



ETH Zurich, Robotic Systems Lab, "ETH Zurich Testing ANYmal C's Advanced Locomotion Capabilities in Unstructured Natural Terrain," ANYbotics, last modified June 3, 2020, <https://www.anybotics.com/news/advancing-legged-robotics-research/>.

MICRO-507: Legged Robots

Gait and Trajectory Optimization for Legged Systems Through Phase-Based End-Effector Parameterization

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Dynamic Models	Advantages	Limitations
Linear Inverted Pendulum (LIP)	- Simplifies CoM dynamics - Fast for predefined tasks	- Restricted base motions - No flight phases or uneven terrain
Full Rigid-Body Dynamics	- High accuracy - Captures vertical and complex motions	- Computationally expensive - Complex to model
Centroidal Dynamics	- Balances simplicity and feasibility - Handles flight phases	- Assumes minimal limb mass deviations - Limited on uneven terrain

- Require predefining some aspects of the motion (gait sequence, foothold placement, or step timings)

Contact Schedule Optimization	Advantages	Limitations
Integer Programming	- Optimizes contact schedules - Useful for predefined tasks	- Relies on heuristics - Computationally costly for large variables
Soft-Contact Models	- Models smooth force transitions - Handles contact dynamics	- Stiffness affects convergence - Unsuitable for highly uneven terrain
Linear Complementary Problem (LCP)	- Ensures feasible constraints - Dynamic motion compatibility	- High computational cost - Scaling issues with multi-legged systems

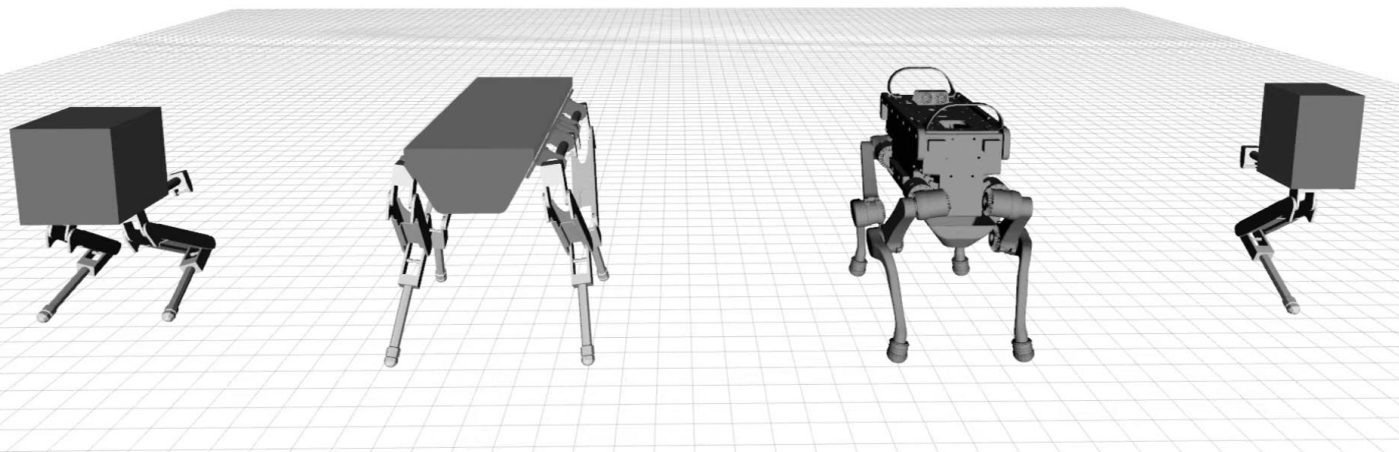
- Struggle to balance computational efficiency and adaptability

- A **single optimization formulation** that determines:
 - Gait sequence (e.g., walk, trot, jump)
 - Step timings
 - Footholds
 - Body motion in 6 dimensions (position, orientation)
 - Forces at each foot
- Requires only the **start & goal position**, nb of steps, and terrain data
- Generates motion plans for arbitrary terrains and robot morphologies
- Maintains computational efficiency for practical online deployment

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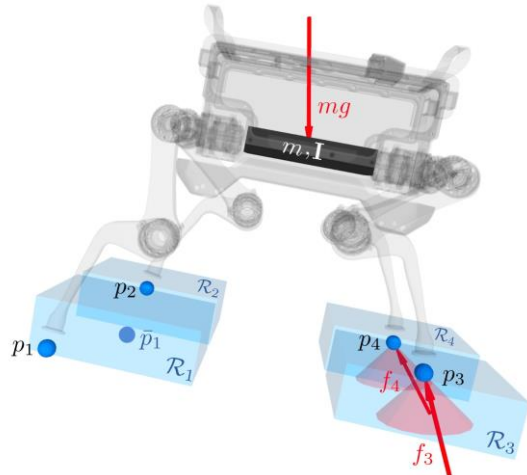
A. W. Winkler, C. D. Bellicoso, M. Hutter, J. Buchli

Robotics and Automation Letters (RA-L), 2018



■ Optimization Model

- Nonlinear Programming (NLP)
- Decision variables: body motion, feet trajectories, and contact forces
- Constraints: friction cone, kinematic restrictions, and centroidal dynamics

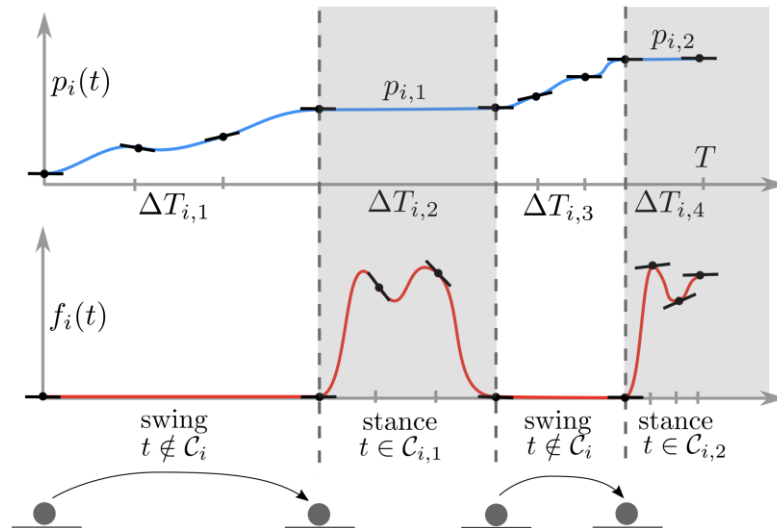


$$\begin{aligned}
 &\text{find } \mathbf{r}(t) \in \mathbb{R}^3 && \text{(CoM linear position)} \\
 &\quad \boldsymbol{\theta}(t) \in \mathbb{R}^3 && \text{(base euler angles)} \\
 &\text{for every foot } i : \\
 &\quad \Delta T_{i,1} \dots, \Delta T_{i,2n_{s,i}} \in \mathbb{R} && \text{(phase durations)} \\
 &\quad \mathbf{p}_i(t, \Delta T_{i,1}, \dots) \in \mathbb{R}^3 && \text{(foot position)} \\
 &\quad \mathbf{f}_i(t, \Delta T_{i,1}, \dots) \in \mathbb{R}^3 && \text{(force at foot)} \\
 &\text{s.t. } [\mathbf{r}, \boldsymbol{\theta}](t=0) = [\mathbf{r}_0, \boldsymbol{\theta}_0] && \text{(initial state)} \\
 &\quad \mathbf{r}(t=T) = \mathbf{r}_g && \text{(desired goal)} \\
 &\quad [\ddot{\mathbf{r}}, \dot{\boldsymbol{\omega}}]^T = \mathbf{f}_d(\mathbf{r}, \mathbf{p}_1, \dots, \mathbf{f}_1, \dots) && \text{(dynamic model)} \\
 &\text{for every foot } i : \\
 &\quad \mathbf{p}_i(t) \in \mathcal{R}_i(\mathbf{r}, \boldsymbol{\theta}), && \text{(kinematic model)} \\
 &\quad \text{if foot } i \text{ in contact :} \\
 &\quad \quad \dot{\mathbf{p}}_i(t \in \mathcal{C}_i) = \mathbf{0} && \text{(no slip)} \\
 &\quad \quad p_i^z(t \in \mathcal{C}_i) = h_{\text{terrain}}(\mathbf{p}_i^{xy}) && \text{(terrain height)} \\
 &\quad \quad \mathbf{f}_i(t \in \mathcal{C}_i) \cdot \mathbf{n}(\mathbf{p}_i^{xy}) \geq 0 && \text{(pushing force)} \\
 &\quad \quad \mathbf{f}_i(t \in \mathcal{C}_i) \in \mathcal{F}(\mu, \mathbf{n}, \mathbf{p}_i^{xy}) && \text{(friction cone)} \\
 &\quad \text{if foot } i \text{ in air :} \\
 &\quad \quad \mathbf{f}_i(t \notin \mathcal{C}_i) = \mathbf{0} && \text{(no force in air)} \\
 &\quad \sum_{j=1}^{2n_{s,i}} \Delta T_{i,j} = T && \text{(total duration)}
 \end{aligned}$$

Challenge: Traditional methods require predefined gaits and foot sequences alternating between **Swing** phase and **Stance** phase

Solution:

- These phases are represented using **polynomials**
 - Position and forces during each phase are described by cubic functions
 - The algorithm optimizes the phases durations ($\Delta T_{i,j}$) and sequence to generate arbitrary gaits
- Automatically adapts the gait to the terrain:
- Inserts flight phases when needed (e.g., for jumping gaps)
 - Adjusts timing for rough terrain or steep inclines



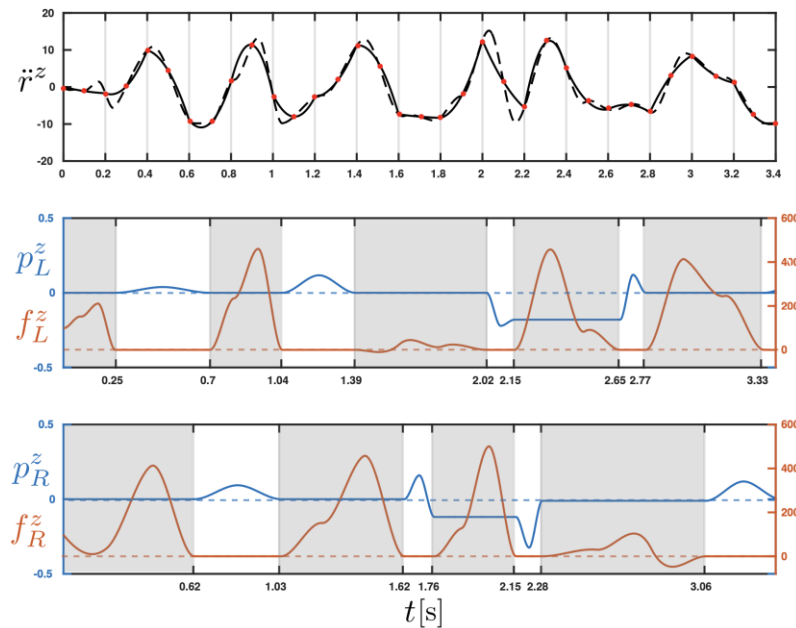
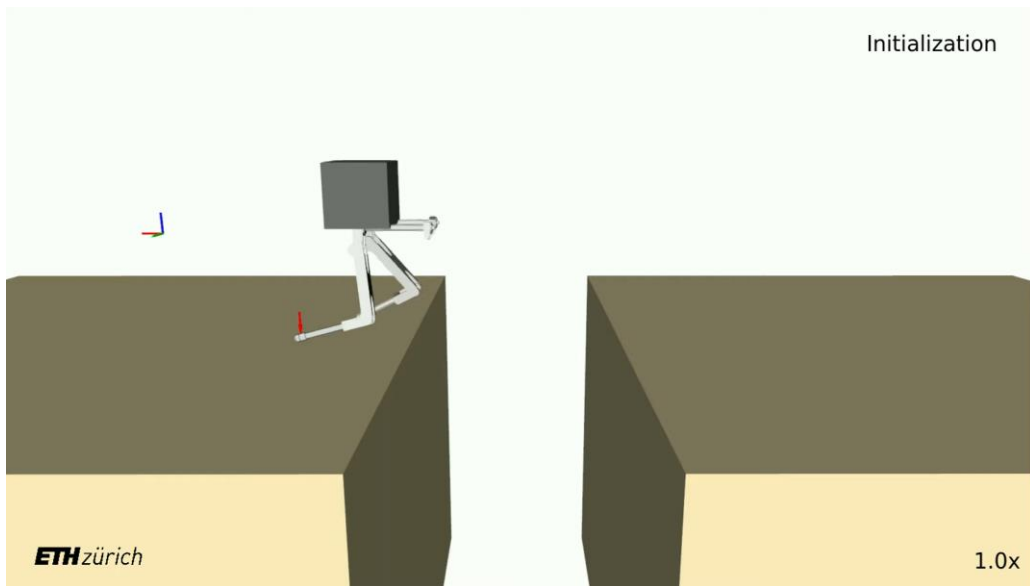


Figure: A generated motion plan for bipedal robot crossing a wide gap

- Trade-offs between speed and solver efficiency
- **Simplified Dynamics Model**
 - Model assumes light, immobile limbs
 - May lead to inaccuracies for heavy or highly dynamic limbs
- **Terrain Constraint Gaps**
 - Only applied at specific points along the trajectory
 - May lead to collisions on irregular or complex surfaces
- **Local Minima in Optimization**
 - The solver can get stuck in suboptimal solutions
 - Can limit motion quality
- **Possible improvements**
 - Refining the dynamics model
 - Increasing the frequency of terrain constraint checks
 - Fixing step timings to reduce the problem's complexity for the solver

Question 1: What are the main advantages of using a centroidal dynamics model in this work compared to other dynamic models like the Linear Inverted Pendulum (LIP)?

Answer 1:

The centroidal dynamics model offers a middle ground between simplicity and complexity. Unlike the LIP model, which restricts vertical movement and assumes fixed contact points, the centroidal dynamics model:

- Accounts for vertical movements and changes in body orientation, enabling a wider range of dynamic motions.
- Explicitly models individual contact forces, which allows enforcement of friction cone constraints and ensures physically feasible motion.
- Supports the generation of motions with full-flight phases, essential for highly dynamic tasks such as jumping.

Question 2: How does the optimization framework handle transitions between contact and flight phases?

Answer 2:

The framework uses a continuous parameterization of foot forces and positions, where forces are automatically set to zero during flight phases and non-zero during contact. This approach avoids the complexity of integer programming and enables seamless transitions between contact and flight.