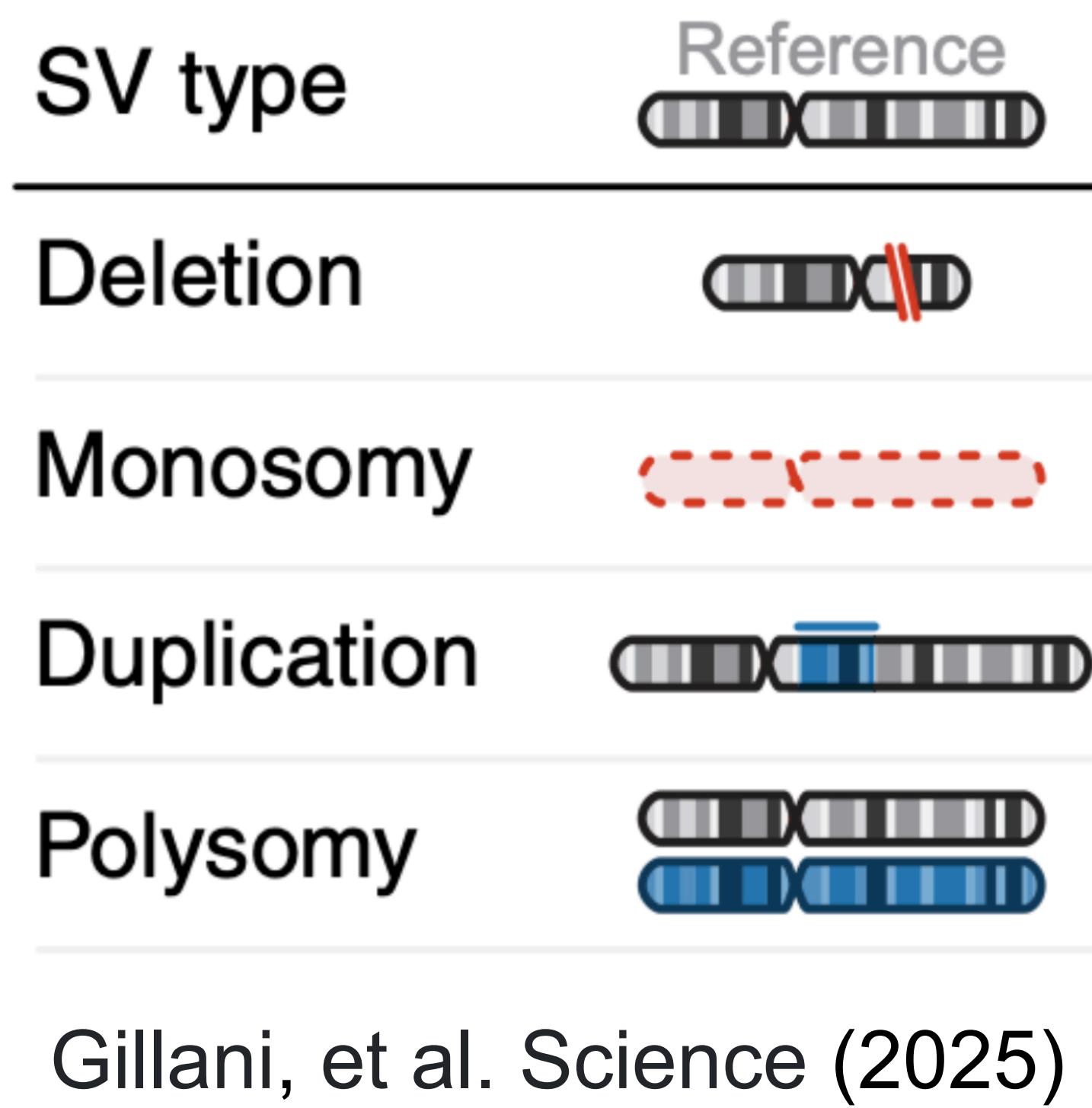
*approx. 13 years old

Functional impact of *de novo* germline gene mutations

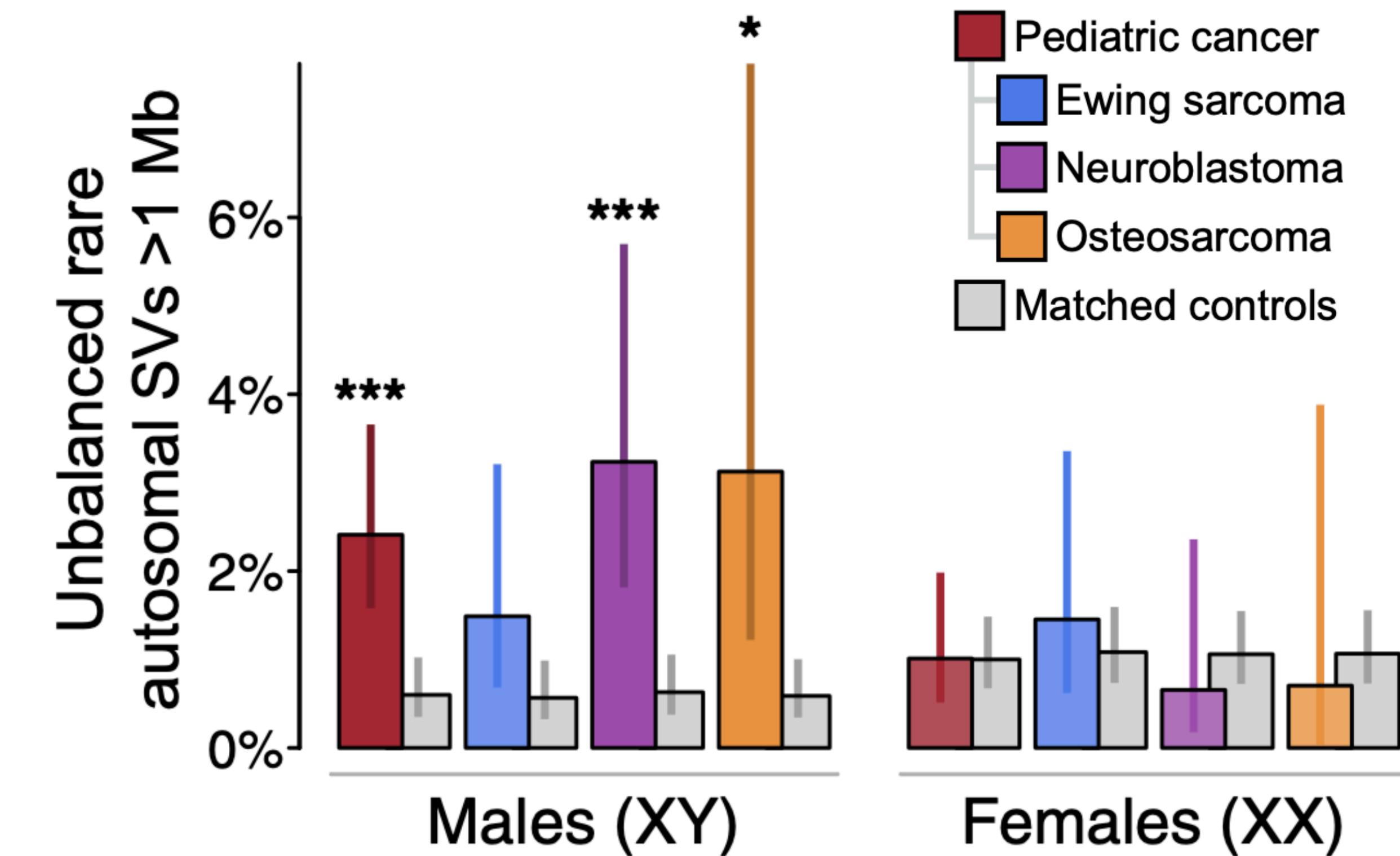
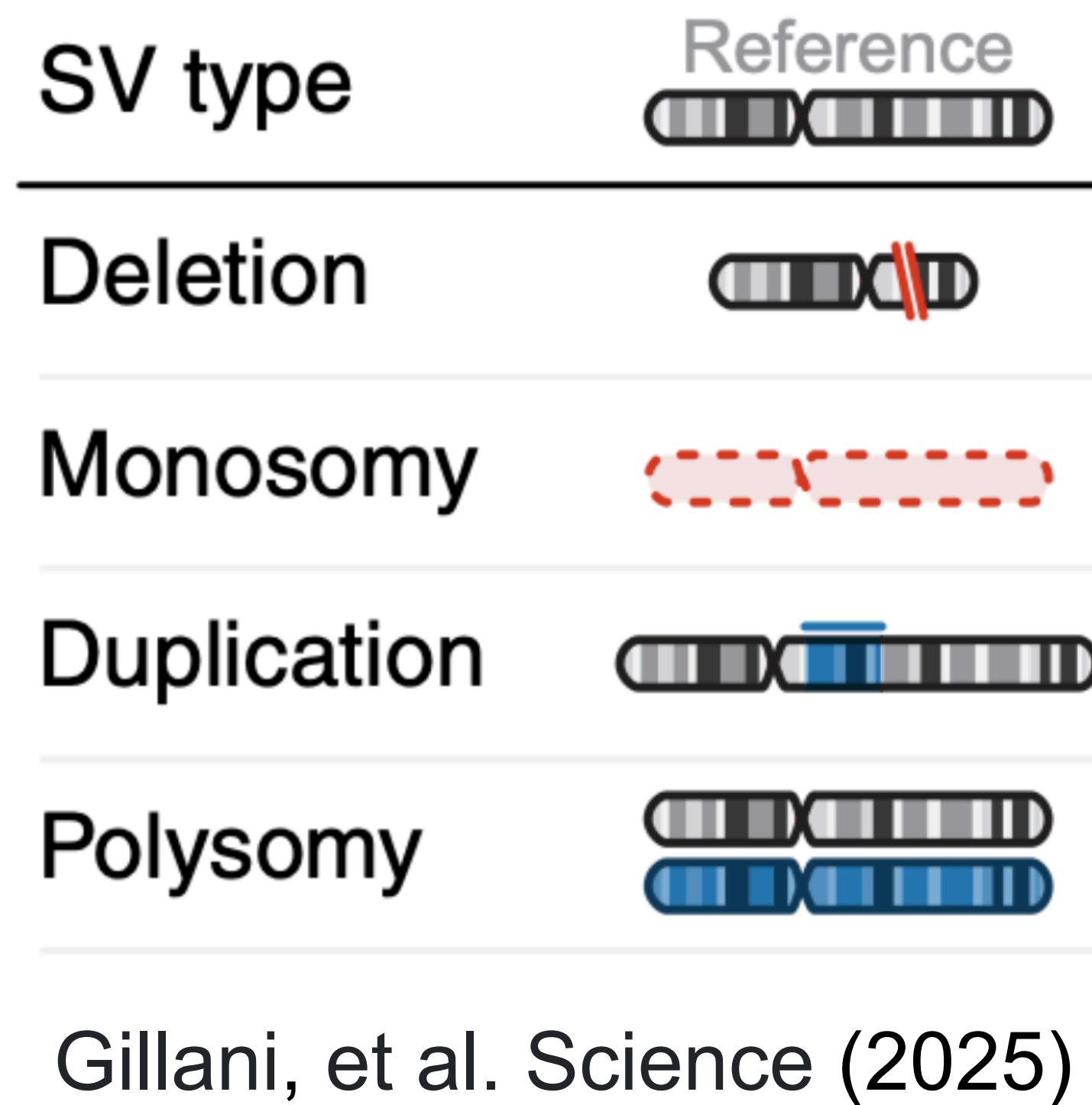
- 1-2 *de novo* germline gene mutations per child
- 75% *de novo* mutations cause functional protein changes
- Higher rates of functional *de novo* germline mutations in patients with cancer, ASD, structural birth defects



Rare germline DNA copy number variants in childhood cancer patients

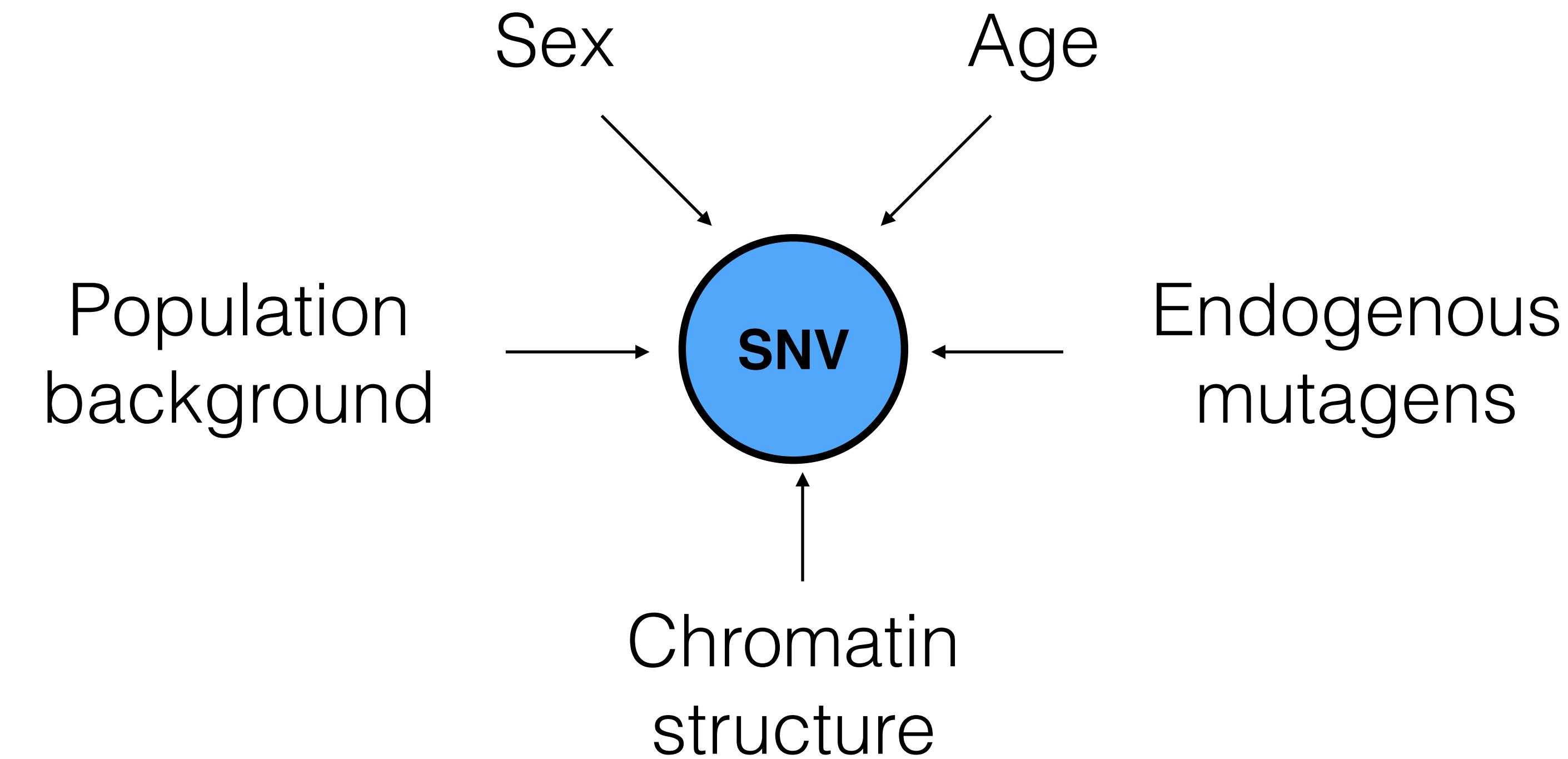


Rare germline DNA copy number variants in childhood cancer patients

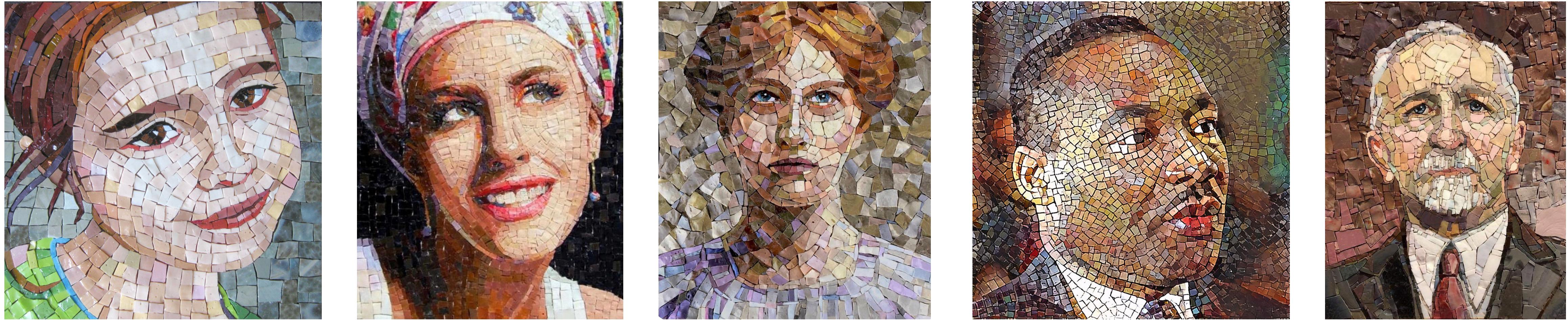


4-fold higher rate of rare and large copy number variants in males

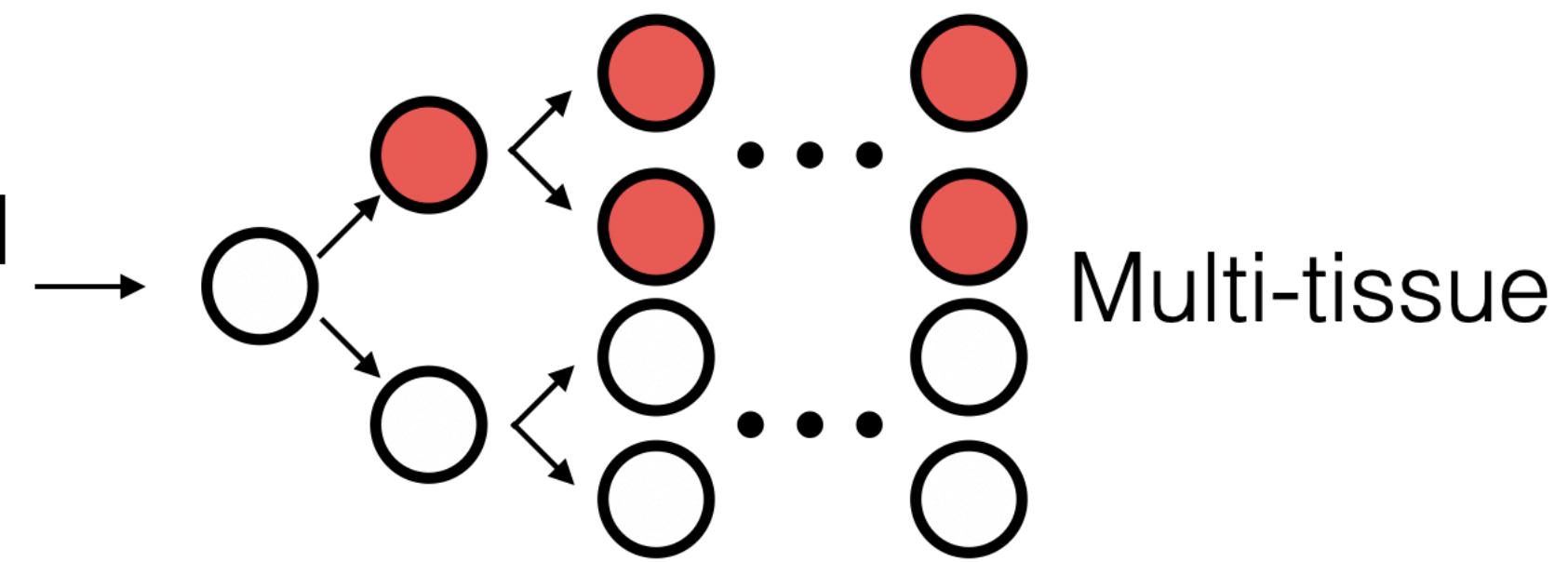
Endogenous factors that influence germline *de novo* mutation rates



The human body is a mosaic of many genomes



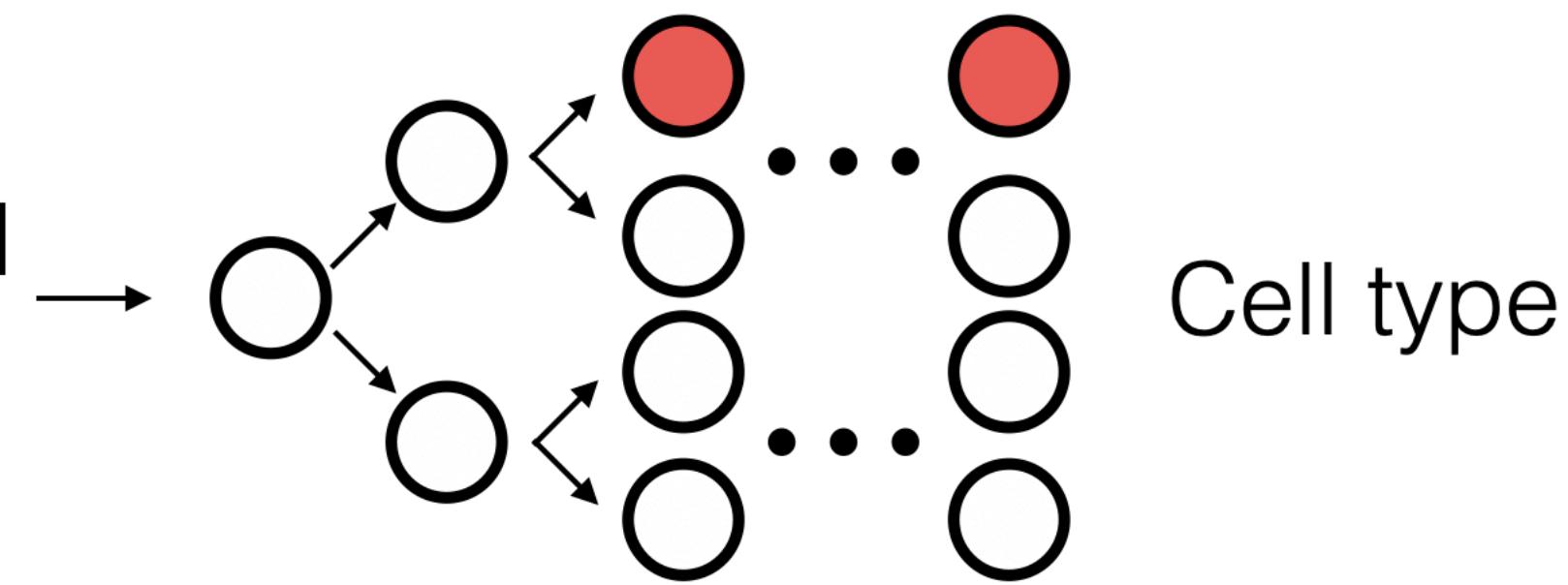
Early developmental
somatic mutation



The human body is a mosaic of many genomes



Early developmental
somatic mutation

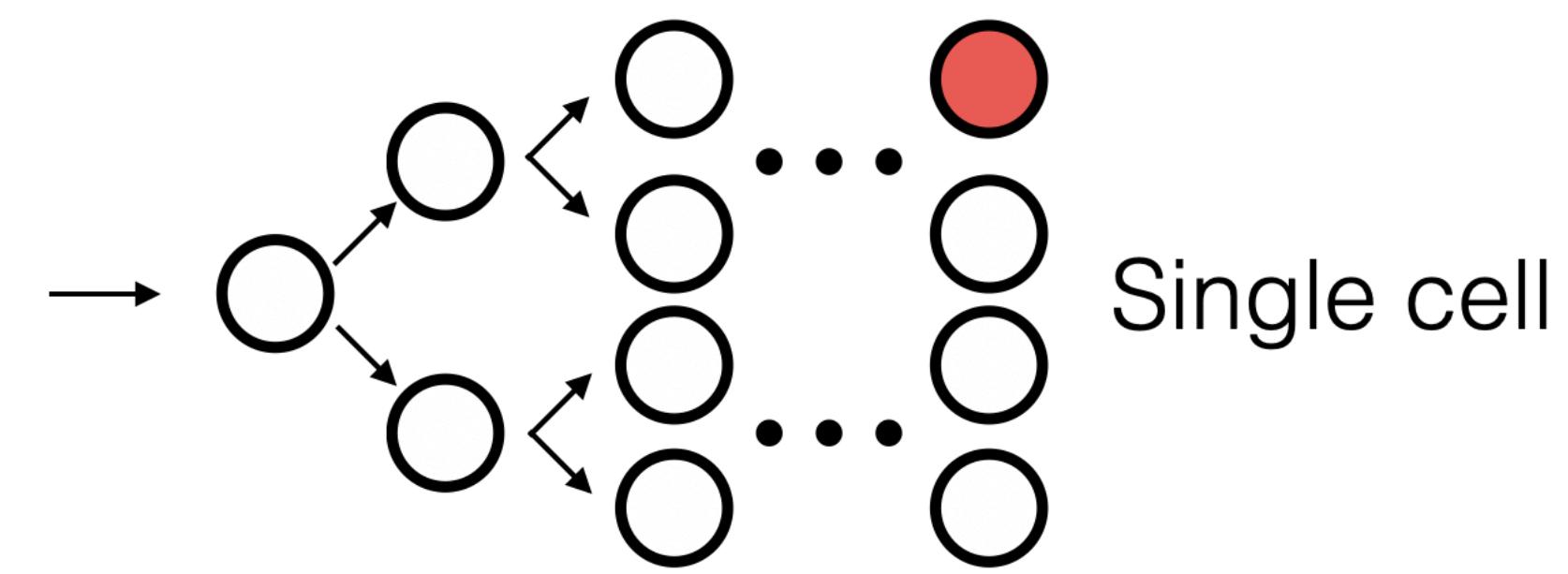


Cell type

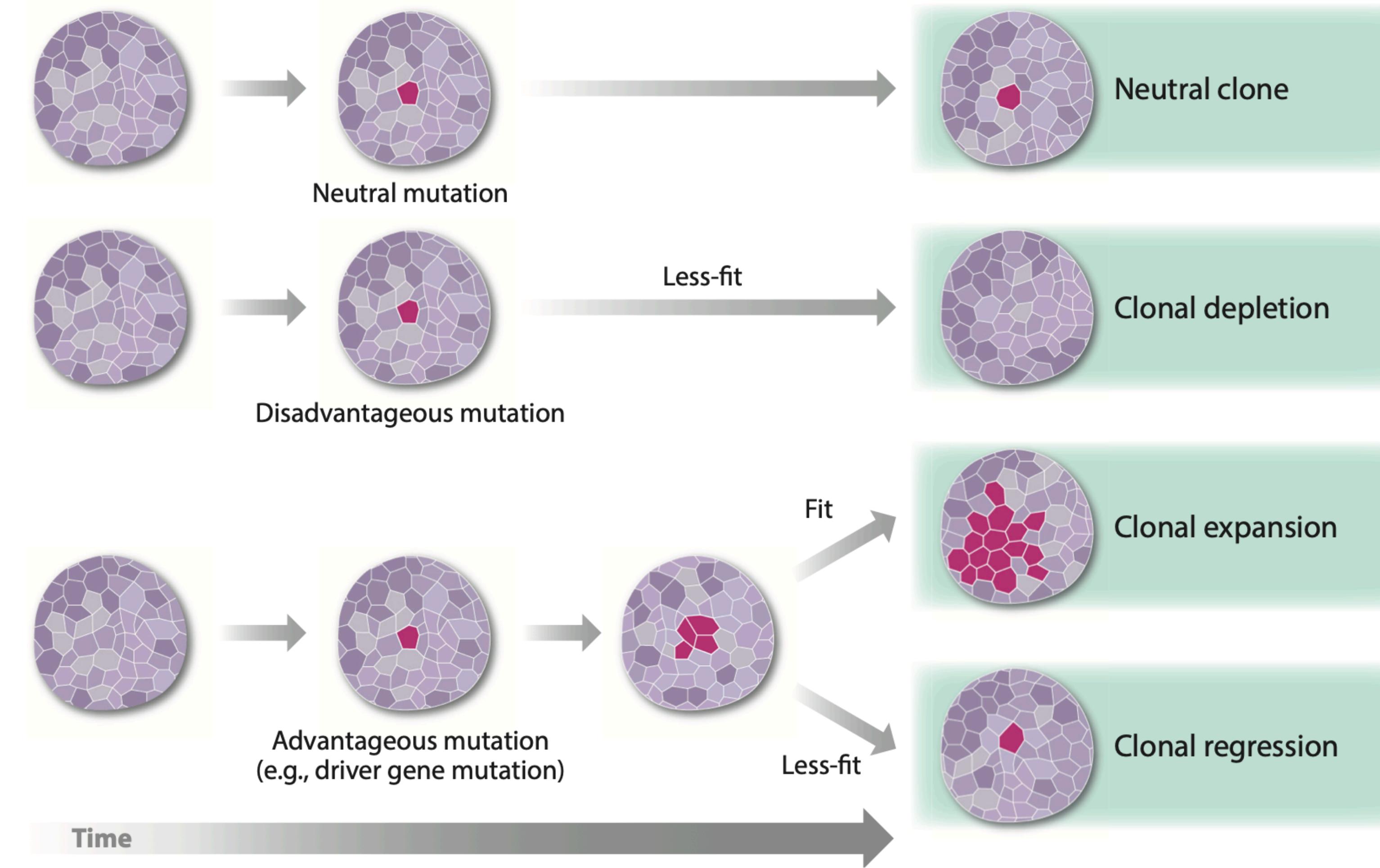
The human body is a mosaic of many genomes



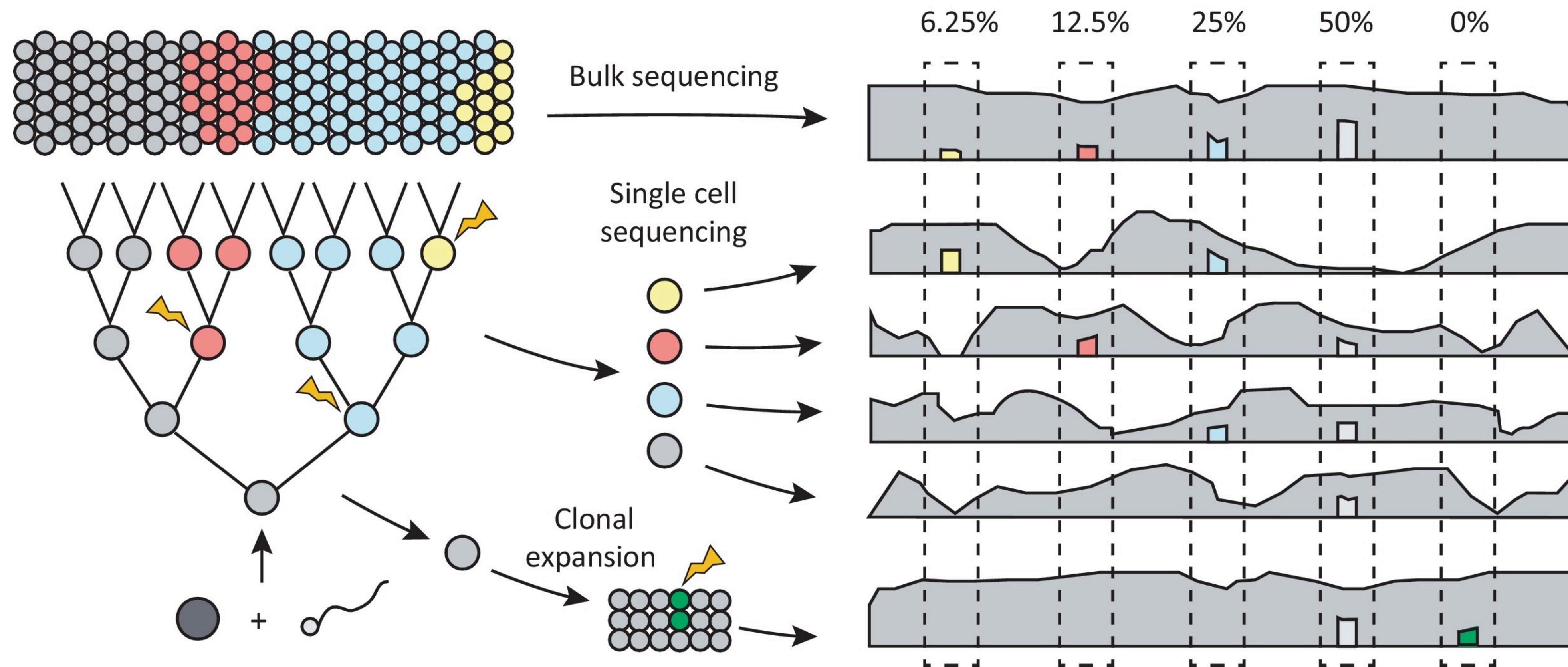
Ageing associated
somatic mutations



Scenarios of clonal evolution



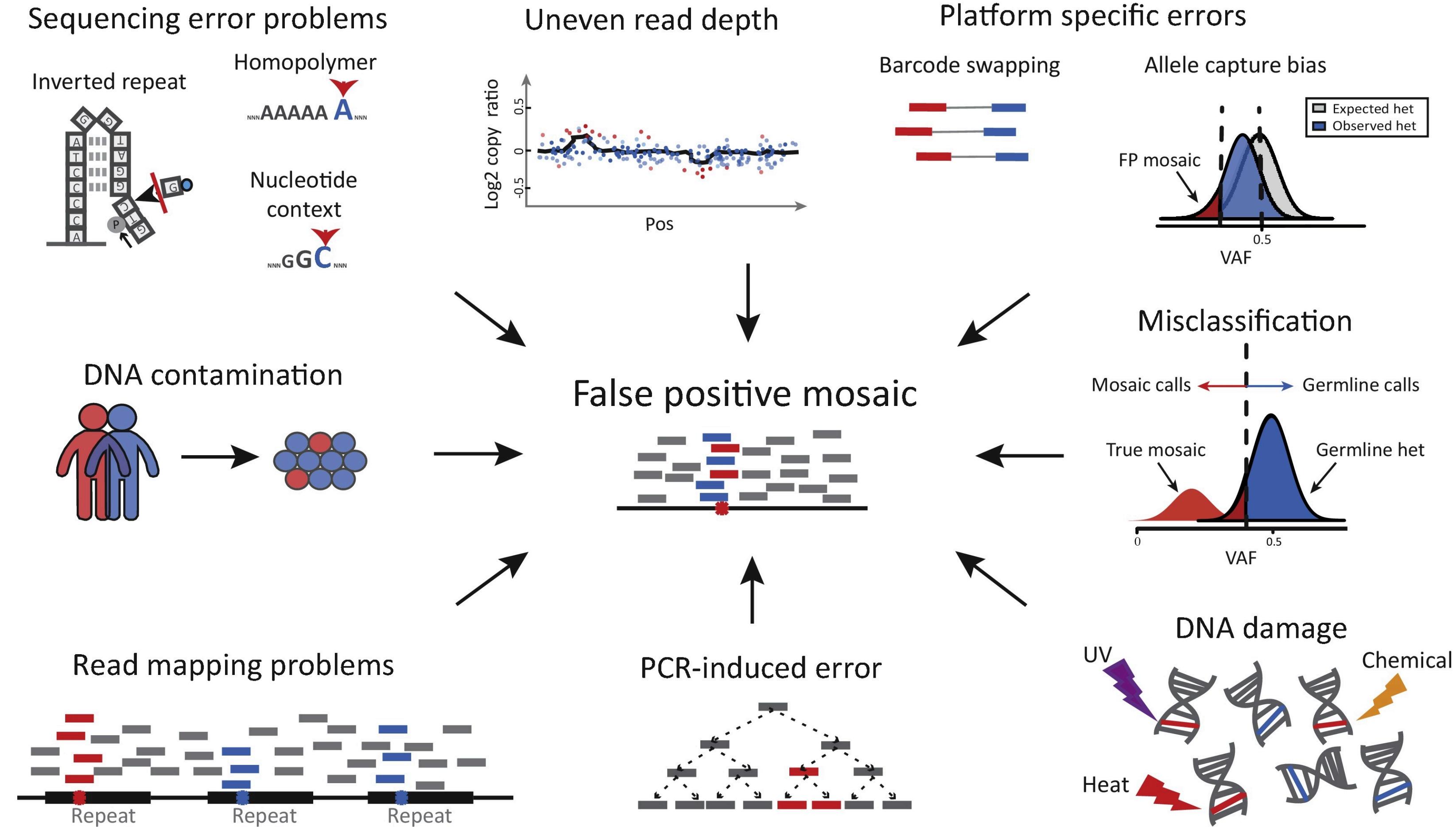
Detecting somatic mutations in normal cells



Trends in Genetics

Dou et al. Trends Genet 2018

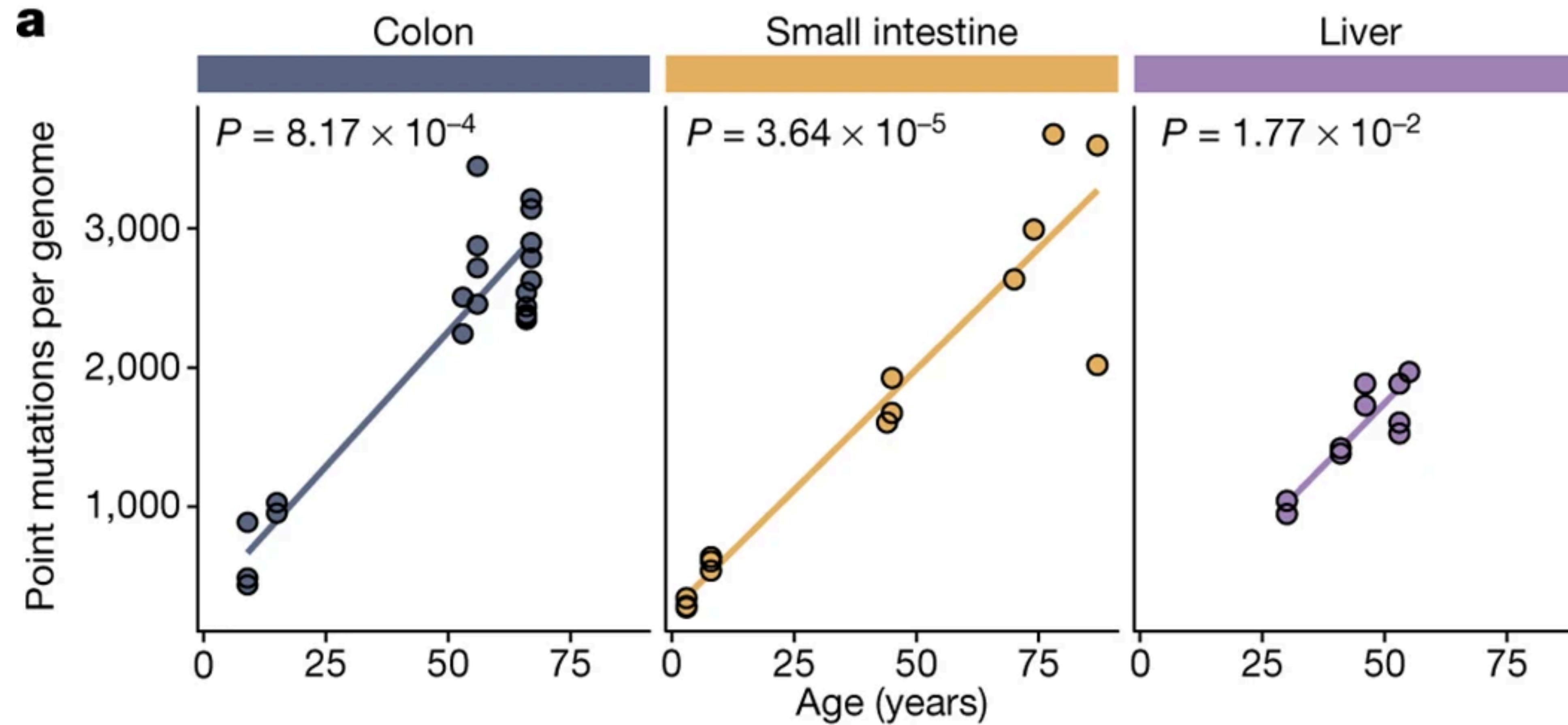
Sources of false positive somatic mutations in normal tissues



Dou et al. Trends Genet 2018

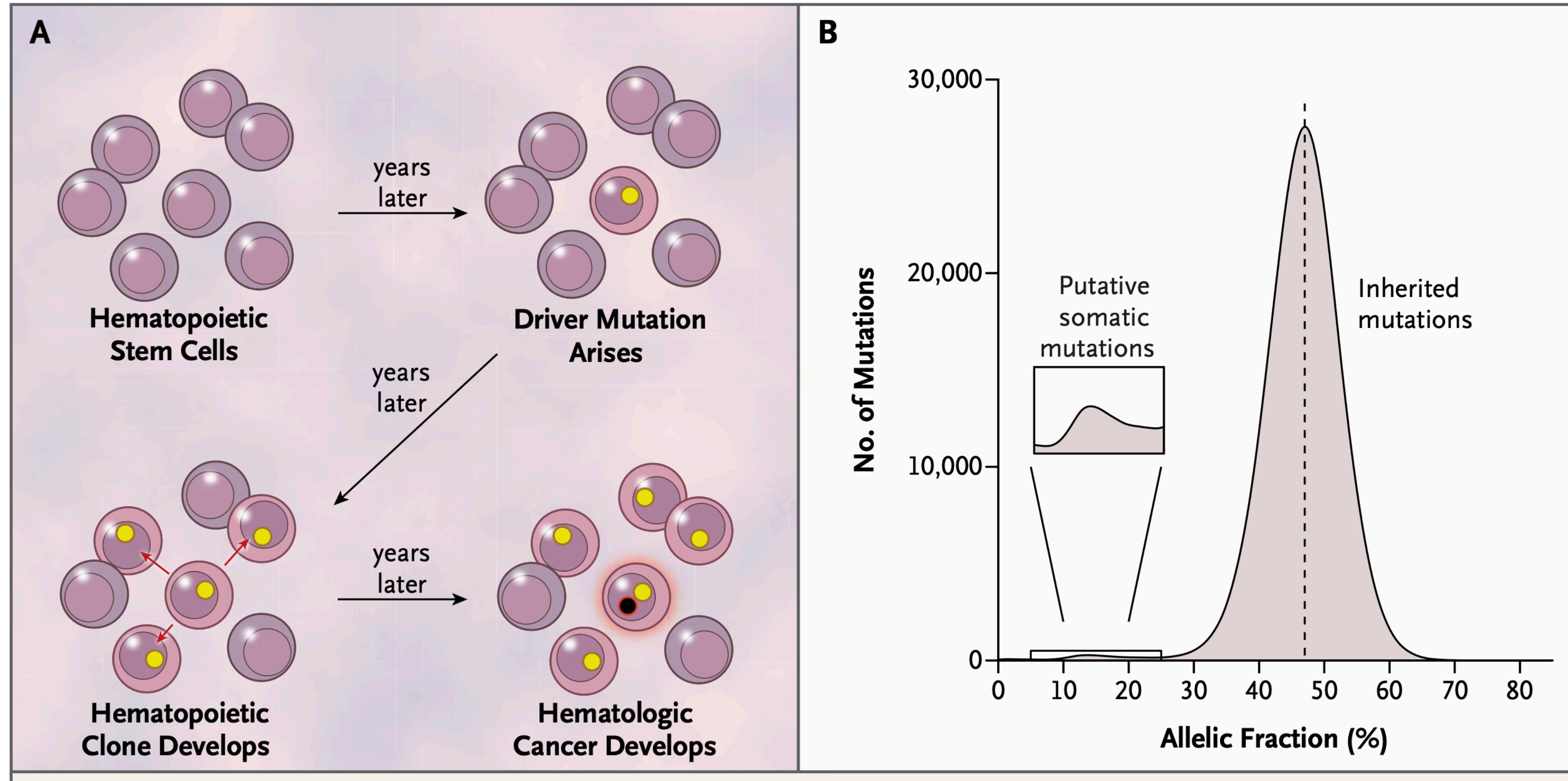
Trends in Genetics

Clock-like accumulation of somatic mutations in adult stem cells



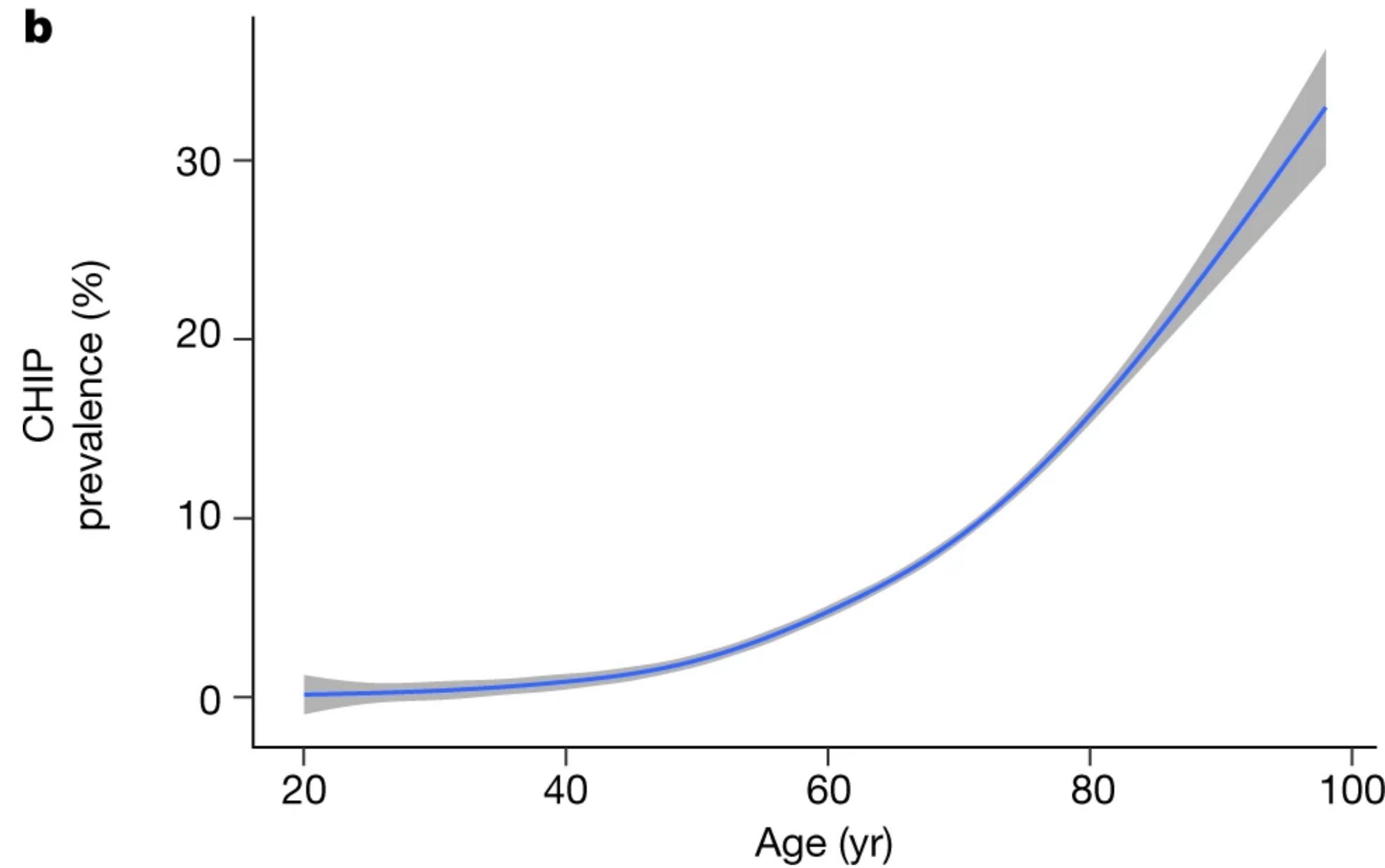
2,000-3,000 somatic mutations per stem cell at the age of 65 years

Clonal hematopoiesis (blood cell production)



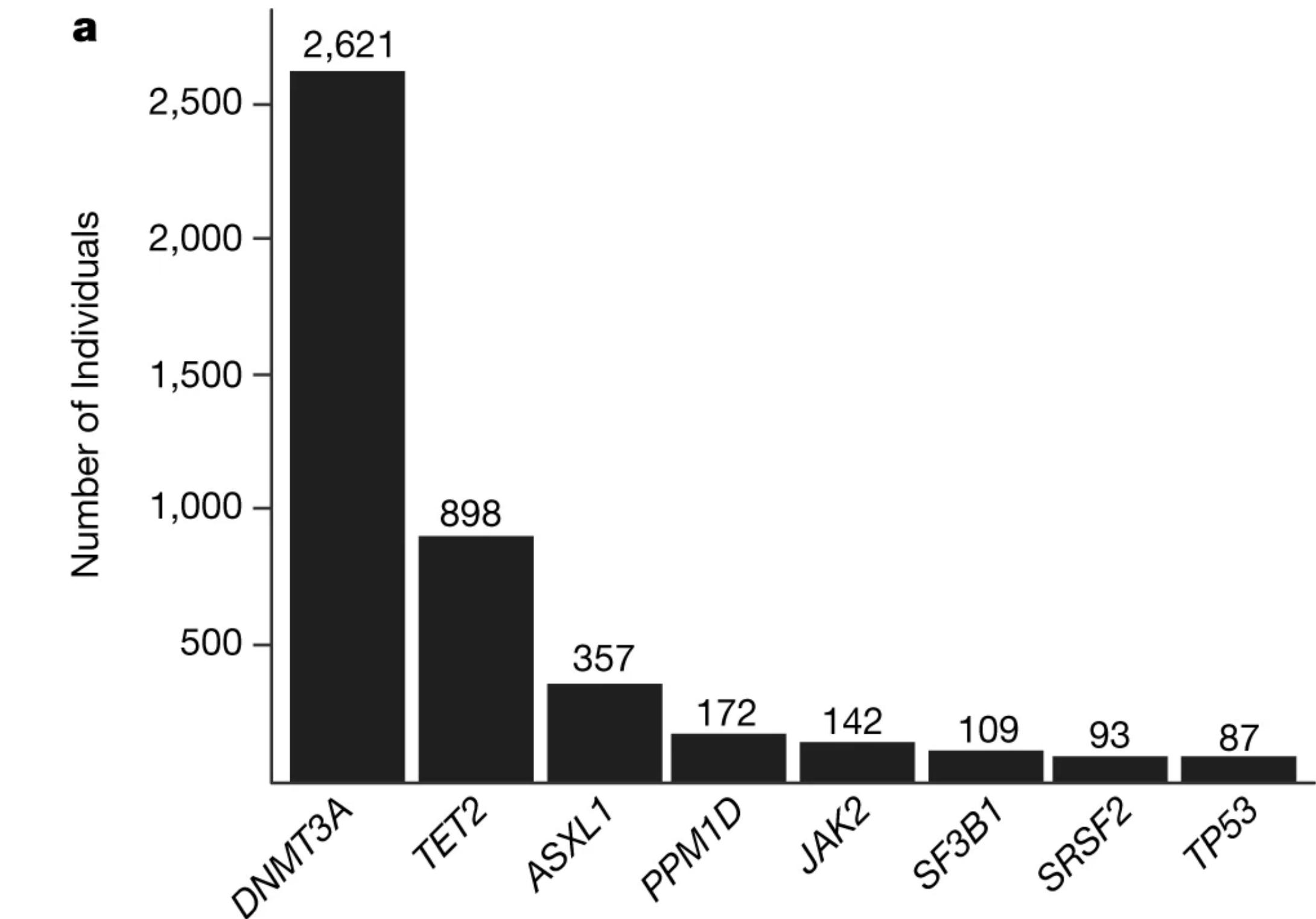
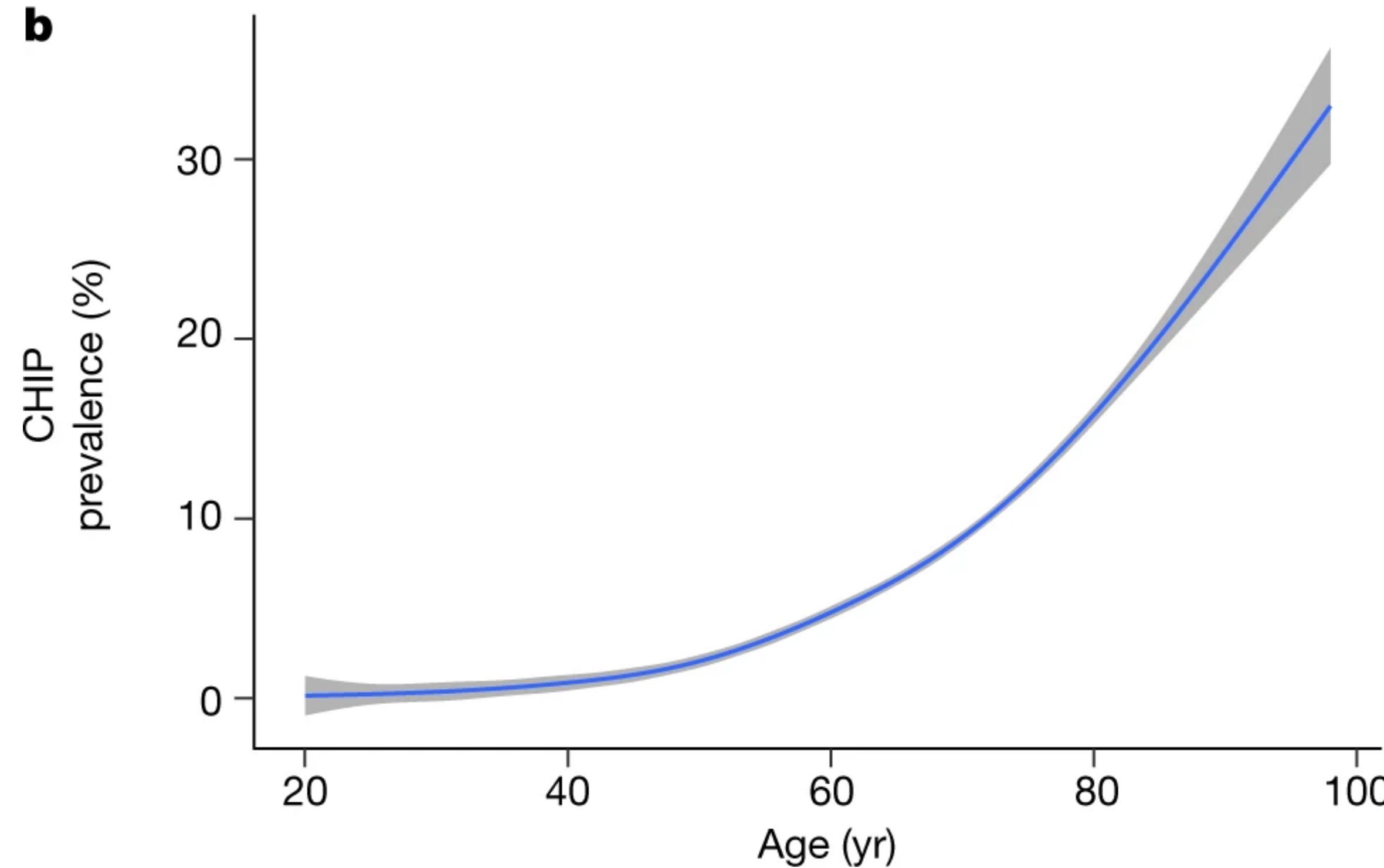
Genovese et al. NEJM 2014

Age-associated clonal hematopoiesis

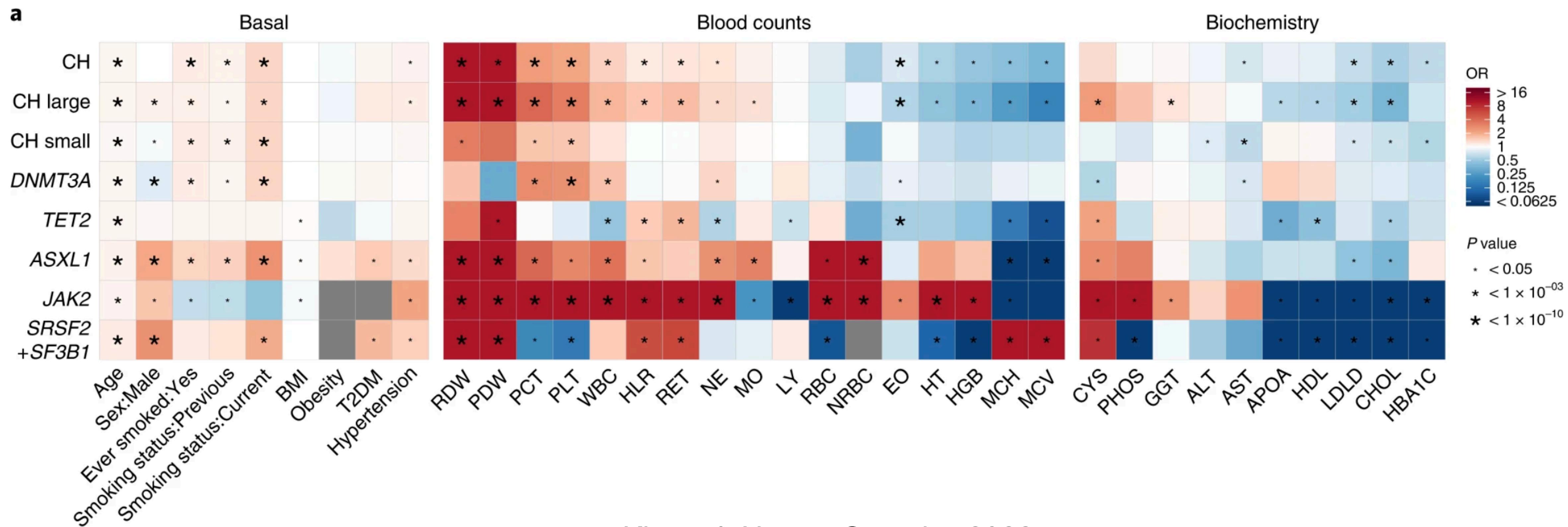


Bick et al. Nature 2020

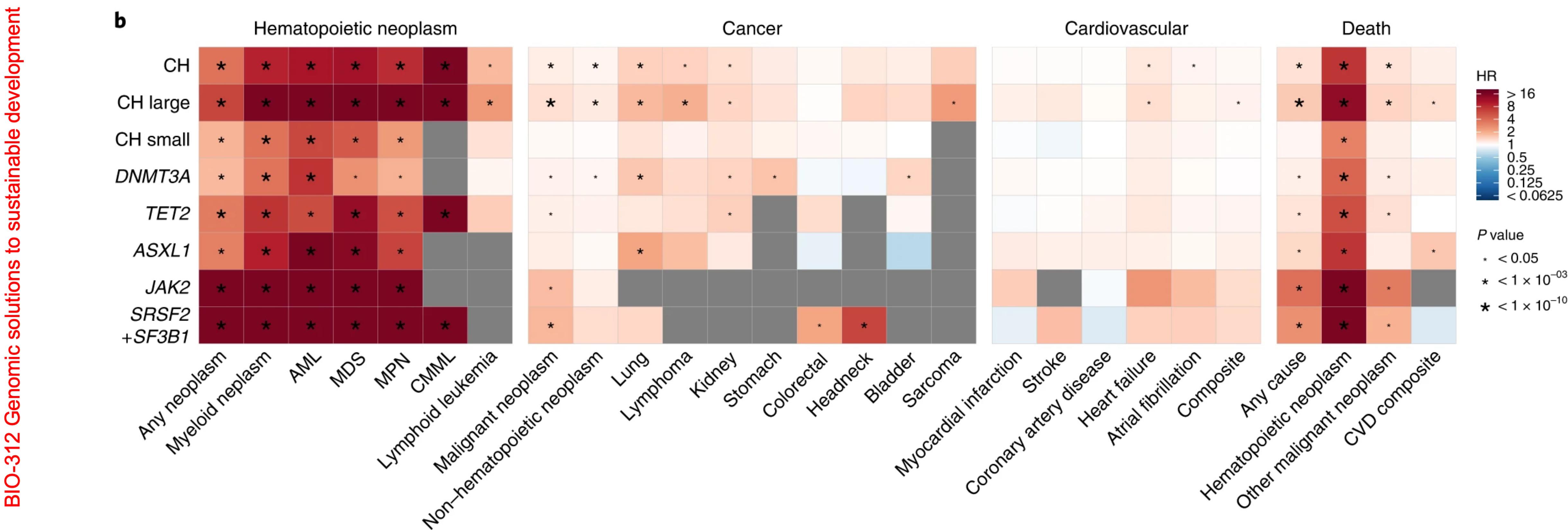
Age-associated clonal hematopoiesis



Age-associated clonal hematopoiesis predisposes to hypertension and atypical blood counts

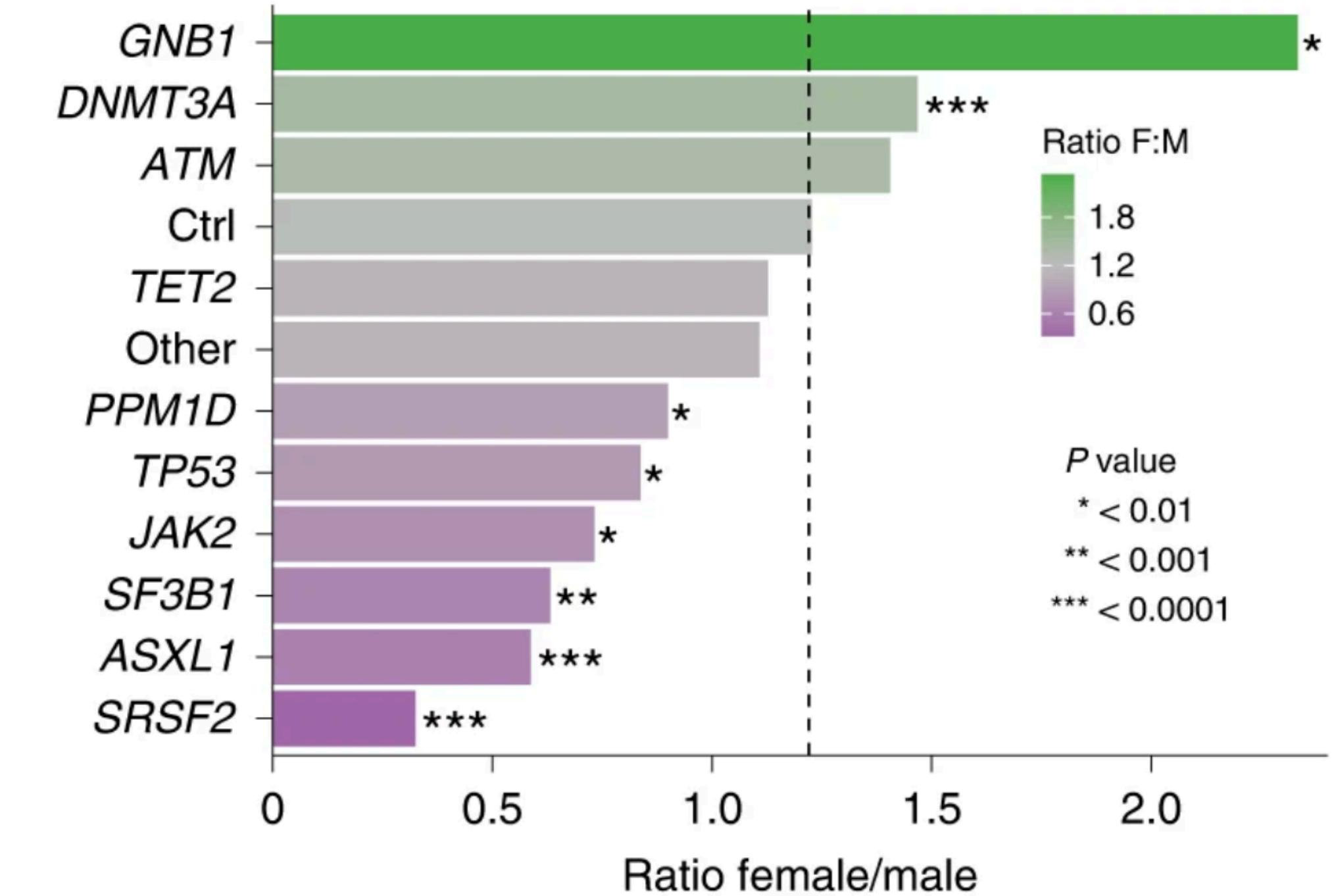
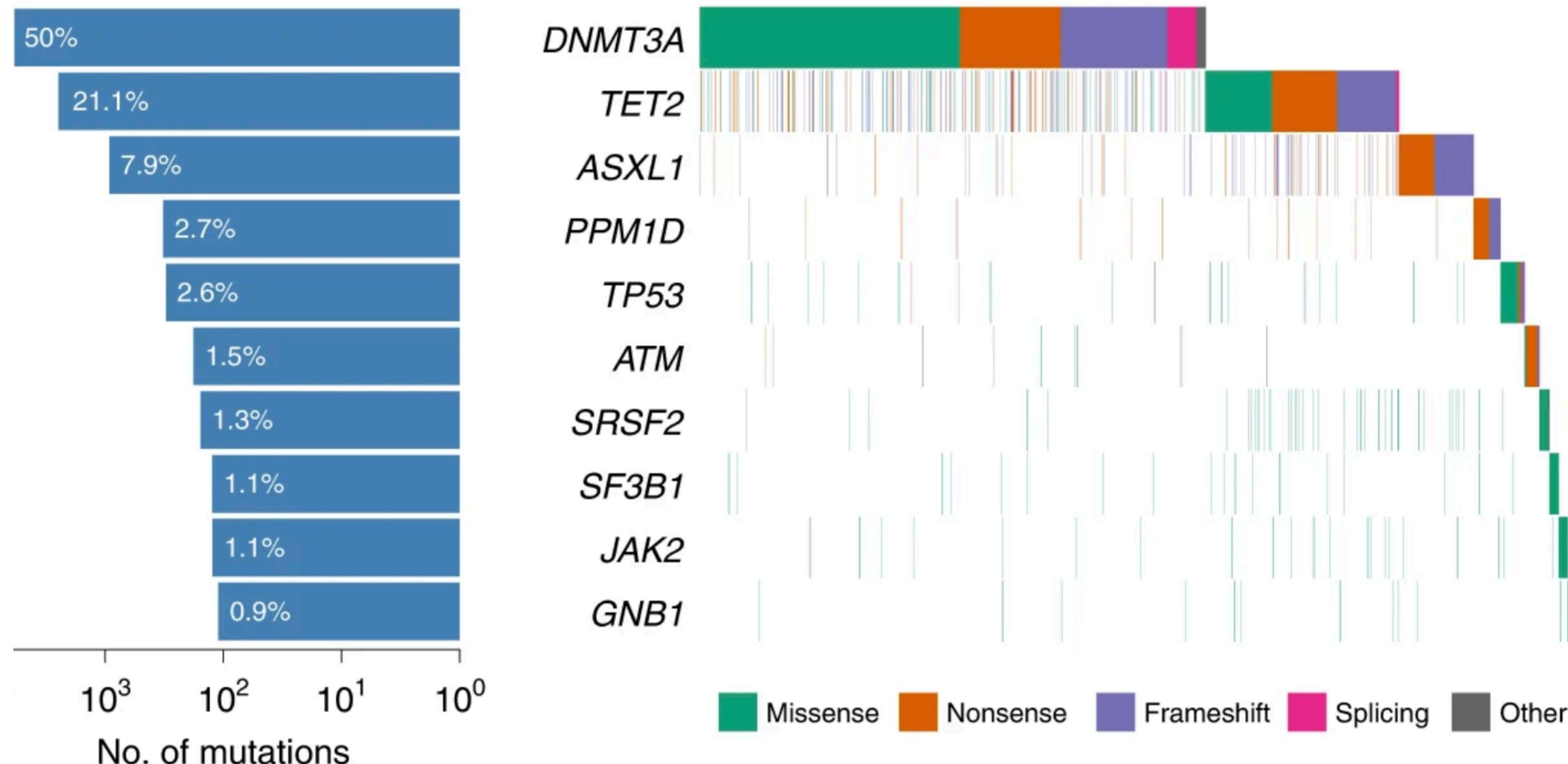


Age-associated clonal hematopoiesis predisposes to blood and heart diseases



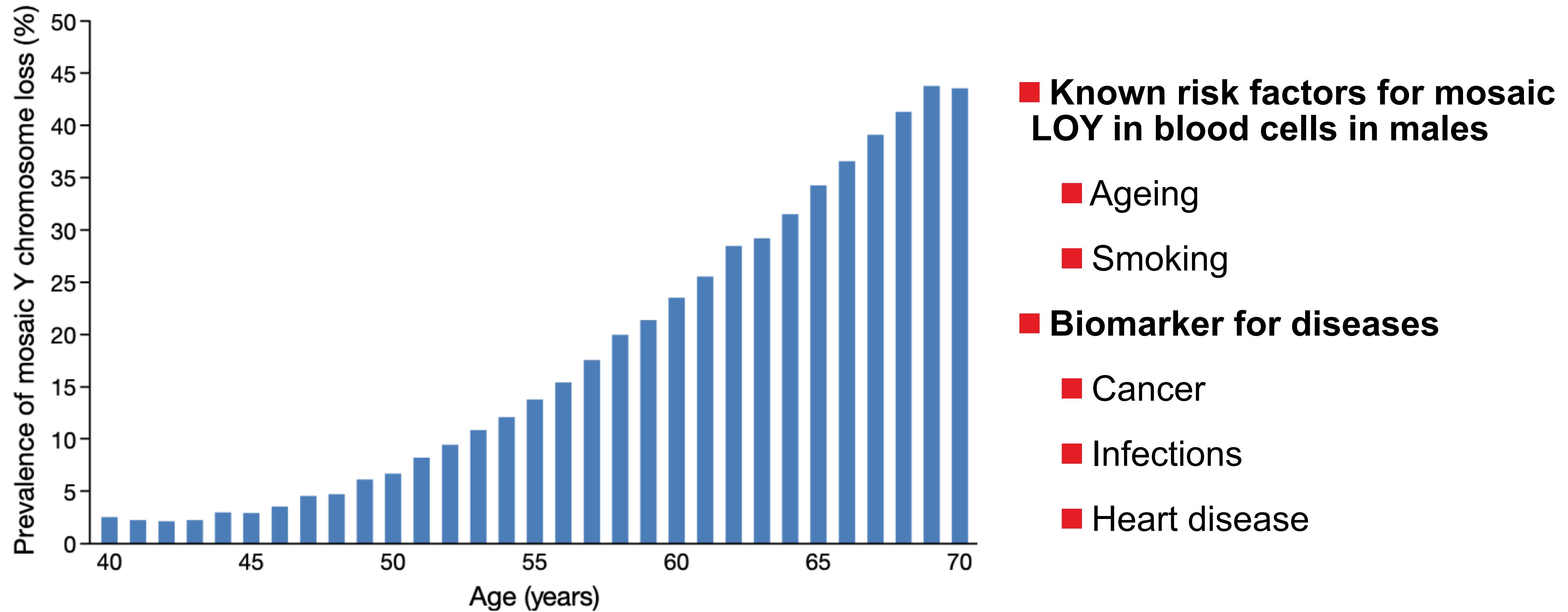
Kir et al. Nature Genetics 2022

Sex-biased clonal hematopoiesis

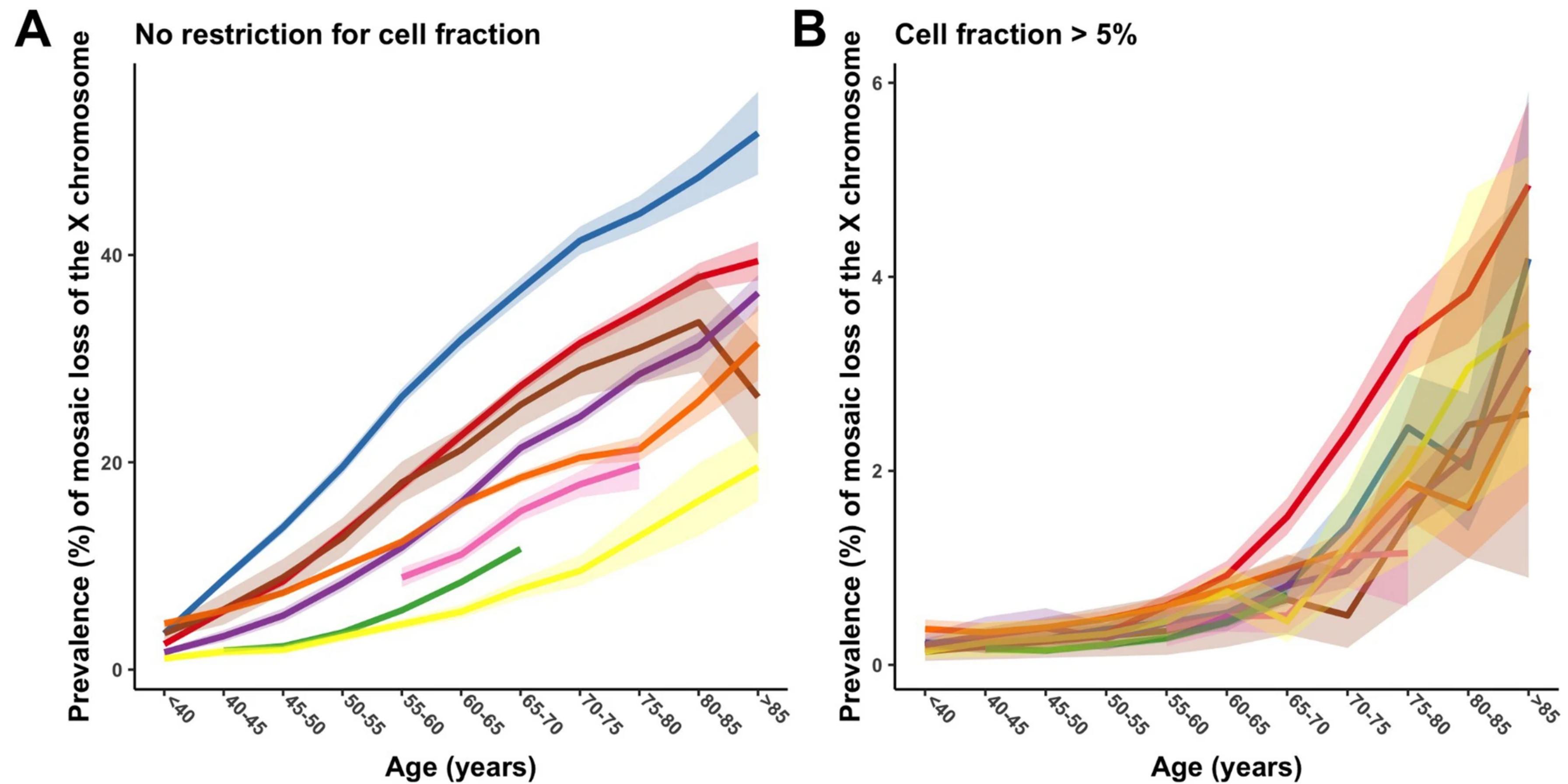


- Female-biased clonal hematopoiesis: DNMT3A- and GNB1-expanded HSCs
- Male-biased clonal hematopoiesis: PPM1D, TP53, JAK2, SF3B1, ASXL1, and SRSF2-expanded HSCs

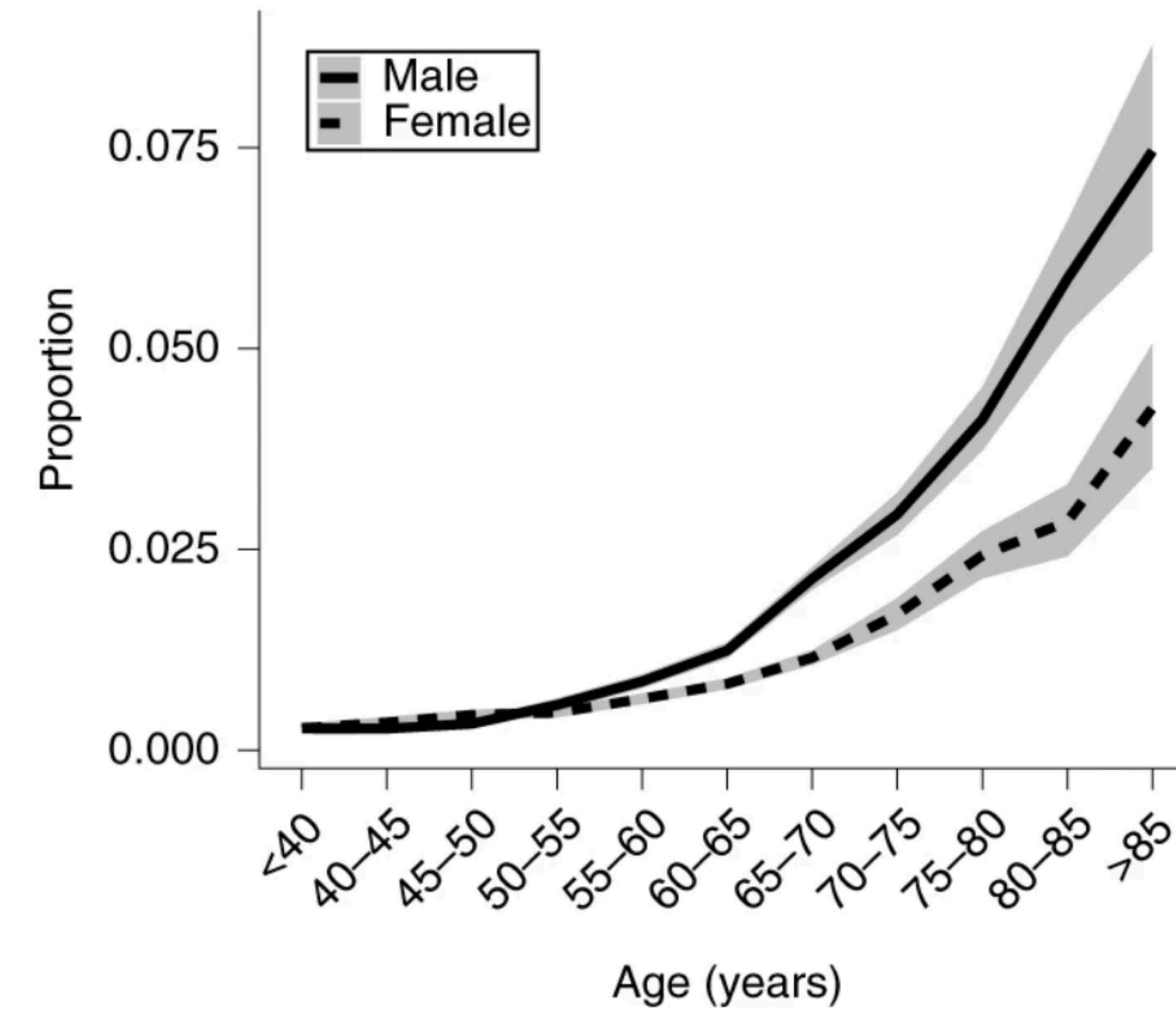
Ageing-associated loss of chromosome Y (LOY) in males



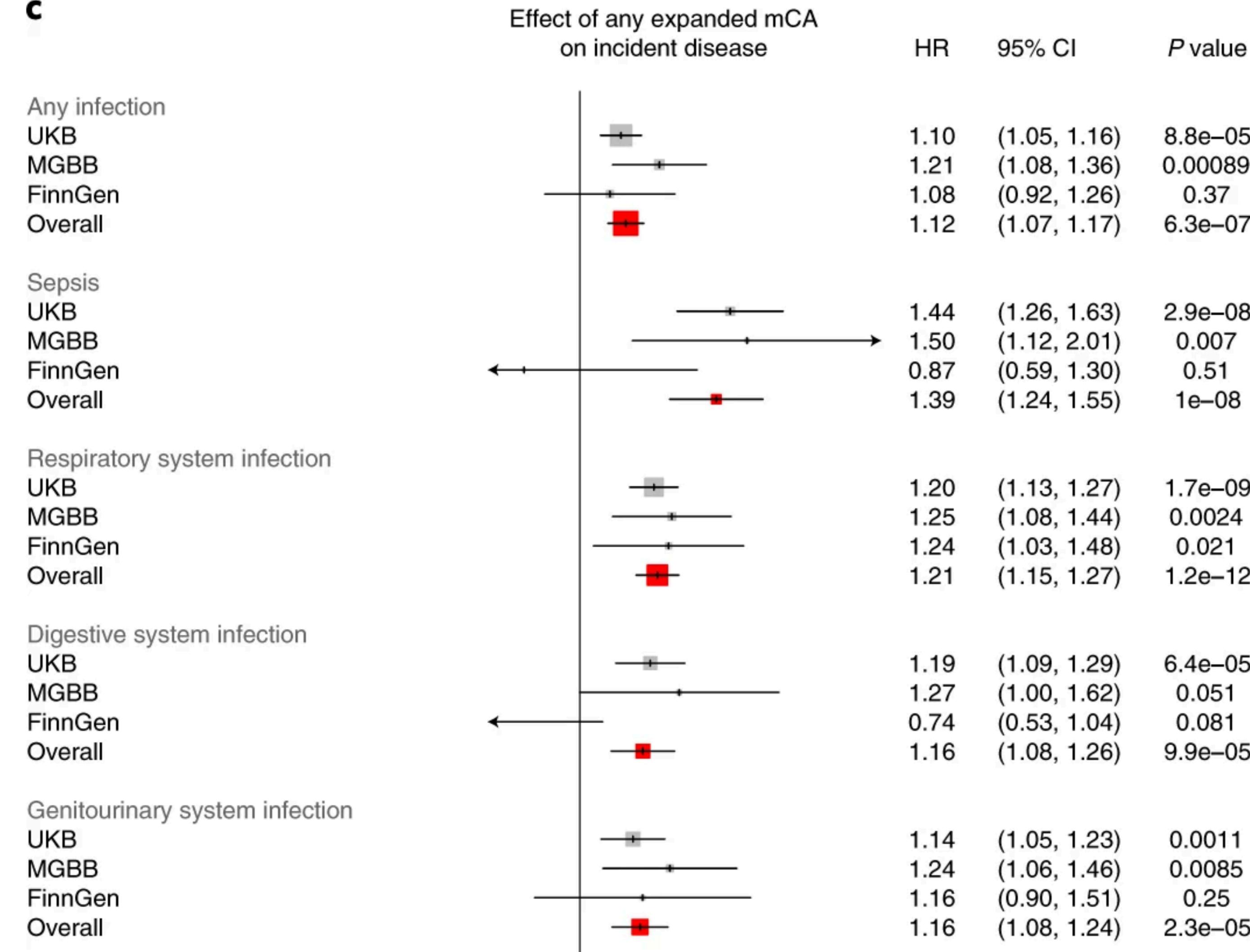
Ageing-associated loss of chromosome X (LOX) in females



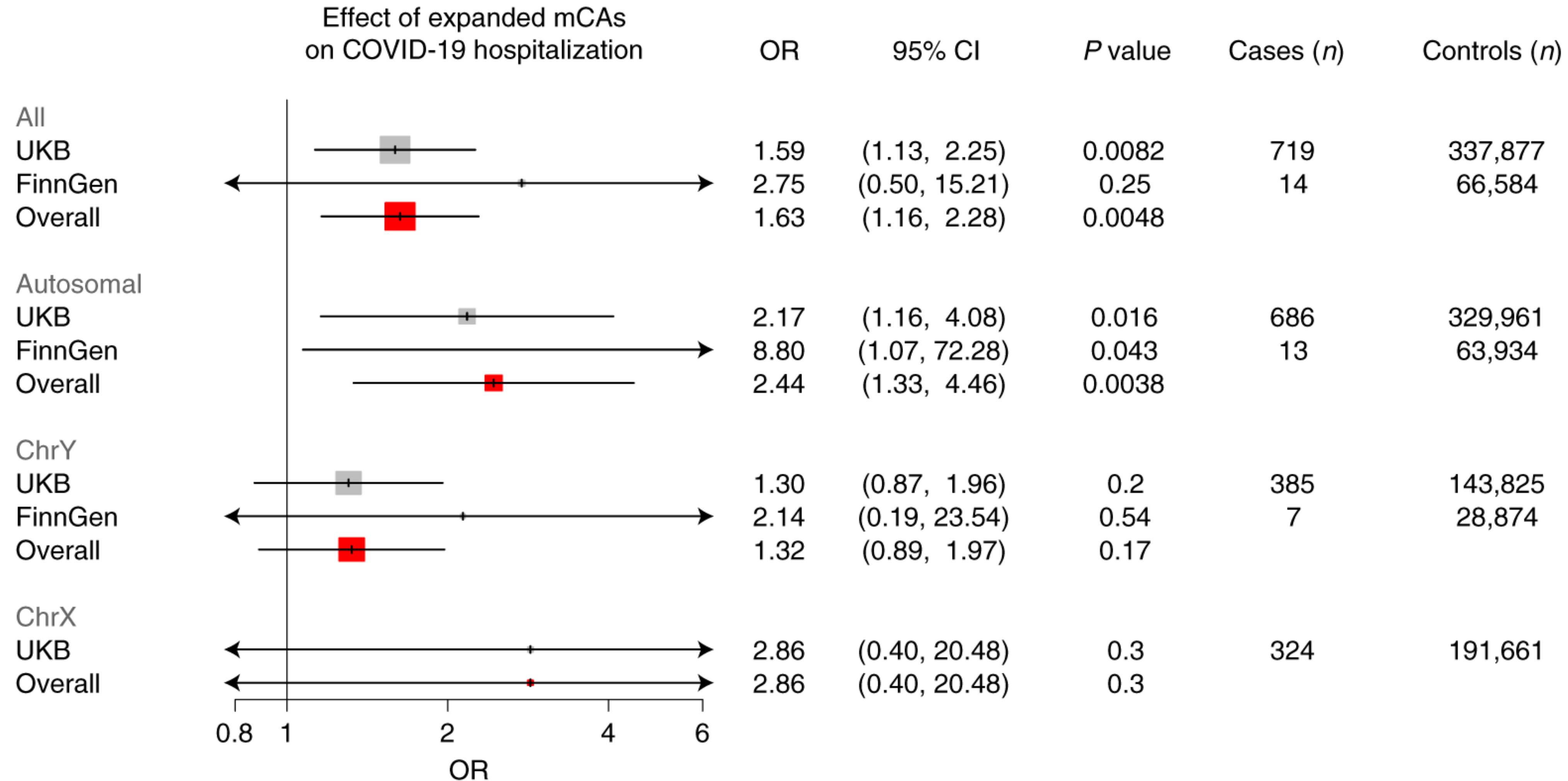
Ageing- and sex-associated autosomal mosaic chromosomal alterations



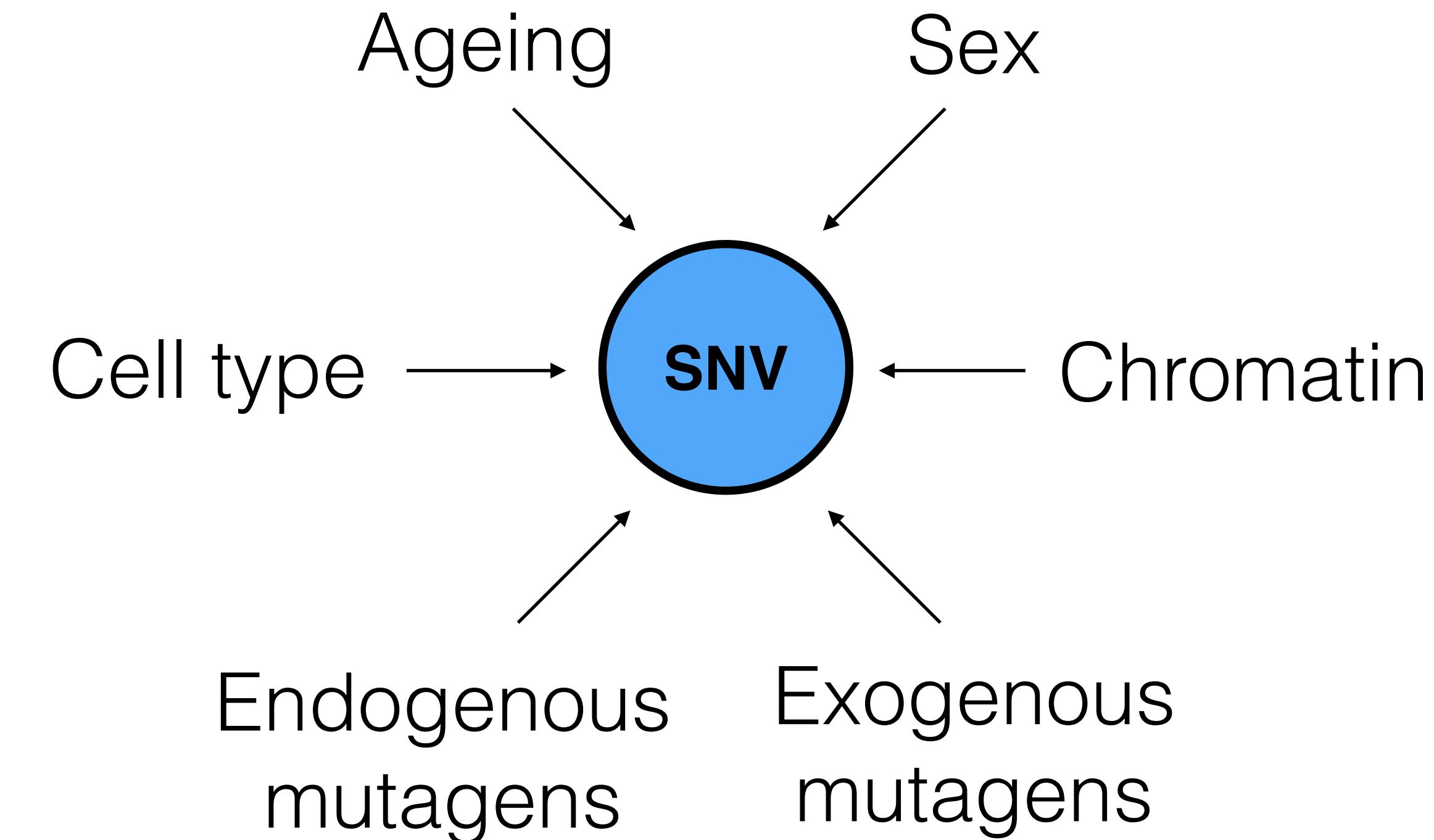
Mosaic chromosomal alterations and infections

c

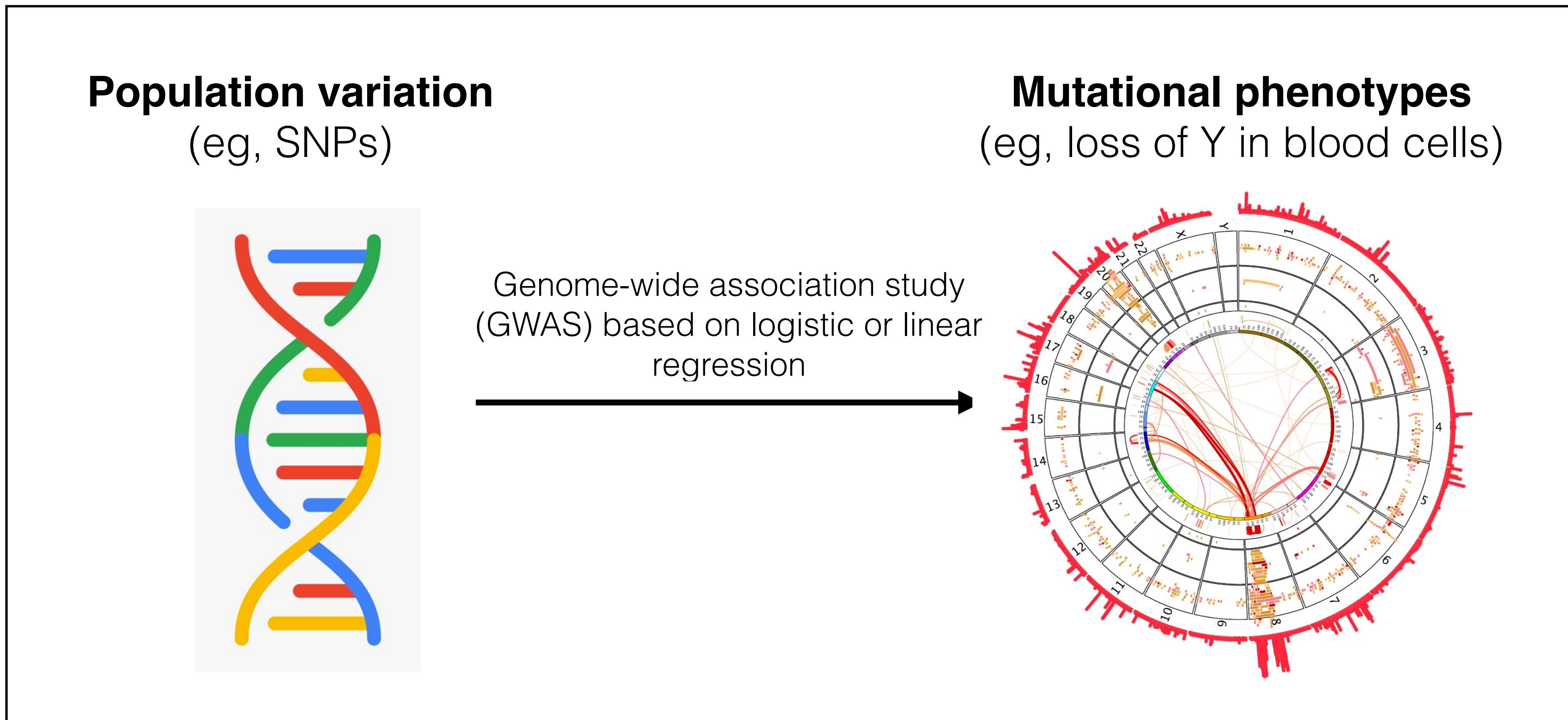
Mosaic chromosomal alterations and COVID-19 hospitalisation

a

Key contributors to somatic mutagenesis

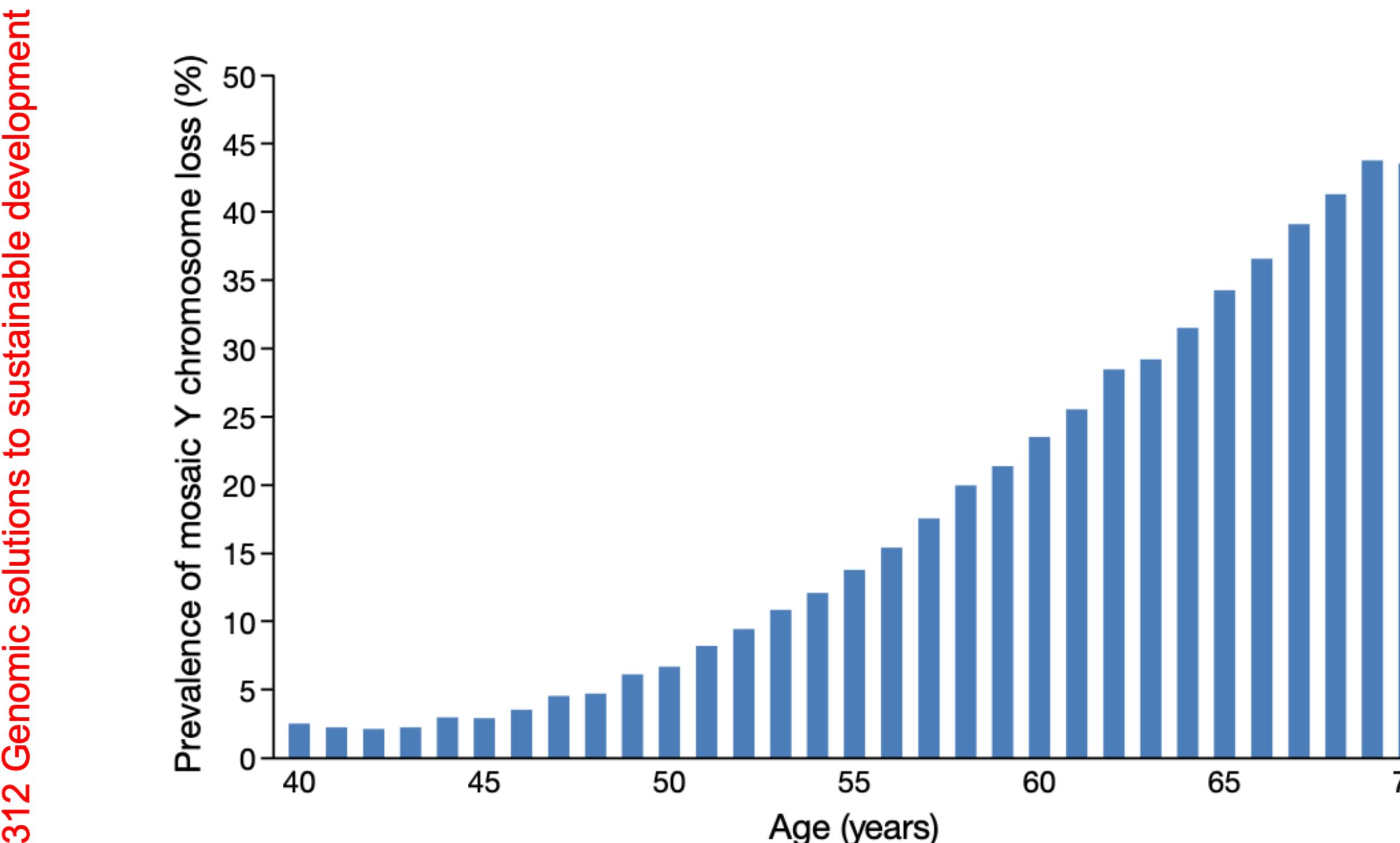


Genome-to-genome association studies to identify mechanisms of somatic mutagenesis



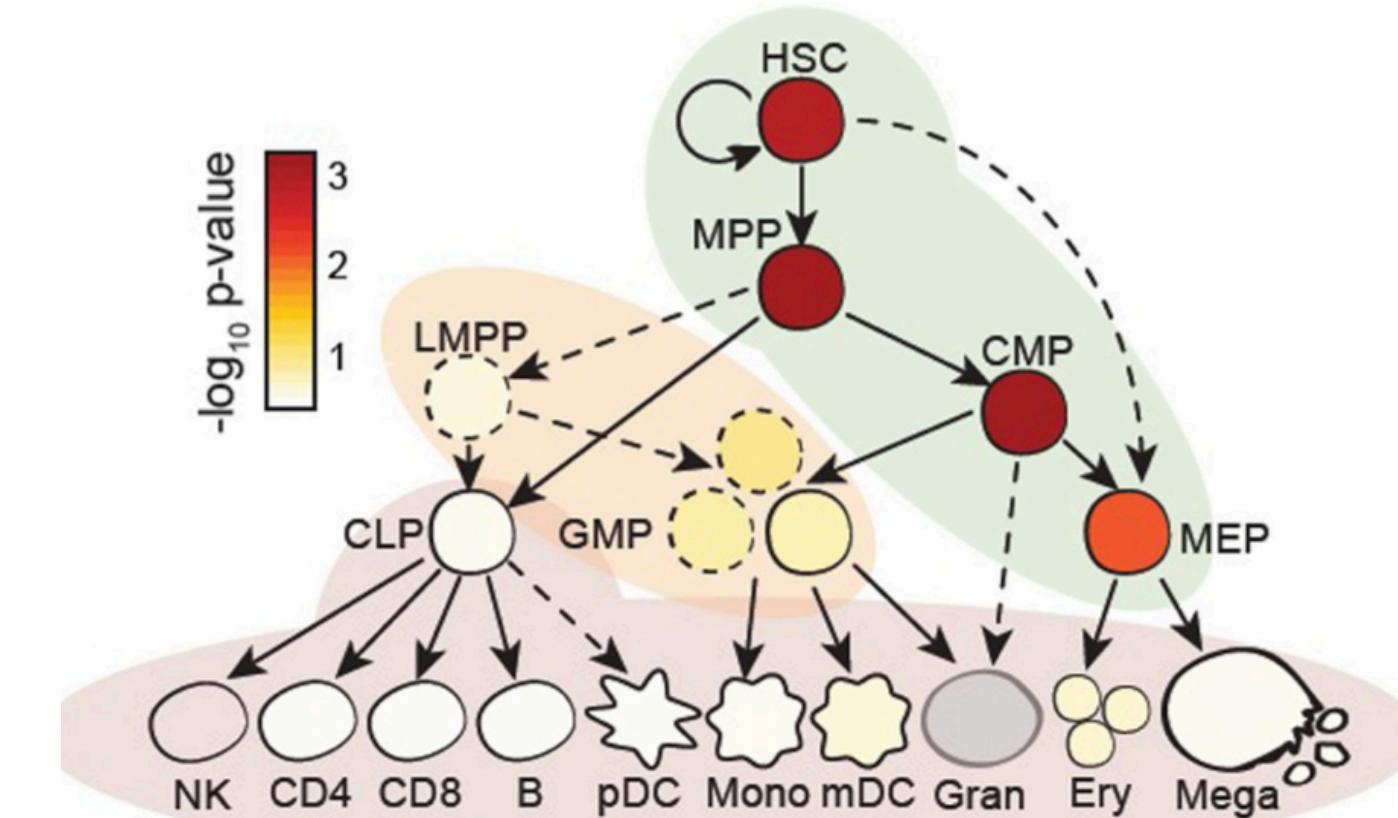
Genetic predisposition to loss of Y in males

GWAS of LOY with 85,000 male participants
 156 common variants predispose to LOY
 LOY heritability is estimated at 32%

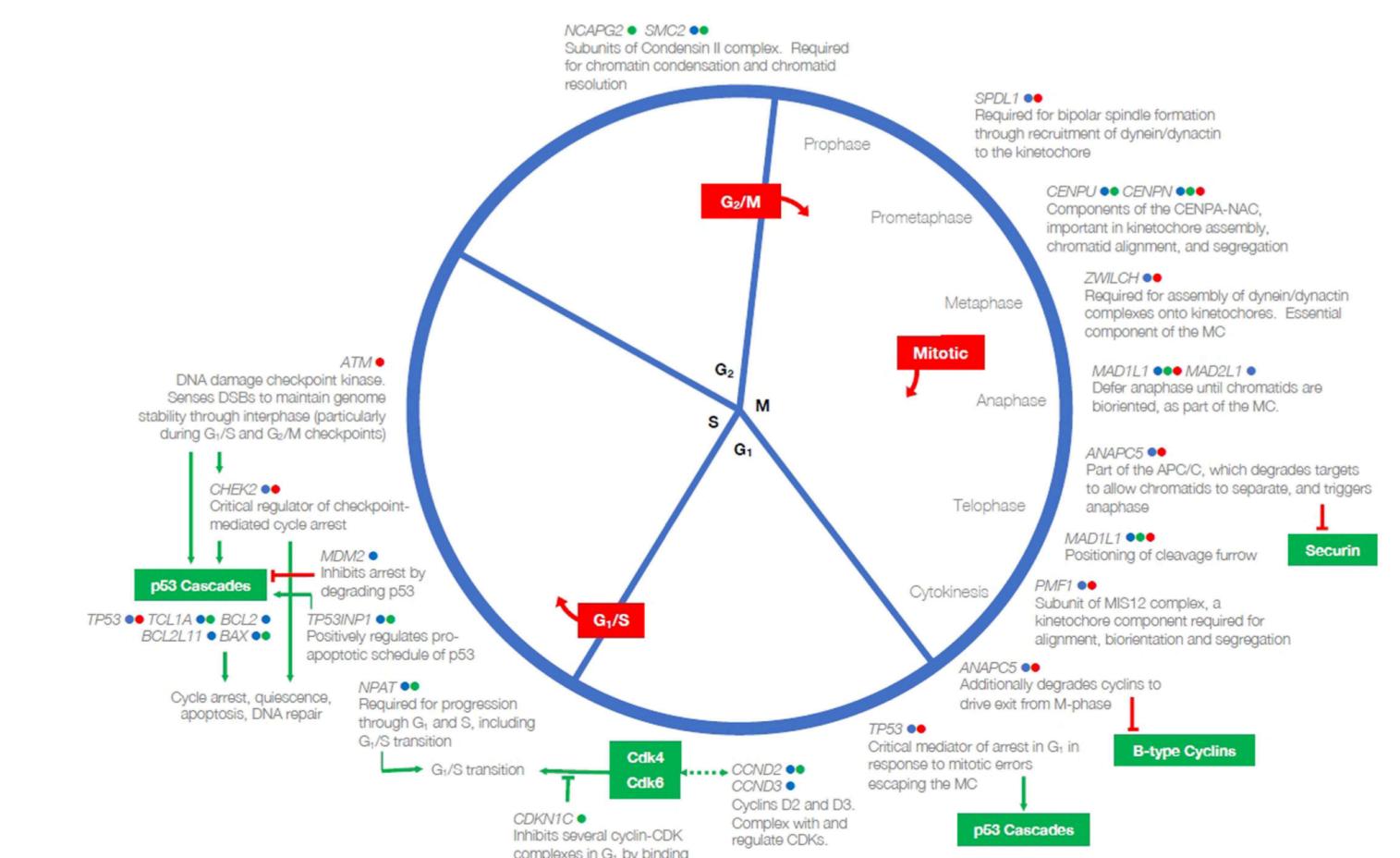


Thompson et al. *Nature* 2019

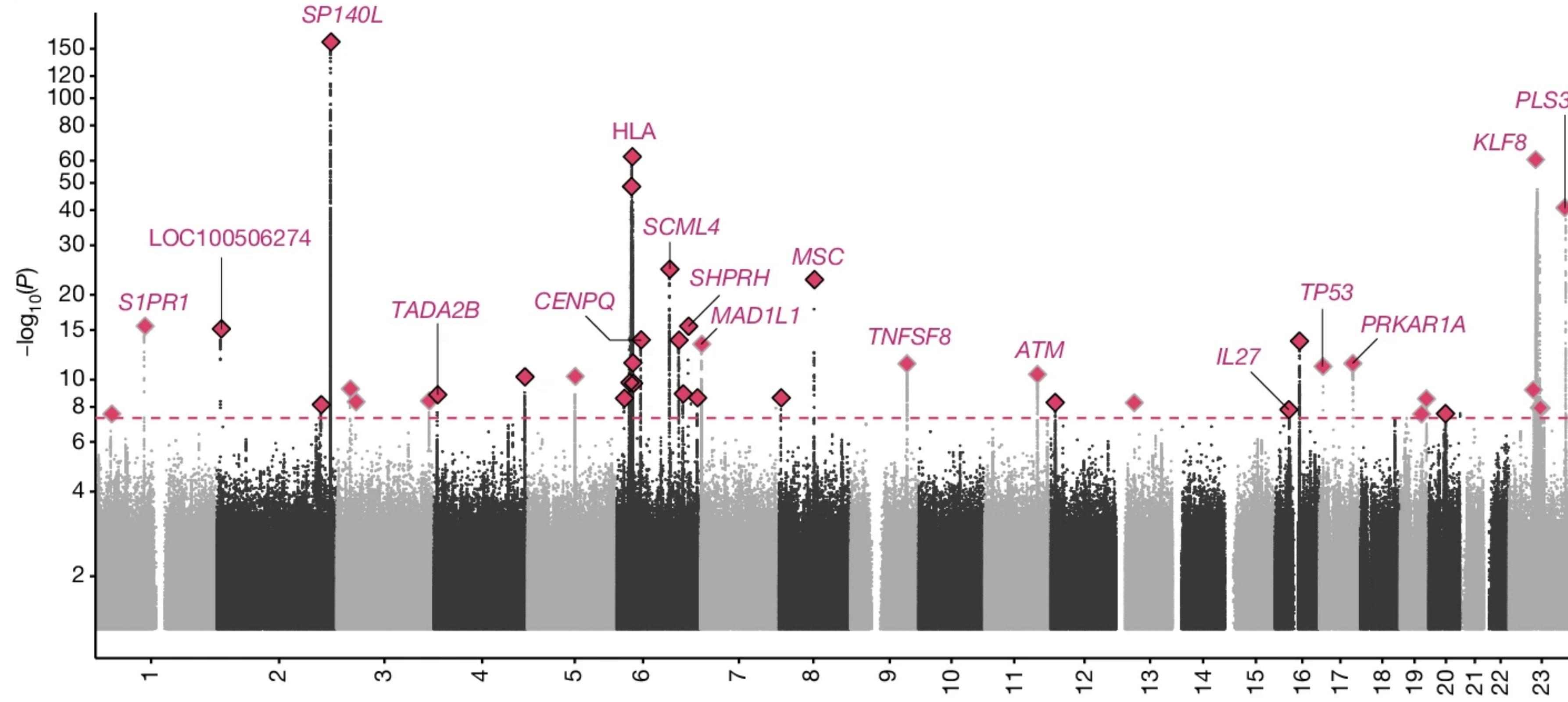
LOY risk variants affect HSC/HPCs



LOY risk are close to cell cycle genes



Genetic predisposition to loss of X in females

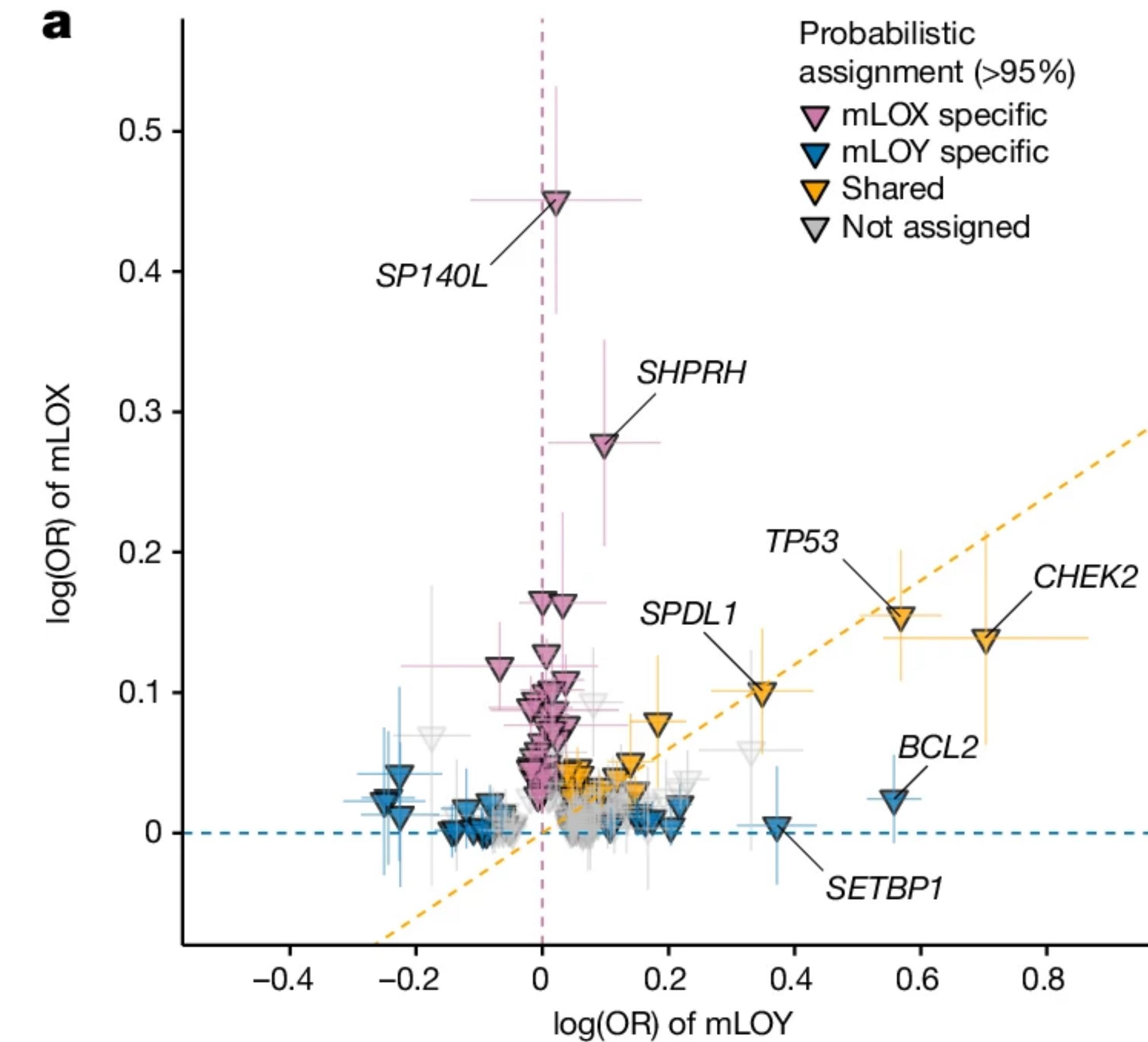


GWAS for LOX with >800,000 female study participants

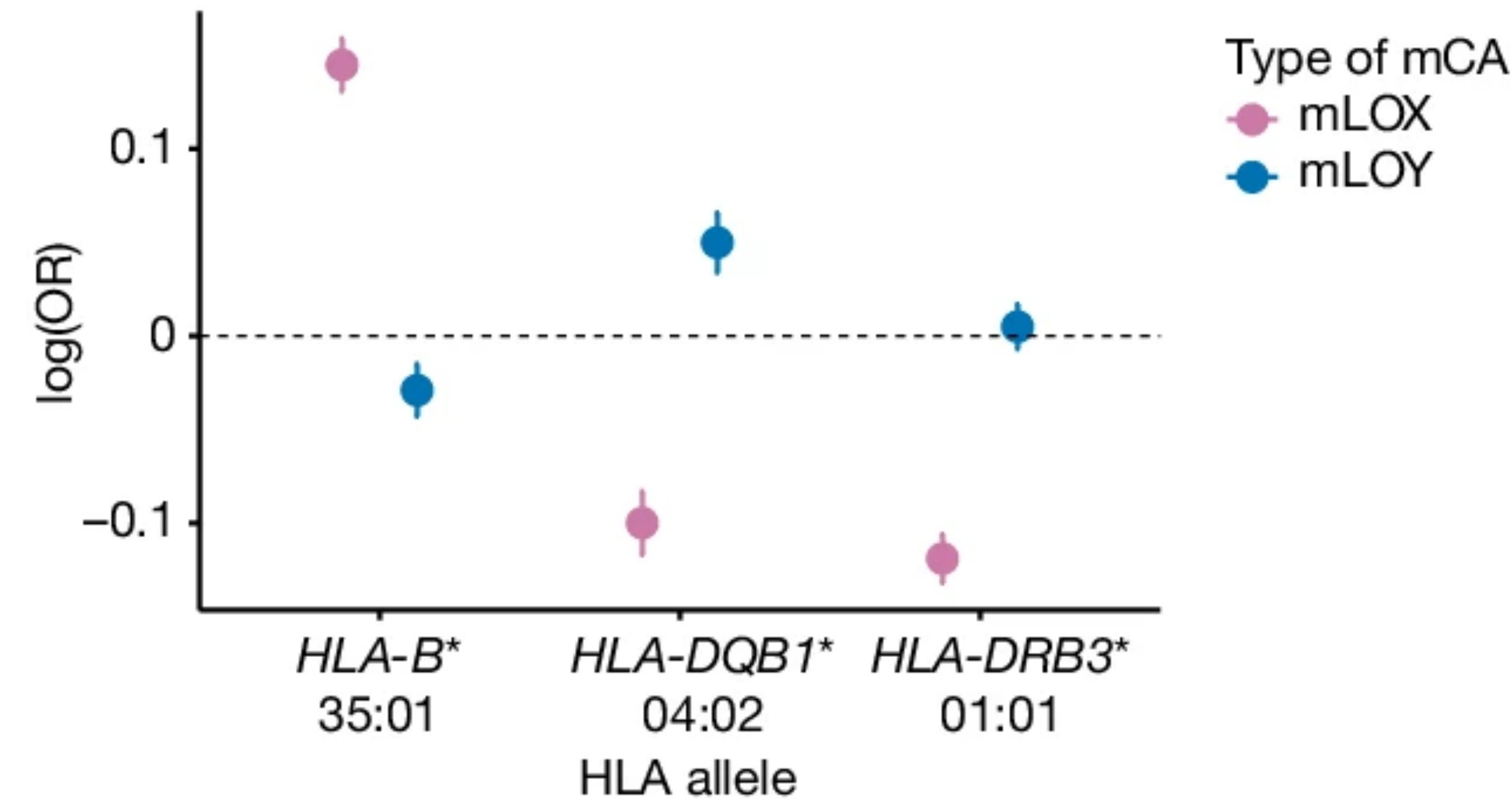
56 common variants predispose to loss of X in females

Association with cancer predisposition and autoimmune disease

Shared and distinct genetic architecture of loss of X (LOX) and loss of Y (LOY)



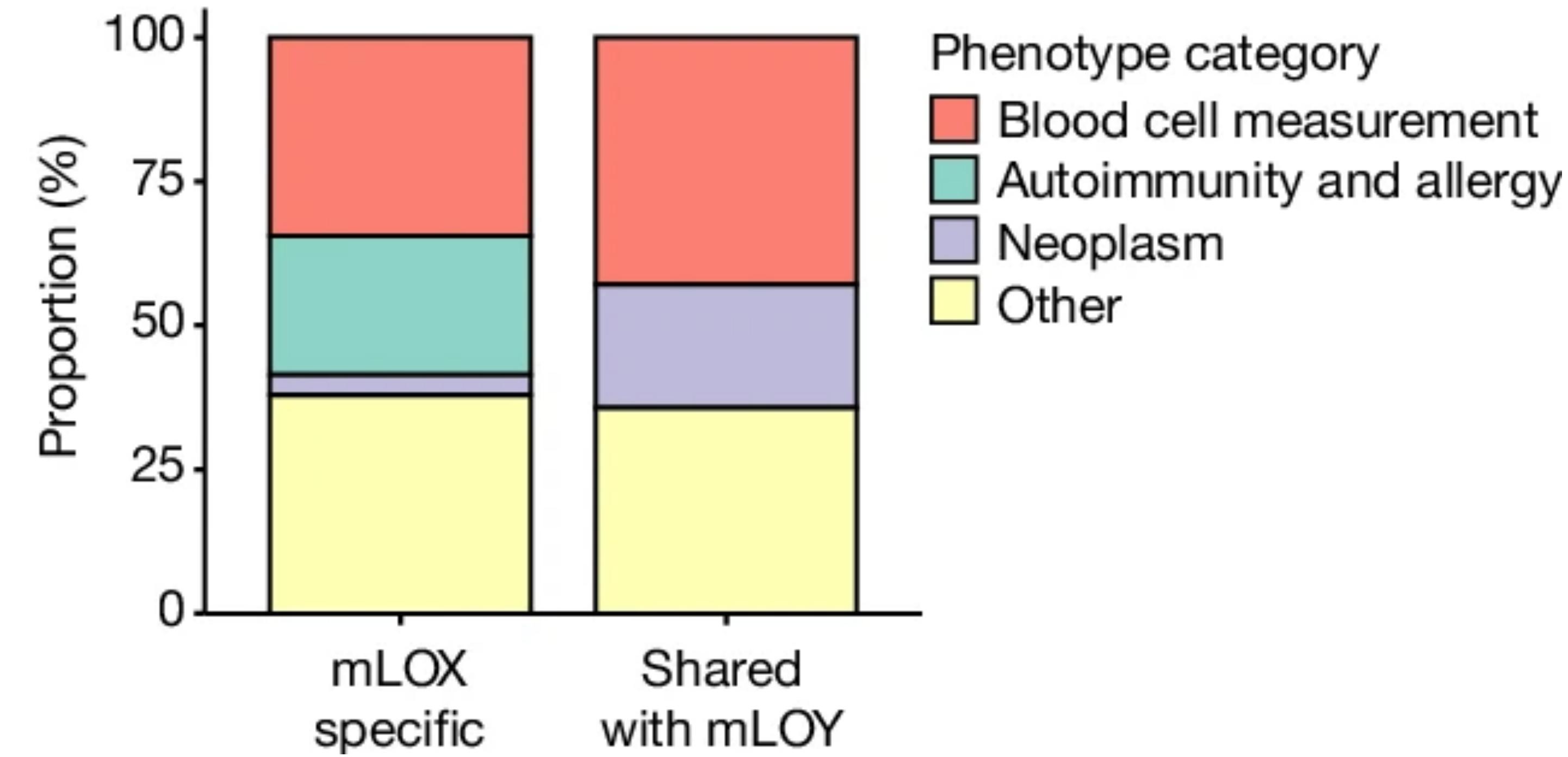
Shared and distinct genetic architecture of loss of X (LOX) and loss of Y (LOY)



HLA-B*35:01 → higher risk of mLOX in females, yet not risk for mLOY in males

HLA-B*35:01 → higher risk of chronic thyroiditis (Hashimoto disease)

Shared and distinct genetic architecture of loss of X (LOX) and loss of Y (LOY)



mLOX-specific genetic variants → increased risk of autoimmunity and allergy

SmLOX/mLOY genetic variants → increased risk of cancer

OR = SNP effect size

Liu et al. *Nature* 2024