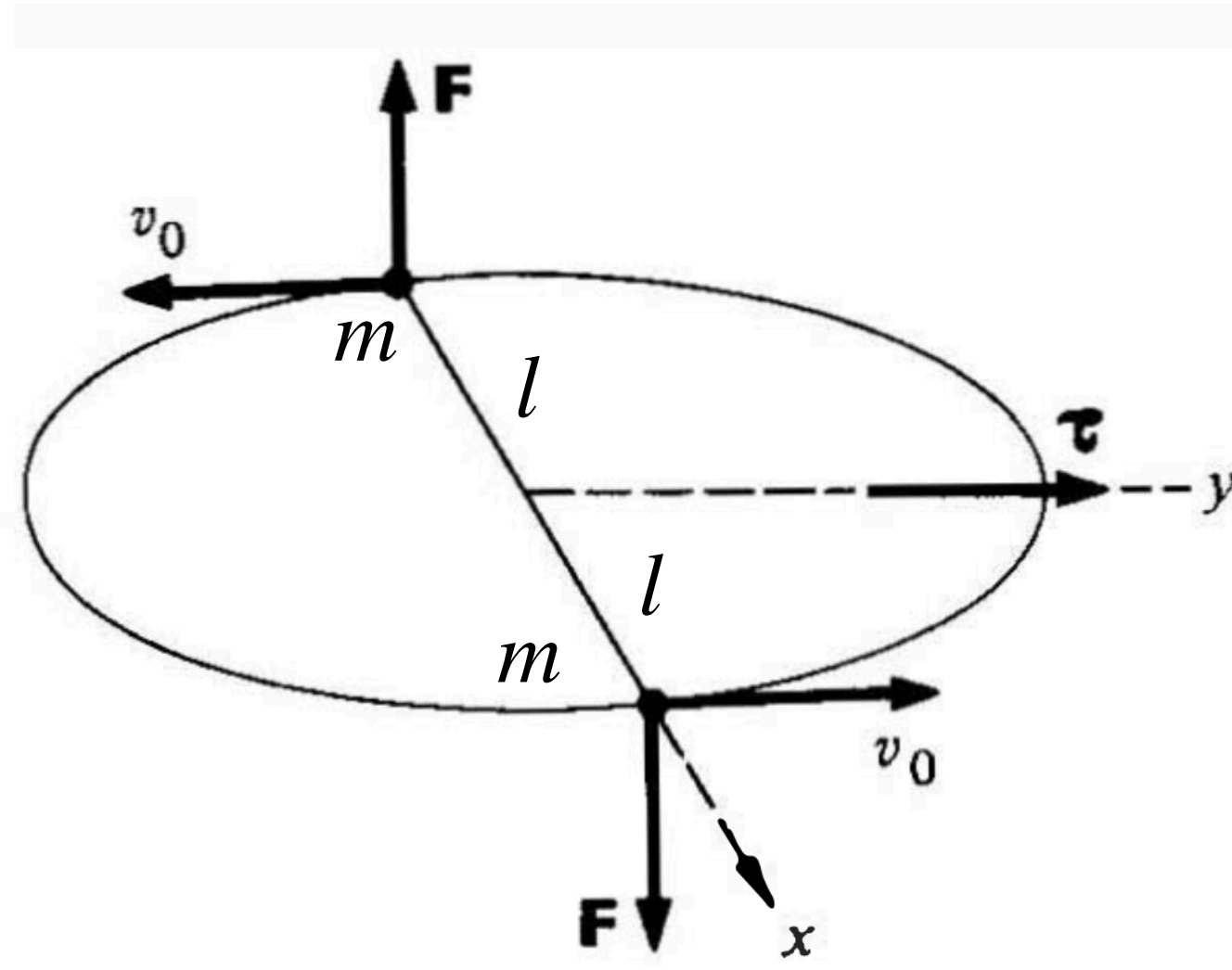
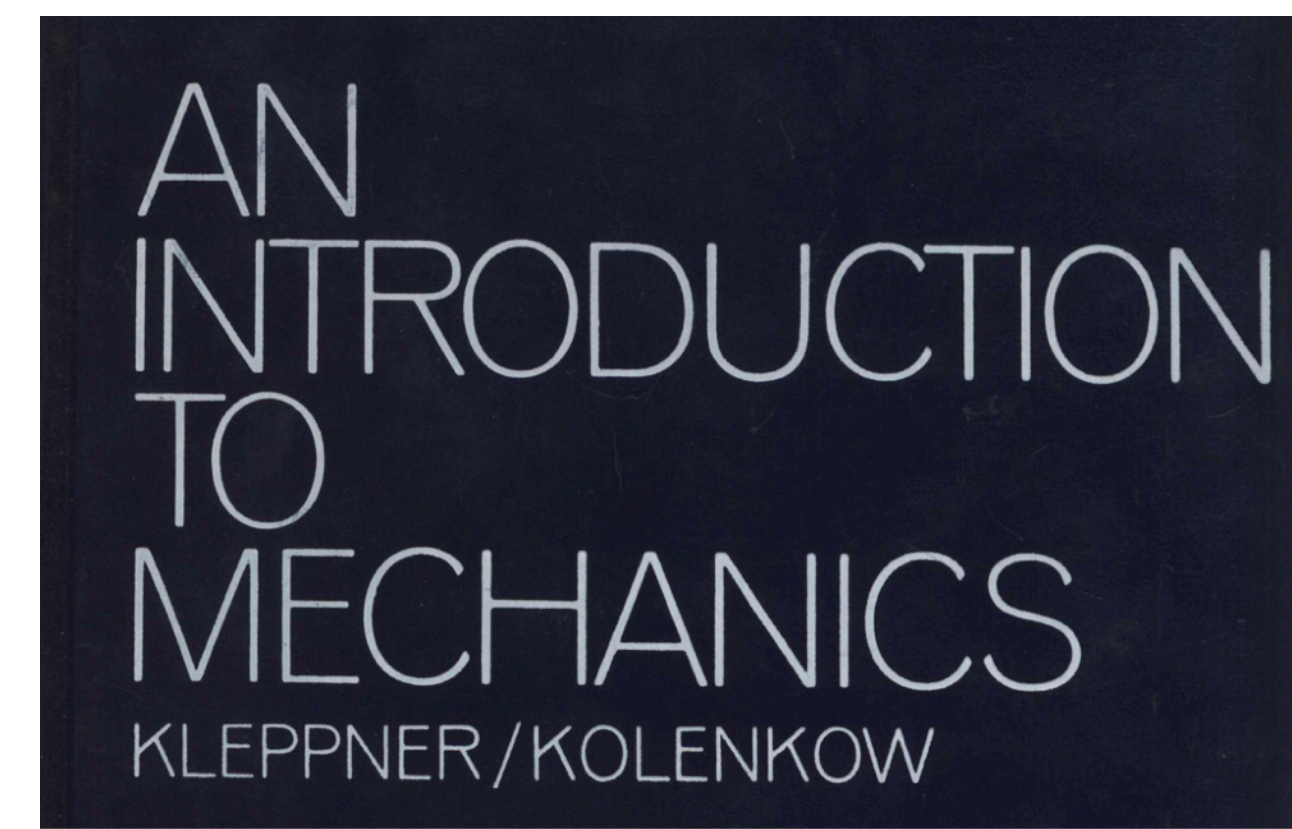


WHY DOES PRECESSION HAPPEN?



Consider a rigid body consisting of two particles of mass m at either end of a rigid massless rod of length $2l$. Suppose that the rod is rotating in free space with its angular momentum $\vec{L}_o = 2ml^2\omega\vec{e}_z$. The speed of each mass is $v_o = \omega l$

Suppose that a torque is applied only during a short time Δt while the rod is instantaneously oriented along the x-axis. We assume that the torque is due to two equal and opposite forces F , as shown. The total force is zero, and the center of mass remains at rest. The momentum of each mass changes by:

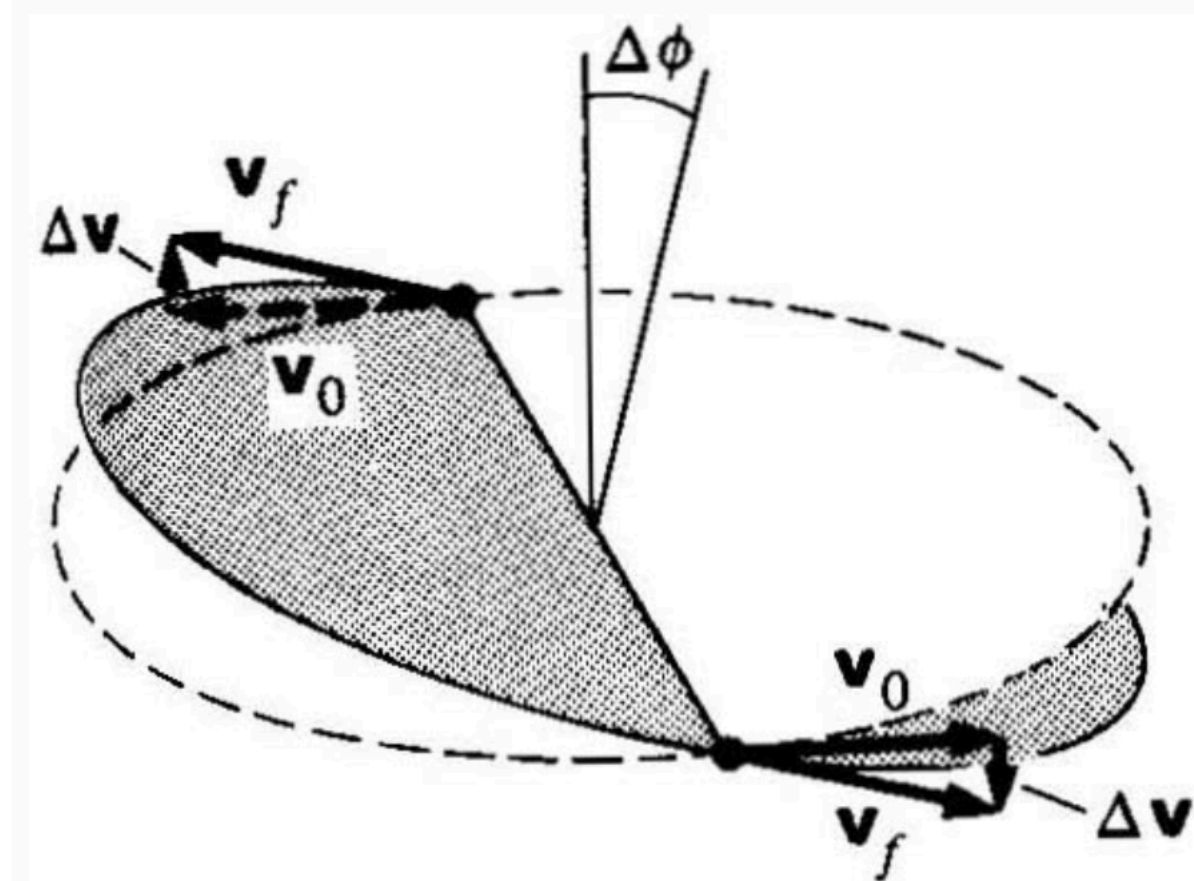
$$\Delta \mathbf{p} = m \Delta \mathbf{v} = \mathbf{F} \Delta t.$$

The velocity of each mass will change direction, as shown, and the rotation vector will tilt by:

$$\Delta \phi \approx \frac{\Delta v}{v_o} = \frac{F \Delta t}{mv_o}.$$

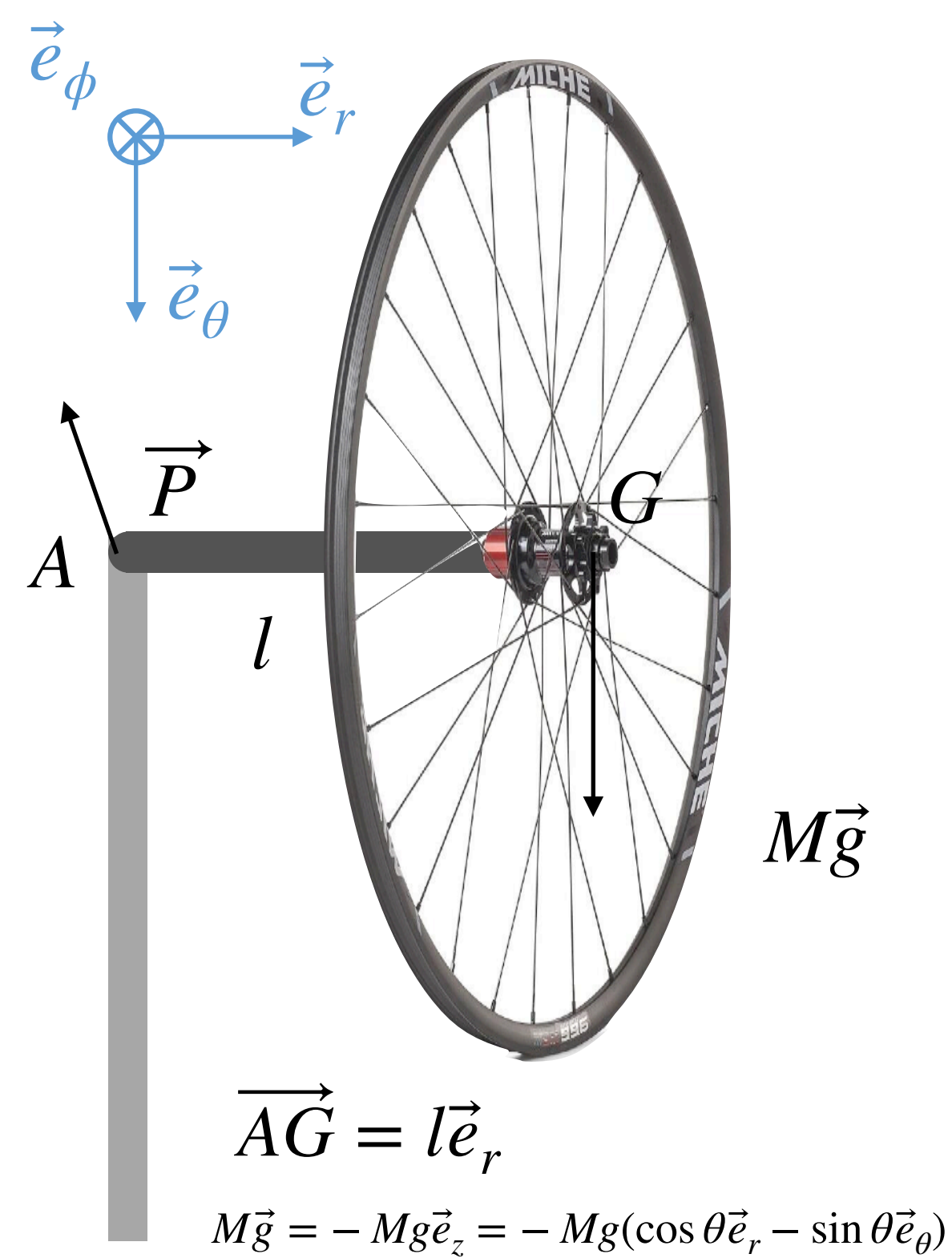
The torque acting on the system is $\vec{M}_o = 2Fl\vec{e}_y$, and the angular momentum is $\vec{L}_o = 2ml^2\vec{\omega}$.

Therefore $\Delta \phi = M_o \Delta t / L_o$, and the rate of precession is $\Omega = \Delta \phi / \Delta t = M_o / L_o$



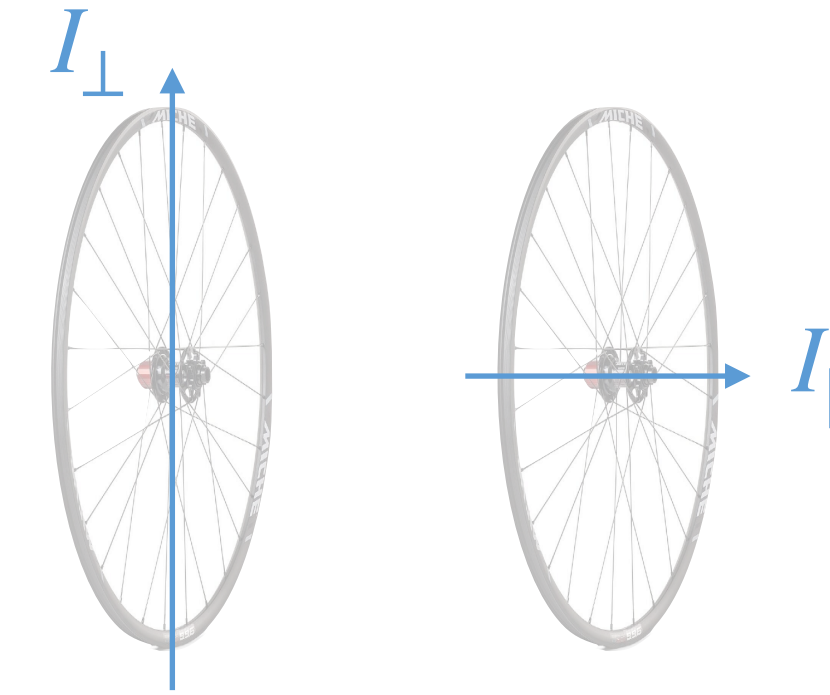
PRECESSION IN DETAIL

Using spherical coordinates
starting at $\theta = \pi/2, \phi = 0$



Consider a bicycle wheel with mass M attached to a fixed pivot A via an axle with length l .

This wheel has the following moments of inertia with respect to the depicted axes passing through the CoM G :



The system has 3 possible modes of rotation:

- Rotating around its own axis \vec{e}_r with some angular velocity ω_s
 - $\vec{L}_r = I_{\parallel}\omega_s\vec{e}_r$
- rotating around the pivot (rotating around \vec{e}_z/\vec{e}_θ if $\theta = \pi/2$) with angular velocity $\dot{\phi}$
 - $\vec{L}_\theta = (I_{\perp} + Ml^2)\dot{\phi}\vec{e}_z$
- or falling down /pointing down (rotating around \vec{e}_ϕ) with angular velocity $\dot{\theta}$
 - $\vec{L}_\phi = (I_{\perp} + Ml^2)\dot{\theta}\vec{e}_\phi$

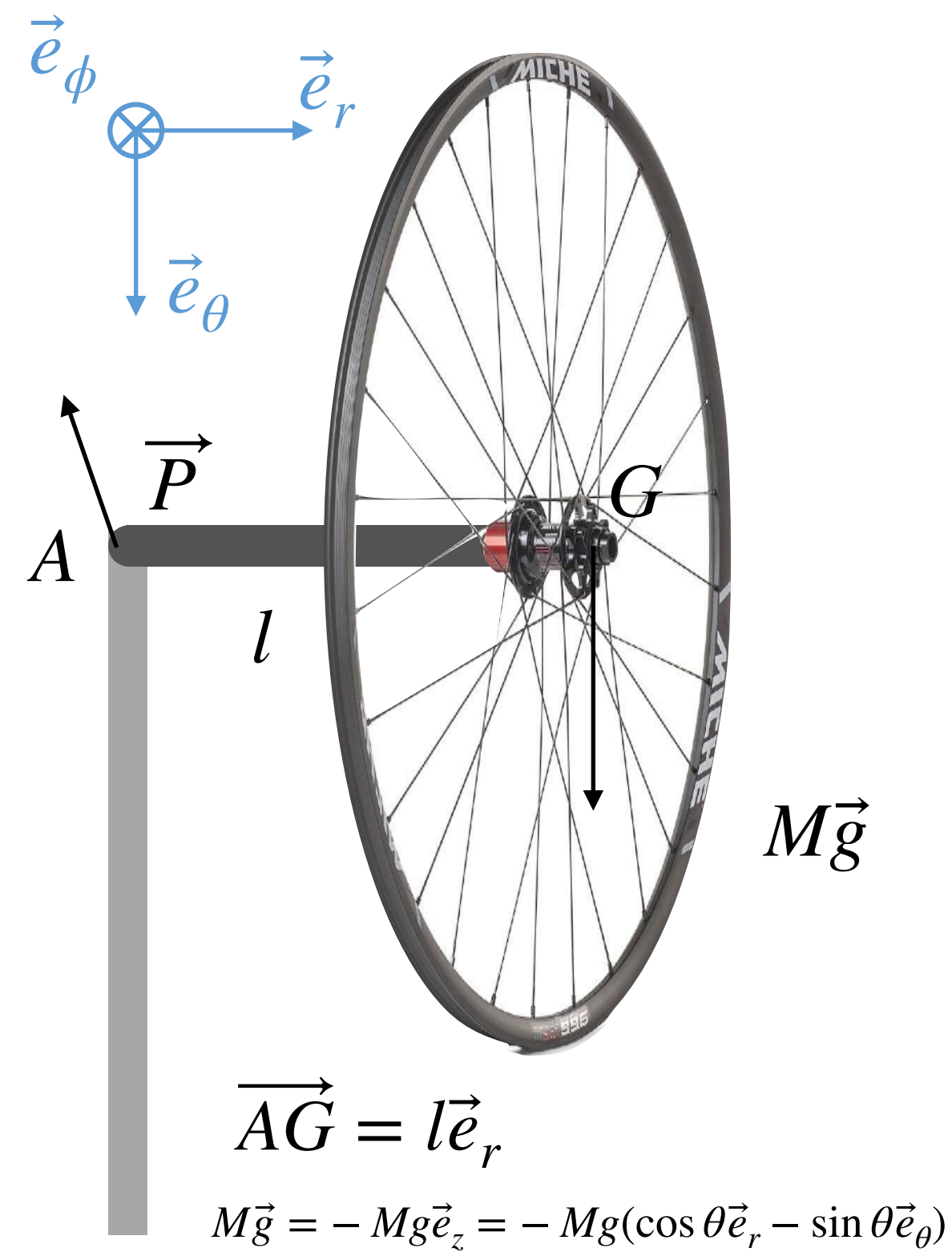
Gravity applies a torque at the center of mass:

$$\begin{aligned}\vec{M}_A &= \vec{AG} \wedge M\vec{g} = (l\vec{e}_r) \wedge (-Mg(\cos\theta\vec{e}_r - \sin\theta\vec{e}_\theta)) \\ &= -Mgl(-\sin\theta)\vec{e}_r \wedge \vec{e}_\theta \\ &= Mgl \sin\theta\vec{e}_\phi\end{aligned}$$

Produces a torque pointing into the screen

PRECESSION IN DETAIL

Using spherical coordinates
starting at $\theta = \pi/2, \phi = 0$



Total angular momentum is:

$$\begin{aligned}\vec{L}_A &= \vec{L}_r + \vec{L}_\theta + \vec{L}_\phi \\ &= I_{\parallel}\omega_s\vec{e}_r + (I_{\perp} + Ml^2)\dot{\phi}\vec{e}_z + (I_{\perp} + Ml^2)\dot{\theta}\vec{e}_\phi\end{aligned}$$

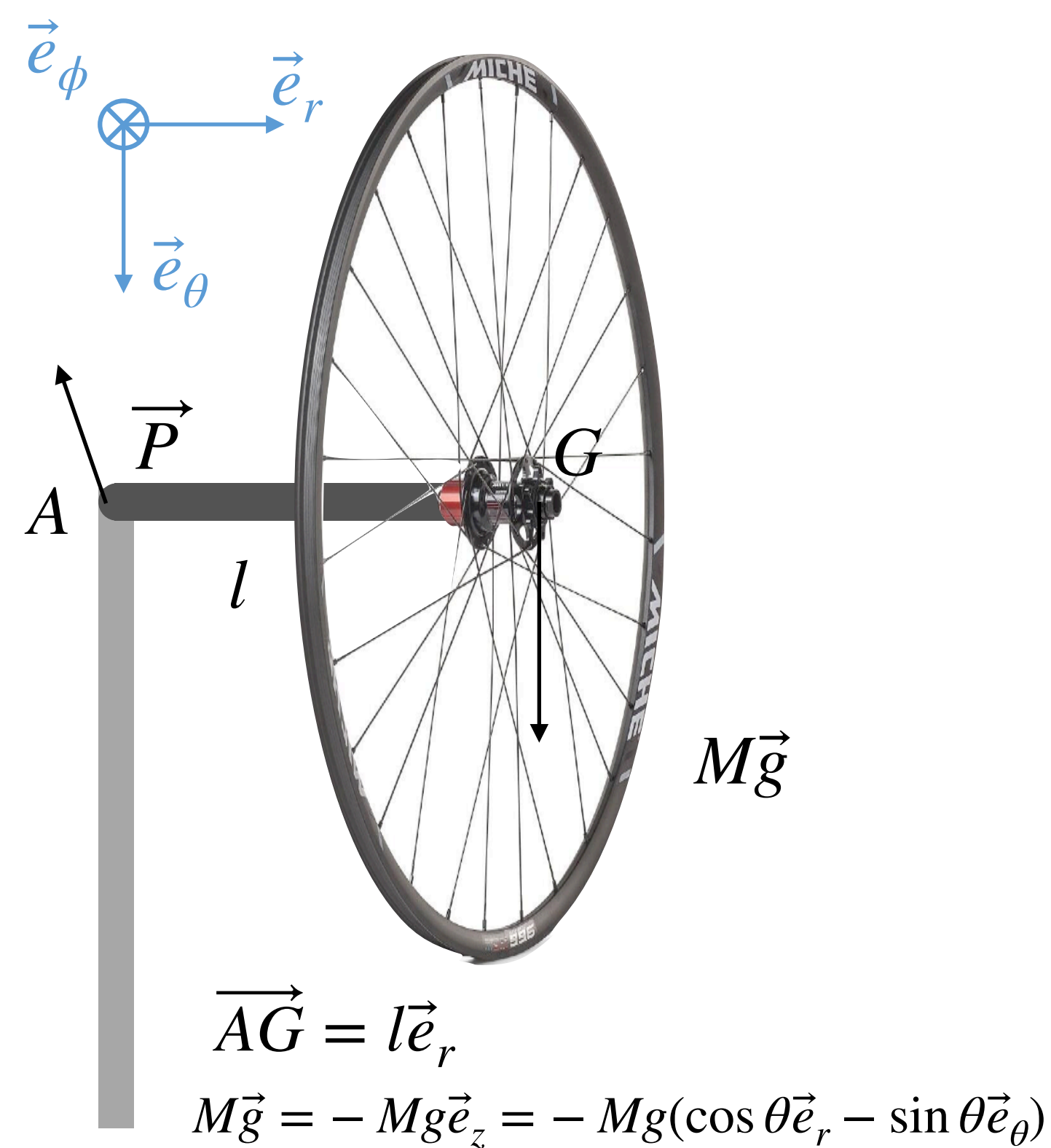
Time derivative is:

$$\begin{aligned}\dot{\vec{L}}_A &= \dot{\vec{L}}_r + \dot{\vec{L}}_\theta + \dot{\vec{L}}_\phi \\ \dot{\vec{L}}_r &= I_{\parallel}\dot{\omega}_s\vec{e}_r + I_{\parallel}\omega_s\dot{\vec{e}}_r \\ \dot{\vec{L}}_\theta &= (I_{\perp} + Ml^2)\dot{\phi}\vec{e}_z \\ \dot{\vec{L}}_\phi &= (I_{\perp} + Ml^2)(\ddot{\theta}\vec{e}_\phi + \dot{\theta}\dot{\vec{e}}_\phi)\end{aligned}$$

$$\dot{\vec{L}}_A = I_{\parallel}\dot{\omega}_s\vec{e}_r + I_{\parallel}\omega_s\dot{\vec{e}}_r + (I_{\perp} + Ml^2)(\dot{\phi}\vec{e}_z + \ddot{\theta}\vec{e}_\phi + \dot{\theta}\dot{\vec{e}}_\phi)$$

PRECESSION IN DETAIL

Using spherical coordinates
starting at $\theta = \pi/2, \phi = 0$



Consider the case when we start with no spin $\omega_s = 0$.
At $t=0, \vec{L}_A = 0$

$$\dot{\vec{L}}_A = (I_\perp + Ml^2)(\ddot{\phi}\vec{e}_z + \ddot{\theta}\vec{e}_\phi + \dot{\theta}\dot{\vec{e}}_\phi)$$

$$\dot{\vec{L}}_A = \vec{M}_A = Mgl \sin\theta \vec{e}_\phi$$

On z: $(I_\perp + Ml^2)\ddot{\phi} = 0 \implies \dot{\phi} = 0, \phi(t) = 0$

On phi: $(I_\perp + Ml^2)(\ddot{\theta}\vec{e}_\phi + \dot{\theta}\dot{\vec{e}}_\phi) = Mgl \sin\theta \vec{e}_\phi$

$$\dot{\vec{e}}_\phi = -\dot{\phi} \sin\theta \vec{e}_r - \dot{\phi} \cos\theta \vec{e}_\theta = 0 \text{ because } \dot{\phi} = 0$$

$$(I_\perp + Ml^2)(\ddot{\theta}) = Mgl \sin\theta$$

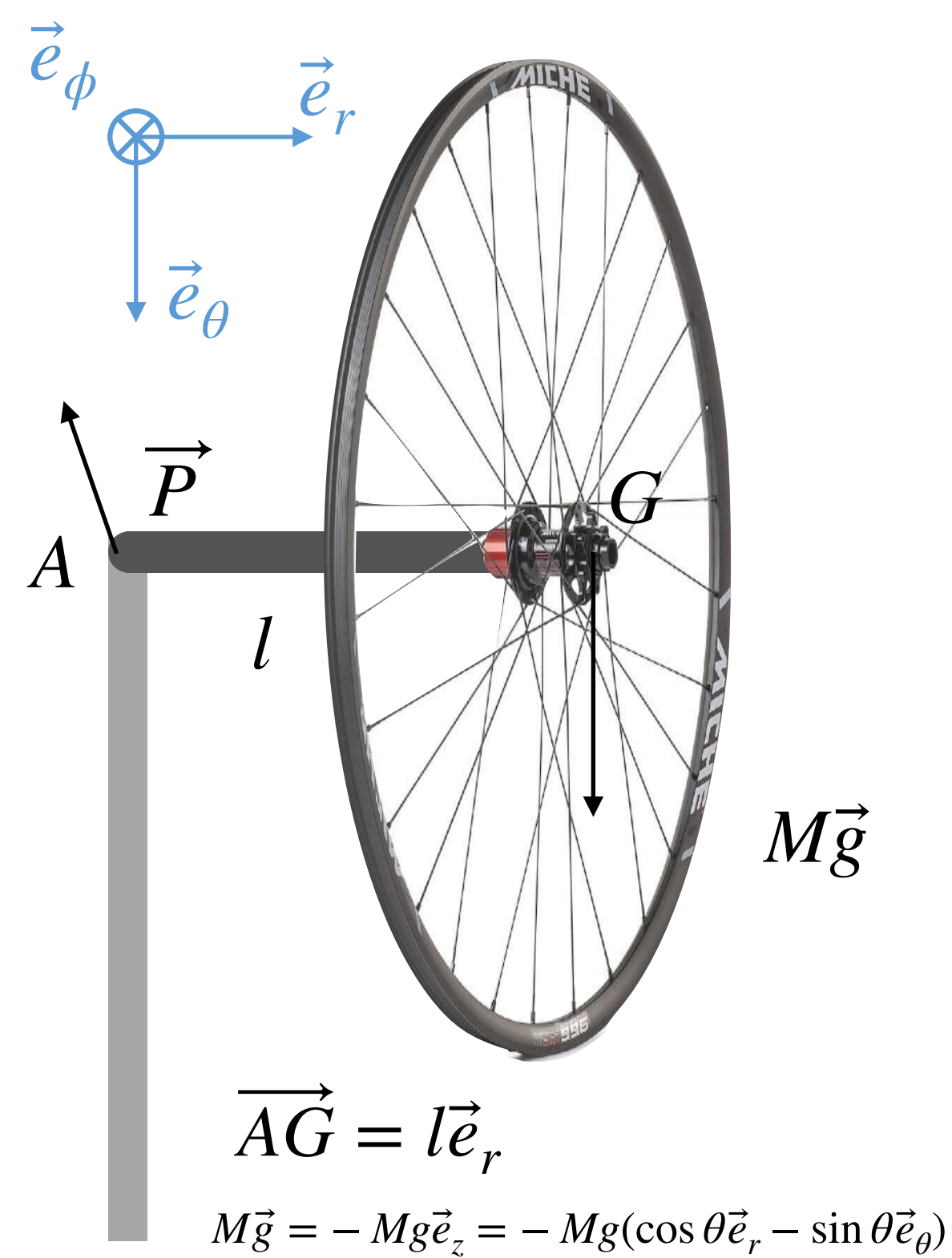
Because we start with no initial rotation

We've recovered similar equation to falling bar problem

Theta changes, the wheel falls. Torque and angular momentum always point along \vec{e}_ϕ which is fixed during the motion

PRECESSION IN DETAIL

Using spherical coordinates
starting at $\theta = \pi/2, \phi = 0$



Consider the case when we start with a very large spin ω_s . At $t=0, \vec{L}_A = I_{\parallel}\omega_s\vec{e}_r$. Assume that ω_s stays constant: $\dot{\omega}_s = 0$, and the \vec{L}_r term dominates such that $\vec{L}_a = \vec{L}_r$

The situation we considered in the lecture video

$$\dot{\vec{L}}_A = I_{\parallel}\dot{\omega}_s\vec{e}_r \quad \dot{\vec{e}}_r = \dot{\theta}\vec{e}_\theta + \dot{\phi}\sin\theta\vec{e}_\phi$$

$$\dot{\vec{L}}_A = I_{\parallel}\omega_s[\dot{\theta}\vec{e}_\theta + \dot{\phi}\sin\theta\vec{e}_\phi]$$

$$\dot{\vec{L}}_A = \vec{M}_A = Mgl\sin\theta\vec{e}_\phi$$

Theta is constant, so stays at $\theta = \pi/2$

On theta: $I_{\parallel}\omega_s\dot{\theta} = 0$

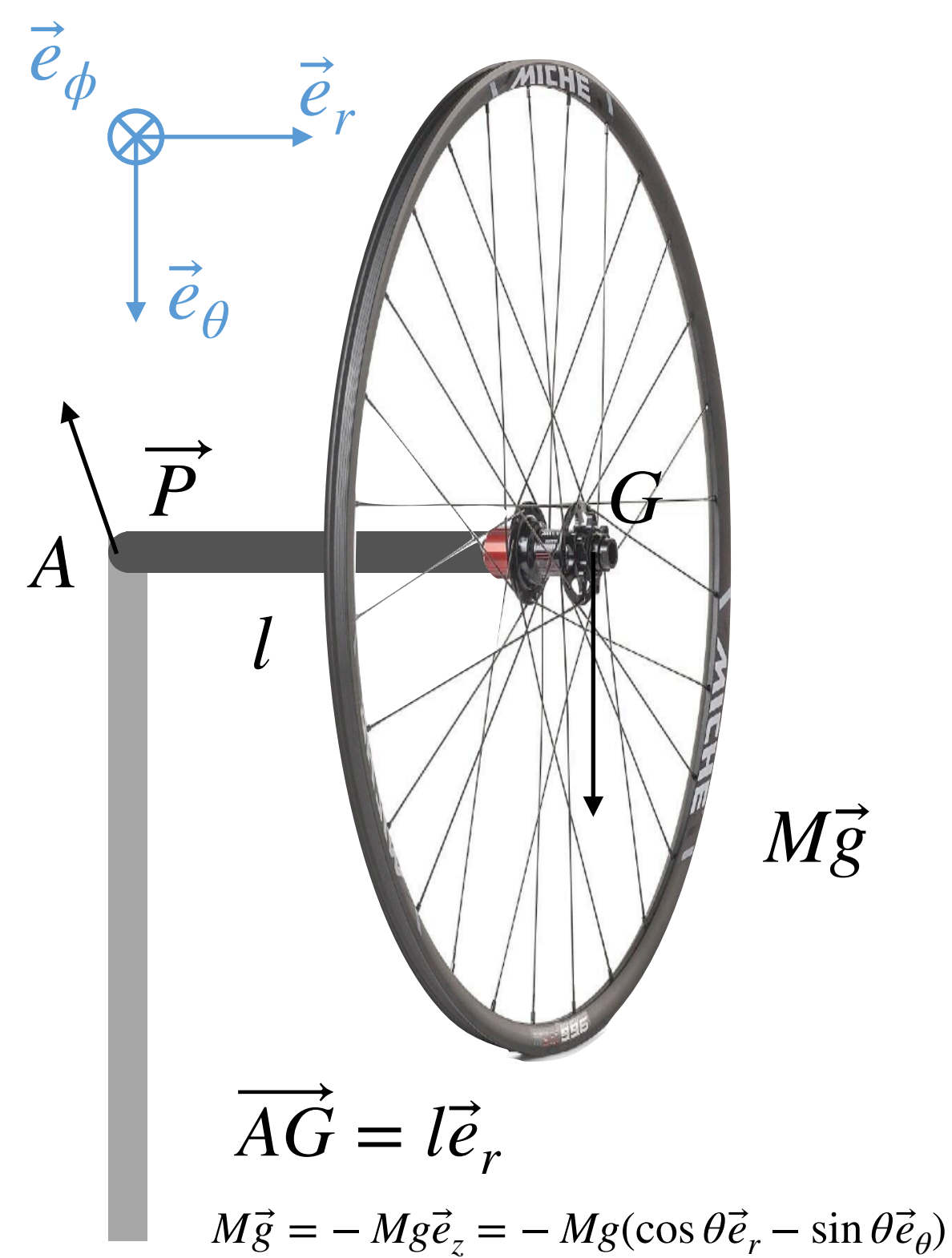
On phi: $I_{\parallel}\omega_s\dot{\phi}\sin\theta = Mgl\sin\theta$

$$\implies \dot{\phi} = \frac{Mgl}{I_{\parallel}\omega_s}$$

Constant precession velocity

PRECESSION IN DETAIL

Using spherical coordinates
starting at $\theta = \pi/2, \phi = 0$



Consider the case when we start with a very large spin ω_s . At $t=0, \vec{L}_A = I_{\parallel}\omega_s\vec{e}_r$. Assume that ω_s stays constant: $\dot{\omega}_s = 0$

An intermediate situation. Let's compare the evolution of the theta coordinate

$$\dot{\vec{L}}_A = I_{\parallel}\omega_s\dot{\vec{e}}_r + (I_{\perp} + Ml^2)(\ddot{\phi}\vec{e}_z + \ddot{\theta}\vec{e}_\phi + \dot{\theta}\dot{\phi}\vec{e}_\phi)$$

$$\dot{\vec{e}}_r = \dot{\theta}\vec{e}_\theta + \dot{\phi}\sin\theta\vec{e}_\phi \quad \dot{\vec{e}}_\phi = -\dot{\phi}\sin\theta\vec{e}_r - \dot{\phi}\cos\theta\vec{e}_\theta \quad \vec{e}_z = \cos\theta\vec{e}_r - \sin\theta\vec{e}_\theta$$

$$\begin{aligned} \dot{\vec{L}}_A &= I_{\parallel}\omega_s[\dot{\theta}\vec{e}_\theta + \dot{\phi}\sin\theta\vec{e}_\phi] \\ &\quad + (I_{\perp} + Ml^2)(\ddot{\phi}[\cos\theta\vec{e}_r - \sin\theta\vec{e}_\theta] + \ddot{\theta}\vec{e}_\phi + \dot{\theta}\dot{\phi}[\sin\theta\vec{e}_r - \cos\theta\vec{e}_\theta]) \end{aligned}$$

$$\dot{\vec{L}}_A = \vec{M}_A = Mgl\sin\theta\vec{e}_\phi$$

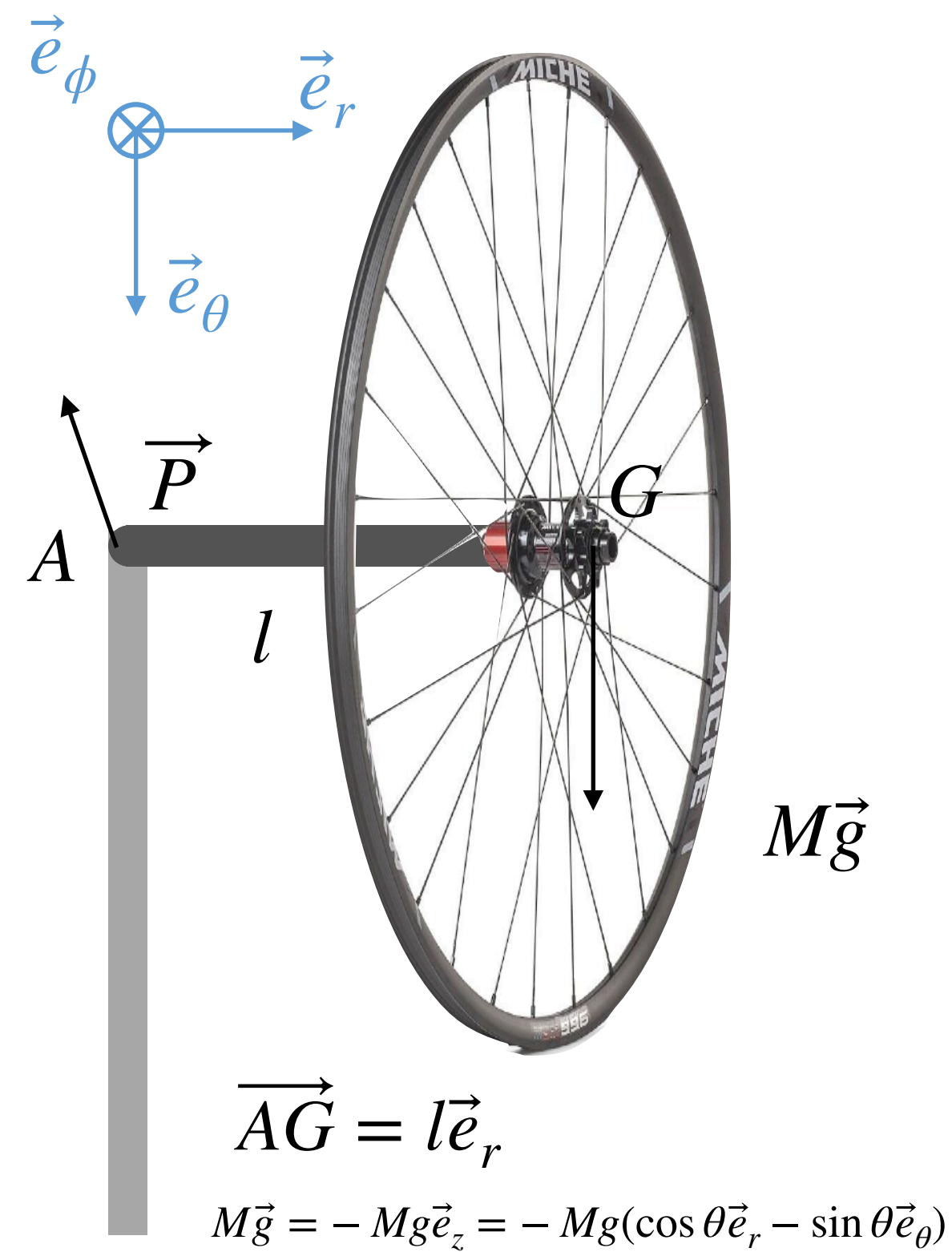
On r: $(I_{\perp} + Ml^2)(\ddot{\phi}\cos\theta + \dot{\theta}\dot{\phi}\sin\theta) = 0 \implies \ddot{\phi}\cos\theta + \dot{\theta}\dot{\phi}\sin\theta = 0$ ①

On theta: $I_{\parallel}\omega_s\dot{\theta} - (I_{\perp} + Ml^2)(\ddot{\phi}\sin\theta + \dot{\theta}\dot{\phi}\cos\theta) = 0$ ②

On phi: $I_{\parallel}\omega_s\dot{\phi}\sin\theta + (I_{\perp} + Ml^2)\ddot{\theta} = Mgl\sin\theta \implies (I_{\perp} + Ml^2)\ddot{\theta} = \sin\theta(Mgl - I_{\parallel}\omega_s\dot{\phi})$ ③

PRECESSION IN DETAIL

Using spherical coordinates
starting at $\theta = \pi/2, \phi = 0$



Consider the case when we start with a very large spin ω_s . At $t=0, \vec{L}_A = I_{\parallel}\omega_s\vec{e}_r$. Assume that ω_s stays constant: $\dot{\omega}_s = 0$

$$\textcircled{1} \quad \ddot{\phi} \cos\theta + \dot{\theta}\dot{\phi} \sin\theta = 0$$

$$\ddot{\phi} = -\dot{\theta}\dot{\phi} \sin\theta / \cos\theta$$

$$\textcircled{2} \quad I_{\parallel}\omega_s\dot{\theta} - (I_{\perp} + Ml^2)(\ddot{\phi} \sin\theta + \dot{\theta}\dot{\phi} \cos\theta) = 0$$

$$\implies I_{\parallel}\omega_s\dot{\theta} - (I_{\perp} + Ml^2)((-\dot{\theta}\dot{\phi} \sin\theta / \cos\theta)\sin\theta + \dot{\theta}\dot{\phi} \cos\theta) = 0$$

$$\implies I_{\parallel}\omega_s - (I_{\perp} + Ml^2)((-\dot{\phi} \sin^2\theta / \cos\theta) + \dot{\phi} \cos^2\theta / \cos\theta) = 0$$

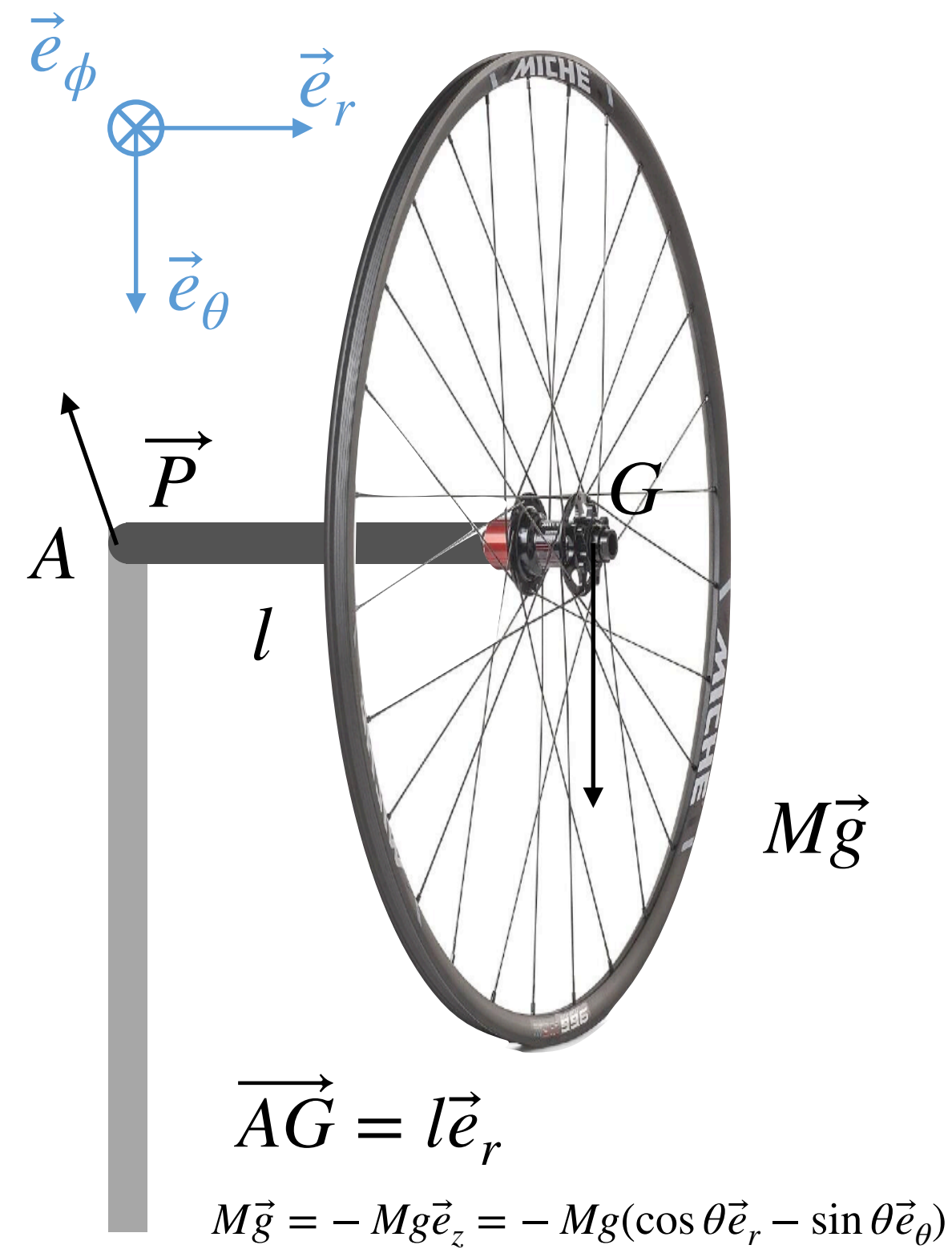
$$\implies I_{\parallel}\omega_s - (I_{\perp} + Ml^2)\frac{\dot{\phi}}{\cos\theta}(-\sin^2\theta + \cos^2\theta) = 0 \quad \cos^2\theta - \sin^2\theta = \cos 2\theta$$

$$\implies I_{\parallel}\omega_s - (I_{\perp} + Ml^2)\frac{\dot{\phi} \cos 2\theta}{\cos\theta} = 0$$

$$\implies \dot{\phi} = \frac{I_{\parallel}\omega_s \cos(\theta)}{I_{\perp} + Ml^2 \cos(2\theta)}$$

PRECESSION IN DETAIL

Using spherical coordinates
starting at $\theta = \pi/2, \phi = 0$



Consider the case when we start with a very large spin ω_s . At $t=0, \vec{L}_A = I_{\parallel}\omega_s\vec{e}_r$. Assume that ω_s stays constant: $\dot{\omega}_s = 0$

$$\Rightarrow \dot{\phi} = \frac{I_{\parallel}\omega_s}{I_{\perp} + Ml^2} \frac{\cos(\theta)}{\cos(2\theta)}$$

$$\textcircled{3} (I_{\perp} + Ml^2)\ddot{\theta} = \sin\theta(Mgl - I_{\parallel}\omega_s\dot{\phi})$$

$$(I_{\perp} + Ml^2)\ddot{\theta} = \sin\theta \left(Mgl - I_{\parallel}\omega_s \left(\frac{I_{\parallel}\omega_s}{I_{\perp} + Ml^2} \frac{\cos(\theta)}{\cos(2\theta)} \right) \right)$$

$$2 \cos\theta \sin\theta = \sin 2\theta$$

$$(I_{\perp} + Ml^2)\ddot{\theta} = Mgl \sin\theta - I_{\parallel}\omega_s \left(\frac{I_{\parallel}\omega_s}{I_{\perp} + Ml^2} \frac{\sin(2\theta)}{2 \cos(2\theta)} \right)$$

$$\ddot{\theta} = \frac{Mgl}{I_{\perp} + Ml^2} \sin\theta - \frac{(I_{\parallel}\omega_s)^2}{(I_{\perp} + Ml^2)^2} \frac{\sin(2\theta)}{2 \cos(2\theta)}$$

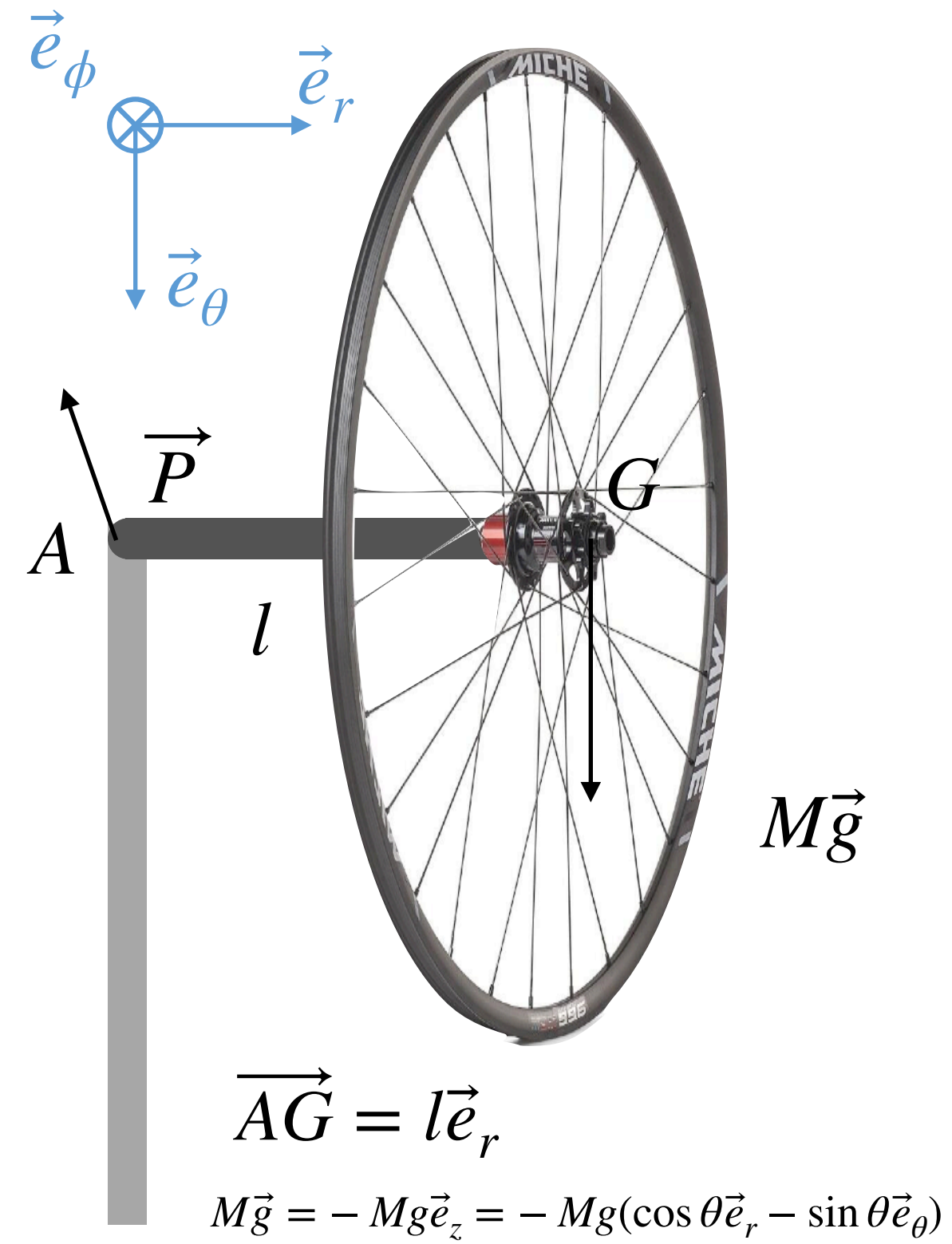
With spin, the acceleration along theta is changed by this second term

Motion with no spin $\omega_s = 0$

$$\ddot{\theta} = \frac{Mgl}{I_{\perp} + Ml^2} \sin\theta$$

PRECESSION IN DETAIL

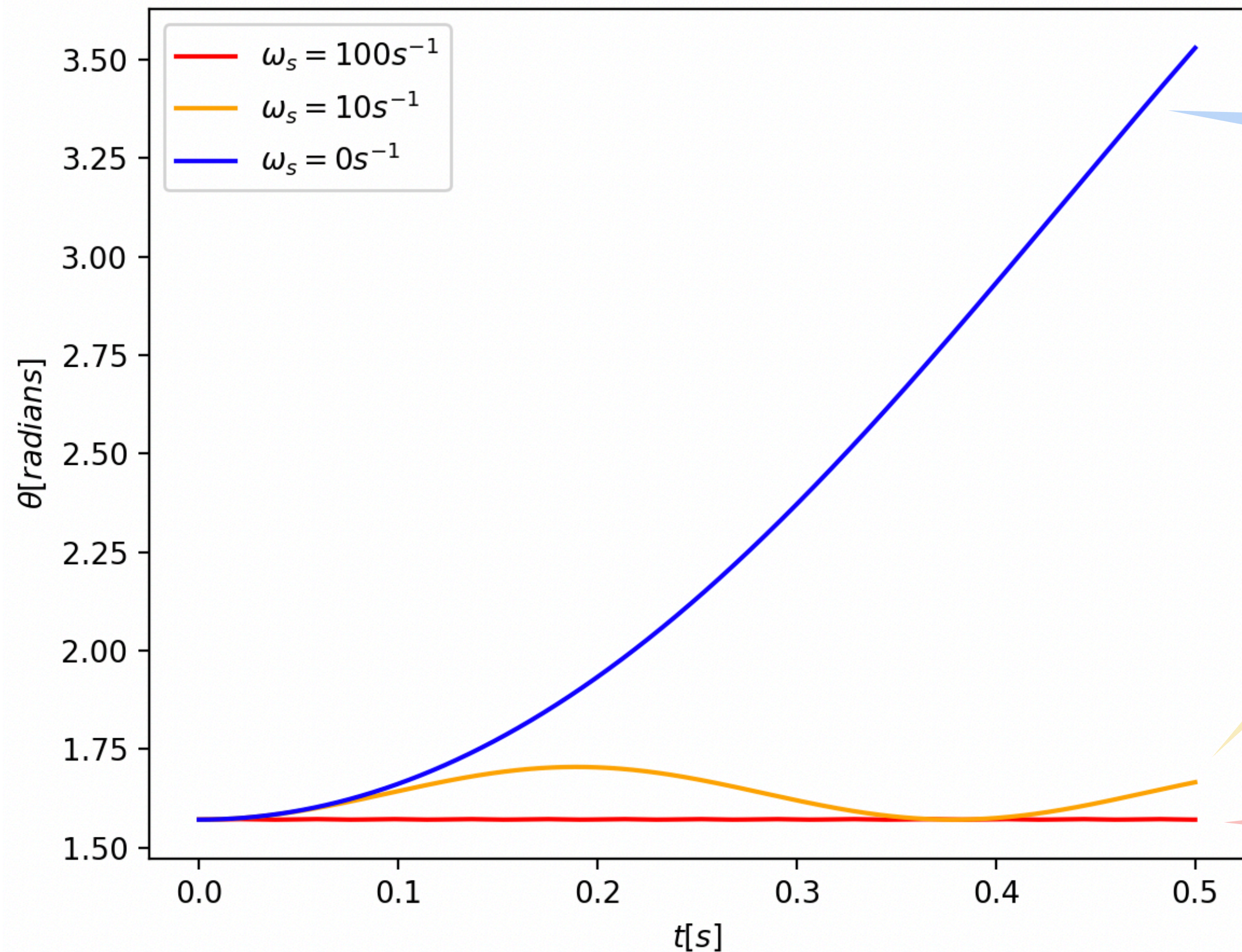
Using spherical coordinates
starting at $\theta = \pi/2, \phi = 0$



Consider the case when we start with a very large spin ω_s . At $t=0, \vec{L}_A = I_{\parallel}\omega_s\vec{e}_r$. Assume that ω_s stays constant: $\dot{\omega}_s = 0$

$$\ddot{\theta} = \frac{Mgl}{I_{\perp} + Ml^2} \sin\theta - \frac{(I_{\parallel}\omega_s)^2}{(I_{\perp} + Ml^2)^2} \frac{\sin(2\theta)}{2\cos(2\theta)}$$

Solve for theta numerically



Has no spin and drops

Intermediate regime where theta oscillates

Has very high spin and theta is a constant