

# PHYS-101 WEEK 12



# ANGULAR MOMENTUM & TORQUE

Angular momentum

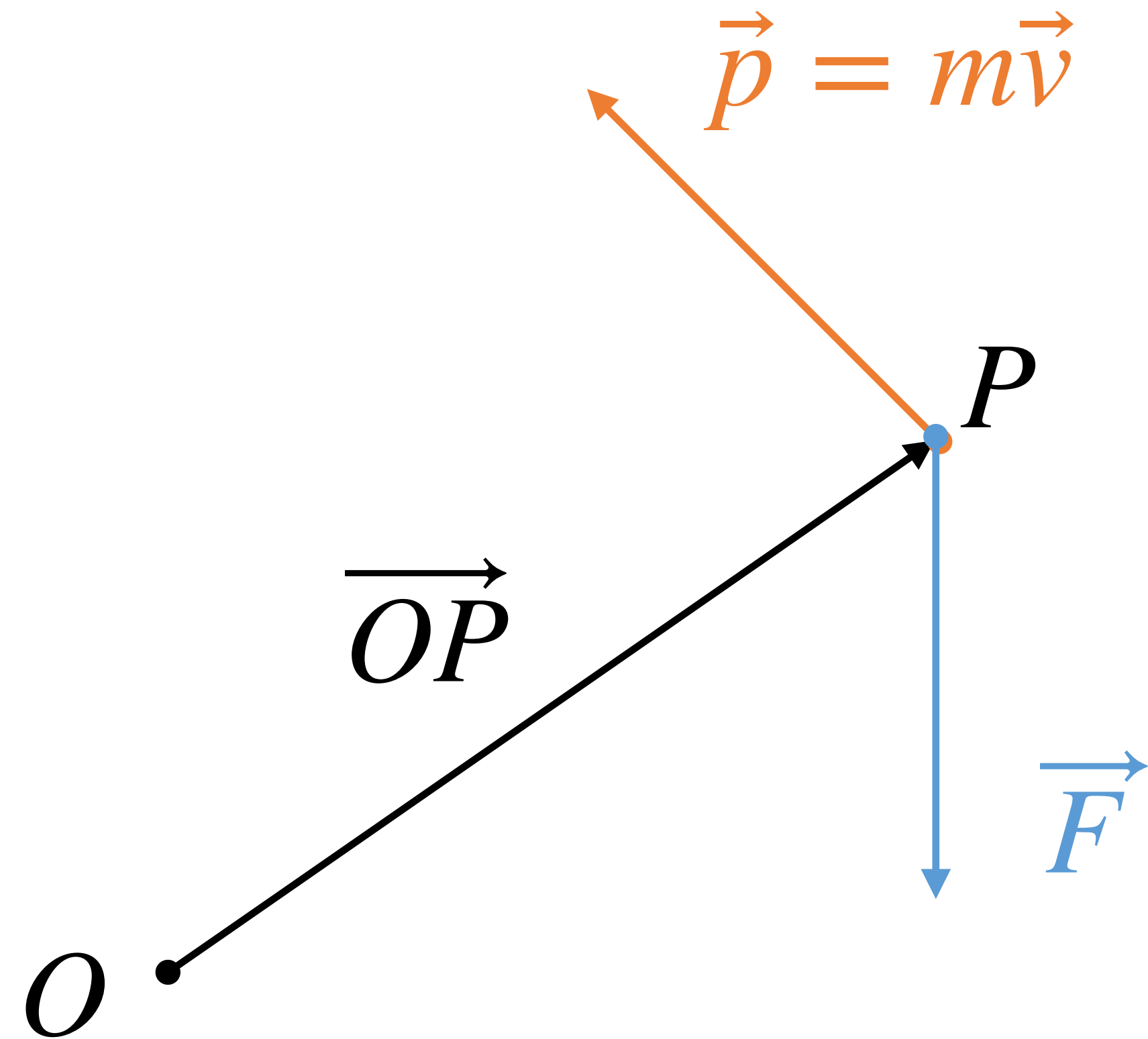
$$\vec{L}_O = \vec{OP} \wedge \vec{p}$$

Torque/ moment of a force

$$\vec{M}_O = \vec{OP} \wedge \vec{F}$$

Theory of angular momentum

$$\sum \vec{M}_O = \frac{d\vec{L}_O}{dt}$$

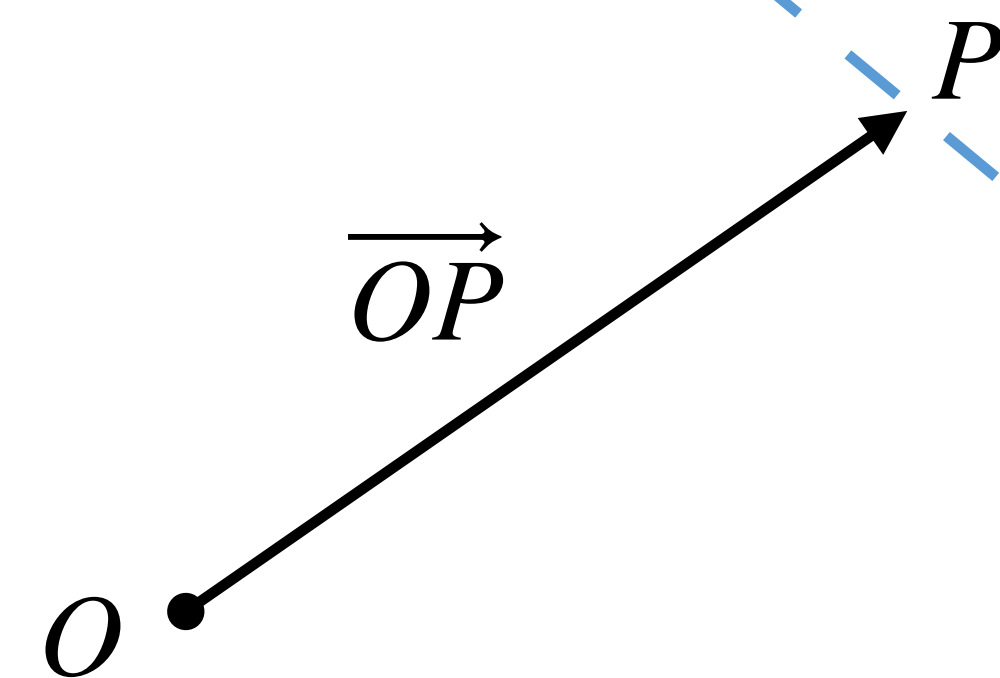


# QUIZ: ANGULAR MOMENTUM I



Consider an object moving along a straight line with constant speed. Which statements about the angular momentum  $\vec{L}_O$  are true?

- It's always zero because there's no rotation 0%
- It varies because the object is not subject to a central force 0%
- It depends on the position of  $O$  0%
- It is constant 0%

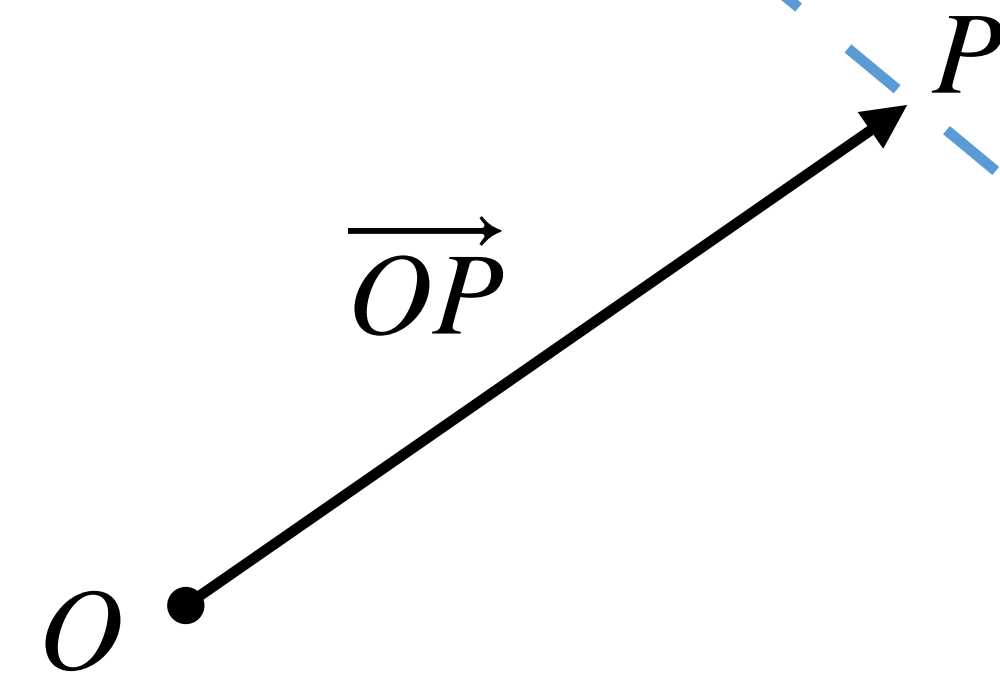


# QUIZ: ANGULAR MOMENTUM I



Consider an object moving along a straight line with constant speed. Which statements about the angular momentum  $\vec{L}_O$  are true?

- It's always zero because there's no rotation 0%
- It varies because the object is not subject to a central force 0%
- It depends on the position of  $O$  0%
- It is constant 0%



# QUIZ: ANGULAR MOMENTUM II



Consider an object moving in the (xy) plane which contains a point O. Let (Oz) be the axis perpendicular to the plane. Which statements are correct concerning the angular momentum of the object with respect to O,  $L_O$ ?

- $L_O$  is always collinear with (Oz) 0%
- $L_O$  is constant 0%
- If the motion is circular, then  $L_O$  is constant 0%

For  $L_O$  to be constant, the sum of the forces must be collinear with  $\vec{r}$

For  $L_O$  to be constant, it is sufficient that the component in the (x,y) plane of the sum of the forces points towards O, but there can be any component perpendicular to the plane 0%

$L_O$  can be constant even for non-circular motion 0%

If  $L_O$  is constant,  $|\vec{v}|$  is constant 0%

# QUIZ: ANGULAR MOMENTUM II



Consider an object moving in the (xy) plane which contains a point O. Let (Oz) be the axis perpendicular to the plane. Which statements are correct concerning the angular momentum of the object with respect to O,  $L_O$ ?

- $L_O$  is always collinear with (Oz) 0%
- $L_O$  is constant 0%
- If the motion is circular, then  $L_O$  is constant 0%

For  $L_O$  to be constant, the sum of the forces must be collinear with  $\vec{r}$

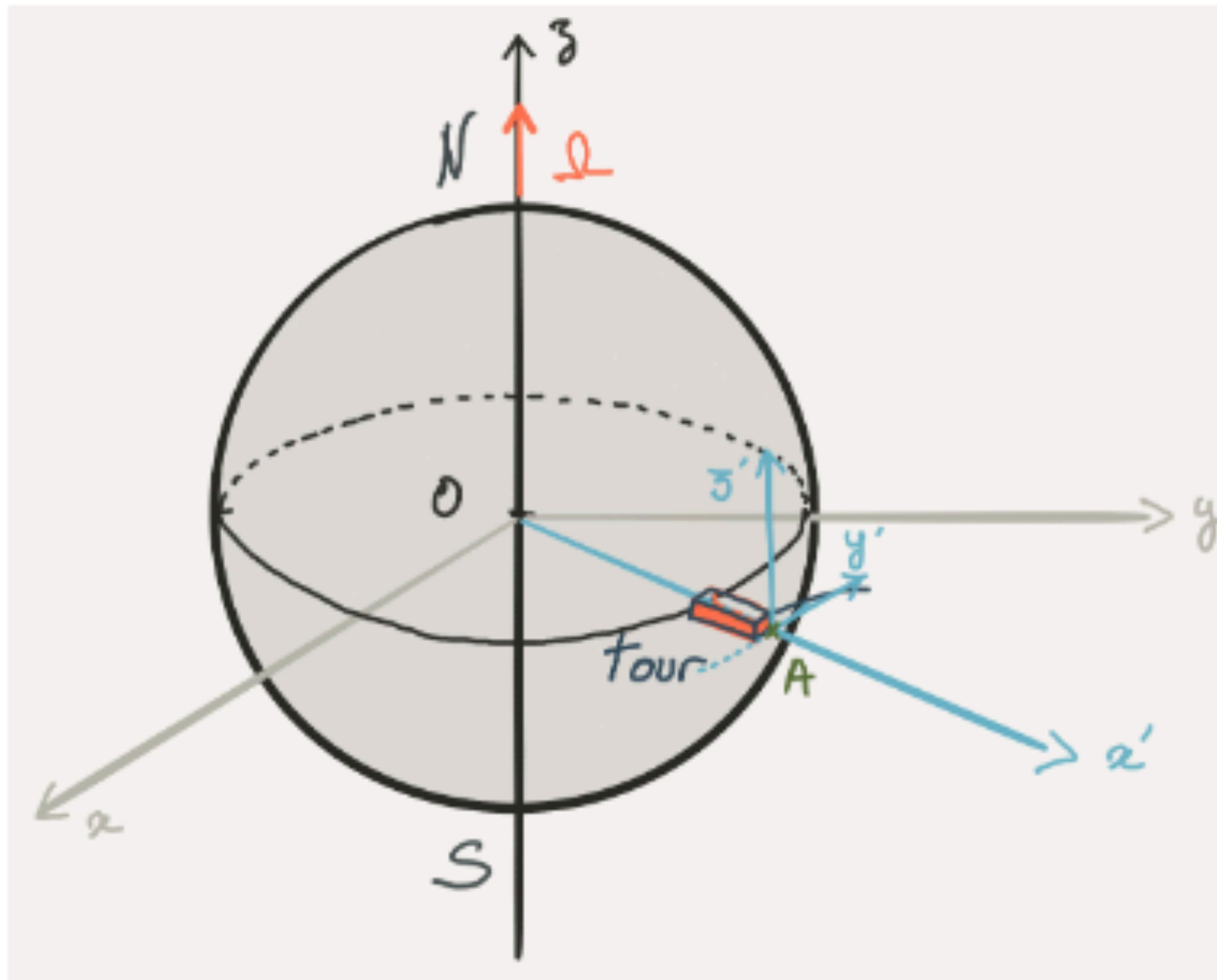
For  $L_O$  to be constant, it is sufficient that the component in the (x,y) plane of the sum of the forces points towards O, but there can be any component perpendicular to the plane 0%

$L_O$  can be constant even for non-circular motion 0%

If  $L_O$  is constant,  $|\vec{v}|$  is constant 0%

# REVISITING THE TOWER FROM CH4

We consider dropping a stone from a height  $h$  from a tower located at the equator. By how much and in which direction is the stone deflected?



"Intuitive" calculation in the Galilean reference frame  $\mathcal{R}$  using the fact that the top of the tower is moving faster than the ground due to the Earth's rotation

$$\vec{D} = \vec{D}_{\text{stone}} - \vec{D}_{\text{ground}} = h \Omega \sqrt{\frac{2h}{g}} \vec{e}_y$$

Calculation in the rotating reference frame  $\mathcal{R}'$  using the Coriolis force

$$\vec{D} = y'(t_f) \vec{e}_y = \frac{2}{3} \Omega h \sqrt{\frac{2h}{g_{\text{eff}}}} \vec{e}_y$$

# REVISITING THE TOWER: INTUITIVE CALCULATION

What went wrong?

We assume that the stone is given an initial constant velocity due to the Earth's rotation (along  $\vec{e}_y$ ):

$$\text{stone : } \vec{v}_i = (R + h) \Omega \vec{e}_y \quad (4.20)$$

$$\text{ground : } \vec{v}_s = R \Omega \vec{e}_y \quad (4.21)$$

$$t_{\text{fall}} = \sqrt{\frac{2h}{g}} \quad (4.22)$$

The displacement vectors (during the fall time)  $\vec{D}_{\text{stone}}$  and  $\vec{D}_{\text{ground}}$  are along  $\vec{e}_y$ :

$$\vec{D}_{\text{stone}} = \vec{v}_i t_{\text{fall}} = (R + h) \Omega \sqrt{\frac{2h}{g}} \vec{e}_y \quad (4.23)$$

$$\vec{D}_{\text{ground}} = \vec{v}_s t_{\text{fall}} = R \Omega \sqrt{\frac{2h}{g}} \vec{e}_y \quad (4.24)$$

The deviation is therefore given by:

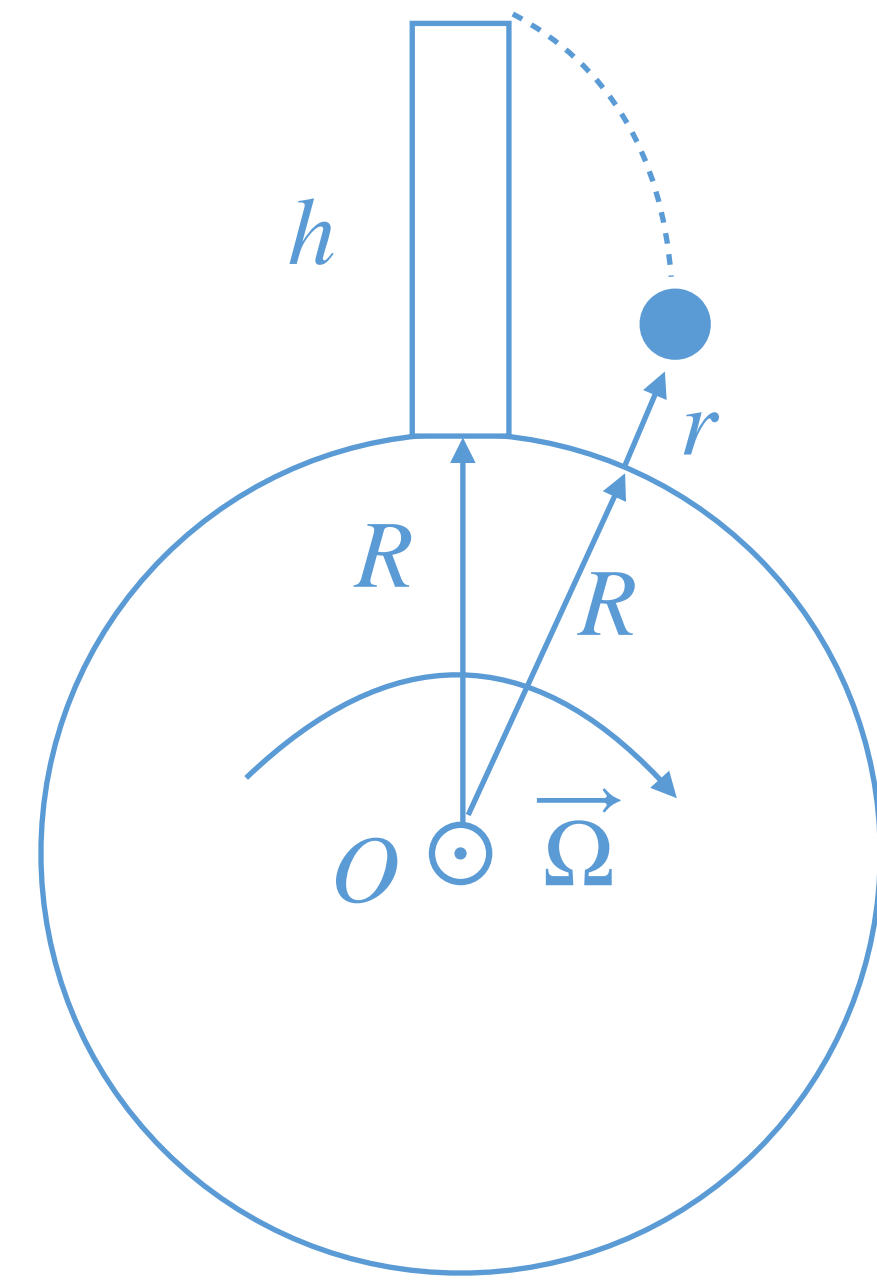
$$\vec{D} = \vec{D}_{\text{stone}} - \vec{D}_{\text{ground}} = h \Omega \sqrt{\frac{2h}{g}} \vec{e}_y \quad (4.25)$$

# REVISITING THE TOWER: ANGULAR MOMENTUM

Initial angular momentum  $\vec{L}_o^i = m(R + h)^2 \vec{\Omega} = m(R + h)^2 \Omega E \vec{e}_z$

Angular momentum as a function of height  $r$   $\vec{L}_o = m(R + r)^2 \omega(r) \vec{e}_z$

When the stone is dropped, it will only move under gravity which is a central force. Therefore angular **momentum is conserved**



# REVISITING THE TOWER: ANGULAR MOMENTUM

Initial angular momentum  $\vec{L}_o^i = m(R + h)^2 \vec{\Omega} = m(R + h)^2 \Omega \vec{e}_z$

Angular momentum as a function of height  $r$   $\vec{L}_o = m(R + r)^2 \omega(r) \vec{e}_z$

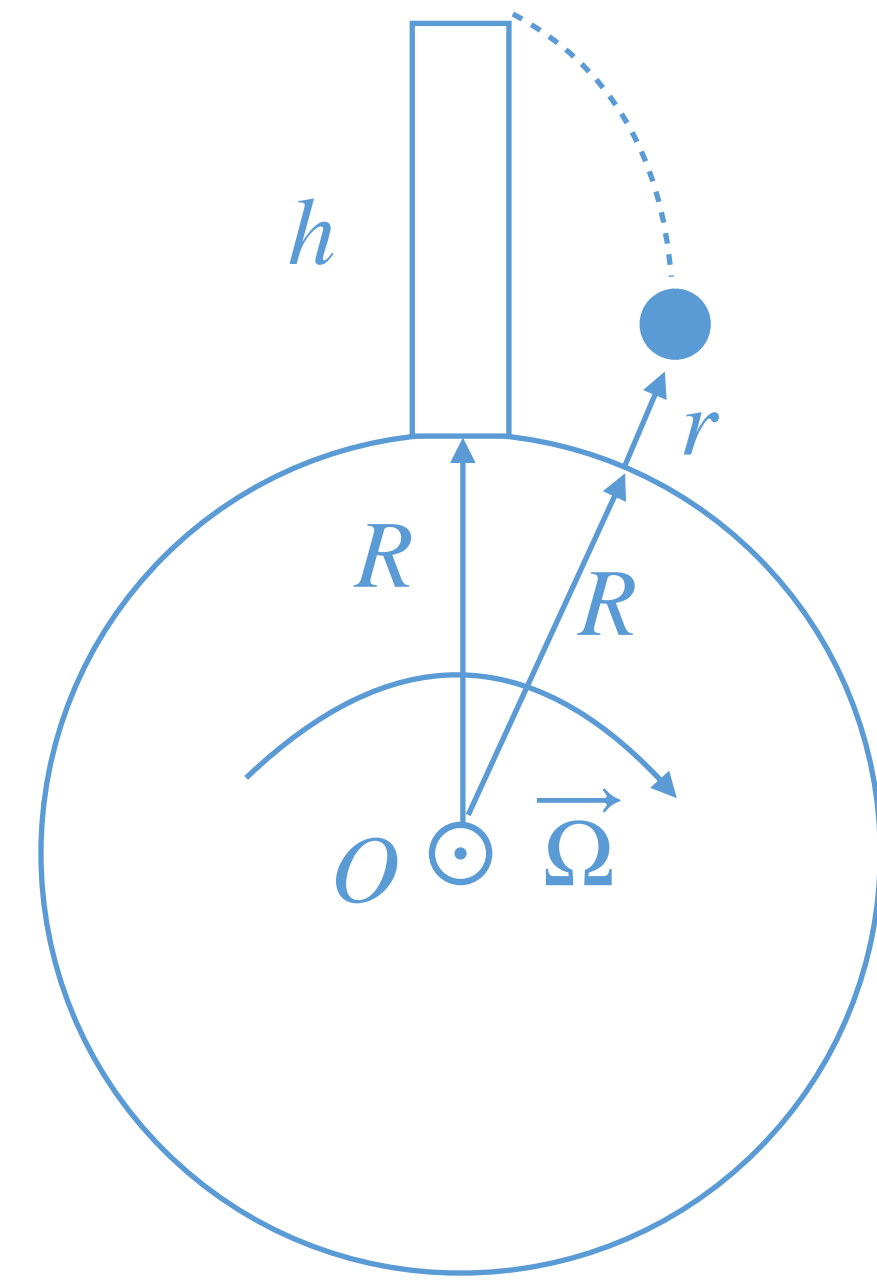
When the stone is dropped, it will only move under gravity which is a central force. Therefore angular **momentum is conserved**

$$m(R + r)^2 \omega(r) \vec{e}_z = m(R + h)^2 \Omega \vec{e}_z$$

$$\omega(r) = \frac{(R + h)^2}{(R + r)^2} \Omega = \frac{(1 + h/R)^2}{(1 + r/R)^2} \Omega$$

Function	Truncated Taylor series
$(1 + x)^n$	$1 + nx$
$1/(1 + x)^n$	$1 - nx$

$$\omega(r) \approx (1 + 2h/R)(1 - 2r/R)\Omega \approx \Omega \left( 1 + \frac{2}{R}(h - r) \right)$$



# REVISITING THE TOWER: ANGULAR MOMENTUM

Initial angular momentum  $\vec{L}_o^i = m(R + h)^2 \vec{\Omega} = m(R + h)^2 \Omega E \vec{e}_z$

Angular momentum as a function of height  $r$   $\vec{L}_o = m(R + r)^2 \omega(r) \vec{e}_z$

When the stone is dropped, it will only move under gravity which is a central force. Therefore angular **momentum is conserved**

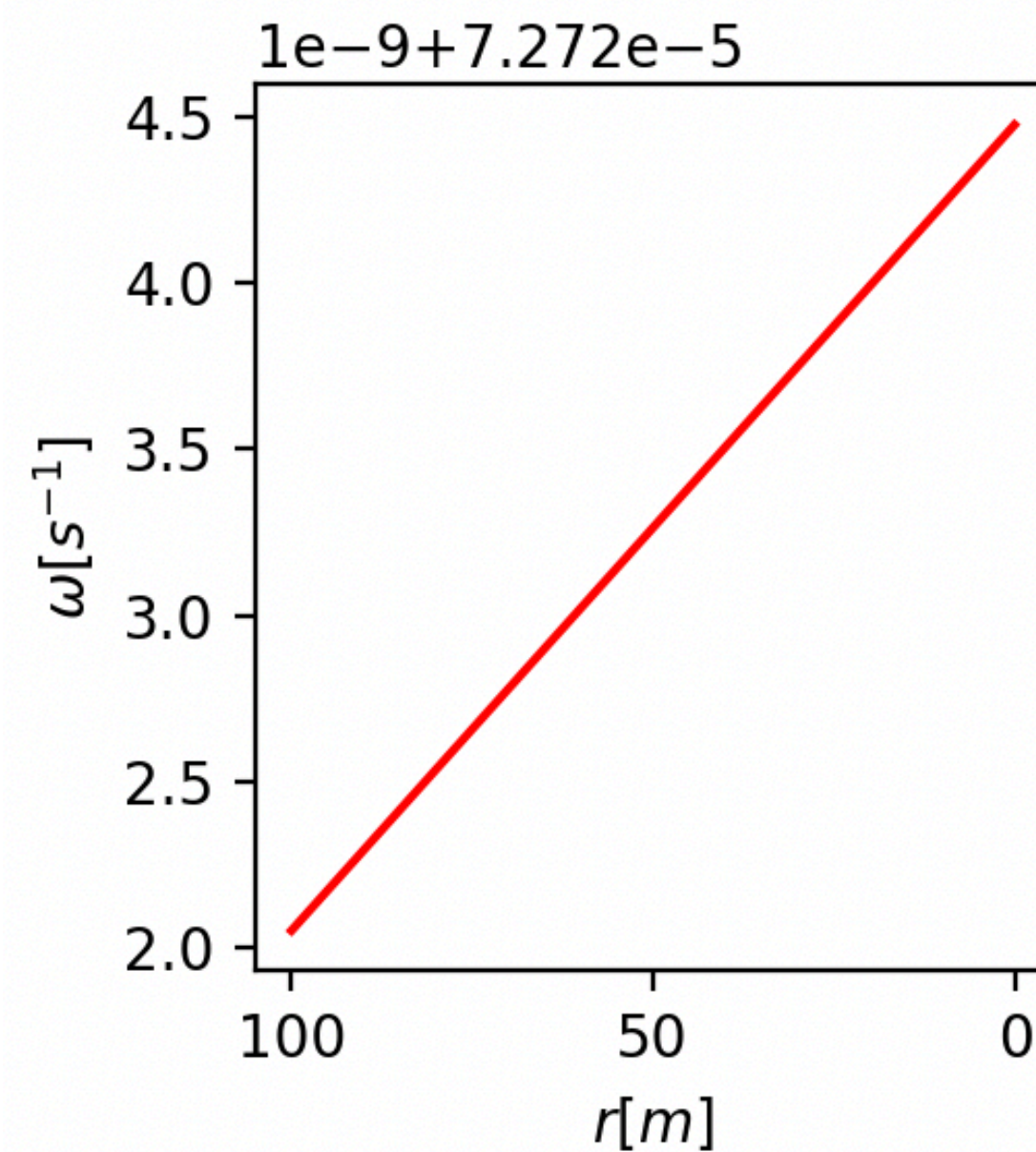
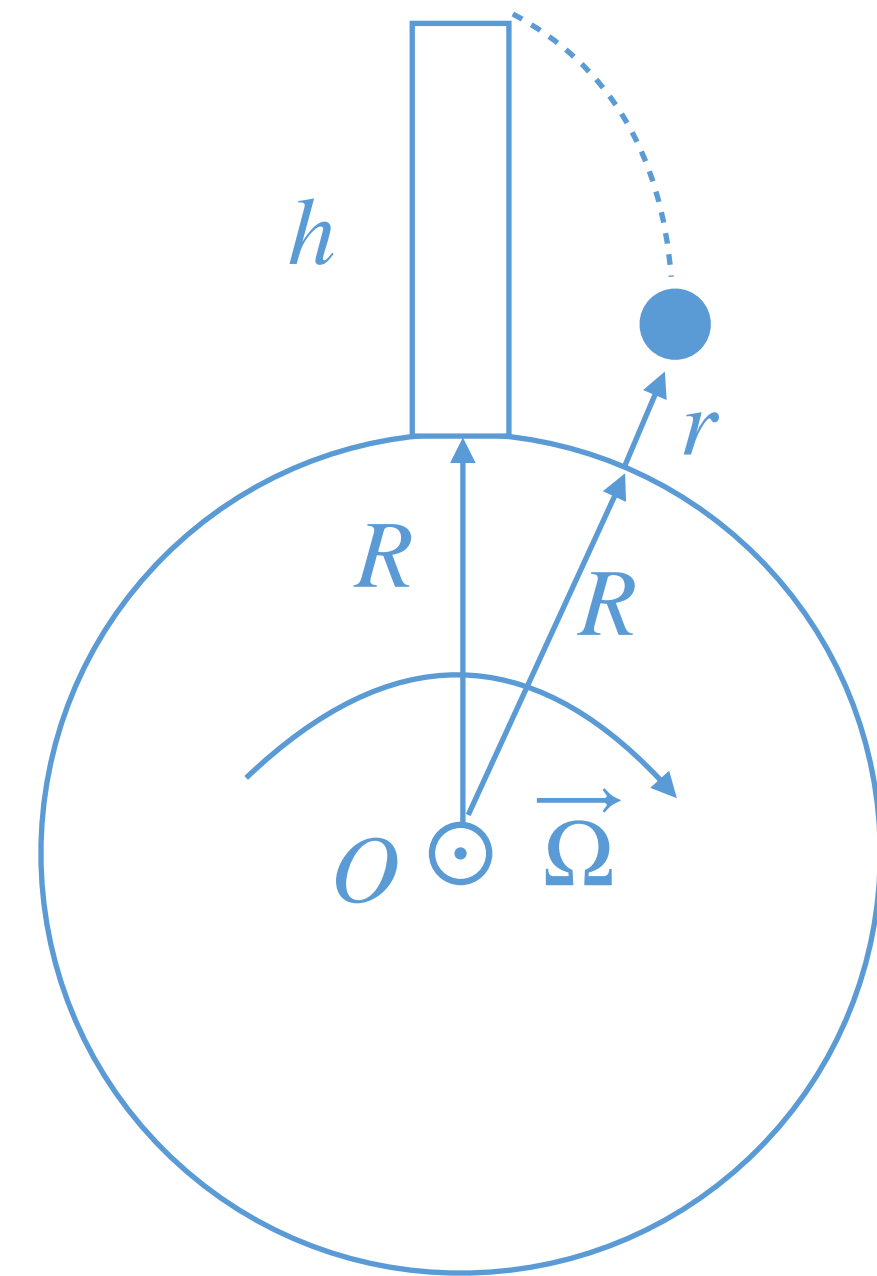
$$m(R + r)^2 \omega(r) \vec{e}_z = m(R + h)^2 \Omega \vec{e}_z$$

$$\omega(r) = \frac{(R + h)^2}{(R + r)^2} \Omega = \frac{(1 + h/R)^2}{(1 + r/R)^2} \Omega$$

Function	Truncated Taylor series
$(1 + x)^n$	$1 + nx$
$1/(1 + x)^n$	$1 - nx$

$$\omega(r) \approx (1 + 2h/R)(1 - 2r/R)\Omega \approx \Omega \left( 1 + \frac{2}{R}(h - r) \right)$$

Angular velocity increases as the stone falls



# REVISITING THE TOWER: ANGULAR MOMENTUM

Initial angular momentum  $\vec{L}_o^i = m(R + h)^2 \vec{\Omega} = m(R + h)^2 \Omega E \vec{e}_z$

Angular momentum as a function of height  $r$   $\vec{L}_o = m(R + r)^2 \omega(r) \vec{e}_z$

When the stone is dropped, it will only move under gravity which is a central force. Therefore angular **momentum is conserved**

$$m(R + r)^2 \omega(r) \vec{e}_z = m(R + h)^2 \Omega \vec{e}_z$$

$$\omega(r) = \frac{(R + h)^2}{(R + r)^2} \Omega = \frac{(1 + h/R)^2}{(1 + r/R)^2} \Omega$$

Function	Truncated Taylor series
$(1 + x)^n$	$1 + nx$
$1/(1 + x)^n$	$1 - nx$

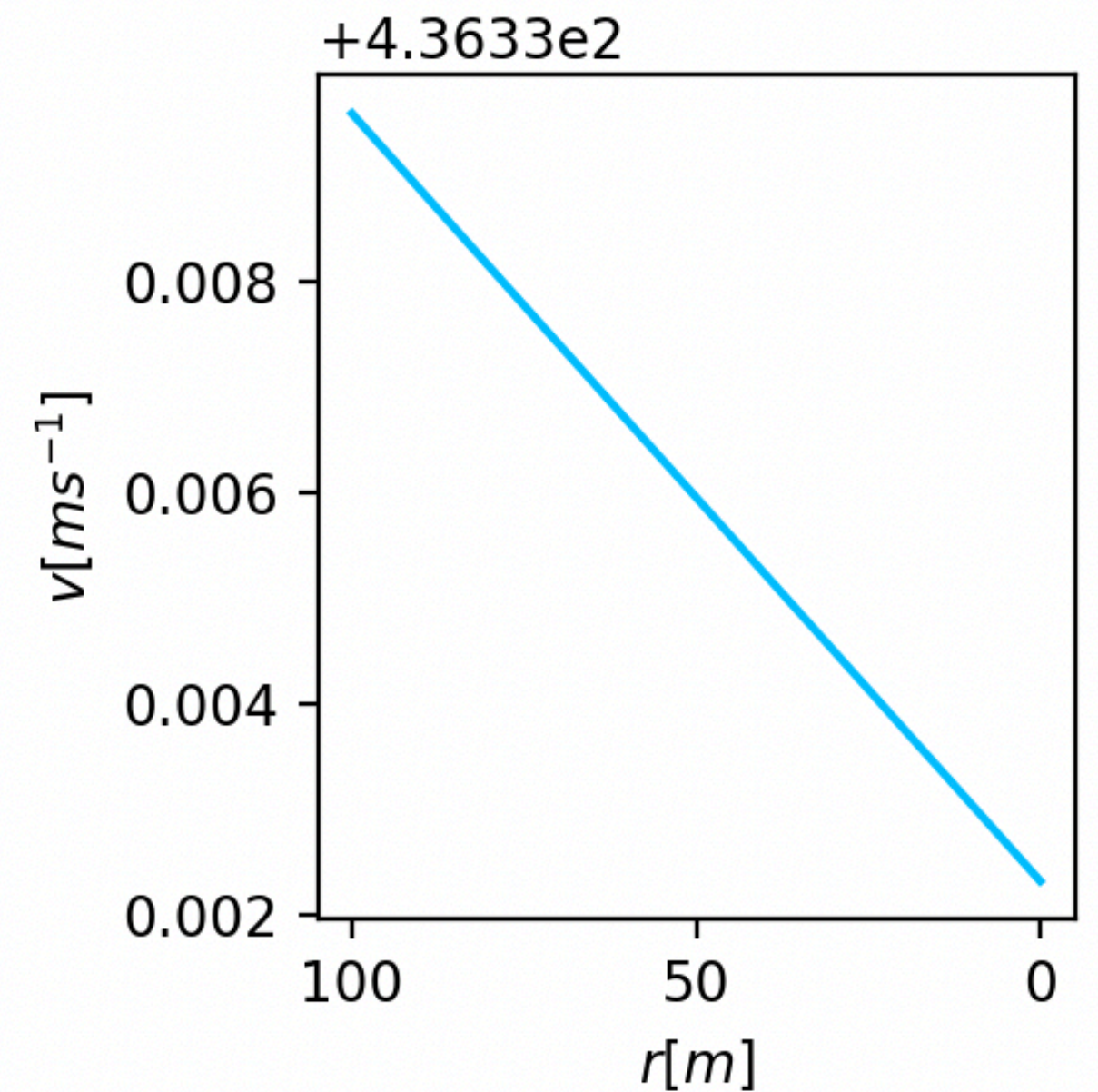
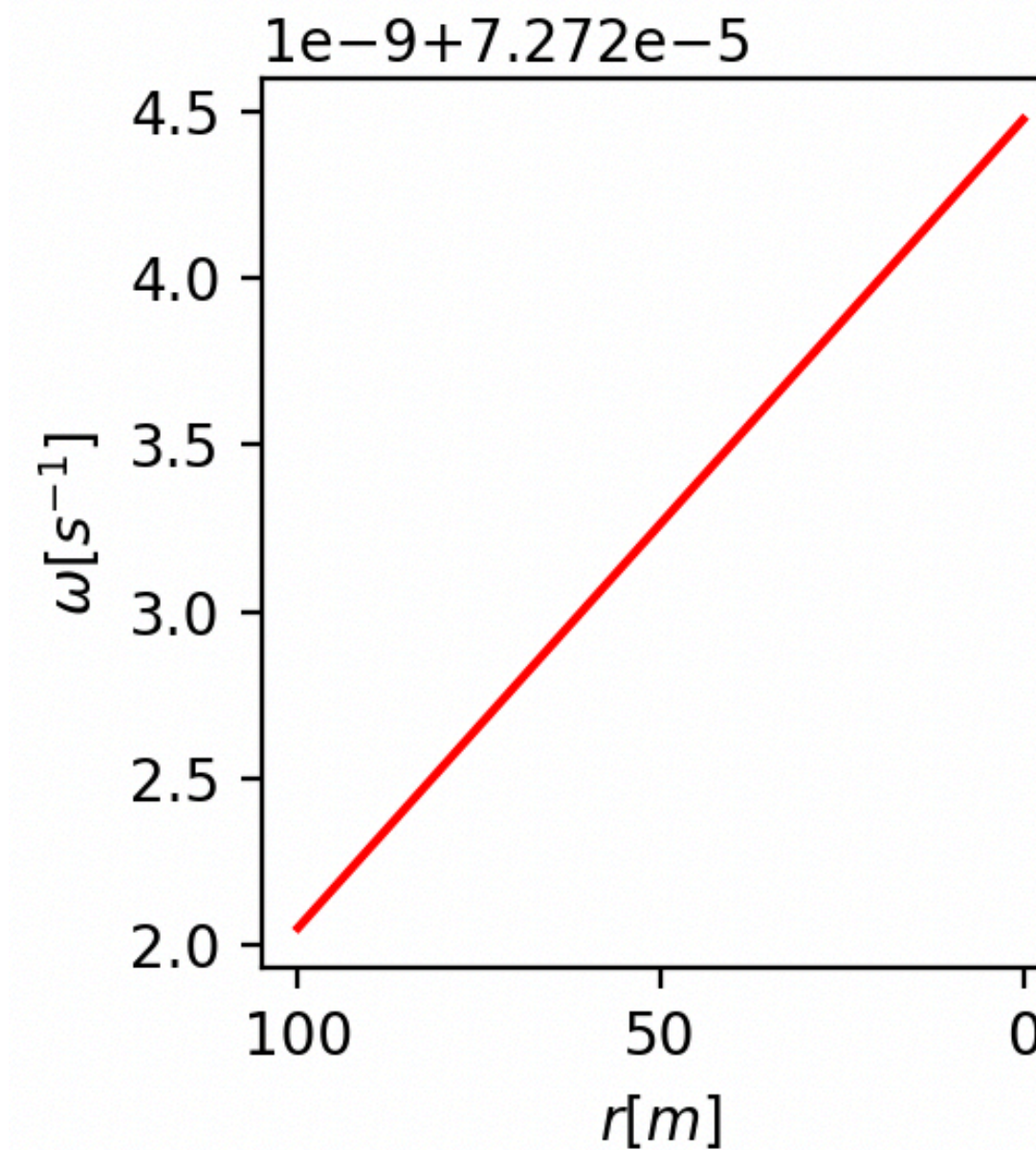
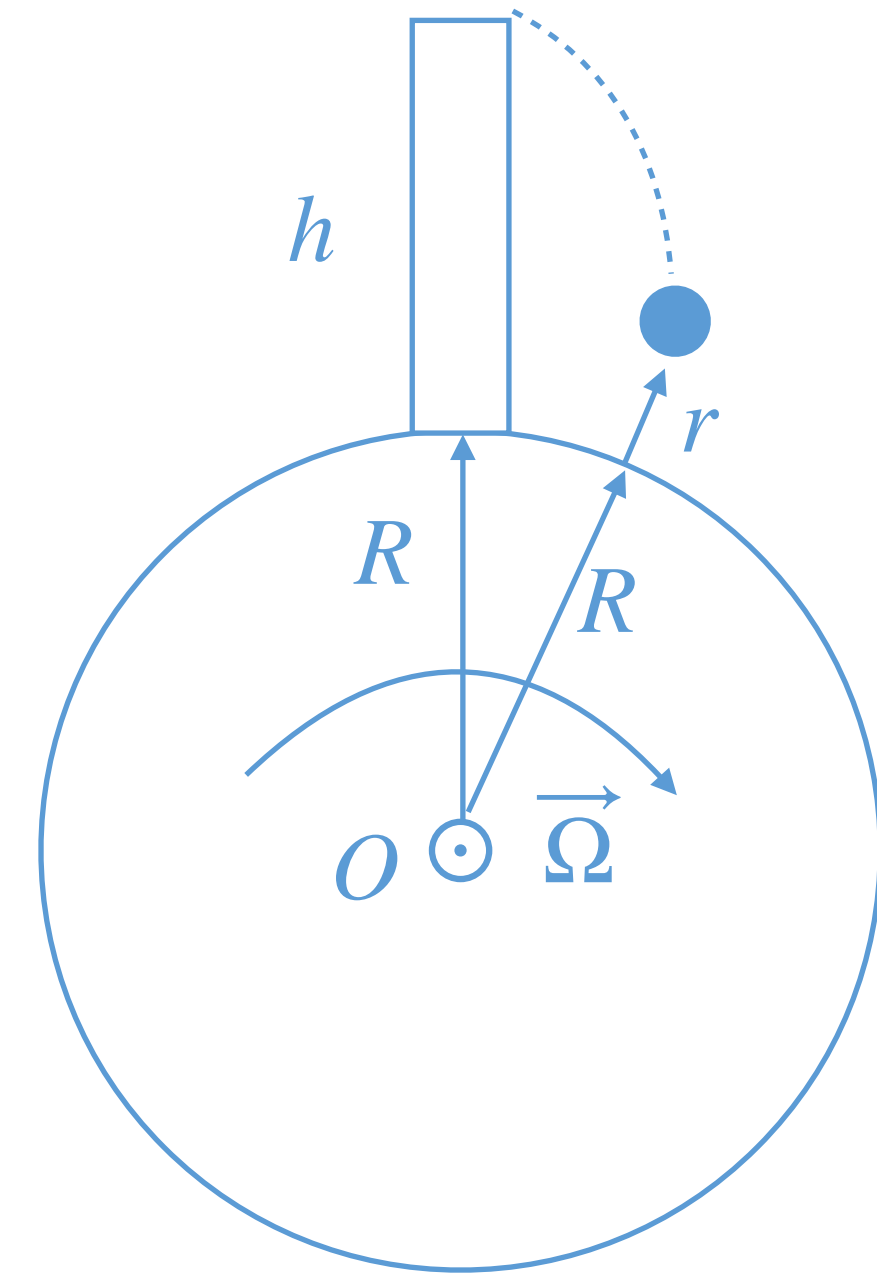
$$\omega(r) \approx (1 + 2h/R)(1 - 2r/R)\Omega \approx \Omega \left( 1 + \frac{2}{R}(h - r) \right)$$

Angular velocity increases as the stone falls

$$v(r) = (R + r)\omega(r) = (R + r)\Omega \left( 1 + \frac{2}{R}(h - r) \right)$$

$$v(r) = \Omega \left( R - r + 2h + 2rh/R - 2r^2/R \right)$$

Horizontal velocity decreases as the stone falls



# REVISITING THE TOWER: ANGULAR MOMENTUM

Initial angular momentum  $\vec{L}_o^i = m(R + h)^2 \vec{\Omega} = m(R + h)^2 \Omega E \vec{e}_z$

Angular momentum as a function of height  $r$   $\vec{L}_o = m(R + r)^2 \omega(r) \vec{e}_z$

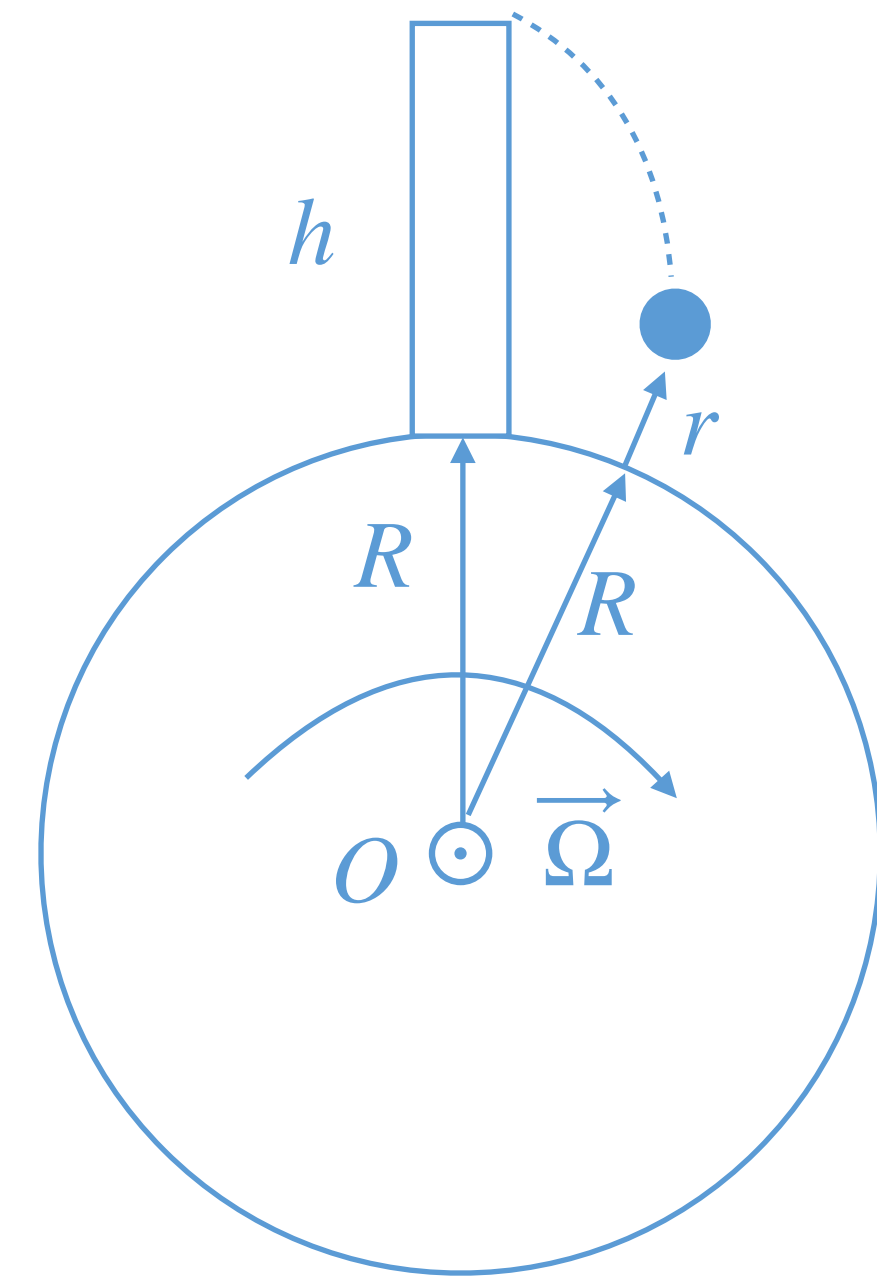
When the stone is dropped, it will only move under gravity which is a central force. Therefore angular **momentum is conserved**

$$m(R + r)^2 \omega(r) \vec{e}_z = m(R + h)^2 \Omega \vec{e}_z$$

$$\omega(r) = \frac{(R + h)^2}{(R + r)^2} \Omega = \frac{(1 + h/R)^2}{(1 + r/R)^2} \Omega$$

Function	Truncated Taylor series
$(1 + x)^n$	$1 + nx$
$1/(1 + x)^n$	$1 - nx$

$$\omega(r) \approx (1 + 2h/R)(1 - 2r/R)\Omega \approx \Omega \left( 1 + \frac{2}{R}(h - r) \right)$$



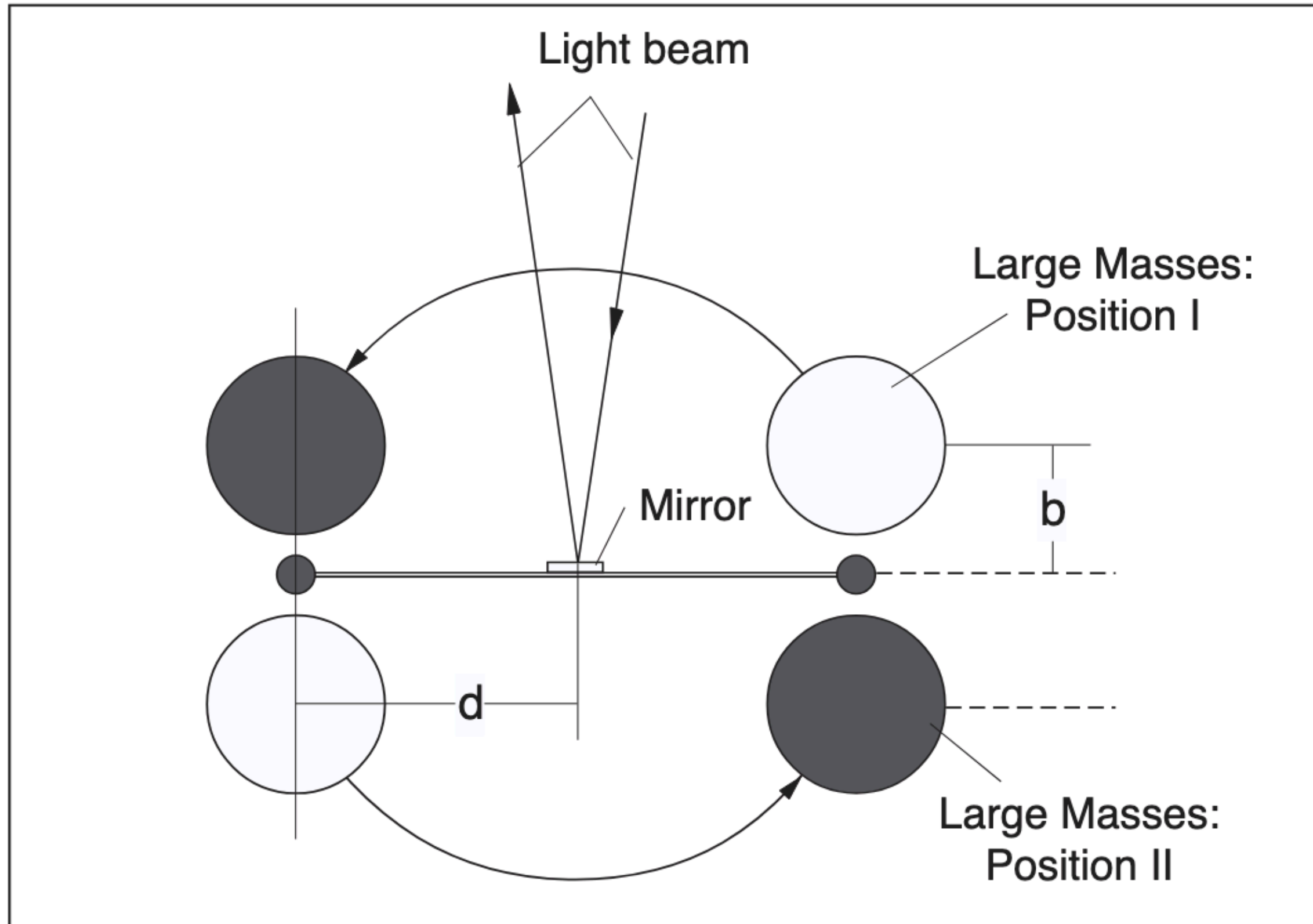
**Bonus exercise:** calculate the displacement of the stone from the base of the tower, using conservation of angular momentum

**Hint:** from ballistics  $t_f = \sqrt{\frac{2h}{g}}$   $r(t) = h - \frac{1}{2}gt^2$

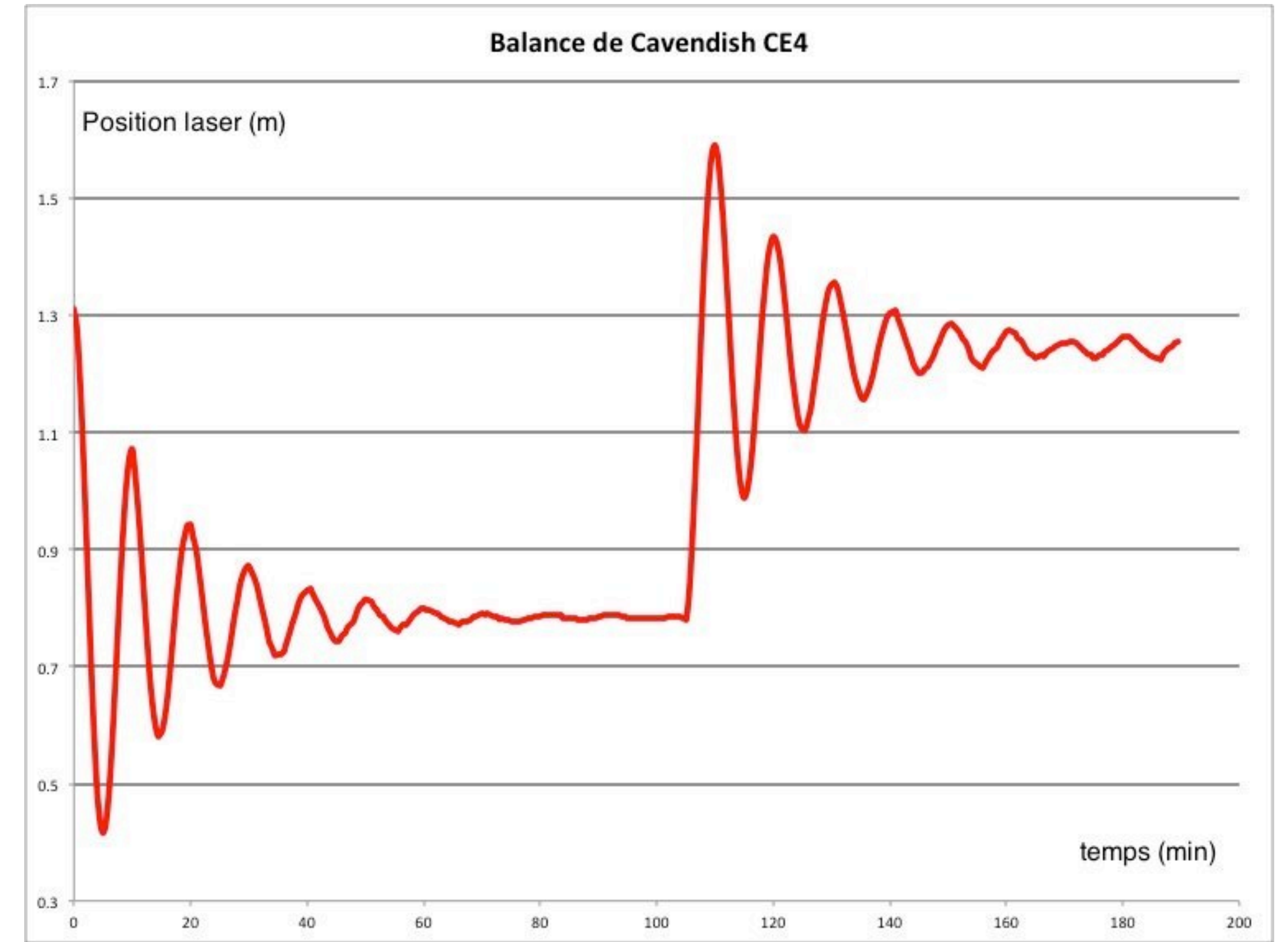
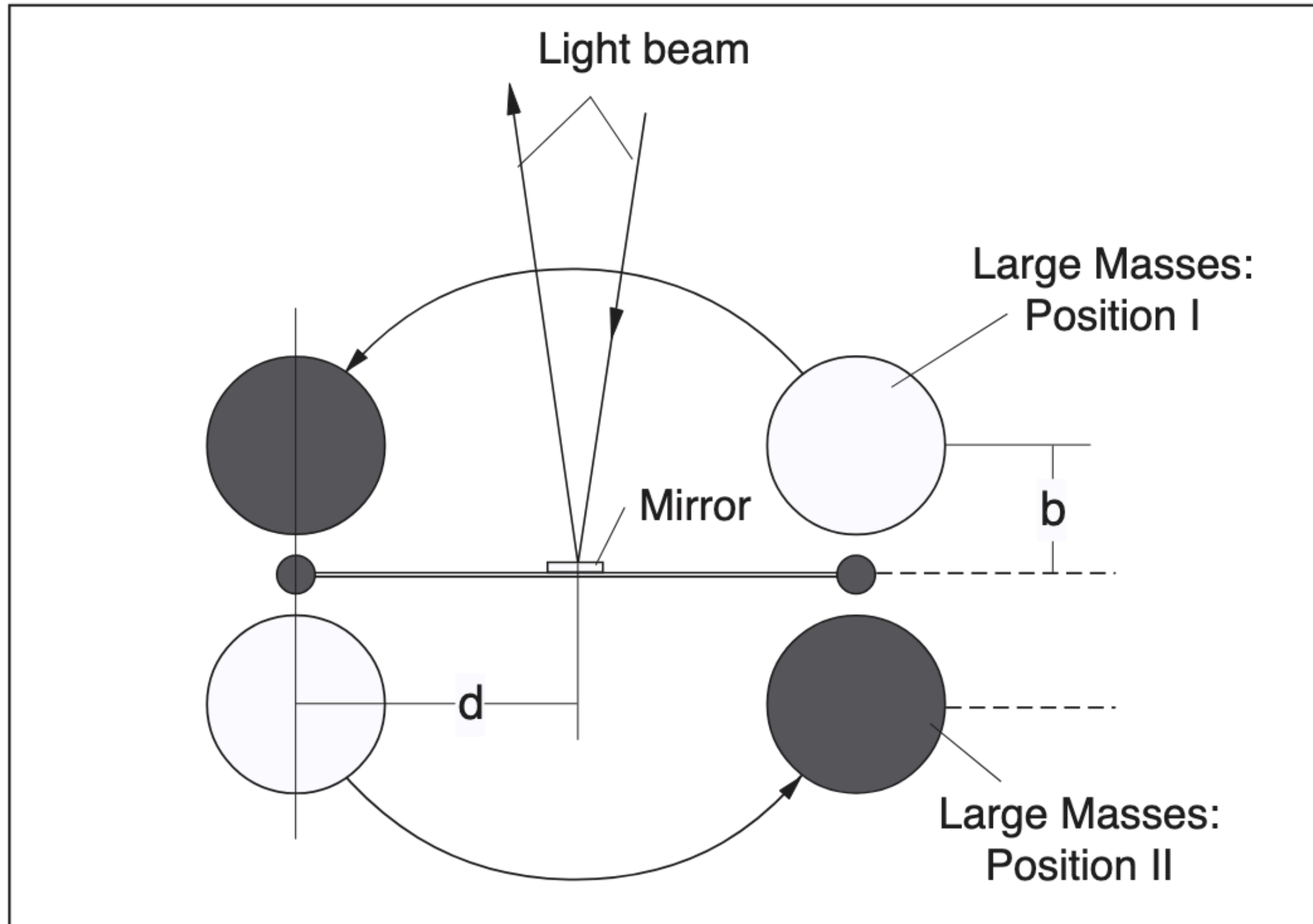
# GRAVITATIONAL FORCE

$$\vec{F}_G = -\frac{GMm}{r^2}\vec{e}_r$$

# CAVENDISH BALANCE



# CAVENDISH BALANCE



# GRAVITATIONAL POTENTIAL ENERGY

$$E_P^G = -\frac{GMm}{r}$$

The diagram shows the equation for the mechanical energy of a particle in a central potential,  $E_m = \frac{1}{2}m\dot{r}^2 + \frac{L_O^2}{2mr^2} - \frac{GMm}{r}$ . The terms are annotated with curves and text:

- An orange curve above the first two terms is labeled "kinetic energy".
- An orange curve below the first two terms is labeled "Only part of the kinetic energy".
- A blue curve above the last two terms is labeled "gravitational potential energy".
- A blue curve below the last two terms is labeled "Effective gravitational potential energy".

$$E_m = \frac{1}{2}m\dot{r}^2 + \frac{L_O^2}{2mr^2} - \frac{GMm}{r}$$

<https://www.physicswithelliot.com/effective-potential-orbits>

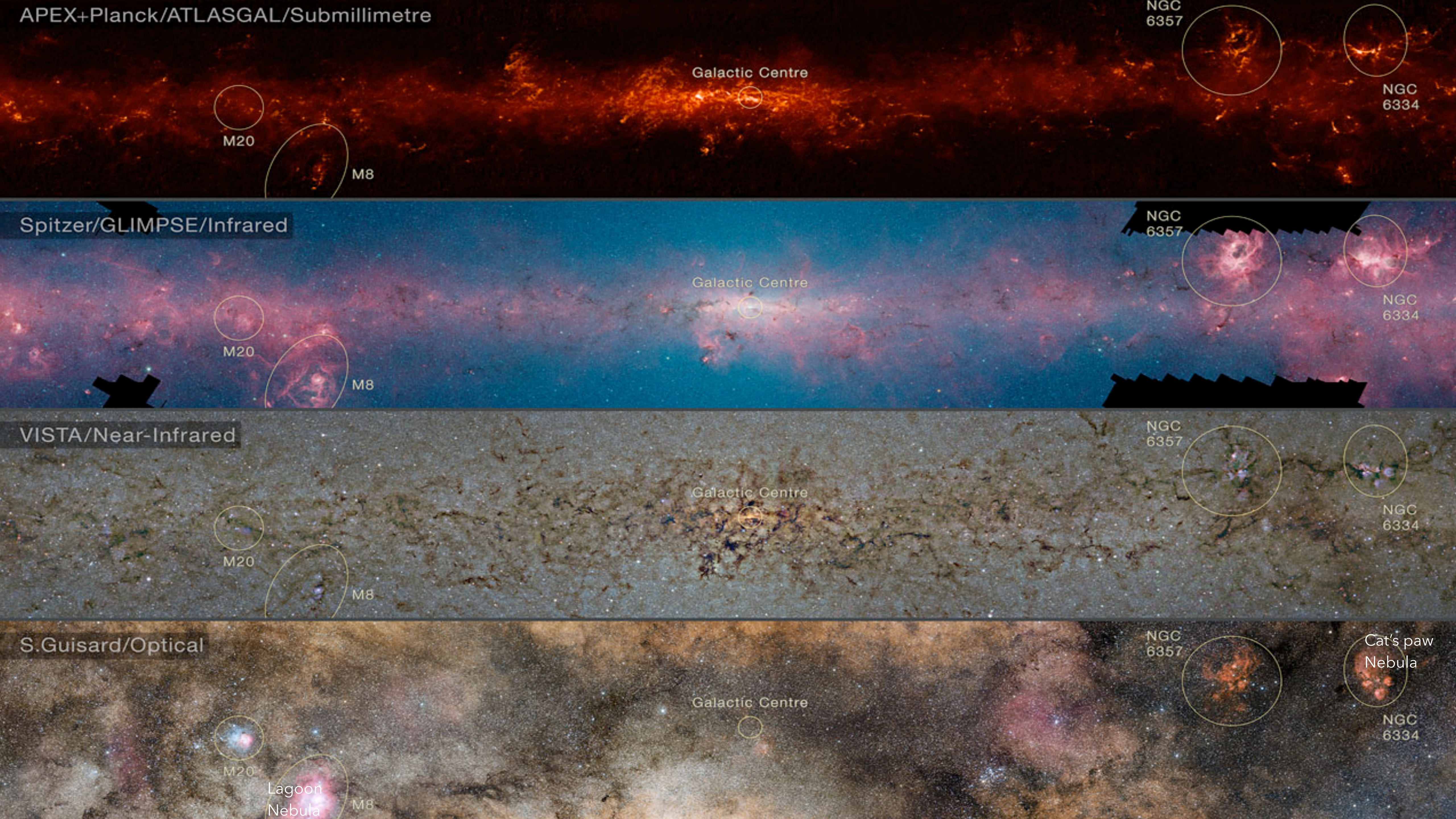


Lagoon Nebula →

Cat's paw Nebula →

Galactic  
Center

↑  
Antares



APEX+Planck/ATLASGAL/Submillimetre

Spitzer/GLIMPSE/Infrared

VISTA/Near-Infrared

S. Guisard/Optical

Galactic Centre

Galactic Centre

Galactic Centre

Galactic Centre

M20

M20

M20

M20

M8

M8

M8

M8

Lagoon Nebula

NGC 6357

NGC 6357

NGC 6357

NGC 6357

NGC 6334

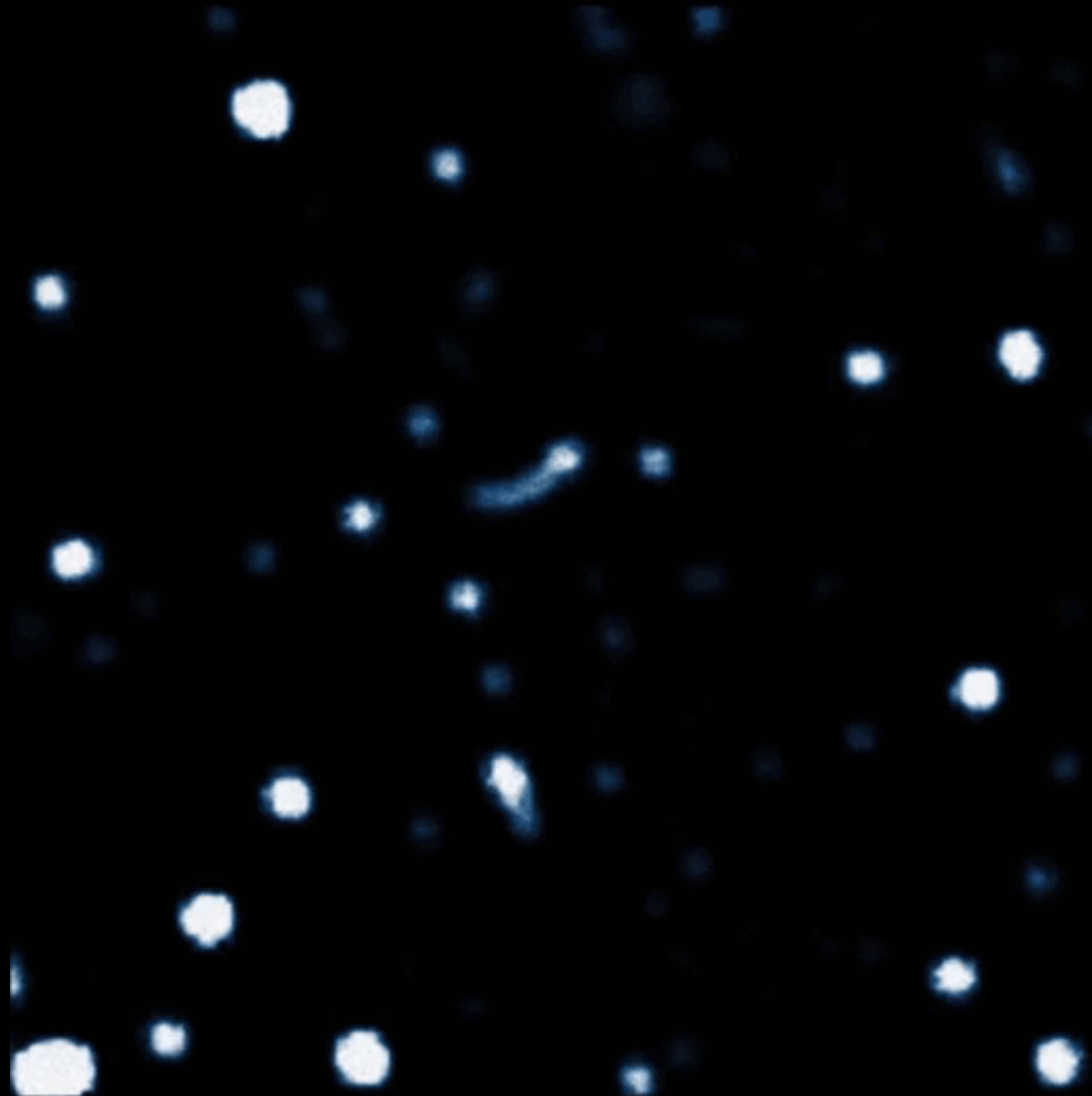
NGC 6334

NGC 6334

NGC 6334

Cat's paw Nebula

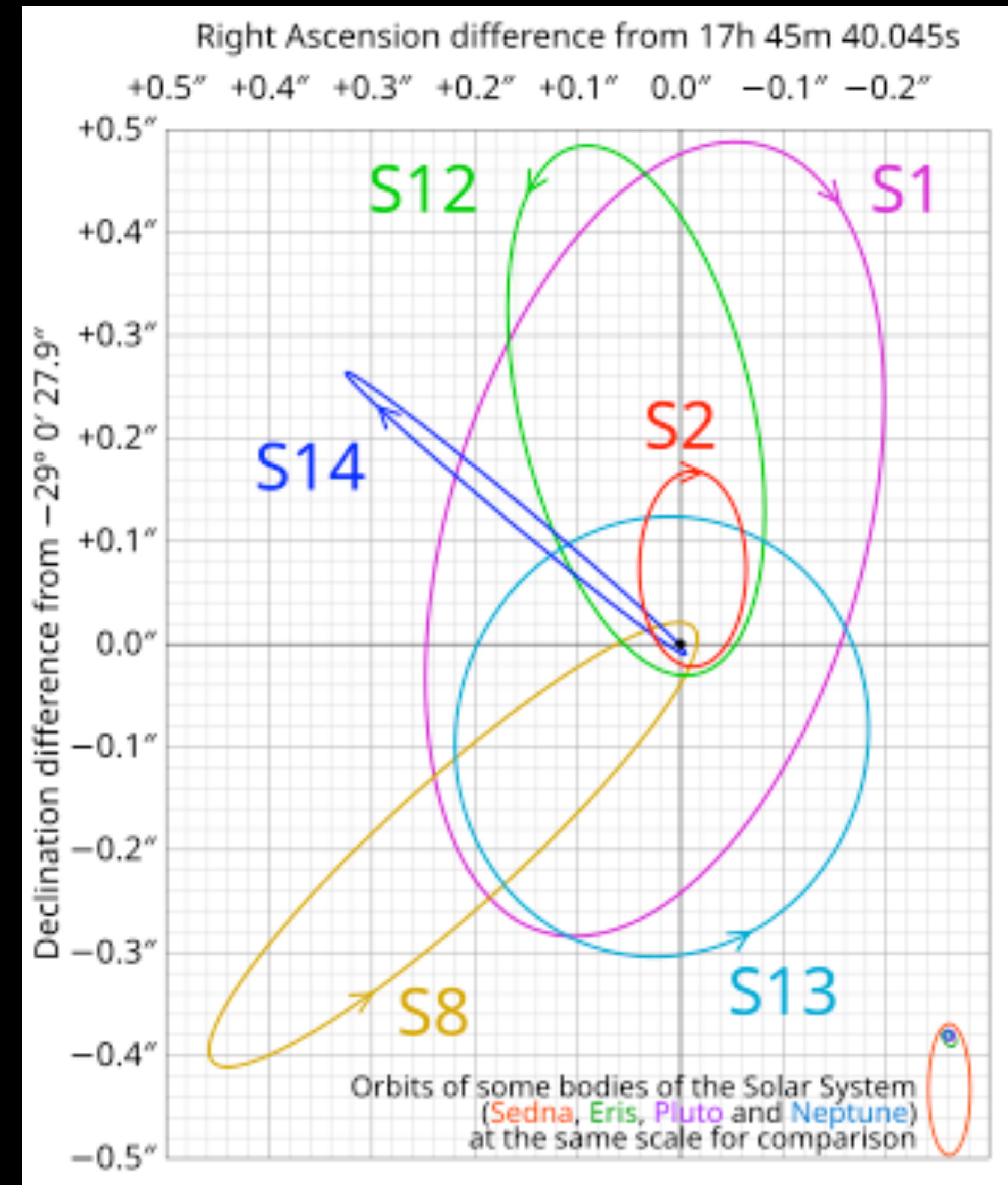
Model of stellar orbits:  
[https://www.youtube.com/  
watch?v=AZhUQl-wmq0](https://www.youtube.com/watch?v=AZhUQl-wmq0)



Want to find  $M$  in terms of  $T$ ,  $v$ , and  $G$

$$\left. \begin{aligned} F_G &= \frac{GMm}{r^2} \\ a_n &= \frac{v^2}{r} \end{aligned} \right\} F_G = ma_n$$

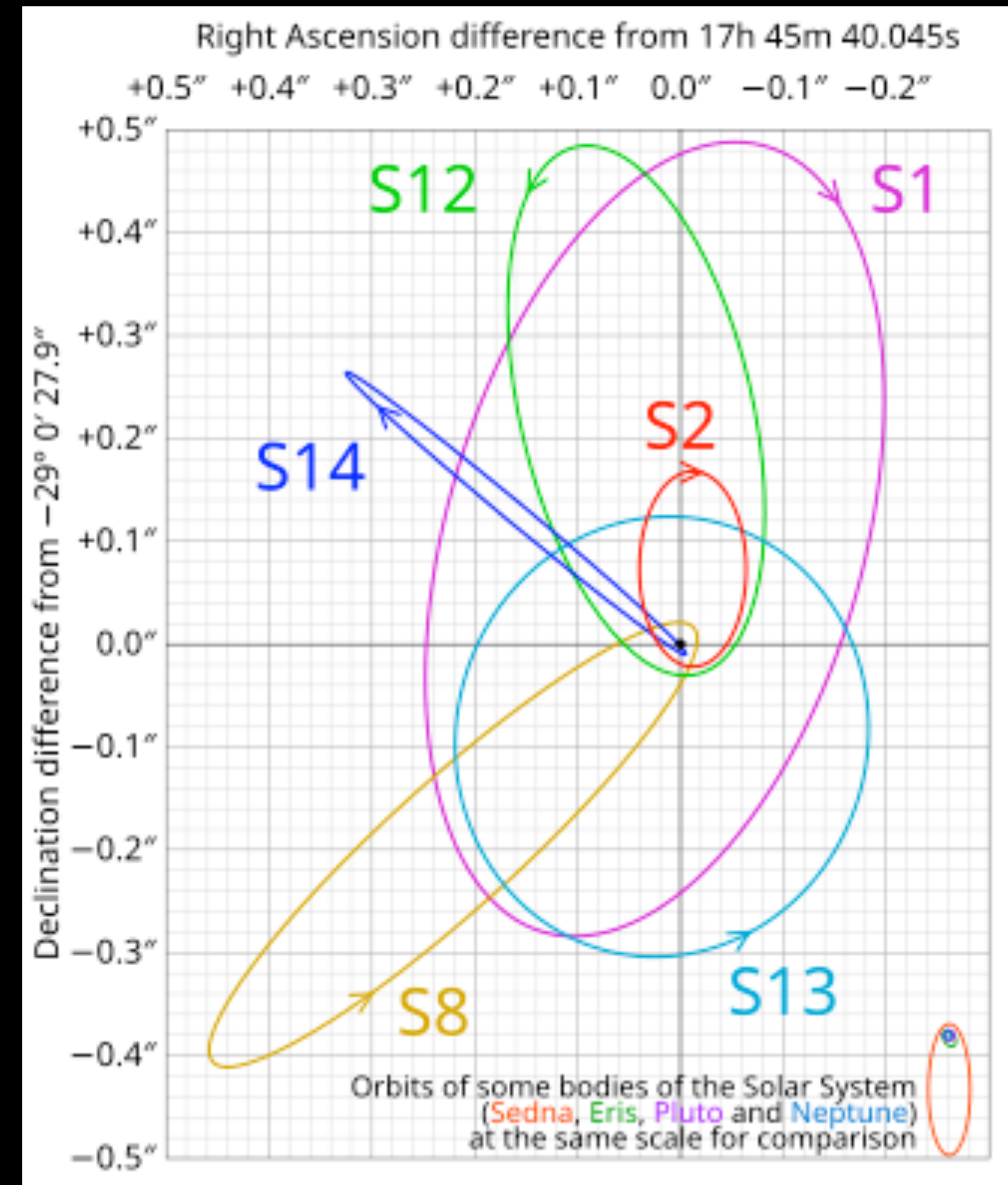
Model of stellar orbits:  
<https://www.youtube.com/watch?v=AZhUQl-wmq0>



Want to find  $M$  in terms of  $T$ ,  $v$ , and  $G$

$$\left. \begin{aligned} F_G &= \frac{GMm}{r^2} \\ a_n &= \frac{v^2}{r} \end{aligned} \right\} \begin{aligned} F_G &= ma_n \implies \frac{GM}{r} = v^2 \\ &\implies M = \frac{rv^2}{G} \end{aligned}$$

Model of stellar orbits:  
<https://www.youtube.com/watch?v=AZhUQl-wmq0>

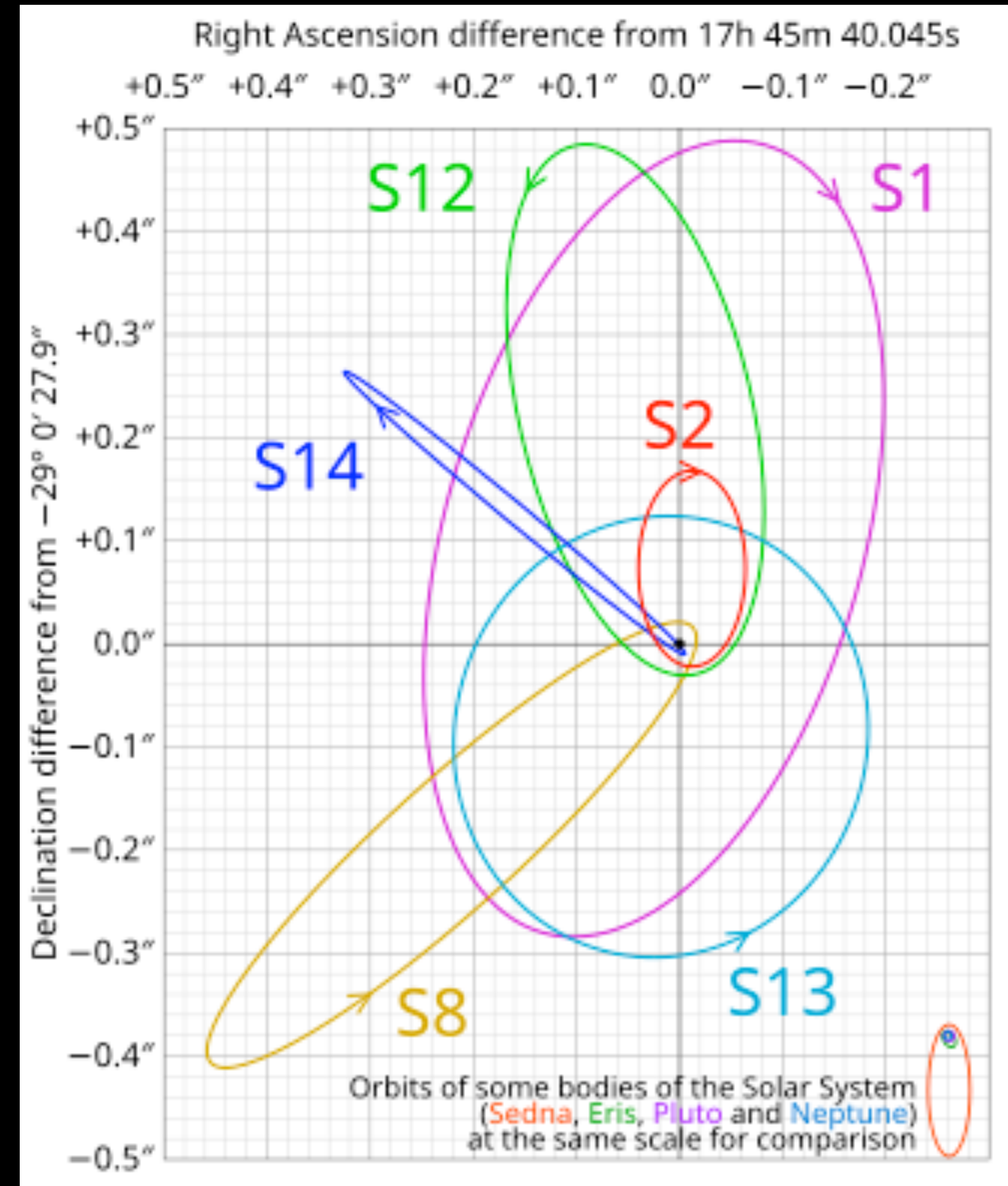


Want to find  $M$  in terms of  $T$ ,  $v$ , and  $G$

Model of stellar orbits:  
<https://www.youtube.com/watch?v=AZhUQl-wmq0>

$$\left. \begin{aligned} F_G &= \frac{GMm}{r^2} \\ a_n &= \frac{v^2}{r} \end{aligned} \right\} \begin{aligned} F_G &= ma_n \implies \frac{GM}{r} = v^2 \\ &\implies M = \frac{rv^2}{G} \end{aligned}$$

$$v = r\omega = r \frac{2\pi}{T} \implies r = \frac{Tv}{2\pi}$$



Want to find  $M$  in terms of  $T$ ,  $v$ , and  $G$

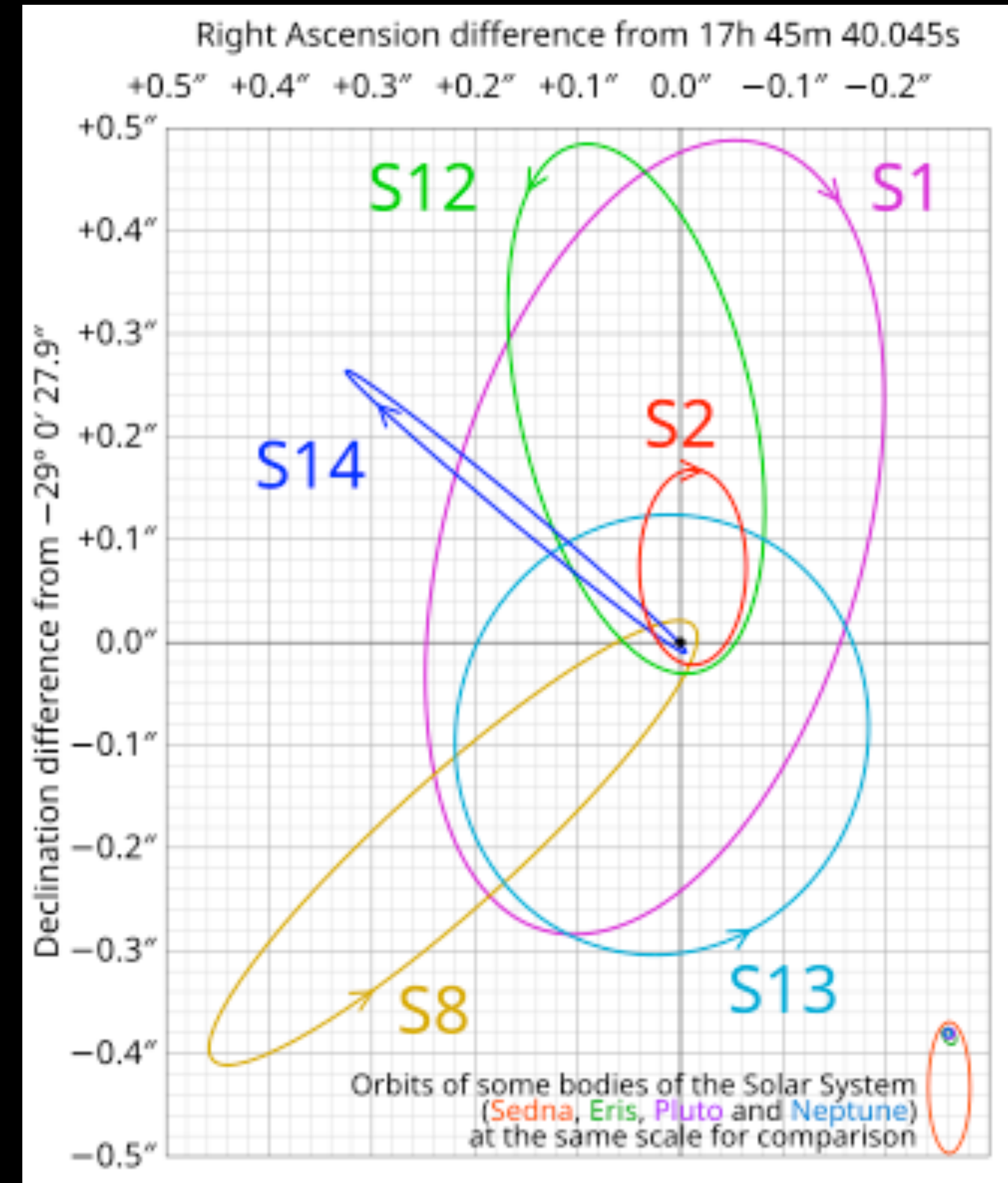
Model of stellar orbits:  
<https://www.youtube.com/watch?v=AZhUQl-wmq0>

$$\left. \begin{aligned} F_G &= \frac{GMm}{r^2} \\ a_n &= \frac{v^2}{r} \end{aligned} \right\} F_G = ma_n \implies \frac{GM}{r} = v^2$$

$$\implies M = \frac{rv^2}{G}$$

$$v = r\omega = r \frac{2\pi}{T} \implies r = \frac{Tv}{2\pi}$$

$$\implies M = \frac{v^2}{G} \frac{Tv}{2\pi} = \boxed{\frac{v^3 T}{2\pi G}}$$



Want to find  $M$  in terms of  $T$ ,  $v$ , and  $G$

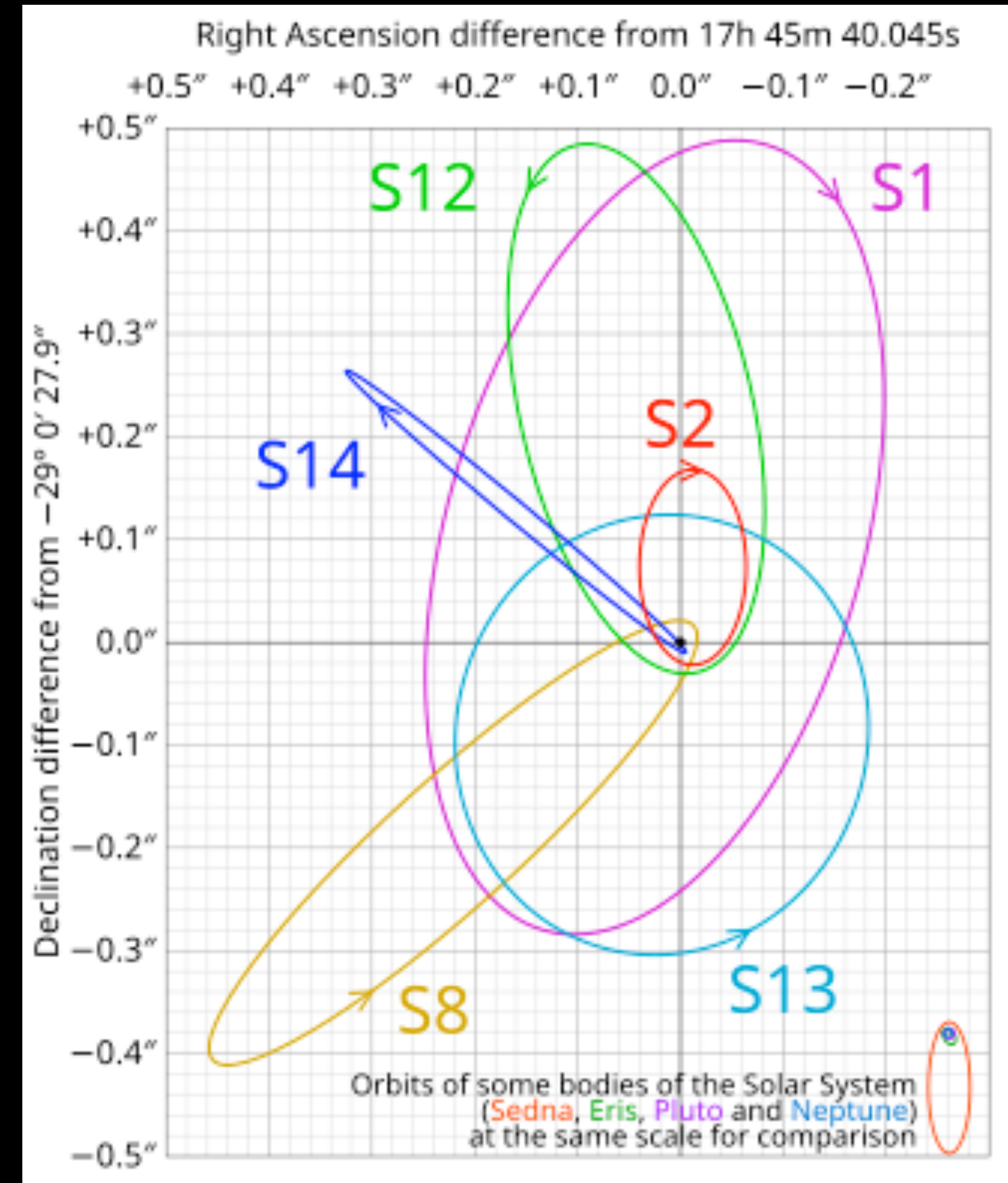
Model of stellar orbits:  
<https://www.youtube.com/watch?v=AZhUQl-wmq0>

$$\left. \begin{aligned} F_G &= \frac{GMm}{r^2} \\ a_n &= \frac{v^2}{r} \end{aligned} \right\} F_G = ma_n \implies \frac{GM}{r} = v^2$$

$$\implies M = \frac{rv^2}{G}$$

$$v = r\omega = r \frac{2\pi}{T} \implies r = \frac{Tv}{2\pi}$$

$$\implies M = \frac{v^2}{G} \frac{Tv}{2\pi} = \boxed{\frac{v^3 T}{2\pi G}}$$



Want to find  $M$  in terms of  $T$ ,  $v$ , and  $G$

Model of stellar orbits:  
<https://www.youtube.com/watch?v=AZhUQl-wmq0>

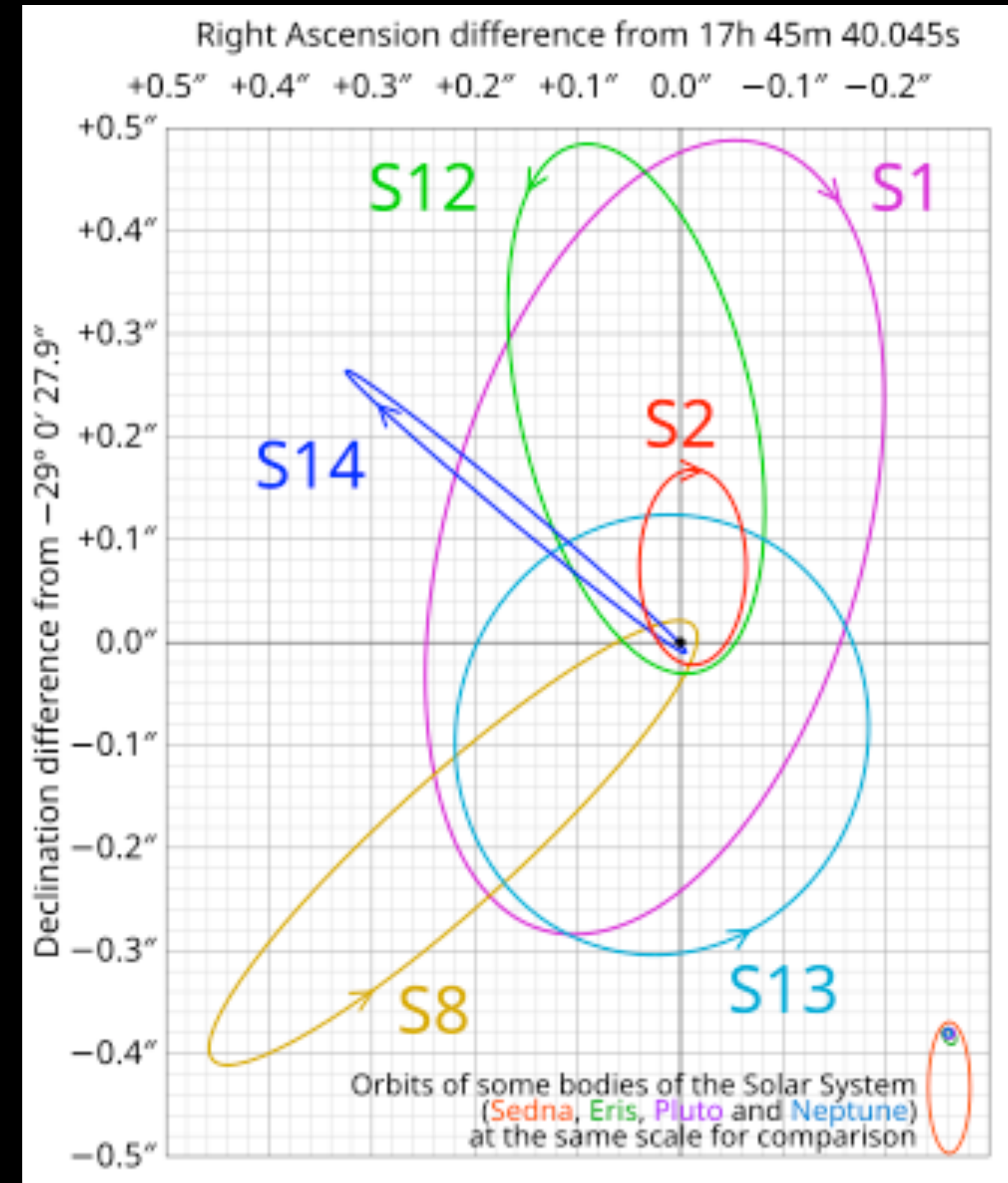
$$\left. \begin{aligned} F_G &= \frac{GMm}{r^2} \\ a_n &= \frac{v^2}{r} \end{aligned} \right\} \begin{aligned} F_G &= ma_n \implies \frac{GM}{r} = v^2 \\ &\implies M = \frac{rv^2}{G} \end{aligned}$$

$$v = r\omega = r \frac{2\pi}{T} \implies r = \frac{Tv}{2\pi}$$

$$\implies M = \frac{v^2}{G} \frac{Tv}{2\pi} = \boxed{\frac{v^3 T}{2\pi G}}$$

$$[M] = \text{kg}, [G] = \text{m}^3 \text{kg}^{-1} \text{s}^{-2}, [v] = \text{m s}^{-1}, [T] = \text{s}$$

$$\left[ \frac{v^3 T}{2\pi G} \right] = \frac{\text{m}^3 \text{s}^{-3} \text{s}}{\text{m}^3 \text{kg}^{-1} \text{s}^{-2}} = \text{kg} \quad \checkmark$$



Want to find M in terms of T, v, and G

Model of stellar orbits:  
<https://www.youtube.com/watch?v=AZhUQl-wmq0>

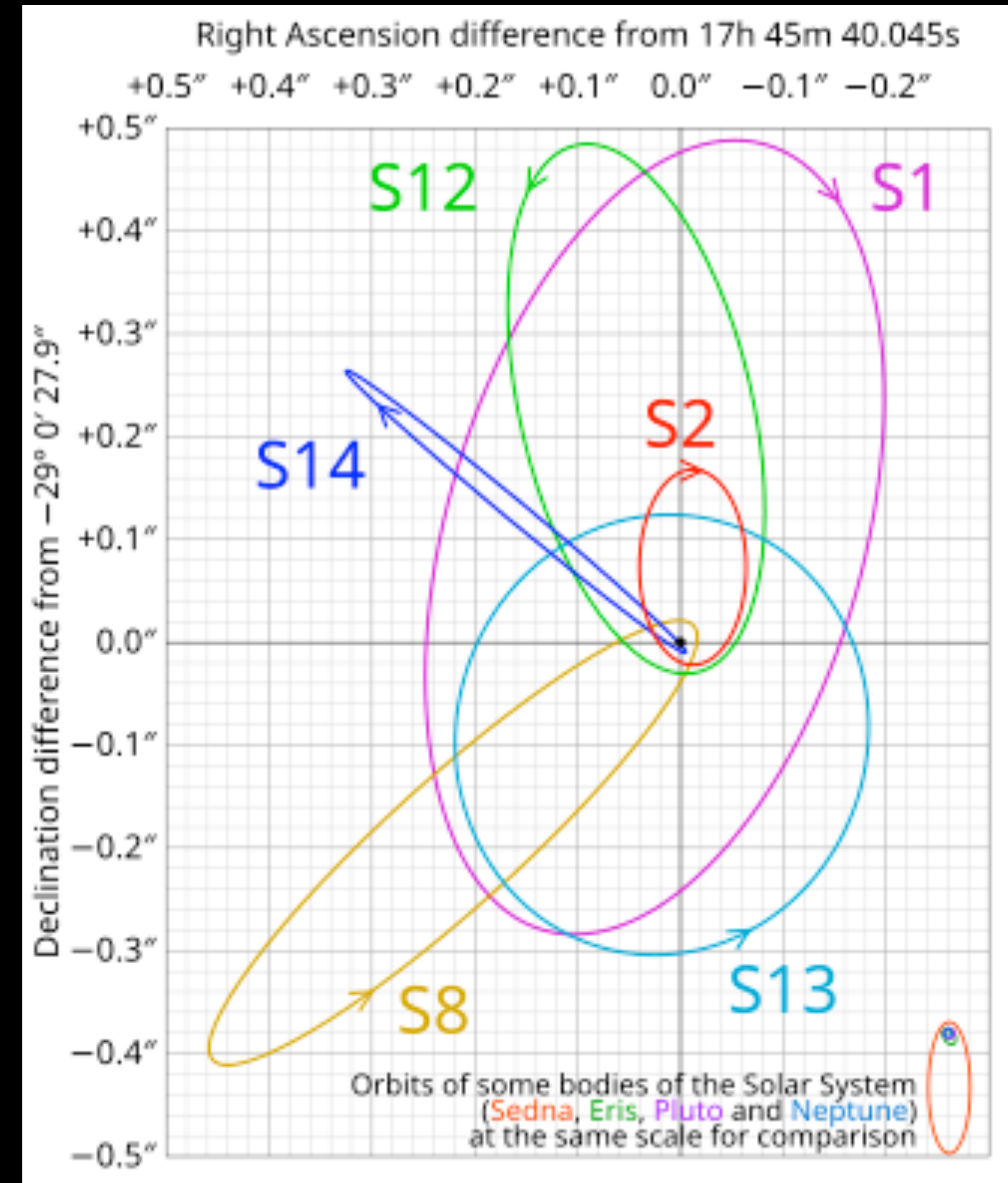
$$\left. \begin{aligned} F_G &= \frac{GMm}{r^2} \\ a_n &= \frac{v^2}{r} \end{aligned} \right\} \begin{aligned} F_G &= ma_n \implies \frac{GM}{r} = v^2 \\ &\implies M = \frac{rv^2}{G} \end{aligned}$$

$$v = r\omega = r \frac{2\pi}{T} \implies r = \frac{Tv}{2\pi}$$

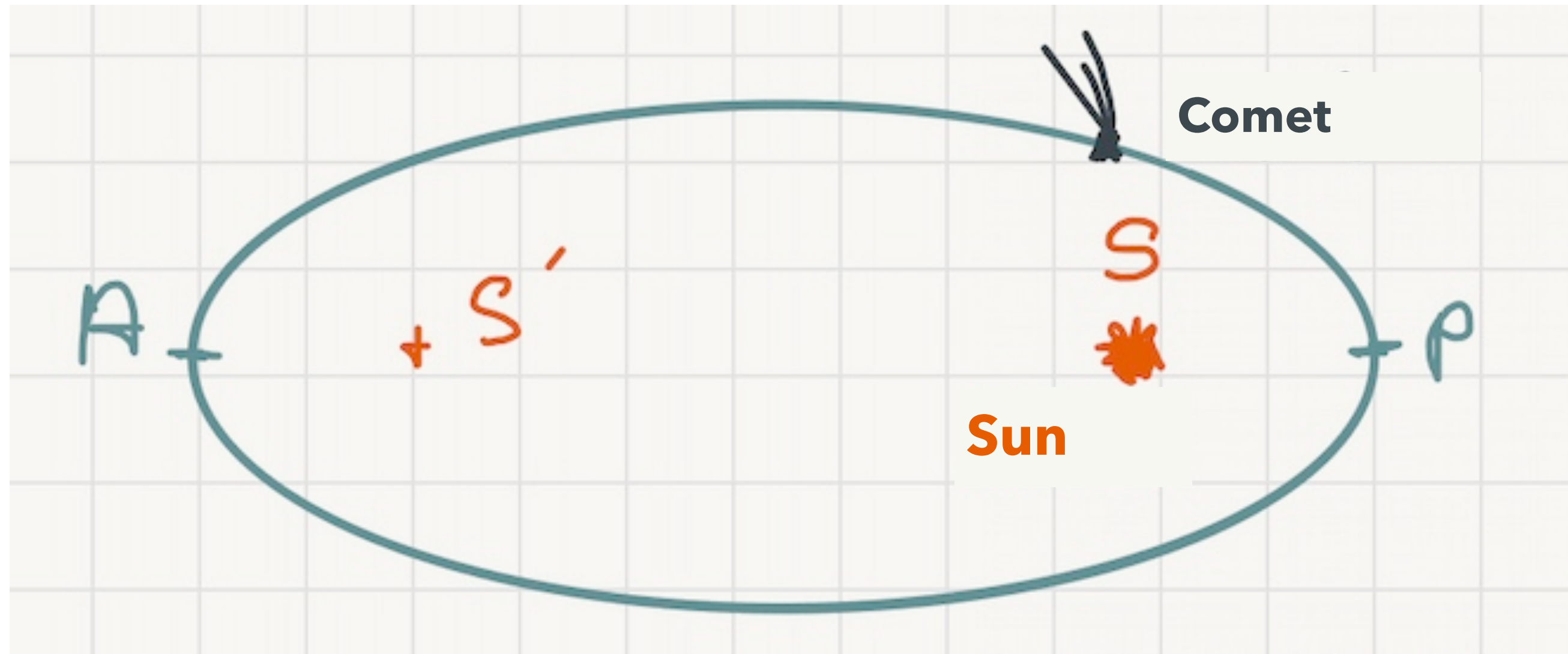
$$\implies M = \frac{v^2 Tv}{G 2\pi} = \boxed{\frac{v^3 T}{2\pi G}} \quad \text{4 million solar masses for Sagittarius A*}$$

$$[M] = \text{kg}, [G] = \text{m}^3 \text{kg}^{-1} \text{s}^{-2}, [v] = \text{m s}^{-1}, [T] = \text{s}$$

$$\left[ \frac{v^3 T}{2\pi G} \right] = \frac{\text{m}^3 \text{s}^{-3} \text{s}}{\text{m}^3 \text{kg}^{-1} \text{s}^{-2}} = \text{kg} \quad \checkmark$$



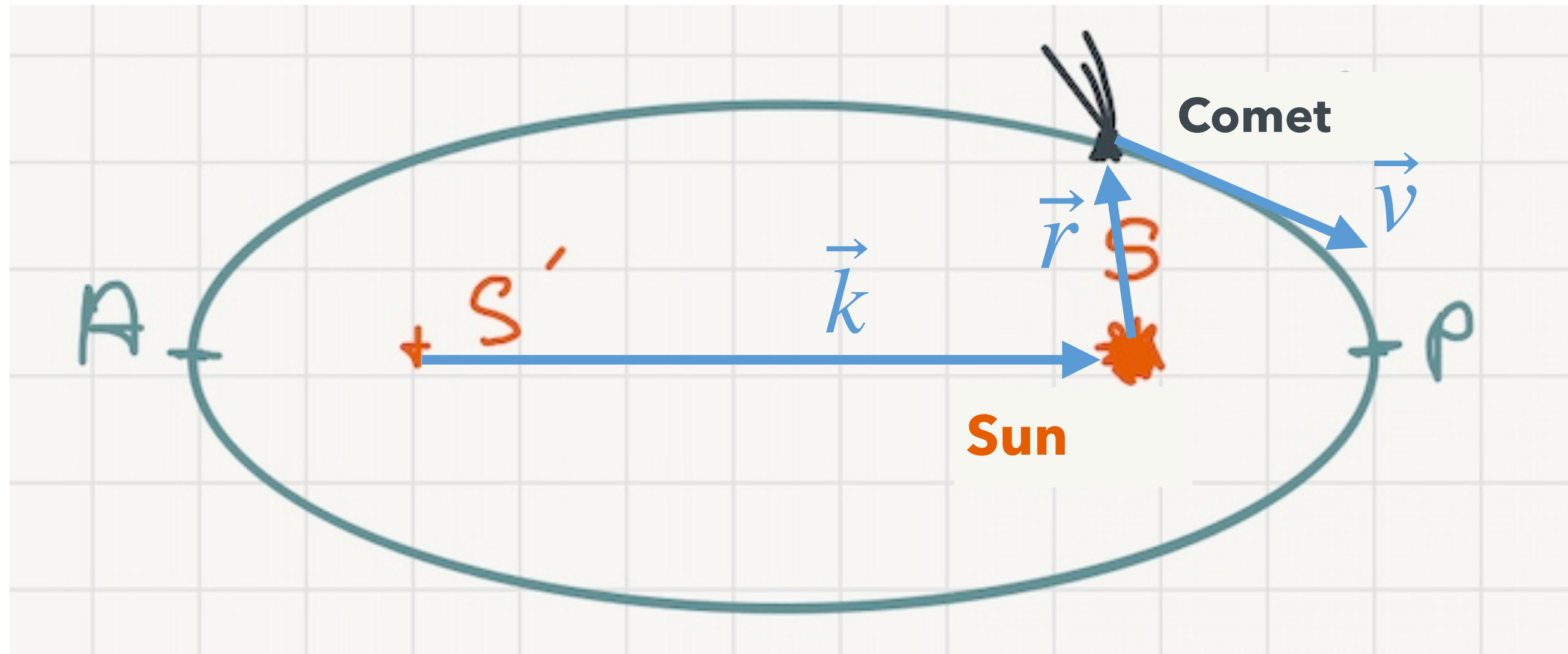
# QUIZ: COMET



A comet has an elliptical orbit around the Sun, located at S, one of the foci of the ellipse. We consider its angular momentum with respect to the other focus S', comparing the magnitude of the angular momenta  $L_S$  and  $L_{S'}$  at A (Aphelion) and P (Perihelion):

- $L_{S'}$  and  $L_S$  are the same at A and P, because the angular momentum of a body subject to a central force is constant 0%
- $L_{S'}$  is greater than  $L_S$  at P 0%
- $L_{S'}$  is greater than  $L_S$  at A 0%

# QUIZ: COMET

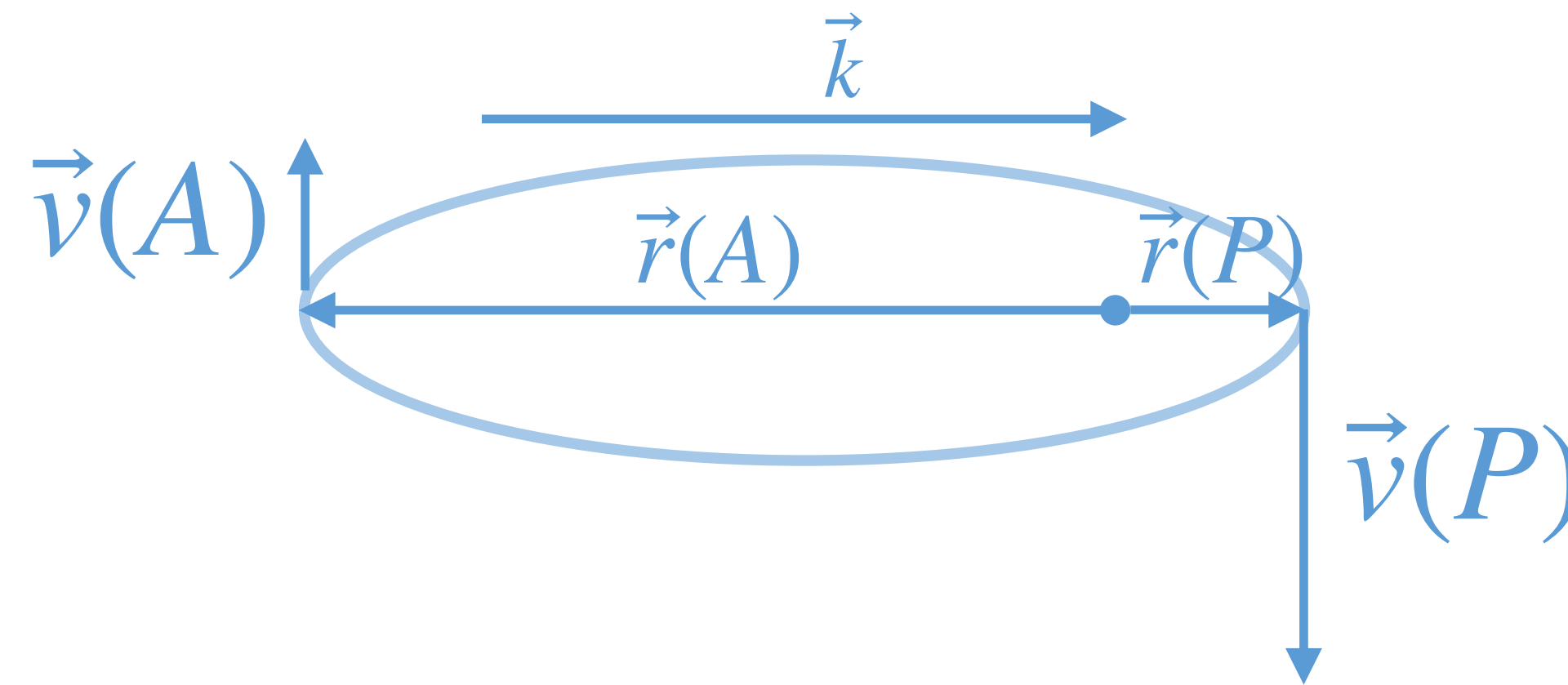


A comet has an elliptical orbit around the Sun, located at  $S$ , one of the foci of the ellipse. We consider its angular momentum with respect to the other focus  $S'$ , comparing the magnitude of the angular momenta  $L_S$  and  $L_{S'}$  at A (Aphelion) and P (Perihelion):

- $L_{S'}$  and  $L_S$  are the same at A and P, because the angular momentum of a body subject to a central force is constant 0%
- $L_{S'}$  is greater than  $L_S$  at P 0%
- $L_{S'}$  is greater than  $L_S$  at A 0%

$$\vec{L}_S = \vec{r} \wedge m\vec{v} = cte$$

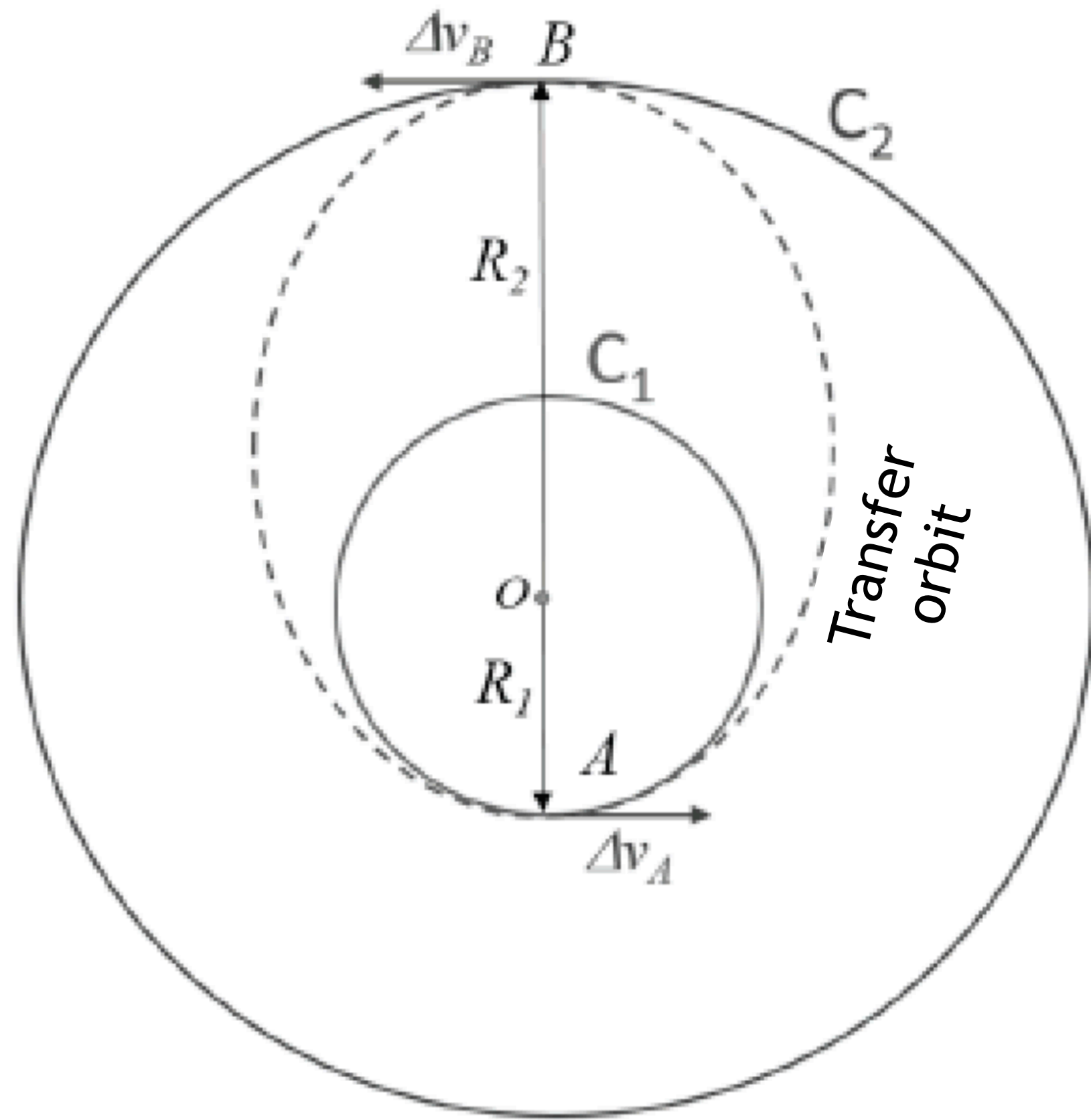
$$\vec{L}_{S'} = (\vec{k} + \vec{r}) \wedge m\vec{v} = \vec{k} \wedge m\vec{v} + \vec{L}_S$$





# EXERCISE: TRANSFER ORBIT

(Question from 2018 exam)

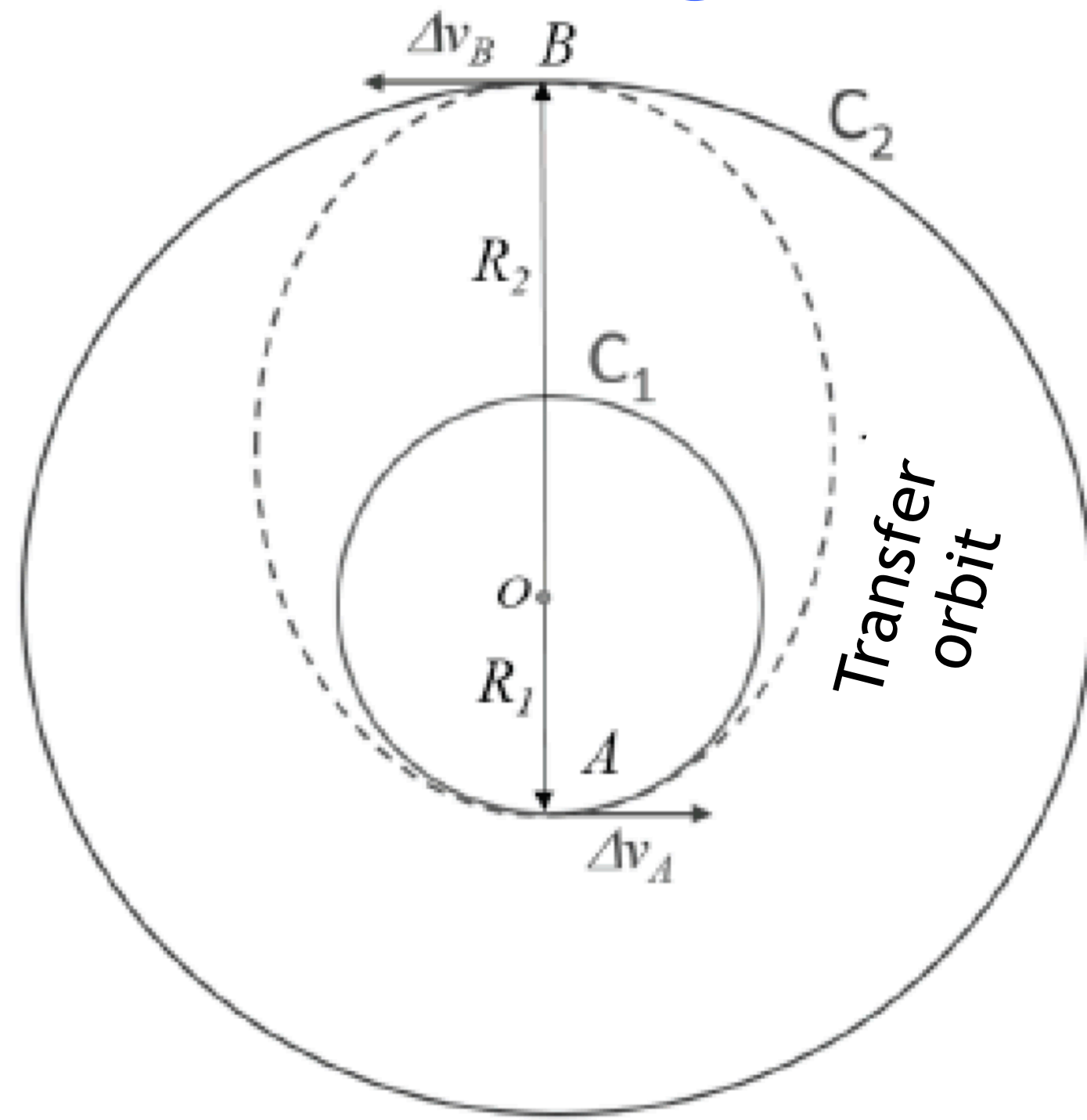


The International Space Station is a satellite orbiting the Earth. Astronauts are periodically resupplied by a shuttle launched by a rocket. Let  $G$  be the universal gravitational constant and  $M$  the mass of the Earth. After being released by the rocket, the shuttle of mass  $m$  is placed in a circular orbit  $C_1$  of radius  $R_1$ , which is smaller than the circular orbit  $C_2$  of radius  $R_2$  of the space station.

<https://phyanim.sciences.univ-nantes.fr/Meca/Planetes/transfert.php>

# EXERCISE: TRANSFER ORBIT

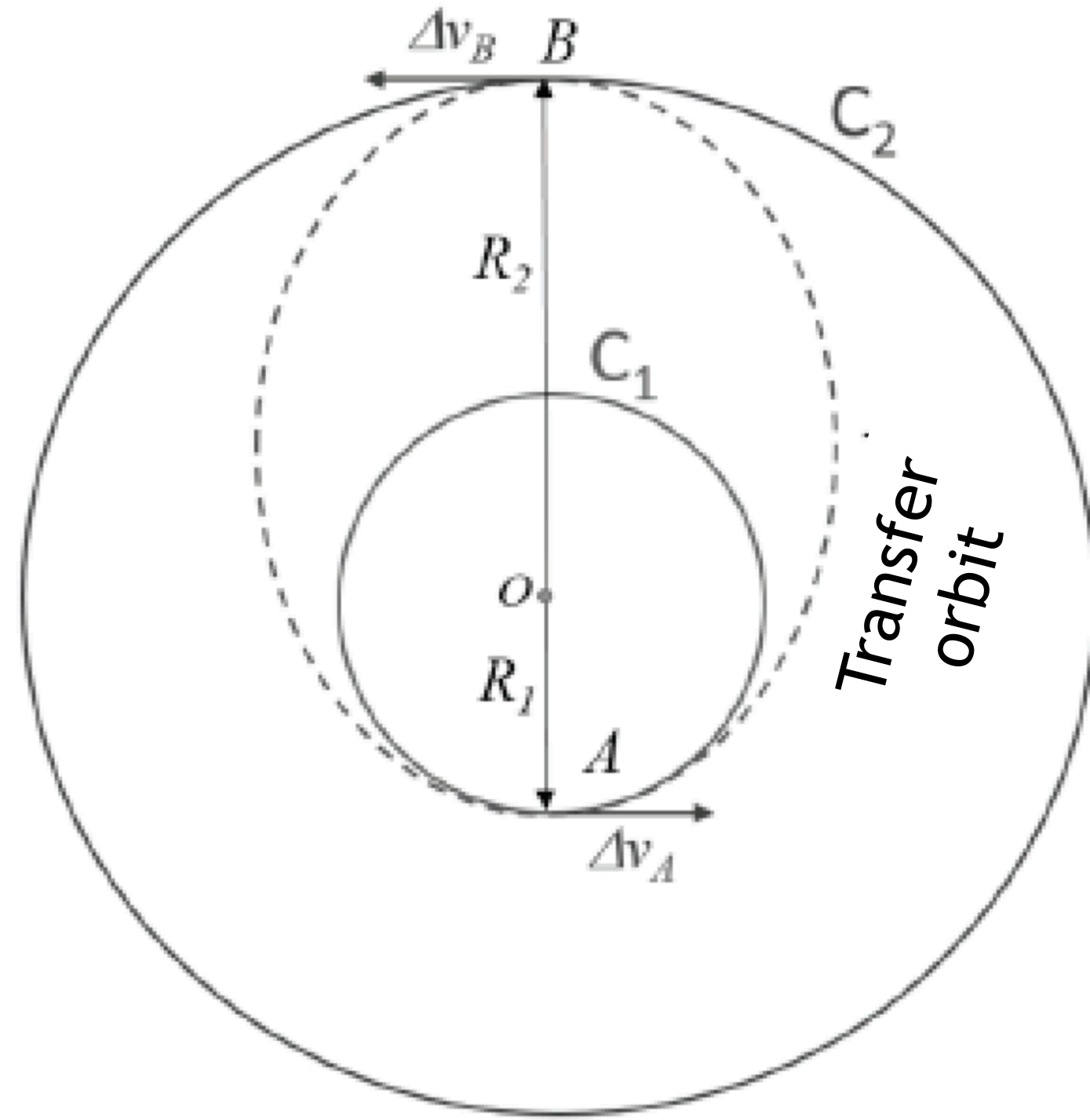
(Question from 2018 exam)



1. Prove that the speed of a satellite in a circular orbit is constant.
2. Express the speed  $v_1$  of the shuttle in the circular orbit  $C_1$  as a function of the given information.
3. Give the expression for the mechanical energy  $E_1$  in orbit  $C_1$  as a function of  $G$ ,  $m$ ,  $M$ , and  $R_1$ .
4. Calculate the work  $W_{12}$  done by the gravitational force  $F$  acting on the shuttle when it moves from orbit  $C_1$  to orbit  $C_2$ . In practice, to reach the circular orbit  $C_2$ , it is first necessary to pass through a transfer orbit which is elliptical, as shown by the dotted line in the diagram

5. The shuttle is in the transfer orbit. Express the shuttle's velocity  $v_B$  at point  $B$  as a function of its velocity  $v_A$  at point  $A$ .
6. Determine the expression for the mechanical energy  $E_T$  in the transfer orbit as a function of  $G$ ,  $m$ ,  $M$ ,  $R_1$ , and  $R_2$ .
7. Express the velocity  $v_A = v_1 + \Delta v_1$  that must be imparted to the shuttle to move from the circular orbit  $C_1$  to the transfer orbit. The result should be expressed as a function of  $E_T$ ,  $E_1$ , and  $m$ .
8. Is the change in velocity  $\Delta v_2$  of the shuttle at  $B$ , to go from the transfer orbit to  $C_2$ , positive or negative? Justify your answer without calculation

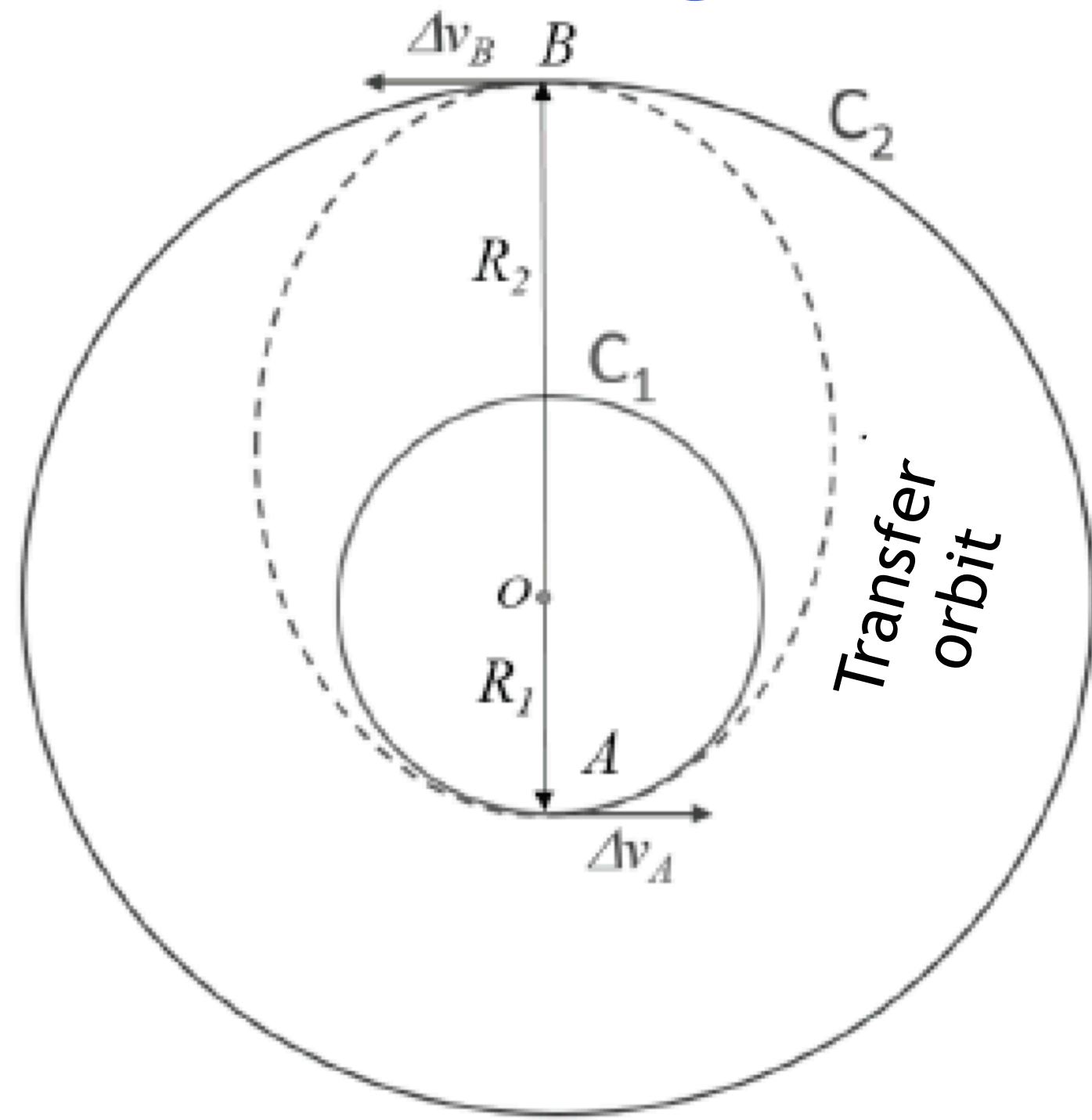
# EXERCISE: TRANSFER ORBIT (Question from 2018 exam)



1. Prove that the speed of a satellite in a circular orbit is constant.
2. Express the speed  $v_1$  of the shuttle in the circular orbit  $C_1$  as a function of the given information.
3. Give the expression for the mechanical energy  $E_1$  in orbit  $C_1$  as a function of  $G$ ,  $m$ ,  $M$ , and  $R_1$ .
4. Calculate the work  $W_{12}$  done by the gravitational force  $F$  acting on the shuttle when it moves from orbit  $C_1$  to orbit  $C_2$ . In practice, to reach the circular orbit  $C_2$ , it is first necessary to pass through a transfer orbit which is elliptical, as shown by the dotted line in the diagram

# EXERCISE: TRANSFER ORBIT

(Question from 2018 exam)



5. The shuttle is in the transfer orbit. Express the shuttle's velocity  $v_B$  at point  $B$  as a function of its velocity  $v_A$  at point  $A$ .
6. Determine the expression for the mechanical energy  $E_T$  in the transfer orbit as a function of  $G$ ,  $m$ ,  $M$ ,  $R_1$ , and  $R_2$ .
7. Express the velocity  $v_A = v_1 + \Delta v_1$  that must be imparted to the shuttle to move from the circular orbit  $C_1$  to the transfer orbit. The result should be expressed as a function of  $E_T$ ,  $E_1$ , and  $m$ .
8. Is the change in velocity  $\Delta v_2$  of the shuttle at  $B$ , to go from the transfer orbit to  $C_2$ , positive or negative? Justify your answer without calculation

# REVISITING THE TOWER: ANGULAR MOMENTUM

Initial angular momentum  $\vec{L}_o^i = m(R + h)^2 \vec{\Omega} = m(R + h)^2 \Omega \vec{e}_z$

Angular momentum as a function of height  $r$   $\vec{L}_o = m(R + r)^2 \omega(r) \vec{e}_z$

When the stone is dropped, it will only move under gravity which is a central force. Therefore angular **momentum is conserved**

$$m(R + r)^2 \omega(r) \vec{e}_z = m(R + h)^2 \Omega \vec{e}_z$$

$$\omega(r) = \frac{(R + h)^2}{(R + r)^2} \Omega = \frac{(1 + h/R)^2}{(1 + r/R)^2} \Omega$$

Function	Truncated Taylor series
$(1 + x)^n$	$1 + nx$
$1/(1 + x)^n$	$1 - nx$

$$\omega(r) \approx (1 + 2h/R)(1 - 2r/R)\Omega \approx \Omega + \frac{2\Omega}{R}(h - r)$$

From ballistics  $t_f = \sqrt{\frac{2h}{g}}$   $r(t) = h - \frac{1}{2}gt^2$

$$\omega(t) = \Omega + \frac{2\Omega}{R}(h - h + gt^2/2) = \Omega + \frac{\Omega gt^2}{R}$$

$$\Delta\omega(t) = \omega(t) - \Omega = \frac{gt^2}{R}\Omega$$

$$\Delta\theta(t_f) = \int_0^{t_f} \Delta\omega(t) dt = \int_0^{\sqrt{\frac{2h}{g}}} \frac{gt^2}{R} \Omega dt = \frac{\Omega g}{R} \int_0^{\sqrt{\frac{2h}{g}}} t^2 dt$$

$$\Delta\theta(t_f) = \frac{\Omega g}{R} \frac{1}{3} t^3 \Big|_0^{\sqrt{\frac{2h}{g}}} = \frac{\Omega g}{3R} \left( \sqrt{\frac{2h}{g}} \right)^3 = \frac{\Omega g}{3R} \frac{2h}{g} \sqrt{\frac{2h}{g}}$$

$$\Delta\theta(t_f) = \frac{2}{3} \frac{\Omega}{hR} \sqrt{\frac{2h}{g}}$$

$$D = R\Delta\theta(t_f) = \frac{2}{3} \frac{\Omega}{h} \sqrt{\frac{2h}{g}}$$

