



WEEK 11

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NEUROEPIGENETICS II

# Neuroepigenetics

## 1) The chromatin – Epigenetic basics (Lecture 1)

- Chromatin condensation
- Regulation of chromatin structure
- Environmental influences on epigenetics
- Epigenetic inheritance

## 2) Epigenetic dysregulation (Lecture 2)

- in AD

# Learning objectives

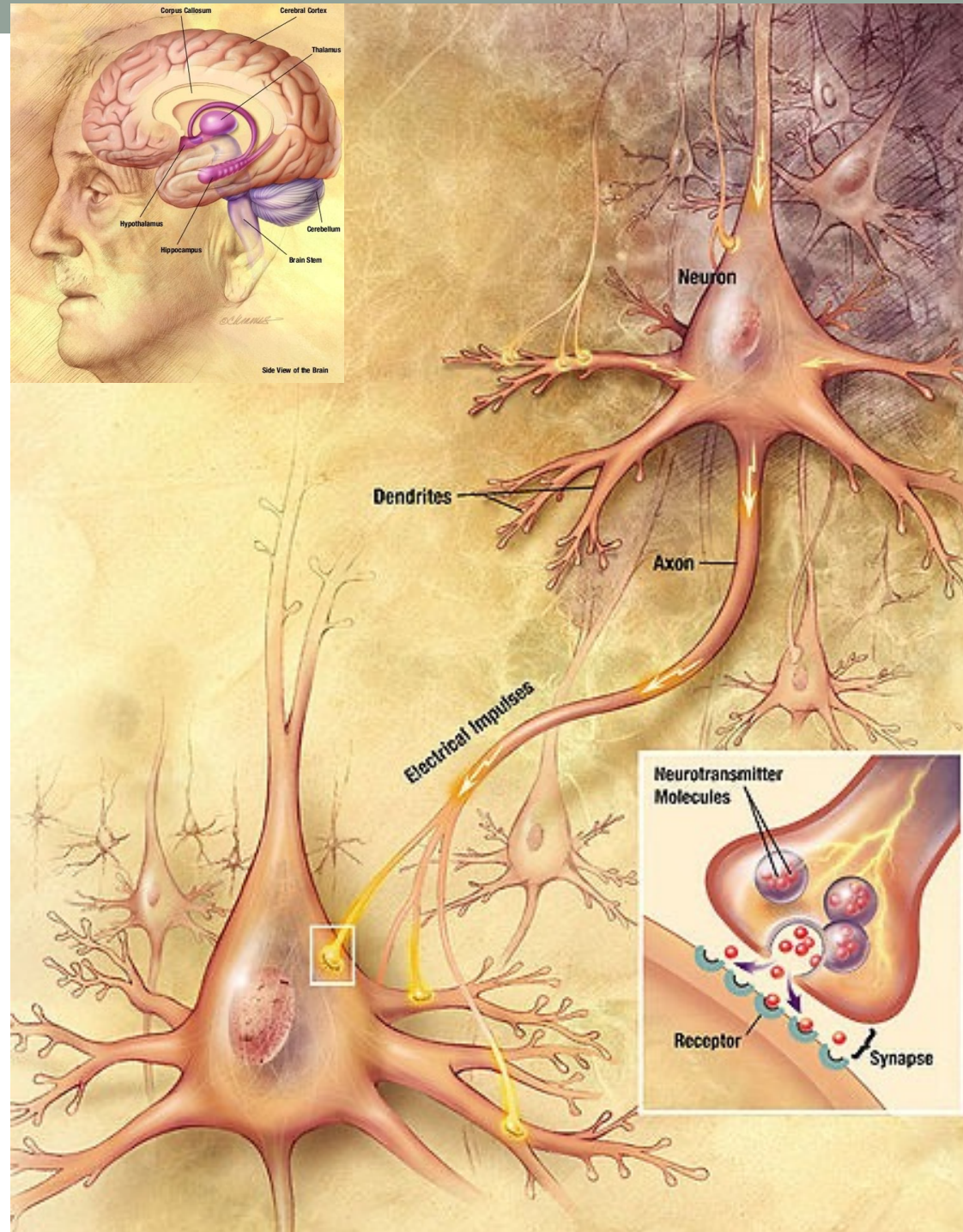
At the end of today you will be up to date with

- How histone acetylation contributes to learning and memory
- How dysregulated histone acetylation contributes to cognitive decline in AD
- The concept of “cognitive epigenetic priming”, or how HDAC inhibitors work to improve cognition

A word cloud of scientific terms. The words are arranged in a roughly triangular shape, pointing to the right. The colors range from dark red to orange. The terms include: Damage (vertical, dark red), Water-Maze (horizontal, black), Braak (horizontal, orange), Priming (horizontal, dark red), shRNA (horizontal, orange), CHIP (horizontal, black), Neurotoxic (vertical, dark red), H2O2 (horizontal, black), Luciferase (horizontal, dark red), Single-cell (vertical, black), HDACi (horizontal, dark red), HDAC2 (horizontal, orange), and GF (vertical, dark red).

Damage  
Water-Maze  
Braak  
Priming  
shRNA  
CHIP  
Neurotoxic  
H2O2  
Luciferase  
Single-cell  
HDACi  
HDAC2  
GF

# What is memory?



# Epigenetic memory?

How to **strengthen memory** ?

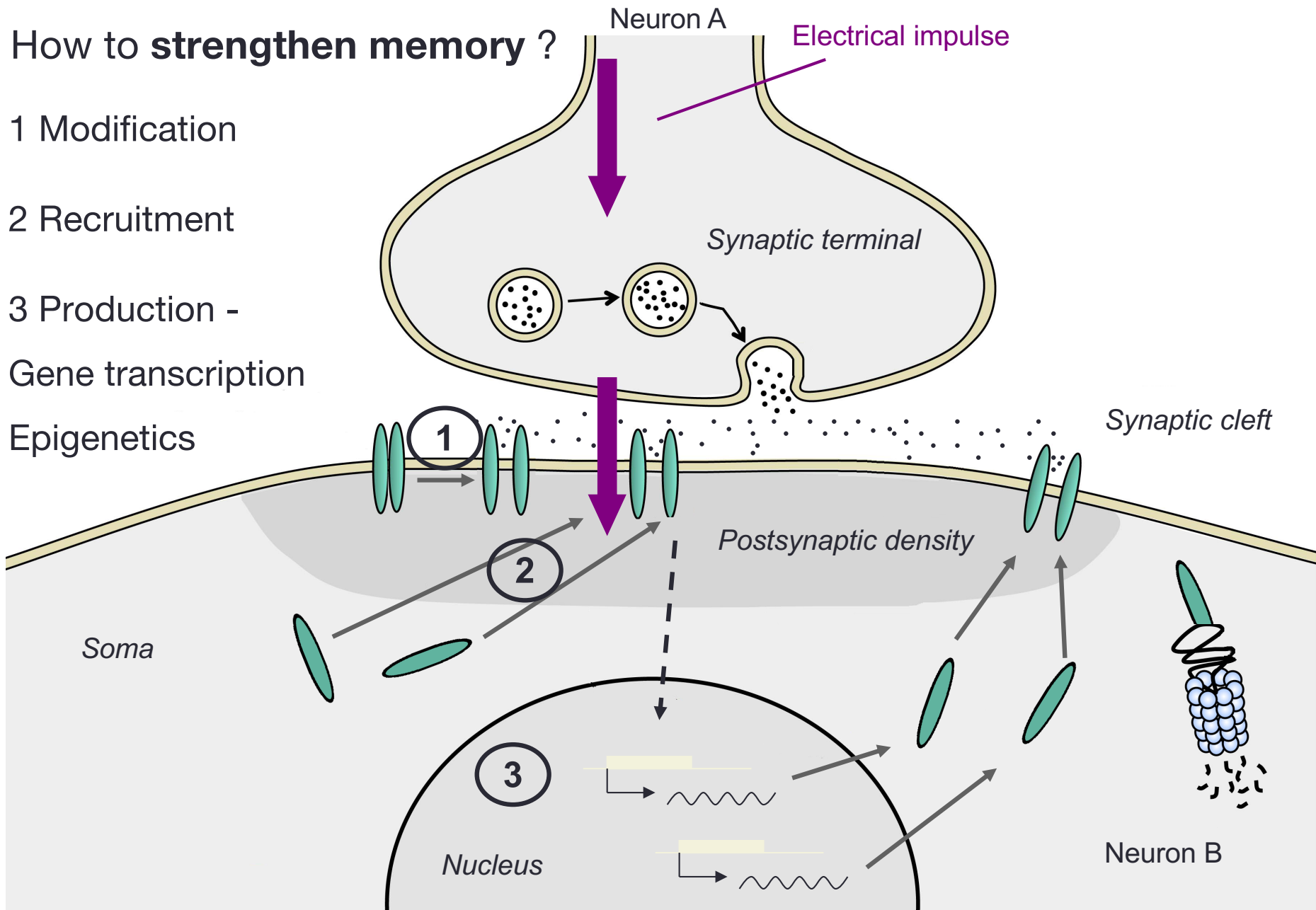
1 Modification

2 Recruitment

3 Production -

Gene transcription

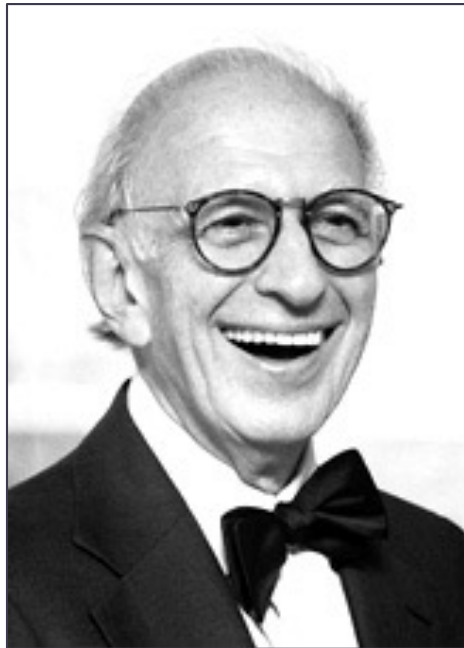
Epigenetics



REVIEW: NEUROSCIENCE

# The Molecular Biology of Memory Storage: A Dialogue Between Genes and Synapses

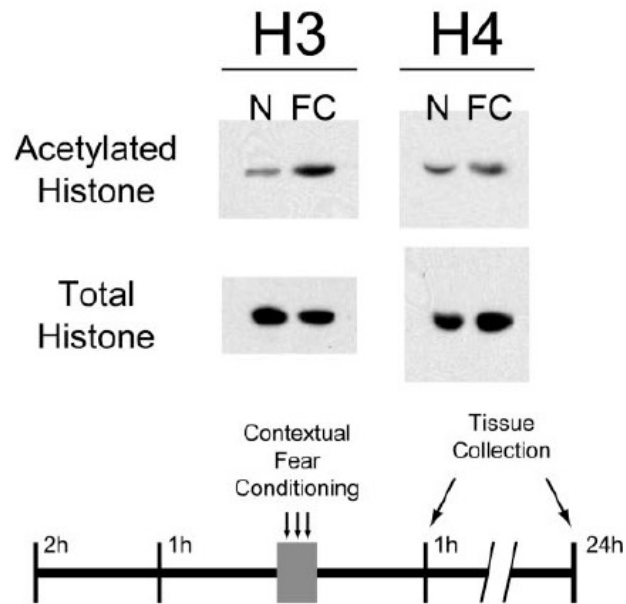
Eric R. Kandel\*



# Epigenetic memory?

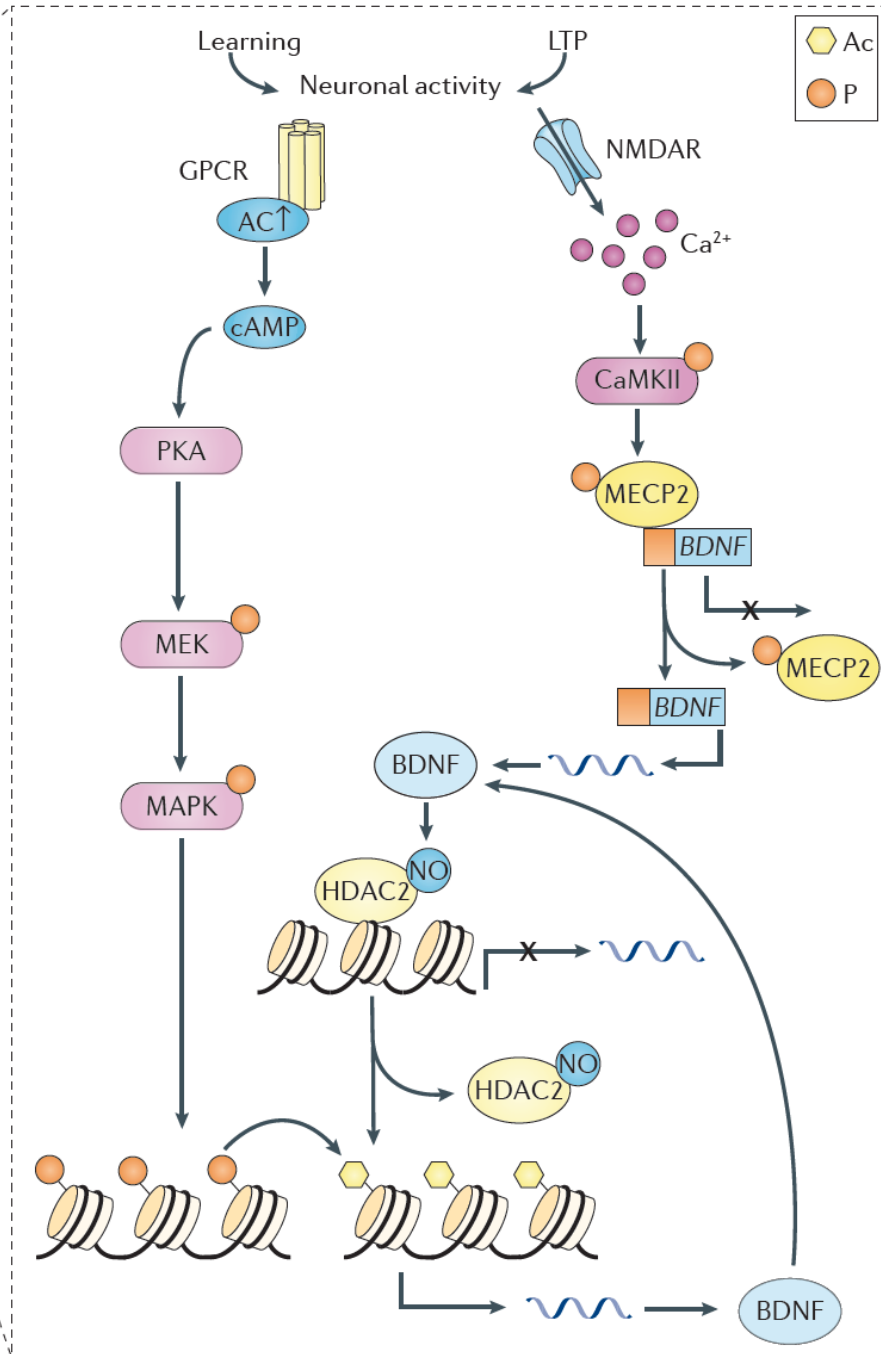
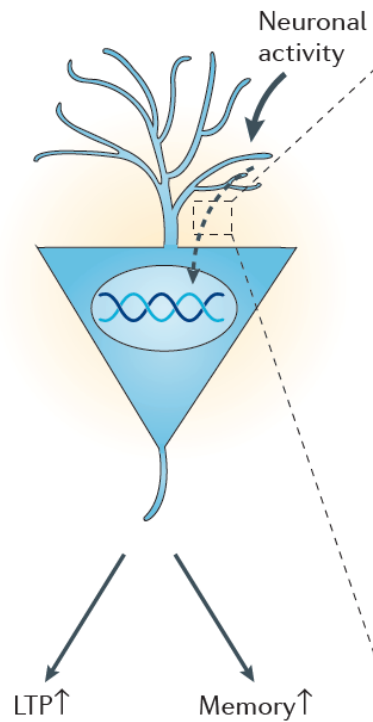
- **Epigenetic mechanisms**

- = “on” or “above” the genes
- Mechanisms regulating the compaction of the chromatin
- Accompany **memory** formation



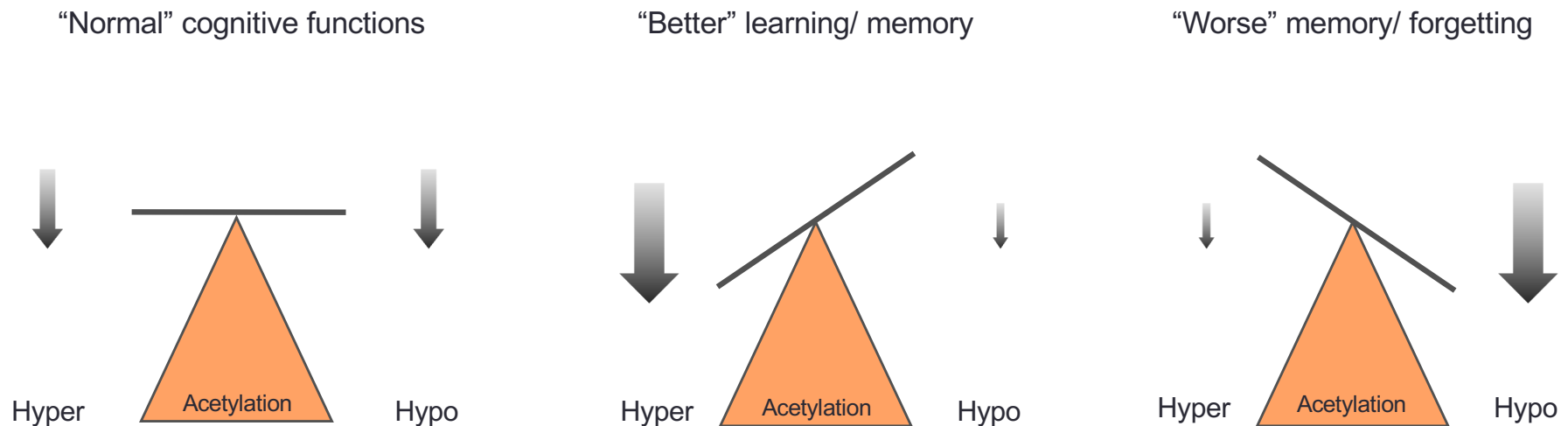
from Levenson et al. 2004

• **Histone acetylation:**



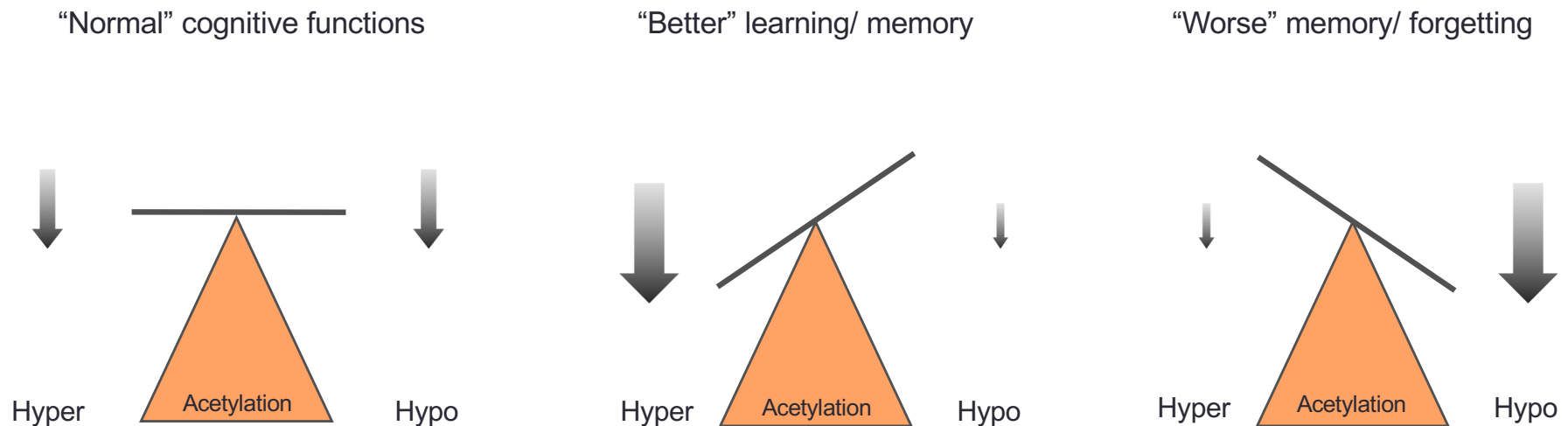
- **Histone acetylation and cognitive processes**

- Increased histone acetylation facilitates synaptic plasticity, learning and memory
- Decreased histone acetylation constrains synaptic plasticity, learning and memory
  - Reduced attraction between the acetylated (-COCH<sub>3</sub>) lysine residue on histones (that is positively charged) and the partially negatively charged DNA, thereby facilitating gene transcription



# Histone acetylation and memory

- **Histone acetylation and cognitive processes** (Kandel, Sweatt, Abel and others)
  - Catalyzed by **Histone Acetyl Transferases (HATs)** and **Histone Deacetylases (HDACs)**
    - **HATs** favor learning and memory Korzus et al., Neuron, 2004; Alarcon et al., Neuron, 2004; Oliveira et al., L&M, 2007
    - **HDAC2** blocks learning and memory Guan et al., Nature, 2009

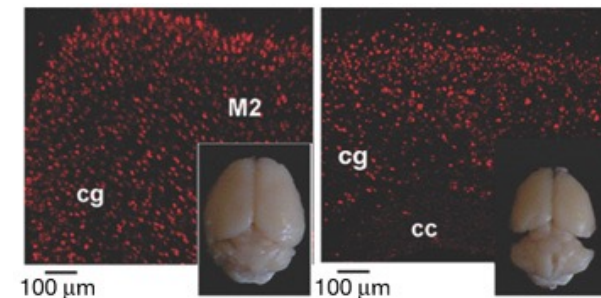
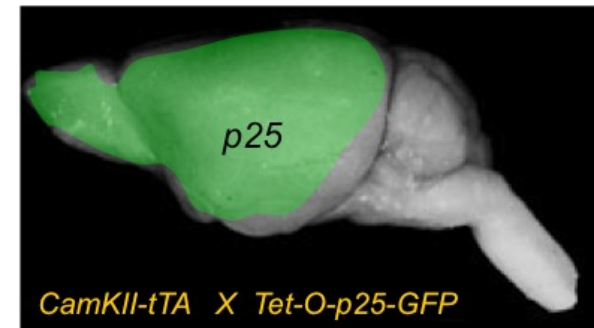




- **So, we asked:**
  - Do **epigenetic mechanisms** contribute to cognitive decline in AD?
  - Does **HDAC2** contribute to cognitive decline in AD?

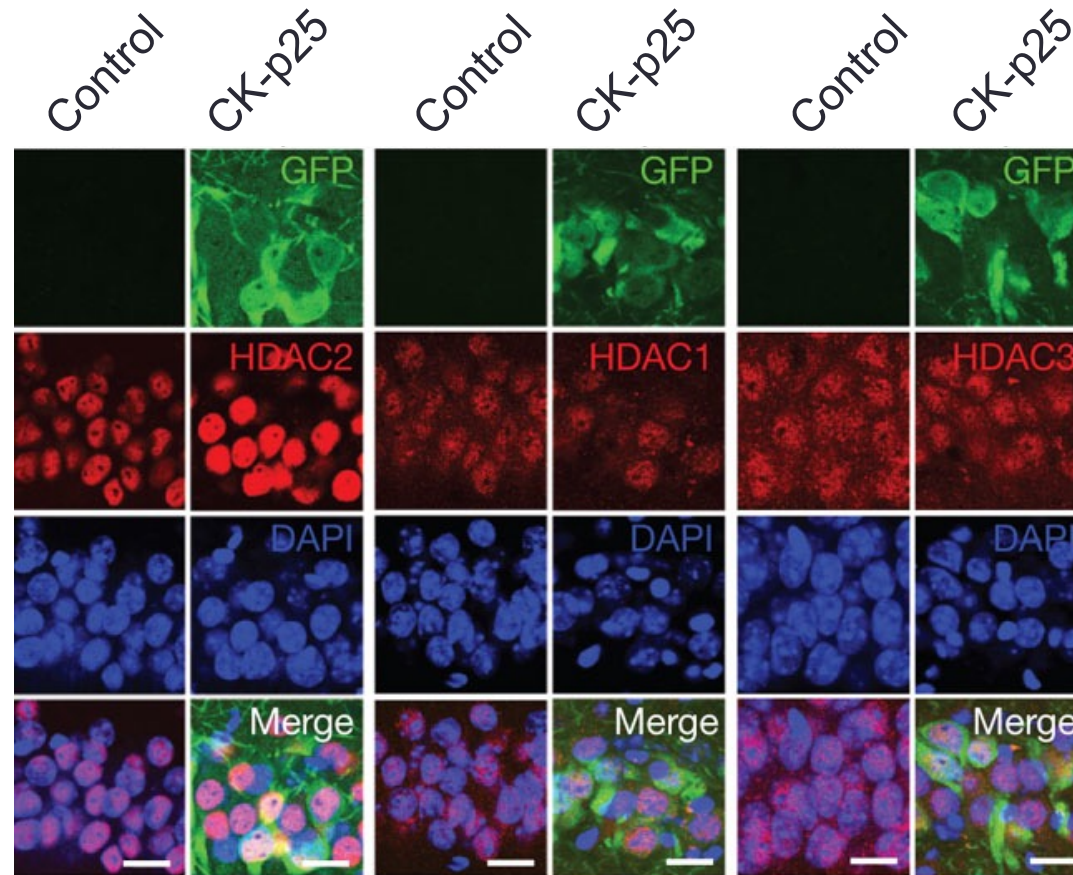
# Epigenetic Mechanisms gone wrong

- **Mouse mouse model of AD** Cruz et al., 2003/2006; Fischer et al., 2005
  - Caused by aberrant activity of **Cyclin-dependent Kinase 5 (CdK5)** due to its association with **p25**
    - forebrain-specific expression of p25-GFP
  - Brain mass and neuronal loss
  - Amyloid plaques
  - Learning and memory deficits



© Nature 2007

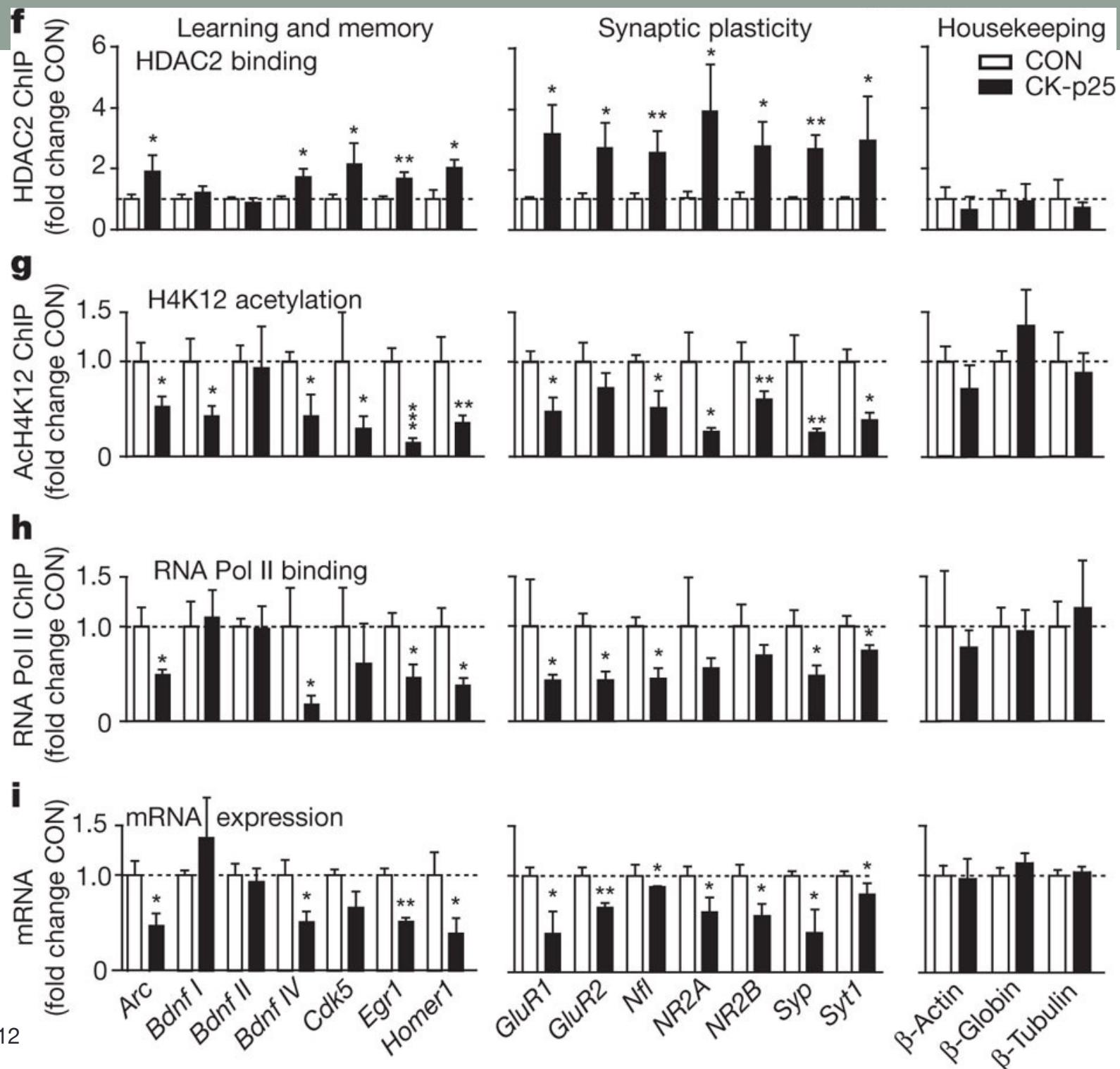
- **HDAC2 levels are elevated in the AD mouse brain**



- **Consequences of elevated HDAC2 levels in the AD mouse brain:**
  - 1) **More HDAC2 binding\*** in the promoter region of genes important for learning and memory
  - 2) **Less histone acetylation\*** in the same promoter region
  - 3) **Less binding of the RNA polymerase\*** responsible for mRNA transcription of these genes
  - 4) **Less mRNA transcription of these genes**

*\*measured by chromatin immunoprecipitation (ChIP): Next slide*

**An epigenetic blockade of cognitive functions**



# Epigenetic Mechanisms gone wrong

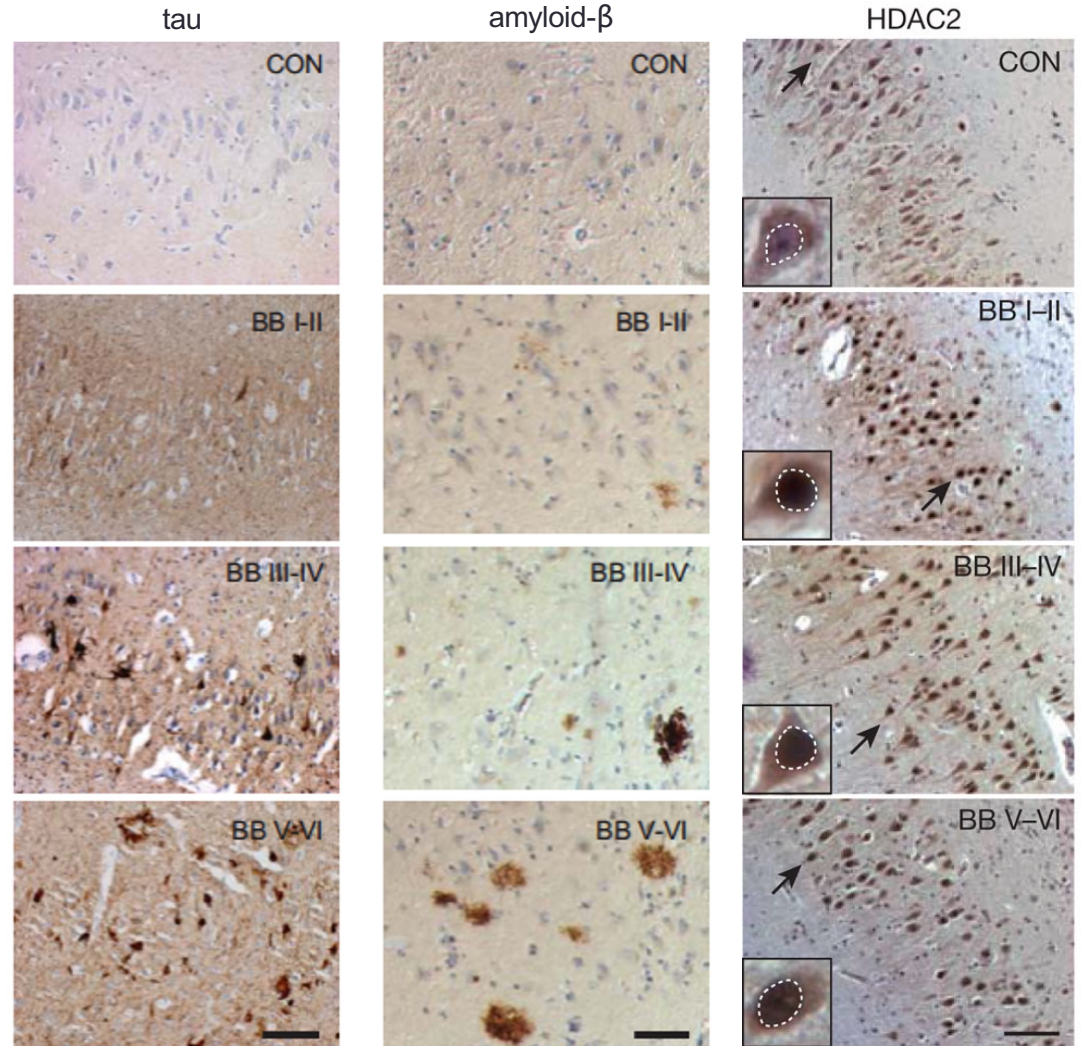
- HDAC2 in the human AD brain**

CON: No AD pathologies

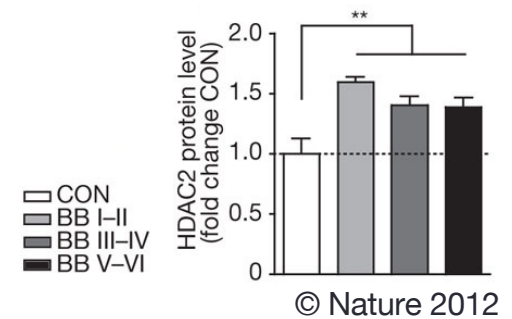
BB I-II: Mild cognitive impairment

BB III-IV: Moderate AD

BB V-VI: Severe AD

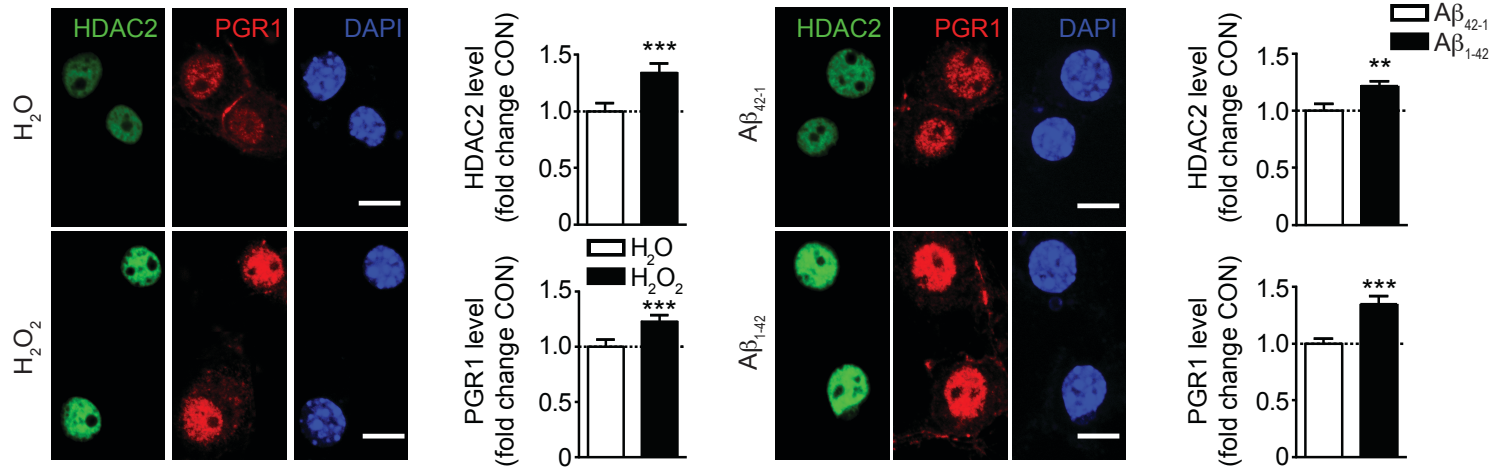


**A similar epigenetic blockade in the human AD brain?**

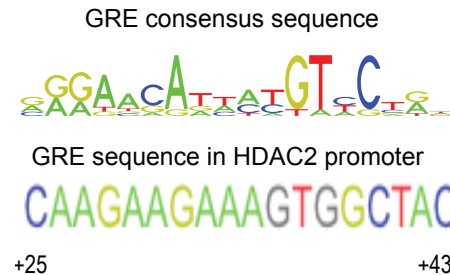


# Epigenetic Mechanisms gone wrong

- What are the **mechanisms** behind the upregulation of HDAC2?
  - Responsive to oxidative stress ( $H_2O_2$ ) and neurotoxic insults (amyloid- $\beta$ )
  - transcriptionally regulated via glucocorticoid receptor element (GRE)?



Transcription factor binding sites in HDAC2 promoter?

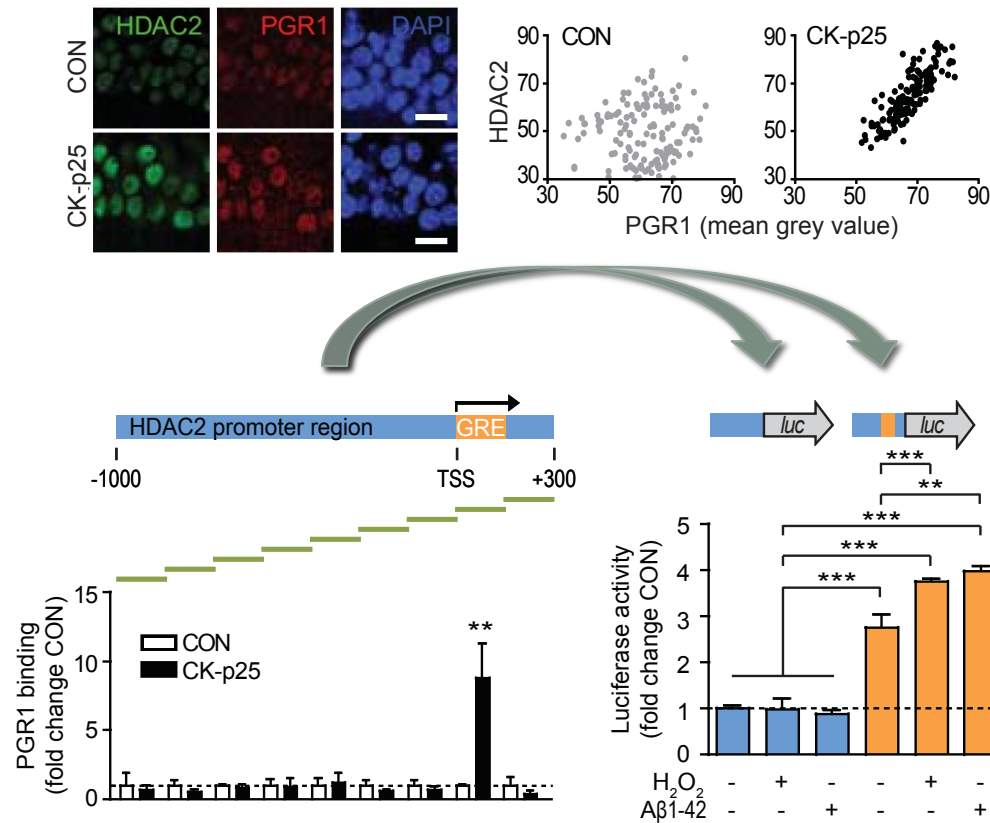


Glucocorticoid receptor (GR1)

- stress hormone receptor
- transcription factor
- activated by phosphorylation

# Epigenetic Mechanisms gone wrong

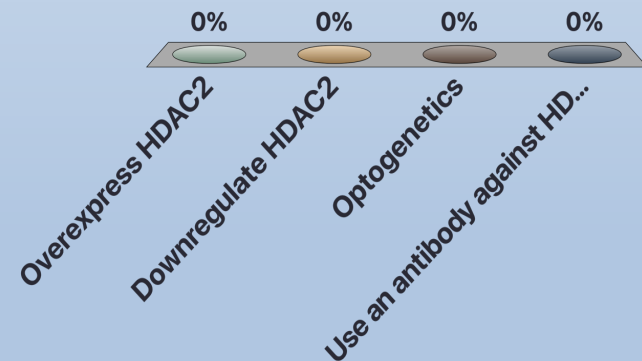
- What are the **mechanisms** behind the upregulation of HDAC2?
  - Correlation between phosphorylated, i.e. activated GR and HDAC2 also *in vivo*
  - PGR binds to the *HDAC2* promoter region



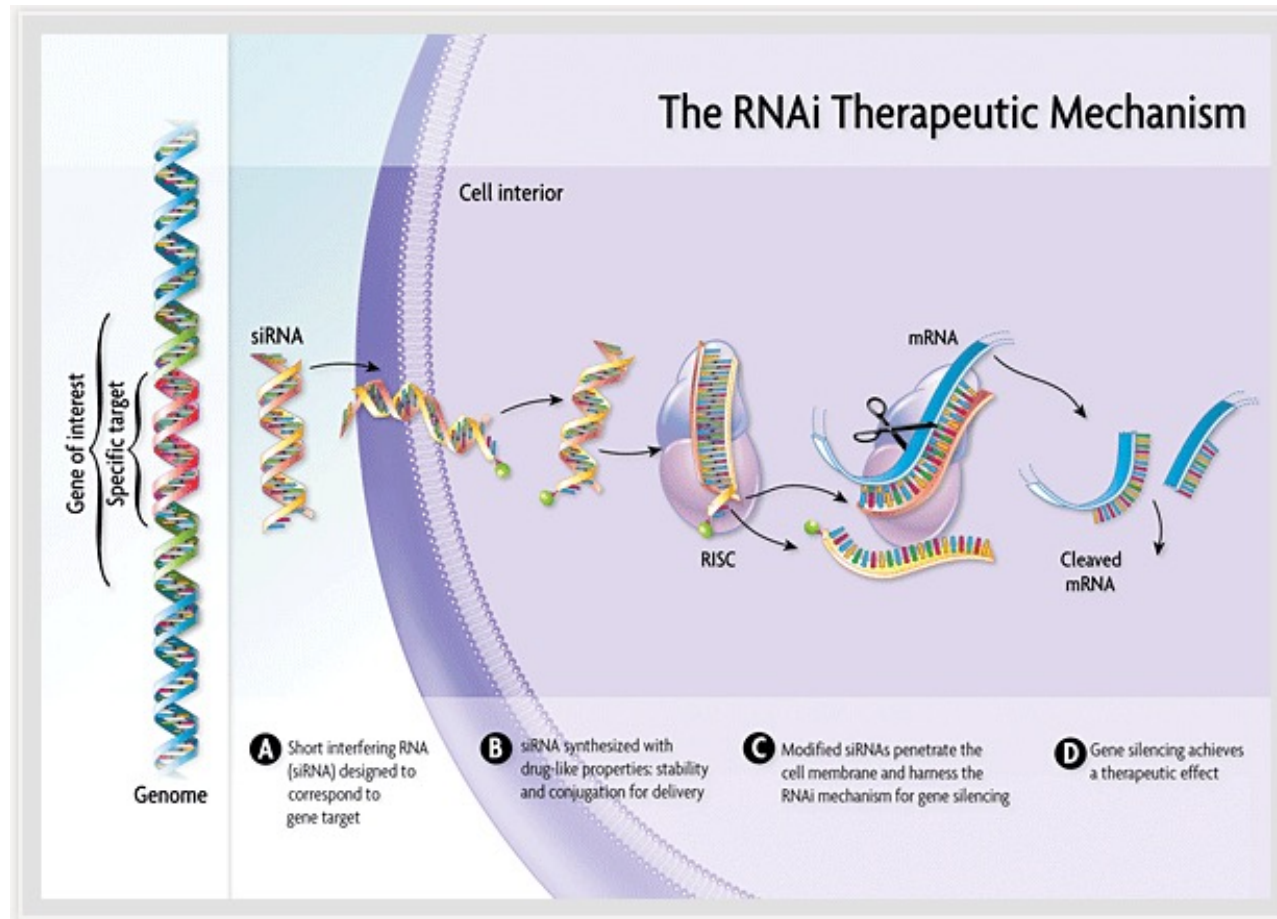
**Neurotoxic insults drive the upregulation of HDAC2 via stress hormone receptors.**

## How can you prove that HDAC2 is causally responsible for all these changes?

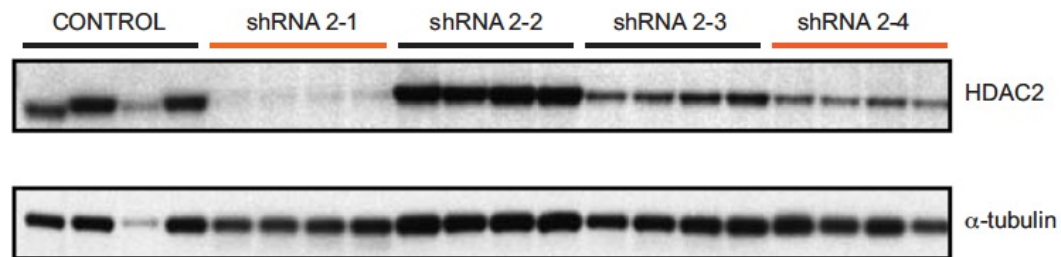
- A. Overexpress HDAC2
- B. Downregulate HDAC2
- C. Optogenetics
- D. Use an antibody against HDAC2



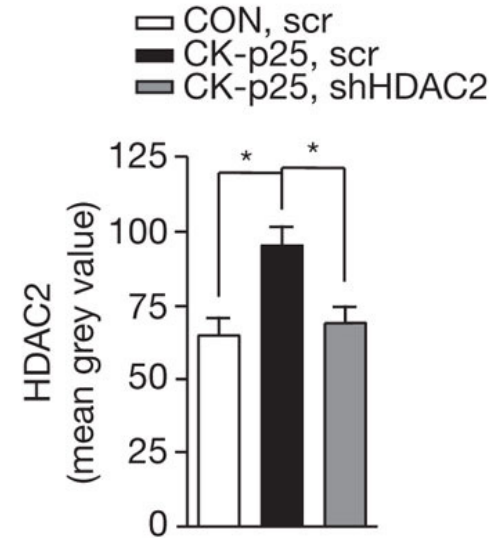
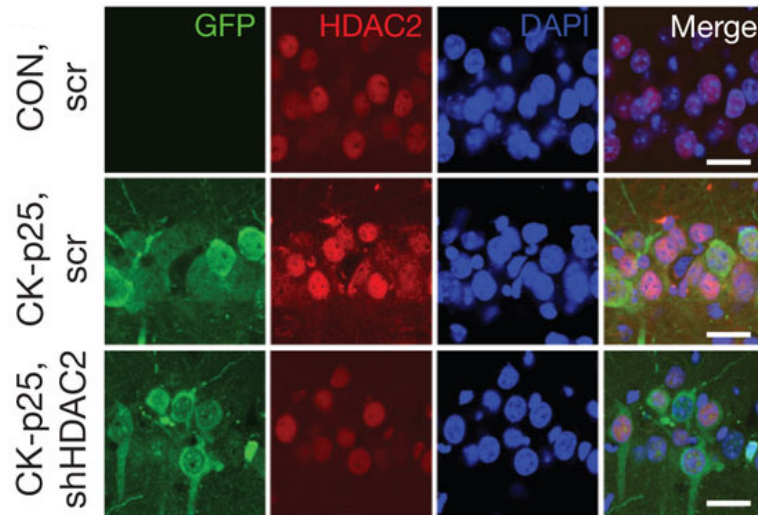
- **Functional importance for learning and memory?**
  - **RNAi expression to reduce elevated HDAC2 levels**



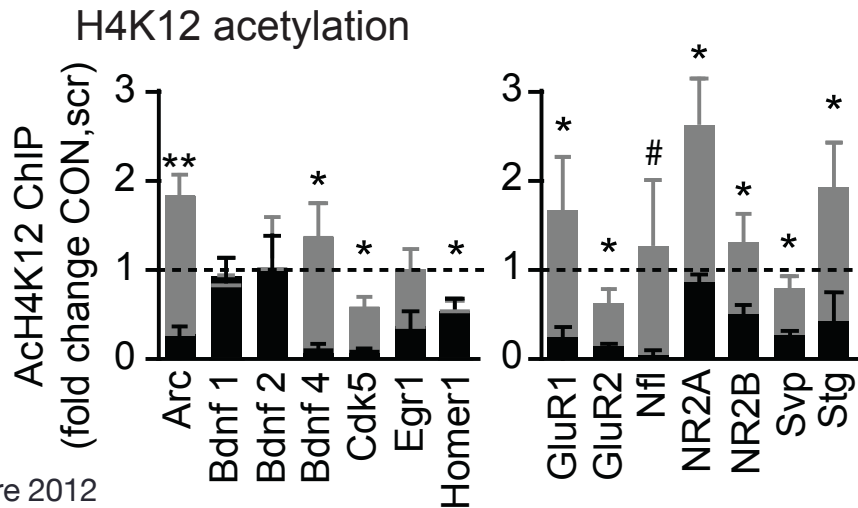
- **Functional importance for learning and memory?**
  - **RNAi expression to reduce elevated HDAC2 levels**
    - **Testing different shRNA constructs (different sequences)**



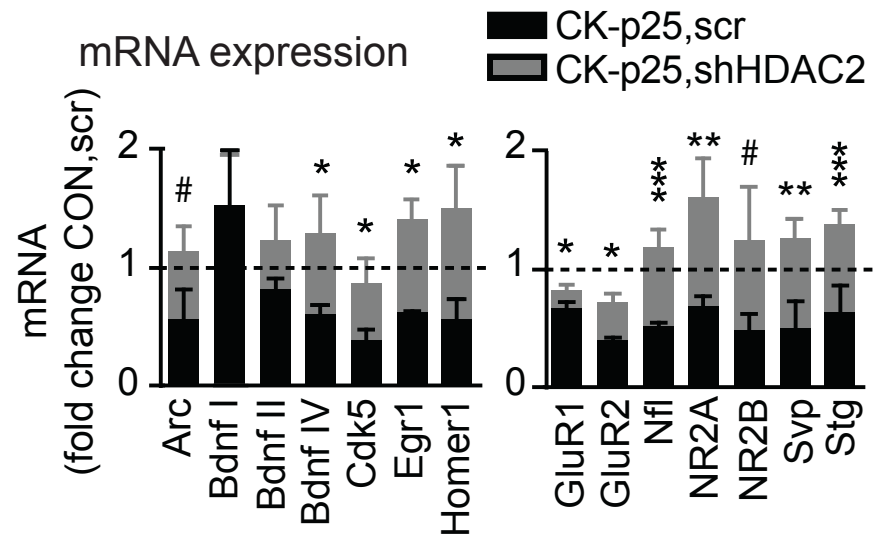
- **RNAi-mediated reversal** of HDAC2 levels?



## Restored histone acetylation

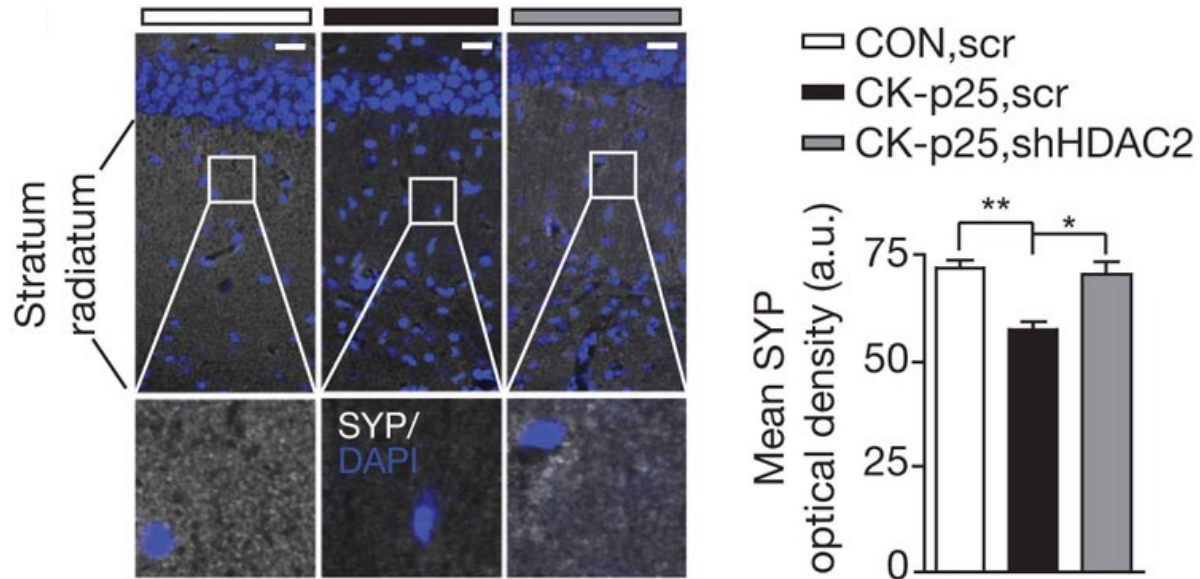


## Restored plasticity-related gene expression



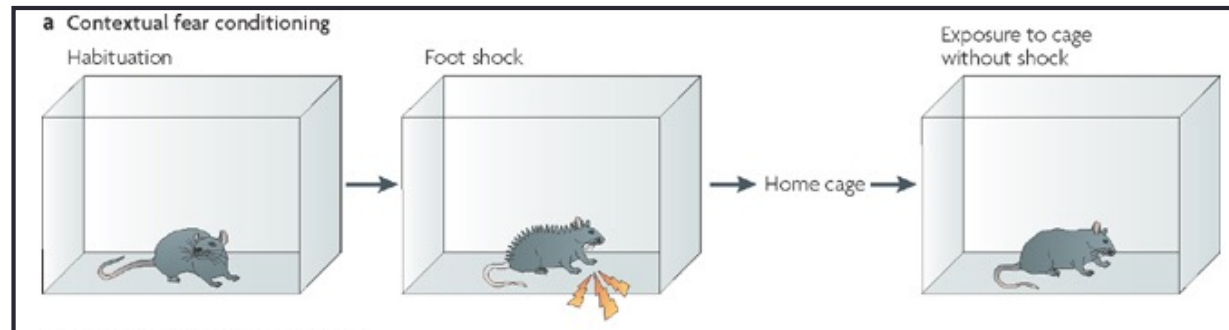
# Epigenetic Mechanisms gone wrong

- **Restored structural plasticity**
  - as assessed by synaptophysin (SYP) IHC, a marker of synaptic density

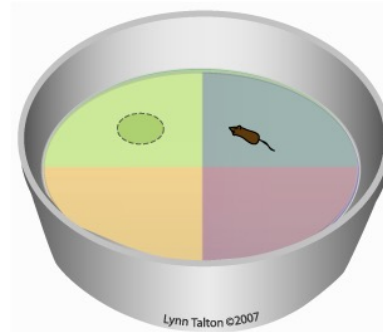


# Epigenetic Mechanisms gone wrong

- **Restored cognitive capacities**
  - Associative memory: Pavlovian Fear Conditioning

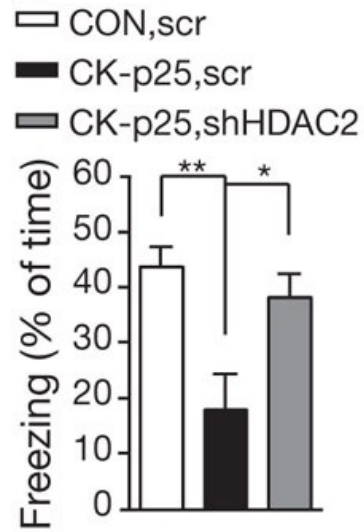


- Spatial memory: Water Maze



# Epigenetic Mechanisms gone wrong

- **Restored cognitive capacities**
  - Associative memory: Fear Conditioning

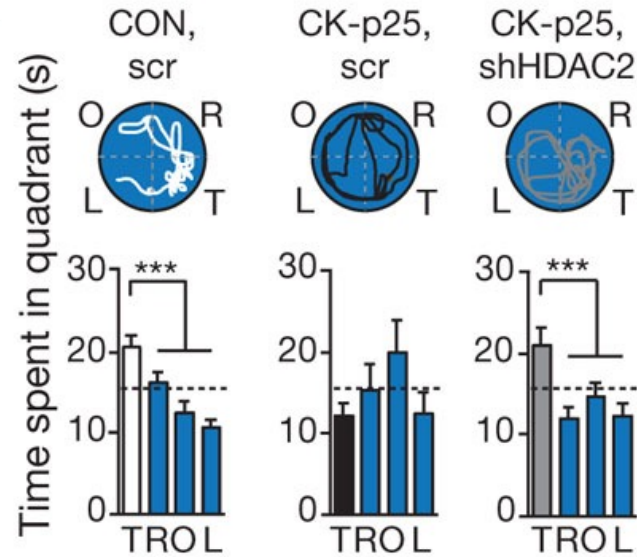
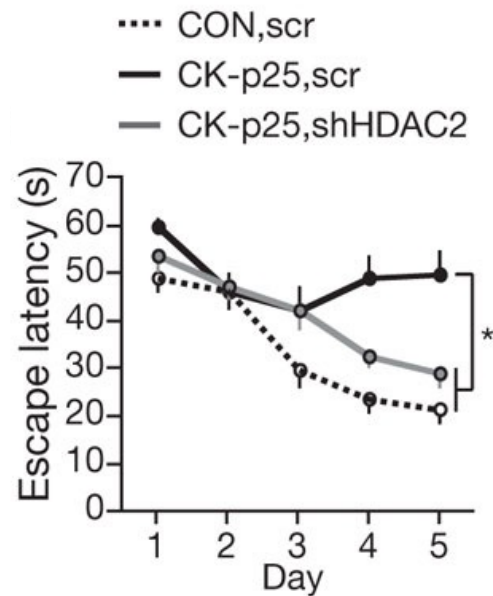


# Epigenetic Mechanisms gone wrong

- **Restored cognitive capacities**
  - Spatial Memory: Water Maze

Training/Acquisition

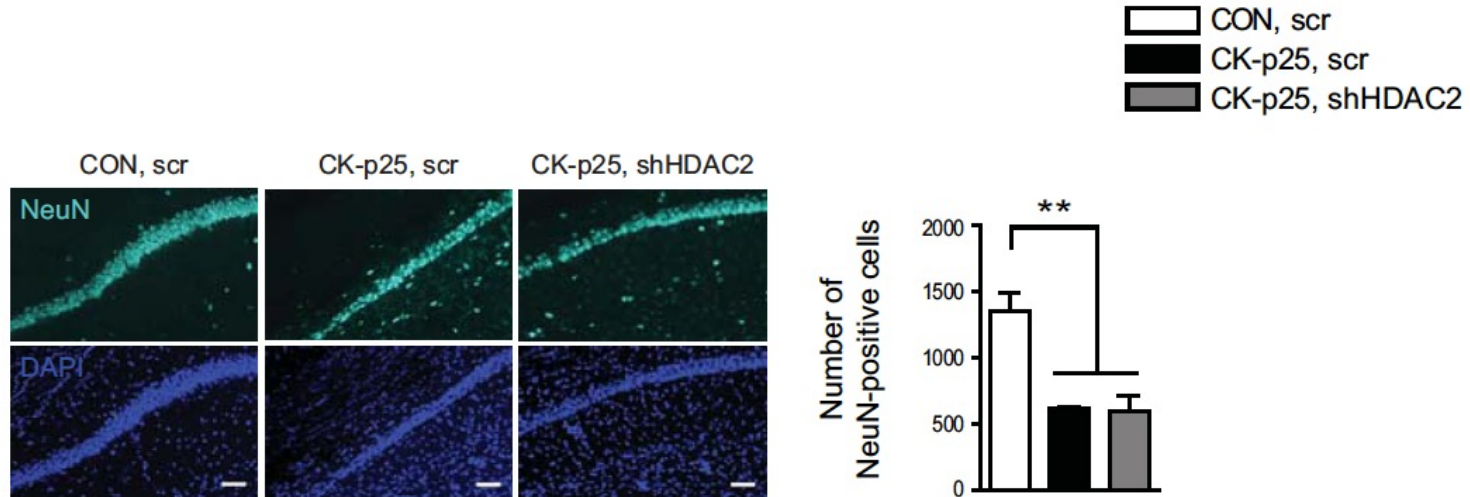
Testing/24h memory



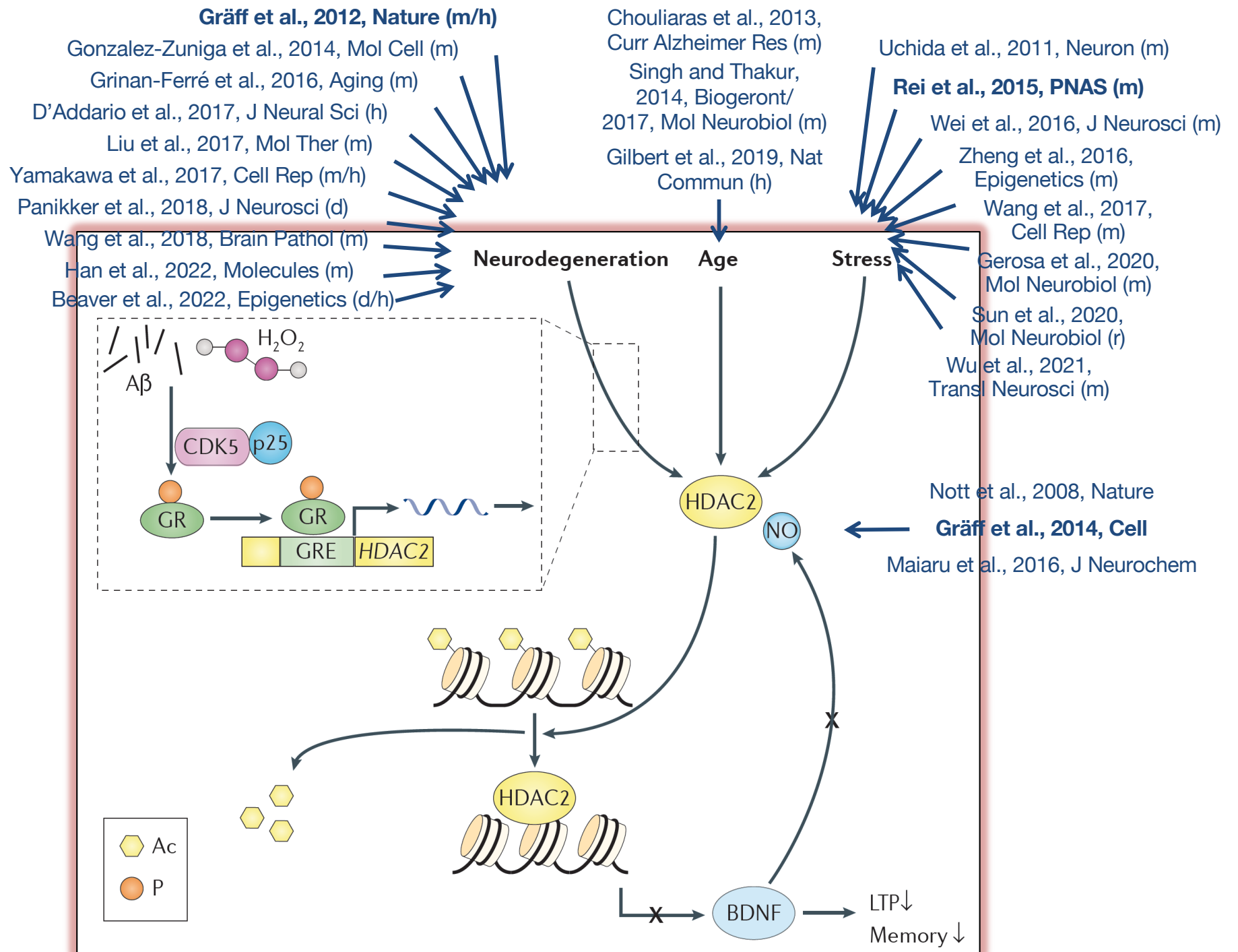
**The epigenetic blockade on cognitive functions is potentially reversible.**

# Epigenetic Mechanisms gone wrong

- **Despite persistent neuronal loss.**
  - Number of neurons (NeuN staining)



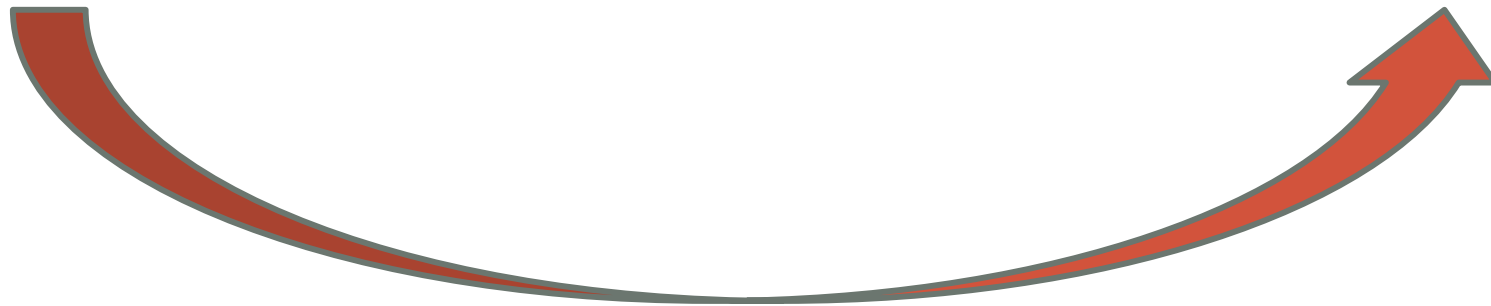
**Even in a severely degenerated brain, neuronal plasticity is not entirely lost, but merely constrained.**



updated from Gräff and Tsai, 2013, Nat Rev Neurosci

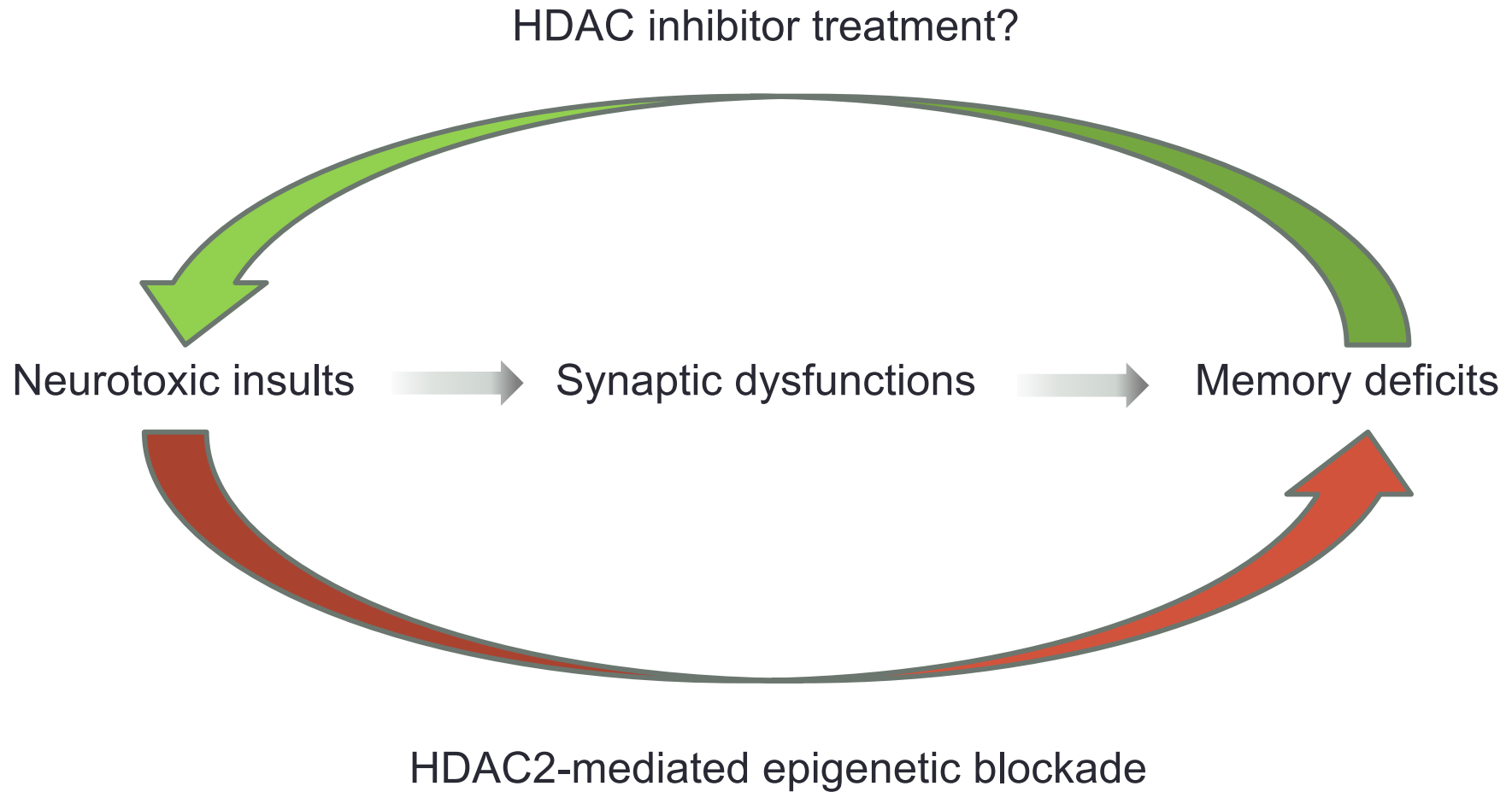
# Epigenetic Mechanisms gone wrong

Neurotoxic insults → Synaptic dysfunctions → Memory deficits



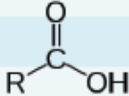
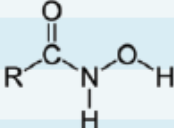
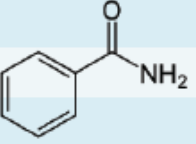
HDAC2-mediated epigenetic blockade

- Can this be overcome? The case of HDAC inhibitors

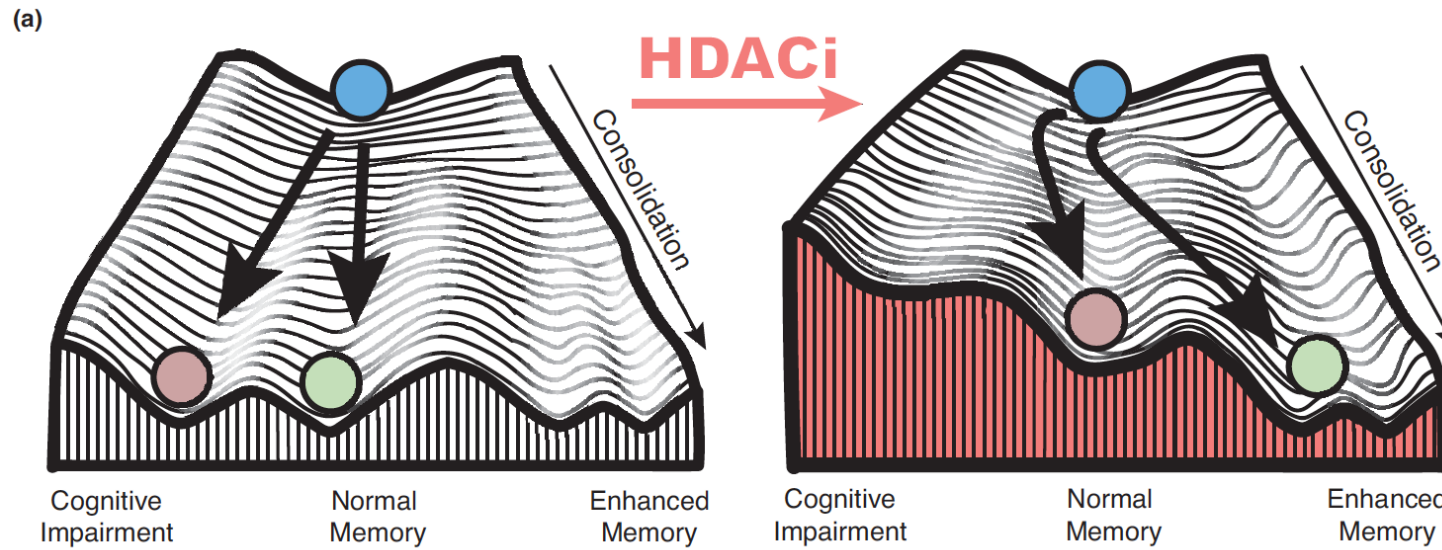


- Can this be overcome? The case of HDAC inhibitors

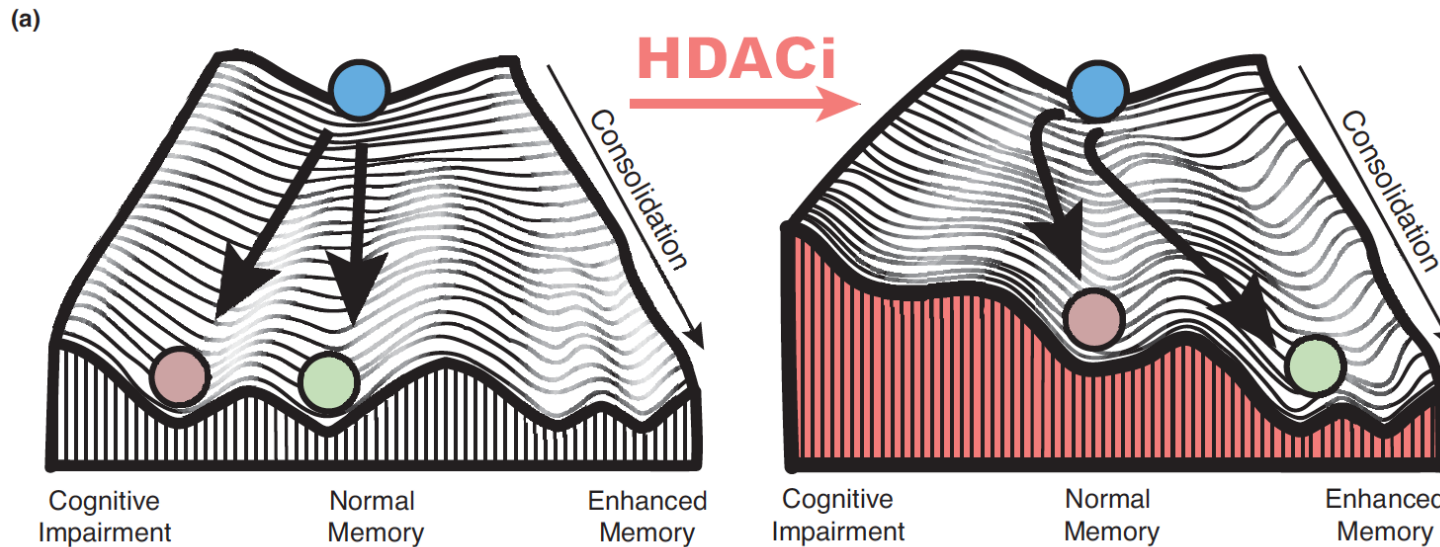
**Table 2 HDAC inhibitors used as treatments against cognitive decline or as pure cognitive enhancers**

Structural Class	Selectivity	HDACi	Cognitive Process: Treatment of decline	Cognitive Process: Enhancement	Refs		
<b>Carboxylic acids</b> 	Class I	NaB	Rescue of contextual fear and spatial memories in CK-p25 mice		(73)		
			Rescue of fear memory in APP/PS1 mouse models		(51; 74)		
			Rescue of object memory in CBP <sup>KIX/KIX</sup> -mice		(72)		
						Enhancement of contextual memory in mice, rats, and crabs	(6; 29; 62; 73)
						Enhancement of spatial learning	(73)
						Enhancement of object recognition and location memory in mice and rats	(72; 81; 82)
				PB	Rescue of contextual fear memory in APP/PS1 mice		(74)
			Rescue of associative memories in Tg2576 mice		(75)		
		Valproic Acid	Rescue of contextual fear memory in APP/PS1 mice		(74)		
				Enhancement of spatial memory in rats	(79; 80)		
<b>Hydroxamic acid</b> 	Class I and II	TSA	Rescue of object memory deficits in CBP <HAT>-mice		(40)		
			Rescue of contextual fear memory in APP/PS1 mice		(50)		
						Enhancement of fear potentiated startle in rats	(76)
						Enhancement of contextual memory in mice and crabs	(25; 29; 77)
						Enhancement of cued fear memory reconsolidation	(24)
						Enhancement of object memory	(83)
		SAHA	Rescue of contextual fear memory in CBP <sup>+/+</sup> mice		(39)		
<b>Benzamide group</b> 	Class I (mostly HDAC3)	MS-275		Enhancement of contextual fear memory	(62)		
				Enhancement of object memory	(83)		
		RGFP 136		Enhancement of object location memory	(63)		

## Understanding the mode of action of HDAC inhibitors



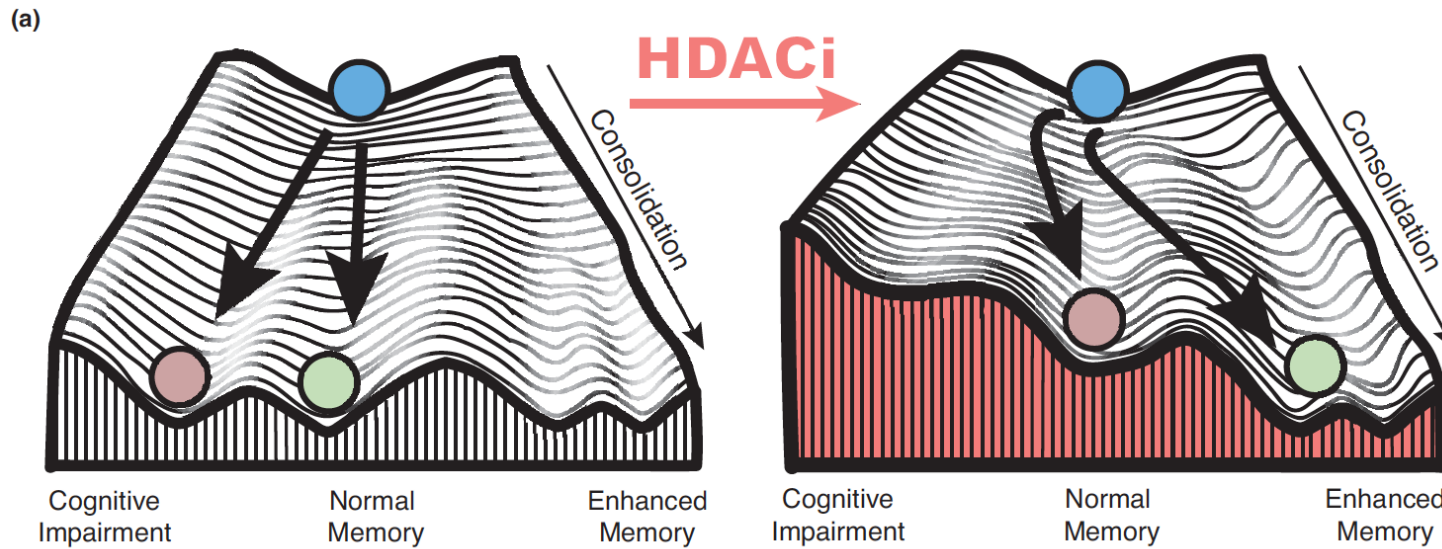
## Understanding the mode of action of HDAC inhibitors



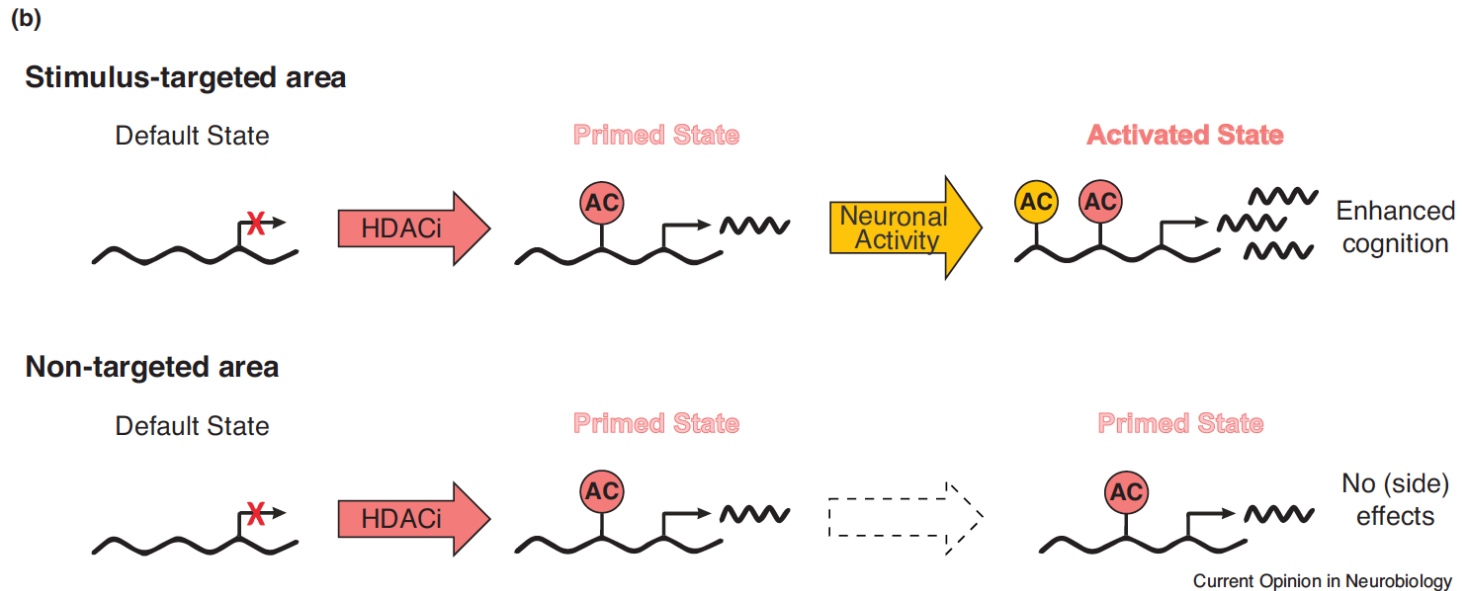
How would that be possible?

- HDACis are given systemically (i.p.)
- They lack target specificity...
- Can we still target a brain area implicated in cognitive decline?

## Understanding the mode of action of HDAC inhibitors

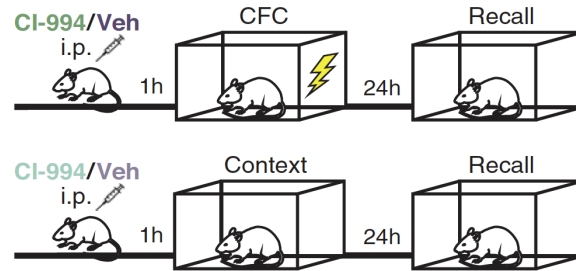


### Hypothetical mode of action:

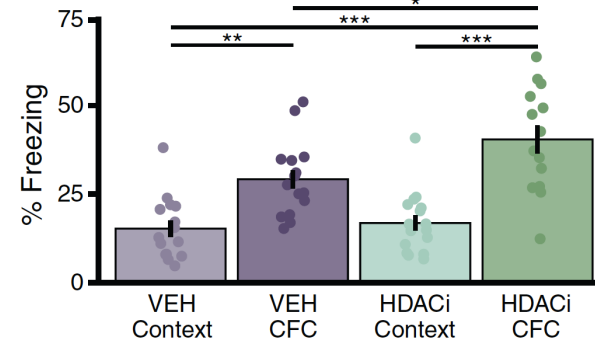


# Cognitive epigenetic priming

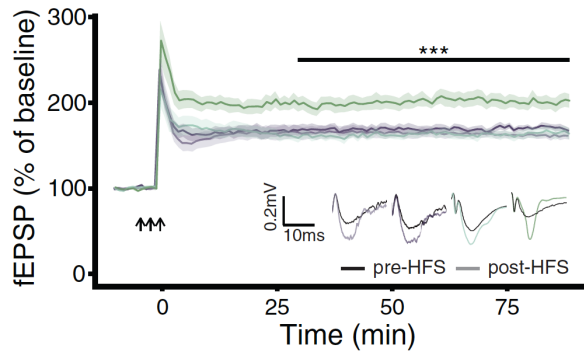
## A Experimental Schematic



## B Fear Memory

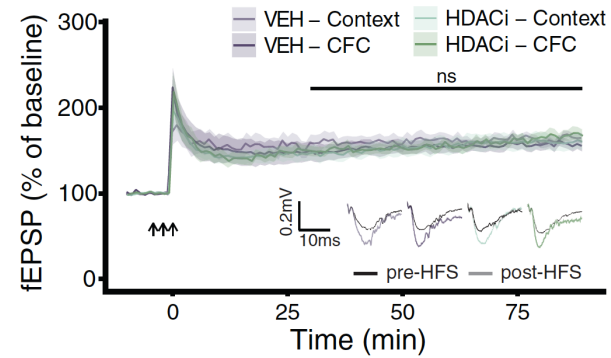


## C LTP – Hippocampus (DG)



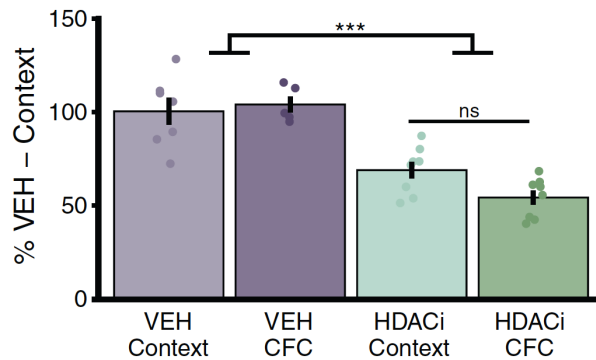
CFC-engaged  
brain area

## D LTP – Striatum

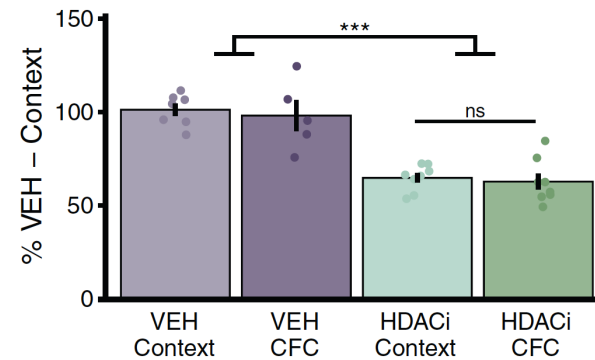


CFC non-engaged  
brain area

## E HDAC activity – Hippocampus



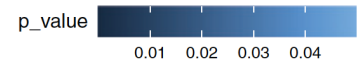
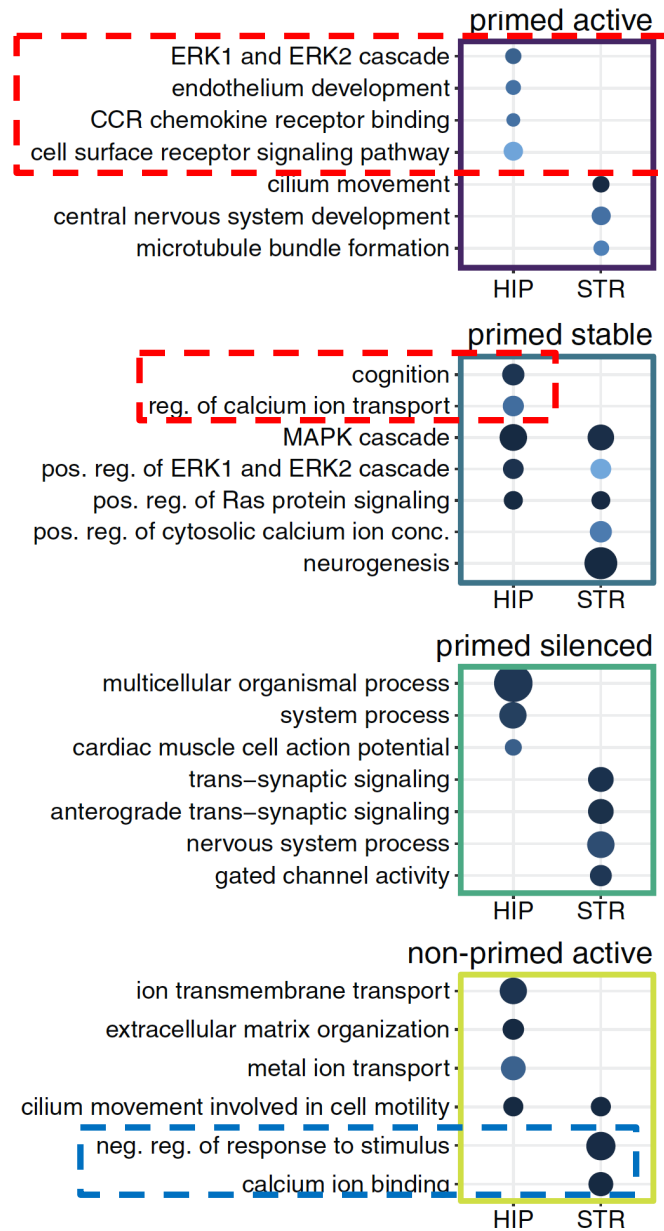
## F HDAC activity – Striatum



# Cognitive epigenetic priming

Differential gene expression  
(whole brain area)

## Gene ontologies (=categories)



# The Potential of HDAC Inhibitors as Cognitive Enhancers

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***ClinicalTrials.gov***

A service of the U.S. National Institutes of Health

- **"VALPRO"** (NCT0278913):
  - HDACi valproic acid to support exposure therapy for arachnophobia
- **"VostatAD01"** (NCT03056495):
  - Determine tolerability of HDACi SAHA in patients with mild AD

- **Can we test this in humans?**

- Use of valproic acid (VPA) instead of CI-994
  - pan-HDAC inhibitor
  - FDA approved against bipolar disorder and epilepsy
- Arachnophobia
- Virtual reality setting



Dorothee  
Benz



Dominique  
de Quervain



# Cognitive epigenetic priming

- **Experimental setting:**

## Visit 1: Baseline

DIPS    3-min  
BAT in vivo    Outcomes<sup>^o\*</sup>



7 -21 days

## Visit 2: Intervention

VPA/placebo    3 h waiting    5 sec    10 min waiting    30 min exposure in VR



90±10 days

## Visit 3: Follow-up

DIPS    3 min  
BAT in vivo    Outcomes<sup>^o\*</sup>



time →

DIPS=structured clinical interview (DSM-IV)

BAT=behavioral approach test

Outcomes included:

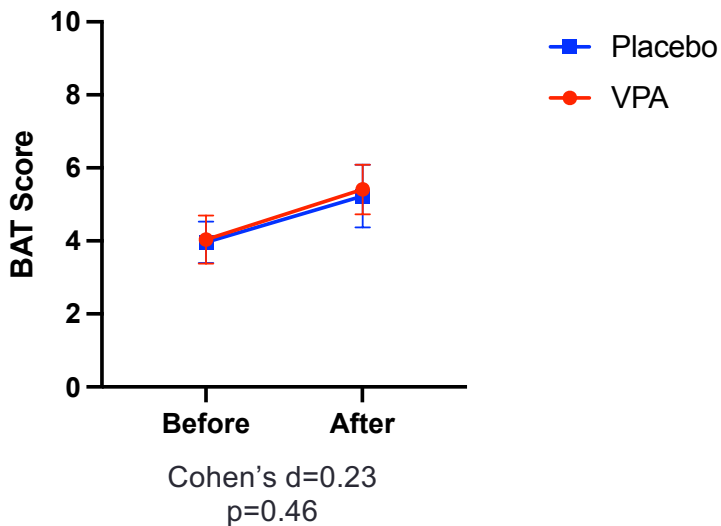
Objective measurements: SCL, skin conductance levels; startle reaction; heart rate

Subjective measurements: FSQ, fear of spiders questionnaire, SBQ, spider's belief questionnaire

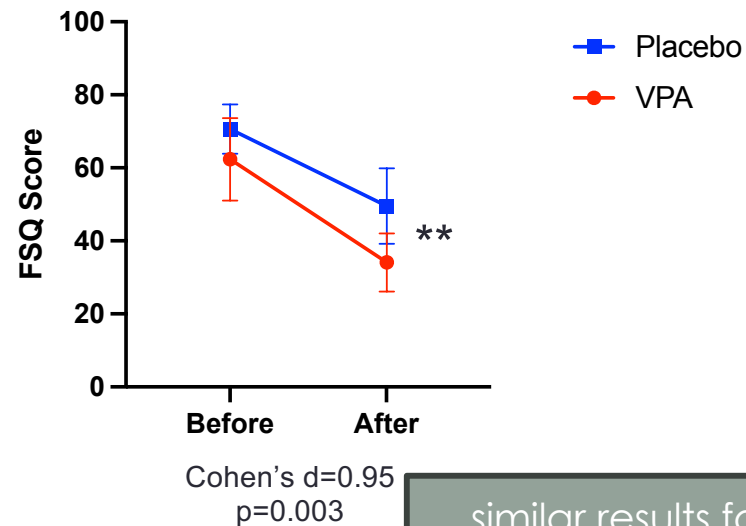
## Promising results to reduce subjective fear

- Results:

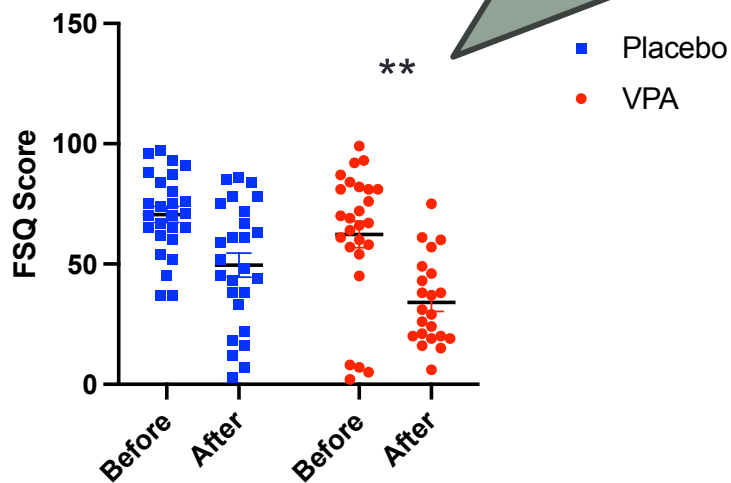
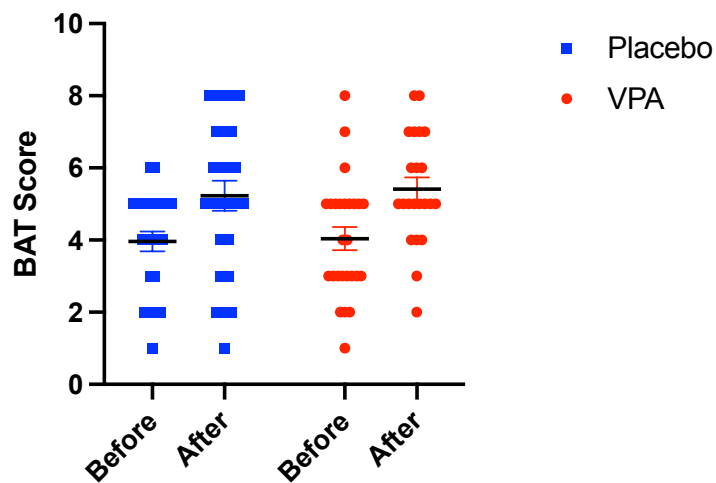
### Objective measurements – Approach behavior



### Subjective measurements – Fear of spiders



similar results for SBQ



## The Potential of HDAC Inhibitors as Cognitive Enhancers

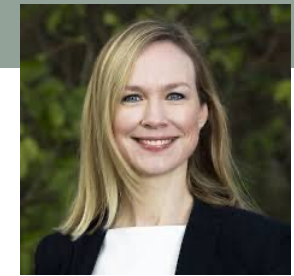
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*ClinicalTrials.gov*

A service of the U.S. National Institutes of Health

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  - HDACi valproic acid to support exposure therapy for arachnophobia ✓
- "VostatAD01" (NCT03056495):
  - Determine tolerability of HDACi SAHA in patients with mild AD - ongoing

# The Potential of HDAC Inhibitors as Cognitive Enhancers



Kamilla  
Woznika Miskowiak

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## *ClinicalTrials.gov*

A service of the U.S. National Institutes of Health

- "VALPRO" (NCT0278913):
  - HDACi valproic acid to support exposure therapy for arachnophobia
- "VostatAD01" (NCT03056495):
  - Determine tolerability of HDACi SAHA in patients with mild AD
- **New grant to test HDACi SAHA in patients with major depressive disorder**

A word cloud of scientific terms. The words are arranged in a roughly triangular shape, pointing to the right. The colors range from dark red to orange. The terms include: Damage (vertical, dark red), Water-Maze (horizontal, black), Braak (horizontal, orange), Priming (horizontal, dark red), shRNA (horizontal, orange), Neurotoxic (vertical, dark red), H2O2 (horizontal, black), Luciferase (horizontal, dark red), CHIP (horizontal, black), HDACi (horizontal, dark red), HDAC2 (horizontal, orange), Single-cell (vertical, black), and GF (vertical, dark red).

Damage  
Water-Maze  
Braak  
Priming  
shRNA  
Neurotoxic  
H2O2  
Luciferase  
CHIP  
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HDAC2  
Single-cell  
GF