

Extreme Parkour with Legged Robots

Group 24

Teo Halevi
William Martin
Loïs Marchioni

2024 IEEE International Conference on Robotics and Automation (ICRA), May 13-17, 2024. Yokohama, Japan

Xuxin Cheng, Kexin Shi, Ananye Agarwal, Deepak Pathak ; Carnegie Mellon University ; University of Zurich

Core Idea & Motivation

- **Goal:** Enable low-cost legged robots to perform precise, dynamic parkour
- **Challenge:** Imprecise actuation & low-quality sensing
- **Inspiration:** Humans master parkour through experience, not perception
- **Aim:** Replicate learning-driven adaptability in affordable robots
- Classical control methods → fail under such uncertainty

Article



Robot characteristics

Robot: Unitree A1 – low-cost 12-joint quadruped, capable of bipedal motion

Dimensions: thigh joint height ≈ 26 cm, body length ≈ 40 cm

Some extreme parkour maneuvers:

- High jumps over obstacles $2\times$ height
- Long jumps across gaps $2\times$ length
- Handstands with seamless transitions
- Running over tilted ramps

Onboard hardware:

- Intel RealSense D435 depth camera (~ 10 Hz)
- Jetson NX computer
- Depth backbone at 10 Hz, base policy at 50 Hz
- Depth frames (58×87) cropped, downsampled, passed to policy with latency



Training: End-to-end policy trained on a single RTX 3090 GPU in < 20 hours

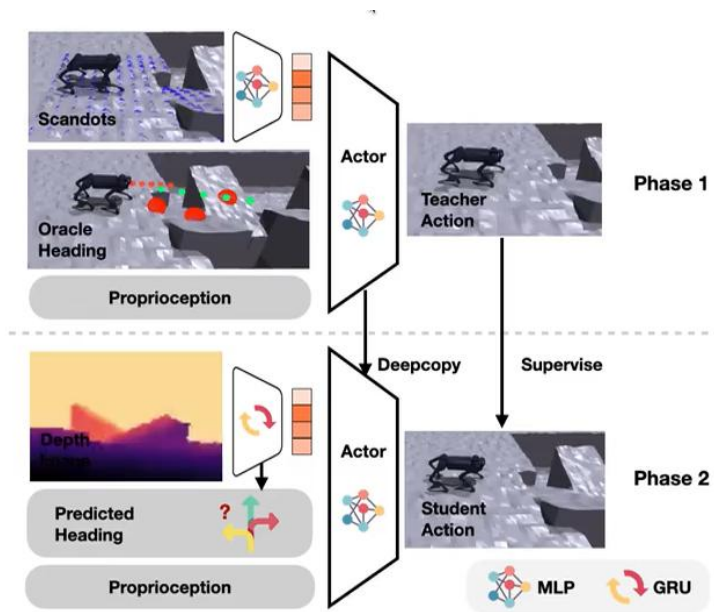
Learning Approach

- Single end-to-end neural policy trained via large-scale RL in simulation
- Maps front-facing depth images → motor commands
- No separate perception or planning modules
- Robust to noisy, low-frequency sensing & laggy actuation

Technical aspects:

- Dual distillation method: combines agile motor imitation + heading prediction from depth images
- Unified reward principle: inner-product formulation promoting diverse parkour skills
- Automatic terrain curriculum for easier RL exploration
- Uses scandots as terrain-agnostic privileged signals
- Obstacle-aware heading control at deployment

Method – Teacher-student distillation



Phase 1

Teacher learns locomotion policy using privileged data :

- Environment parameters
- Scandots
- Heading from waypoints

Phase 2

Student learns heading using only depth camera data, under the teacher's supervision.

<https://extreme-parkour.github.io/>

Unified Reward

Velocity tracking reward :

Aligns robot velocity with next waypoint heading.

$$r_{tracking} = \min(\langle \mathbf{v}, \hat{\mathbf{d}}_w \rangle, v_{cmd})$$

Safety near edges reward :

Safety margin before gaps.

$$r_{clearance} = - \sum_{i=1}^4 c_i M[p_i]$$

Style reward :

Enables aesthetic gaits, e.g. handstand

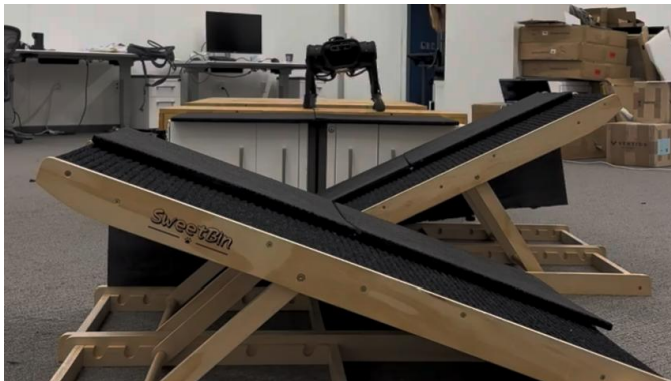
$$r_{stylized} = W \cdot [0.5 \cdot \langle \hat{\mathbf{v}}_{fwd}, \hat{\mathbf{c}} \rangle + 0.5]^2$$

Simulation Baselines		
Reward	<i>NoInner</i>	No direction alignment → robot avoids obstacles instead of jumping
	<i>NoClear</i>	No edge penalty → unsafe footholds near edges
	<i>Noisy</i>	Noisy elevation maps → inconsistent policy, relies on collisions
Heading	<i>Both</i>	Always uses predicted heading → drift in control due to compounding error
	<i>Mask</i>	No heading command in training → fails to learn turns
	<i>Oracle</i>	Ground-truth heading → best possible benchmark for comparison

Real world		
<i>NoClear</i>	No edge clearance penalty at training	→ Robot steps too close to edge
<i>NoDir</i>	Human controls heading via joystick	→ Too slow for sudden changes

Only the full method (*inner-product reward, clearance penalty, and learned heading*) **succeeds reliably in both simulation and real-world parkour.**

Quite impressive performance...



Perform parkour with a *low-cost* robot

- Imprecise actuation
- Imprecise sensing
- Single depth camera:
 - Low-frequency, Jittery, Prone to artifacts

Performance

High jump

2x the height of the hip joints.

0.5m

Long jump

2x its length.

0.8m

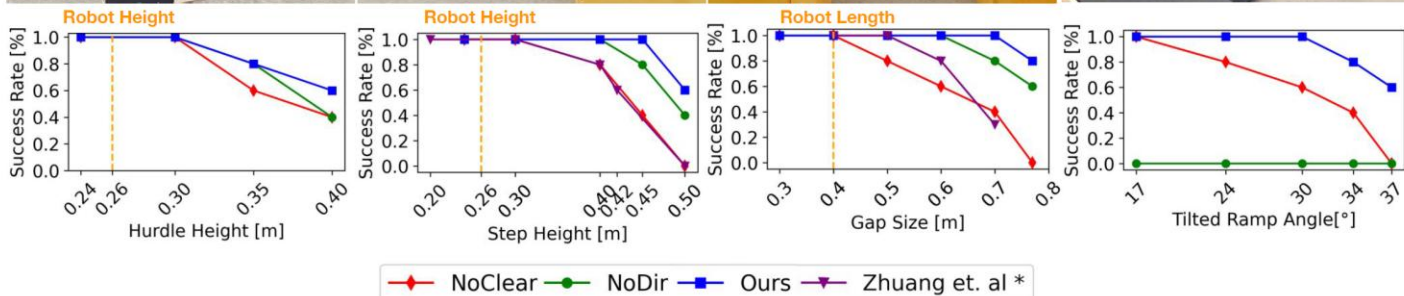
Handstand

Transition quadrupedal to bipedal walking

Ramp

37°

Performance metrics



Performance

High jump

2x the height of the hip joints.

0.5m

Long jump

2x its length.

0.8m

Handstand

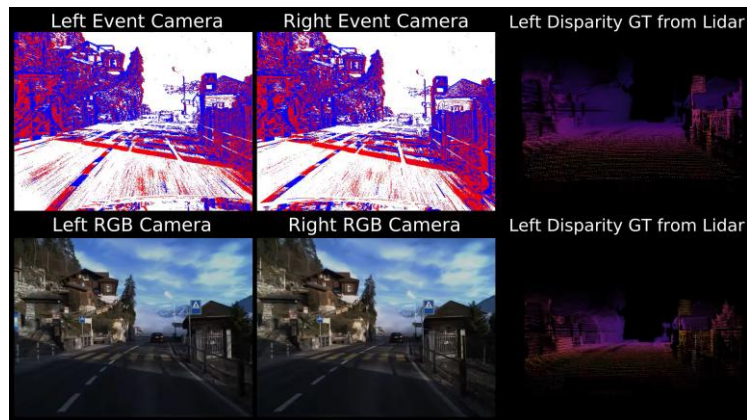
Transition quadrupedal to bipedal walking

Ramp

37°

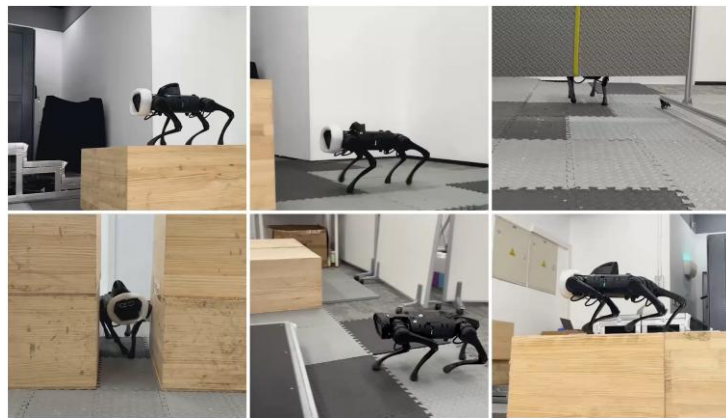
2 alternative approaches

Event camera and spiking neural network :



<https://www.youtube.com/watch?v=W4yW78y4F7A>

World model-based perception :



<https://wmp-loco.github.io/>

Pros / Cons

PROS

- High performances with low cost and imprecise hardware
- baseline method
- Emergent/adaptive behavior in challenging environments
- Minimal intervention
- Model-free approach

CONS

- Require offline training
- Finding suitable reward function is a challenging/tedious task
- Policy's success depends on sim-to-real gap.
- Hard to guarantee safety
- Might face suboptimal convergence
- Depth camera limitation : lightning, low-frequency, ...

Pros / Cons

PROS

- High performances with low cost and imprecise hardware
- baseline method
- Emergent/adaptive behavior in challenging environments
- Minimal intervention
- Model-free approach

CONS

- Require offline training
- Finding suitable reward function is a challenging/tedious task
- Policy's success depends on sim-to-real gap.
- Hard to guarantee safety
- Might face suboptimal convergence
- Depth camera limitation : lightning, low-frequency, ...

Pros / Cons

PROS

- High performances with low cost and imprecise hardware
- baseline method
- Emergent/adaptive behavior in challenging environments
- Minimal intervention
- Model-free approach

CONS

- Require offline training
- Finding suitable reward function is a challenging/tedious task
- Policy's success depends on sim-to-real gap.
- Hard to guarantee safety
- Might face suboptimal convergence
- Depth camera limitation : lightning, low-frequency, ...

Pros / Cons

PROS

- High performances with low cost and imprecise hardware
- baseline method
- Emergent/adaptive behavior in challenging environments
- Minimal intervention
- Model-free approach

CONS

- Require offline training
- Finding suitable reward function is a challenging/tedious task
- Policy's success depends on sim-to-real gap.
- Hard to guarantee safety
- Might face suboptimal convergence
- Depth camera limitation : lightning, low-frequency, ...

- Summary and Key aspects – 2min30 – William
 - Material (robot Unitree, nb of joints, type of camera)
 - Key aspects
 - Videos
- Details about the article – 2min30 – Lois
 - RL methods (rewards, scandots and distillation)
 - Show phases image
 - Show
- Results, Limits, Comparison with articles – 2min30 – Teo
 - Results : gif to show the results, talk about the performance
 - Limits : impact of removing one parameter
 - Comparison with articles