

General Physics: Mechanics

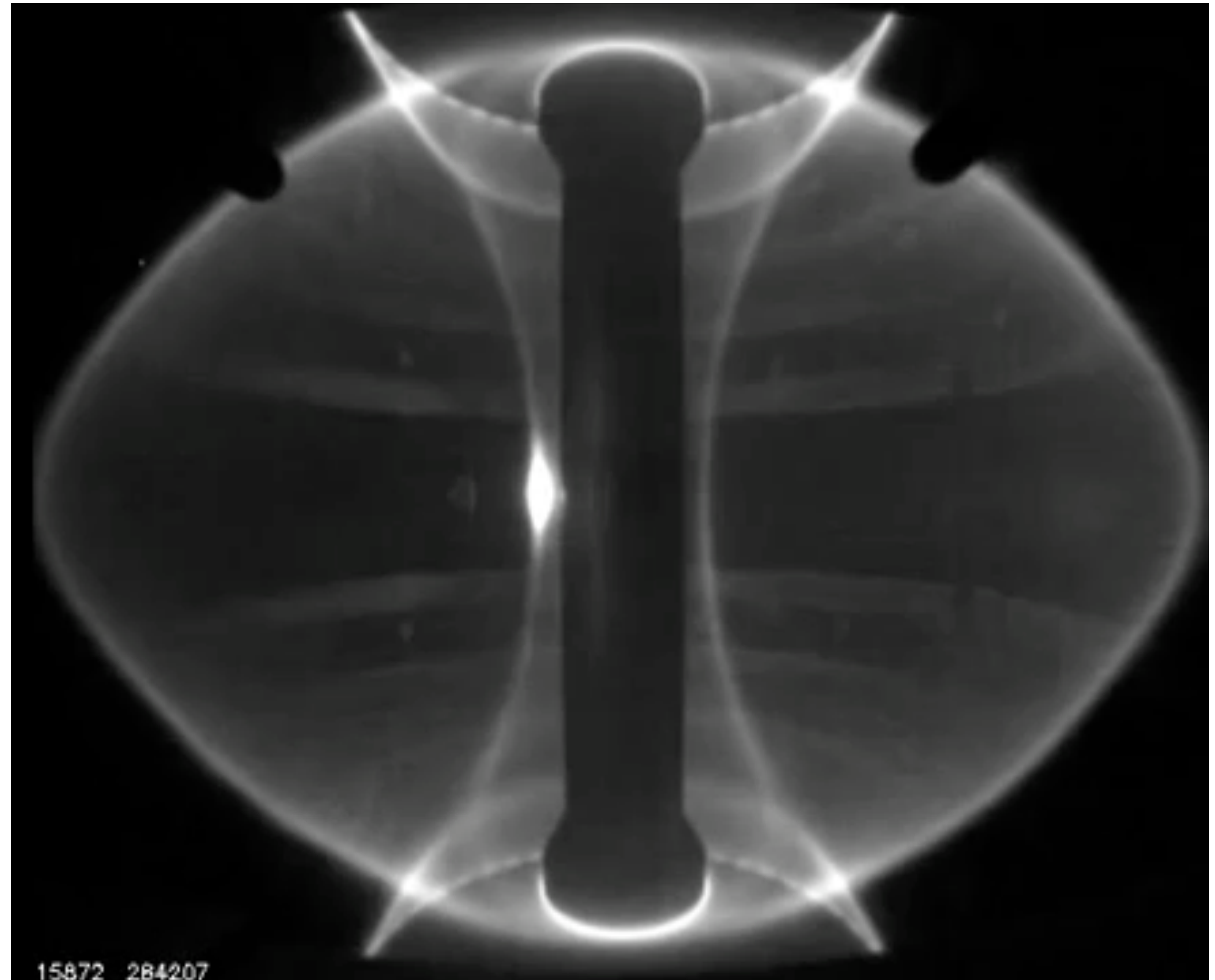
PHYS-101(en)

Lecture 1a: Motion in one, two and three dimensions

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September 9th, 2024



Welcome!

Welcome!

Me

Dr. Marcelo Baquero



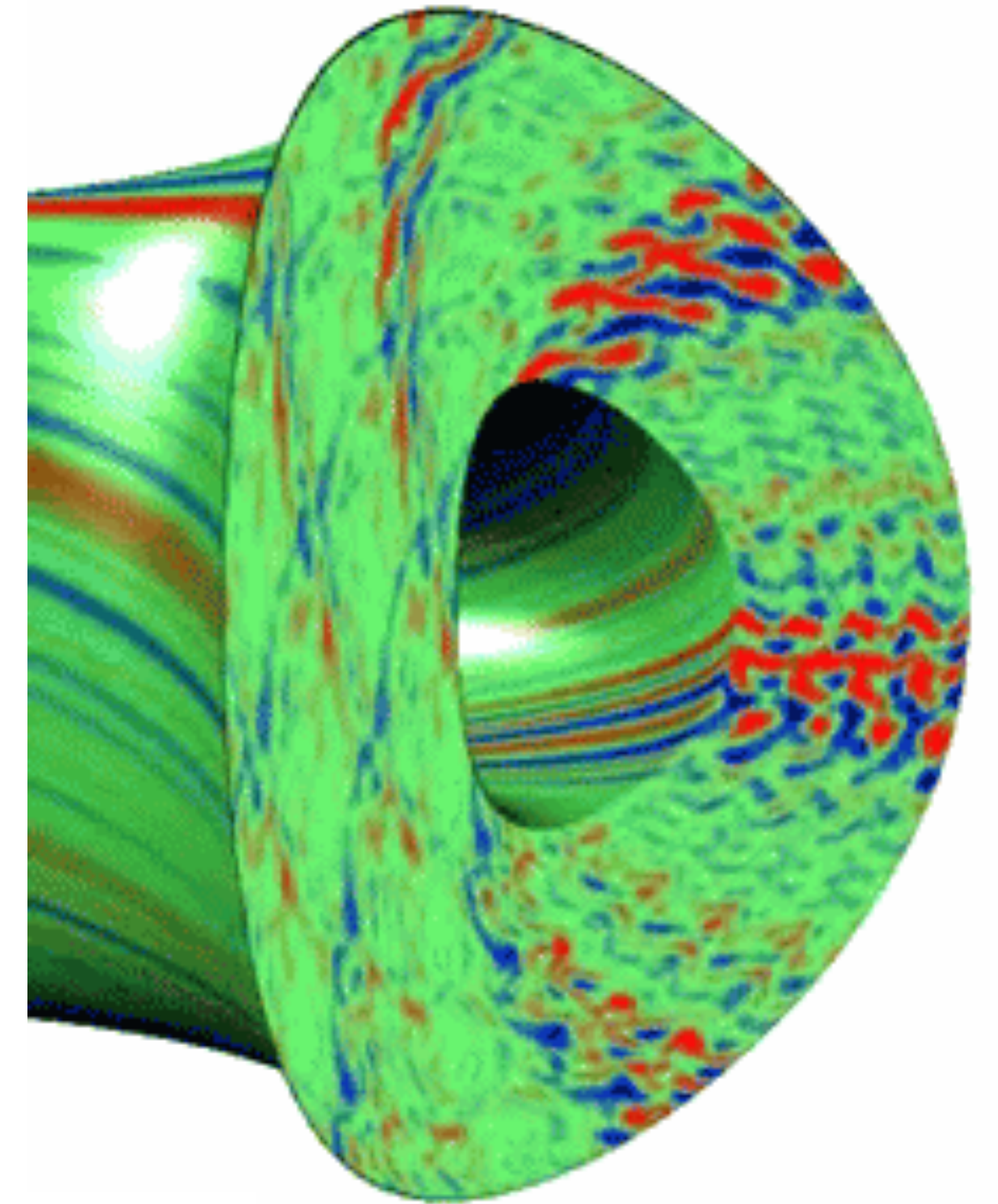
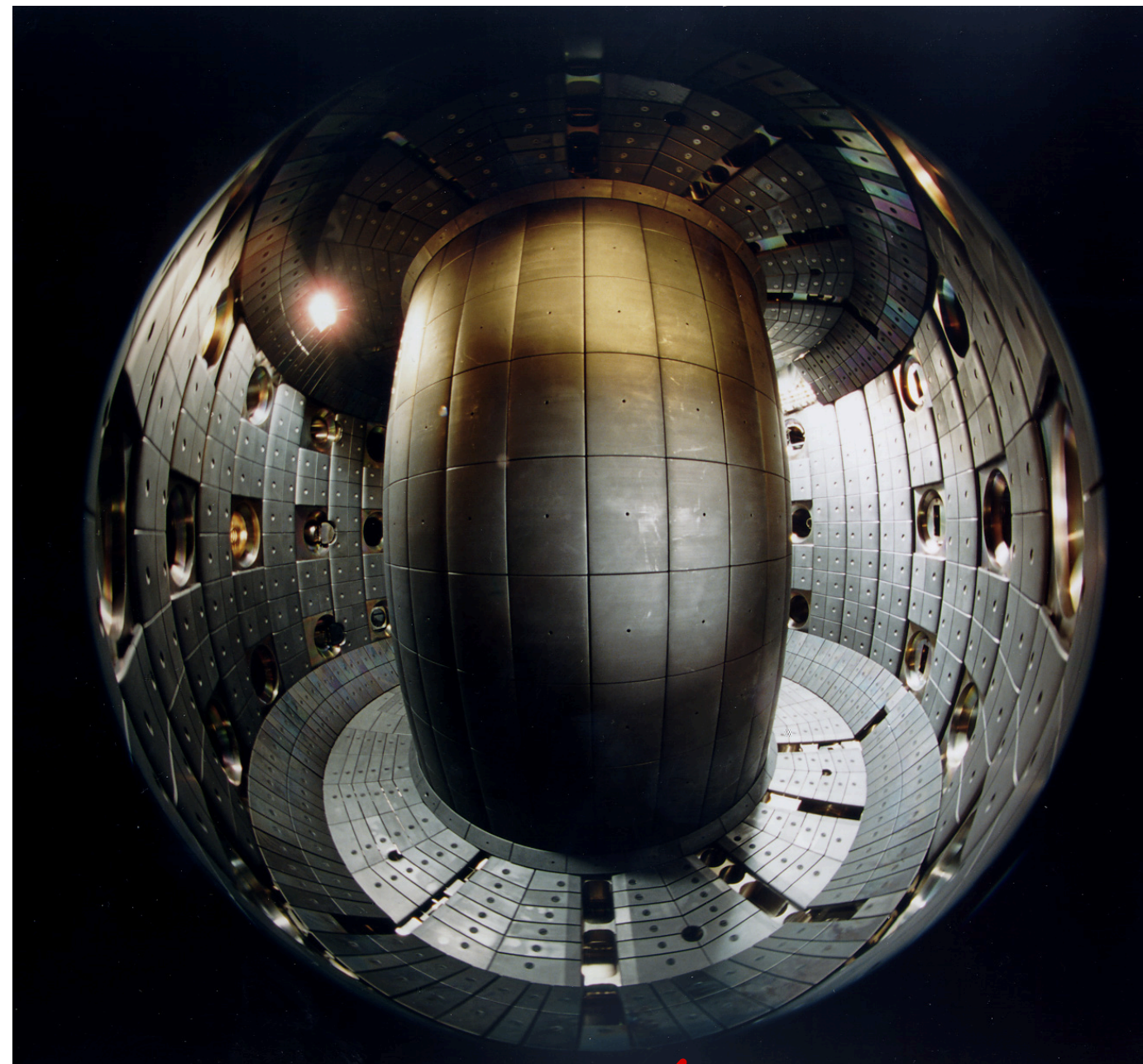
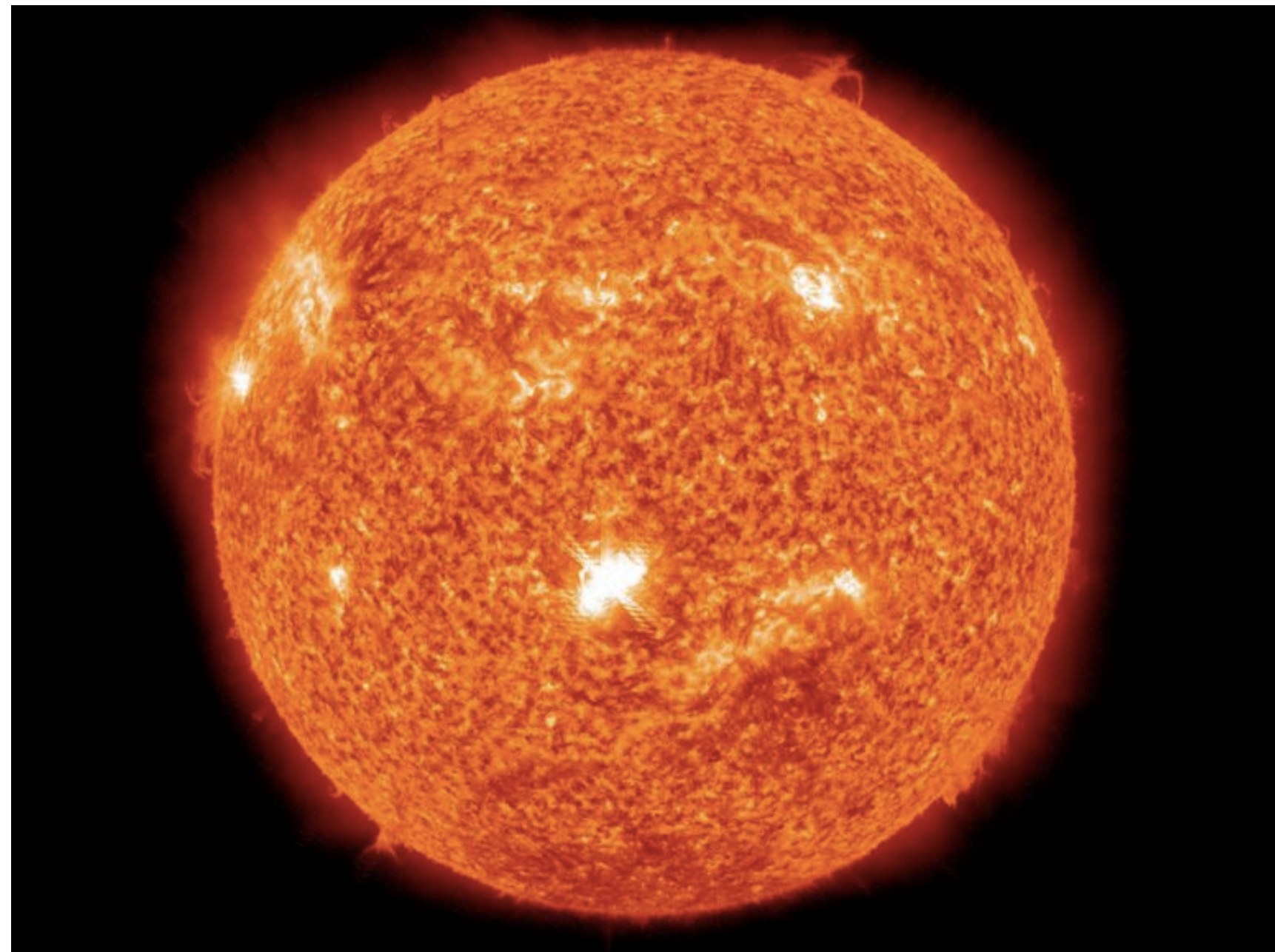
"El Pibe" Valderrama

Juan Valdez



My research — fusion energy

- Help create a star on Earth and use it to generate limitless, safe, carbon-free electricity.
- Basic experiments and modeling to better understand turbulent transport and plasma-gas interactions in fusion devices.



→ TCV tokamak

Today's agenda

1. Course overview

- Content
- Resources
- Exam
- Logistics

2. Topics for you to review

Today's agenda (continued)

3. Motion in one dimension (Serway 2 and/or MIT 4)

- Position
- Velocity
- Acceleration

4. Motion in two and three dimensions in Cartesian coordinates (Serway 3,4, MIT 3)

- Acceleration due to gravity
- Using vectors in equations

Course content

- Introduction to the motion of objects:
 - Motion of a point mass in one, two, and three dimensions (e.g. ballistics)
 - Newton's laws
 - Gravity, friction, drag, and collisions
 - Work and conservation of momentum and energy
 - Solid body dynamics (e.g. center of mass, rotation)
 - Oscillators

Weekly schedule

- Monday lectures [**INTRODUCE**]
 - Mondays from 16:15-19:00 in **CE6**
 - Presentation of concepts, cool demonstrations, and conceptual questions
- Tuesday lectures [**WATCH**]
 - Tuesdays from 10:15-11:00 in SG1
 - Guided exercises and conceptual questions

Weekly schedule (continued)

- Wednesday exercise sessions **[DO]**
 - Wednesdays from 17:15-19
 - One teaching assistant per ~10 students
 - You can already [sign up for a tutoring group on Moodle](#)
 - Depending on which group you join, you will be in the CO or CE building
 - Exercises will be found on the Moodle (bring your own paper copy or way to access them digitally)

Resources

- [Moodle](#)
 - https://go.epfl.ch/PHYS-101_en
 - Problem sets and solutions, lecture notes, additional material
- Textbooks
 - MIT Open Courseware (see Moodle for [link](#))
 - “Physics for Scientists and Engineers” by Serway
 - “Mécanique” by Ansermet (parts [1](#), [2](#), [3](#)) [in French]
- Extra problems found in Serway textbook or in [the Exoset database](#)

Resources (continued)

- Supplementary Q&A sessions
 - Discuss problem sets further for those who **want** to
 - Tuesdays 17:30-19:00 and Thursdays 18:00-19:30 in room [CO 121](#)
 - Starting from first week of October until the end of the semester
- Office hours
 - Ask me general questions
 - Tuesdays at 11:15 (right after class) in room [ELG 116](#)
 - Starting from second week (Sept. 17)

Interactive learning

“Self-education is, I firmly believe, the only kind of education there is. The only function of a school is to make self-education easier.”

- Isaac Asimov

- Answer multiple choice conceptual questions in lecture
- More information can be found at <https://www.epfl.ch/education/teaching/teaching-support/resources-for-students/student/using-your-smartphone/>
- Smartphone/computer: navigate to responseware.eu, connect to session ID “epflphys101en”
- No login or personal information required

Conceptual question

What do you think about *El Pibe* Valderrama?

- A. *El Pibe* Valderrama is **the best**
- B. *El Pibe* is **the worst**
- C. Prior to today I did not know *El Pibe*
- D. Who/what is *El Pibe*?

- Note: Normally the question is a bit more technical, so I'll leave time for you to think, draw diagrams, make calculations, talk with neighbors, etc.
- Another note: you can change your answer

The exam

- All students registered for this course will take a written exam at the end of the semester
- It entirely determines your grade, which is on a scale between 1 and 6 (4 or above is passing)
- 3.5 hours long, in English, no calculator, one formula sheet (A4, front and back, handwritten by you)
- The exam is coordinated between all sections of PHYS-101 to ensure consistency/fairness
- You will not have seen the questions during the exercise sessions

Preparing for the exam

- Work consistently throughout the semester
- Follow the lectures and study further the material you don't understand
- Attend the exercise sessions and try the problems on your own before asking for help
- Practice lots of problems and do your own mock exams
 - The exam is a set of timed PHYS-101 problems
 - **The best way to improve at something is usually to do it, repeatedly**
- Working in groups with classmates can be helpful during the final preparations

For review

- Units and dimensions (MIT 2.2, Serway 1.1, 1.5)
- Dimensional analysis (MIT 2.3, Serway 1.4)
- Orders of magnitude (MIT 2.4, Serway 1.6)
- Trigonometry (see resources on Moodle)
- Vectors (MIT 3 and see resources on Moodle)
- Derivatives and integrals ([see resources on Moodle](#))
- Differential equations ([comprehensive list on Moodle](#))

For review: Units and dimensions

Fundamental units		
Quantity		SI unit
length L	L	m (meter)
mass M	M	kg (kilogram)
time T	T	s (second)
Derived units		
velocity	L/T	m/s
acceleration	L/T ²	m/s ²
force	M L/T ²	kg m/s ² (Newton)
density	M/L ³	kg/m ³

For review: Dimensional analysis

- Use units to check for accidental math errors

- Example:

- A stone is dropped from a height h and you have calculated the time it takes to hit the ground to be $t = \sqrt{2h/g}$, where g is the acceleration

- Show that this solution is plausible, as it is dimensionally correct

- While this is very useful a check to do, it doesn't guarantee the solution is completely correct (e.g. the factor of 2 could be wrong)

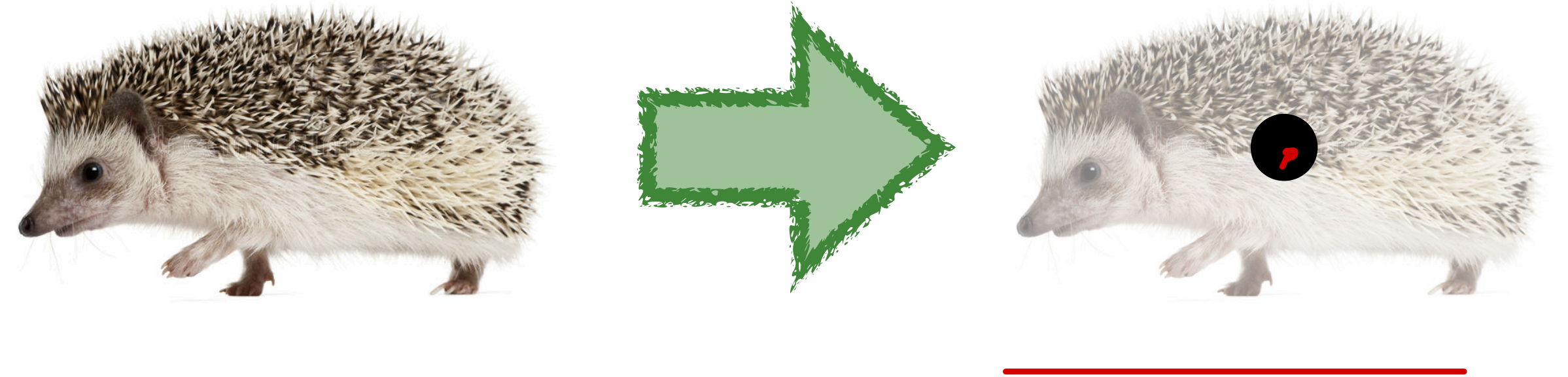
$$\left. \begin{array}{l} [h] = L \\ [g] = \frac{L}{T^2} \end{array} \right\} \left[\frac{h}{g} \right] = \frac{L}{L/T^2} = T^2 \cdot \frac{L}{L}$$

$$\left[\sqrt{\frac{h}{g}} \right] = \sqrt{T^2} = T$$

$$\left[\sqrt{\frac{2h}{g}} \right] = \left[\sqrt{\frac{h}{g}} \right] = T$$

Point mass

- Approximating an object as a “point mass” can be a very useful simplification
- Ignore the fact that an object is distributed in space
- Attribute all the mass of the system to a single, infinitesimally small point
- This approach can be accurate even for large objects (e.g. the Earth)
- As we will see later in the course, it has limitations (e.g. objects that stretch and bend, rotation)

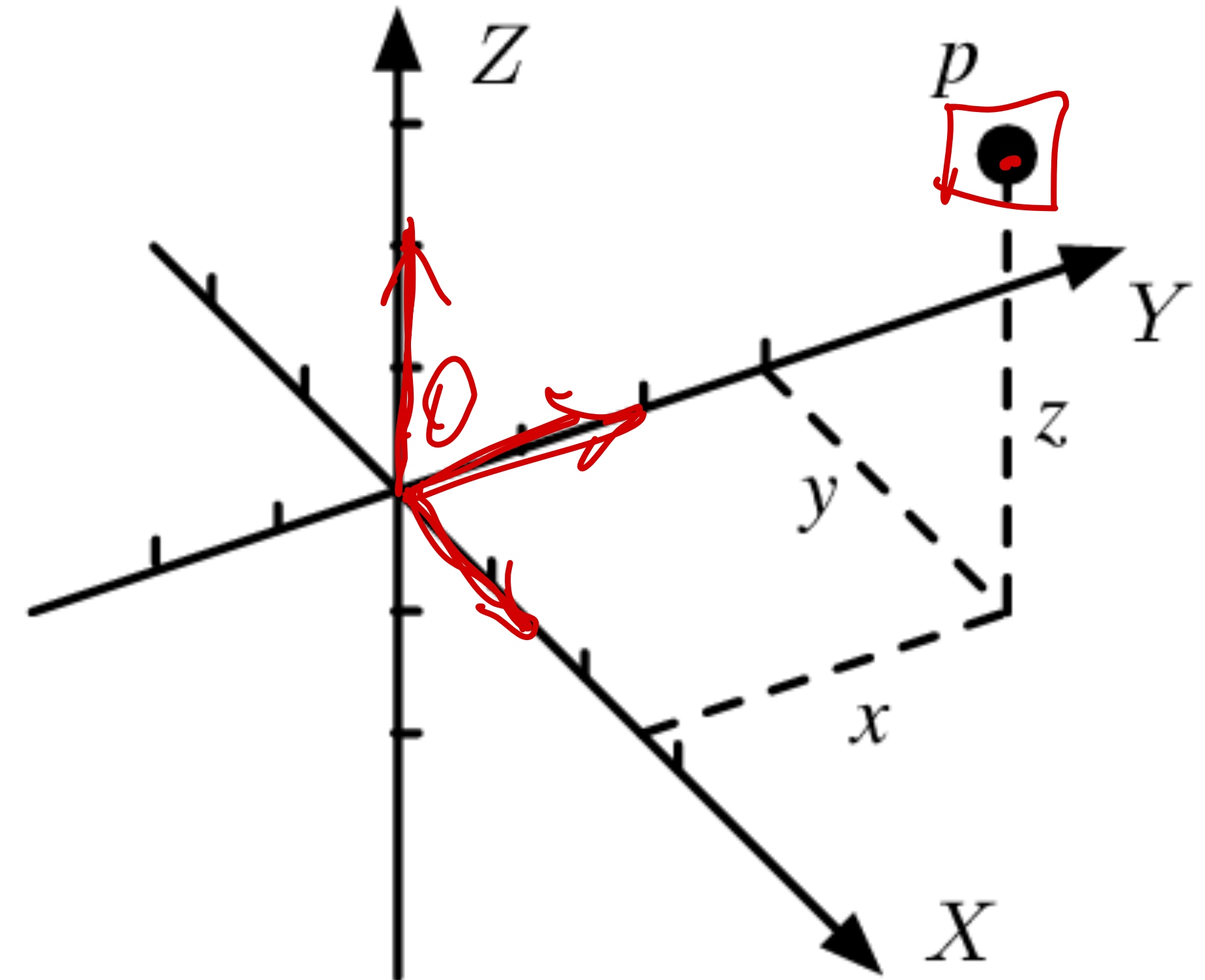


Quantifying motion

- Position is the location of an object with respect to a *frame of reference*

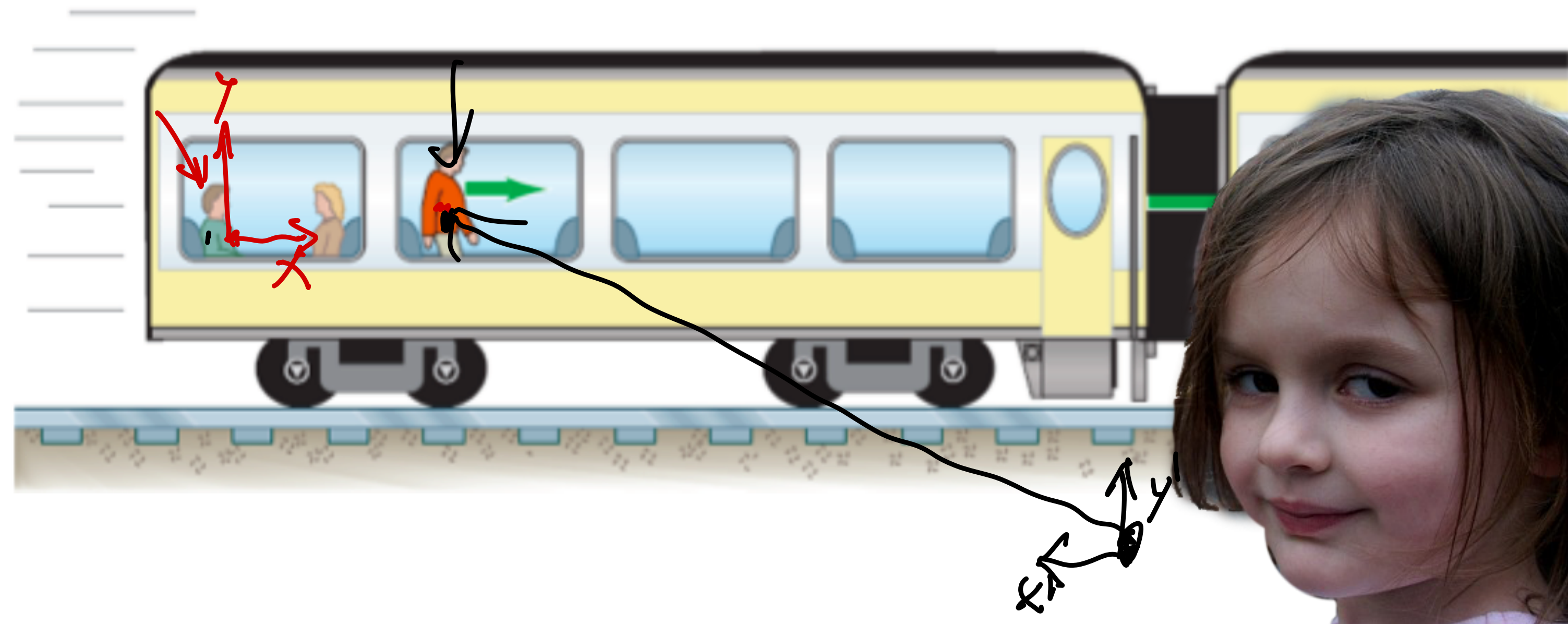
Reference frames

- Any measurement concerning motion must be made with respect to a reference frame
- **A reference frame is a coordinate system**
- To see the motion in a reference frame, imagine the perspective of an observer staying at the origin of the coordinate system
- Observers in different reference frames will report different measurements
- That's okay, as they should be consistent



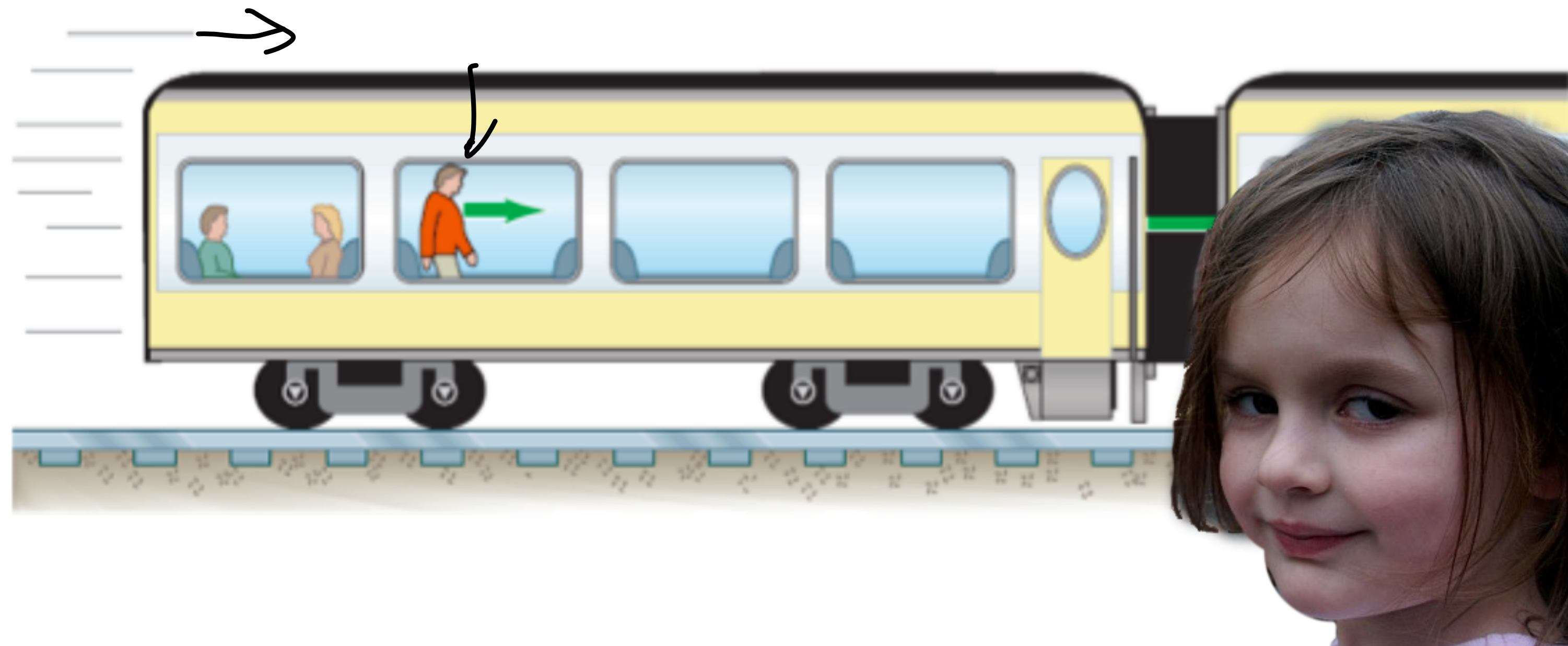
Reference frames

- **Example:**
 - You're sitting on a train and someone walks down the aisle. The person's speed with respect to your reference frame is at most a few kilometers per hour.



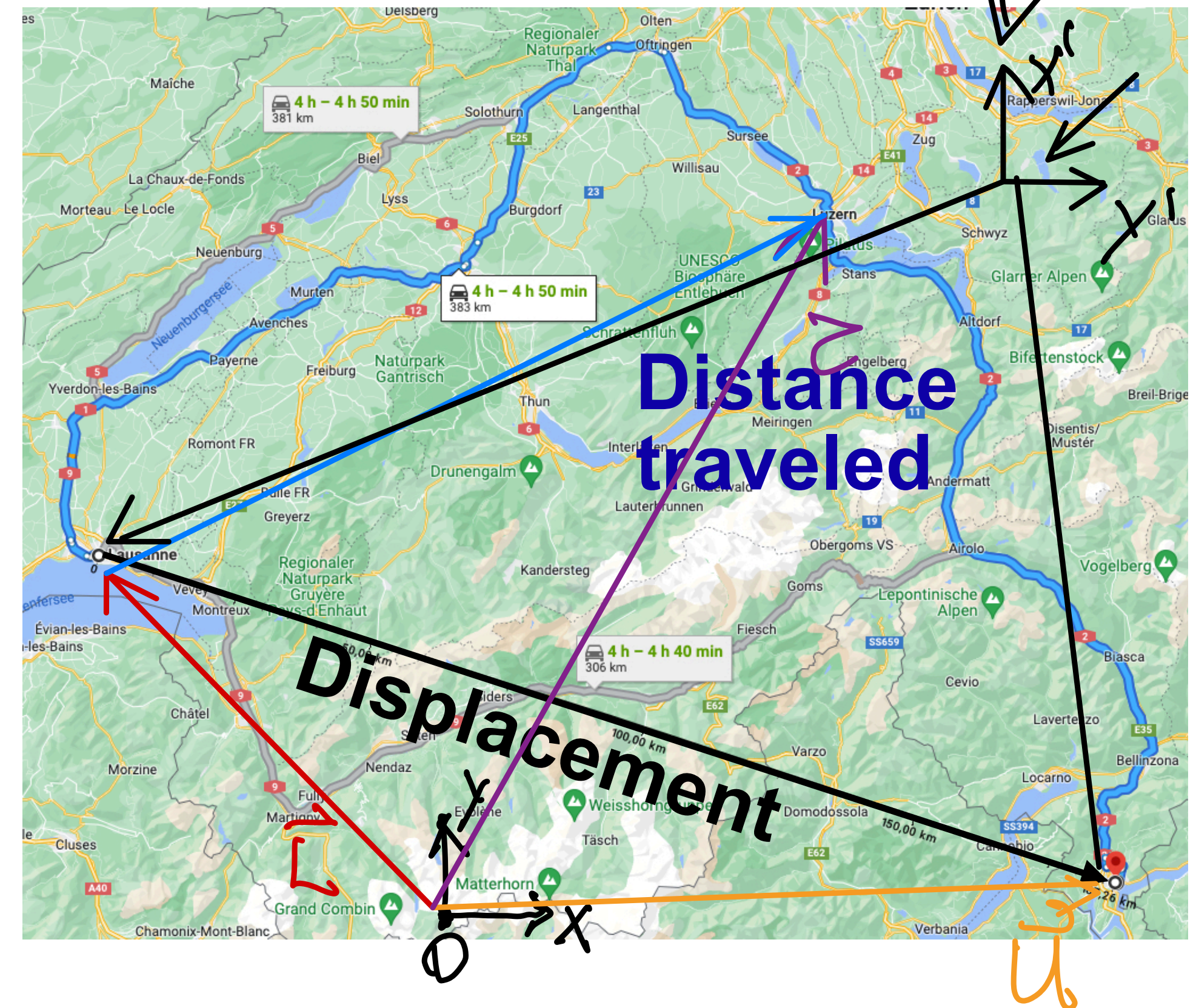
Reference frames

- Moving reference frames are perfectly acceptable
- A reference frame that moves at a constant velocity (or is stationary) is called an “inertial reference frame”
- Reference frames with a changing velocity are called “non-inertial” and are more complicated (as we will see later in the course)



Quantifying motion

- Position is the location of an object with respect to a *frame of reference* (i.e. the origin of a coordinate system)
- Distance traveled is the length of the path taken by an object
- Displacement is the change in position “as the crow flies”
- Position and displacement are vectors (a number with a direction), while distance traveled is a positive scalar (just a number)
- **For one-dimensional motion we can ignore vectors** because direction is indicated by the sign of a number (positive or negative)



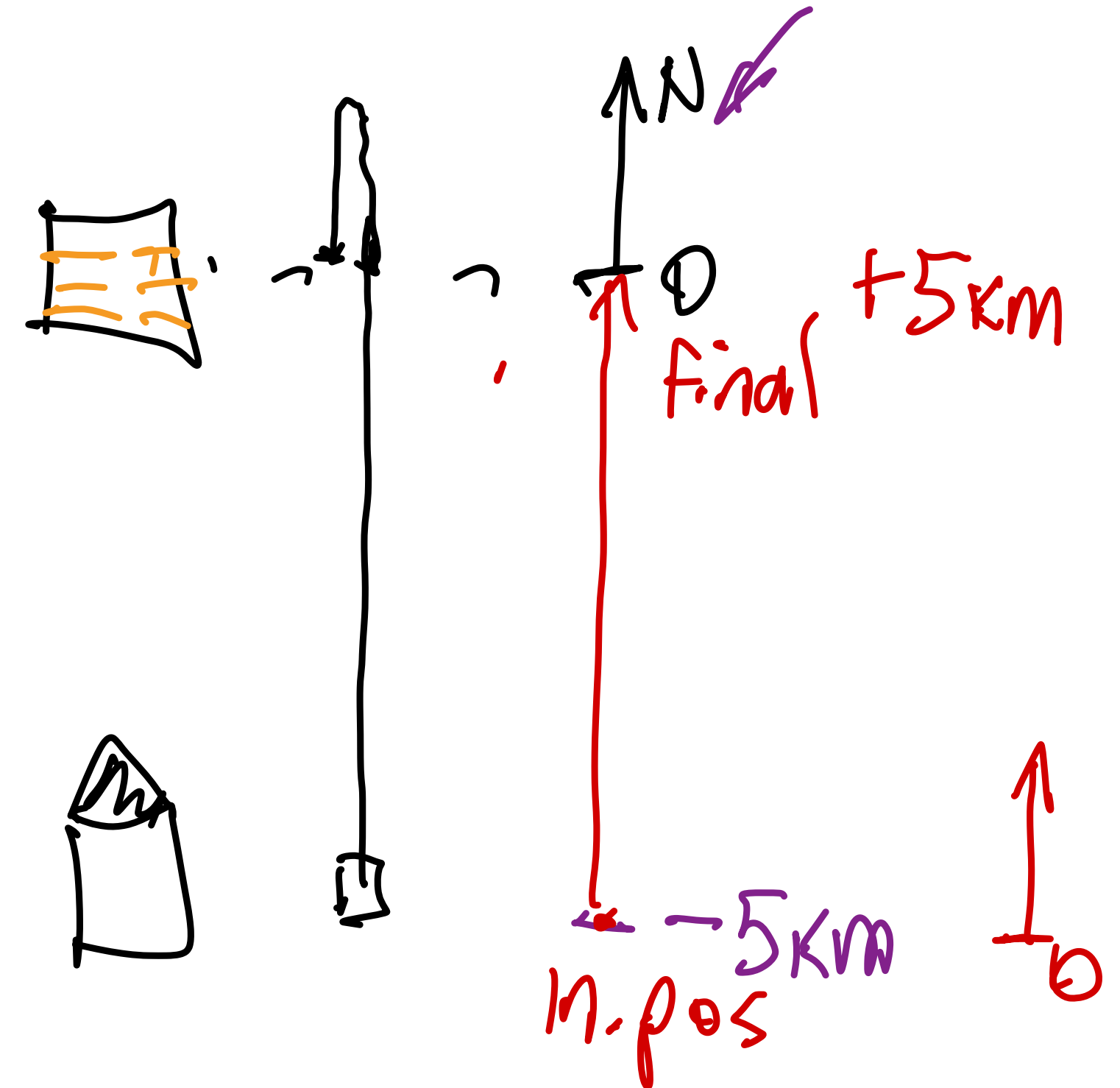
Distance versus displacement

- **Example:** You're driving a car on a straight road due north. You start at home, drive to a destination 5.0 km away, but miss the turn into the parking lot. You have to drive 500 m more, turn around and return to the parking lot.
- What's the car's position at the end of the trip?

0 or +5km
depending on ref. frame

- What distance did you travel? 6 km
- What is your displacement?

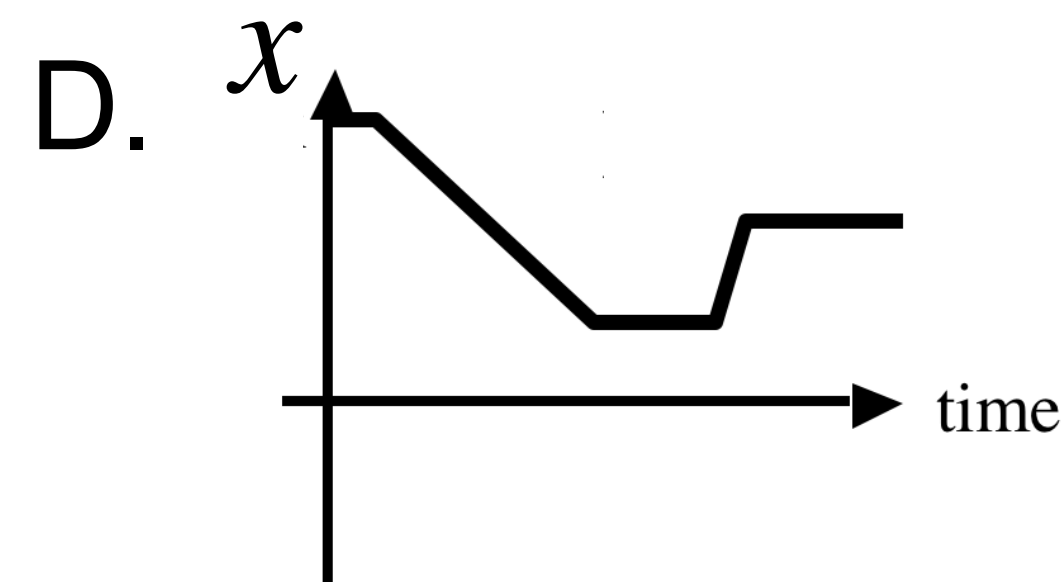
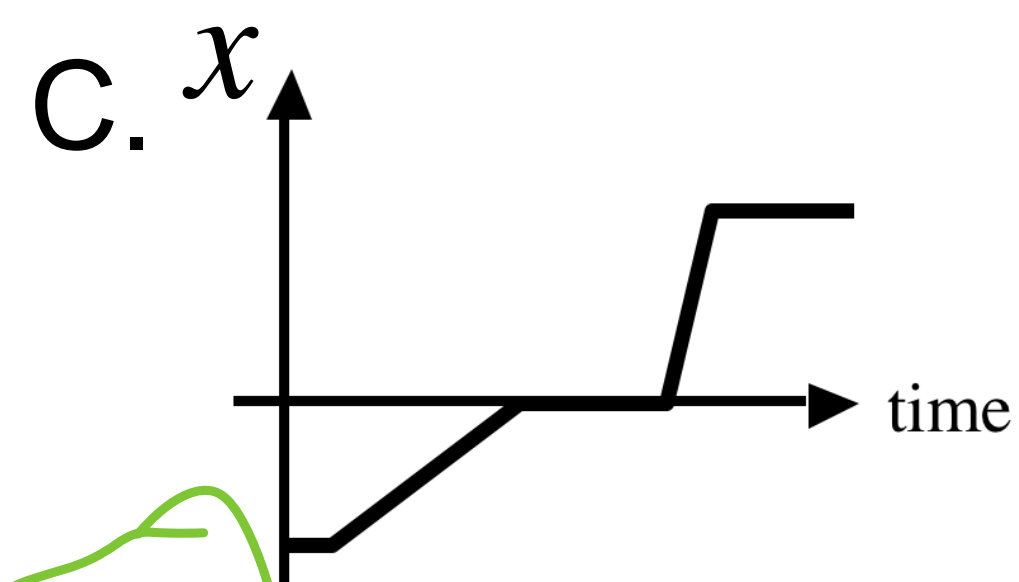
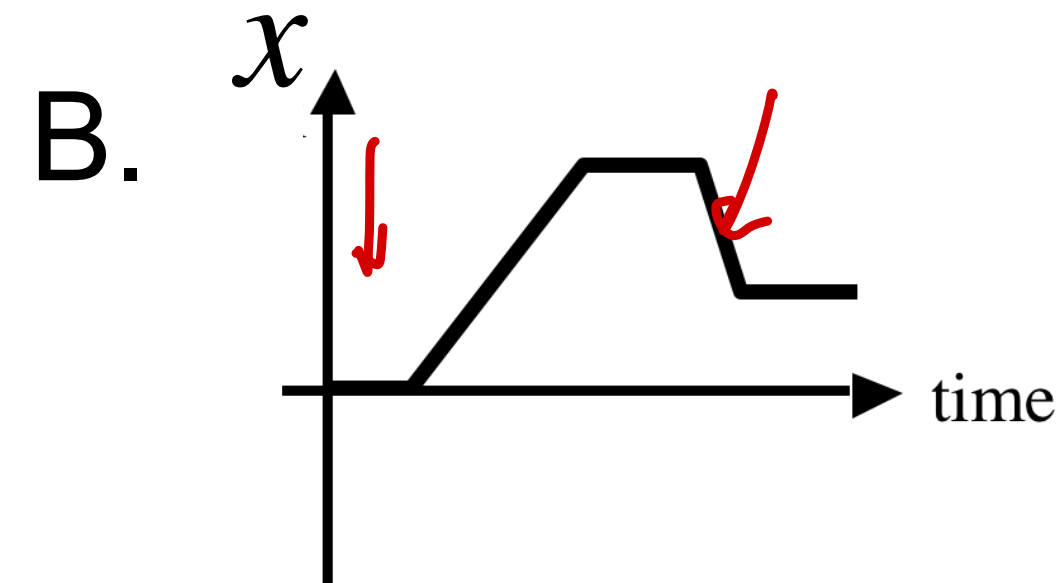
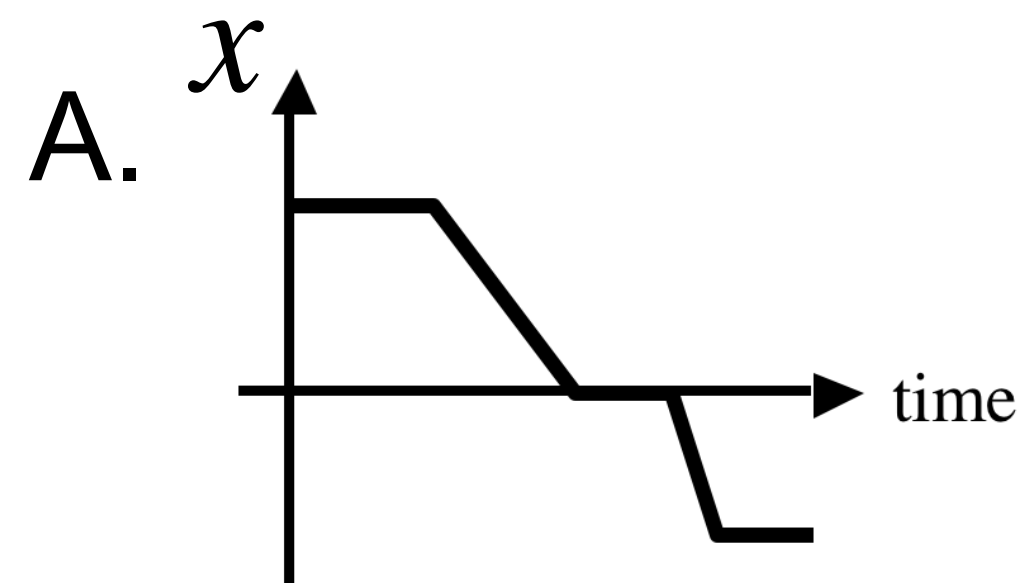
5 km north



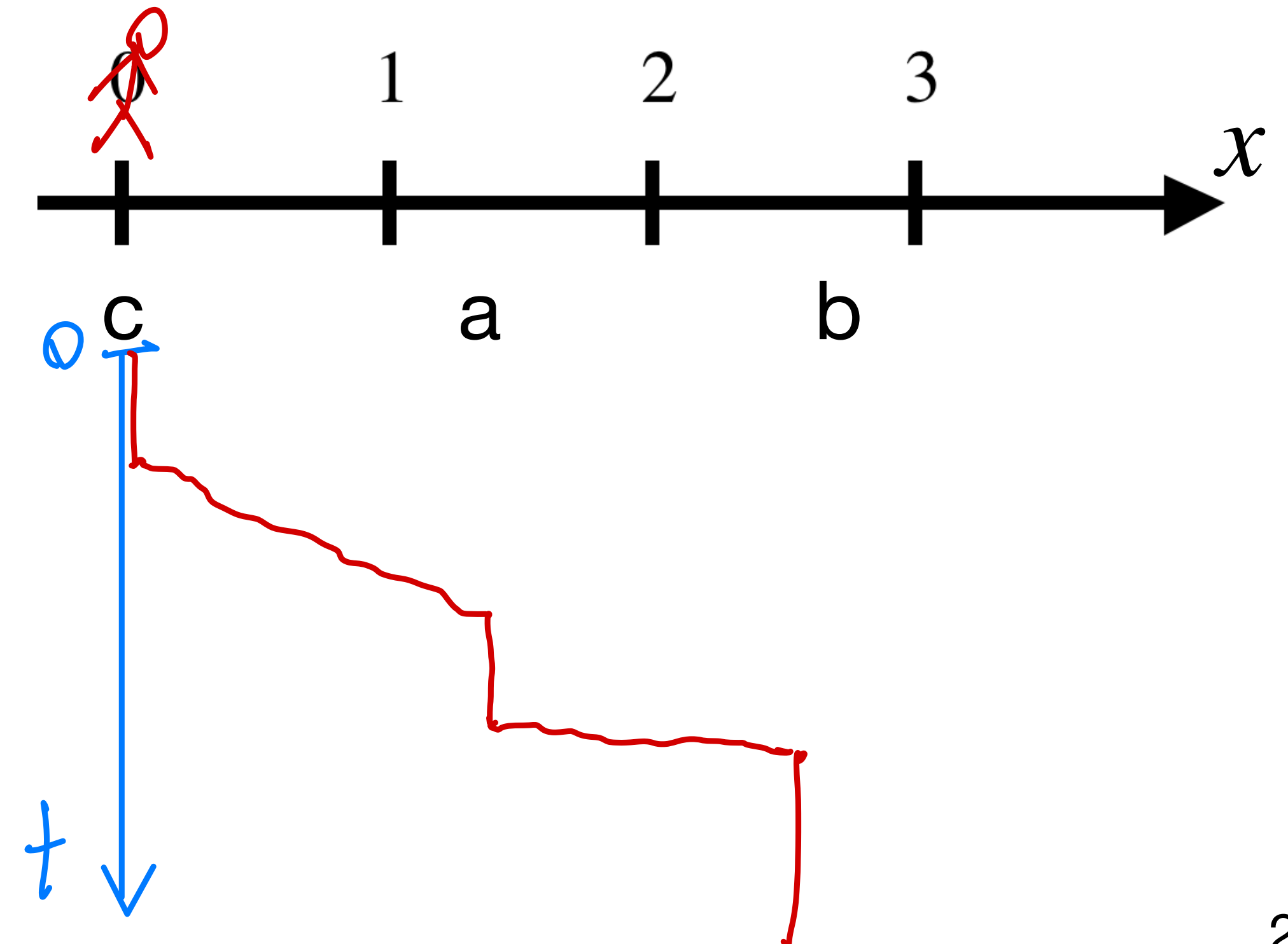
Conceptual question

A person (me) stands around for a while at point “c”, then walks straight forward to point “a”, waits there a bit, then runs straight to point “b”, and finally stops.

Which of the following represents this motion, given the reference frame below?



E. None of these



Speed versus velocity

- Both quantify a change in position with time
- Speed is how fast an object travels
 - E.g. 50 kilometers per hour, 50 km/hr
- Velocity is speed together with the direction of motion
 - E.g. 50 kilometers per hour south, $v = -50$ km/hr

$$\text{average speed} = \frac{\text{distance traveled}}{\text{time elapsed}}$$

$$\text{average velocity} = \frac{\text{displacement}}{\text{time elapsed}}$$

Speed versus velocity

- What does the speedometer in a car measure?
 - The average speed, but over a very short elapsed time Δt
 - It approximates the “instantaneous” speed — the average speed in the limit of an infinitesimally short time interval:

$$\text{instantaneous speed} = \lim_{\Delta t \rightarrow 0} \frac{\text{distance traveled}}{\Delta t}$$

- Instantaneous velocity is analogous:

$$\text{instantaneous velocity} = \lim_{\Delta t \rightarrow 0} \frac{\text{displacement}}{\Delta t}$$

- Instantaneous speed and instantaneous velocity have equal *magnitudes* (i.e. ignoring the directional info) because: distance traveled = |displacement| = Δx

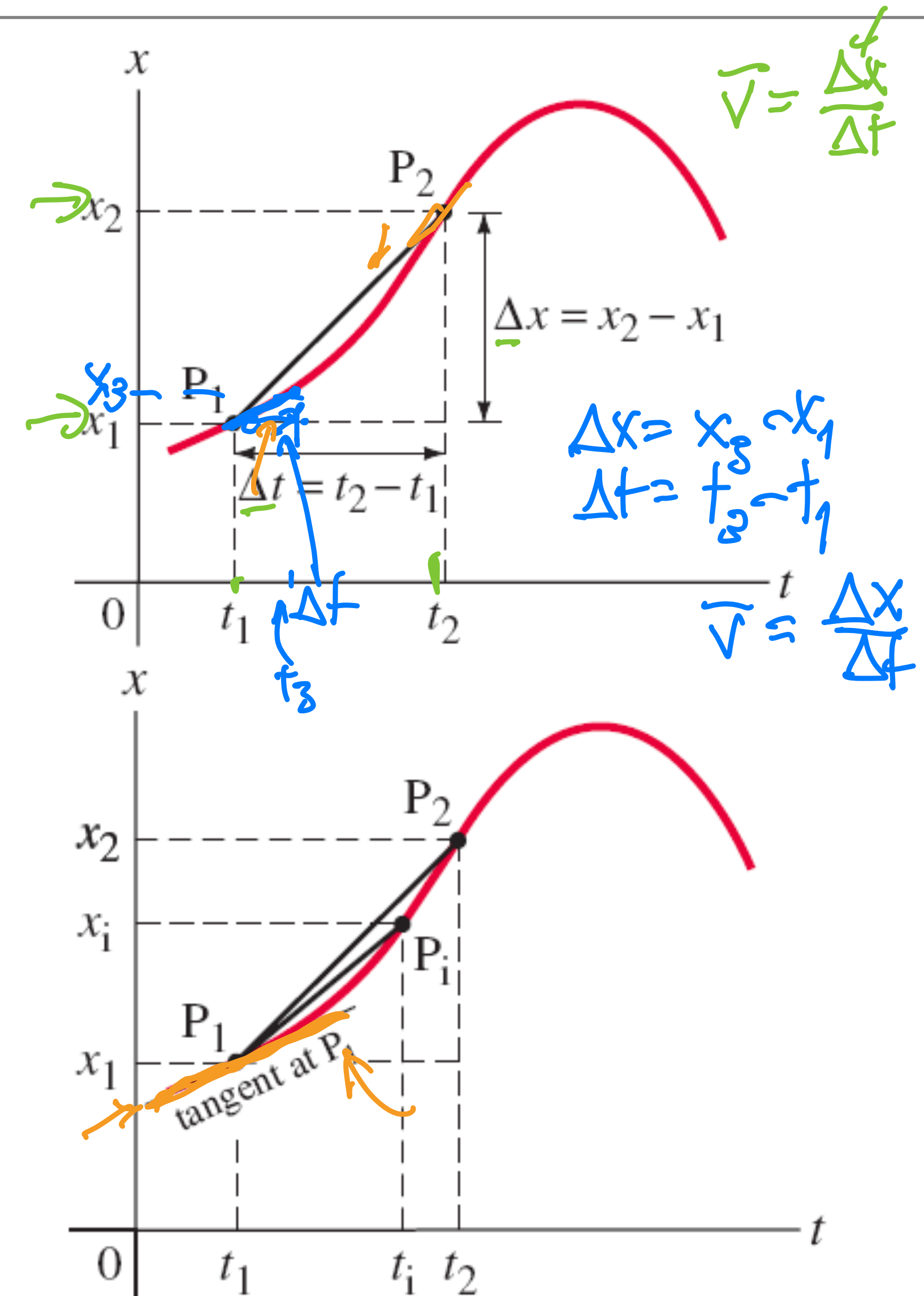


Instantaneous velocity in one dimension

- The average velocity between t_1 and t_2 is the slope of the line between the two points on a position vs. time plot
- The instantaneous velocity at t_1 is the tangent to the curve at that location

$$v = \lim_{\Delta t \rightarrow 0} \frac{\Delta x}{\Delta t} = \frac{dx}{dt} = \dot{x}$$

- Instantaneous velocity is the derivative of the position in time

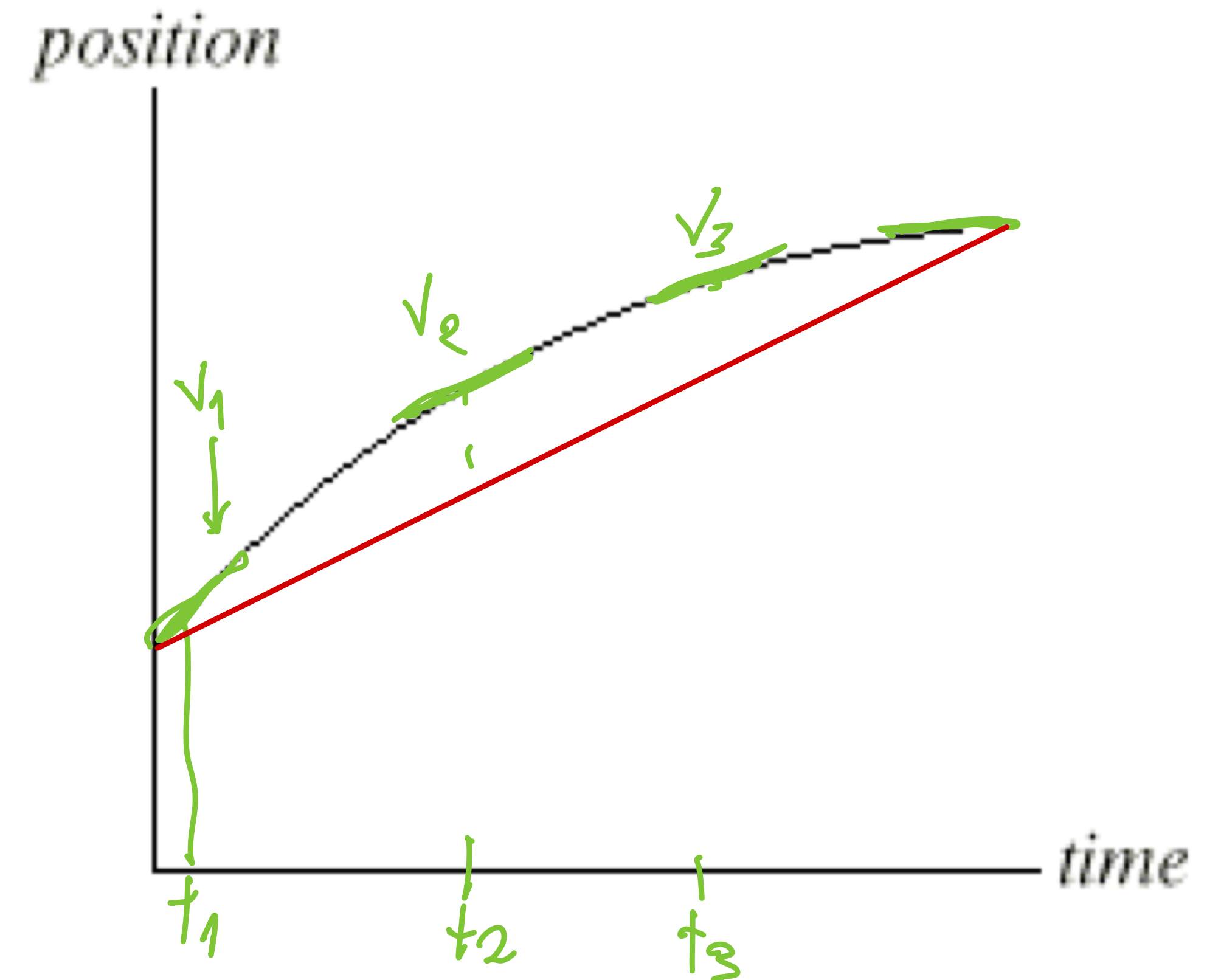


Conceptual question

A train car moves along a long straight track. The graph shows the position as a function of time for this train.

The graph shows that the train...

- A. speeds up all the time.
- B. slows down all the time.
- C. speeds up part of the time and slows down part of the time.
- D. moves at a constant velocity.



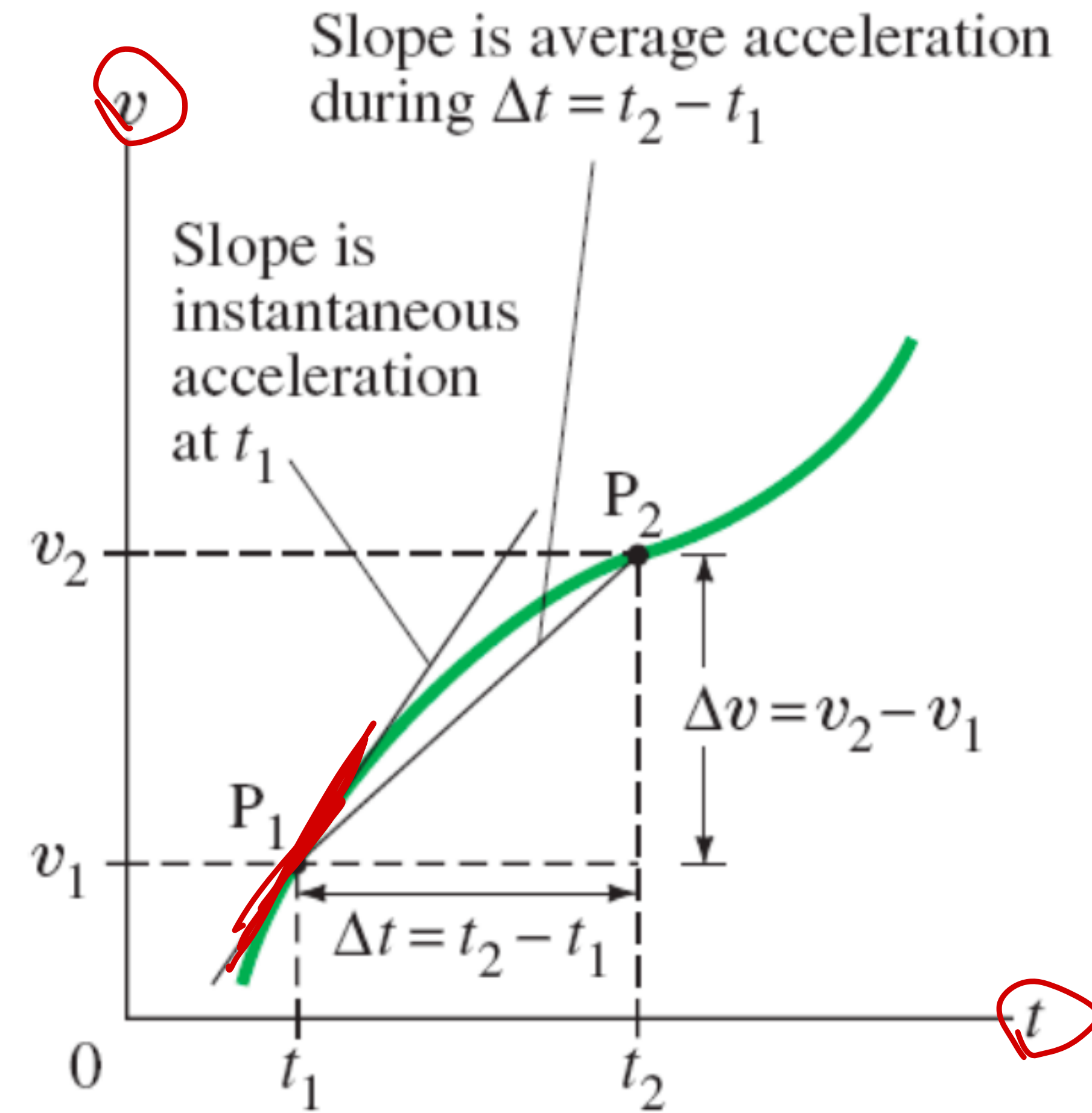
Acceleration in one dimension

- Acceleration is the rate of change of velocity

$$\text{average acceleration} = \frac{\text{change of velocity}}{\text{time elapsed}}$$
- Instantaneous acceleration is the average acceleration in the limit of an infinitesimally short time interval:

$$a = \lim_{\Delta t \rightarrow 0} \frac{\Delta v}{\Delta t} = \frac{dv}{dt} = \dot{v}$$

- Instantaneous acceleration is the derivative of the velocity in time



Summary of motion in one dimension

- Position of an object as a function of time denoted by $x(t)$

- Average velocity: $\bar{v} = \frac{\text{change of position}}{\text{time elapsed}} = \frac{\Delta x}{\Delta t}$
 $\Delta x \leftarrow x(t_2) - x(t_1)$
 $\Delta t \leftarrow t_2 - t_1$

- Instantaneous velocity: $v(t) = \lim_{\Delta t \rightarrow 0} \frac{\Delta x}{\Delta t} = \frac{dx}{dt} = x'(t) = \dot{x}$

- Average acceleration: $\bar{a} = \frac{\text{change of velocity}}{\text{time elapsed}} = \frac{\Delta v}{\Delta t}$
 $\Delta v \leftarrow v(t_2) - v(t_1)$
 $\Delta t \leftarrow t_2 - t_1 \equiv \Delta t$

- Instantaneous acceleration:

$$a(t) = \lim_{\Delta t \rightarrow 0} \frac{\Delta v}{\Delta t} = \frac{dv}{dt} \Rightarrow a(t) = \frac{d^2x}{dt^2} \Rightarrow \ddot{x}$$

Integrals!

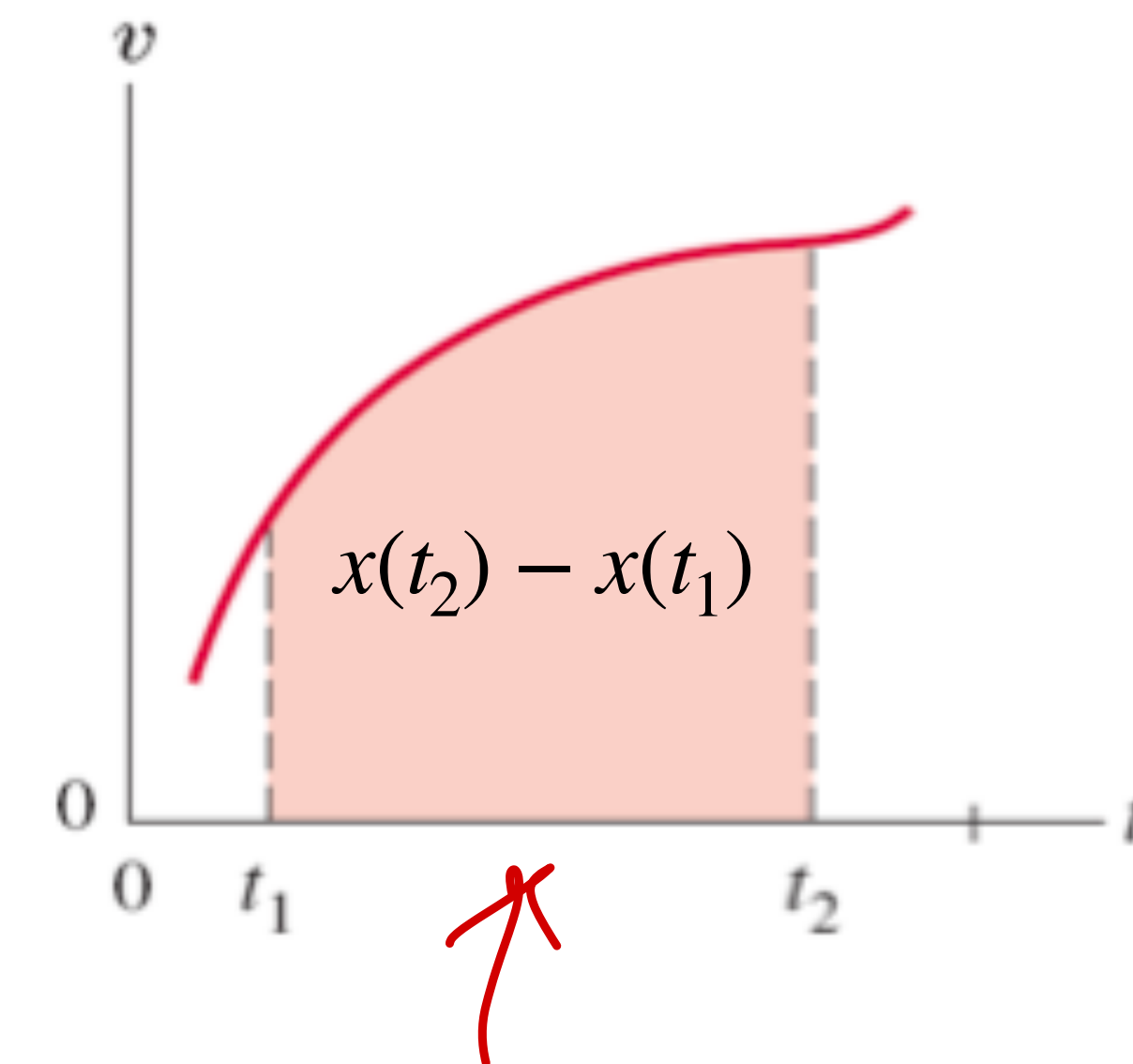
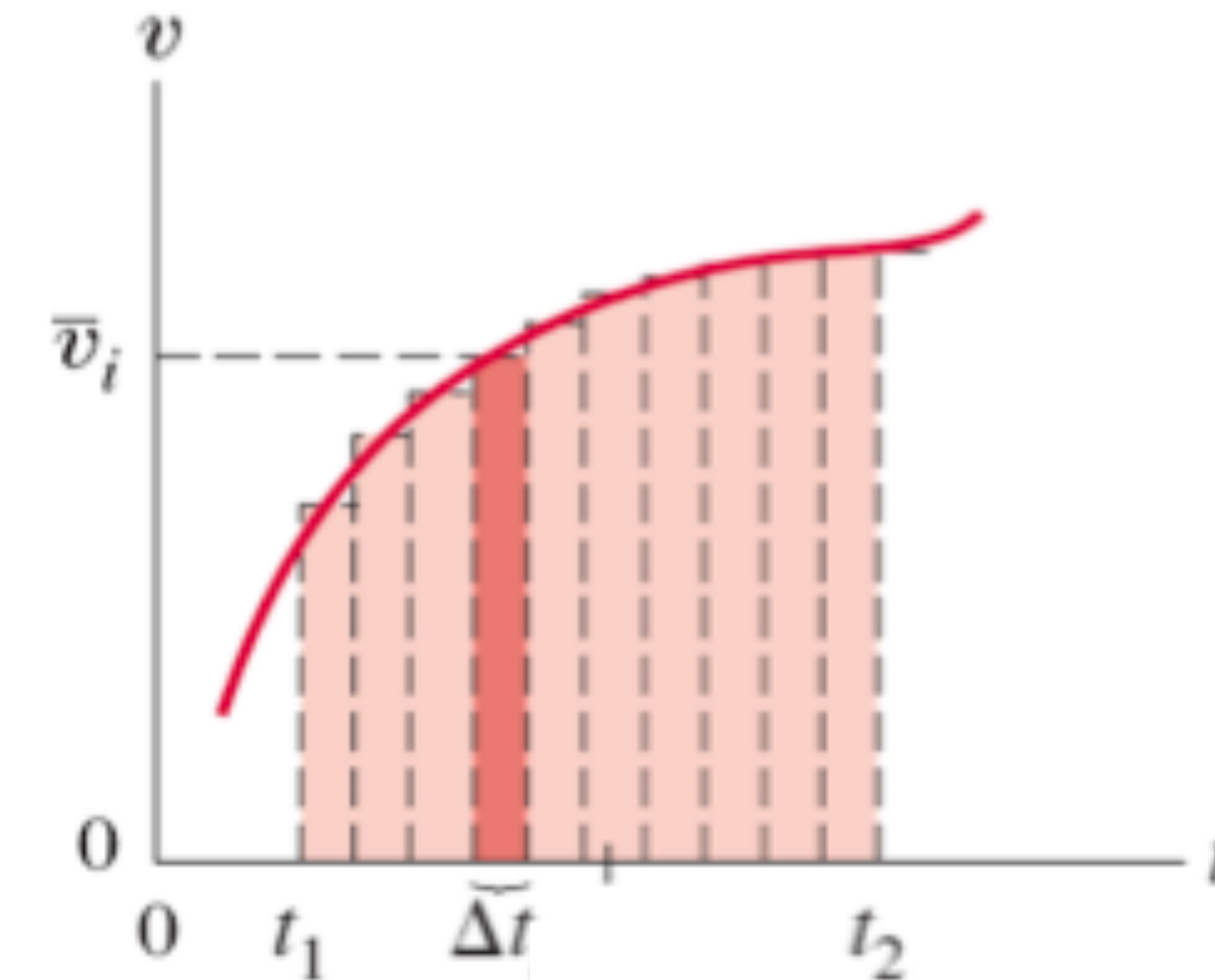
- The displacement of an object is the area under the velocity-time curve

$$\bar{v} = \frac{\Delta x}{\Delta t} \Rightarrow \Delta x = \bar{v} \Delta t$$

- Now imagine adding up lots of infinitesimally small time intervals:

$$\begin{aligned} x(t_2) - x(t_1) &= \lim_{\Delta t \rightarrow 0} \sum_i \bar{v}_i \Delta t \\ &= \int_{t_1}^{t_2} v(t) dt \end{aligned}$$

- The change in position is the integral of the velocity



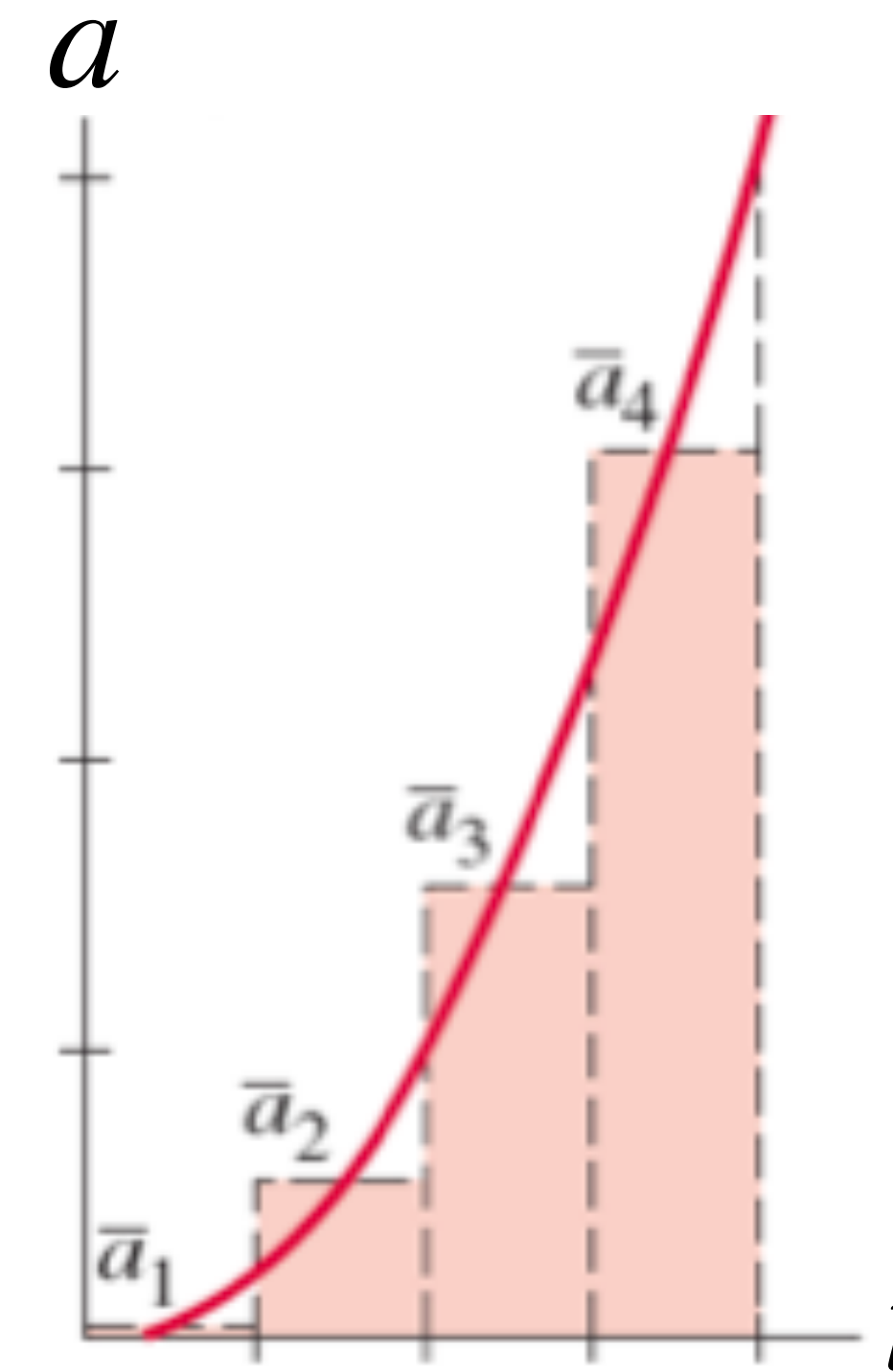
Finding velocity from acceleration

$$\bar{a} = \frac{\Delta v}{\Delta t} \Rightarrow \Delta v = \bar{a} \Delta t$$

- Analogously, the change in velocity is the area under the acceleration-time curve

$$\begin{aligned} \underline{v(t_2) - v(t_1)} &= \lim_{\Delta t \rightarrow 0} \sum_i \bar{a}_i \Delta t \\ &= \int_{t_1}^{t_2} a(t) dt \end{aligned}$$

- The change in velocity is the integral of the acceleration



DEMO (9)

The feather and the coin

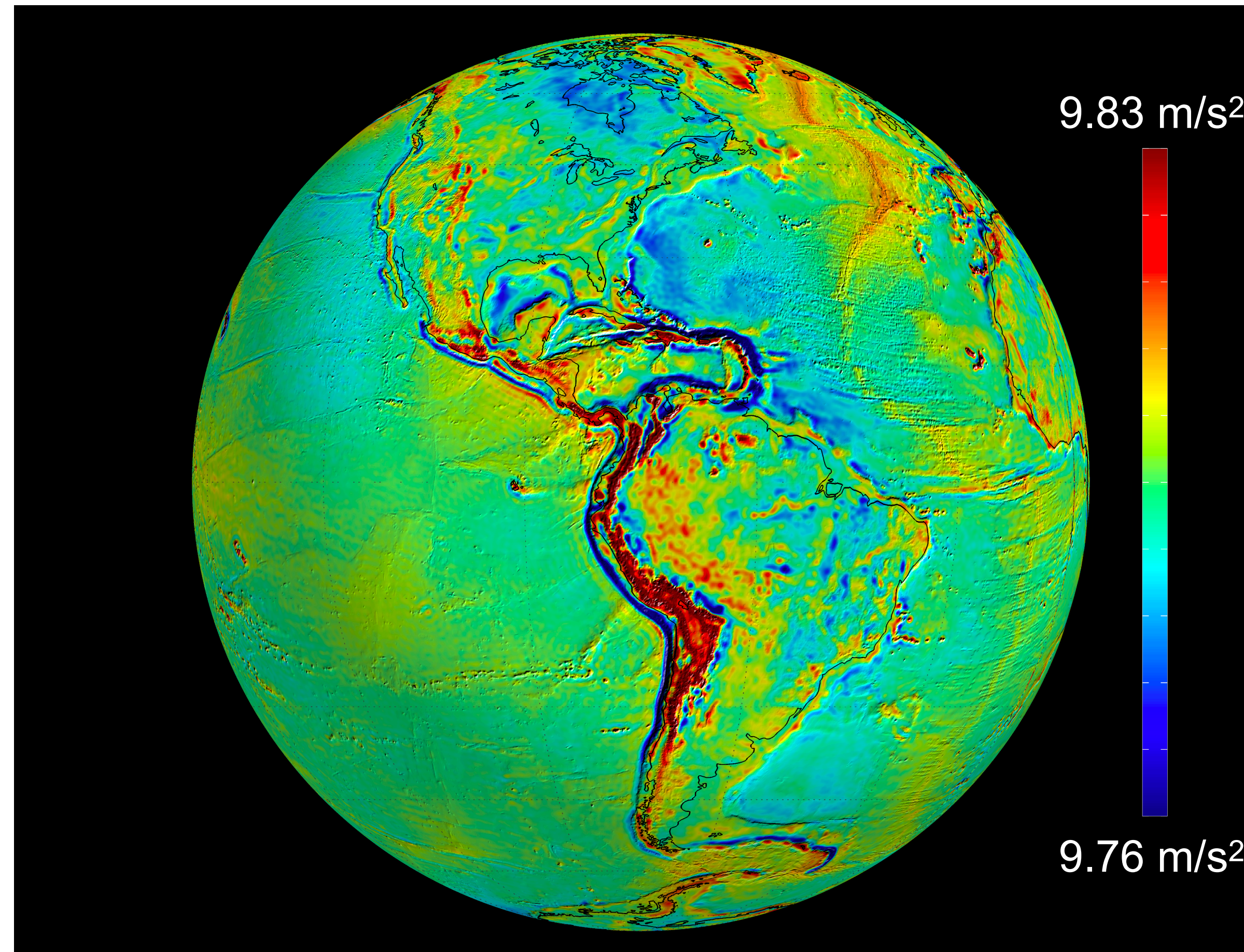
Motion under constant acceleration

- **Example:** Objects in free fall
 - Near the surface of Earth, all objects experience *almost* the same acceleration due to gravity
 - In the absence of air resistance, all objects fall downwards with an acceleration of $g = 9.81\text{m/s}^2$
 - This makes for lots of ~~great~~ problems that 1st year undergrads can solve :)



Uniformity of gravity $g = 9.81\text{m/s}^2$

- This is a good, but not perfect approximation (no approximations are...)



DEMO (92)

Measuring “g”

h	t (metal)	t (plastic)
1.6m	0.572s	0.572s
0.4m	0.288s	0.285s

See you at lecture tomorrow!

Tuesday from 10:15 to 11:00 in SG1

