

# General Physics: Mechanics

## PHYS-101(en)

### Lecture 8a: Kinetic energy and work

Dr. Marcelo Baquero  
[marcelo.baquero@epfl.ch](mailto:marcelo.baquero@epfl.ch)  
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Émilie du Châtelet  
(circa 1740)

# Today's agenda (Serway 7-8, MIT 13-14)

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## 1. Energy and work

- Kinetic energy
- Work done by a force
- Work-kinetic energy theorem
- To be continued next week...

# DEMO (172)

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From last week: Rockets!

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$$v_{rf} = u \ln \left( 1 + \frac{M_f}{M_0} \right)$$

# DEMO (556)

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The skiers

## The skiers

- 1) What are the final speeds of the skiers?
- 2) Which skier would win in a race?

# Energy

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- **Energy** is one of the most fundamental and important concepts in physics
- It is possessed by objects, in various forms, and can be transferred between them
- Can be understood intuitively from its Greek origin  $\acute{\epsilon}\nu\acute{\epsilon}\rho\gamma\iota\alpha$ , meaning “activity”
- It is given an exact and rigorous definition in the language of mathematics
- It is so important because it is conserved (as we will see next lecture)
- Similar to momentum, but more complex as it has many different forms (kinetic, potential, etc.)

# Kinetic energy

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- **Kinetic energy** is a type of energy associated with the motion of an object

$$K = \frac{m}{2}v^2$$

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- Émilie du Châtelet used observations of brass weights, dropped into clay from various heights, to motivate the importance of a quantity proportional to  $mv^2$
- All forms of energy have units of Joules (J) = <sup>Derived quantity</sup>  $[\text{kg}\cdot\text{m}^2/\text{s}^2] = [\text{N}\cdot\text{m}]$

# Conceptual question

Consider two carts, of mass  $m$  and  $2m$ , at rest on an air track. If you push the first cart for 3 s and then the other for the same length of time, exerting equal force on each, the final momentum of the light cart is...

- A. 4 times...
- B. 2 times...
- C. equal to...
- D. half...
- E. one-fourth...

$$\vec{I} = \int_{t_0}^{t_f} \vec{F} dt = \Delta \vec{p} = \vec{p}(t_f) - \vec{p}(t_0)$$

$$\Rightarrow \vec{p}(t_f) = \int_{t_0}^{t_f} \vec{F} dt$$

the momentum of the heavy cart.

# Conceptual question

Consider two carts, of mass  $\overset{\textcircled{1}}{m}$  and  $\overset{\textcircled{2}}{2m}$ , at rest on an air track. If you push the first cart for 3 s and then the other for the same length of time, exerting equal force on each, the final kinetic energy of the light cart is...

$$K_1 = \frac{1}{2} m_1 v_1^2 = \frac{1}{2} m \left( \frac{p}{m} \right)^2 = \frac{1}{2m} p^2$$

$$K_2 = \frac{1}{2} m_2 v_2^2 = \frac{1}{2} (2m) \left( \frac{p}{2m} \right)^2 = \frac{1}{4m} p^2 = \frac{1}{2} K_1$$

- A. greater than...  
 B. equal to...  
 C. less than...

$$K_2 < K_1$$

the kinetic energy of the heavy cart.

$$\vec{p}_1(t_f) = \vec{p}_2(t_f) \Rightarrow \text{Define } p = |\vec{p}_1(t_f)| = |\vec{p}_2(t_f)|$$

$$\text{Now } |\vec{p}_1(t_f)| = |m_1 \vec{v}_1| = m_1 |\vec{v}_1| = m_1 v_1 = p \Rightarrow v_1 = \frac{p}{m}$$

$$|\vec{p}_2(t_f)| = |m_2 \vec{v}_2| = m_2 v_2 = p \Rightarrow v_2 = \frac{p}{2m}$$

# Work

---

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- This can be positive if the force is in the direction of motion or negative if the force opposes the direction of motion
- Work is to kinetic energy as impulse is to momentum

# Work done by a constant force

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- The **work** done by a constant force along a straight path is defined as

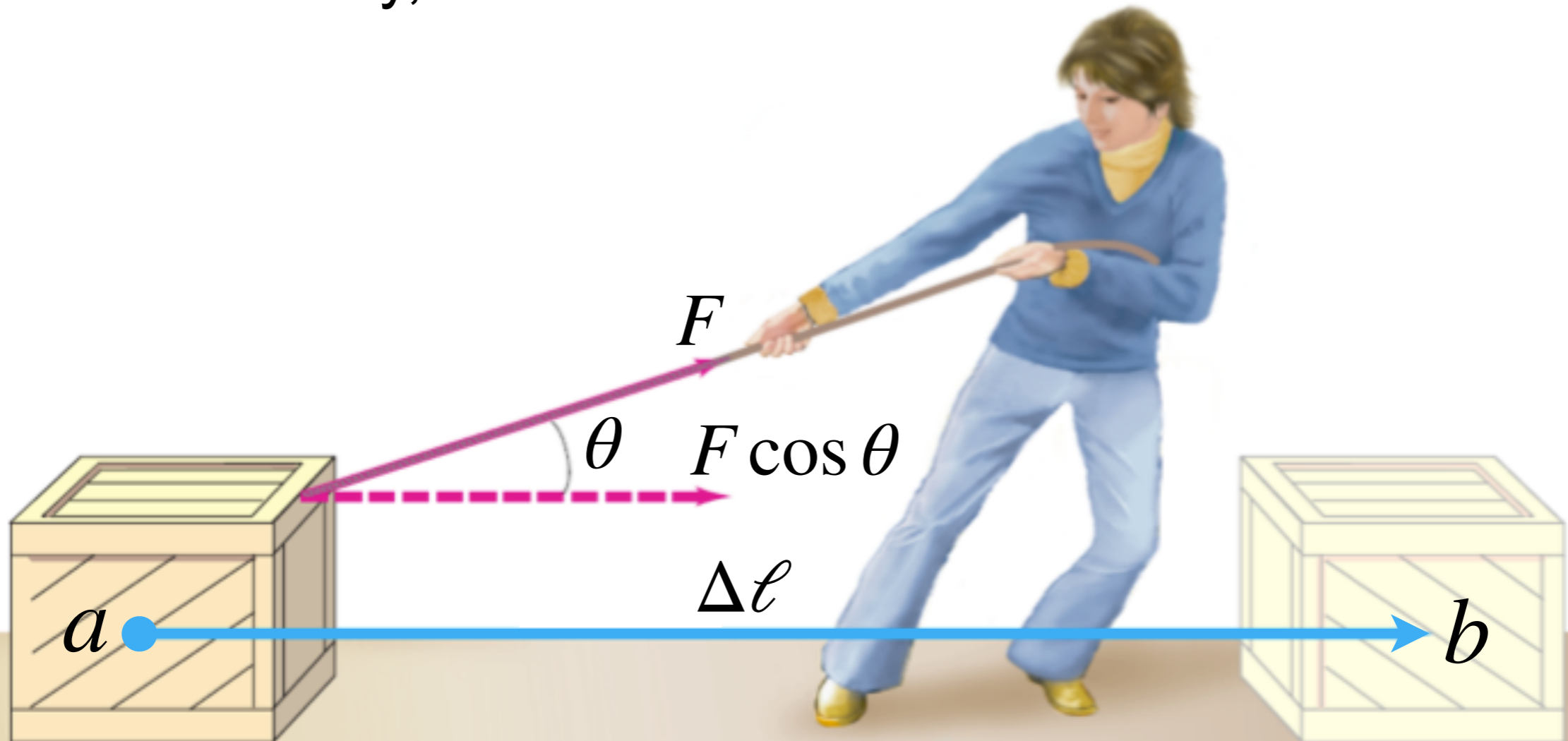
*the distance traveled multiplied by the component of the force in the direction of the displacement*

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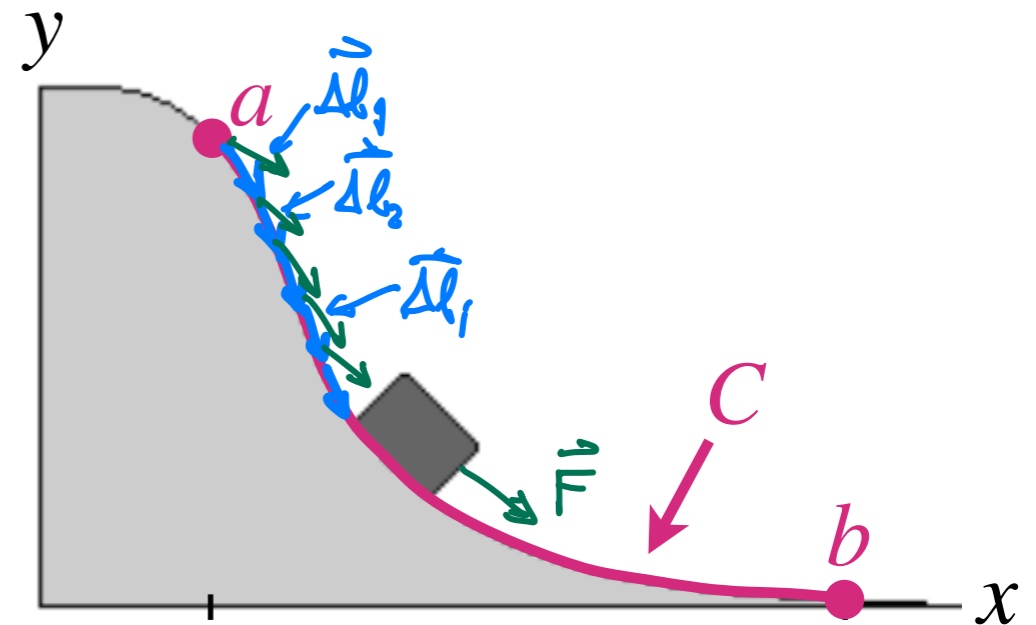
*the distance traveled multiplied by the component of the force in the direction of the displacement*

- Mathematically, this is  $W = \vec{F} \cdot \vec{\Delta\ell} = F \Delta\ell \cos \theta$



# Work done by a variable force

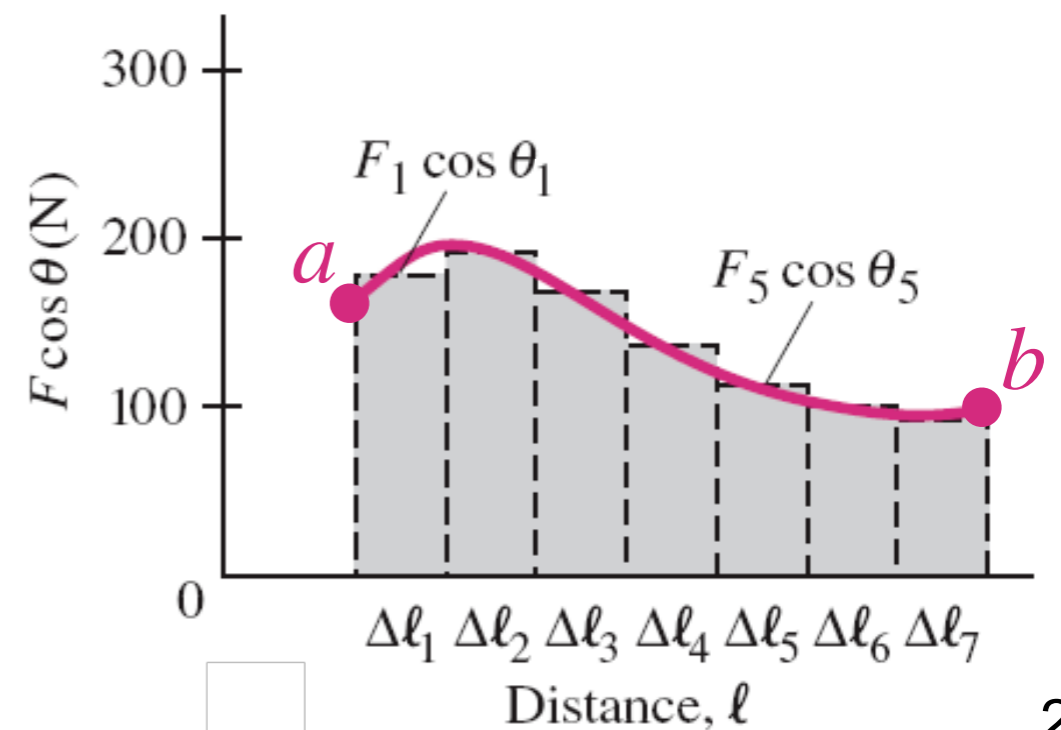
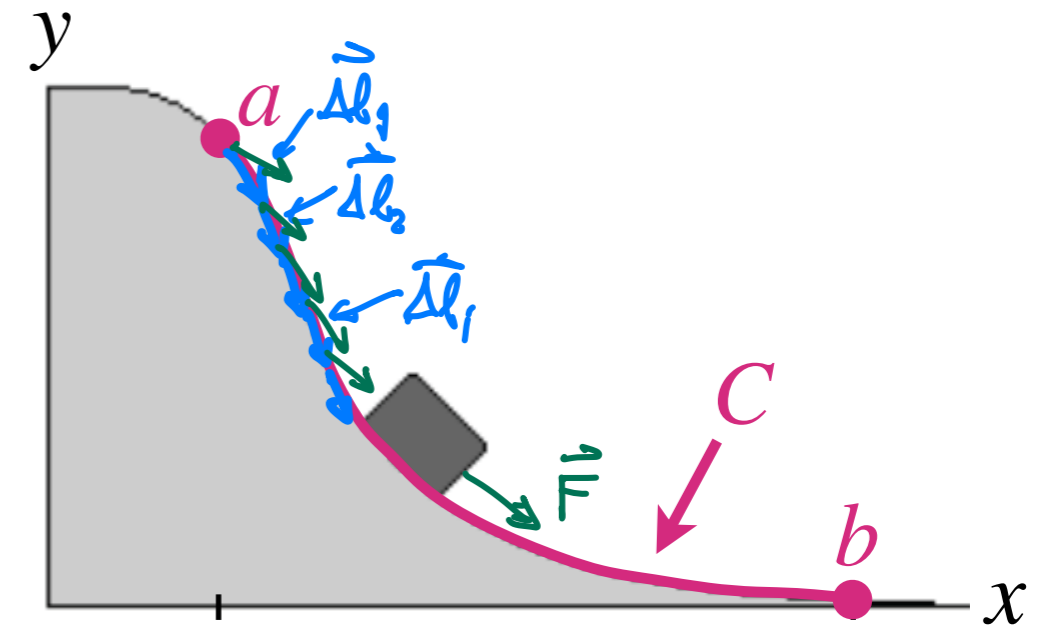
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# Work done by a variable force

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- Mathematically, each segment contributes

$$W_i = \vec{F}_i \cdot \vec{\Delta \ell}_i$$



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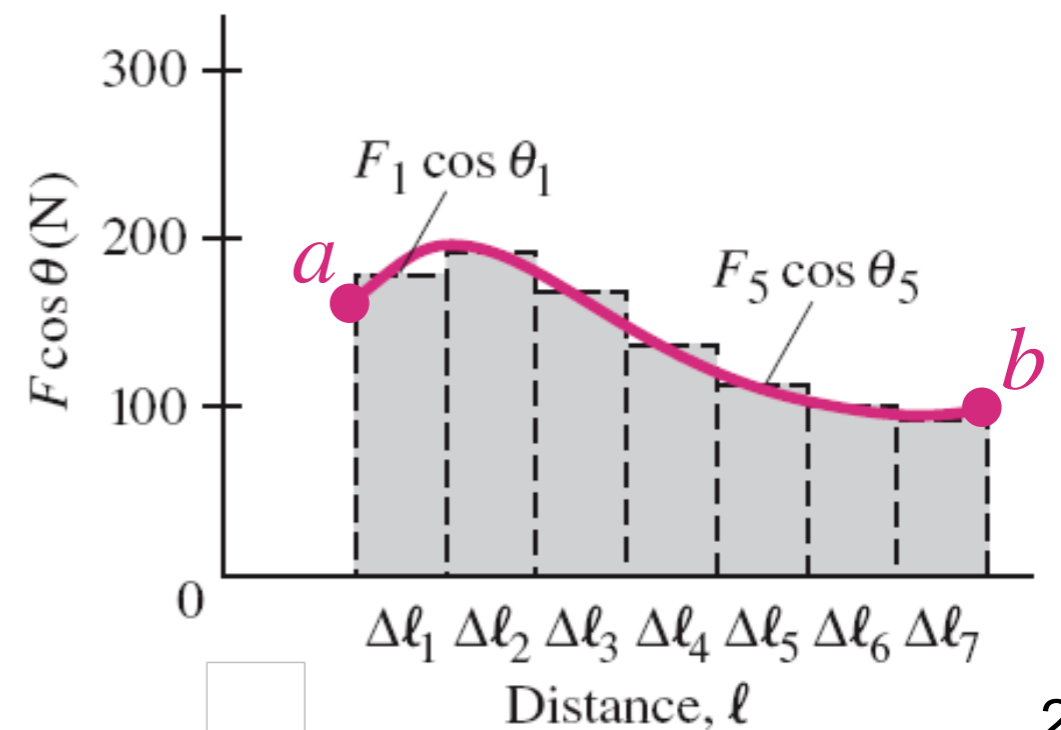
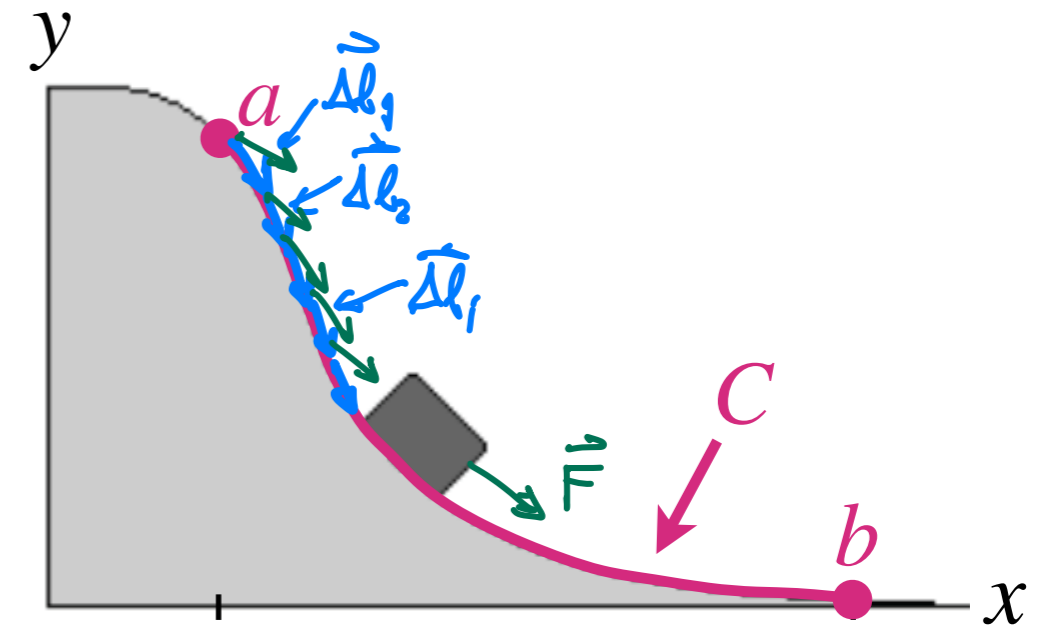
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- Mathematically, each segment contributes

$$W_i = \vec{F}_i \cdot \vec{\Delta \ell}_i$$

- The sum is

$$W = \lim_{\Delta \ell_i \rightarrow 0} \sum_i \vec{F}_i \cdot \vec{\Delta \ell}_i = \int_a^b \vec{F} \cdot d\vec{\ell}$$



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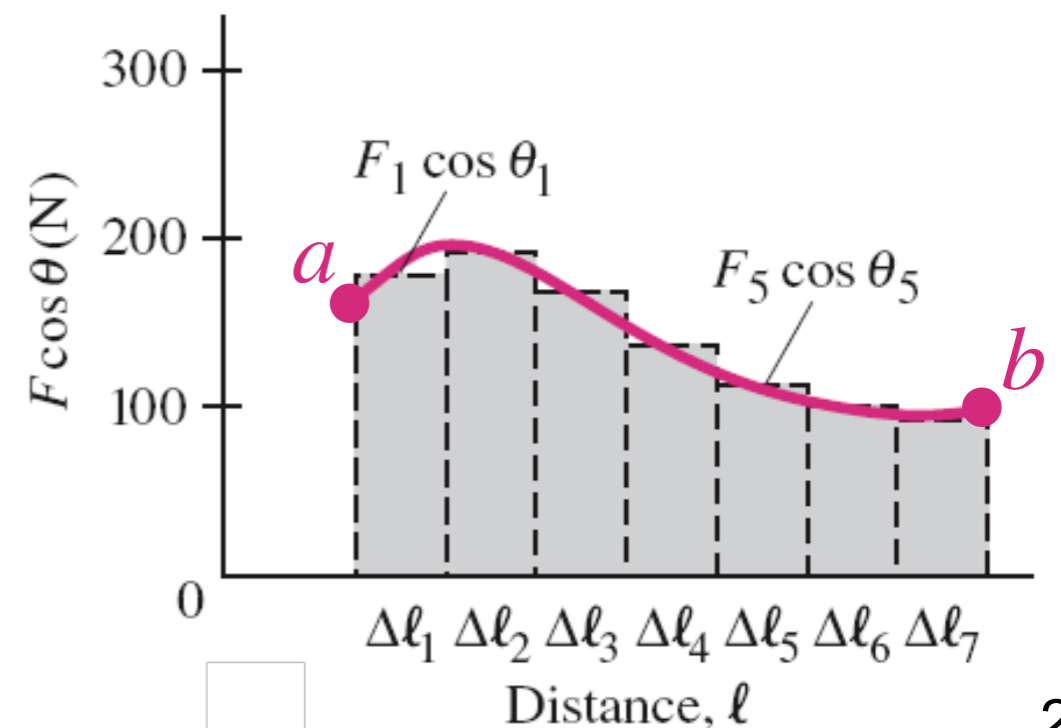
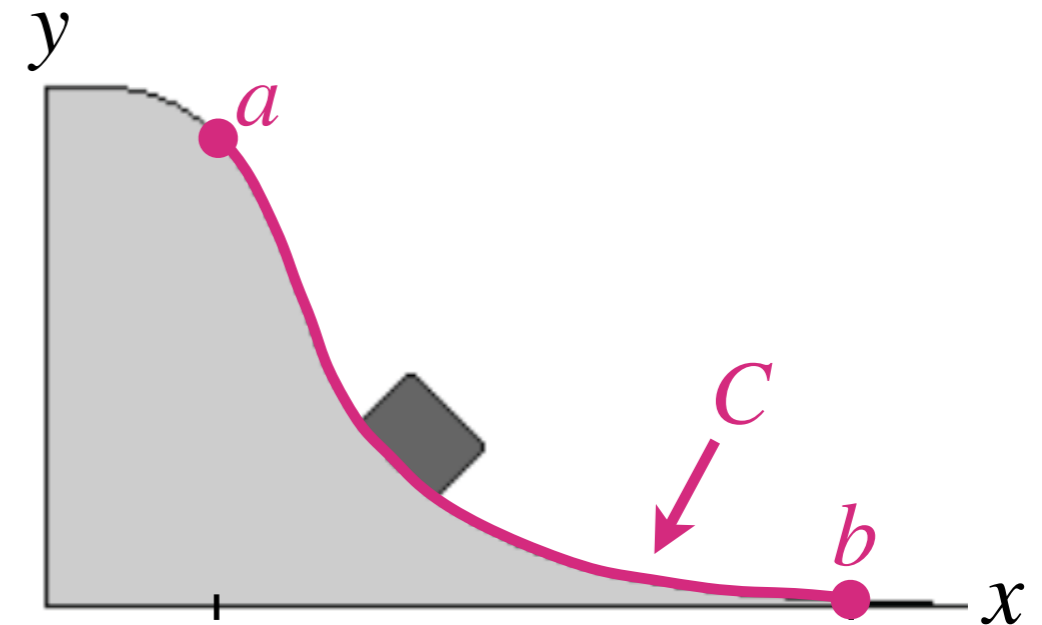
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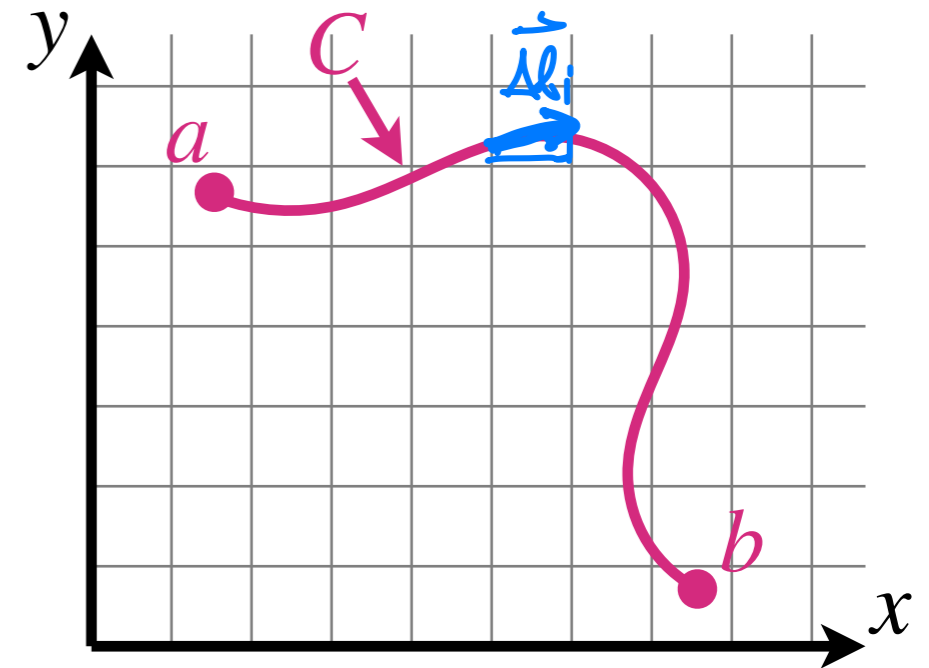
$$= \int_a^b \vec{F} \cdot d\vec{\ell} = \int_C \vec{F} \cdot d\vec{\ell}$$



# Work in various coordinate systems

- Cartesian:

$$\begin{aligned}
 W &= \int_C \vec{F} \cdot d\vec{l} \\
 &= \int_C \vec{F} \cdot (dx \hat{x} + dy \hat{y}) \\
 &= \int_C (F_x \hat{x} + F_y \hat{y}) \cdot (dx \hat{x} + dy \hat{y}) \\
 &= \int_C F_x dx + F_y dy + F_z dz
 \end{aligned}$$

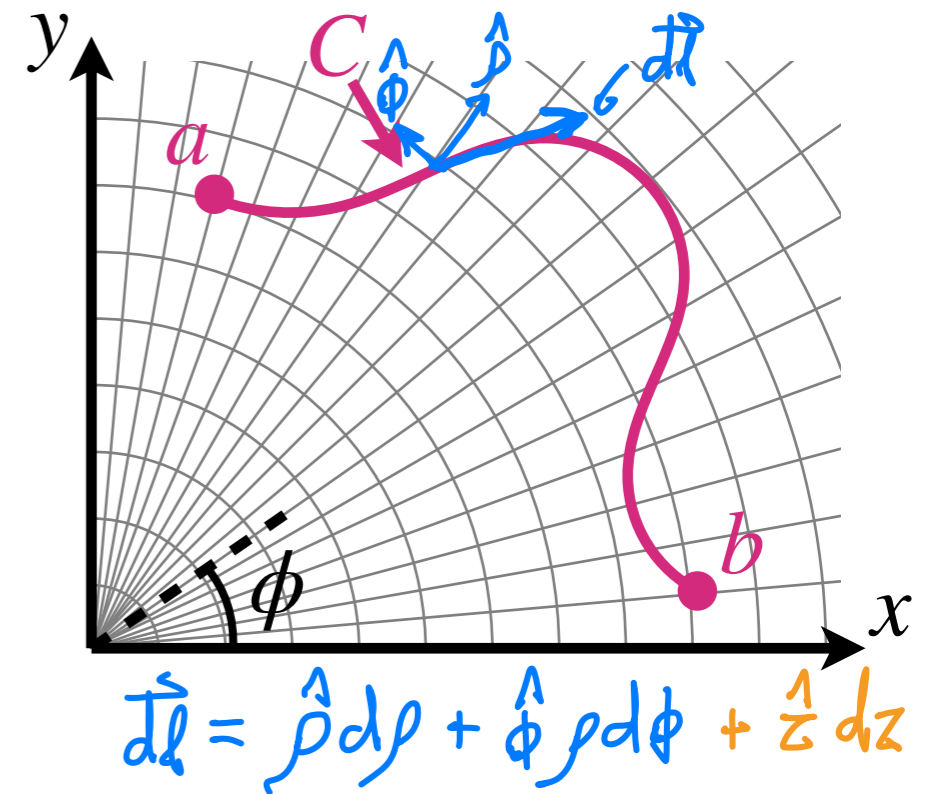


$$\begin{aligned}
 \vec{\Delta l}_i &= \Delta x_i \hat{x} + \Delta y_i \hat{y} \\
 \xrightarrow{\Delta l \rightarrow 0} \vec{dl} &= dx \hat{x} + dy \hat{y} + dz \hat{z}
 \end{aligned}$$

# Work in various coordinate systems

- Polar (and cylindrical):

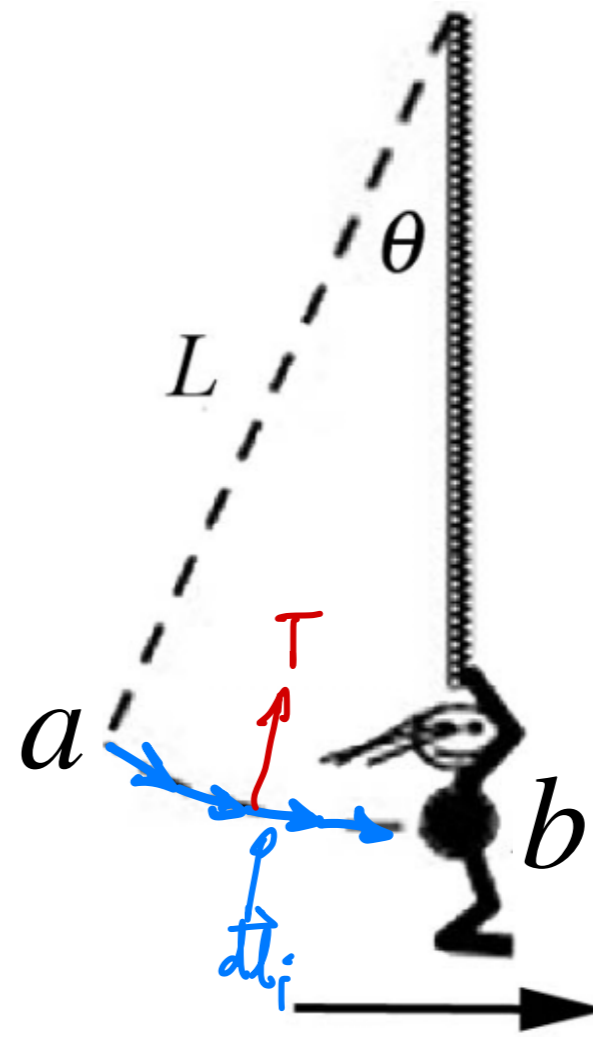
$$\begin{aligned}
 W &= \int_C \vec{F} \cdot d\vec{l} \\
 &= \int_C \vec{F} \cdot (\hat{\rho} d\rho + \hat{\phi} \rho d\phi) \\
 &= \int_C F_\rho d\rho + \int_C F_\phi \rho d\phi + \int_C F_z dz
 \end{aligned}$$



# Conceptual question

A person swings on an inextensible rope that is attached to a fixed point. The rope exerts a tension  $T$  on the person. The work done by tension on the person as she moves from  $a$  to  $b$  is:

- A.  $T$
- B.  $TL$
- C.  $TL\theta$
- D.  $mgL(1 - \cos \theta)$
- E. 0



$$\vec{T} \cdot d\vec{l}_i = 0$$

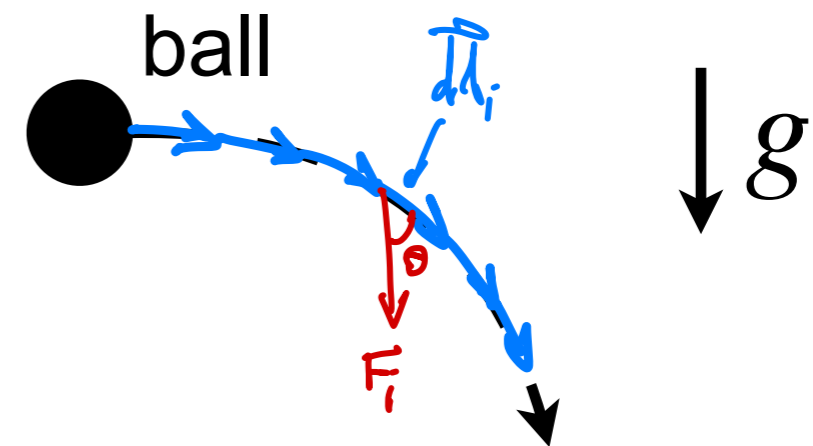
for all "pieces"  $i$  of path

# Conceptual question

A ball is given an initial horizontal velocity and allowed to fall under the influence of gravity, as shown below.

The work done by the force of gravity on the ball is...

- A. positive.
- B. zero.
- C. negative.



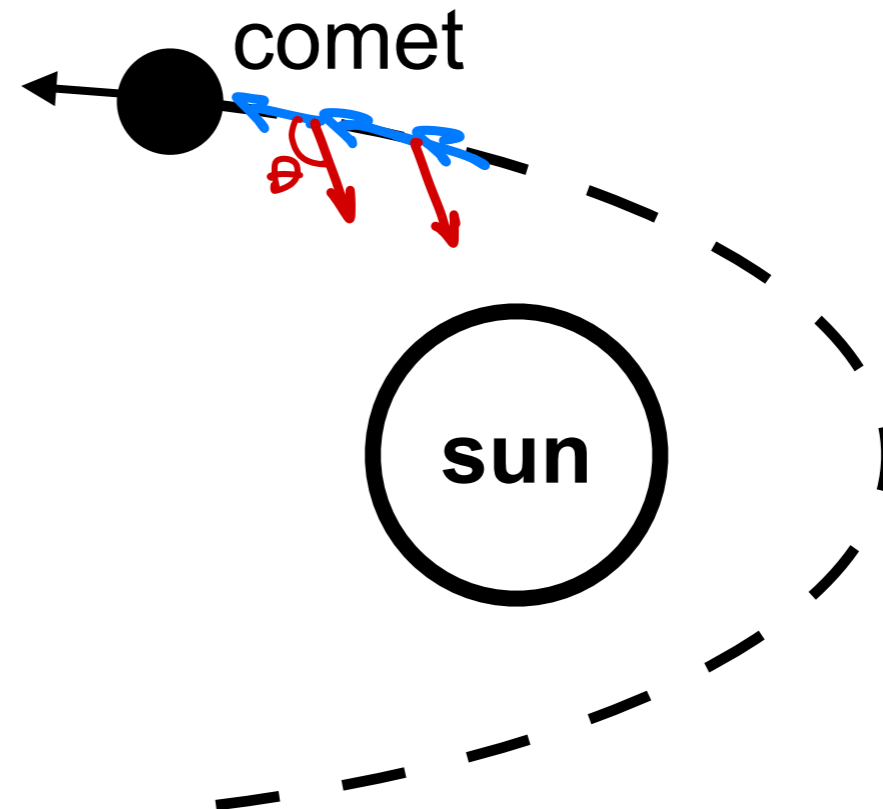
$$\vec{F}_i \cdot d\vec{l}_i = F_g dl \cos(\theta) > 0 \quad \text{for all } i$$

# Conceptual question

A comet is on a hyperbolic orbit around the Sun. While the comet is moving away from the Sun, the work done by the Sun on the comet is...

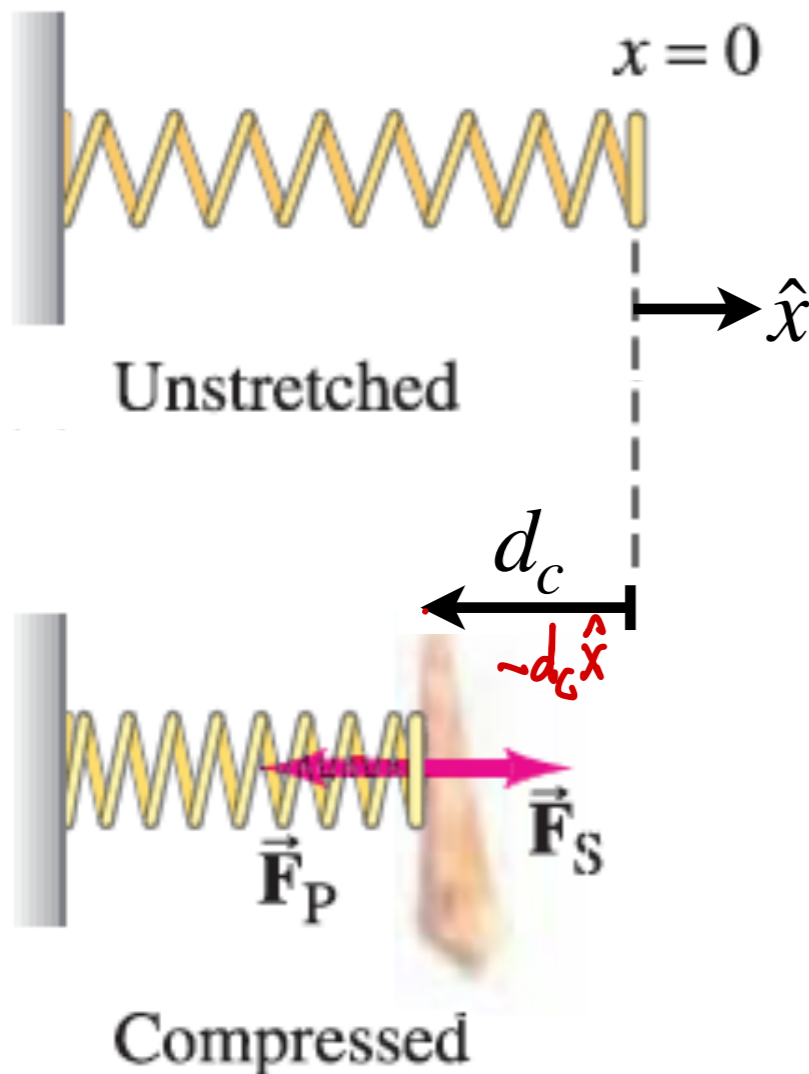
- A. positive.
- B. zero.
- C. negative.

$$\frac{\pi}{2} < \theta < \pi$$
$$\cos(\theta) < 0$$



# Work done by a spring

- A person compresses a spring by a distance  $d_c$  from its equilibrium position. What is the work done by the spring on the person as it stretches back towards the equilibrium position?



$$\vec{F}_S = -K(x - x_0) \hat{x} = -Kx \hat{x}$$

$$d\vec{l} = dx \hat{x}$$

$$W_S = \int_{-d_c}^0 \vec{F}_S \cdot d\vec{l} = \int_{-d_c}^0 (-Kx \hat{x}) \cdot (\hat{x} dx)$$

$$= \int_{-d_c}^0 -Kx dx = -K \int_{-d_c}^0 x dx$$

$$= -K \left[ \frac{x^2}{2} \right]_{-d_c}^0 = -K \left( 0 - \frac{(-d_c)^2}{2} \right)$$

$$= \boxed{\frac{1}{2} K d_c^2}$$

# Work-kinetic energy theorem

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- Seems sensible, given colloquial definitions of the words

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- Work-kinetic energy theorem:

*For a constant mass system,  
 the total work done by all the forces equals  
 the change in the kinetic energy of the system.*

# Work-kinetic energy theorem

- Doing work on a system changes its **kinetic energy**
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- Work-kinetic energy theorem:

*For a constant mass system,  
the total work done by all the forces equals  
the change in the kinetic energy of the system.*

- In mathematics, this is

$$W_{net} = \Delta K$$

# Proving the work-kinetic energy theorem

$$K = \frac{1}{2} m v^2 = \frac{1}{2} m \vec{v} \cdot \vec{v} \quad \vec{v} \cdot \vec{v} = |\vec{v}| |\vec{v}| \cos(0) = |\vec{v}|^2 = v^2$$

$$\begin{aligned} \frac{d}{dt} K &= \frac{d}{dt} \left[ \frac{1}{2} m v^2 \right] = \frac{d}{dt} \left[ \frac{1}{2} m \vec{v} \cdot \vec{v} \right] = \frac{1}{2} m \frac{d}{dt} (\vec{v} \cdot \vec{v}) = \frac{1}{2} m \left( \vec{v} \cdot \frac{d\vec{v}}{dt} + \frac{d\vec{v}}{dt} \cdot \vec{v} \right) \\ &= \frac{1}{2} m (2 \vec{v} \cdot \frac{d\vec{v}}{dt}) = m \vec{v} \cdot \frac{d\vec{v}}{dt} = m \vec{v} \cdot \vec{a} = m \vec{a} \cdot \vec{v} \end{aligned}$$

From Newton's 2<sup>nd</sup> law,  $m \vec{a} = \vec{F}_{\text{net}}$

$$\frac{d}{dt} K = \vec{F}_{\text{net}} \cdot \vec{v} \quad \text{But } \vec{v} = \frac{d\vec{h}}{dt} \Rightarrow \frac{d}{dt} K = \vec{F}_{\text{net}} \cdot \frac{d\vec{h}}{dt}$$

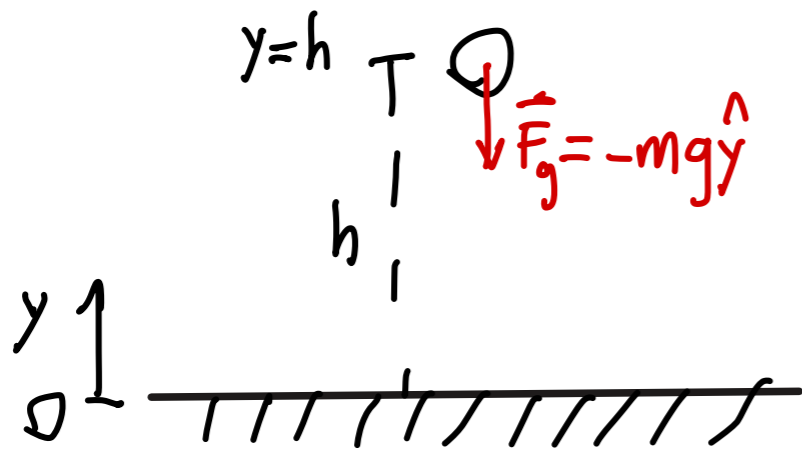
$$\int_{t_a}^{t_b} \frac{d}{dt} K dt = \int_{t_a}^{t_b} \vec{F}_{\text{net}} \cdot \frac{d\vec{h}}{dt} dt = \int_a^b \vec{F}_{\text{net}} \cdot d\vec{h} = W_{\text{net}}$$

$\xrightarrow{K(t_b) - K(t_a)}$

$$\Rightarrow \boxed{\Delta K = W_{\text{net}}}$$

# Work done by gravity

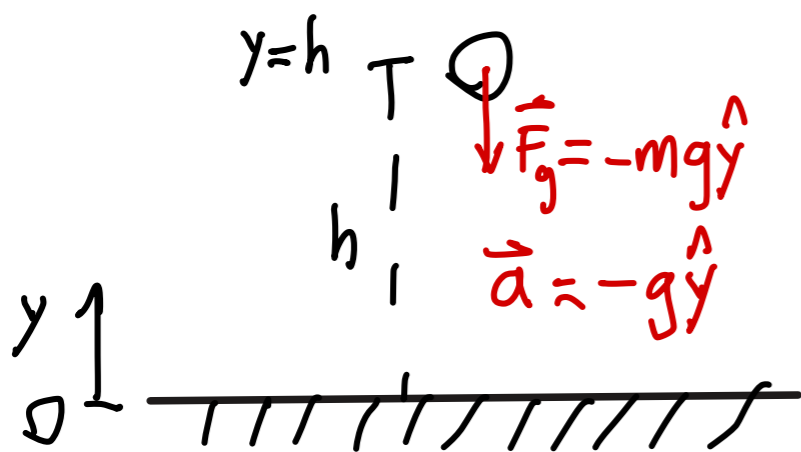
- An object at rest falls directly downwards from a height  $y = h$  to the ground at  $y = 0$  under the sole influence of gravity. What is the work done by gravity? What is the change in kinetic energy?



$$\begin{aligned}\vec{F}_g &= -mg\hat{y} & \vec{dl} &= \hat{y} dy \\ W_g &= \int \vec{F}_g \cdot \vec{dl} = \int_h^0 -mg\hat{y} \cdot \hat{y} dy \\ &= \int_h^0 -mg dy = -mg \left[ y \right]_h^0 \\ &= -mg(0-h) = \boxed{mgh}\end{aligned}$$

# Work done by gravity

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$$v_y(t) = v_0 - gt$$

$$= -gt$$

$$-v_f = -gt_f$$

$$\Rightarrow t_f = \frac{v_f}{g}$$

$$y(t) = y_0 + v_{y0}t - \frac{1}{2}gt^2$$

$$= h - \frac{1}{2}gt^2$$

$$0 = h - \frac{1}{2}gt_f^2 = h - \frac{1}{2}g\left(\frac{v_f}{g}\right)^2$$

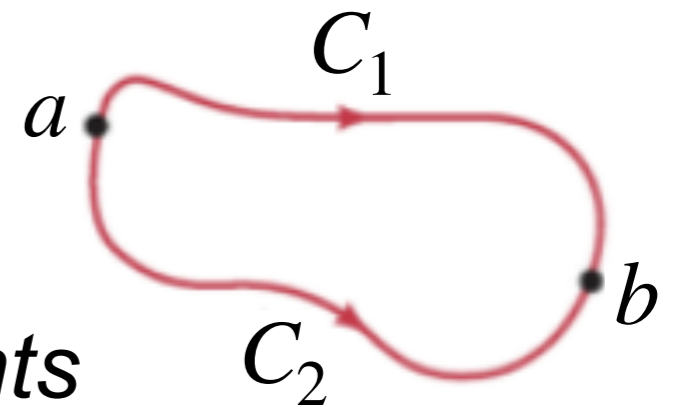
$$= h - \frac{1}{2g}v_f^2$$

$$\Rightarrow \underbrace{mgh}_{W_g} = \underbrace{m\frac{1}{2}v_f^2 - \frac{1}{2}mv_0^2}_{\Delta K}$$

# Conservative and nonconservative forces

- A force is called *conservative* if

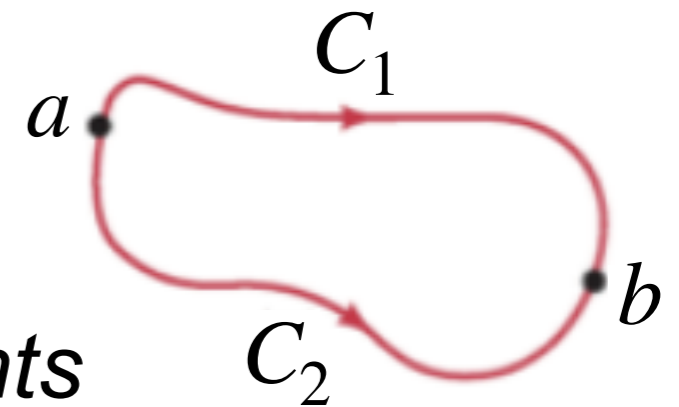
*The work done by the force on a particle moving between any two points is independent of the path taken by the particle.*



# Conservative and nonconservative forces

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or equivalently

$$W = \int_a^b \vec{F} \cdot d\vec{l} \underset{\text{by } C_1}{=} \int_a^b \vec{F} \cdot d\vec{l} = - \int_b^a \vec{F} \cdot d\vec{l} \underset{\text{by } C_2}{=}$$

*The net work done by the force on a particle moving around any closed path is zero.*

$$\oint \vec{F} \cdot d\vec{l} = \int_a^b \vec{F} \cdot d\vec{l} \underset{\text{by } C_1}{=} + \int_b^a \vec{F} \cdot d\vec{l} \underset{\text{by } C_2}{=} = 0$$

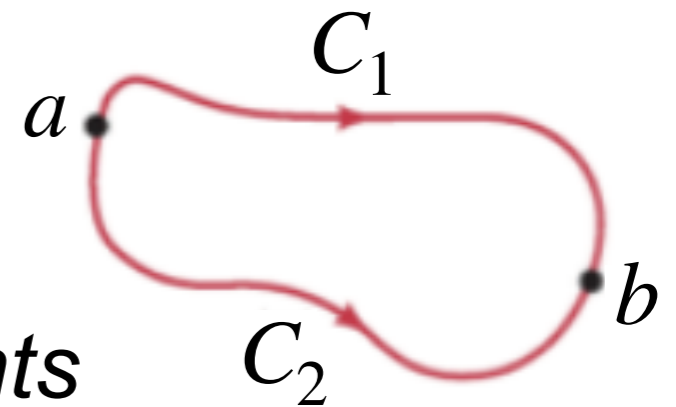
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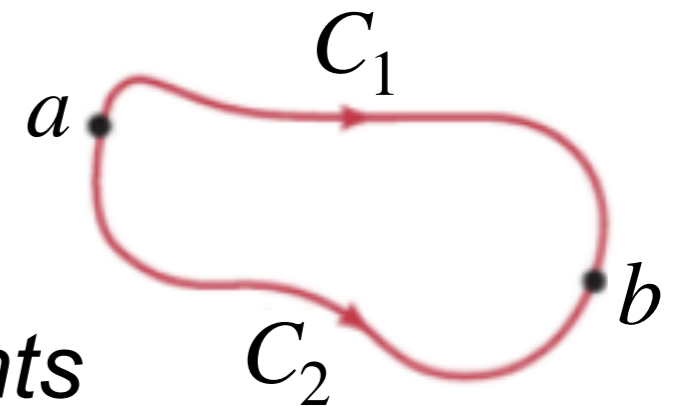


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- Otherwise the force is *non-conservative*
- Gravity and springs are conservative, while friction and air drag are non-conservative

# Path independence of gravity

- Show that the gravitational force  $\vec{F}_g = -mg\hat{y}$  is conservative

$$W_{g1} = \int_{C_1} \vec{F}_g \cdot d\vec{l} = \int_{y_a}^{y_b} -mg\hat{y} \cdot \hat{y} dy + \int_{x_a}^{x_b} -mg\hat{y} \cdot \hat{x} dx$$

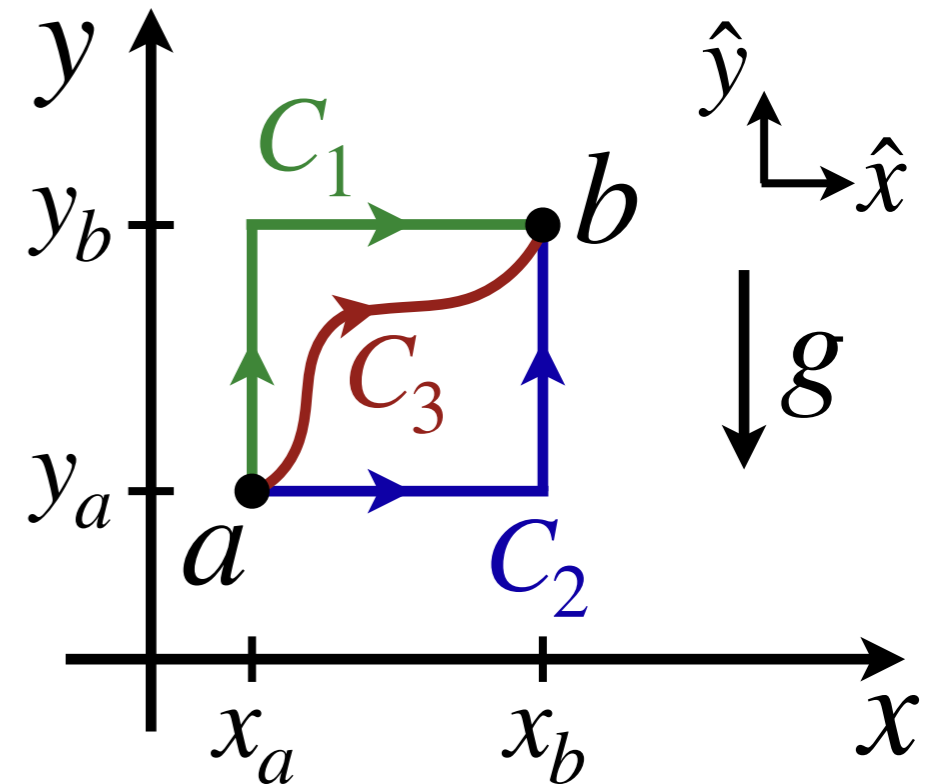
$$= -mg \int_{y_a}^{y_b} dy = -mg(y_b - y_a)$$

$$W_{g2} = \int_{C_2} \vec{F}_g \cdot d\vec{l} = \int_{x_a}^{x_b} -mg\hat{y} \cdot \hat{x} dx + \int_{y_a}^{y_b} -mg\hat{y} \cdot \hat{y} dy$$

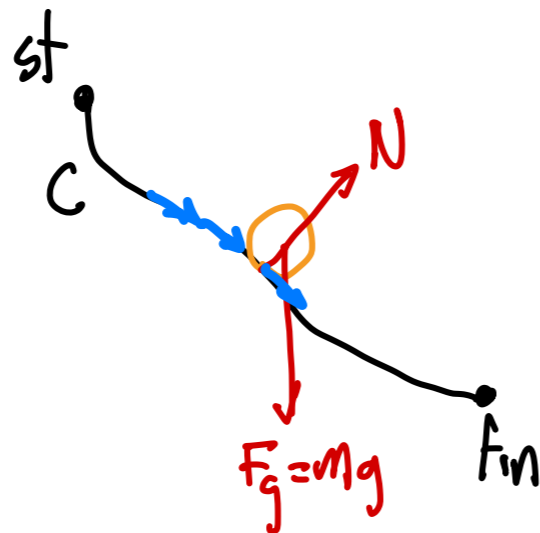
$$= -mg(y_b - y_a)$$

$$W_{g3} = \int_{C_3} \vec{F}_g \cdot d\vec{l} = \int_{C_3} -mg\hat{y} \cdot (\hat{x} dx + \hat{y} dy)$$

$$= \int_{y_a}^{y_b} -mg dy = -mg(y_b - y_a)$$



# DEMO (635)



$$W_{\text{net}} = \int_C \vec{F}_{\text{net}} \cdot d\vec{l} = \int_C (\vec{F}_g + \vec{N}) \cdot d\vec{l}$$
$$= \int_C \vec{F}_g \cdot d\vec{l} + \int_C \vec{N} \cdot d\vec{l} = W_g$$

$$\Rightarrow W_g = \Delta K$$

1) What are the final speeds of the skiers?

$$W_g = mgh, \quad \Delta K = \frac{1}{2}mv_f^2 - \frac{1}{2}mv_0^2 = \frac{1}{2}mv_f^2 \quad \Rightarrow \quad mgh = \frac{1}{2}mv_f^2$$

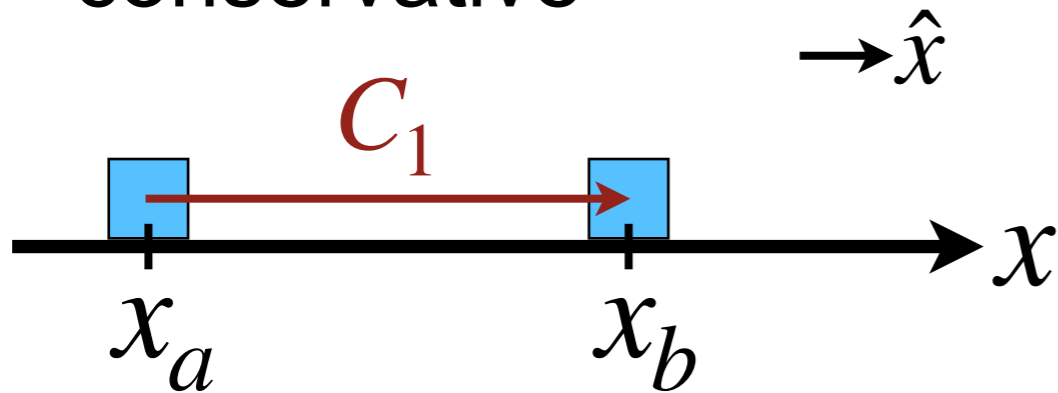
$$v_f = \sqrt{2gh}$$

**Brachistochrone  
problem**

2) Which skier would win in a race?

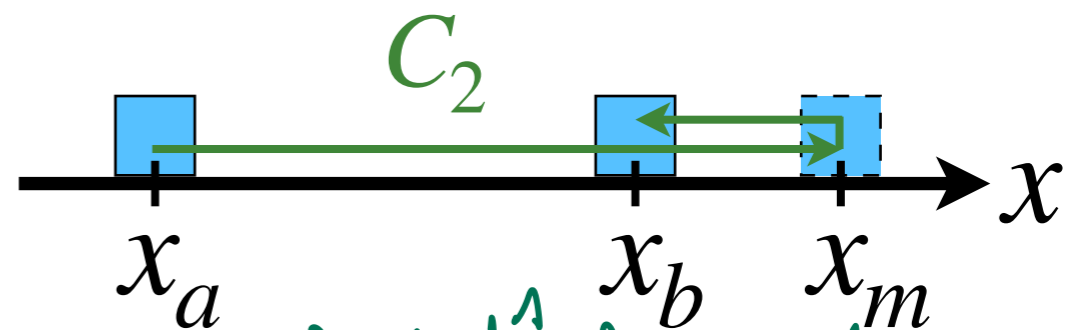
# Path dependence of kinetic friction

- Show that the kinetic friction force  $\vec{F}_f = \pm \mu_k N \hat{x}$  is not conservative



$$\vec{F}_f = -\mu_k N \hat{x} \quad d\vec{l} = \hat{x} dx$$

$$\begin{aligned} W_{f1} &= \int_{C_1} \vec{F}_f \cdot d\vec{l} = \int_{x_a}^{x_b} -\mu_k N \hat{x} \cdot \hat{x} dx \\ &= \int_{x_a}^{x_b} -\mu_k N dx = -\mu_k N \int_{x_a}^{x_b} dx \\ &= -\mu_k N (x_b - x_a) \end{aligned}$$



$$\vec{F}_f = \begin{cases} -\mu_k N \hat{x} & \text{From } x_a \text{ to } x_m \\ \mu_k N \hat{x} & \text{From } x_m \text{ to } x_b \end{cases}$$

$$\begin{aligned} W_{f2} &= \int_{C_2} \vec{F}_f \cdot d\vec{l} = \int_{x_a}^{x_m} -\mu_k N \hat{x} \cdot \hat{x} dx \\ &\quad + \int_{x_m}^{x_b} \mu_k N \hat{x} \cdot \hat{x} dx \\ &= -\mu_k N (x_m - x_a) + \mu_k N (x_b - x_m) \\ &= -\mu_k N (2x_m - x_b - x_a) \neq W_{f1} \end{aligned}$$

# Rules of thumb for mechanics problems

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- Do you need to know information at particular times or at particular locations?
  - Care about timings: Use Newton's laws (as it requires the equation of motion)
  - Care about locations: Use work and energy
- Are the forces constant?
  - Yes: Use Newton's laws
  - No: Use work and energy
- Work and energy are scalar quantities, so they cannot determine the direction of velocity or acceleration

# Summary

- Kinetic energy is defined by  $K = \frac{m}{2}v^2$  and has units of Joules

- The work done by a force  $\vec{F}$  is

$$W = \int_a^b \vec{F} \cdot d\vec{\ell}$$

- Work-kinetic energy theorem: The total (net) work done on an object equals the change in its kinetic energy

$$W_{net} = \Delta K = \frac{m}{2}v_b^2 - \frac{m}{2}v_a^2$$

- The work done by conservative forces *does not* depend on the path, while it *does* for nonconservative forces

# Competitive marble racing tomorrow

