

General Physics: Mechanics

PHYS-101(en)

Lecture 14a:

Damped oscillations,
rolling and review

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December 15th, 2025



Today's agenda (Serway 10,15; MIT 20)

1. **Course feedback**
2. Damped oscillations and resonance
3. Review: Rolling, circular motion
4. More review

Mock exam 2: takeaways

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- Pick up your exam later today during one of the breaks

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 - **No smelly or noisy food/snacks please!**

Announcement: Review sessions

- There will be two Review sessions in January
 - First one on Thursday, Jan. 8th, from 10h to 12h
 - Second one on Tuesday, Jan. 13th, 10h to 12h
 - Room numbers to be announced on Moodle
 - You can come and ask any questions you might have (from lectures, exercises, mock exams, etc.)

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Conceptual question

A block of mass m is attached to a spring with spring constant k . It is free to slide along a horizontal frictionless surface. At $t = 0$ the block-spring system is released from rest at a displacement $x_0 > 0$ from the equilibrium position. What is the velocity of the block when it first passes through the equilibrium position?

A. $v = -2x_0\sqrt{k/m}$

B. $v = -x_0\sqrt{k/m}$

C. $v = x_0\sqrt{k/m}$

D. $v = 2x_0\sqrt{k/m}$

$$\omega_0 = \sqrt{\frac{k}{m}}$$

$$x(t) = A \cos(\omega_0 t + \varphi)$$

$$v(t) = \dot{x}(t)$$

$$= -A \sin(\omega_0 t + \varphi) \omega_0$$

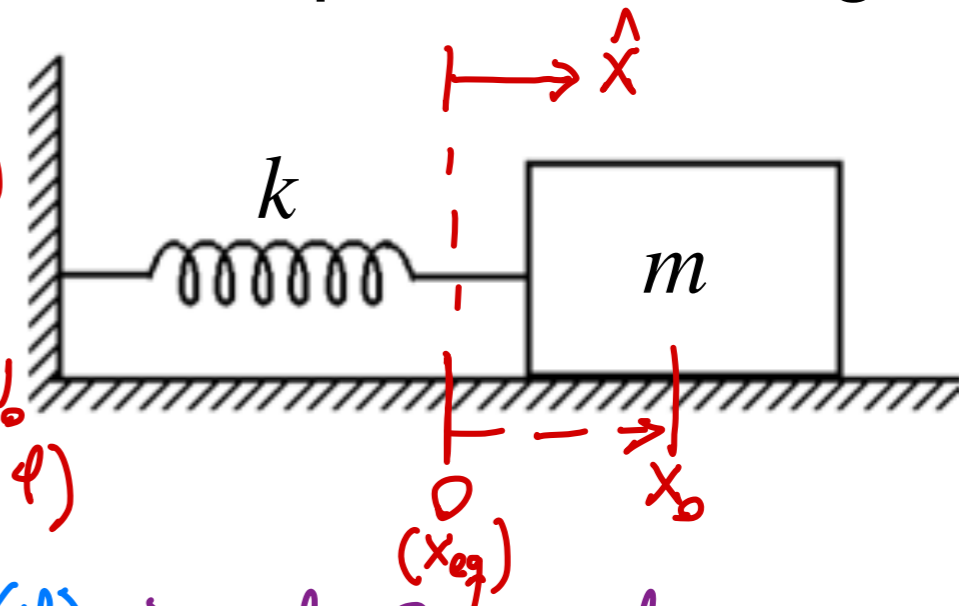
$$= -A \omega_0 \sin(\omega_0 t + \varphi)$$

$$v(t=0) = 0 = -A \omega_0 \sin(\varphi) \Rightarrow \varphi = 0 \text{ or } \varphi = \pi$$

$$x(t=0) = x_0 = A \cos(\varphi) \Rightarrow \varphi \text{ has to be } 0$$

and then $A = x_0$

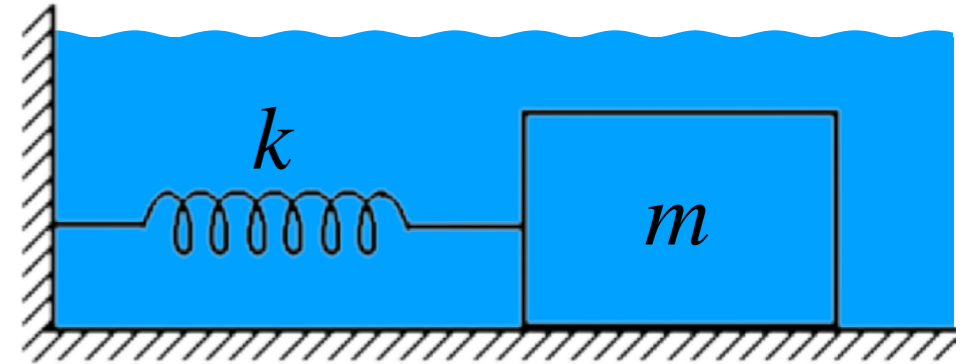
$$x_{eq} = 0 = x_0 \cos(\omega_0 t_{eq}) \Rightarrow \omega_0 t_{eq} = \frac{\pi}{2} \Rightarrow v_{eq} = v(t=t_{eq}) = -x_0 \omega_0 \underbrace{\sin(\omega_0 t_{eq})}_{=1} = -x_0 \omega_0$$



Damped oscillation

- Remember viscous drag (lecture 6)?

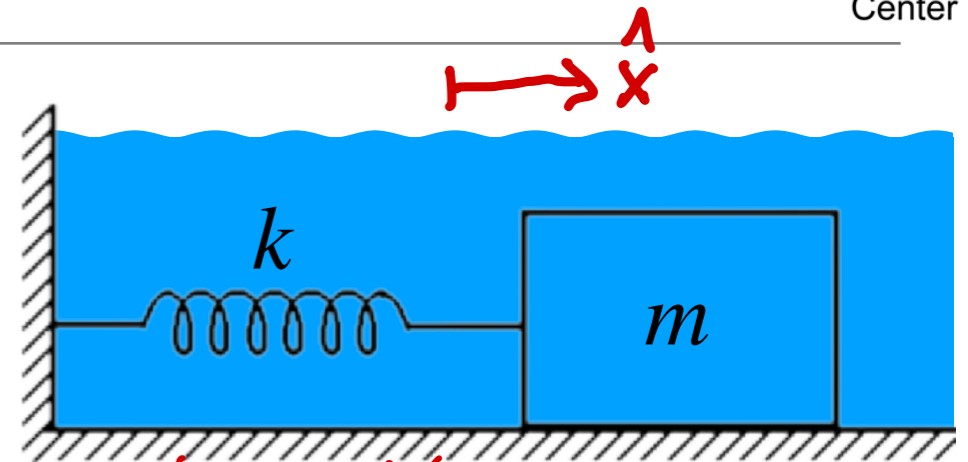
$$\vec{F}_{drag} = -\beta v \hat{v}$$



Damped oscillation

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$$\vec{F}_{drag} = -\beta v \hat{v}$$



set equilibrium at $x=0$

- This represents damping, which is realistic for many physical systems

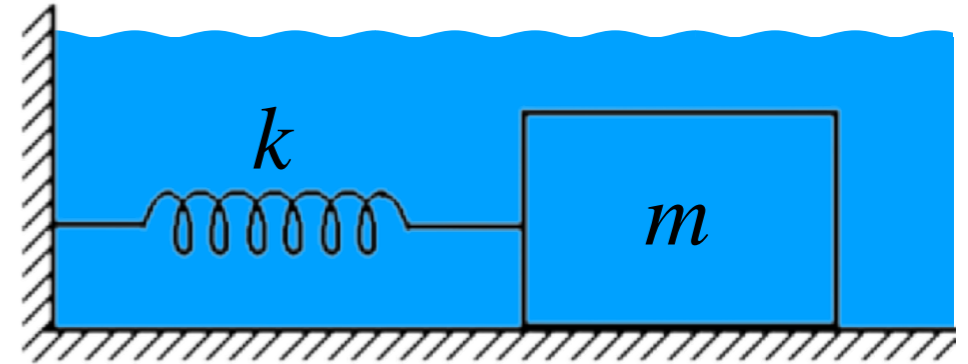
$$\Sigma F_x: F_s + F_d = -Kx - \beta v = m a$$

$$\Rightarrow -Kx - \beta \frac{dx}{dt} = m \frac{d^2x}{dt^2}$$

Damped oscillation

- Remember viscous drag (lecture 6)?

$$\vec{F}_{drag} = -\beta v \hat{v}$$



- This represents damping, which is realistic for many physical systems
- Equation of motion becomes

$$-\beta \frac{dx}{dt} - kx = m \frac{d^2x}{dt^2}$$

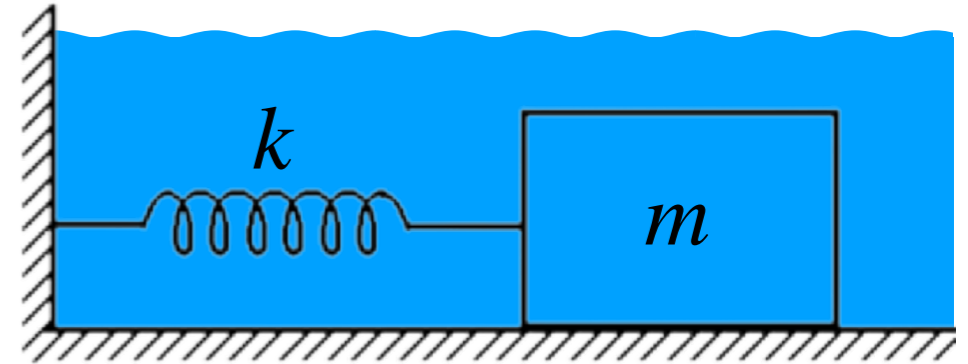
$$\Rightarrow m \frac{d^2x}{dt^2} + \beta \frac{dx}{dt} + kx = 0 \quad \Rightarrow \quad \frac{d^2x}{dt^2} + \underbrace{\frac{\beta}{m}}_{\equiv 2\lambda} \frac{dx}{dt} + \underbrace{\frac{k}{m}}_{\omega_0^2} x = 0$$

$$\lambda = \frac{1}{2} \frac{\beta}{m} \quad (\text{def. of } \lambda)$$

Damped oscillation

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$$\frac{d^2x}{dt^2} + 2\lambda \frac{dx}{dt} + \omega_0^2 x = 0$$

$$\omega_0 = \sqrt{\frac{k}{m}}$$

$$\lambda = \frac{1}{2} \frac{\beta}{m}$$

Damped oscillation

Solutions of

$$\frac{d^2x}{dt^2} + 2\lambda \frac{dx}{dt} + \omega_0^2 x = 0$$

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- If $\lambda^2 < \omega_0^2$ I define $\omega_f^2 = \omega_0^2 - \lambda^2$. Then

$$x(t) = A e^{-\lambda t} \cos(\omega_f t + \varphi)$$

Damped oscillation

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- If $\lambda^2 = \omega_0^2 \Rightarrow x(t) = (A_1 + A_2 t) e^{-\lambda t}$

Damped oscillation

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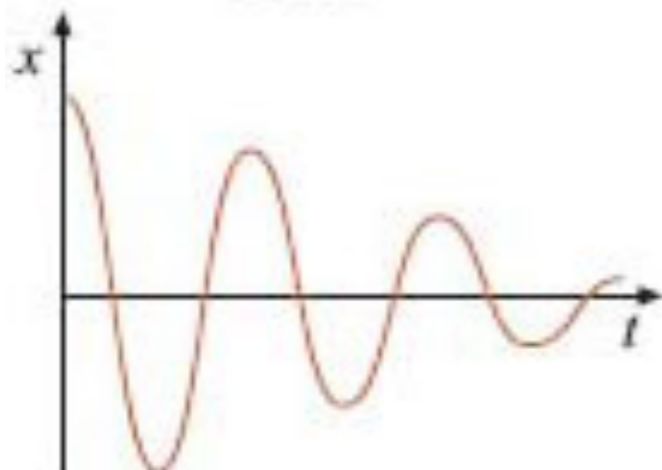
- If $\lambda^2 > \omega_0^2$ I define $-\lambda_{1,2} = -\lambda \pm \sqrt{\lambda^2 - \omega_0^2}$. Then

$$x(t) = A_1 e^{-\lambda_1 t} + A_2 e^{-\lambda_2 t}$$

Three cases of damped oscillation

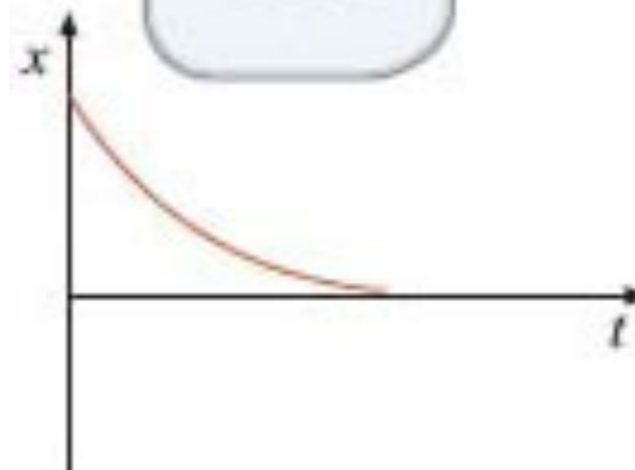
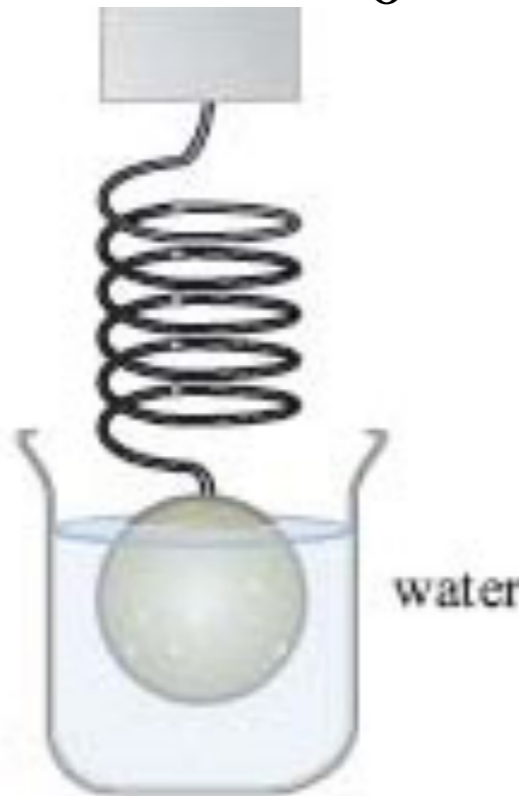
Weak damping

$$\lambda^2 < \omega_0^2$$



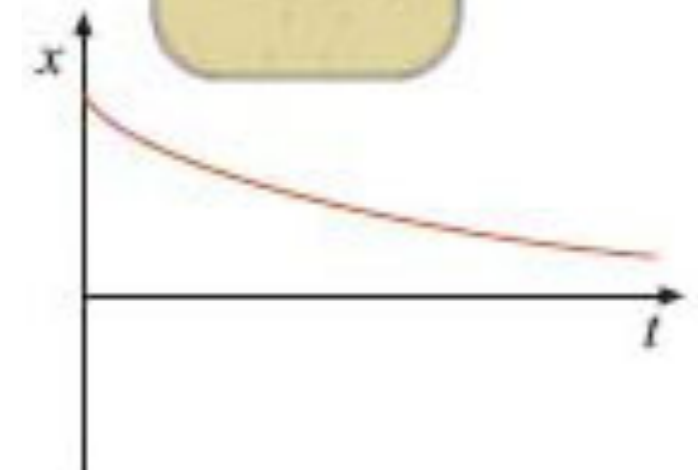
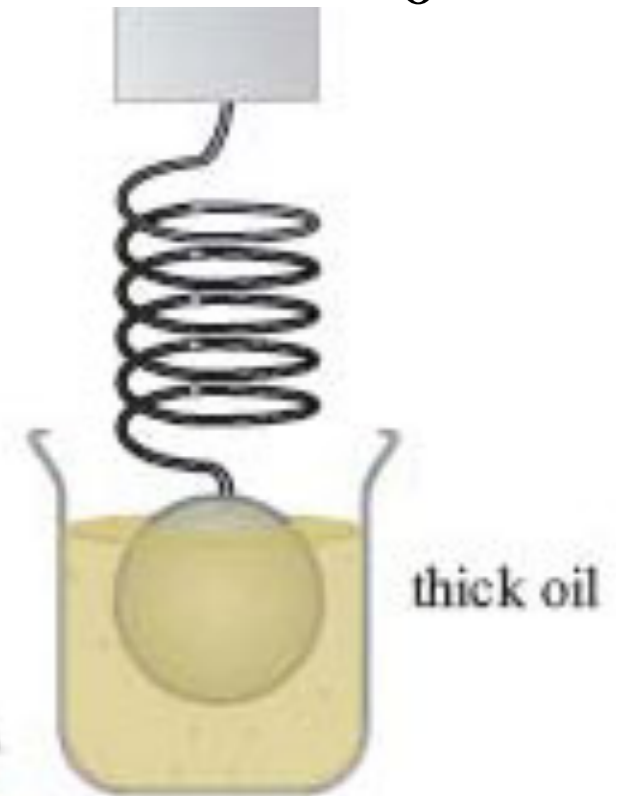
Critical damping

$$\lambda^2 = \omega_0^2$$



Strong damping

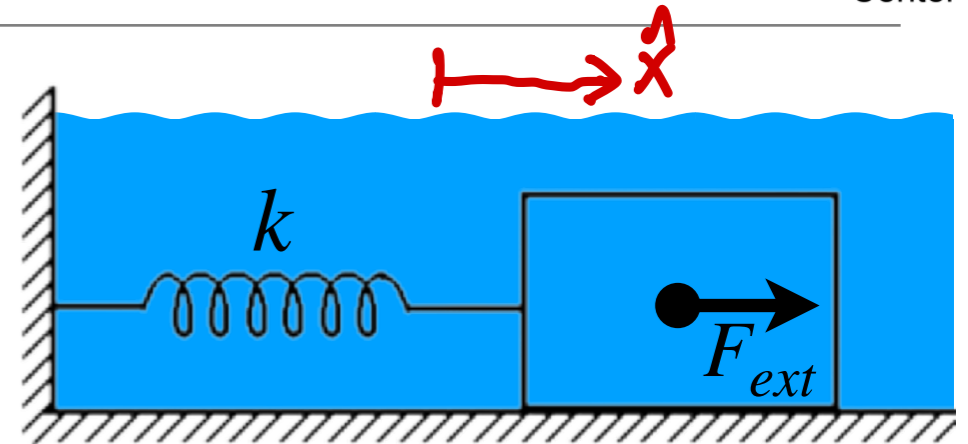
$$\lambda^2 > \omega_0^2$$



Forced oscillation

- Now let's add yet another term, an external driving force

$$F_{ext}(t) = F_d \cos(\omega_d t)$$



- This represents the influence of an externally applied force with amplitude F_d and angular frequency ω_d

$$\sum F_x: F_s + F_d + F_{ext} = -KX - \beta \frac{dx}{dt} + F_{ext} = m \frac{d^2x}{dt^2}$$

$$\Rightarrow m \frac{d^2x}{dt^2} + \beta \frac{dx}{dt} + KX = F_{ext}$$

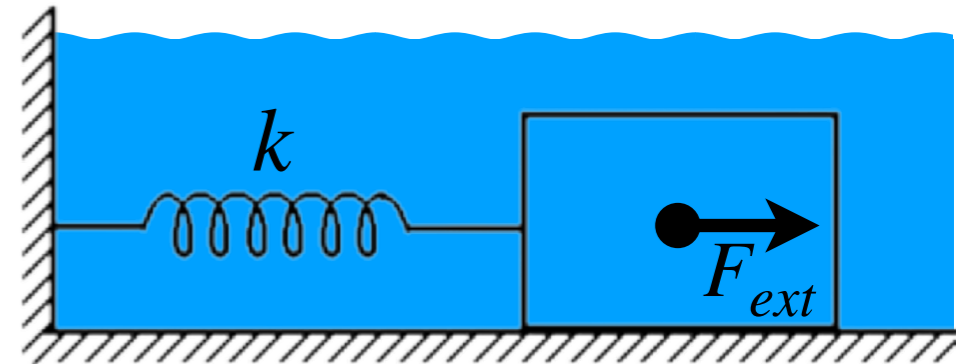
$$\Rightarrow \frac{d^2x}{dt^2} + \frac{\beta}{m} \frac{dx}{dt} + \frac{K}{m} X = \frac{1}{m} F_{ext} = \frac{1}{m} F_d \cos(\omega_d t)$$

$\frac{\beta}{m} \xrightarrow{2\lambda}$ $\frac{K}{m} \xrightarrow{\omega_0^2}$

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- Equation of motion becomes

$$\frac{d^2 x}{dt^2} + 2\lambda \frac{dx}{dt} + \omega_0^2 x = \frac{F_d}{m} \cos(\omega_d t)$$

Forced oscillation

- The solution is

$$x(t) = \left(\begin{array}{c} \text{homogeneous} \\ \text{solution} \end{array} \right) + A_d \cos(\omega_d t + \varphi_d)$$

Forced oscillation

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$$x(t) = \left(\begin{array}{c} \text{homogeneous} \\ \text{solution} \end{array} \right) + A_d \cos(\omega_d t + \varphi_d)$$

where A_d (the *forced* amplitude) is

$$A_d = A_d(\omega_d, F_d) = \frac{F_d/m}{\sqrt{(2\lambda\omega_d)^2 + (\omega_0^2 - \omega_d^2)^2}}$$

Forced oscillation

- The solution is

$$x(t) = \left(\text{homogeneous solution} \right) + A_d \cos(\omega_d t + \varphi_d)$$

Decays to zero
after waiting
long enough

where A_d (the *forced* amplitude) is

$$A_d = A_d(\omega_d, F_d) = \frac{F_d/m}{\sqrt{(2\lambda\omega_d)^2 + (\omega_0^2 - \omega_d^2)^2}}$$

and the *forced* phase is

$$\varphi_d = \varphi_d(\omega_d) = \tan^{-1} \left(\frac{2\lambda\omega_d}{\omega_d^2 - \omega_0^2} \right)$$

Resonance

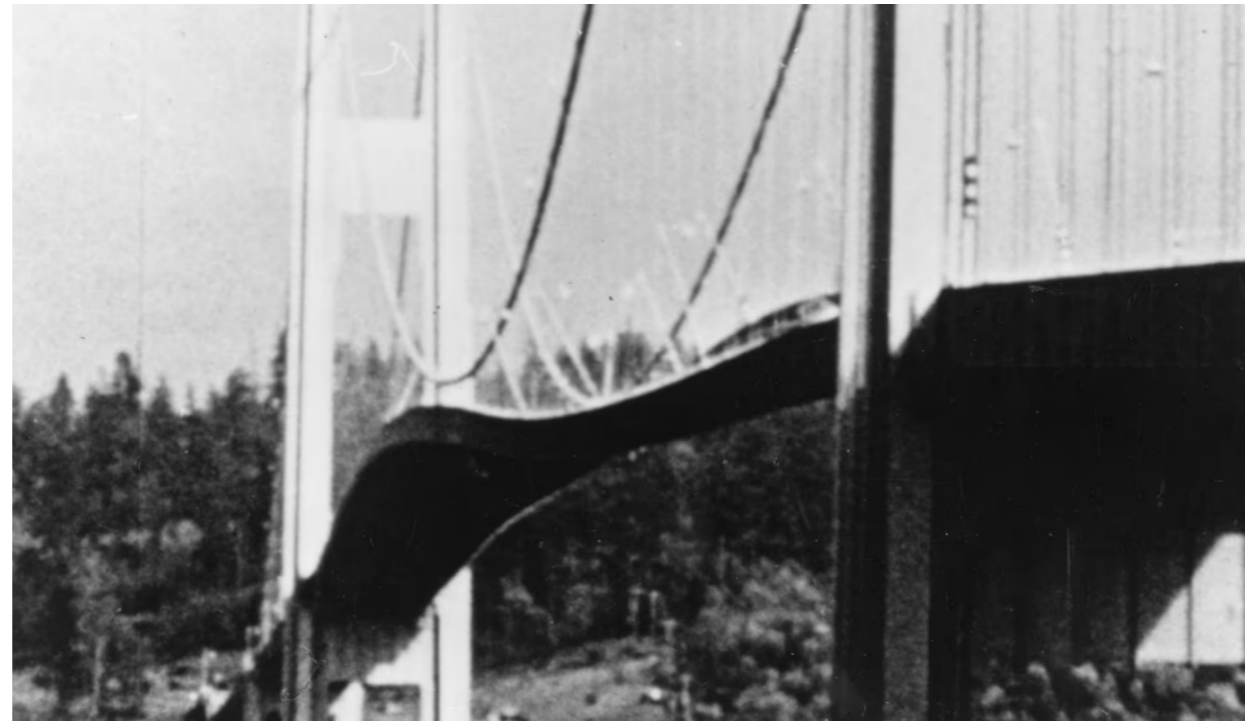
- When the driving frequency and natural frequency are very close, $\omega_d \approx \omega_0$, weird stuff can happen

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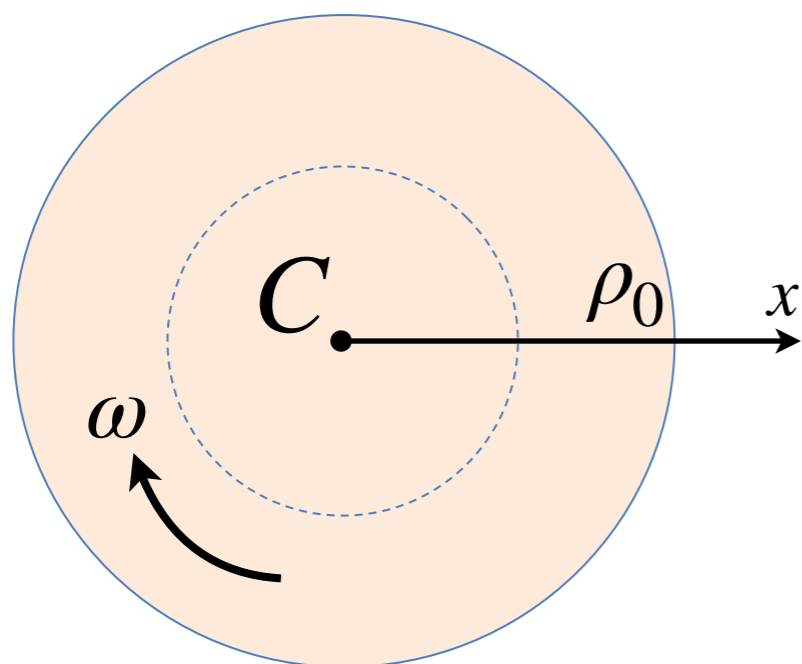


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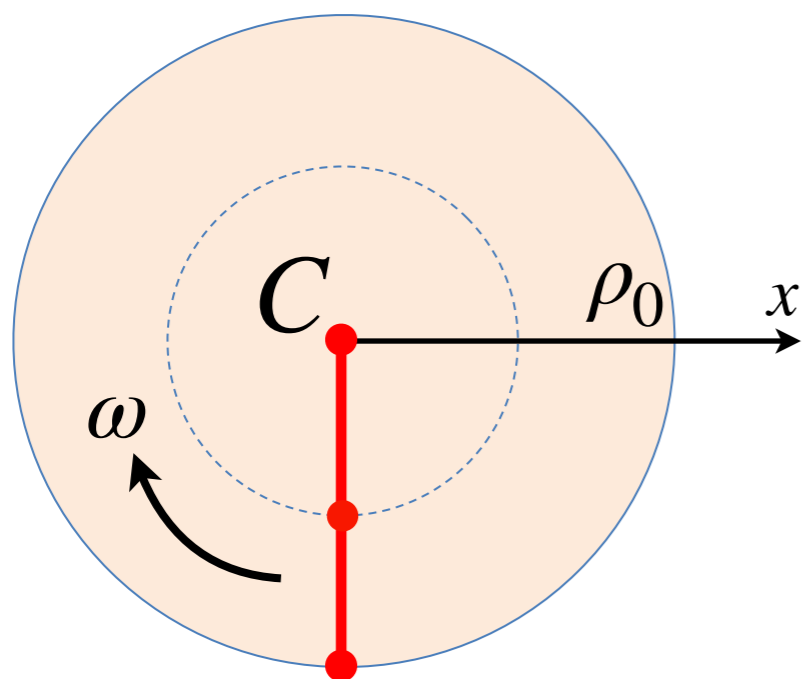
Pure rotation of a rigid body

- All points exhibit circular motion about the Center of Mass C



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- All points on a straight line drawn through the axis move through the same angle $\Delta\phi$ in the same time Δt



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Pure rotation of a rigid body

- All points exhibit circular motion about the Center of Mass C
- All points on a straight line drawn through the axis move through the same angle $\Delta\phi$ in the same time Δt
- Therefore, every point has the same value of ω and α
- The distance they move is the arc length $\Delta\ell(\rho) = \rho\Delta\phi$, so any point p has $\vec{v}_{Cp} = \frac{\Delta\ell}{\Delta t}\hat{\phi} = \frac{\rho\Delta\phi}{\Delta t}\hat{\phi} = \rho\omega\hat{\phi}$ in the CM frame

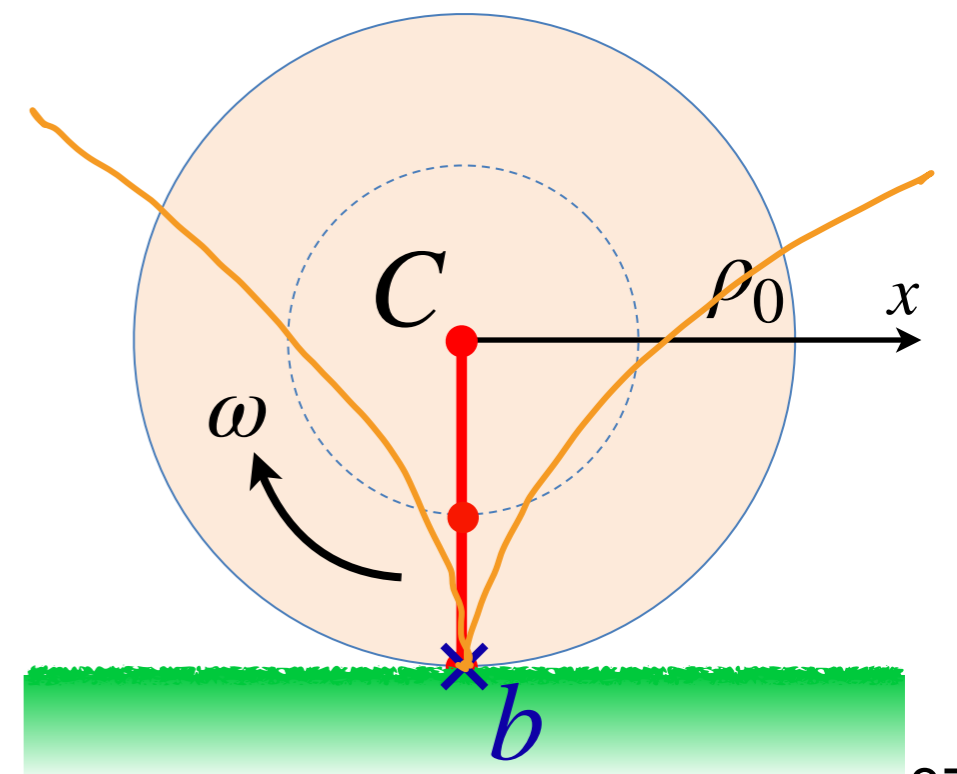


Rolling without slipping

- If an object is rolling without slipping, then at the point of contact with the ground b , the wheel has

$$\vec{v}_{gb} = 0$$

in the ground frame of reference



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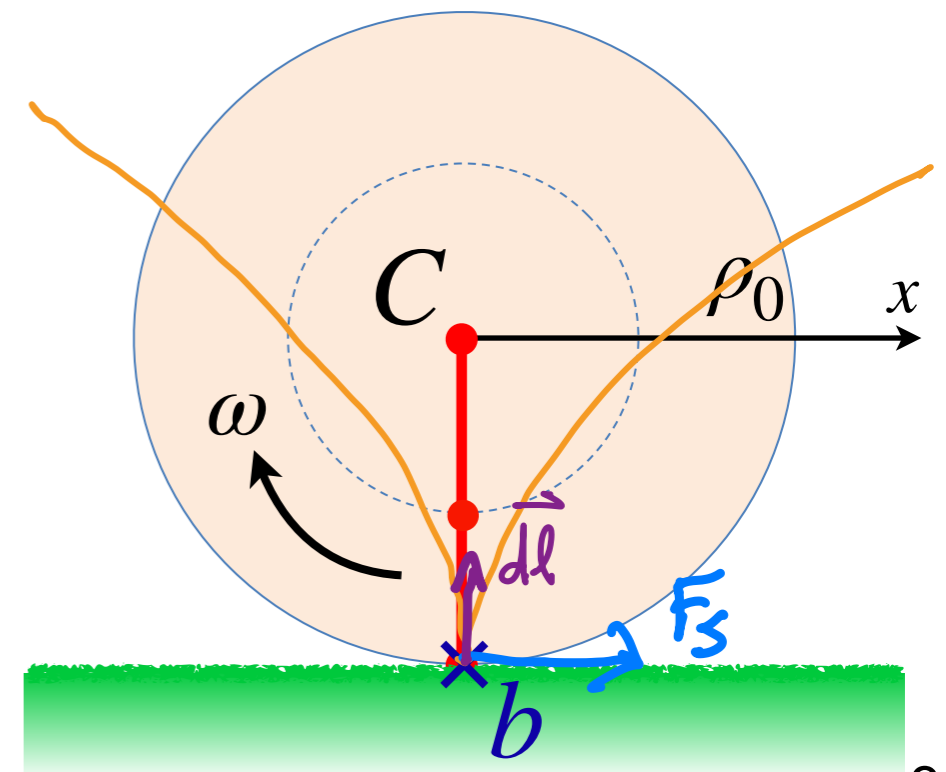
$$\vec{v}_{gb} = 0$$

in the ground frame of reference

- This means the friction is static, points in the opposite direction to translational acceleration, and does no work

$$W_s = \int \vec{F}_s \cdot d\vec{l} = 0$$

because $\vec{F}_s \perp d\vec{l}$



Rolling velocity and switching reference frames

- In the CM frame, all points on the rim have $\vec{v}_{Cp} = \rho_0 \omega \hat{\phi}$
- In the frame of reference of the ground, the point touching the ground b has $\vec{v}_{gb} = 0$

$$\vec{r}_{gb} = \vec{r}_{gc} + \vec{r}_{cb}$$

$$\Rightarrow \frac{d}{dt}(\vec{r}_{gb}) = \frac{d}{dt}(\vec{r}_{gc} + \vec{r}_{cb})$$

$$\vec{v}_{gb} = \vec{v}_{gc} + \vec{v}_{cb}$$

$$\vec{v}_{gc} = \vec{v}_w$$

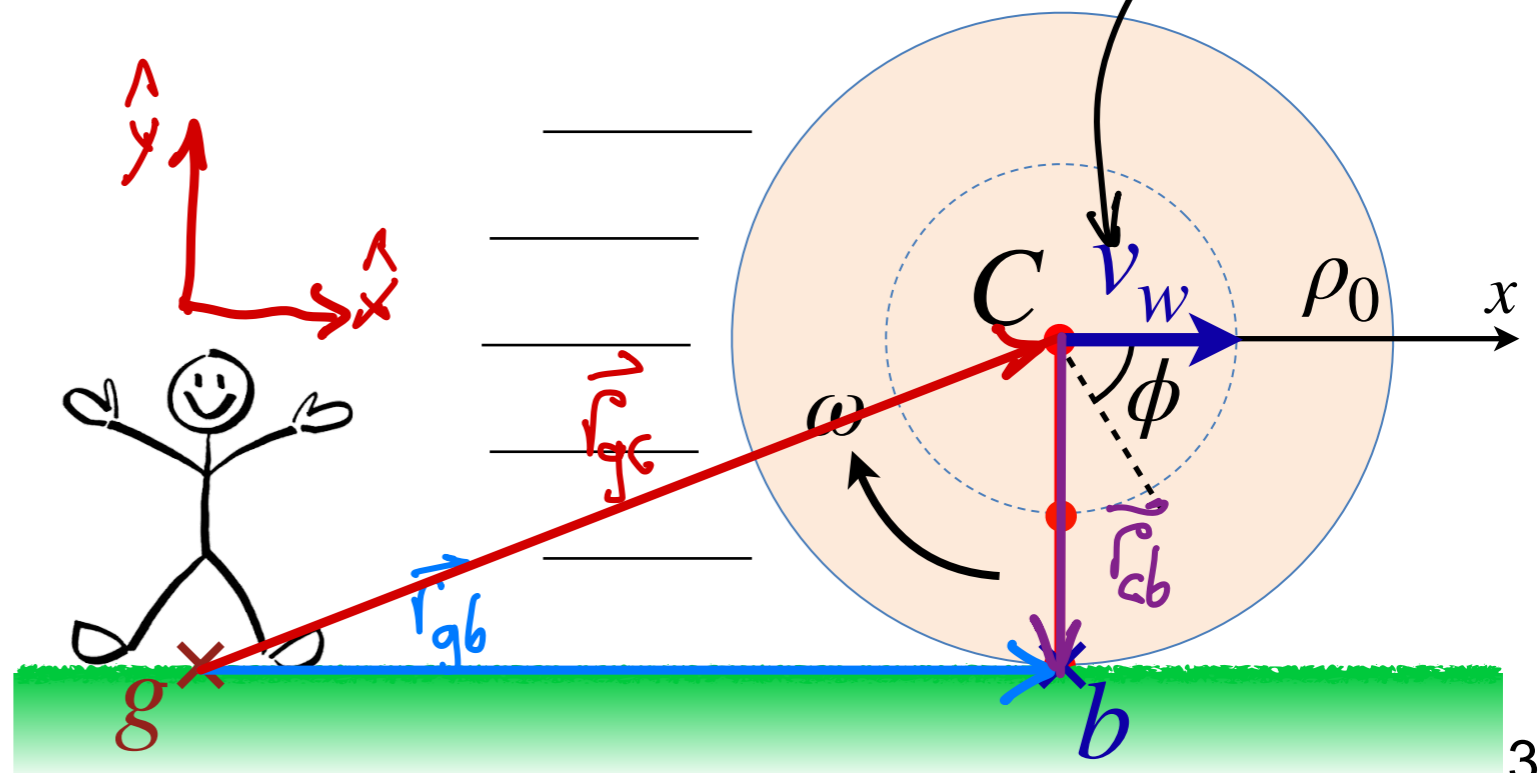
$$\vec{v}_{cb} = \rho_0 \omega \hat{\phi}_{cb}$$

$$\vec{v}_{gb} = \vec{v}_w + \rho_0 \omega \hat{\phi}_{cb}$$

$$\Rightarrow \vec{v}_w = -\rho_0 \omega \hat{\phi}_{cb} = -\rho_0 \omega (-\hat{x})$$

$$= \rho_0 \omega \hat{x}$$

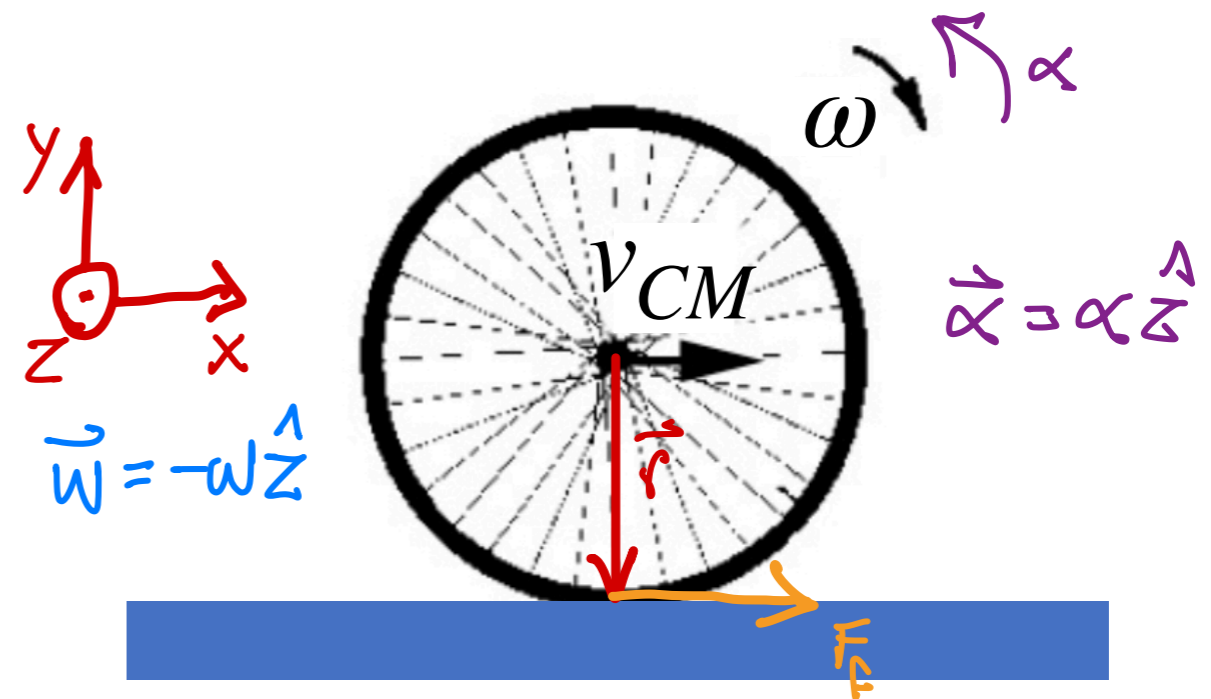
Notice that \vec{v}_w is the vel. of CM in this case



Conceptual question

A bicycle wheel is initially spinning in the air and then is put into contact with a rough surface (see figure). It slips against the surface. What is the direction of the kinetic friction force acting on the wheel?

- A. Points to the right
- B. Points to the left
- C. Points up
- D. Points down



$\vec{\alpha}$ must point opposite to $\vec{\omega}$ because wheel slows down

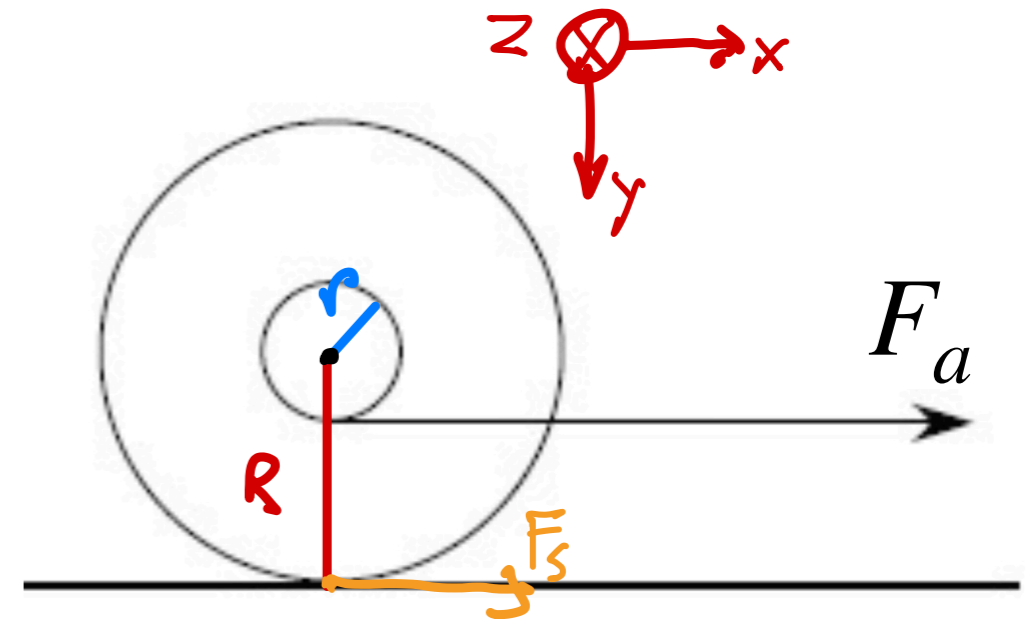
$$\vec{\tau}_{net} = I\vec{\alpha} = I\alpha\hat{z}$$

$$\text{but } \vec{\tau}_{net} = \vec{r} \times \vec{F}_f = (-r\hat{y}) \times F_f\hat{x} = I\alpha\hat{z}$$

$$\text{Therefore } \vec{F}_f = F_f\hat{x}$$

Example: Yo-yo

A yo-yo of mass m is placed on a rough surface and rolls without slipping. It is composed of two disks separated by a spindle with a smaller diameter. A string is wound around the spindle and pulled with a force F_a . In which direction does it move? To the right, winding up the string, or to the left, unwinding the string?



$$\vec{\tau}_{\text{net}} = I\vec{\alpha}$$

$$\vec{\tau}_{\text{net}} = \sum \vec{\tau} = \vec{\tau}_{F_a} + \vec{\tau}_{F_s} = (r\hat{y}) \times (F_a\hat{x}) + (R\hat{y}) \times (F_s\hat{x}) = rF_a(-\hat{z}) - RF_s\hat{z}$$

$$= -(rF_a + RF_s)\hat{z} = I\vec{\alpha} = I\left(\frac{a_{\text{cm}}}{R}\right)\hat{z} \quad (\text{because } a_{\text{cm}} = \alpha R \text{ for no slip})$$

$$\Rightarrow I \frac{a_{\text{cm}}}{R} = -rF_a - RF_s = -rF_a - R[m a_{\text{cm}} - F_a] = -rF_a + RF_a - Rm a_{\text{cm}}$$

$$\Rightarrow \frac{I}{R} a_{\text{cm}} + mR a_{\text{cm}} = \left(\frac{I}{R} + mR\right) a_{\text{cm}} = (R-r)F_a \Rightarrow a_{\text{cm}} = (R-r)\left(\frac{I}{R} + mR\right)^{-1} F_a > 0$$

$$\sum F_y: mg - N = 0 \Rightarrow N = mg$$

$$\sum F_x: F_a + F_s = m a_{\text{cm}} \Rightarrow F_s = m a_{\text{cm}} - F_a$$